

# Christian

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Thomas J. Shelton  
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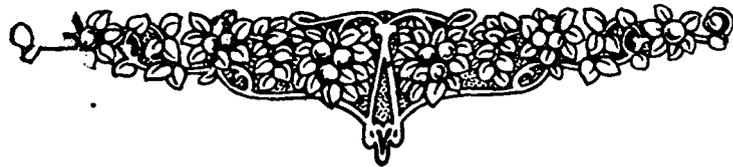
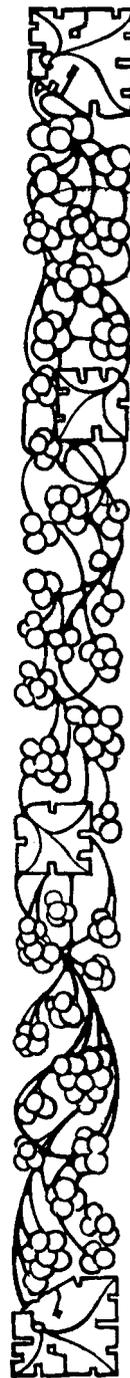
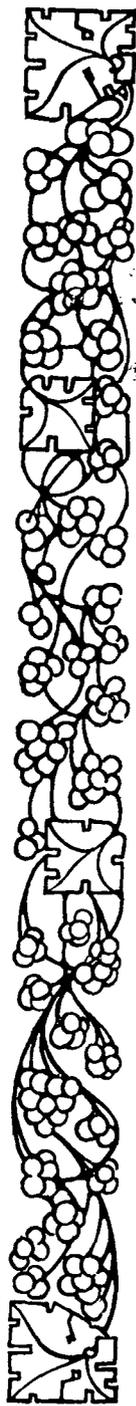
REGENERATION OF THE BODY BY THE RESURRECTION OF THE MIND.

## Proclamation

"Behold, the man is become as one of US."—*Genesis*.

"For since by man came death, by man came also the resurrection of the dead."—*I Corinthians*.

I AM come!  
I AM the Door.  
I AM the Son of God.  
I AM the Son of Man.  
I AM Alpha and Omega.  
I AM the first and the last.  
I AM the beginning and the ending.  
I AM the resurrection.  
I AM the Light of the World.  
I AM the way, the truth and the life.  
I AM he that liveth and was dead.  
I AM alive for evermore.  
I AM he who was, and is, and is to be.  
I AM the Almighty.



rection of this thought is just now coming into prominence. The whole world of intelligence is turned towards mental healing. It means that the Spirit within us is going to make the flesh obey its orders. Send out your thought and get you a new suit of flesh; for changes will take place rapidly when you come into the right vibration.

\*\*\* Our old Bible is some book, isn't it? It is all there, and all we have to do is to bring it out. Just about the time the preachers are losing faith in the Bible the men of science are coming forward and confirming its truth. For you know this king called the I AM THAT I AM is making war on darkness. All kinds of darkness. All inventions are from the I AM, and every advancement in science and art is from the one mind. It is all in the onward movement of mentality. The Bible is complete. The whole thing is there and there is no further need of writing. In the thought-world the Bible is as full of mentality as the planet is of materiality. It is for the whole earth and the unfolding mind of humanity. We have marched all the way from Genesis into Revelation, and we are nearly to the jumping-off place. Nearly all of the prophecies of the men of vision have been fulfilled, and those that have not been fulfilled are being fulfilled rapidly. The whole world is awakening as never before. "The harvest is the end of the world and the reapers are the angels." The end of the world means the end of mortality.

\*\*\* Let us jump out of unity into seeming plurality for a sudden change. It is all in us. God is working through us in this unfoldment. He never works any other way. The I AM is always invisible. He makes himself known in mental movements. He orders the movements of mankind. There is only one source of power. We are going to do this in the name of God. We are doing it. Did you think that men who appeared on the scene of action were transient? Did such men as Napoleon come on the stage for a few brief moments and then disappear? Bless you, the man who came under that name had been here all the time under different names. George Washington was the name of a spirit, and that same spirit may have been known later as Abraham Lincoln. This is our world and we are making it. It was given to us, and we were ordered to keep it and dress it. We are going to turn it into a garden spot. It is getting about time for the New Jerusalem to come down from God out of heaven. This means that we are to build cities according to our illuminated mentality. We are doing it now as fast as possible.

