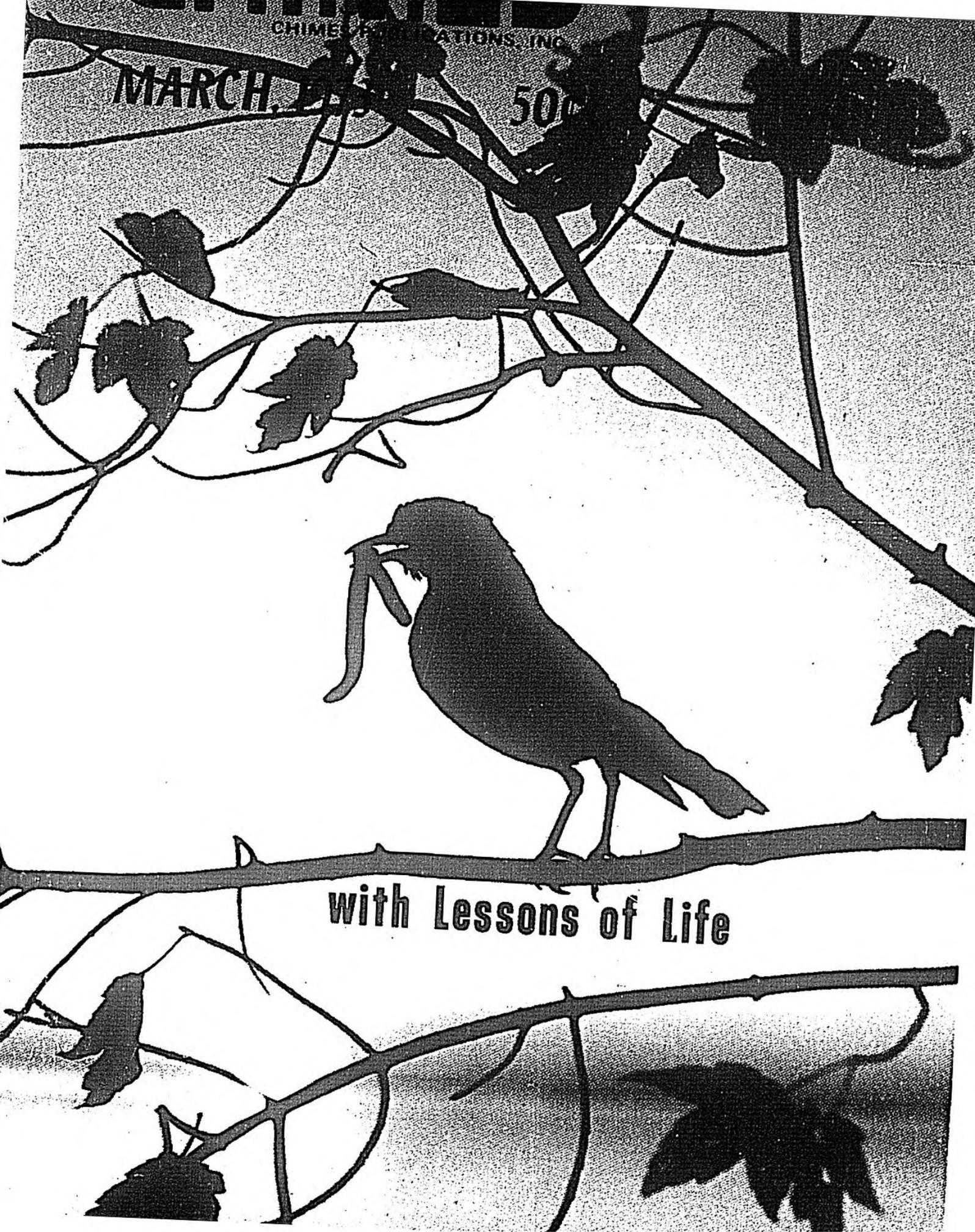


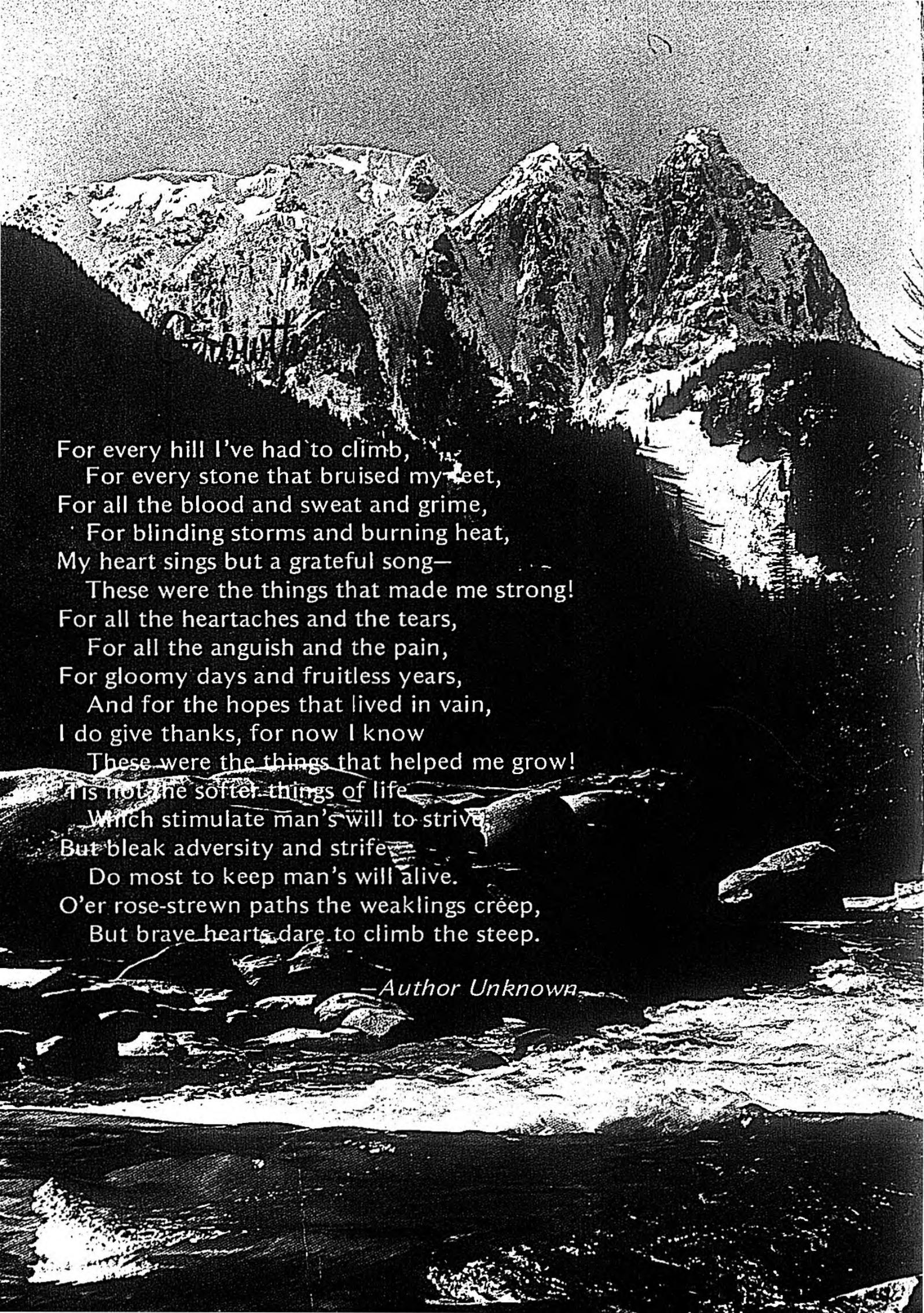
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MARCH, 1953

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with Lessons of Life



For every hill I've had to climb,
For every stone that bruised my feet,
For all the blood and sweat and grime,
For blinding storms and burning heat,
My heart sings but a grateful song—
These were the things that made me strong!
For all the heartaches and the tears,
For all the anguish and the pain,
For gloomy days and fruitless years,
And for the hopes that lived in vain,
I do give thanks, for now I know
These were the things that helped me grow!
It is not the softer things of life
Which stimulate man's will to strive,
But bleak adversity and strife
Do most to keep man's will alive.
O'er rose-strewn paths the weaklings creep,
But brave hearts dare to climb the steep.

