

# Christian

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REGENERATION OF THE BODY BY THE RESURRECTION OF THE MIND.

## The Prayer

"Our Father which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, forever. Amen."

## The Answer

"And I heard a great voice out of heaven saying,  
Behold, the tabernacle of God  
Is with men,  
And he will dwell with them,  
And they shall be his people,  
And God himself shall be with them,  
And be their God.  
And God shall wipe away  
All tears from their eyes;  
And there shall be no more death,  
Neither sorrow, nor crying,  
Neither shall there be any more pain:  
For the former things are passed away.  
And he that sat upon the throne said, Behold,  
I make all things new. And he said unto me, Write:  
for these words are true and faithful."

## ITEMS AND IDEAS.

\*\*\* Are you?

\*\*\* If you are, it doesn't matter whether anything else is or not.

\*\*\* If you are not, everything else is annihilated so far as you are concerned.

\*\*\* If you are, you can create conditions and make other things to suit yourself.

\*\*\* But if you are not, there is nothing doing; and an eternal universe is of no use to you.

\*\*\* These are all self-evident truths. But it takes an awakening of our mentality to make us realize.

\*\*\* Realization is to precede regeneration; for it is an awakening or a resurrection of the subconscious mind.

\*\*\* It is called a quickening in the writings of the New Testament; a quickening of your spirit by the Spirit of Truth.

\*\*\* To quicken is to set life in motion. It does not give you life, but it gives you action and movement so that you are conscious of yourself.

\*\*\* It must not only be in the individual consciousness, but race-consciousness. And that race-consciousness must be by the Spirit of Truth. It is a resurrection from the dead.

\*\*\* The quickening of your own flesh, blood, bones, nerves, so that you know that you are a real being and that your environment is under the control of your own mentality.

\*\*\* We are now coming into that consciousness swiftly and surely. It is personal and yet it is national. It is more than national, for it is world-wide. It takes in all the nations of the earth.

\*\*\* It is a fulfillment of the promise to Abraham that "in thee and thy seed shall all the nations of the earth be blessed." Paul tells us that the real Seed of Abraham is Jesus Christ. He also tells us in plain words that Jesus Christ is a reincarnation of Adam.

\*\*\* Therefore the promise dates back to the beginning. For the promise to Abraham was only a restatement of the promise made to Adam: "Let them have dominion." Man is just coming into dominion over the planet and everything that pertains to the planet, the world and its atmosphere.

\*\*\* Everything that there is in the earth is in the body of man. All the matter in the planet is represented in the body and all the life of the planet is represented in the life of man. In the making of the body he is first a serpent, then a bird, and so on up through all of animal life to man.

\*\*\* Let us get at the facts in these lessons, so that we may know what we are and how much there is for us to do. In the first place, we must become conscious of our own divinity in order to control every atom in the body. Each spirit must be a creator of his own environment. All that was done by Jesus in the objective

must be done by each of us in the subjective.

\*\*\* You must have power to open the eyes of the blind, unstop the ears of the deaf, cause the tongue of the dumb to speak, cleanse the lepers, cast out the devils, and raise the dead. Don't look outside of yourself and think you are going to do these things in others. All of this is to be done in yourself. Your subconscious self become your conscious self. You know every atom in your body.

\*\*\* You open your own blind eyes and unstop your own deaf ears. You heal your own leprosy, cure your paralysis, cast out all of your devils, and raise yourself from the dead. The kingdom of your God is within you and there is where you have to reign. Did you think we are always to be under the control of preachers, priests, physicians and politicians? This keeps you in bondage to others. I have been proclaiming mental healing as a part of your own mind.

\*\*\* All the treatments I give you will have to come up into your own mind as part of your own thinking, if they are to do you any good. The spoken Word from my mind must help to quicken your own thought. But I am not going to keep this up for a thousand years. The work that we are doing now is moving along with you as fellow-students of the Spirit. It is a movement of all of US for kingdom come. That prayer must be answered. It was given to us as prophecy. It is not to be repeated, but to be fulfilled.

\*\*\* The only place for it to be fulfilled is in our own mentality and individuality. When the kingdom of God shall come to enough of us as individuals we will begin to take possession of the planet. Our thought will bless all the nations of the earth. The old notion was that we had to go out as missionaries and convert all of the heathen. The commission to preach the gospel was given to just twelve men. These twelve men were commanded to preach to all the nations of the earth. They are still at it. Jesus Christ and his twelve apostles are the rulers of the earth.

\*\*\* Did you think they were all dead except Jesus? There is where we have been interpreting the Bible by the suggestion of mortal mind. When the commission of Jesus Christ was given to the apostles he said. "All power is given unto me in heaven and in earth. Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: teaching them to observe all things whatsoever I have commanded you: and, lo, I AM with you always, even unto the end of the world. Amen." That sounds like the majesty of mentality. It is not the mutations of mortality.

\*\*\* It means business, and the business keeps busy to the end of the ages, or the end of mortality. That commission is not given to men who could be killed and keep dead. They could die all right, the same as Jesus died on the cross. But they did not

stay dead. They came right back again, under new names, with renewed power, and went right on preaching. They have been preaching, and baptizing the nations, from the day that commission was given until the present hour. The one who sits on the throne has twelve other men sitting with him on his throne. You can no more upset the work of the Spirit than you can dismiss the words of Genesis.