\*\*\* You could not have the New Jerusalem without electric lights. You must have a great white way all over the holy city, and there must be no night there. All we lack now is the mental light, and we are getting that with leaps and bounds. You see the light of God is not only material, but it is mental. Both mind and body full of light. It is our business to do all of these things. And when I say us, I mean all of US. There will be a new heaven and a new earth. Heaven represents the mentality of mankind

and the earth the materiality. It means a new mind and a new body. It means the resurrection from the dead and life everlasting. Where? Right here on this earth. It is our planet. Do you say it is very slow in coming? All things that are worth having are slow in their coming. We want no mushroom growth. But you see the resurrection going on all over the planet. Any great event that takes place anywhere on the earth is known all over the earth within one hour. We are going to conquer the earth and the air. You know there is just so much of the air that belongs to this planet. God has given us a deed to the planet with its surrounding atmosphere.

\*\*\* I AM talking science, for the Scriptures are scientific. I have been a student of the Bible for forty years. I know all of the treasures in it. I read Bergson's "Creative Evolution," and was astonished to find a man writing from the purely scientific standpoint and telling the same story that the Bible tells. He shows us that the instinct in the physical man created the intellect or unfolded the mind. But within the man is the unfolder called intuition. This spiritual power within has been going right along unfolding into a mighty being. We are all on the way towards regeneration and the new life. He writes it all down in scientific terms, and yet the whole thing can be put into Bible language. There is not a chapter in his book but what can be translated into the terms of the Scriptures. So, you see, the unfolding ages are mental and man is doing it all. It is our job. God planted us down here and told us to fix up the place to suit ourselves. We are doing it. Just think of the changes that have taken place on this earth since I came here in my present incarnation!

\*\*\* Spirit is always and forever personal. When a message comes from the Spirit it is marked personal. Christianity is the illumination of the individual. I have said that pretty often, haven't I? You certainly have got that one sentence by heart. When the Spirit spoke to me, it was to the point and very personal: "I AM T. J. Shelton." I was not used to any such words. I knew what the I AM meant. I had been a student of the Bible and a preacher, and I knew the meaning. It took me by surprise. I have just begun to get over the surprise. If the Spirit had said I AM Jesus Christ, or even if he had said I AM Julius Cæsar, it would not have taken away my breath. But what good would a revelation of that kind do me? What good would it be to you to hear of some other fellow? If the Spirit had said I AM God, it would have been simply repeating over my old Sunday-school lessons and my sermons. I would have started on the same old tramp around and around the gooseberry bush. But he did not talk that way. He made it personal. I AM you! My beloved, that is just the way Spirit reveals yourself to yourself. It comes directly through your own personality.

\*\*\* The kingdom of heaven is within you, and that means that the king is in you. It is the I AM of your own being. There is no other way. If we are to be in an insti-

tution and under orders from others, we shall not be in heaven. I don't care who gives the orders or how glorious the beings are, it would not be heaven. Authority must spring from within your own being. God is no respecter of persons. In the kingdom of God we are known by our individual illuminations. If a spirit comes to you and says that he is an Indian chief, or your grandmother, or your uncle, or your aunt, you may know that it is not the I AM talking. The I AM THAT I AM makes you the medium of your own spirit. You are not put under the control of any other spirit. And, when you come into the fullness of this revelation, your spirit will control your mind and your mind will control your body. All things are made by the Word, and without the Word there is nothing made. We are creating all conditions by the mind, and our own individual mind is in conjunction with the universal mind. It is God that worketh in us.