—Author Unknown

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A year of continuous publication — Edited with the inspiration of Spirit

It is the policy of Chimes to present material for students which reflects many facets of the One Truth — not only in the magazine, but also in the book catalog listings carried by Chimes. Each of us must choose for ourselves that which suits us best with each step we take along the path of life.

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Psychic is not

The terms "psychic" and "spiritual" are often used as if they are interchangeable and synonymous. But they refer to two different phases of activity which are separate, but can be combined for services that matter.

There is a range of psychic faculties which may be regarded simply as an extension of the five senses. The level at which they function is, in most cases, intrinsically material, and they can be developed for expression without any spiritual connotation.

The crystal-gazer, the tea-leaf reader, the fortune-teller with cards and frequently the palmist are using innate psychic talents. Telepathy is in this category. Psychometry need not involve any contact beyond earth. This applies, more often than not, to intuition, hunches and premonitions. In many cases where these talents or faculties are demonstrated there is nothing spiritual about what is done or said. The whole exercise is merely supernormal.

It is when psychic gifts are developed in cooperation with evolved entities in the larger life (in the spiritual planes) that spiritual considerations come into the picture. The psychic talent then can become a spiritual gift.

Here the question of the individual's character is important. What is involved now is something vital — mediumship and all that this entails. Its essence is to be what the word implies, a nexus between two states of being, one physical and the other spiritual.

Yogis and fakirs can work marvels because they have psychic ability coupled with great mental development. Bodily control, however advantageous, though, is not so desirable as manifesting spiritual gifts at their highest possible peak. This is because the spirit, the particle of God within us, is infinite; its potential is limitless. There is no period to the extent of truth, wisdom, inspiration and knowledge that can be attained.

The governing factor is the state of spiritual development the

the same as Spiritual

individual has reached which determines the capacity for reception. A one-pint jug cannot hold more than that quantity of milk.

In mediumship we are involved in fundamental spiritual implications. A radio or television set has its range of reception pre-determined by the manufacturers. It cannot function on any other frequencies. Mediums, who are in effect human radio and television sets, do not have this allotted restriction imposed on them. By the use of God-given free will they can extend their range by sacrifice and determination. The result will be to give the greatest service to the largest possible number of people.

Mourners can be comforted with Survival evidence from loved ones. The sick can be healed even when medicine can do no more. Guidance can be given to those who have nowhere else to turn.

While psychic faculties in essence need have no spiritual significance, it is when their possessors attain awareness and regulate their lives by altruism and seek to develop their characters that a tremendous transmutation occurs.

It is more important to make people aware of their spiritual nature, which is one very important function of mediumship; than to tell clients what the future has in store for them in this world.

This is not to denigrate the work of honest psychics who do help people in trouble. But in the last analysis it is a far greater service to make individuals realize they are spirits *with* bodies, not vice versa, so that they understand the reason for earthly life.

When God, with infinite wisdom, has bestowed a gift on us, it becomes our duty to use it to its greatest attainment so that we fulfill the purpose of our being and help others to do so.

The foregoing appeared in **Two Worlds**, foremost English Spiritualist monthly, as an editorial by Maurice Barbanell, a most forthright writer.

It is well known to all observers of human nature that certain people seem to "bring out the best in each other," that, when

Let's look at

they are together, each nature seems to blossom and to become capable of greater heights of development than could be reached alone, and at the same time a wonderful joy and radiance pervades them. Should they be parted from each other they droop and wither, and though time serves to alleviate the bitterness of severance, neither soul rises to its full stature in solitude. There may be no mournful and self-pitying brooding over the past, no morbid refusal to transfer interest to fresh objects, but there is an abiding sense of life lived below its normal level.

