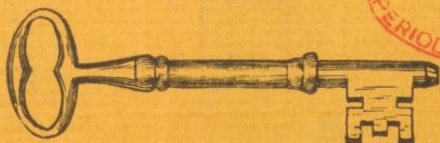


2-(1-6)

THE CHRISTIAN SPIRITUALIST QUARTERLY

YOUR



TO HAPPINESS

HEALTH

PROSPERITY

PEACE

THROUGH KNOWLEDGE OF
LIFE ETERNAL



*"Thy Word is a Lamp Unto My Feet,
and a Light Unto My Path."*

REV. NETTIE GARMER BARKER, EDITOR

3540 WABASH AVENUE

KANSAS CITY, MISSOURI

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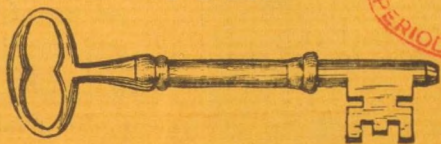
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We Believe



REV. NETTIE GARMAR BARKER
Pastor

Church of Jesus Christ Our Redeemer
(Christian Spiritualist)

- 1 That God is a Spirit; and they that worship Him must worship Him in spirit and in truth." (John 4:24).
- 2 That the Son of God is the Savior of the world. "Jesus saith unto him (Thomas), 'I am The Way, The Truth, and The Life; no man cometh unto the Father, but by Me.'" (John 14:6).
- 3 That the promises and healing power of the Lord Jesus Christ are the same yesterday, today, and forever. "He that believeth on Me, the works that I do shall he do also; and greater works than these shall he do." (John 14:12). "According to your faith be it unto you." (Matt. 9:29).

ued, conscious individuality from the moment of creation until he evolves to highest exartrate angelhood; that ministering angels can work through us for the benefit of mankind and to the glory of God. "Are they not all ministering spirits, sent forth to minister for them who shall be heirs of salvation." (Heb. 1:14).

5 We believe in and partake of the Lord's Supper. Baptism is optional. "He took bread, and gave thanks, and brake it, and gave unto them, saying, "This is My body which is given for you;; this do in remembrance of Me,"" (Luke 22:19).

"I indeed baptised you with water; but He shall baptise you with the Holy Spirit." (Mark 1:8).

6 We believe in and endeavor to practice the Golden Rule: "Whatsoever ye would that men should do to you, do ye even so to them." (Matt. 7:12).

7 That the door of reformation is ever open to all. "The Lord is not slack concerning His promise, as some men count slackness; but is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance." (2 Pet. 3:9). "The time is fulfilled, and the kingdom of God is at hand; repent ye, and believe the gospel." (Mark 1:15).

FEB -3 1937

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Official Organ of
The Church of Jesus Christ Our Redeemer
(Christian Spiritualist)

REV. NETTIE GARMER BARKER, Editor

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Kansas City, Missouri

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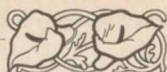
All unsigned articles are written by the Editor.

A TOAST TO 1937:

"May Prosperity pay us a long visit—and bring the children."

Copyright, 1937

By Reverend Nettie Garmer Barker, Kansas City, Mo.



IN MEMORIAM

Margaret Garmer

February 1, 1859—October 27, 1936



"My faith looks up to Thee, Savior Divine."



I thank God, the Almighty, for the blessed privilege of the love and close companionship of my dear mother so many years; I thank Him that my dear husband was a loving, thoughtful son to her, and that she was a beloved mother to him; and most of all, I thank Him that she has been permitted to demonstrate the immortality of her soul through transe, clairvoyance, clairsaudience, trumpet, and direct voice to us. She brings absolute proof it is she, and communication with her has been continuous since the last hour she spoke to us, through her mortal vocal organs, until the present moment, when she can and does speak to us, through her glorified spirit vocal organs.

In the earth plane, "she hath done what she could;" in the Spirit Realms, she reaps her reward as a High Angel in the Celestial Spheres.

All my work for God, the Almighty, Jesus Christ, His Beloved Son, my Savior, and the Spirit Side of Life as their willing instrument is being rewarded by my constant, daily communication with my beloved mother, coming from her beautiful home in Heavenland to guide me, and to teach me the Will of our Heavenly Father as she so often did when in her earthly body.

REVEREND NETTIE GARMER BARKER,

January 1, 1937.

It Is I; Be Not Afraid

By

Spirit George L. Garmer
Medium, Rev. Nettie Garmer Barker
Amanuensis, Winifred Smith

(Clairaudient sermon delivered in the Church of Jesus Christ, Our Redeemer,
Kansas City, Mo., September 6, 1936).

"Friends of earth, and friends of my daughter, I am very happy to be able to address you again.

We, from the Spirit World, who are your loved ones, your friends, and, often, your guides, seek to dray very near to you. But frequently there is an impenetrable wall, a closed, bolted door, of your own making, between us. This wall—this bolted door—is your fear of the spirit. In the words of Jesus, the Master, we reassure you; 'It is I; be not afraid.' It is I, your dear one, seeking to share with you the glories of the Spirit Life—Life Eternal.

In the fourth watch of the night, when Jesus, the Master, walking upon the sea, came to the aid of His disciples, in the storm, they, thinking He was a spirit, cried out in fear. Jesus was as much a Spirit then as He is now. You, too, dear ones, are just as much a spirit now as you will ever be. Remember that, and be not afraid when we endeavor to contact you, when we draw near to you, and by means of voice, or touch, or vision, of face or form, try to make our presence known to you.

My daughter will tell you that for twenty-five years I sought to reach out from the Spirit Side of Life, and make my presence a reality to her. Thank God! The door between us is wide open! She is one of the many faithful spirit instruments through whom the truth of immortality may be given to those who eagerly seek God's Light and God's Law of Love, abundant and free to every soul, in the mortal or in the Spiritual Realms. We, your dear ones, are here tonight to prove this to you.

Every progressive soul, here or hereafter, reaching out, conscientiously or unconsciously, for something higher—for light—for guidance—and that 'something,' that light, that guidance, is God. There are those who will tell you that God is an Intelligence, and that Jesus, the Christ, the Redeemer, is but a man whom humanity has elevated to Godhead. But be not deceived, my friends, God is a Spirit, the same as you and I, and Jesus, the Christ, the Master, is the Son of the Living God, my Creator and yours. We, of the Spirit Realms, are here to bear witness of this great truth.

We, the Spirit World, would convince you that there is no basis for fear. We, your own, are the same vital personalities, out of the mortal body, that we were when in that mortal body. We, your beloved, your so-called dead, would remove all fear of punishment because of God's anger. There is no cause to fear God. GOD IS LOVE—nothing less. And there is no hell, here or hereafter, except of our own making. For whatever a man sows that shall he surely reap, here or hereafter.