\*\*\* This is why I AM giving mental treatments. It is the I AM that hath sent me unto you. And to whom do I speak in giving treatments? To the I AM within you. It is God talking to Himself. It is useless to give treatments in any other vibration. I sweep the flesh aside and see only spirit. The vitalizing power of the Almighty is in my thought. When I talk to you it is not of your disease or of your poverty. I tell you of your health and of your wealth. All these things belong to the God that you are. This is the way we are making over the whole world. The first will be last and the last will be first. You are going to find what you call the old civilizations rising up from the dead and becoming the new civilization. Mark my words! The thought of China and the older civilizations will come to the front and lead the world. The kingdom of God is at hand! Christ has been reigning for nearly two thousand years. He reigns in the individual, and you can't measure His might by the institutions. You are now in the resurrection. Recognize it! Claim it as your own. The Spirit within you owns your mind and body. I AM speaking the Word that you may recognize your own divinity.

\*\*\* "Many, many thanks for the great help you have been to me during the past months. Indeed, the healing began the same night I wrote you my letter (that means before you received my missive), and ever since everybody remarked the steady improvement."

This is a very common occurrence, and it needs an explanation to new readers. It is a mental healing, and as soon as your mind has sent out the message to me it is received and answered in the Silence. This is the most wonderful of the many wonderful things that mental science has brought to light. Of course, telepathy was known by the ancients, but it is just now coming into modern use. The letter is not necessary, for you can sit quietly for a few minutes and send your message by telepathy. It will take only a few minutes, for you must not sit too long. Think the message to me and it will reach this center. The unconscious self is always ready to receive the message. This brings prayer down to a scientific foundation. We now understand how it is

possible for us to pray to God and receive an answer. Prayer is a thought. Thoughts always receive a response from the universal mind.

\*\*\* "Is there any special time of day I shall give to you?"

No. There is no special time for you to hold in your own thought. Go on about your affairs, and I will attend to the treatments. It would be a very bad thing for you if I called your attention to the clock and the calendar. This watching the time is a disease within itself. I don't want you to repeat over a form of words or in any way to depart from your regular habits. The truth spoken in the Silence will come up in your own mind as part of your own thinking. It is my business to make you think the right thoughts and to do the right things of your own accord. The mental treatment should make you forget all of your diseases and troubles and think just the opposite kind of thoughts.

\*\*\* "I have had great success in your treatment. I received a job in one of the best clothing stores in town and have partly won back the love of the girl I love."

That is going some. By this time you have won the whole girl, and I AM going to treat you for continued success, and that you may build up a good business and make a home for yourself and the girl.

\*\*\* "Wish I had the faith in you that my wife has. Think my experience in the faith line with the famous Helen Wilmans did much to help on my faithlessness in the science. I am willing to get back in the Faith."

I have had several persons complain of losing faith after the death of Helen Wilmans. I was her student and graduated under her instructions, but her death did not affect me. I knew she was going. Let me whisper something to you that I have never told in CHRISTIAN. She pledged herself to come back to me if she could, and she did. I received as direct a communication from her after her death as I could have received over the telephone. Have faith in yourself.

\*\*\* "I sit here waiting for an inspiration, but as I don't get it I will send you five dollars in currency, trusting everybody that you will get your own, you know your own will come to you. Am feeling fine myself. Mrs. A. has less throat trouble, but is weak. She is fortunate to have a woman to come in every morning to help her. Yet she works just as hard, for all I can see. She is a hard worker. Someone told her that if she went to heaven she would want a dust rag in her hand. If you meet her there, please note. I may not be there myself."

