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# THE CHRISTIAN SPIRITUALIST QUARTERLY

YOUR



TO HAPPINESS

HEALTH

PROSPERITY

PEACE

THROUGH KNOWLEDGE OF  
LIFE ETERNAL

*"Thy Word is a Lamp Unto My Feet,  
and a Light Unto My Path."*

REV. NETTIE GARMER BARKER, EDITOR

3540 WABASH AVENUE

KANSAS CITY, MISSOURI



I  
AM  
THE WAY

THE TRUTH

AND

THE LIFE

NO  
MAN  
COMETH  
UNTO  
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FATHER  
BUT  
BY  
ME.



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PERIODICAL DIVISION

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## SELF HELP AND ATTAINMENT

(For the Quarter)

Repeat daily, beginning July 1, 1936.

- Wednesday..... "Thou wilt keep him in perfect peace whose mind  
is stayed on Thee."  
Thursday..... "Every one that asketh (in faith believing) re-  
ceiveth."  
Friday..... "My help cometh from the Lord."  
Saturday..... "The Lord is **my** shepherd; **I** shall **not** want."  
Sunday..... "God is my shield, and Christ is my song."  
Monday..... I rest in the promises of God for before I call He  
will answer my need, and while I am yet speaking  
He will hear my plea, and provide for me.  
Tuesday..... God is my refuge; I pour out my heart to Him;  
and I trust Him at all times.