By the grace of God, the stone was rolled away from the Master's sepulchre. 'The things that I do,' Jesus, the Master says, 'you, too, can do.' We, from the Spirit Side of Life, are here tonight to prove this to you. For by the grace of God, the stone has been rolled away from our sepulchres, and our spirits, at the command of God, the Almighty, have been freed from our house of clay, and we have come into our inheritance of Life Immortal. This vital fact we seek to make known to you. Be not afraid; open wide the door; it is I, your beloved, in spirit, who stands without, and knocks at the door of your consciousness. It is I, your beloved, seeking to minister unto you; seeking to bring you while you are yet in the mortal body, to God, by the path of His Infinite Love; seeking to bring you into the knowledge and joy of what your Creator planned for you in the beginning—Life Everlasting. Yours is Life Eternal, with the privilege of of eternal progression, evolution ever up and up, to Celestial Spheres, and finally bringing you into the very Presence of Jehovah, Lord God of All.

Place your ideals high. Then open wide the door for us, your so-called dead, your loved ones, the Spirit Side of Life, and we shall come crowding in, eager to help you achieve them. Your success, your attainment in spiritual evolution depends as much upon what you discard as upon what you retain and treasure. Ask, seek, knock, and you will receive, but only that which you are prepared to understand and use for the good of others.

Think of us often, and think of us in love; think of us as living; as real as you in the flesh are to each other. Help us thus to draw near you, and aid you. If you will but receive us, we shall be able to help you mould your life to confirm to the Divine Pattern set up by the Creator for you, individually, and for all mankind.

In the Hand of God, the Almighty, lies all abundance, all peace, all truth. They are yours for seeking. From sunrise to sunset, and back again to sunrise, every hour of the day and night, some one of us, from the Spirit Realms, is ever on duty, ever near you, ready to be the channel through whom you may quickly realize your spiritual evolution. We, your so-called dead, your loved ones, are the bridge between you and God, your Creator. We see into the heart of you, and our compassion and our love for you are akin to God's.

Help us, your loved ones out of the mortal body, to place the golden ladder we would put on the earth plane, with its top reaching up to Spirit, up to God. Help us to hold this ladder steady that the spirits of the departed, and the Angels of the Lord may descend, bringing His message to you. Then these same messengers between you and God will ascend again, back to the Heavenly Realms, taking your Creator your acceptance of and your willingness to live His Law of Love.

This is the message of Spirit; 'Be not afraid: whatever betides, I, your beloved, bring you the glad tidings of your heritage—the continuity of life, here and now, and forevermore.'

May God bless you, every one. Goodnight."

The Three Most Beautiful Words

By

Spirit Addie McIntyre Barker
Medium, Rev. Nettie Garmer Barker
Amanuensis, Winifred Smith

(Clairaudient sermon delivered in the Church of Jesus Christ Our Redeemer).
(Kansas City, Missouri, September 13, 1936).

"Dear Friends of Earth, it is my privilege tonight to come from my home in the Spirit World and, through the instrumentality of one of my own, to speak to you of your obligations while in the mortal and of the rewards awaiting you in the heavenly realms.

My subject, "The Three Most Beautiful Words," no doubt has aroused your curiosity. To choose but three out of the many thousand words now in use and to term them the most beautiful clothes this trio with unusual possibilities. To me, a spirit out of the mortal body thirty-one years, and able to see into, and to mingle with, the two worlds, the earth plane and my Spirit Sphere, 'the three most beautiful words' for both the here and hereafter are 'Tolerance,' 'Gratitude' and 'Peace.'

On these three words, and in their daily use, depend the happiness or the unhappiness of our mortal and spirit life.

We from the spirit world, in our association with other spirits out of the mortal body, as well as with you, dear friends of the earth plane, understand the importance of these three words, and we know that we must practice their qualities if we would continue to aid humanity and to be happy ourselves.

Toleration is a word that covers a multitude of charities. To be tolerant is to recognize the rights of another to his viewpoint and to his action. It has been the custom to think of tolerance as a word to be used in a religious sense only. It is broad enough in its general meaning to be applied to every condition of life—mundane and spiritual. In allowing others the right to the enjoyment of their opinions and their motives of action, we often avert tragedy in personal and universal life. If we were more tolerant, there would be no wars.

But I am not speaking tonight of world affairs. To confine myself to the space occupied by a personal life is to enter a field limitless in its demands and its necessities. Every hour and every deed in the earth plane and in the spirit world is open for the expression of gratitude, which is another word for love. 'Love worketh no ill for its neighbor. Therefore love is the fulfillment of the Law.' Tolerance likewise is the fulfillment of the law.

Constantly we see violations of this Law of Tolerance, the Law of Love. Man, in contact with his neighbor, is forever trying to remake the pattern of the other fellow's life. What the other fellow does with his life and what his talents is no concern of yours. Your neighbor must answer before God for his sins. You, too, are the one—and the only one—who must face your judgment day. That is

the hour when your soul stands face to face with its Maker, and no one but yourself can make excuses or amends for your deeds of the flesh.

Every man, while in the mortal body, is seeking happiness for himself or for those dear to him. And no man can live unto himself, he finds the shortest route to that happiness is by way of the Golden Rule—tolerance and understanding and sympathy for his neighbor. Look about you and you will notice that the happiest man is he who brings kindness and tolerance into his contact with others. As you do unto each other, so you do unto God.

Jesus refers to tolerance when He says, 'Judge not.' The tolerance you practice in the earth plane finds its greatest reward in the spirit world. Many, who in the mortal life seemingly have accomplished little of merit, find that the tolerance that they extended to their fellowmen, here in the earth plane, over there in the spirit world opens the door for them to admit them to the Savior's presence. All life in the mortal is but a prophecy of life in the spirit—life eternal. So with us, mortal and spirit, let us bring more tolerance into our contact with each other and thus fulfill the law of God and of Jesus Christ, our Lord.

Gratitude, the second in this trio of most beautiful words, is a Golden Rule attribute, mighty in its power to bring you **instant** contact with God and the spirit world. Express your gratitude often to the Lord, to the Almighty, for all the good and perfect gifts He has bestowed upon you. His is the Hand to bless, and His is the Hand to withhold. Without Him there would be no universe, no life, no you. He is your staff; His glory goes before you to light your path; and He is your Preserver. He and His messengers, His ministering Angels, guard you, day and night. Without Him all would be void. Recognize His mighty power, and express your gratitude for all that is. Daily acknowledge Him, and He shall continue to direct your feet in the path of wisdom and prosperity.

Compare your lot with that of many about you. Yours is the more abundant life, filled with blessings and peace. When you learn His Law, and endeavor to live it daily, the Lord will be even more gracious unto you, and cause His face to shine upon you. Express your deep, deep gratitude to Him for all that you are today, and for all that you have. Your environment, your opportunities, your ambitions, your success, your friends, your families, and your home He has given you according to your faith and your obedience.