The little sermon preached on scientific selfishness to the stenographer will fit this housewife. There is no doubt about her going to heaven; for she would raise too much dust in the other place. Bless her heart, she will want to be polishing the golden-paved streets, rubbing the pearly gates, and dusting down the jasper walls. Oh, I have met her many a time in my life. I once had a friend of that kind, whose husband was hurt badly in an accident. They bore him to the front door on a stretcher, and my dear friend made them put him down and wipe their feet on the mat before he was brought into the house. She

was a very good woman, but had the house-cleaning mania, and there was no rest in her presence. I stayed at her house once while holding a revival meeting in the church next door. She kept me in a state of misery most of the time. She has gone to heaven long ago. I know it; for, I tell you, she would not be welcome in the other place. I don't think that this husband is calculating on going to the other place in order to avoid meeting his wife; for they are great chums. Last winter, in the midst of the severe cold, my mother-in-law wrote from Virginia saying she had to spend most of her time on the radiator, and that she was going to a warmer climate when she died. I wrote her there was no doubt of it. She has been headed that way ever since I knew her. Her daughter, who is taking down these words, is scolding me, saying you will misunderstand my attitude towards the mother-in-law. Not a bit of it. She is a very fine woman, and I know she is not going to the orthodox heaven. She will go where there is good company. I started out to preach a sermon about this dust rag. But there is no need of preaching it. When a woman gets that house-cleaning habit there is nothing that will break her of it. After all, the most of us like to live in a clean house, and if the head of the house does not superintend, it will not be clean. A little nonsense now and then is relished by the wisest men. Let us enter into the joy of living, even in the midst of house-cleaning.

\*\*\* "It has been a long time since I have written to you. Several years ago I received great benefit just from reading your paper. This morning at the breakfast table a discussion arose regarding you, your paper, and your method of treatment. One party said that you employed twenty-four stenographers. As I have read your paper almost constantly for years, I thought I knew a little something about you."

And this conversation took place in Chicago! The writer is a doctor, a medical doctor. The number of stenographers named is just twenty-four too many. I have no stenographer, and the wonderful part of our work is that Spirit enables my wife and me to do it by ourselves. The remark must have been made about other centers of healing, where they claim to have a dozen healers at work all the time. Of course the printing and mailing is done under contract by a large printing-house, and we have no clerical work to do of that kind. But the main part of this work, and the part that is unique and original, is done by the two of us and no more. This has been the case for several years. At first we tried all kinds of experiments with stenographers, but it did not work. I even read, fold, and seal your letters myself. We don't want anybody in this office while we are in the Silence. Not even the children. It is utterly impossible to keep the boy out, for a boy of five has a will of his own, and we don't want to break the will for fear we shall break the boy. He thinks he is the whole thing in himself. Every morning at the regular hour, when we begin our work, he comes in and takes his paper and pencil, and sits down at a table and draws pictures and prints letters. This is the best way to keep him quiet. But back

to that original question: Let it be understood once for all that we do not heal people by the typewriter method. If I had twenty-four stenographers, you would receive such a confusion of thought that the whole mental business would break up in a row. In order to secure perfect harmony, we must work in the Silence by ourselves. You may rest assured that your letters come to us held in confidence and will be treated as confidential communications. You can make confessions to us and tell us all of your troubles and all of your joys and all of your hopes. We will do the very best we can for you as teachers and healers.

\*\*\* "Just received CHRISTIAN and it reminds me that I have not written you for a month, so here is check, and 'pull' me until my next appearance. I dislike to always have a tale of woe, but lately I have been feeling just 'blue.'"

This is from one of my Irish girls, and when we Irish do get blue it is a regular indigo blue. But, thanks to our jubilant natures, we never stay blue long at a time. Nothing can keep us down. I want you to get into a habit of running your own boat by driving the blues and all appearance of melancholia out of your mind. Keep in touch with this center and you will be jubilant. In the Silence we are always meeting with that mentality which is the basis of all life. It is the Joy of Being. You don't find any of that downhearted thought when you go into the Silence. You don't have to take so much time. Just sit for a few moments until you get on the line. The lines in telepathy are never so busy but what you can get your word into the current of thought and get a response. Practice it! Turn into a healer on your own hook and transmit your message by sunphone. You will be astonished at the lifting of the fog and the clearing of your mentality. You can do it. You can just as well have the right kind of vibrations as the wrong kind. You are going to get some kind anyway and you had as well learn how to get the right kind. Just sit down and begin to think about all of the hard things and you will have hard feelings. You will begin to pity yourself, then everybody else, and get the regular tantrums. On the other hand, if you will sunphone the center, the beams of light will begin to flow into your mind. The electric vibrations will stir up the radium in the center of your being and you will become a center of attraction for your own. This will change the color from blue into all of the colors of the rainbow. Blue is all right if you mix it with some of the other colors. We use pink as our keynote for color. You may call it the pink of perfection and the pink of health. Get on the line for all the things you desire and keep all of the undesirables off the line. You must learn to use your own thought and to determine the quality. There is no other way out of the wilderness. Nearly all the troubles we have never happen. They are brought to us by our forebodings. They are entertained in our mentality when we ought to invite better thoughts.