Memorize these Helps for the entire year past (four quarters).  
Make their thoughts your daily prayer, and they shall sustain you in  
every crisis.

~~~~~

"Place a spray in thy belt,  
Or a rose on thy stand,  
When thou settest thyself  
To a commonplace seam;  
Its beauty will brighten  
The work in thy hand,  
Its fragrance will sweeten  
Each dream.

When the task thou performest  
Is irksome and long,  
Or thy brain is perplexed  
By doubt or by fear,  
Fling open the window,  
And let in the song  
God hath taught to the bird  
For thy cheer."

—Anon.—



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(Christian Spiritualist)

REV. NETTIE GARMER BARKER, Editor

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All unsigned articles are written by the Editor.

"The work you plan to do —  
Do with all your might.  
A great success for you,  
And a future bright."

"Today duty's path appears  
A rough, uneven way.  
Another year — and life's dark fears  
Change to brightest day."

—Ellen, 5/30/34



# The Voice of The Soul

There seems to be a great deal of misunderstanding and misinformation about just what the soul really is. It is often confused with "mind", which is our thoughts and feelings, or with "intellect", which is the power of knowing—or, in other words, our receptive faculty.

The psychologist will tell you the soul is a part of our mind, or conscious experience. The philosopher says the soul is rational thinking and will power, which places man above the brute. The scientist says it is man's moral or emotional nature, the center of his real life, his vitality, his action.

Then there are those who say "spirit" and "soul" are the same. They are not. Spirit is the life-principle, the breath of life, the gift of God. The current use of the word "spirit" means a disembodied soul, as spirits of the so-called dead, or a being which never had a physical body, a being created by God as a celestial messenger, and having lived in spirit form only: Spirit has the power to think, to know, to move, to speak.

The word "spirit" as used in the Bible denotes either the divine breath in the body, or out of the body. We, each one of us, are a spirit, now clothed in a physical body. When we pass out of the physical body, we shall still be a spirit, but a spirit in a spiritual body. The divine breathe is expressed in its highest form in the Holy Spirit, which is God in action. It is the power of the Holy Spirit with which we are able to heal, and to receive spiritual messages, and spiritual inspirational lectures, the Holy Spirit working directly through the spirit guides, hence through us to those we would serve with spiritual food.

The soul is the whole unitary spiritual process, whether in the body or out of the body, and is, likewise, a gift of God, to whom alone it owes obedience. We verify this in Romans 13:1—"Let every soul be subject unto the higher powers. For there is no power but of God; the powers that be are ordained of God."

The early Church Fathers, St. Augustine, in particular, called the soul the spiritual or immortal part of man, and the seat of all imperishable truth.

From the earliest times, the soul has been recognized as a vehicle of human existence, separate in nature from the body, but



in the body. The Egyptians considered the soul of divine origin, and while in the body, its mission was to strengthen and elevate the good in the constant warfare going on between good and evil. The soul's future state was determined by divine judgment. This, in the main, is the belief of all Western people.

Christian Spiritualism recognizes the soul as the "likeness of God" spoken of in Genesis 1.26, where God says man shall be created in His image and likeness. And being in the likeness of God, the soul must manifest all noble qualities of man's nature, such as courage, patience, sympathy, forgiveness, brotherly love, and it cannot be anything less than immortal even as God is, in whose image it is created.

The voice of your soul calls to you, urging you to rise up to your full height, to be the perfect specimen of manhood and womanhood God intended you to be when He first thought of you. The voice is always there only we still its utterance by smothering it with materiality. The power to accomplish **all things**—material, physical, or spiritual—is within each one of us. It is this mighty power that the voice of the soul seeks to bring man to recognize within himself, and to put into instant use in his everyday affairs. In proportion, as a man's faith—the key to this power—developes from a tiny mustard seed stage to that of a towering mountain, huge, immovable, so shall that man progress from serfhood to Kingship. The moment a man listens to the voice of his own soul—the Spirit of the Almighty dwelling within him—in that moment that man has ceased to be a slave to circumstance, and begins to climb up, to claim his heritage of all good and perfect gifts from his Heavenly Father.

Jesus said, "Seek ye first the Kingdom of Heaven"—within the voice of your own soul. Then shall all power be yours to banish poverty and pain, fear and anxiety, and even death itself shall be conquered.

We read in the Old Testament that Enoch walked with God, that Noah was a just man, and walked with God, that Josaphat's reign was prosperous because he walked with God. Each of these prophets understood the purpose of his birthright—evolution up—and each listened to the voice of his own soul—the Spirit of the Almighty within—and each walked with God. For the voice of the soul leads only in one direction—**UP**—to Celestial Realms—to God Himself.



The main purpose of the voice of your soul is to awaken you to the Presence of the Spirit of the Almighty—the Christ within, and to the Kingdom of Heaven therein.

When the scribe said to Jesus: "Well, Master, Thou hast said the truth; for there is one God; and there is none other but He; And to love Him with all the heart, and with all the understanding, and with all the soul, and with all the strength, is more than all whole burnt offerings and sacrifices," Jesus answered him, "Thou art not far from the Kingdom of God".