\*\*\* "In the beginning" in Genesis is the beginning of the whole unfoldment. The material creation was for the purpose of unfolding the mental. I have often quoted to you the words of Jesus Christ to the religious teachers of Jerusalem: "And the Scriptures cannot be broken." This means that the thread of thought running from the first words in Genesis to the last words of Revelation are an unbroken unfoldment of divine mentality. This puts a new face on the work of Jesus. It is the only interpretation that you can make that is scientific. The kingdom of God to the mortal mind is invisible. The only way that you can see Jesus Christ and his apostles reigning over the planet is by spiritual vision.

\*\*\* Let me tell you, my darlings, the only real substance is spiritual and the only real kingdom is mental. The apostles of Jesus Christ have never been absent from this earth and have never ceased their work for one minute. Do you suppose that that meeting in the upper room in Jerusalem, when the Spirit of God descended upon the apostles, was a mere accident? It was the beginning of the spiritual creation. These men began to reign as apostles of Jesus Christ, and Paul was called afterwards to take his place in the apostleship. Paul takes the place of Judas. That little voting process of Peter took place before the Spirit descended. It was repudiated by the Spirit in the call of Paul. Spirit attends to His own business.

\*\*\* You now have the whole of the apostleship, and no man has ever been added to it. It stands as Jesus made it, for you must remember that Paul was called by Jesus Christ. When Paul heard the voice speaking in the Spirit he inquired for the name, and the answer was: "I AM Jesus, whom thou persecutest." When some people disputed Paul's apostleship, he defended himself by saying he had seen Jesus Christ after his resurrection and received his authority directly from the king of the kingdom. The thing I want you to get at is that the Roman Church is a weak imitation in the objective of the real kingdom in the subjective. Jesus Christ has no vicegerent on the earth. Jesus Christ is on his own throne, and his twelve apostles are reigning with him under his direct authority.

\*\*\* I have unbounded faith in Christianity, but mighty little faith in religion or the institutions of mortality. The kingdom of heaven is a spiritual kingdom and it is real and literal and certain in its dominion and power. It is a kingdom in the individual tending towards the union of all individuals. This unity is all that we need at the present hour. We have money enough

and men enough to change the whole face of the earth. All we lack is brotherhood. We have the brotherhood, but we do not recognize it. The great minds of the world are recognizing it. Men like General Baden-Powell are teaching the boys brotherhood. It did my soul good to hear him talk against class and to advocate the union of all men into one common brotherhood. He told us while in Denver that because he had the misfortune to be a soldier was no sign he believed in militarism.

\*\*\* Men like Bernard Shaw are using literature and the stage to teach the unity of humanity. Shaw tells us that poverty is a crime. It is a crime. It is not only criminal, but a kind of criminal insanity. There is plenty of everything on this earth for all of us. It is madness to have women and children, to say nothing of men, dying for want of food. It is because we have not recognized the brotherhood of humanity. We have been isolated in families and tribes and nations. There is not one of us who would let one of our own family starve to death. We would go out and steal before we would let our children go hungry and naked. Why then do we let whole nations perish? Because we have not recognized them as our own. Jesus Christ recognized all of them as his own and so commanded his apostles.

\*\*\* If he is reigning over the earth, why do we not come into a better condition of righteousness? We are coming! It takes time to get out of old chronic conditions. All the nations of the earth are being blessed by the telepathic teaching of Jesus Christ and his apostles. These men are reigning over the earth. There has not been a living movement started on this earth since the resurrection of Jesus Christ. Old things are standing just as they stood at that time, for they have died and passed out of objective existence. The only movement that is alive in the world is the Spirit of Truth. That same Spirit that descended on the apostles in that upper room in Jerusalem. It is going on and all hell can't stop it. Hell is helping it along. The idea that these men were hanged and crucified and burned to the stake, and so swept off the face of the earth, is ridiculous.

\*\*\* "I have the keys of death and of hell." This is what the ruler of the earth has to say about death and hell. To have the keys is to have the power to control. He is the ruler of death and hell. There is no war going on between the devil and Jesus Christ. Satan surrendered the whole thing on the Mount of Temptation in the wilderness. He gave Jesus the kingdoms of the world and their glory, and enlisted in the army of Jesus right at the start. You hear Jesus saying to the apostles: "Satan hath desired thee, to sift thee, but I have prayed for you that your faith fail not." Satan is working right along with Jesus in the unfolding ages. There is not one bit of power left out of the all-power that was given to Jesus Christ. There has been no reorganization of his kingdom. There could not be without a failure of all the prophets.

\*\*\* Here is the foundation of the mental kingdom spoken of by Daniel, the prophet: "And in the days of these kings shall the God of heaven set up a kingdom, which shall never be destroyed: and the kingdom shall not be left to other people, but it shall break in pieces and consume all of these kingdoms, and it shall stand forever." Now, in the days of these kings the God of heaven did set up a kingdom, and it is breaking in pieces and destroying all other kingdoms, and it will stand forever. Forever is forever. There is no end to it. When the son of man has conquered the earth the kingdom is delivered to the Father, so that God may be all and in all. This is exactly what is taking place. Not what is going to take place, in some sweet bye and bye, but what is actually taking place now. The mentality of mankind met with a sharp division at the birth of Christ. Since that time we have said, B. C. and A. D. Even the old Chinese Empire has gone out of existence and their dates have been changed to A. D. All time will soon be dated from the year of Our Lord, the beginning of the spiritual kingdom.