## ARE YOUR IDEAS IDLE?

By Mrs. T. J. Shelton.

Ideas that neither toil nor spin in the race of daily life are at least useless, if not untrue. We do not live alone, in the land of dreams, but in the world of realities.

Indeed, we may say such ideas are positively harmful; for they arouse the emotional nature and atrophy the practical nature, and emotional or religious hysteria ensues that is contagious and positively harmful.

Pragmatism says the test of the truth is that it works. The idea that makes its possessor work, that is an incentive for doing things, that produces results, is true. When one has the right quality of faith, he steps outside the treadmill and is impelled to greater achievements in the realms of truth.

The faith that works—that is, the fact of believing in things that stir you to your best—that is living faith.

The extent to which your faith calls your life to right living is the divine test of its worth. We hear so much about live wires that carry the current and furnish the heat and light and motion. The live wire of Truth must come in contact with each and every one of us that will carry a live, active, vigorous current.

People who are not mentally awake are non-conductors. If any current strikes them, it immediately stops.

There is an innate something in every one of us that tells us there must be a God. To deny this fact is to deny such evidences of your consciousness as that which makes you know you breathe, that you sleep, that you think, and that you ARE.

So, the actuality of God having been established, we must know that His breath is the breath of life within us and is part of our very being. Does it not follow that sickness, disease and poverty have no lawful abiding-place in our bodies or in our minds? Our birthright is Health, Happiness and Prosperity.

By happiness we mean liberty. Liberty to do for ourselves and for others in a wise and gentle way. Otherwise liberty becomes tyranny.

Liberty gives strength; but strength without responsibility or restraint becomes tyrannical, belligerent, worse than useless. Liberty must be tempered by restraint until experience has taught us wisdom, love and understanding.

Liberty and selfishness make a poor combination, not only for the general welfare, but also for the individual. The kind of self-interest we call selfishness is of the narrow, short-sighted sort that pursues immediate pleasure and gratification, to the destruction of opportunities for future good.

Half the wisdom of life consists in intelligent self-restraint, denying the present desires to secure resulting good and to attain the larger liberty of Worthy Manhood.

A spoiled child is one who has not been trained to this self-restraint. Children all need such training—some more than others. But they do not need repression. Repression

crushes the individuality, while self-restraint teaches self-control, turning the mental processes in the right direction, until the reasoning powers become active and the well-earned liberty is attained.

Right is greater than liberty, and liberty must not be construed as permission to trample on the rights of others. The motive force of dishonesty is selfishness and greed. This is the root and stem of a great deal of trouble in this world. If you take any pride in being better than the animals of the lower order, you ought to show it by being less selfish. They use all the cunning their limited gray matter can furnish in trying to get ahead of one another. They steal, cheat and defraud one another to the limit of their ability. Men who do the same have sold their birthrights and have dropped down to the animal way of life.

The spiritual education or unfoldment is ever continuous. Even when we backslide it helps us; for experience is the best teacher. This is what Mr. Shelton means by Satanic Science. Our deepest troubles are our greatest blessings, if we but receive them in the right spirit; and it is not the spirit of weeping and grieving. If we do not greet them in the right mental attitude, the burdens will grow heavier and heavier, until our consciousness is awakened.

It was an old Oriental prophet who said: "My people are destroyed for lack of knowledge." Education must be practical; it must be of the heart as well as of the head. It must teach us to conserve in the fullest degree all of life's forces. We must train ourselves how to live, to really know what we want. To be able to close one's ears to the outside clamor and to listen to the Voice within. And that Voice will surely gain supremacy and break through the fetters of ignorance.