Your failures, too, are His gifts—His blessings in disguise, that you may be halted, that you may not waste time or effort in the wrong work. Express your gratitude for the lessons learned—lessons given that you may either remedy your own defects, or that you may be able to understand and sympathize with and help others in their problems. All failure is a Red Flag of warning posted in your path, a warning that you are on a detour, and you must get back on the main road if you would perfect your life work. Ask constantly for more light, that God and His Angels and the Spirit World may be seen by you in all their glory as they go before you, and light your way.

You who have a means of livelihood, express your gratitude. You who have health and families and homes, be not niggardly in your gratitude to Him who has thus blessed you. So many are alone, and ill, and penniless. Thank God for your abundance, and ask that you may be blessed as an instrument to help others; that you may be led into a path whereby you may daily express your gratitude to Him for all His goodness to you by permitting you to help others to help themselves. Do not resent the fact that this one or that one does not show you more consideration. But be very certain you are expressing your gratitude to all who aid you. Thank God for health and friends and an opportunity to work, the opportunity to keep busy, and to be happy! Try to see life through the eyes of your fellowmen. Then you will understand the motives of others, and be able to help them accomplish their plans. The more love and gratitude you express, the more clearly you will be able to hear the heavenly voices directing you. Ask for guidance.. Then listen and obey. If you heed the higher guidance, angel voices ever near, you will be able to draw so very near to God, and God will draw so very near to you that your daily life will radiate His Light and His Love.

Tolerance and gratitude answer all human needs, and govern all your contacts with your brother man. Together they bring you peace, the unspeakable gift, the gift of God's Love. This is the peace Jesus promises us when He says, 'My peace I leave with you.' His peace is necessary for your soul growth. The Kingdom of Heaven is within you, and in its center peace abides in its fullness. When you find this Kingdom, this center of peace within you, you have found the Christ, and you have the consciousness of the Divine Presence—All Love, All Wisdom, All Power—with you in all you do. Your center of peace within is the Indwelling Presence of the Holy Spirit, and when you find it, you attract all good and perfect gifts to yourself, for God is then in you, and all around you. GOD IS ALL. Angels and spirits, like mortals, are merely His instruments—channels for His message. If you desire us—the Spirit World—if you open the door for us—you will attract us to you, also. We are eager, at all times, to serve humanity through some earth instrument.

That life is eternal is the great truth we seek to share with mankind, but many of us, out of the mortal body, yearn over your material problems, and would aid you if you will permit us to do so. Let us in, let us have a part in your earth work, and we shall bless you with spiritual truth, and help you set your feet in the path of peace, and find the center of your Kingdom of Heaven within.

Let the Holy Spirit flow through you, and let the Spirit World instruct and guide you to bring peace to all you contact. Thus you shall be able to heal and bless and enlighten others, and raise your own and our vibrations to the plane of Christ consciousness, to Heavenly Realms.

Joy and health and security and power shall be yours when the peace of God, which passeth understanding is keeping your hearts and minds in unity with the Spirit Side of Life through toleration for your fellowman, and gratitude to God, and through our Lord, Jesus Christ.

God be with you, and bless you abundantly. Goodnight."

? ? What of 1937 ? ?

By
Mahree

For those persons who will go after that which they may think is their rightful reward, the depression is definitely over in 1937. But there is nothing in the way of prosperity that will fall into the lap of the careless or the lazy. Reward there is for those who will go after it—the price trend is up—up and still higher all through 1937. This will mean that our farmers will find increased income from the stocks and crops they raise. I want to mention here that the citrus growers are about the only ones that planetary influences will overlook in 1937 as far as real profits are concerned and this rather from an excess production instead of any other cause.

Small business may expect to prosper in by far a greater degree than in the last few years. Indications are that much improved legislation will be enacted to help the smaller store around the corner in whatever line the sole owner may be engaged. There will be some tendency to establish some long term credit deals but none of these will as yet prove profitable—rather stay with short term propositions all through the year. Accept consignment terms for small amounts of goods when so offered but do not tie up in huge stocks of just a few items for variety will be the choice of buyers in every field. We can expect innovations in all lines of business, and reserves should be kept in this consideration.

Building materials of all kinds are well aspected and will be on the up grade in prices on every building need. Along with this demand causing the rise in prices will come the demand for additional labor of the skilled and unskilled type. In this field of labor will come more and more machines to replace the man, but shorter working hours are indicated that will offset this loss of labor. Those contemplating anything in the building line at present, even though it be only a matter of repairs may look back at this statement after the spring of '37 sets in and say, "I wish I had done this job months ago, I would have saved money."

Iron, steel and durable goods of all kinds along with munitions and implements of war will go steadily up in 1937 with but few periods (and they real short) when prices may be at a standstill. Publishing can be expected to gain strength daily.

The necessities of life will all increase in price and the trend will not only be upward through 1937, but will continue upward until 1942. In view of the general upward trend it is very well for those who are able to stock up now—in advance of rising prices—money saved is profit.

This will be the general trend for this country as a whole—but each individual will find a different angle to the planetary influence, according to the date of his birth and also according to the present positions of the various planets and the influence they exert. For each individual there is a method of procedure by which he can cash in on the general influences in some special way. The individual study of the chart will reveal this procedure. It means much in the way of material gain to each of us. Your questions to me about this or any other matters, receive prompt attention. (See my ad on inside back cover).

Christian Spirit Healing

"Oh, touch the hem of His garment,
And thou, too, shall be free."

Special absent healing for your material, physical, mental, and spiritual problems will be given you by the Rev. Nettie Garmer Barker and Spirit Healers. You cannot pay for the healing—that is from God—but you do donate \$3.00 per month to the Rev. Barker for her time as she gives each patient a personal, concentrated daily treatment by speaking the Word, and God, through the instrumentality of the Spirit World, heals the ailing condition. To receive Life's richest blessings, you must do something for some one else. Begin by sending in \$3.00 to the Rev. Barker, and a name, (someone besides yourself) to whom you wish your gift of a yearly subscription to the Christian Spiritualist Quarterly sent. For yourself (or for any patient you may choose), a daily spiritual treatment, (in addition to the daily Universal Healing Club treatment) will be given for your own, or another's, needs for a month. Enclose a self-addressed, stamped envelope for reply, and address Rev. Nettie Garmer Barker, 3540 Wabash Avenue, Kansas City, Missouri.

"SINCE JESUS CAME INTO MY HEART"

HEALING TESTIMONIALS

Epilepsy healed in five weeks, absent treatment.—"E. J. seems to be well. Doesn't have any pain, and can eat, and says she feels better than before she got sick. So, thanks to you and God for the help. I will always have a warm place in my heart for you.—Lovingly your friend, A. D."—Mo.