Such people may even fancy that they are not two separate entities, but the halves of a single whole. The close sympathy and perfect rapport between two such minds causes every mood to find its reflection in the other, so that the grief of one will plunge both in sorrow, and joy rejoice them equally.

Popular thought is well aware of these conditions, and the hope of their attainment is hidden in every heart; however much experience may teach the unlikelihood of its realization, yet the hope ever springs up anew, so deep-rooted among the instincts is it; but though the hope is universal its realization is rare, for a complete union with another demands complete abnegation of self, and souls capable of such selflessness are few. For such a union two equally selfless souls must join, it is not enough that one should give completely and the other merely receive. It is not even enough that each should give his or her all, each must give what the other needs, otherwise the sacrifice is unavailing, and herein lies the key to many of the problems of unrequited love.

A good comradeship is the best that most men and women can expect after the heat of passion has cooled with familiarity and the lessening of physical beauty; and though such a comradeship is one of the noblest and most beautiful things on earth, yet it is not that closer mating to which we refer, and popular thought is well aware of this and has designated such mates as "twin souls," knowing that the bond far surpasses that which is known as married love, beautiful and profound as it is.

TWIN SOULS

The close and lifelong bond of married love, for whose fire the passion of lovers is but the kindling, is built of a thousand mutual needs, tenderesses, memories and sympathies arising out of companionship; this other love knows no building, but is born full-grown and transcends all other ties, or, should the ties be maintained, breaks the soul.

Such a strong bond, that springs into being mature, cannot be regarded as a new birth, it is rather the reincarnation of a passion that was developed in past lives; though the conscious mind is ignorant, the subconscious isn't and claims its mate.

The phenomenon of this love in physical being is exceedingly rare, though commonplace passion or sudden emotional sympathy are easily exaggerated by their hungry souls into something higher than their reality. Individuals of a lowly evolution, and these are most liable to sudden and uncontrollable passions, are too egocentric, too bound up within their own limitations and appetites, to be capable of a lasting and harmonious union with any creature; still less can they realize the ideal of complete selflessness and service which is implied in the concept of another who shall be as one's very self. They have but little to bestow in return for the satisfaction of their hungry desires, and the one who undertakes to minister to these soon grows weary of the unrequited task.

The great majority of people are capable of a perfectly harmonious and satisfactory union with any member of a given type, or, in the language of esoteric science, with anyone who is upon the same ray as themselves.

Spiritual mating only can take place between those who are of the same ray-colour, but whenever we meet one of our own ray there is a sense of fundamental harmony because the

— Based on Dion Fortune's book,

"The Esoteric Philosophy of Love and Marriage"; see page ix to order see page ix to order.

line of evolution and the spiritual qualities are the same, whether these qualities be highly developed or rudimentary. It is only upon fundamental harmony that a lasting and satisfying union can be built; it is useless to expect that development shall strengthen a tie when that very development is taking place in different directions. If a man should devote his life to a military career and attain eminence therein, it would be unlikely to draw him nearer to his wife if she had devoted hers to the cause of peace between nations.

Any person who is sufficiently evolved to be able to conceive an ideal and strive towards it must have regard to the ray-colour (denoted by the type of idealism) in choosing a mate, though the low types, who have no idea beyond self-interest, can mate on a basis of mutual passion and physical attraction and find as much satisfaction as they are capable of deriving from a union.