The second purpose of the voice of the soul is to attune our psychic ear to the call of the voices of other souls in or out of the body, and thus, together—our soul's voice and other souls' voices—may unite and create a universal service to humanity, to spirit here and spirit out of the body. This second purpose must take second place always because unless a man finds the Kingdom of Heaven within, there will be no spiritual need of the second purpose. A man may find a psychic need for this second purpose, but the psychic without the spiritual brings little reward.

Jesus says: "For what shall it profit a man, if he shall gain the whole world and lose his soul? Or what shall a man give in exchange for his soul?"

If your mediumship—that is, the voice of your soul communicating with other souls—if your mediumship is not Christian Spiritualistic in belief and in practice, then your psychic power is likely to draw to you undesirable guides, or it may run a limited course, and then leave you suddenly and forever. There is no soul-satisfaction and content in any mediumistic power outside Christian Spiritualism. Jesus the greatest medium, healer and teacher of all times, says: "I am **THE WAY, THE TRUTH, and THE LIFE**. No man cometh unto the Father but by Me". Jesus, the Christ, taught and practiced Christian Spiritualism, and He, and all the prophets of old, who, likewise, practiced it, reach out to you, at this very moment, with the voice of their souls calling to the voice of your soul—to guide you aright in your search for the truth.

How can we train ourselves to hear the voice of our own soul? Through prayer, aspiration, and meditation in the silence. Draw near to God, realize His presence, and in the silence, where peace and harmony reign, you will hear the voice of your soul as it speaks to you, and as it attracts to you wonderful souls, who will develop spiritual strength and spiritual beauty within you.



# *Bible Course*

By

**Rev. Nettie Garmer Barker**

**T**HIS course is free to subscribers of the the Christian Spiritualist Quarterly. The only expense to you is a stamped, self-addressed envelope for reply when writing to Rev. Barker. At the close of the year, a written examination will be given, and at the close of the complete course—the reading of the entire Bible—a certificate will be issued, if the grade is 85 percent or more.

For the Fourth Quarter, read and study Numbers and St. Luke from the Spiritualist viewpoint. Choose an hour or more, once a day, or once a week, and the same place in which to study. This is very necessary so that you may get a spiritual vibration—that is, create your own vibration through contact with the Spirit Side of Life. Each time, ask the Spirit to manifest by guiding your interpretation. Your equipment is a Bible, a pencil and a note book. Mark your Bible with a colored pencil, underscoring or placing in parenthesis any verse that may attract and hold your attention. On the first page of your note book, write the date, followed by one verse, which is to be your key for that day, and which you are to memorize and repeat as often as you think of it until the next verse is written. Every day write a date and a verse.

Begin at Numbers 1:1 and St. Luke 1:1 and read slowly and thoughtfully as much as you can during your Bible period; one day read Numbers, the next day read in the New Testament. At the close of the quarter, you will be surprised at the progress you have made spiritually along the King's Highway, the road that leads back to God and Soul Peace.

(To Be Continued)



"Tune your ear  
 To all the wordless music of the stars  
 And to the voice of wisdom, and your heart  
 Shall turn to truth and goodness as the plant  
 Turns to the sun. A thousand unseen hands  
 Reach down to help you to the peace-crowned  
 heights,  
 And all the forces of the Firmament  
 Shall fortify your strength.  
 Be not afraid  
 To cast aside half truths and grasp the whole."  
 —Ella Wheeler Wilcox

Listen to the voice of your own soul as it speaks to you of Christian Spiritualism, of the Christ healing power, of spiritual messages and the inspiration of the Higher Realms of the Spirit Side of Life; as it speaks to you of all that is expressed in the words of Jesus, the Savior, when He said, "My peace I give unto you", and again, when Paul, writing to the Philippians says: "And the peace of God which passeth all understanding, shall keep your hearts and minds through Christ Jesus."

\* \* \* \* \*

### MY PASTOR'S EYES

There's a glorious light that shines  
 In my pastor's eyes.  
 Radiance that all may see  
 The truth and light enshrined.

Kindled in those twinkling eyes of darkest hue.  
 Love beams forth, joy and mirth.  
 Soft, sweet, gentle, kind, and true  
 Are my pastor's eyes.

—Conceived in Love—  
 Dedicated in Truth—April 15, 1936.

—By Ruth A. Lilly, Member of the graduating  
 Class of OUR REDEEMER BIBLE SCHOOL, 1936.—

—Inspirational writing from Beulah Grimes, Spirit Guide.



# Jesus, The Preacher

By

Carter Hof, Member of the graduating class of

OUR REDEEMER BIBLE SCHOOL, 1936.

The greatest preacher the world has ever known came from Galilee to the River Jordan to be baptized by John, the Baptist, to prove to the world that every man must repent and be baptized before he can enter into the Kingdom of Heaven.

After He was baptized in the river, (which is only a symbol of cleansing of the body, for the baptism we seek when we repent is the baptism of the Holy Spirit, as It descended from Heaven in the shape of a dove, and alighted on Jesus' shoulder), He went into the wilderness and fasted forty days, and was tempted by Satan. Having proven His faith in God, the Angels came and ministered unto Him.

When He heard that John had been cast into prison, He went to Galilee, and began to preach the salvation of the Lord. His works were so effective that large throngs of people followed Him about, listening to His sayings.

The Sadducees and the Pharisees would try all manner of schemes to trap Him into blaspheming the political faction. If they had succeeded, the law would have thrown Him into prison, but He was too far ahead of them, seeing what they had in their hearts, and thus they could take nothing to court against Him.

He would go into their churches and preach the doctrine of God, which was that all men are equal in the eyes of the Lord, if they live His laws, and that resurrection of the soul is His gift to all mankind.