\*\*\* This is a lesson that is hard to put into your mind, because we have all been looking back to something that happened before our time and looking forward to something that is going to happen in the future. Eternity is right here. If one man can come up from the dead and take possession of death and hell, it means that the whole of humanity is coming into the same vibration. You have been looking for an objective Christ to come down from the skies and heal all of your diseases and destroy the last enemy called death; you are looking in the wrong direction. The Christ has already come down from heaven. Listen to these ringing words of Paul: "But the righteousness which is of faith speaketh on this wise, Say not in thine heart, who shall ascend into heaven? (that is, to bring Christ down from above:) or, Who shall descend into the deep? (that is, to bring up Christ again from the dead). But what saith it? The word is nigh thee, even in thy mouth and in thine heart: that is, the word of faith, which we preach; that if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved."

\*\*\* This puts all questions aside. It is no longer a question of Christ coming down from above or coming up from below. He is above and below, for he is the omnipresent Spirit. You must realize that Jesus Christ is reigning as Spirit and representing in himself the Father Spirit. It is a spiritual kingdom, and when I say the Spirit, in giving treatments, I am talking about the king of the kingdom. Theologians tell us that the disciples of Jesus were mistaken in thinking that the advent of Christ was at hand. Nothing of the kind. There was no mistake. They saw the Christ as immanent. He is immanent. He is omnipresent. And the objective word spoken by us is under the authority of the subjective word. What are we going to do about it?

Recognize and realize that the kingdom of God is here and now at work in us. All the nations of the earth are being blessed by this word of truth. Christ is not confined to any sect or party, but can send his word to whoever is ready to receive it. You will find them rising up in all parts of the earth preaching the principles of the kingdom.

\*\*\* It is all marked personal and belongs to you. Let me tell once more that we must do in ourselves through Christ all that Jesus did in the objective. It not only means control of every atom in the body, but it means dominion over every element in nature. We must command the flesh and the water and the blood in our bodies. And we must have dominion over the earth and the air and the water of this planet. It is one great whole. When we come into unity of being we will be in the brotherhood not only of men but of angels. The people in the subjective world are one with those in the objective. And this is all, under heaven, that we need at the present hour. We have money enough to make this earth a paradise of God. We are getting ready to do it. The invisible king is conquering everything in our environment. When the poet sang of the Parliament of Nations and the Federation of the World he was speaking prophecy. It is coming just as swiftly as the Spirit can bring it. The men and women who are at work now are the same ones who have been at work all the time. Christ has the key to death and hell, and we will keep going into death and hell until we learn the truth of being.

\*\*\* Satan can use men for a certain length of time, and then they have to be put to death. They must get out of the way and come back again. You must not think that men like Edison were never on this earth before. We have had an effort in the newspapers to find twenty men who were world-builders. The names selected may be a repetition of the same man in many instances. Let me emphasize the fact that Jesus Christ has to deal with death and hell, and he is the ruler of this planet. Such a thing as we call death is only temporary. The spirit does not die, but comes right back and goes on with his work under a new name. It is our world and our number is exact. There can't be a single one added to us or taken from us. We are the same yesterday, today and forever. The vital part of our thought must take hold of the reality of being. This confusion of thought comes from the idea of coming and going, not of the same person, but of different persons. When a baby is born into the world we think a new man has come to it. This thought is giving place to the truth that a birth and death are simply doors for the entrance and exit of an immortal being.

\*\*\* About the hardest lesson to learn is to know that Spirit is ONE; and at the same time it is individualized into many. The Spirit of the universe is the life and power and mind of the Universe. Man is the offspring of this universal Spirit. It is hard to get the right kind of words to make

you understand this universal truth. You look at Jesus as a man, when in reality he is all of Man. You look at Adam as one man, when he is the Father of all men. Every man who comes into vibrations of the Spirit begins to feel this infinite urge. He recognizes the fact that his movements are the movements of the whole. He is in the channel of a flowing river and is borne onward in spite of himself. Moses called this divine urge the I AM THAT I AM. And Jesus Christ calls it by the same name: "This is my name forever, and this is my memorial unto all generations." It is one mind and one spirit in one universe. Paul is writing a review of the whole matter in Hebrews, and he suddenly comes into a consciousness of the whole and exclaims: "Jesus Christ, the same yesterday, today and forever."

\*\*\* This exclamation is thrown into a paragraph by itself as a flash of light illuminating the whole history of humanity. He uses the name Jesus Christ just as Moses used the name I AM THAT I AM. Every man who comes into cosmic consciousness, or even begins to come into this consciousness, finds the same Eternal Christ moving in his movements. Napoleon calls it destiny. Herbert Spencer called it a divine power or energy which makes for righteousness. Bergson, the modern writer on creative evolution, calls this eternal urge Intuition. When you come into that place you feel the inflow of the divine Spirit and know that you are living and moving and having your being in the universal. It brings unity of thought. It puts you into the place where you are yourself. You are your own king and priest in the kingdom of your own mentality. Yet you know that is an individual expression of the universal. You are doing things in the objective, but you know that you are urged in your action by a power inside of yourself. There is absolutely no outside of God. Your effort to get on the outside only weakens your own will and keeps you in doubt.