It may be stated that although esoteric science recognizes the existence of "twin souls," it does not hold that every case of sudden and violent passion between individuals is such an indissoluble union; it may be just what its name implies, passion and nothing more, dying down as quickly as it has sprung up and capable of renewal at the stimulus of a fresh object. Neither would esoteric science teach that the meeting of "twin souls," even if the supposed tie actually existed between them, was justification for any failure to discharge existing obligations; though our divorce laws may have little relation to either the facts of human life or cosmic law, to break them incurs the penalties of society, and to inflict hardship upon an innocent person is no part of the Path of Enlightenment. Rather the esotericist would hold that as a single life is but a stage upon the soul's journey through evolution, we do best to sacrifice one short day of our existence in the honorable fulfillment of a bargain, so that future lives may be free from past debts and the great love harmoniously attained.

HOW SOULS FIND THEIR MATES

Souls can achieve mating in three different ways: firstly, through the ordinary attractions of sex; secondly, by the renewing of Karmic Ties; and thirdly, according to the higher Cosmic Laws. Each of these forms of attraction needs to be

understood if we are to adjust our lives truly and harmoniously, for each of us may be drawn to another in all three ways; and we must not forget that as long as we are human at all we shall have capacity for response to the lure of sex, a capacity which needs to be qualified by the guidance of the reason lest it prove a dangerous and short-sighted guide.

The readiness of our response to the lure of sex is due to the rise and fall of certain physiological tides within the organism, and we must always remind ourselves that the appeal a certain person makes to our emotions may simply be due to the fact that we are in an emotional state; broadly speaking, after the age of puberty has been reached, a member of the opposite sex will attract us unless that person has attributes whose repulsiveness suffices to counterbalance the fascination; discrepancies of age, social status, or physical defects neutralize the instinctive attraction, unless that attraction is exceptionally strong.

Should there be no immediate barrier, however, and mating take place in response to a physical urge translated as emotion, then the success of that mating will depend upon the harmony or disharmony revealed by experience between the two characters. A union entered into without reflection is as much dependent upon luck for its happiness as is the turning up of double sixes in a throw of dice—and as rare.

(to be continued)

THE VALUE OF BEING ALONE

In order to grow in grace, we must be much alone. It is not in society that the soul grows most vigorously. In one, single, quiet hour of prayer it will often make more progress than in days of company with others. It is in the desert that the dew falls freshest and the air is the purest.

—*H. Bonar*

Your Prayer Life

TRUST THE LORD

There is no sickness but there is a balm;
There is no storm but soon must come a calm;
There is no broken heart but can be healed;
No harsh earth-noise but can in peace be stilled,
No deep breavement but shall find relief —
Deeper and greater than was e'er the grief;
No bitter wail but shall give way to song;
No way so dark, but light shall break ere long;
No sufferer whose sufferings may not cease,
No prisoner who may not find release;
No earthly sorrow but hath its reward,
If only we will wait and trust the Lord.

ON THE WINGS OF PRAYER

Just close your eyes
 and open your heart
And feel your worries
 and cares depart,
Just yield yourself
 to the Father above
And let Him hold you
 secure in His love. . .
For life on earth
 grows more involved
With endless problems
 that can't be solved —
But God only asks us
 to do our best,
Then He will "take over"
 and finish the rest . . .
So when you are tired,
 discouraged and blue,
There's always one door
 that is open to you —

GLOBAL CONTACT

One egg reacts to another when it is cracked; a plant also will similarly react to it. There are many subtle forces and energies surrounding us and within us. The evidence is very clear, but scientifically largely unexplainable, mainly due to the fact that instrumentation is not sophisticated enough to measure them. The most powerful and subtle of all such forces is the creative power of thought.

from Cleve Backster in *National Wildlife*

“As love gives life to the human heart in travail, so does folly teach it the ways of wisdom. Pain and folly lead to a great joy and a perfect knowledge, for the Eternal Wisdom has created no thing in vain under the sun.”

from *A Tear and a Smile* by Kahlil Gibran (unavailable)

As man evolves from his self-conscious state towards God-consciousness he opens himself to influences and forces coming from other spheres of life. Past civilizations have employed magical powers for selfish purposes, a sin which eventually brought about their destruction. These people not being so advanced mentally as subsequent races were easily swayed by what you call magical bodies of this present age. They discovered that by using certain crude magical forms and ceremonies they could gain power over their fellow creatures. They used this ‘black magic’ and it eventually brought about their destruction, but not to all. Some souls had all along resisted these easily gained magical powers because they were responding to the voice of conscience.