Eight-months-old baby, born blind, with cataract on both eyes.—11-8-36—"The baby's vision is improving. She reaches for objects, when held before her.—May God bless all your efforts."—11-25-36—"Our baby's eyes are much improved. She reaches for her toys and trackers now. Before she had to be touched with them first. Pray for me that my faith may be strengthened, and that it will not waver in time of discouragement. May God bless you and your work."—Mrs. N. C. D.—Ky.

Healing of material problems—12-21-36—"I received the largest commission checks Dec. 15, (except one). I also won a \$15 prize for selling the most screens in Nov., and I have landed two new jobbers for blowers and one for fireplaces, with good prospects for two more. All this came about like a flash. These were not large orders, but they were new business from firms who never had ordered before."—J. F. D.—Iowa.

"I was healed **instantly**, on the Church floor, of a physical ailment that had troubled me for years."—Mrs. T., Kansas City, 12-6-36.

Universal Healing Club

**Health—Happiness—
Prosperity—Peace**

If two of you shall agree on earth as touching anything that they shall ask, it shall be done for them of My Father in heaven."

This club is open to you, **whoever you are**, and **wherever you may be**, as a channel through which you may fulfill for yourself and the other members the Christ-Law of healing and prosperity. "Freely you receive, freely give."

Time: 8:30 to 9:00 a. m., Central Standard Time.

We bring you each morning, at this time, the mighty healing power of our Lord Jesus, the Christ, the same yesterday, today, and forever. Every person joining this healing club has tuned in on the Universal Healing Wave of our Blessed Savior, Jesus of Nazareth, "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you."

This healing force is free, abundant, and never-failing. "God is no respecter of persons." The Christ power heals **you, me, everybody!** Believe in it, ask for it and soon you will realize peace, poise, and power coming into your life. For as you "draw nigh to God, He will draw nigh unto you."

At this sacred half-hour, you, individually, are asking, through the other members as the spiritual instrument, for healing in all your physical, mental, material, and spiritual affairs. "Ask and it shall be given you." If you continue to tune in on this universal broadcast for yourself and others each morning, you are sincerely seeking, and you **shall** find that which you seek. "Knock, and it shall be opened unto you."

In unity there is strength. Each morning, at this time, join us in spirit, for a half-hour of universal healing.

Sing the first verse of "The Great Physician."

Repeat the Lord's Prayer.

Then sit, for 15 minutes in silence. "Be still and know that I am God."

Sing the first and third verses of "Pass Me Not, O, Gentle Savior."

Repeat the Twenty-third Psalm, slowly, prayerfully emphasizing each word as if it were written especially for you and your needs. After which ask for what you desire for yourself and others. Prayer is the door through which we seek and receive aid from our Heavenly Father. Each morning, together you and I and every member of this club shall take your problems to the Lord in prayer. Jesus says: "All things whatsoever ye shall ask in prayer, believing, ye shall receive." Therefore, at this hour, pray, "God bless us," and "God heal us and supply our every need."

Sing one verse of "I Need Thee Every Hour."

Repeat the Lord's Prayer.

Close with singing the first verse of "The Great Physician."

"According to your faith be it unto you."

All who wish to continue members of this Free Healing Club, please register by sending Rev. Nettie Garmer Barker, 3540 Wabash Ave., Kansas City, Mo., a self-addressed, stamped envelope for your Universal Healing Club membership card number. This is the only expense attached to this service. Otherwise it is free to all.

(During the past quarters, marvelous healing for all kinds of problems is reported. Join us, and realize this mighty healing vibration for yourself and yours).

SELF-HELP AND ATTAINMENT

(For the Quarter)

Repeat daily, beginning January 1, 1937:

Friday - —"The Lord is my light and my salvation; whom shall I fear?"

Saturday - —"Create in me a clean heart, O, God; and renew a right spirit within me."

Sunday - —"I need Thee every hour;
Teach me Thy will;
And Thy rich promises
In me fulfill."

Monday - —"Whatsoever ye (I) do in word or deed, (I) do all in the Name of the Lord Jesus, giving thanks to God and the Father by Him."

Tuesday - —This one day I will endeavor to do everything in the Spirit of Jesus.

Wednesday—"(I) Study to show thyself (myself) approved of God, a workman that needeth not to be ashamed."

Thursday—Heavenly Father, keep the way clear between me and Thee that I may sense Thy Presence and know Thy Peace.

CHRISTIAN SPIRITUALIST UNIVERSAL STAMP CLUB

Organized for the purpose of exchanging duplicate stamps, or disposing of stamps of interest to the collector. More space in this magazine will be given to Club news and needs as the organization grows.

The \$1.00 yearly dues include a subscription to this magazine, for yourself or any one you may desire. ALWAYS enclose a stamped, self-addressed envelope when writing the editor for a reply. We hope to make this club a world-wide organization. Address: REV. NETTIE GARMER BARKER, 3540 WABASH AVE., KANSAS CITY, MO.

YOUR HEALTH

"Beloved, I wish above all things that you may prosper and be in health, even as thy soul prospereth."—3 John 2.

The foundation of perfect health is good circulation. An exercise that is excellent to accelerate the circulation of the blood is to rub the abdomen with both hands, one above the other. Circle to the right 10 times; circle to the left 10 times; and then circle in opposite directions 20 times, one hand to the right, one hand to the left. This strengthens the abdomen, and causes the blood to warm it. The stomach, bowels, and liver are strengthened and lubricated.

Re-read, and practice the exercises given in Vol. 1, Nos. 1 and 2 of this magazine. Deep breathing, exhaling and inhaling slowly, is necessary in all exercises, and a tonic in itself.

Walking up stairs at least once a day is excellent to strengthen the legs, heart, lungs, and breathing. Walking down stairs is good for the liver.

"Here's a wish to all who read this,
No matter where you're from;
May the best day you have seen
Be worse than your worst day to come."

CHRISTIAN SPIRITUALIST UNIVERSAL FRIENDSHIP CLUB

Many requests have been received from all over the U. S., asking that the editor bring the writers in touch with other Spiritualists, the object being an exchange of letters discussing the religion of Spiritualism, psychic experiences, etc. This club is being organized for that purpose.

Join NOW. The yearly dues are \$1.00; 75c of this amount will be used as a subscription to the Christian Spiritualist Quarterly, and 25 cents will be used for club stationery. Whenever you write the editor, please enclose a stamped, self-addressed envelope for reply. If you are already a subscriber to this magazine, then the 75c will be used for a subscription to any other person you may name, or an additional copy will be sent you. As you draw nearer to each other in the Cause of Christian Spiritualism, you will find you are drawing nearer to God, your Creator, Jesus Christ, your Savior, and to the Spirit loved ones, ever eager to help you help yourself materially, physically, mentally, and spiritually.

Address all club communications to the editor of this Quarterly, REV. NETTIE GARMER BARKER, 3540 WABASH AVE., KANSAS CITY, MO.