\*\*\* Mahomet calls this inner power fate. John Calvin called it predestination and foreordination. It is all of these things and none of these things, for it is God working in you to will and do his pleasure. I could not possibly go back to the idea that every fellow is following his own will, and that we are in this confusion of thought with no leader and no power moving towards righteousness. The universe is all right. There is nothing wrong with God. Everything is moving forward towards one common purpose, and that is happiness. The order of life is pleasure. Even our mortal eagerness to gain pleasure is part of the divine urge. We are making many mistakes seemingly in our efforts, but it is God working his own will in us. There is only God. It is utterly impossible to have anarchy, in the common meaning of the word, in a universe of Infinite Spirit. What we seem to see as wreck and ruin is a part of the unfoldment. All things work together for Good. There is no doubt of it. There is only one worker. There is no war in heaven. There is no strife in the Spirit.

Then we say that the Spirit is the creator of all conditions.

\*\*\* The temporary thoughts that come and go in your mind are of no moment. They do not amount to anything any more than the sights you can see along the road. The great trend of thought is moving along and you are moving with it. When the Spirit appeared before Joshua he was clad in armor. Why? Because the Spirit was going to conquer with arms. It was the time for war. The same is true of every war that has ever been fought on the face of the earth. The man on the white horse is the commander of all forces. He is not only the commander of all the forces in the military on both sides, but is the thinker of all the thoughts and the inventor of all the inventions. This same divine urge speaking in Jesus said: "I AM the Light of the world." This means all of the light there is in the world. Did the Spirit invent the electric light? Certainly, and the Spirit invented all of the battleships and will invent all of the airships; for there is only MIND. This is what we mean by unity, and you must get that thought fixed in your mind, that you may find rest to your soul. Go forth conquering and to conquer in the name of God.

\*\*\* Where do you come into this movement? You don't come in; you are already in. It is said in very plain words: "That was the true Light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not." The light that is in you, then, is the true light that lighteth every man. There is only one light. You are that light. If you are, you can say I AM, and this is the name of God. When you put I AM before your name you are calling yourself GOD. If you are, you are. This is the question at the beginning of this lesson: Are you? You can't be without being God, for there is no other being for you to be. If you are God, you are Spirit, and Spirit is the life of matter. It is time for you to recognize your own Christhood and enter into your own body as the creator of conditions. This is what we are doing with mental healing. If the Spirit in man is God, all that is necessary for the healing of the body is the recognition of this fact in your consciousness.

\*\*\* When you get this lesson in your mind you will understand what I AM doing in the way of mental healing. I AM taking charge of the minds of men and putting them under the authority of Spirit. I don't take charge from the outside, for there is no outside. I work my will within as the inner Spirit. The environment of the Spirit is all of matter. Everything in the mineral, vegetable and animal kingdom. It is the business of Spirit to enjoy the fullness of dominion as priest and king in your own body and all of its environment. Just so far as we can control the mind we will control the body and its environment. Breathing, seeing, hearing, tasting, smelling,

all of the faculties of your being, will be in command of your own Spirit. It will be the Almighty breathing into your nostrils the breath of life. A regeneration of the body by the resurrection of the subconscious mind. This is another name for your own spirit. Now don't get the idea that God is confined to time or space in the mutations of mortality. It is omnipresent, omniscient and omnipotent Spirit. All of this is in the Scriptures, it is all in Science, and it will be brought out in all of US. Study that prayer on the first page and its answer.

\*\*\* "I want the fellowship of awakened souls and the leadings which will help me to use my own inner powers."

In this fellowship you are reaching out by your thought without any kind of limitations. There are no souls in this universe that are separated from US except by their own thought. You want to use your inner powers. Did you ever stop to think that you have no other kind of powers? An athlete, even the champion of the world, has to use his inner powers; for when the engine within the mind ceases to operate all other powers are useless. I only give you this sentence from a letter to show you the kind of people that are reaching out for the whole thing, here and hereafter, now and forever.

\*\*\* "I feel thankful that Mrs. Shelton could hear me calling her, and oh! so glad she could come with you to me and my dear husband. I hope she will never forget us. I heard Mrs. Shelton call me. I felt since then and do now that it was her and it helps me to keep up courage. When I told my husband that Mrs. Shelton called me, he said: 'Yes, some one was calling us this morning.'"

It is all very practical, but keep out of the psychic and the voices that you hear in the world of confusion. There is a vast difference between moon mediumship and the sunphone. When we speak to you it is in the clear thought of the sun, and our Word is spoken in the Silence without any confusion of voices or any disturbance of your own thought. It brings peace and calmness to your own mentality. When a voice speaks to you and causes you restlessness and nervousness, you may know it is in the psychic and not pneumatic. God IS LOVE.

\*\*\* "Loving greetings to the Elect Lady. What a joy it would be to see you both here this summer."

This is the greeting sent in the strong handwriting of Annie Rix Millitz. Well, we were both there mentally, and that is a much better way than to come in the physical. It did not cost any railroad fare. Besides, we stayed right at home and attended to business while we were in Los Angeles mentally. Unity is mental and not physical. All of these organizations, including churches and lodges and everything of the kind, are out of date. You don't want to join the elephants, donkeys, bull mooses, or any other party in politics. Our kingdom is an absolute monarchy. And no one knows this better than Annie Rix Millitz, for I can talk with her any day and hear her thought. But I say hurrah for

all who still believe in objective organizations.