from *White Eagle* in *Stella Polaris*

Healing Children

In children, the healing gift often lies so close to the surface, that even the smallest creature’s suffering can transform the innate desire to heal into a positive reality.

from *The Spiritual Healer*
magazine by Leslie Harvey

From

Andrew Jackson Davis comes
THE PHILOSOPHY OF DEATH

Could you but turn your natural gaze from the lifeless body, which can no longer answer to your look of love; and could your spiritual eyes be opened, you would behold—standing in your midst—a form, the same, but more beautiful, and living! Hence there is great cause to rejoice at the *birth* of the spirit from this world into the Inner Sphere of life—yea, it is far more reasonable and appropriate to weep at the majority of marriages which occur in this world, than to lament when man's immortal spirit escapes from its earthly form, to live and unfold in a higher and better country! You may clothe yourselves with the dark habiliments of woe, when you consign, at the altar, a heart to a living grave; or when you chain the soul to breathe in an uncongenial atmosphere, but robe yourselves with garments of light to honor the spirit's birth into a higher life.

The period required to accomplish the entire *change*, which I saw, was not far from two hours and a half; but this furnishes no rule as to the time required for *every* spirit to elevate and reorganize itself above the head of the outer form. Without changing my position, or spiritual perceptions, I continued to observe the movements of her new-born spirit. As soon as she became accustomed to the new elements which surrounded her, she descended from her elevated position, which was immediately over the body, by an effort of will power, and directly passed out of the door of the bedroom, in which she had lain (in the material form) prostrated with disease for several weeks. It being in the summer month, the doors were all open, and her egress from the house was attended with no obstructions. I saw her pass through the adjoining room, out of the door, and step from the house into the atmosphere! I was overwhelmed with delight and astonishment, when, for the first time, I realized the universal truth that the spiritual organization can tread the atmosphere, which, while in the coarser, earthly form, we breathe—so much more refined is man's spiritual constitution. She walked in the atmosphere as

easily, and in the same manner, as we tread the earth, and ascend an eminence. Immediately upon her emergence from the house, *she was joined by two friendly spirits from the spiritual country*; and, after tenderly recognizing and communing with each other, the three, in the most graceful manner, began ascending obliquely through the ethereal envelopment of our globe. They walked so naturally and fraternally together, that I could scarcely realize the fact that they trod the air—they seemed to be walking upon the side of a glorious but familiar mountain! I continued to gaze upon them until the distance shut them from my view; whereupon I returned to my external and ordinary condition.

Oh what a contrast! Instead of beholding that beautiful and youthfully unfolded spirit, I now saw, in common with those about me, the lifeless-cold-shrouded organism of the caterpillar, which the joyous butterfly had so recently abandoned.

Man, during his sojourn of life on earth, is a TRINITY BEING: MIND or SPIRIT; Spirit body or SOUL; and PHYSICAL body!

The atomic spirit body interpenetrates every cell of the gross physical body, which is composed of the chemical and mineral elements OF EARTH.

The individualized SPIRIT or MIND associates with and controls the gross physical body through its finer, immortal, or indestructible, body, until the gross, cellular body can no longer serve as a dwelling place. Then, in accord with LAWS OF NATURE, established by DEITY, which governs every atom in the unbounded UNIVERSE, the Spirit body, with its occupant, emerges from and severs its connection with the gross body, to live and evolve in realms or planes of higher vibration.

The discarded physical body, also in obedience to LAWS of Nature, eventually reverts to the atomic elements of which it was composed.

The SOUL, though of finer substance—higher frequency or vibration—than chemicals and minerals of Earth, is still MATTER and as tangible, in the World of higher vibrations, as the physical body is in the plane of lower frequencies of Earth.