This was against the teachings of the Sadducees and the Pharisees. At this time, there were three divisions of the Jews: 1st, the Pharisees, the celebrated or richer Jews; 2nd, the Sadducees, the priestly aristocracy; and 3rd, the Essens, the class to which Jesus belonged, and which is related to the religion of Christian Spiritualism. The Pharisees taught the people to believe in the immortality of the soul, while the Sadducees taught there was no life after death, but there was transmigration of the soul from plane to plane. Jesus promised immortal life, and He said if man believed in God, he would not die but have life everlasting. The priesthood collected alms for



the atonement of sins, if a man were a Pharisee; if he were a Sadducee, he paid money into the church for the privilege of being able to do as he pleased while on earth.

The teachings of Jesus would lose money for the priests and the churches, as His words put doubt into the hearts of the people. He would go into the churches, and throw out the money changers, who were robbing the people by selling pigeons, used for offerings, at large prices. All this added to the hatred of the Pharisees toward Christ but little could they do because Jesus executed His commands so efficiently and they were afraid. He had a new religion; something in His sermons that touched every soul.

Today some say: "Wouldn't it be wonderful if Christ were here to preach to us!" We Christian Spiritualists are assured Jesus **is here** every day, every hour, knocking at the door of our heart, beckoning, pleading for us to repent, and be baptized of the Holy Spirit, and begin following in His footsteps, back to our Creator, His Father and our Father.

## *The Joy of Living*

The joy of living is like the shimmering beauty we see in the depths of a beautiful diamond for the joy of living is a jewel.

Each one of us, regardless of age or environment, is seeking this jewel of happiness—this joy of life. We want happiness **here** and **now**, and we seek it everywhere—in our contacts—in our work—in our possessions—in our opportunities—in our friendships—seek it everywhere but in the right place—within ourselves.

In this new age of spiritual unfoldment—this Aquarian Age—we are now entering, we have caught a glimpse of the Illuminating Truth within ourselves and within our brother, and we expect "the Spirit of God" to move upon the face of the waters of our souls, and bring us the joy unspeakable that the Apostle Peter speaks of in the first chapter and eighth verse of his first book.

The beginning of the joy is, first to find it within our own souls—in the center of our being—placed there by God the Almighty.

(Continued on page 16)



## *Christian Spirit Healing*

**S**PECIAL absent healing by the Rev. Nettie Garmer Barker and Spirit Healers will be given you. You cannot pay for the healing—that is from God—but you do donate \$3.00 per month to the Rev. Barker for her time. To receive Life's richest blessings, you must do something for someone else. Begin by sending in \$3.00 to the Rev. Barker, and a name, (someone besides your self) to whom you wish your gift of a yearly subscription to the Christian Spiritualist Quarterly sent. For yourself, you will be given a daily spiritual treatment for your own needs for a month. Enclose a self-addressed, stamped envelope for reply, and address Rev. Nettie Garmer Barker, 3540 Wabash Ave., Kansas City, Mo.

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### *Daily Meditation and Prayer*

by  
Mabel L. Esterlund

Each day I pray, God give me strength anew  
To do the tasks I do not care to do;  
To yield obedience, not asking why;  
To love the truth; to scorn a lie;  
To look a cold world bravely in the face,  
And cheer for those who pass me in life's race;  
To bear the burden fairly, unafraid,  
And lend a hand to those who need my aid;  
To measure what I am, by what I give;  
God give me strength that I shall rightly live.



# Universal Healing Club

*Health—Happiness—*

*Prosperity—Peace*

**I**F TWO of you shall agree on earth as touching anything that they shall ask, it shall be done for them of My Father in heaven."

This club is open to you, **whoever you are**, and **wherever you may be**, as a channel through which you may fulfill for yourself and the other members the Christ-Law of healing and prosperity. "Freely ye receive, freely give."

Time: 8:30 to 9 a. m., Central Standard Time.

We bring you each morning, at this time, the mighty healing power of our Lord Jesus, the Christ, the same yesterday, today, and forever. Every person joining this healing club has tuned in on the Universal Healing Wave of our Blessed Savior, Jesus of Nazareth, "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you."

This healing force is free, abundant, and never-failing. "God is no respecter of persons." The Christ power heals **you, me, everybody!** Believe in it, ask for it and soon you shall realize peace, poise, and power coming into your life. For as you "draw nigh to God, He will draw nigh unto you."

At this sacred half-hour, you, individually, are asking, through the other members as the spiritual instrument, for healing in all your physical, mental, material, and spiritual affairs. "Ask and it shall be given you." If you continue to tune in on this universal broadcast for yourself and others each morning, you are sincerely seeking, and you **shall** find that which you seek. "Knock, and it shall be opened unto you."



In unity there is strength. Each morning, at this time, join us in spirit, for a half-hour of universal healing.

Sing the first verse of "The Great Physician."

Repeat the Lord's Prayer.

Then sit, for 15 minutes in silence. "Be still and know that I am God."

Sing the first and third verses of "Pass Me Not, O, Gentle Savior."

Repeat the Twenty-third Psalm, slowly, prayerfully emphasizing each word as if it were written especially for you and your needs. After which, ask for what you desire for yourself and others. Prayer is the door through which we seek and receive aid from our Heavenly Father. Each morning, together you and I and every member of this club shall take your problems to the Lord in prayer. Jesus says: "All things whatsoever ye shall ask in prayer, believing, ye shall receive." Therefore, at this hour, pray, "God bless us," and "God heal us and supply our every need."

Sing one verse of "I Need The Every Hour".

Repeat the Lord's Prayer.

Close with singing the first verse of "The Great Physician".

"According to your faith be it unto you."

Send Rev. Nettie Garmer Barker, 3540 Wabash Ave., Kansas City, Mo., a self-addressed, stamped envelope for your Universal Healing Club membership card. This is the only expense attached to this service. Otherwise it is free to all.