\*\*\* "What delight that house of yours up in the mountains must be! All my life I have dreamed of having such a place. ('It was a dream, only this and nothing more.') I am simply daffy about the country in summer, and this summer I have only slept out of Gotham one night. Alack! How far I have got from that lovely place of yours on the mountains back to myself, where I did not mean to go. I am glad Baby Blanche is wearing bloomers. They are the only sensible wear for mountain climbing. That dear boy Beverly! O, I know he is going to do things. Do print the picture of the bridge. Why is a bridge always an interesting object?"

And here you are in our cabin in the mind, while we have both mentally been in New York the most of the time. Thank goodness, mind is omnipresent and we don't have to stay where the body happens to be. A bridge represents the ability to cross over from one place to another. They took a snapshot of the bridge with the boy on it, and then took another snapshot with the girl on it. I could not print both pictures, so I would not print one without the other. If they give me a good snapshot, with both children on the bridge, you will get the picture. So far the other fellow and I are only able to go up Sunday mornings and come back in the evening. It will take all winter to get the tan off the children, and then they will begin to get some more tan.

\*\*\* "That was a joke, my just having time to run out and have a peep at your house, and I could have kidnapped Baby Blanche. I don't think she would have screamed. There I stood on the corner when, lo and behold, out of the house steps a dainty little maiden. Whilst I was trying to recover from my surprise she had gone two blocks, but before she had gone another two I had caught up with her, and did she tell you I sent my love? There was no time for anything more, but I caught the train all right and I laughed to myself, you may believe it. Next time I may see Beverly Boy. There had been nothing premeditated. I did it all on the impulse. I have been glad, to have seen your home, ever since. I like it."

Now, what do you think of that for one who came all the way from Switzerland and has been one of US for many long years? She was on her way to California, and while her train was waiting in the depot a mile and a half away she came out here to see our house and did not ring the bell. She caught Baby Blanche on the fly and let it go at that. A man came here, all the way from Boston, and took a look at our house. I came out with a bunch of mail in my hands, and he walked on beside me and never made himself known. And yet he has been known to us and is known now as one of our mental friends. It has come about that we seldom receive callers for we only attract our own, and our own understand that we can't make fish of one and fowl of another. This does not apply to callers who did not know.

\*\*\* "Does distance have any effect on the treatments?"

Not a bit. No man can give treatments until he knows there is no time, chance, space or distance in Spirit. We are sitting right here giving treatments to people

across the street, and to others in India and Alaska. And there is absolutely no difference called distance.

\*\*\* "I presume you have seen or heard of 'The Menace.' I will, however, mail you a copy."

Yes, several persons have sent copies of the paper to me, and someone has put me on the subscription list. I never read it. War is hell, and I want peace. Besides, the more you fight the Roman Catholic or any other church, the more it will thrive. Quit fighting. Let us have peace! God is able to take care of His own affairs. And He says emphatically: "Resist not evil." Mormonism was established by killing the leader and thus making him martyr.

\*\*\* "I wish to thank you for the last CHRISTIAN, the August issue. It is the very best ever to me. The article by Lady Blanche is the best I have ever read along these lines—and I have been reading pretty much everything worth while for the past seventeen or eighteen years. You know I am one of the first-takers of CHRISTIAN. Oh, keep on and bring happiness into many lives, as you have already done! While I have never met either of you, I have heard Lady Blanche talk. One morning, in passing through Denver, while waiting for a train to start, I called you up on the telephone and asked for Brother Tom. But the voice said: 'Mr. Shelton does not talk to people over the telephone. It is a rule of his.' I then asked if it was Mrs. Shelton to whom I was speaking, and the voice said yes. Oh, well I knew it could be no other, just by the sweet melody it made over the phone. Some day you will come to California again and I will see you, I am quite sure."

And you have already "seen" us and have "heard" us many, many times in the years gone by. And you hear us and see us every day. It is a very common thing for us to talk to you by telepathy and to hear you and see you in the Silence. I wish you could get down into your heart the fact that telepathy is an eternal principle in mentality. Why, how could all of us see the Lord Christ if He came as a physical person? We have had enough of the glorifying of the physical. It is the mental man who is to represent God on earth. The human voice spoken by the mouth is nothing compared with the voice of your own spirit speaking in the Silence. You can hear God and you can see God. It is utterly impossible for you not to see and hear God, unless your eyes are closed and your ears are dull of hearing. In the Spirit you live and move and have your being. This is a fact, not a theory. Glad you heard the physical voice of the other fellow!

\*\*\* "If all that were possessed of devils were insane, I think that Jesus must have cured a great many, according to accounts, and a great many sick people of every disease: 'Preaching the Gospel of the kingdom.' I should like to see your ideas on that some time."

This is a mental universe and all the things in it are thoughts materialized. We call these thoughts devils and angels and men and women and animals, and then we call the effects of these thoughts insanity, insomnia, rheumatism, consumption, cancer, drowsy; and the doctors are going right on making new names, and so making new diseases to fit the names. Jesus recognized the mental universe and called things by

the names that he found among us. But the one Word was spoken for the healing of all kinds of diseases, no matter what names they were sailing under. He cast out unclean thoughts and called them unclean spirits. He spoke the same identical Word to cleanse the leper, open the eyes of the blind, unstop the ears of the deaf, or cure any other ailment that is found among us. It is all mentality.

\*\*\* "You said this would be a year of adjustment. You were right, as usual. I have kept your saying in mind and everything is being adjusted to my satisfaction."