The FEAR, that death is the final and complete annihilation of the individual and of personal consciousness and memory, stems from the lack of knowledge, and has NO FOUNDATION IN TRUTH!



I follow a simple little procedure which gives me many an unexpected lift of spirit.

On various sizes and colors of paper, I write short prayers.

*Out of my need You come to me, Oh Father; Lord, I believe.
Help Thou my unbelief. . . or a simple
Teach me, Father, to use well the blessings You have given
me.*

I fold these and tuck them away in places I seldom get into, such as my box of leftover Christmas cards, old jewelry boxes with my sewing trimmings, or my recipe file. It never fails to give me a lift whenever unexpectedly I run across one of these messages.

Also, outside of my home, often I leave one of these short prayers on the bus seat or in the doctor's office. Who knows — maybe someone else will find one of these prayers and be helped as I have been.

— Hazel Miller, Largo, Florida

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— See page ix to order —

PSYCHIC PERCEPTION

and your child

The Book of Proverbs 13:24 says: *He that spareth his rod hateth his son: but he that loveth him chasteneth him betimes.* Proverbs 23:13 and 29:15: *Withhold not correction from the child: for if thou beatest him with the rod, he shall not die. Thou shalt beat him with the rod, and shalt deliver his soul from hell. The rod and reproof give wisdom: but a child left to himself bringeth his mother to shame.*

These are marvelous words of wisdom for parents today. The modern-day custom of permissiveness and generally letting the child do what he wants to do without correction and discipline is disastrous. Every child needs discipline and correction. You must express your disapproval when a small boy hits his sister or breaks her dolls. Let him know in no uncertain terms that he is not allowed to do this.

Children can be little animals. They may want to run wild and not go to school; you may have to take them by the ear and see to it that they do go to school and behave. *There is no love without discipline and no discipline without love.*

He that spareth the rod hateth. . . . "Hate" in the Bible means to reject the negatives, such as impudence, lying, disorderly conduct, stealing, etc. Keep in mind the fact that we are dealing with the language of the 16th century. *Except a man hate his father.* . . . doesn't mean you hate your father. It means to reject his beliefs of hell, of an angry God, and of superstitious beliefs. *He that loveth his son chasteneth.* . . . means that the father disciplines his son or his daughter and makes the child conform to the Golden Rule and the law of love.

A child has to be taught manners, deportment, sharing, cooperation, respect for authority, respect for parents, and prayer therapy. *Withhold*

not correction from the child: for if thou beatest him with the rod, he shall not die. He shall not die to love, peace, harmony, right action, honesty, respect for others and their property, and reverence for things Divine. "I die daily," Paul says; that is, die to ill will, bitterness, and false beliefs.

Honor thy father and mother. If a boy doesn't honor his parents, how can he respect his teachers, professors, policemen, and others in authority? *Wisdom is justified of her children.* Wisdom is awareness of the power of God. There are "children" of the mind, also, such as books, plays, paintings, buildings, songs, music, and shows. When you look at the cesspool of iniquity displayed on some book stalls, you realize they must come forth from twisted, distorted, and disturbed personalities — which, to say the least, is putting it mildly.

If you had a deep reverence for the Supreme Architect, what kind of paintings would you bring forth? Since you would be in tune with the indescribable beauty of God, you would bring forth things of beauty and joy forever. In this light, think of the art of Michaelangelo.

Thou shalt beat him with the rod, and shalt deliver his soul from hell. "Hell" means restriction, self-imposed bondage, misery, and suffering — all brought on by poisoning and polluting our subconscious mind with hatred, resentment, hostility, and bigotry; but when the child is taught the real meaning of the Ten Commandments, the Golden Rule, and the wholesome use of his mind, and is properly guided to conform when he is young, he will grow up and acquire the habit of filling his mind with life-giving patterns.

The rod and reproof give wisdom. When you have wisdom, you coordinate all your activities in Divine order. You are capable of tuning in on the Infinite Intelligence within you and receiving answers to the most perplexing problems. "Divine order" means that you express yourself at your highest level, and you radiate love and goodwill to all. Having wisdom, you know that to hate, resent, or to be envious of another, you simply poison your soul and mind and bring all manner of diseases, mental and physical, upon yourself.