(During the past quarters, marvelous healing for all kinds of problems is reported. Join us, and realize this mighty healing vibration for yourself and yours.)



# The Walking Dead

By

Faloise Hof, Member of the graduating class of  
OUR REDEEMER BIBLE SCHOOL, 1936.

"The man that wandereth out of the way of understanding shall remain in the congregation of the dead."—Proverbs 21:16.

What do I mean by "The Walking Dead"? As you know we Christian Spiritualists do not believe in death, for there is no death. We simply pass from an earthly body to a spiritual one, and continue to perform our duties in a different, a more righteous, a more understanding and loving way.

This is the meaning of the term "The Walking Dead"—we can be dead in Christ and spirituality, which give us vital life now and forever. You may readily see why I call some people the walking dead.

There are so many we meet in our everyday life who seem so alive and are prospering to the full extent of their opportunities. The light that shines from their eyes is as illuminating as the most heavenly light. It would be easy, and a very pleasant study to dissect their innermost soul. What do you suppose we would find? First, their belief in God and Christ. These are doing their utmost to follow in Jesus' footsteps, and oh! the spiritual understanding and the compliance with God's laws are amazing! We shall find, too, that they do not worry about material things around them. That is all put into the hands of God and the Spirit Ones to take care of, knowing that going to God in prayer will be the answer to all their needs.

Now, there are others—those I would call the walking dead, and there are more of these than we would like to admit in our every day life. Oh! what a difference there is here with these! They have a conceited, vain, know-it-all and I-am-everything look upon their faces, showing all around them that they feel no one should receive the praise and credit for the blessings bestowed upon them, but they themselves. Their lives are just as they live them, too. You may glance their way once in a while, and see that they come into the lowest tide of living, and the burdens upon their shoulders are tremendous. Well, they will have to carry them alone, because there are no God and Christ in their belief. And what is a prayer to them? Something mumbled, and nothing gained. When their dear ones



leave the earthy body, they are dead, waiting for judgment day to come, they not knowing that day is the moment we pass to Spirit Life. No! these ignorant ones are the dead—the walking dead—but they do not know it.

Let us help them pick up the pieces of their lives, and not make a crazy quilt of them, but a well-planned pattern, and design it in God's and the Christ way of heavenly life, and let the Angels and the Spirit Ones put the stitches in the seams of life.

There is, also, another class who need help upon this earth. They are those who are about to pass to eternal Spirit Life, and are brought back into their body of flesh through prayers. Oh! it is so pitiful to see these dear souls! No one realizes the terrible sin sometimes committed upon these when brought back here to fight the ordeal of trying to live with disillusioned minds, broken spirits, and, perhaps, crippled bodies, when they could have been taken by God, and over there in the Spirit World, are made perfect again, and their intelligence restored tenfold. Do not be selfish in asking God to leave these dear ones here! Learn to say: "Thy Will be done!" for in His wisdom, He knows best.

If we will but believe in God, and not live contrary to His plans for our lives, not transgress His laws and commandments, we shall reap what we sow, a rich harvest.

The trees, birds, and flowers depend upon the help of God to keep life in them. If only some people would believe this way—trust God to take care of them—theirs would be happier lives.

Our salvation is only of God. We must be penitent, and admit this by going to church, where we can praise the Lord for all our blessings, and receive forgiveness for our sins.

There are souls who are vitally alive from the day they are born; then, there are others who are dead in Christ until the day of reckoning. If they knew the misery they were bringing upon themselves and others around them, they would ask that their soul be delivered from this blindness.

God gives so freely of His mighty love, and all He asks of His children is obedience to His law. So let us open our eyes, and see the light of His love, and let Him be our sustaining life by being our guide and our strength in wisdom and spirituality.



## The Joy of Living (Continued from page 10)

It is the purpose of our Creator to give each one of us the life-long task of finding the joy of living within ourselves, and to radiate it, to pour it out upon others—to touch the lives of our fellowmen with its power and beauty. We are not fair to our better natures, and we dishonor God when we permit circumstances to take away our joy of life.

Pollock Channing, the noted playwright, and a wealthy man, said: "Out of fifty possessions that I listed as my most valuable ones, I found that forty-eight of them had not cost me a dime!" He spoke of a yacht he once owned. But that did not mean anything for if he wished to enjoy a challenging wind and a choppy sea, they could be his on a tramp freighter, or on a ferry boat, or in his neighbor's dory. But the joy of living that he wouldn't sell for a million dollars was not found in material things. It did not cost him money, and the sacrifice of his leisure and his independence, yet it was the real wealth of the world.

We must learn to adjust ourselves to our environment, harmonize ourselves with those we daily contact. For the beginning of the joy of living, also, is in the expression of our love to those near us. "Love ye one another, as I have loved you", Jesus says. Perfect joy—lasting happiness—is to be found only in working from within out—finding the joy of living through love and service to others.

Our inward joy should be so real, so bubbling over with flower-like fragrance that its sweetness will be apparent to all about us.