Holy Hands

By Spirit George L. Garmer

Medium, Rev. Nettie Garmer Barker—Amanuensis, Winifred Smith
(Clairaudient sermon delivered in the Second Science Church of Kansas
City, Missouri, October 10, 1936).

Rev. Barker:

Sister Pastor, co-workers, and friends, seen and unseen, my father will speak to you tonight. He will give his message to me clairaudiently, and I, in turn, will give it to you, word by word. If your clairaudience is sufficiently developed, you will hear the tones of his voice. I hope you do. There isn't anything that would give me greater joy than to share this phase of mediumship with you. His subject is 'Holy Hands.' All right, Father."

Spirit George L. Garmer:

"Good evening, friends of earth. I rejoice that I may speak to you through the instrumentality of my daughter, and I thank the dear pastor of this church for the honor of addressing her congregation.

To us in the Spirit World the love of God for all mankind is so self-evident in all earth affairs that we marvel that any man should think it necessary to seek proof of the immortality of his own soul, and the continuity of his own life.

From the Holy Hands of God, man has received all his possessions, even the gift of His Beloved Son, Jesus the Christ, whose love asks nothing in return for His great sacrifice on Calvary but our love, our faith, and our gratitude. Christ came not to you nor to me alone; nor to this man, nor to that man; neither came He to any particular age nor race, but in the fullness of His love for all of us, He comes in all generations.

In His Holy Hands lies all blessings, all abundance, all protection—yours for the asking. Let the Holy Hands of God lead you in all your ways, and His peace and His joy and His strength shall be yours. Hear His Voice: 'Let not your heart be troubled; 'be' not afraid; hold thou My Hand. Look up, not down; look forward, not back; for I am thy strength and thy confidence; hold thou My Hand!'

Humble yourself under the Mighty Hand of God, and give yourself over to His guidance, and that of the Angel World that your Lord may exalt you in due time, which will be when you are worthy to receive His Gift of Love. Learn to say with the Psalmist: 'Thy Hands (Thy Holy Hands, O, Lord), have made me, and fashioned me; give me understanding that I may learn Thy commandments. Teach me Thy Will. I am the clay, Thou art the Potter, and I am the work of Thy (Holy) Hands.'

It is within the power of God's Holy Hands to bless, or to withhold, according to whether your earthseed has been sown in the flesh, or in the Spirit. 'Be not deceived; God is not mocked: for whatsoever a man soweth that shall he also reap.' If your earthseed has been works of goodness, seeds of toleration and sympathy and understanding for others; if you have tried to meet each duty cheerfully, and do it to the best of your ability and circumstances, then God's Holy Hands shall lead you into green pastures of prosperity, and beside the still waters of soul-peace and spiritual content even while you are yet in the mortal.

But the Hand of God shall be heavy against you, if you continue to

disobey His commandment of love to your brother; as heavy against you as it was against the Philistines in the days of the prophet Samuel; as heavy against you as it was in the days of Daniel, for you, too, like Belshazzar, are being weighed in the balance, and if you cease not your strife, and your unbelief in the power of God's Holy Hands to bless or to withhold, you will be found wanting.

All you receive materially and spiritually is from the Holy Hands of your God. If you meet your trials and your disappointments bravely, and think of them as necessary earth lessons from the Almighty that you may progress up to higher planes of consciousness, then you are being led by the Holy Hands of God, and no man is powerful enough to influence you or your affairs otherwise than you desire.

If you are being led by the Hand of God, then the Almighty, your Creator, and the Angel and Spirit World will draw nearer to you, and meet you more than half-way in all your spiritual work sent forth in His Name. Then Holy Hands—the Hands of Angels and Ministering Spirits will reach out to you from the Heavenly Realms, and magnetize and sanctify your own hands, and you become their instrument for Spirit healing. You must go through the medium of Spirit, whether you are aware of it or not, if you would acquire the Christ Healing Power, and give it out to humanity. There is no other avenue of contact, friends. Mortal man can reach Jesus, the Christ, only through the vibratory wave of the higher spirit life. If you are being led by the Holy Hands of God and the Spirit World, all your righteousness, all your wisdom, all your works will be given out in love and understanding for your brother man. If you are being led by the Hand of God, you become the channel through whom the Spirit World will seek to heal humanity. God, Himself, will bless your own hands, and make them holy instruments of healing, and the Christ will give you His Wonderful Healing Power to heal the sick, to cast out all evil obsessions, and, if your faith is great enough, He will give you power to raise the so-called dead.

Thus while you are in the mortal body, by your good works, you may prepare yourself for your life after your so-called death, and be able to take up your activities in the Spirit World as soon as you find yourself in the Great Beyond.

The Spirit Guides, who have used your hands as holy instruments of healing, will continue to be with you after your passing to Spirit Life, and they will also continue to guide you as you progress to higher realms. This is one of the rewards that awaits you when you have finished your earth life, and pass to your eternal spirit life.

Take time to be holy, speak oft with your Lord, that He may find you worthy, that your hands may be blest and made holy because of their work for others. Do your duty as you see it; it is shown clearly before you, and it is easy, if you do it in the Name of God the Almighty. Take time to be holy, that God and the Angel and the Spirit World may draw very close to you. Then thank God for your spiritual understanding and opportunities. Thus 'thou shalt be a crown of glory and a royal diadem in the (Holy) Hands of the Lord.'

God bless and take care of you, everyone, and lead you in the path of holiness. Goodnight.

Life Passes You By

By

Spirit George L. Garmer

Through the Mediumship of His Daughter, Rev. Nettie Garner Barker
(Clairaudient sermon delivered in the Church of Jesus Christ, Our Redeemer,
Kansas City, Missouri, December 27, 1936).

Spirit George L. Garmer:

"Friends of Earth: At the beginning of each new year, it is the custom of business men to take an inventory of their stock—their losses and their profits during the past year, of their liabilities and their assets. Likewise individual, especially those who are expecting to make the most out of their life here in the earthplane, take an inventory. Most people turn over a new leaf. With some it doesn't last long—only a day or two, possibly a week or two. Others have gone on, year after year, climbing higher and higher, progressing even when there are obstacles, overcoming many things that they would not have done if they had not taken stock each year and planned out a course of life.

And so whether you live your new resolutions one day or three hundred and sixty-five days, making those resolutions will help you because they give you a new incentive. They cause you to build what most of the world would call 'air castles,' but it is through air castles that all great things eventually become realities. For we must first, both in the Spirit World and in the earthplane, vision what we desire, and then make it a reality.