As we follow this Voice step by step, an unselfish love penetrates our very being, the love of all mankind vibrates within us. Our character is strengthened by our experiences, and we learn what to avoid and what to do to adjust the relationship between man and man, and realize Happiness.

But the trio must be complete—Health, Happiness and Success. Perfect Health is the outgrowth of harmony between mind and spirit. Harmony that swings the body under the control of the mind; the organs function normally; the tissues are healed, and perfect health is established.

We cannot meet with real success, the success that counts, unless we are happy. We are all seeking happiness. Everyone is alike in that desire, and differs only in the methods of attaining it. We must admit that happiness is gained only as a by-product. Let one make happiness the aim of his life, and he will have toiled in vain. It is only when we do not seek that we find it in our possession. Aim at noble and unselfish living, and happiness comes unobserved and sits at our side. Forget it in the effort to live in the truth and in the law of love toward the whole world, and we become aware that it is ours.

Oh, it is difficult to practice; but the more often we practice it the easier it becomes.

Living in the vibration of love demands not only the forgiveness of enemies and persecutors, but forgetfulness as well; and in time we find we have no enemy and no persecutor.

I do not mean by this that anyone ought to submit to imposition. Love and respect of self will prevent this. But we can assert ourselves without hatred or acting unjustly. Anger is like "the worm in the bud" and destroys the one who harbors it.

Our ideas and conceptions of truth change with our increasing knowledge, and with our moral and spiritual development. We are apt to judge by what is known as the "world's standards"—your bank account, your social position. Equipped with an office of great authority, clothed in purple and fine linen, you command respect of your little community. But if the seed of Truth has germinated, this begins to pall; the verdict of the world does not satisfy, and ennu and discontent gnaw at the vitals.

A clean record and the right thought is above rubies. It is one of the greatest assets in the life of any man. Many a man has failed, not because of things that have appeared upon the surface, not because of the deeds of the present, but on account of the deeds of the past. Cultivate the belief in yourself, the REAL SELF, and your Spirit can and will wipe out all of the stains that have gone before, and you will thank God for all the pain and humiliation you have suffered, as it has been the means of pointing the way to your Kingdom.

No event, no circumstance, no person, can kill a man's spirit without his signing his own death-warrant by giving his mental assent to the transaction.

You bring stagnation to your spirit by mental starvation, thus depriving the body of any sustenance that will preserve it and renew it.

Ignorance of the laws and principles of spiritual life and truth atrophies the spirit. Many of you never think, much less study, these principles upon which the life of the spirit depends, and so you age quickly or disease claims you as a victim. The streets, offices and shops are filled with dead men. Dead, because they are too ignorant to lift up their heads and breathe the breath of Life; and Spirit abides His time for the opening door of another incarnation.

Indolence kills many more. They are unwilling to make the effort, and time steals their life away.

Others die because of self-inflicted imprisonment within the restricting limitations of their own pride and vanity and selfishness.

You women who are wringing your hands and bemoaning your lot, remember no one is forcing you to endure it. You can rise up and change it any time you desire. If some strong power seems to compel you to endure, it is because you have not yet learned the lesson, because you are not mentally strong enough to change your conditions. Then laugh and make the best of it. Straighten your backbone and lift your head high in air, so you will not see the mud in which you stand. The sunlight will dry the mud

and the balmy breezes will blow the dust away. The same rule applies to men.

Mind is omnipresent. Scientifically speaking, we are convinced that the medium which we name the ether fills all the stellar spaces. The forces that act in and through this ether—light, heat, gravitation, electricity—are a quality of Mind infinite and real. This same Mind built up your body atom by atom and made you a living entity. You may say light, heat, gravitation have not life, that they are not intelligent. But they are, although with an intelligence unlike your own.

It is an Intelligence that builds the beauty of the rose and guides our earth around the sun. It is an Intelligence, far beyond the human sort, that collected the matter into a ball and clothes the earth's surface with myriad forms of life.