That the souls out of the body are fragrant with the perfume of the joy of service, and are capable of manifesting it to mortals is frequently demonstrated by one of my high Spirit guides, Madge Kinkaid, a healer, who has been with me for years. Many times in my own home, and often in the homes of those I assign her to heal, she brings a decided odor of perfume as of spring flowers. The fragrance sometimes lasts only a few minutes; again it may linger for hours. She is not the only spirit to demonstrate thus. Mary, the Carmelite nun mentioned in my booklet, "Why I Am A Spiritualist", brings a distinct perfume, as of many flowers, into our home, the fragrance of spirit souls, she says.



Often when I am reading for someone who is deeply troubled, or one in spiritual doubt, a mother, or some spirit loved one will shed such a fragrance of sweetness about us that the doubting Thomas will ask, "What is that that smells so sweet?"

The joy of the unfettered soul is to realize the Kingdom of Heaven within, and to find the peace and the poise of the Savior. Be a living example of the glow and the presence of the Christ—the joy within—so others, seeing your joy of living, may understand how you have found the zest of life, and are able to radiate it to your fellowmen.

Phillips Brooks said: "Be such a man, live such a life, that if every man were such as you, and every life such as yours, this earth would be a paradise."

Paul and Silas, in the Philippian jail, knew the joy of living, the abiding grace of God. Likewise, Daniel in the lion's den; Christ in the garden of Gethsemane; and certainly Christ upon Calvary, where He endured the cross and despised the shame for the joy that was set before Him.

You and I, each one of us, are crowned with honor and glory, joint heirs of the Christ, and are created but a little lower than the Angels. Therefore claim your heritage—joy in your present—absorb the life-forces of the universe as they seek to guide you in your rightful place as a mortal now, and later on, as a spirit out of the body.

Your joy of living, your zest for life, will measure the amount of the Christ principle you permit to work in and through you to the joy and completeness of yourself and all those you contact. Let joy be your life motive-power just as it is the motive-power or keynote of the universe.

Joy is a divine gift, and it does not depend upon external conditions but upon the within—uninterrupted fellowship with God, the Almighty, the abiding companionship of Jesus, the Christ, our Elder Brother, and teacher, and the baptism of the Holy Spirit, the latter being the power of God in action, the power through which we demonstrate high psychic phenomena and healing.

Begin now, where you are, to do all within your power to bring more joy into your own life, and into the lives of others. "Brighten the Corner Where You Are." Pray constantly that God will open your eyes to the good in your neighbor, and the good in the world at



large. "As a man thinketh in his heart, so is he." Be an optimist, and God, seeing your efforts, will manifest for you the condition you visualize. It is the lack of knowledge of The Truth—God's Law for all of us—that deprives us of the joy of life. Our days are needlessly shadowed by constant prohibitions. If good fortune smiles on us, we are afraid to enjoy it because we tell ourselves we will have to pay for this. If our health is good, we know it will not last. We hug our trials close; we shut ourselves up with our sorrow and at every turn we checkmate the joy of living. Our cup runneth over, yet we hesitate to drink of it.

No exceptions, we can place ourselves in the proper attitude of mind so that we may hear the voice of the Christ, the Master, within, and respond to His call.

Christ, on the eve of His crucifixion, comforted His disciples, "Let not your heart be troubled," and He promises us, "your sorrow shall be turned into joy," for "These things have I spoken unto you, that My joy might remain in you, and that your joy might be full."

One of our poets, John Saxe, said: "If there is a way, find it. If there is none, never mind it." Decide not to worry over matters you cannot help. Those you can help, you do not need to worry about.

Being created in the likeness and the image of God, man is miserable when he has drifted away from his Creator, or when, in his life here, there is a lack of knowledge of God's will for mortals. There is no excuse for this lack of knowledge. Everywhere there are teachers—mediums in the earthplane, and ministering spirits of the Spirit Side of Life—ready to instruct us and to guide us aright, if we but seek to learn.

We find the secret of joy when we become God-conscious. Seek God first—the Kingdom of Heaven within—then you shall truly find all else you desire will follow.

When we are at peace with God, and our fellowmen, and self, then, and then only, do we know true happiness—the joy of living.

As Christian Spiritualists we try to live what we believe, and what our spirit loved ones assure us: "God will take care of you. Beneath His wings of love abide.—Through every day. O'er all the way," if you do your best under all circumstances, "God will take care of you."

(Continued on page 20)



## Planetary Configurations and Health

By

Koren Mahree, Ethical Hindu Astrologer

The NEW AGE, or, as it is known to Astrologers, the Aquarian Age, is soon upon us. Orbs are forming now which have a great significance, but, first, to some little explanation of the planets chiefly concerned.

Uranus has to do with up-sets and changes, be these in ideas, methods, custom, or things material. We all know that before the physical must come the metaphysical, "Meta" meaning "before". Planetary influences are before the physical influences. We shall note these before physical influences presently.

Mars is noted for his destructive influence—for his tearing down qualities, but he likewise has a constructive side in that it is necessary to remove an old structure before a new one may appear, be it mental or physical.

Neptune is the spiritual or mental planet. Now these three are in a certain aspect, which is changing and coming into a different relation as the planets are constantly doing. The same relation lasts about 4 minutes, and occurs but once each 26,000-year period, where all planets are considered.

Now the sign in which these relations come into being, or, as some call it, the house will indicate what matters Uranus is to change and up-set where Mars is to destroy and rebuild, and in what manner much is to take place as indicated by Neptune. Needless to say, a planet may govern another house while absent from that house or sign. The house we are concerned with is the house of health.