Life—vital, radiant, abundant life—is something more than the mere breath in your body. You speak of us, your beloved out of the body, as 'dead.' I tell you truly there are more of you people in the mortal body who are dead than we in the Spirit, because this 'death,' in the terms that we from the Spirit Realms speak of it, is a loss of hope, a dull monotony, no incentive in life, a going on from day to day, a mere existing. That is not the purpose for which you were put on this earthplane. You defeat the very purpose of your Creator when you do not aspire, and do not endeavor to climb higher and higher each day you live.

Individually, each one of you should take stock of your losses and your profits during the past year, take stock not only materially, but spiritually as well. The material is very necessary as long as you are in the mortal body. It is the means of exchange between men, and if you do not have some of this exchange, you cannot progress very far. You become dependent instead of independent, which God, your Creator, intended you to be. He intended everyone to carve out—to create—his own earth life, and you cannot do so unless you have a little of the material with which to accomplish it. But most important of all is the spiritual. If you have much or little, dearly beloved, cultivate the spiritual. You can. It is not dependent upon anything material, but upon the inner self—the real you. No one can compel you to progress spiritually, if you have not the desire, within your own soul, to go forward, and upward.

As my daughter has often told you, one of the first things we learn from the Spirit Side, and those that come into this work as instruments of the Spirit Forces learn, is that every soul is a free agent. We have no right to dictate or to mold the opinions of anyone. God, the Almighty, gave you a perfectly balanced mentality, and He expects you to use that mentality. When you do not use your mind, but stumble along, guided by blind chance, you are falling far short of His expectations of you as an individual, and as His child. Created in His likeness and in His image, there is no limit to the things that you should aspire to, and certainly there is no limit to the things that you may accomplish, if you seek to progress. What are a few little set-backs? What does poverty mean to you, if you are rich within, and your spiritual life is developed?

You remember Lazarus, and how he begged the crumbs from the rich man's table? He had nothing in the opinion of the world—he, a beggar—yet when he crossed to our Side of Life, he found his place in Abraham's bosom. But when the rich man passed on, he went down into the darkened spheres, the place he had earned for himself when in the mortal body, and from there, he looked up to Heaven, and seeing Lazarus, begged Abraham to send the beggar down to him to give him a drop of water to quench his thirst. And all that this rich man had—for he was very wealthy, being clothed in purple and fine linen, and faring sumptuously every day, when in the earth life—all his wealth availed him nothing in the Spirit World, because he was destitute of anything within the soul of him that was Christ-like. Rather be like Lazarus, who begged crumbs from the material table, and receive your reward when you come into the Spirit Realms. At no time did Lazarus hold resentment toward the rich man. The rich man would not aid the beggar, and that was all there was to it. Lazarus accepted his poverty as a part of his life, and went his way. Mighty faith had that man Lazarus! The Bible does not say so, dearly beloved, but you read between the lines, and you will learn of the love and the faith that Lazarus had.

Solomon says in all your getting, get wisdom and understanding. And what is wisdom? It is only the ability to know what to choose, what to claim for your own, and what to choose that you may bestow upon your brother. When you have wisdom, you have everything. No door will be closed against you. The door of materiality, you say? Yes, possibly it may be closed against you, but within you is a mind so rich in spiritual strength and faith and love that you do not need any material wealth to make you happy and bring you soul peace.

What you of the earthplane consider life, and what we of the Spirit world consider life, are two different things. Ask any medium, any instrument of the Spirit Forces, what life means, and if he will answer your question, (instruments do not always do so because you are not ready for it, you would not understand), he will tell you of a richness in his daily life that is not easy for mortals to conceive. The instrument between the two worlds receives all that he needs of the material, and an abundance of the spiritual blessings. The doors between the earthplane and the Spirit World swing wide open, and every medium is eager to share with you the treasures that he gleans from the Spirit Side of Life, if you will but receive what he has to give you.

This Book—this Bible—tells us, 'Let not your left hand know what

your right hand doeth.' If your words of charity, your good deeds to your brother, are done before your fellowmen for the show of it, like the deeds of the Pharisee, they will avail you nothing. For at the end of your life, you return to your Heavenly Father, as a prodigal son, who has fed upon the husks of life, and you have nothing to offer in a spiritual way. Our Heavenly Father, like the earthly father of the prodigal son, is waiting with outstretched arms to receive you, but you must have a desire to want to come into His Kingdom, else those outstretched arms will never reach far enough to take you within their embrace.

Life means so many things to so many people. There are those who are never found in a church, never know the want of, or the supply of spiritual food. But the picture shows are crowded to overflowing. There are those who are found in the Spiritualist churches simply for the phenomena, the messages, they may receive. We are very glad from the Spirit Side to demonstrate the phenomena. It is one of the means by which we demonstrate the immortality of the soul, but it is not the important thing—**not at all!** If any of you come into church to receive anything but Jesus Christ, and His message, your coming availeth you nothing. First, and foremost, is the message of the Christ, practical and workable now in life, this very hour. If you receive not that, or if you come out not seeking that, you have failed. Spiritualism is just spirit communication to you—nothing more. It is not Christian Spiritualism, and you will never be able to understand nor sympathize with your brother because you have no part of the Christ within you. Service, universal service, to humanity is all that is worthwhile in the final reckoning of your earth life.

When you take stock of yourself this New Year, open a new book at the first page, and draw a line down the center of that white page. On the left hand side of this line, write the things you should not be, and on the right hand side, the things you should be, and that you are today. O, beloved friends, many of you will find that there is very little to be written in the right hand column, if you are honest with yourself, and if you tell the truth about yourself! In the heart of you, turn over a new leaf that Life may not pass you by—that vital, vibrant, radiant, abundant Life that the Spirit World would bring you may not pass you by! That is the object of your journey through the earthplane—to develop the spiritual part of your nature. That is the object your Heavenly Father had when he put you here in the earthplane as mortals, and you have failed, if you do not take yourself to task, and try to improve on these human qualities in which so many of us err.

O, the spirits that pass out of the mortal body, crying to us in the Higher Planes, and to instruments of the Spirit World still in the earthplane, 'Help me! Help me! I wish I had known! I wish I had done differently! It is so easy, **but I did not do it!** Show me The Way, show me The Light, that I may come back and teach mortals, through some human medium that they may be prepared when they come to the Spirit Side.'

Life passes you by! Your days are dull and monotonous, your hope is gone, your courage weak, and your drift with the demands of the hour. You have no safe anchor—no knowledge that within you slumbers the vital Christ-Spirit. Those who offer you something besides Christian Spiritualism, ask them what they have to give in exchange for what the Christ gives you, and you will find that those people's lives are dissatisfied, incomplete.

There is an everlasting longing, an everlasting searching, a reaching out for something they cannot define, while all the time, there is within themselves the undiscovered Kingdom of Heaven that they have smothered out with their materiality.