Nothing grows into order and beauty save by working of causes, the purposeful direction of forces. The orderly working together of the forces of the universe toward the ends that we see accomplished cannot be explained nor comprehended by us.

But back of and within all the mysterious movements and tendencies of the natural world there is a vast something, a wonderful reality out of which the world came, and all products, including suns and stars, and nations of men.

What is this Intelligence? It is Spirit (God). The whole of Eternal Life seeking expression.

Say what you will of environment and time. There is a tendency toward the uplifting of mankind, not the less divine because it continues through ages instead of being instantaneous.

Through all time the Spirit of life is—in the stone, in the star, in the sea, in you. The work of creation goes steadily on. The spirit of truth lives in all and works in all, and will fill our lives with beauty and goodness if we but keep serene and quiet enough to hear His Voice.

Do you not realize that if the Spirit of life was not in you, you would not be living, breathing and functioning on this plane of being? The Spirit of Life is creation, not decay.

It is not the quantity of faith but the quality that determines its worth. It is the quality of belief in ourselves that relates it to life and gives it its value.

There is the element of greatest weakness in our faith, in ourselves, that has so much to do with the life we lead.

The vital element in your faith is not how logical it is, or how beautiful the system you have built upon it; but what is there in it that challenges you to the noblest endeavors for the life you are now living, and is it an incentive to live up to that challenge?

So again I come around to the greater importance of doing right than of what is called doing good. The two great words are "justice" and "love," one tempering the other. Couple them together and they will make a team that can move the world.

You want to love yourself and be just to yourself. If you insult your intelligence by lying to yourself, hypnotizing yourself, you are either a vain hypocrite or dealing in religious cant.

There is need of clean vision in all dealings with mankind. The way of equity, right, justice, kindness and good-will is a necessity in this unfoldment. Spirit has not only bound us together by the heart-strings, but by the necessity of mutual interdependence and the great natural law of solidarity in the human race.

When the race splits up, and one part rules in luxury and one part labors in oppression and want, no matter how such division is effected, the seeds of ruin are sown to grow into wrongs and crimes in both sections, until there comes the earthquake of readjustment.

The whole flow of life is towards a divine end. A task is never given us that is beyond all our powers to accomplish. The work assigned to us is to make stronger, clearer vision, and to cultivate self-reliance.

Mental healing is not a theory or a speculation, but a life. Not a philosophy, but a living process. It is an unfoldment from ignorance into divine intelligence.

What is sickness, sin and sorrow? It is the result of the struggle of jarring impulses, a mysterious division between the injunctions of the mortal mind and the elections of the will. The unsatisfying qualities of the things around us lead us to pursue the material, while our soul demands the satisfaction of the spiritual.

A man whose ambition is to perform feats and gain fame is not the satisfied one. Rather the one who walks the middle path of harmony and moderation. This middle path is the most difficult to attain and frequently baffles the wisest.

The greatest, the wisest, the best find lodged within them unrealized ideals. Whoever strives earnestly to realize these ideals is on the right path. Most carefully fulfill the duties that are nearest you, and do not wait for the big things.

Never were the demands made on mental healing so great. Everything pertaining to it is under fire—and justly so, if it is to be justified and vindicated by results.

The road to strong faith runs through the barren fields of doubt. Questioning leads to investigation, and investigation to assurance. Despair and darkness is driven away, and light and hope is put into the hearts of men.

The influence of mental healing in the world is its strongest evidence, and a candid examination of its results should convince any sincere thinker that it is Divine.

The trouble is so many will not investigate with an unbiased mind. They do not want to be rid of their doubts. They do not want their diseases cured: for then they would be convinced against their will.

Many love the airy mysteries of religion, so that they believe the things that reason would persuade them to be false. People want their faith strong, and consider it a part of real faith to believe those things that are not only above but contrary to reason.

A common-sense belief, a reasonable spirit, may satisfy the philosopher, but it must be something extreme or sensational to carry the multitude. Spasms or waves of religious emotion are not for good. They wreck instead of building.