Material Science has scoffed at much that the thinkers have written, and frowned upon the methods advocated. But that same frowning Science now comes forth as regards mental healing, and says, "Well, there must be something to it", "Oh, yes", they say, "it would seem that clairvoyance and telepathy does not exist". In the field of magnetic healing, they say: "It seems that some 'sort' of



current does pass from the healer to the patient". With some reluctance our scientific men in the states are following the lead of those in England, who have long ago begun to look into these things. All this as the planets, which are to usher in the Aquarian Age, are coming into orb, and as they come closer to their relation to each other so will we see added impetus to the interest of material science in matters of spiritual science. And so will come added interest from all walks of life. With the right understanding metaphysically; that is before physical we shall see better physical structures in every department of life than the world has ever known.

The old order will change. This will have too do with government, with religion, with capital and labor. There will be some travail as the new era comes forth; there will be wars and destruction to make place for the new construction. Mental methods will help us all—before the physical thinking will give us the creative thought that will pattern our lives in the physical.

Astrologically reading the stars say this: Uranus will order change; Mars will destroy and reconstruct according to the thought pattern of Neptune. Let none of us be disturbed—simply watch our thoughts that we construct as our right desire dictates in the spiritual realm and these structures will become manifest in the material.

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### The Joy of Living (Continued from page 18)

Our joy in the promises of those on the Spirit Side of Life, and in the promises of our Lord creates within us a joy of living, for we too, have life everlasting, the eternal joy of living.

The faith that can say:

"I know not where  
His islands lift  
Their fronded palms in air;  
I only know I cannot drift  
Beyond His love and care"—

that faith will experience the life triumphant, the complete joy of living.



# Course In Unfoldment

By

Rev. Nettie Garmer Barker

The information in these lectures is very necessary, if you are seeking knowledge and development in mediumship, and a clear understanding of Spiritualism and its laws.

Ministering Angels and Ministering Spirits, the latter the subject of this sermon, are not the same. Ministering Spirits are celestial beings, Messengers of God, dwelling near the Creator in the higher realms of the Heaven Land. Ministering Spirits are Messengers of God, also, but rather relay messengers, the Angels being the direct messengers. The Ministering Spirits, or Relay Messengers, are a very necessary part in God's plan of salvation for man.

The Lord told Moses, (Ex. 33:20)"—there shall no man see Me and live". God is Light—such a powerful magnetized Light, that should a man look upon The Almighty, he would be consumed by the great radiance of his Creator. There are Angels—those who are "the spirits of just men made perfect", and who are so highly developed spiritually dwelling as they do so near God—whose appearance and whose words would prove a consuming fire should they contact mortal man. Hence, in God's plan for man's spiritual evolution all graduations of Angelhood and all graduations of Spirits are required.

Thus, in order for man to contact God, he should make his prayers or his petitions direct to the Lord. God hears all supplications at all times, but he does not answer them direct—personally. His Will is expressed to the Son, Jesus the Christ, who, in turn, expresses the Father's Word to the Angels of the celestial realms. From then on, it is sent, like lightning, down from plane to plane, from Angels to Spirits, until it reaches a Spirit Messenger near to man, and then it is ready to go direct to the latter without injury to him.

All Spirits have to lower their vibrations else in contacting a medium and his client both could be instantly taken out of the body



—“killed” the general public would term it. The Spirit vibrations of those even in the first plane is higher than electricity, and as a Spirit evolves upward the electric rate becomes higher accordingly.

In Jacob's vision, in Genesis 28:12-13, we have this gradation of Angels and Spirits expressed as a ladder set upon the earth, and the top of it reached the heaven: and the Angels of God ascending on it. And the Lord stood above it. Each rung of the ladder, from man up to God, is a stage of unfoldment of Spirit-Life, and all the Angels and Spirits on the various planes are the Ministering Spirits sent forth to serve those who shall inherit the salvation Paul speaks of in Heb. 1:14.

When we are sufficiently developed to receive heavenly truths, and to know how to put them into practice, these Ministering Spirits draw near to us, and endeavor to serve us materially, physically, mentally, and spiritually. The lowest service that they can give us is that of the material; the highest is that of the spiritual. By assisting us materially, they provide for or relieve us of problems of the earth life. In the physical, those from the Spirit Side of Life can actually rebuild and regenerate our bodies by bringing us the chemicals we have lost through overwork, illness, incorrect diet, or old age. Mentally, they strengthen and quicken our minds so we are able to acquire a knowledge of God's Law, and develop the courage to give it out. Spiritually, they create within our souls a desire to reach up to, and become a part of the Christ-consciousness, thus, sharing in the mind, wisdom, and power of God, the Almighty. Through the work of the Ministering Spirits, our guides, we daily may unfold and evolve up to such great spiritual heights that we will be able to realize God as vivid and as perfect a Father as Jesus knew Him to be.

In the Old Testament, there are instances where there is a distinction made between Angels and Spirits. In Job 4:15, the perfect and upright Job tells of a Spirit that passed before his face, and a Voice spoke to him. In Sam. 28:3-9, the Spirit of Samuel talked to King Saul, when the former sought to advise him from the Spirit Side of Life.