If we of the Spirit could but convince you that this is The Way, The Truth, and The Life, and that ever before you, in the earthplane and in the Spirit World, when you come over to our Side of Life the Christ goes before you, lighting The Way. Sometimes, dearly beloved, you will have to come back to your Heavenly Father—return to your Eternal Home. WHEN and HOW is your affair. All this materiality, all this living for self, for show, all this selfishness, this unkindness, and cruelty that man shows toward man, will have to be overcome, and wiped out before you can ever start to progress on the Eternal Path that leads back to your Creator. There you are going eventually, whether you know it or not.

There are souls in the earthbound spheres who have been there for centuries, and WHY? Because they have not come to the point where they will say, 'I want help. Show me The Light; show me The Way.' Instantly when they ask, there is some Ministering Angel on the Spirit Side, or some instrument in the earthplane, who is willing to be a candlelight to light their path. God, the Almighty, and the High Angels leave you alone to work out your problem, whether you are in the earthplane, or whether you are in the spirit in the earthbound spheres, until you, yourself, as a free agent, desire to face about and follow the Christ.

We have but one object in coming back to you, and that is to lead you by an easier path than we have come. Some of us come through lack of knowledge. Some of us come through wilful sinfulness. We know now, as we look back from our Heavenly Spheres, the things that we should not have done as mortals. We look down upon this sin-washed world, and we see people who never think of God, never think of their Creator never give a thought to their brother man, or to his needs, ruthlessly destroying all in their path to material success. **OUT OF THE DEPTHS OF OUR LOVE WE COME BACK TO YOU!** You, who understand—you know the great effort we make to come. You know we must learn how to lower our Spirit vibration to the rate of the earth vibration. Even when we draw near a medium, we must do this. We have to have the desire to learn, and to work back here through mortals, as free agents, to aid humanity. We work without thought of reward, or without anyone knowing of the extent of our labor. We give, and that freely, of our share of the Christ Gift. It is your privilege to do that while you are still in the body, and we are here to instruct you, and to guide you in paths that will broaden you spiritually, paths that will make you better men and women, and that will make life so rich and so full, so blessed every day, that when your time comes for going out of the mortal body, you will not be afraid to approach your Maker,

God bless you, everyone, and may this New Year bring you much in material prosperity that you may have the means and the leisure to devote more time to the Christ work. Whatever else it brings you, may it bring you an abundance of the spiritual. Call on us. Call on us like you would call on your beloved in the mortal body, and we shall not fail you.

Goodnight."

Face To Face

By

Spirit Miss Booth

Medium, Rev. Nettie Garmer Barker

Amanensis, Winifred Smith

(Clairaudient sermon delivered in the Church of Jesus Christ, Our Redeemer in Kansas City Missouri, September 27, 1936).

Children of Earth: My mission when in the mortal body was to save souls for Jesus the Christ. You who are Spiritualists know that when a man passes through the so-called death he retains all his ambitions, his endeavors and his character, in every way, as he was in the mortal. Whatever spiritual growth man expresses in his nature takes place after his transition, not at the time of his passing; sometimes soon, sometimes many years after his entrance into the Spirit Life, depending entirely upon his desire and his efforts to evolve up to higher, nobler spheres.

I repeat, my mission was to save souls for Jesus the Christ. Naturally, my mission in the Spirit World is to continue to save souls for the Master, souls both in the mortal and souls in the Spirit Realm. There are many out of the mortal body, who are in great need of help from the Ministering Spirits on the other side of life and from the ministering seers in the earth plane. There are some spirits who have lived all their mortal lives in ignorance of a God, and a Savior. Thank God, those are the minority! Then there are others who have deliberately shunned all contact with their Creator, and the godly instruction open to them, preferring to live their mortal lives according to their self-made creeds—moral enough as mortality goes—but lost in the sin of spiritual ignorance. When they come to the Spirit Side, these souls are often greater problems to the Ministering Angels than those who never have heard of God and Jesus, the Savior. That is my mission on the Spirit Side of Life—to lead these souls to see Jesus, to see His Light, and to partake of His Bountiful Love, ever free to all.

In the earth plane, I continue to reach out to the mortal, through an earth instrument. That is my purpose tonight—to reach out to you in the mortal, with the eternal message of Jesus, the Christ, the Master, my Savior and yours, the same yesterday, today and forever.

Children of Earth, have you ever stopped long enough, in your mad rush for the possessions of the material, to ask yourself, 'Face to face with Christ, my Savior—face to face—**or shall it be?**' Take time to search your inner self—the real you. **What shall it be?** Are you ready to meet Him face to face? Ask yourself this question in all sincerity, in all fairness to your life efforts. Has it been the Savior you have been seeking, or has your motive been earthly glory? Have you been following a religious form, a conventional grist tossed into the mill of public opinion for public approval? Have you? Or have you found and practiced the spiritual life—the Christ-like life that is a daily testimony privately and publicly, for the Master. If you have found this spiritual life, while you are still in the mortal body, then you have felt His presence about you, and

your eyes have faintly seen Him, through the darkening veil between. Then on that Blessed Day when you meet Him face to face, you shall be able to see Him in all His glory.

Mortals, while you are still in the earth life, we, of the Spirit World would help you to attain a spirituality that will prepare you to meet the radiance of His vision. Face to face—yes!—but will you be ready, with your lamps trimmed and burning—waiting to meet your Savior? He comes to all, but so many have blinded vision and unawakened souls—so dense in spiritual truths that they know not when the Master passes by. It is our blessed privilege, spirit and mortal, to ask and seek enlightenment that we may prepare our souls to meet Him, face to face.

Every soul as he approaches the Border Line between the two worlds, as he stands on the verge of transition, catches a glimpse of the real purpose of life—the real man—and for a moment, he looks back into the past, into all that has been,—and forward, into the future,—into all that shall be. He sees man's long weary struggle for the supremacy of his better self; he sees, too, the Creator's plan in placing man **when** and **where** he is—sees the Divine Purpose of evolving his spiritual character up out of the void, and up and up, and up—into the Celestial Realms, and into the God-head.

Jesus says: 'Whosoever shall confess Me before men, him will I confess before My Father, which is in Heaven. But whosoever shall deny Me before men will I also deny before My Father, which is in Heaven.' Just as surely as Peter denied our Lord, you, too, mortals, deny the Savior when you deny your knowledge of and your belief in Spiritualism, once you are convinced it is a fact. Your fear of your friends' and your acquaintances' criticism is as great a sin as that of Peter's denial after he had promised he would lay down his life for Jesus.

If you have investigated spirit communication, and you have been convinced that the continuity of life for every soul, is unbroken, and then you deny us, your so-called dead, you cannot expect us to plead your acceptance before Jesus. But we do—**even under those conditions**—for Spirit holds no enmity, and regards no earth opinions as worthy of separating us, out of the body, from our love and our service to you in the mortal. Having learned that **nothing**—neither angels nor any creature, nor things present, nor things past, can separate us from the Love of God which is in Christ Jesus, our Lord, we proceed to lead you into the radius of this Love and share with you the Love of God as expressed through His beloved Son, our Savior. He, your Redeemer, is always waiting to receive you, and Angels are hovering near to lead you to Him.