This is one of US who has been with us for many long years. He is in what is called Big Business and has been watching me like a hawk. Now, that is not exactly the right fowl to use in expressing it, and I might say he has been watching me with an eagle eye. Men come into this fellowship through their own minds, for it is individualistic. I gave you the word Adjustment as it came to me from the Spirit. I will hear the Word for next year the same way. I have always disliked the formulas given out by metaphysicians. But when this Word for the year came to me from my sunphone I gave it to you, and all of you who have been watching it know that it fits the thought for the whole year. This man so adjusted his affairs as to take his whole family on a long vacation in the East. He says: "I am feeling fine and return home refreshed, full of life and energy, and ready for the rush of business in sight for fall and winter." That is adjustment all right. I don't want to keep repeating the Word given for the year. Do as this man did and keep it in your own mind. It will help you every day and every hour.

\*\*\* "My father says you and Mrs. Shelton are the greatest healers in the country, so I am writing hoping to receive some of your assistance."

I think your father is exactly right, and that has no reference whatever to the two persons you mention. It is not a personal matter. The Word spoken by us is from the sun center and is not our word. There is only one way to heal, and that is through the spoken Word of Spirit. God has been pleased to speak this Word through us, and the I AM hath sent us unto you. That is all there is to it. And that is all of it.

\*\*\* "She had a conversation with you Tuesday night on the sunphone, she says, and promised herself that she would send you the above-mentioned amount (five dollars), which probably would have been the cost of the doctor coming from nearby to make a guess."

How is that for practicing God? This woman was suffering tortures, and her friends had sent for the doctor; but the doctor did not come on time, and so she called me up by sunphone and promised me the doctor's fee, and by morning she was healed. A few years ago that would sound like madness. But all of you who are in this fellowship know that it is sanity of the highest standard. It was easier for this one who was in conjunction with our thought to call us than to call one next door who was not in this thought. The sense of distance is made by thought. Use the sunphone. It is much better than even the telegraph or the telephone.



## THE MENTAL FELLOWSHIP.

Mrs. T. J. Shelton.

Thought!

What is it? It is all there is of you that is real. It is all there is of the universe that is substantial. By substantial I mean that which will forever abide in its essential elements. There are no chemical changes in thoughts.

All of these changes are in matter. Let us get at the metaphysics and see how much they have to do with the physics of the universe. Man is a mind. He did not realize it. He had to find it out. He began finding his mind by suggestion. He saw things around him and began putting this and that together.

The unfolding mind kept growing, so far as its observation and dominion is concerned; but its essential elements remained the same, yesterday, today and forever. In the objective, man began to see things and put one thing to another thing for his own use.

He had to make himself a shelter. He had to find weapons of defense and offense. In other words, his mind had to take care of his body and its environment. We need not go over that ground, for man has been a god on the earth. He has made cities, and built up kingdoms, and his work lies buried under the earth.

Men who are excavating are continually finding new evidence of man's genius and intelligence. Human history does not record how many civilizations have been built on the earth, one on top of the other, in man's efforts to reach mental perfection.

Nature has destroyed some of these cities and civilizations by earthquakes and volcanoes and other disasters. Men have destroyed their own work by their wars and foolish fighting of each other.

All this proves that man is a mind. It is the working of thought. It is the outcome of an unfolding intelligence.

The trouble with mortal mind is that when it once gets started along a certain groove it is hard to change the trend of thought.

The trend of thought has been towards war and conquest by force of arms. Nations have followed the fashion. One man makes history by a great war, and the rising generations have been trained to venerate and emulate the warrior. The heroes of the nation become the examples to the rising generation.

This same following of a fashion holds in religion. Each sect has its own heroes, called saints or reformers or great preachers. Just so long as a great leader can live, he holds his followers together. When he dies they place him on a pedestal and worship his memory.

Generation after generation goes right along in this same rut, no matter if it has been made by crippled thought and a wandering mind. We are going to stand by our heroes. We must venerate our saints.

The same is true in common politics. The political leaders are looked upon as great

men because they have made a success as politicians. We follow the leaders, even if they are dead men. It is also the rule in business. For great business men, like Stewart, Field, Morgan, Carnegie, and the like men, set the habit, and we all blindly follow the leadings of their thought. It takes a revolution to get us out of the rut. Just as soon as we get out, a more powerful mind comes along and sets a new fashion and makes a new road.

We keep right along tramping in the old road, until we wear it down to quicksand before we are ready to step out into the new path. Such is the human mind, and let us look at it from all angles.

We are certainly amateurs in thinking after all of these years of thought. Just a few men hold leadership in human mentality. There never will be an united advancement until we all get to thinking for ourselves, along the line of our own individual development.

It must be a development from within, and we never can do this until we get rid of the old thought of objectivity. The cave-men were thinking of the objective life. We are in the same vibration. It is a little more refined and our surroundings are made better, but we are still thinking about outside environment.

We pride ourselves on what we are building on the outside. The architects and engineers are at work and doing wonders on the outside. The objective holds our thought, and we pride ourselves on the great cities and wonderful buildings that we are building. How long have we been doing this? No one knows. Men are uncovering the past, but they have never got back to the beginning.

Dr. Schliemann found seven distinct cities, one above the other, in his researches in Greece. It has been shown by excavations that what we call ancient Babylon was really a modern city compared with the old ruins below what we call ancient.

All of this shows that we will never get anywhere while our thought is centered on the objective. The cities that we build will be buried. The mighty ships like the *Titanic* will strike icebergs and go down to the bottom of the ocean. Even when we build airships they will meet with destruction from the elements or from accidents; and so we perish by our own inventions. What are we going to do about it?