We have our ups and downs, our high and low tides of effort; for all motion is rhythmical; but Nature's great forces are steady and dependable.

We have two roads before us. One is turned toward the grave and oblivion. The other road leads to the world's sole hope of eternity and immortality.

Mental healing is to help you into the right road. We know that the body is not immortal and eternal, for it is subject to change. The only way into the truth is mental. The mind must take hold of matter and make a new body when it needs one, instead of meekly submitting to matter. This is what we mean by mental healing. It is to help your mind into its own kingdom of mentality.

You are to reign over matter. We know that this is possible and practical, for we are practicing it every day. Old age, disease and death are conditions of mortal thought. These conditions can be changed and the body renewed by the resurrection of the mentality. It is a rising of your real self out of death into life.

It can never be accomplished by idle ideas. You must put your thoughts to work. This is the lesson. It can be given to you much better in the Silence than on paper. Telepathy is the straight road to the kingdom.

\*\*\* "I have been so happy this month, and I have had so much trouble to make me unhappy. I was to be married to a young gentleman, and he went away and married another girl. We were to be married this month, and, oh, I am so happy! Is it your treatment that makes me that way?"

It certainly is my treatment. Under such circumstances you would be wringing your hands and crying your eyes out, if you had not come into the vibrations of truth. I have been telling you in the Silence that your own would come to you and that you don't want that which belongs to some other person. You go on your way rejoicing and think of your own being, and your own man will come to you. He is somewhere looking for you, and you want to be congratulated on not getting the wrong fellow.

\*\*\* "You treated him fourteen years ago. Don't I believe in you?"

You certainly believe in the truth that we are sending out from this center. There are a great many people who have been with us fourteen years, and some who have been with me much longer. Our work is no longer an experiment. It is on a firm foundation, and there are many people in this fellowship who received treatments before they were born. You see it has been twenty-one years since I began this work. I am of age and can cast my vote in this metaphysical movement as a full-grown man.

\*\*\* "Today we begin moving into our beautiful new home. Speak the Word for health, happiness and prosperity in all of our affairs. And that I keep my balance through this moving experience."

About ten years ago I began telling people to get out of debt and stay out. I told you to begin making homes, if you could only buy the lots, and get ready to build by saving up the money. This advice has borne better fruit than I expected. Many people are now living in their new homes and are out of debt. Keep it up!

# In the Name of God

"And God said unto Moses, I AM THAT I AM: and He said, Thus shalt thou say unto the children of Israel, I AM hath sent me unto you.

\* \* \* \* \*

This is my name forever,  
And this is my memorial unto all generations."—*Exodus*.

I AM all of US.

I AM from everlasting to everlasting.

I AM mathematical and musical mentality.

I AM the seeing and the hearing and the being.

I AM the cosmic consciousness of all creation.

God has not changed his name.

It is our business to help you into the consciousness of your own divinity. We have no objective organization or official authority.

Our work is in the Only Name of all of US.

Treatments in the Mental Fellowship will be given every morning for twelve dollars a year: payable monthly, quarterly, or yearly in advance. These treatments are for Health, Happiness and Prosperity.

Special treatments five dollars a month. They are for your mind, body and business. This is where we take up all of your affairs, your mentality, your whole environment and help you into the mental kingdom. Physical regeneration by a mental resurrection. It is all in your mentality; we do not make calls or receive callers.

Take one subscription to CHRISTIAN for every dollar sent for treatments. You can have as many copies as you wish for yourself; or you can send in the names of your friends.

Expect only one letter each month, but call on us mentally at any hour. Telegrams are telephoned as soon as received; but your mental message will reach US in the Silence.

We make no promises except to faithfully give the treatments.

We use our own pink paper and envelope; but if you wish your letter in a plain envelope enclose one self-addressed and stamped. Give your full address in every letter.

Money orders in common mail; currency in registered letter.

I AM,

T. J. SHELTON,  
1657 Clarkson St., Denver, Colo.