We, of the Spirit World, consider it an honor to be able to point the Way of God for mortal or spirit.

If you, in your private and public life, cannot be a daily witness for Jesus and His Power, present now, and as strong as always, then you are not one of His chosen few. You may have been called, but you have failed to be chosen. Many are called, but few are chosen, for few are willing to become worthy as instruments of the Most High, and of Jesus, the Christ, our Lord and Savior, and of the Spirit World.

Jesus says: 'I am the Light of the World: he that followeth Me shall not walk in darkness, but shall have the Light of Life.' In the mortal, and in the Spirit World, He is our Light. In the mortal, man senses His Invisible Presence, which is His light seeking to penetrate the ego. Man calls this Light, this Invisible Presence, his own conscience. Man may not understand the origin, or the objective of this self-termed conscience, but it is always active, its activity hindered or unfettered by the status of the materiality in each mortal life.

In all planes of the Spirit World, His Light is reflected from the Celestial Realms. In the lower planes, the spirit discerns faintly this Light—sometimes as dimly as when that soul was in the mortal. But in the Higher Realms, it is so radiant, so brilliant, so dazzling, that only spirits evolved up to the Higher Spheres are able to see and exist in its reflection of Blazing Glory. Mortal or spirit, we must seek before we may partake of His Reflected Glory. Make it a daily habit to enrich your spiritual life by trying to walk closer to Jesus, then learn to share Him with your brother, and to influence your neighbor to work in His service. 'Lo, I am with you always,' He promises us, mortal and spirit.

The life of the Christian Spiritualist is different from that of other mortals. He enjoys harmony, peace, and serenity wherever he happens to be. He knows that his soul—the Divine within him—can develop only in an atmosphere of peace and poise, and is centered in the power of the Christ-consciousness. He knows that the spirits from the higher plane radiate love and peace and harmony and spiritual power, and that they are attracted to his soul as he likewise radiates these qualities, the harmony and love and peace that Jesus expresses. The Christian Spiritualist knows that as he reaches out to his brother, radiating peace and love and harmony, and blessing and loving all he contacts, he automatically attracts unto himself the highest forces, and thus strengthens and accumulates knowledge and power and unity of purpose.

'Lo, I am with you always.' If you seek the highest in Spiritualism, Jesus will be always with you. When you have found the path of peace and poise and power, the path that the Savior trod before you, the path you must tread if you reach Him, here or hereafter, when you have found that spiritual path, be on duty day and night. Never take a vacation from your spiritual work. No matter where you are or whomever you meet, there is always an opportunity to preach and to teach, and to practice, the Gospel of Jesus the Christ, our Lord and our Savior, and as you help others, you learn that you are helping yourself. No matter how limited your condition in the physical—no matter how hampered you are, there is the Divine Spark within you that can and does attract the Highest to you. Begin with yourself—change yourself and your attitude toward your brother. If you would help your neighbor you will find that you will change your own life to something better—all those you contact, because of your example, will desire to live the gospel of Jesus the Master. For the Christ has 'set thee to be a light—that thou shouldst be for salvation unto the ends of the earth.'

God's love surrounds you, every one, and, through His Grace, may you find the path that will prepare you to meet the Lord Jesus Christ, the Master, your Savior, face to face. Goodnight.

BOOK CHATTER

Pearl Spurlock, who has friends all over the world, made during the past sixteen years when she operated a "Shepherd of the Hills" taxi, contributes a valuable volume to Ozark folk-lore in the publication of her "Over The Ozark Trails, In The Shepherd of the Hills Country."

A full-fledged hill-billy by grad ation, Mrs. Spurlock tell us she received her degree of S. B. (Scissor Bill) the first year; the fifth year came additional honors, her degree of R. B. (Razor Back); and after ten years among the mountain folks, she was the proud possessor of her final degree, H. B. (hill-billy). Those of you who know and understand the Ozark native will appreciate why this author treasures her title of "hill-billy" betowed upon her by the mountain people, and the fact that she is classed as one of them.

The Shepherd of the Hill Country in all its beautiful simplicity, its rugged charm, its romance, and its traditions is presented to the reader in a group of what Pearl Spurlock terms her "inoffensive hill-billy" stories. Here is one:

"There was a family living back in the hills in an old house built of planks or slabs. You could see daylight through most any place. A big over-grown barefoot hill-billy boy came up to the door one bright sunshiny morning and asked, 'Maw, whut time are hit?' The old lady looked up with one eye squint through a crack in the building and answered him, saying, 'Hit's a plank an' a half arter ten aclock.' So you see, kind friends, we really have no need for time pieces when the sun is shining down in the Ozarks."

There are fifty-six photographs, a picture of Harold Bell Wright among them, and also, a letter from him, recalling the glorious days when he lived and worked in the Ozarks, and wrote his world-famous story, "The Shepherd of the Hills." (For sale by the author, Bronson, Mo.—Cloth, \$1.50).

"The Everlasting Covenant" is another one of those excellent instructive books by H. E. Butler, whose authoritative interpretations of the Scriptures is unquestioned by Bible students.

The author shows us that it is as important to use the Old Testament as the New in our religious work. The everlasting covenant is the Ten Commandments, which "carry with them a warning against just what, to a great extent, has occurred in the Christian world today—the turning from the law which God committed to Moses for **all** Israel" "Just as soon as man takes this covenant upon himself to obey its requirements, he places himself in harmony with the divine purpose and as a natural result he receives the power of the will of God. This was the secret of the power of Jesus the Christ. It was because of that name (God) that

the winds and waves were obedient to His command. By and through the powers obtained from the hallowing of that name came all prophecies of the Old Testament."—(Esoteric Pub. Co., Applegate, Calif.,—Paper, 50c).

Dr. F. Homer Curtiss' "Health Hints," for the purification and health of the body, mind and emotions, is a book everyone should own, and use daily.

"Ill health is the result of wrong habits of life, diet, and thought." Through scientific research and years of experience in health-building, Dr. Curtiss has culled these essential rules. "Do not expect psychological or spiritual forces to give more than temporary relief, or to produce a permanent cure, unless you **change your habits of life** in such a way as to **eliminate the causes**, be they mental, emotional, psychic or physical."

There are illuminating chapters on the calming, cleansing, spiritualizing, and vitalizing breath, mental influences, emotions, spiritual influences, foods, and suggestive menus. A book you will recommend and wish to give to others.—(Curtiss Philosophic Book Co., Washington, D. C.—\$1.50)

"Journeys Through Space," by Effa E. Danelson, are the personal experiences of the author. This little booklet is divided into three parts, and takes its title from Part One. "Communications" and "Thoughts For Consideration" are the other two.

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