Listen to the Voice of the King of Thinkers who tells us that the kingdom of God is within us. We must turn our thoughts inward. We must begin to think about thoughts. To think about the thing that is doing the thinking. We can just go on improving our environment and die in the debris of our wrecked hopes. We come back here in incarnation after incarnation and do the same thing over and over with but little change. Births and deaths, and deaths and births. This is the order not only of individuals, but of the very things that we make while we are here in the flesh.

Our cities are born and they die and are buried. New men (or are they the same

men?) come along and rebuild what has been destroyed. It is the same thing over and over again. Somebody set the fashion away back there in the beginning, and we have kept right on following it with variations.

And it is only variations, for the engineers of the past are as great as the engineers of the present. The architects of the present are copying the ancients. The sculpture of the present are not surpassing the sculptors of the past.

When we do get a new thought, like structural iron work or reinforced concrete, we are not sure that it is a new thought. The Bessemer process, brought into activity by Carnegie, may have been a lost art centuries ago.

What's the use?

We are not getting anywhere. We are around and around the same old circle; and it is a circle, for we have not even got up to the square in our thinking. You know what the circle will do for you? An acquaintance of mine got out a large book at much expense. He showed the architectural plans of the capitol of the world. He had a circle in the center around a circular building, and the streets were all in circles around that circle, on and on in an endless succession of streets all in a circle around the center circle.

He asked what we thought of it. We have a copy of the book now in the library, and it is certainly a curiosity. He called the other day and told Mr. Shelton about some more of his great schemes.

The result of such a city would be to set all of the inhabitants insane. It would be an insane city, with everybody going mad, and staying mad until they broke up the circles and set the mind free.

Mr. Shelton asked him if he did not know that every man who had been confined in the Tower of London for any length of time had been driven insane. I think old Diogenes was mad because he lived in a tub. The human mind cannot travel around in a circle. A miller once put his little girl on the stone of the old-fashioned mill because she liked to ride around and around while the mill was going. The result was idiocy.

Just turn over to the description of the New Jerusalem in the last book of the Bible and you will notice how the sanity of the universe builds the city. It lies four square, with three gates on the South, three on the North, three on the East and three on the West. It is a sane city.

The triangle is triumphant.

You cannot have squares without triangles. In the mental Fellowship of the universe we will think thoughts that will be fresh and alive every minute.

Jesus Christ used something like sarcasm when he said to the Jews: "Your fathers ate manna in the wilderness and are dead." He called their attention to the fact that the true bread of life would give an eternal life. They would eat and live. I AM the true bread that cometh down from heaven, which if a man eat he shall never die. He was talking about The Word, the Logos,

the Eternal Thought which keeps right on thinking. It is forever new. Truth is never old, for it is the same yesterday, today and forever.

What is going to get us out of this circle of mortal thought? There is just one thing that will bring us out of this wilderness and set us free. When I say, set us free, I mean freedom. Not temporary freedom. But an absolute control of the whole of your environment. Thought that creates conditions and recreates conditions with every beat of your heart. What is it that will bring us into a resurrection from the dead and break up this eternal round of periodicity?

Telepathy!

Is telepathy a fact? It certainly is a scientific demonstration. The wireless comes as near to telepathy in the objective as anything that we have in our inventions. We know by daily practice that telepathy is practical. We have kept up the practice until it has become as common as the telephone.

I get your letters before they are mailed. I mean the thought. It is no unusual thing for me to know when you drop out of this fellowship for any particular reason. We don't have to miss your letter. We receive your thought.

All my life long, long before I ever knew of this work, I have received thoughts, the same as you have received them, perhaps, paying no heed to the matter, thinking it merely a coincident.

At first in our business we would remark about this telepathy, but it has become so common and so much a part of our work that we seldom speak of it to each other. Space is absolutely obliterated. It goes much further than wireless telegraphy. Thought is omnipresent. You are just as close to us by your thought as you would be if you were in our physical presence, and perhaps more so. I only use this as an illustration pointing to real thinking.

Real thinking is the thinking that does its work without repetition in the same words. We are not going over and over what other people have thought. You could not run your body with the same blood all the time. Everywhere and anywhere you are, whether sleeping or awake, your heart keeps right on pumping blood. This is the very life of your body.

The same is true in regard to your mind. You must go right on thinking new thoughts every moment of your life in order to keep your mind alert. Life is activity.

The scientists tell us that there is only matter and motion. Matter does not move. It is moved. Motion is mental. Therefore, if we keep on moving we must keep on thinking; and once more let me repeat it; we must move in angles and squares instead of going around and around the circle. What is the good of the architecture of the world, unless it gets us away from materialism and lifts our thoughts into something better than bricks and mortar?

Why should we spend millions in building ships that go down to the bottom of the sea? Yet, if men begin to look into thought

in the subjective, they are called visionaries. If the men of vision have belted the earth with railroads, dotted the sea with ships, tunneled the mountains and made a map of the heavens, let us have more visionaries.

Let some man see in his mind a body that moves in the air, as well as one that floats on the water. Men had to learn to swim. They can learn to fly. The only way they can do it is to get away from mechanical thought and turn their minds into an investigation of their own mentality.

Who is the thinker?

If he can make things out of matter, why can't he control the matter annexed to his own spirit? The men who have been studying the body have been dosing it with drugs or cutting it with knives, without finding the real motor, which is mental.