The New Testament, also, recognizes Angels and Spirits as different types of the heavenly spheres. In Acts 23:8, we read, “But the Sadducees say that there is no resurrection, neither Angel, nor Spirit: but the Pharisees confess both”. In the next verse, the



9th, same chapter, "The Pharisee scribe said, We find no evil in this man (Paul), but if a Spirit or an Angel hath spoken to him let us not fight against God". The Pharisees not only admitted there were Angels and Spirits, and that they could communicate with God, but they also, gave God the credit for the phenomena—the materialization of those out of the body.

In the olden days as now, men sought and believed in the messages from the Spirit World. Over there, as over here, there are all kinds of Spirits. If a man is honest and truthful here on earth, he will be the same as a Spirit. If he is immoral, a liar, and a thief here, the so-called "death"—passing out of the mortal body—will not change him one iota. A liar and a thief he will continue to be until he desires to be otherwise. The moment he seeks and asks for aid, there will be some Ministering Spirit or some Christian Spiritualist medium ready to show him The Light that leads back to God, his Heavenly Father.

In I Kings 21:22, we have a record of a Spirit saying, "I will go forth, and I will be a lying Spirit." Many of the Spirits in the earth-bound sphere are lying Spirits, liars here and liars there—by choice, and their sole objects is to make trouble and to lead others into temptation.

In Matt. 12:45, a Spirit of this type takes seven other Spirits, more wicked than he, and returns to the field of his labors, and together, these evil Spirits cause more mischief and crime than the one, working alone, could do. When an evil Spirit gets hold of a mortal, and obsesses him, that man is made to become a liar, a thief, a dope addict, a drunkard and, sometimes, a murderer.

One of the greatest slate mediums who ever lived couldn't leave drink alone. He would spend every cent for whiskey, and then beg or borrow money to buy more. He had borrowed so often of his friends, and had become so poverty-stricken that people were getting tired of helping him, only to have their hard-earned money go for liquor. So one day when this man begged a bartender to give him a free drink, the latter said, **Certainly not!"**

The man then made this proposition to the bartender, "Will you give me a glassful of whiskey, if I go to the end of the counter, and the glass will come to me?" The bartender agreed, and the man



said, "John bring me that glass of whiskey." to the amazement of the bartender the glass began to slowly slide down the counter until it reached the man. He took it, of course, and drank it.

Now John, who did that levitation act was probably a guide from the lower or earth-bound sphere, else he would have had no desire to give that poor, pitiful drunkard more whiskey.

But that isn't the end of the story. Later, when we went into the trumpet seance, one of the first Spirits to speak was this man, out of the body many years. He greeted several of the old-time Spiritualists by name, and said: "I heard all you said about me, but I don't drink any more. I'm all over that now. For a while after I came over to the Spirit Side, I would hunt up some poor, weak-minded man, and I would impress him to drink. But I know better now, and I want to thank you," he addressed one of the old-timers "for refusing to give me any more liquor that night before I passed. I had delirium tremens, and I fought like a madman, but you wouldn't give me another drink. I want to thank you for what you did for me." The old-timer verified the man's story. It was true just as the man had told it, for the old-timer sat up with him the last night he was in the body.

O, if people could only realize the numerous crimes committed by Spirits in the earth-bound spheres!

It is a known fact among those familiar with psychic investigation that John Wilkes Booth, when he assassinated Lincoln, fled, thinking the President only wounded. Later, Booth, passed out of the body, with revenge still in his heart, and like Satan, he, as a Spirit wandered to and fro in the earth searching for someone to do his will. Years passed, and he found a victim in Charles J. Guiteau, who shot Garfield, the latter living 80 days.

Once more, Booth, now in Spirit, fled from the scene of the crime thinking his revenge unsatisfied. And again years passed, and again, he found a victim to do his bidding. He impressed Leon Czolgosz to assassinate William McKinley, who lived 8 days. President McKinley, great soul that he is, when he passed to Spirit Life,



sought out Booth in the earth-bound sphere, and convinced him that revenge harms most he who seeks it. Little by little, so the story goes, McKinley was able to lead Booth to see The Light, and to find the path back to God. The Ministering Spirit of William McKinley has put a stop to further assassinations of our presidents. This is word that comes from the Spirit Side of Life, and this we Spiritualists believe.

There are many such Ministering Spirits on the other side, devoting most of their time to guiding lost souls, here and hereafter, and impressing them with the desire to strive to evolve up to higher planes. Pat McDonald, my trumpet guide, tells me that one of the missions of my own father is that of a Ministering Spirit to souls in darkness.

No matter how advanced we are in our spiritual development, some Spirit is constantly with us, seeking to encourage us in all our efforts to progress. For Paul tells us in Romans 8:16, "And the Spirit itself beareth witness with our Spirit. (26) Likewise, the Spirit also helpeth our infirmities: (that is spiritual healing) for we know not what we should pray for as we ought; but the Spirit itself maketh intercession for us—(27) according to the will of God."—Lesson 3, "Ministering Angels", a mimeograph booklet, 10c—

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"Trust me to show thee,  
In thy songs divine,  
That God is ever with thee,  
Protects thee and thine."

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"From Spirit Land a mighty force  
Seeks to reach you,  
Lovingly speeds you on your course,  
God's work to do."

—Ellen, 5/30/34

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