We have been doing with our bodies just as we have been doing with our cities. Building them from the outside and tearing them down and rebuilding them with the same old material. Now, thought will go right on doing what it is told to do, until an inspiration of the Spirit directs the thought into a new channel. Until then, it will sail right along in the old channel. Man is not only a mind in the body. He is a spirit. It is the divinity within him that has dominion. The mind is under orders from the Spirit, or it will go right on mechanically and do the same thing over and over.

The poor body is under the dominion of the mind; and if the mind is unbalanced, the body has to submit to the dictation of madness. The only regulator for the mind is Spirit, and the Spirit is God.

You are in your divinity the offspring of God. In your mentality you may be imitating your parents or your teachers or the heroes you are worshiping. The new birth from above is the opening-up of your own divinity, and the will is located in the Spirit.

The I AM of you is the will to do what you will to do; and the will to be what you will to be.

Are you willing to be what you want to be? Do you think that is a silly question? You ask that question of your inner self and see what response you will get from your mentality. You are unwilling to break away from the traditions of the past. You are unwilling to think any other thoughts than those that were drilled into your mind when it was plastic and ready to receive impressions.

How can you break up the old records and make new ones? By telepathy. There is a transference of thought. There is no limit to this thought. Telepathy is just as practical from the sun as it is from New York to Denver. It is just as practical to receive telepathic communication from other planets as it is from any part of this planet.

There is absolutely no limit to thought, so far as the individual intellect is concerned. Our solar system has its own center, but it is only one system in a universe of systems.

Let your thought go out in search of thought. Let it go free without any limit. When man first began thinking he confined his thought to a planet that had four cor-

ners. It was flat. Telepathy puts us into a universe without limitations.

You would not think of breathing the same air over and over into your lungs. You take a breath out of the universe. How that thought lifts us out of our littleness! Lift up your head and straighten your spine and look up and draw your breath from the universal air.

It all belongs to you. There is not one little breath, not one little zephyr, that is not your own. Don't have any feeling of poverty when you want to breathe. Look! How far shall you look? Look into all of the light. It all belongs to you. There is not one beam of light in the whole universe that is not your own.

Rich! The word is too small. You must get a larger word, for you are opulent. All that there is, is your own! It is all yours by birthright. You were born into a universe all your own. You opened your eyes in possession of all that there is, including God Almighty and his universe.

If you can do these things, with your breath and your vision, you can take hold of the universe of thought by your thinking. This is what we mean by the mental fellowship. It is as wide as the universe and as deep as the heart of God.

The whole world must come into this kind of thought before we can eliminate undesirable conditions and get the mind in control of matter. You never can come into your dominion by piecemeal. You can't take a little cup of air and say: "This is my own and I will use it for myself."

You can't catch beams of light in your hand and get a patent on them and say: "They are mine." You must take in all the air in order to obtain a good breath, and you must see all of the light in order to appreciate your own vision.

The same is true of your world of mental vision. The idea of a thinking being confining his thoughts to a party in politics, a sect in religion, a race in sociology!

\*\*\* "I wonder if you know I kissed that letter of yours. It was so good, so friendly so brotherly and sisterly. I live all alone in an apartment. My next-door neighbor is away all day, and although I have many friends, they are busy and know I am; so sometimes I get real human and just long to know whether anybody cares. Your letter seemed like a warm handshake from both of you, and I knew then and there somebody did care."

It was a warm handshake from both of us. It was more than a handshake, for it was a breath of greeting and a vibration from the sun center, reaching into your very heart and making you know that you are one of US. You need never be alone. There are millions and millions of US. And we are all omnipresent in thought. Why did I modify that expression by saying "in thought," for there is no other way for us to be? We are thought. We are thinkers. Therefore, sweetheart, call us up when you feel lonely. You will know that somebody cares. Above all things, remember that you are the I AM in your own thought if you will to be.

# In the Name of God

"And God said unto Moses, I AM THAT I AM: and He said, Thus shalt thou say unto the children of Israel, I AM hath sent me unto you.

\* \* \* \* \*  
This is my name forever,  
And this is my memorial unto all generations."—*Exodus*.

I AM all of US.

I AM from everlasting to everlasting.

I AM mathematical and musical mentality.

I AM the seeing and the hearing and the being.

I AM the cosmic consciousness of all creation.

God has not changed his name.

It is our business to help you into the consciousness of your own divinity. We have no objective organization or official authority.

Our work is in the Only Name of all of US.

Treatments in the Mental Fellowship will be given every morning for twelve dollars a year: payable monthly, quarterly, or yearly in advance. These treatments are for Health, Happiness and Prosperity.

Special treatments five dollars a month. They are for your mind, body and business. This is where we take up all of your affairs, your mentality, your whole environment and help you into the mental kingdom. Physical regeneration by a mental resurrection. It is all in your mentality; we do not make calls or receive callers.

Take one subscription to CHRISTIAN for every dollar sent for treatments. You can have as many copies as you wish for yourself; or you can send in the names of your friends.

Expect only one letter each month, but call on us mentally at any hour. Telegrams are telephoned as soon as received; but your mental message will reach US in the Silence.

We make no promises except to faithfully give the treatments.

We use our own pink paper and envelope; but if you wish your letter in a plain envelope enclose one self-addressed and stamped. Give your full address in every letter.

Money orders in common mail; currency in registered letter.

I AM,

T. J. SHELTON,  
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