A child left to himself bringeth his mother to shame. This means that a child left to wander off without spiritual instruction and without ordinary rules of good conduct will grow up with a contaminated mind, will perhaps become a delinquent, and possibly will even end up in jail.

(to be continued)

*The foregoing is based on excerpts from Dr. Murphy's book, **Psychic Perception: The Magic of Extrasensory Power.** See page ix to order.*



The Pruned Branch

*"Every branch that beareth fruit, he purgeth it,
that it may bring forth more fruit."*

It is the branch that bears the fruit
That feels the knife,
To prune it for a larger growth
And fuller life,
Though every budding twig be lopped
And every grace
Of swaying tendril, springing leaf
Be lost a space.
Oh, thou whose life of joy seems reft,
Of beauty shorn,
Whose aspirations lie in dust,
All bruised and torn,
Rejoice, though each desire, each dream,
Each hope of thine
Shall fall and fade; it is the hand
Of love divine
That holds the knife, that cuts and breaks
With tenderest touch,
That thou, whose life hast borne some fruit,
May now bear much.

— by Annie Johnson Flint

BOOK TALK

“THERE IS NO SUCH THING as a miracle,” remarks Mr. A., a healer who has effected thousands of dramatic – and seemingly miraculous – cures by transmitting life energies to persons suffering from conditions varying from cancer to senility, arthritis, polio, crippling and dozens of other physical and mental disabilities. “A miracle,” he adds, “is simply what one does not yet understand.”

In her new book, *BORN TO HEAL** bestselling author Ruth Montgomery goes beyond Mr. A’s modest appraisal of his gift to explain his strange power, how he uses it, and, by relating case histories, what his treatment is like. Mrs. Montgomery has witnessed the astonishing work of this Mr. A (who prefers to remain anonymous) when she met him some years ago in Washington, D.C., was subsequently treated by him, and since then has interviewed hundreds of his patients.

According to Mr. A, treatment is based on what he calls the “Ancient Wisdom” of energy as the life-force. Each person has his own individual energy frequency located in the lower abdomen, which distributes energy to all parts and functions of the body. When this energy field is depleted, blocked or otherwise malfunctioning, Mr. A. is able to transmit, by placing his fingers on certain areas of the body, his own energy directly into his patient’s magnetic field. This results in an almost instantaneous correction of the ailment – heartbeats become normal, swelling and lumps disappear, paralyzed limbs regain movement. This extraordinary power, which Mr. A. has had from early childhood is transmitted to him from what he refers to as the “Universal Ring” – which is the earth’s magnetic field, in which all wisdom and knowledge are stored.

When asked how he knows what to do for each individual case, Mr. A. replies that he only has to listen to the heart to know where the trouble is. The tone of the beat provides the clue.

Following his “inner instructions”, Mr. A. has lived what seems several lifetimes in one. Now, at the age of 77, on the eve of his retirement, you will be amazed at the account of his work.

(* see page ix to order)

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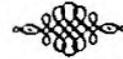
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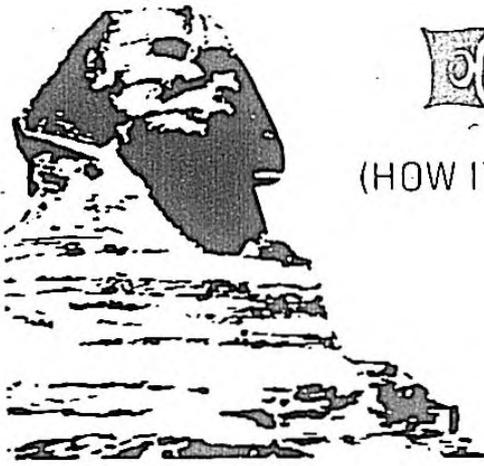
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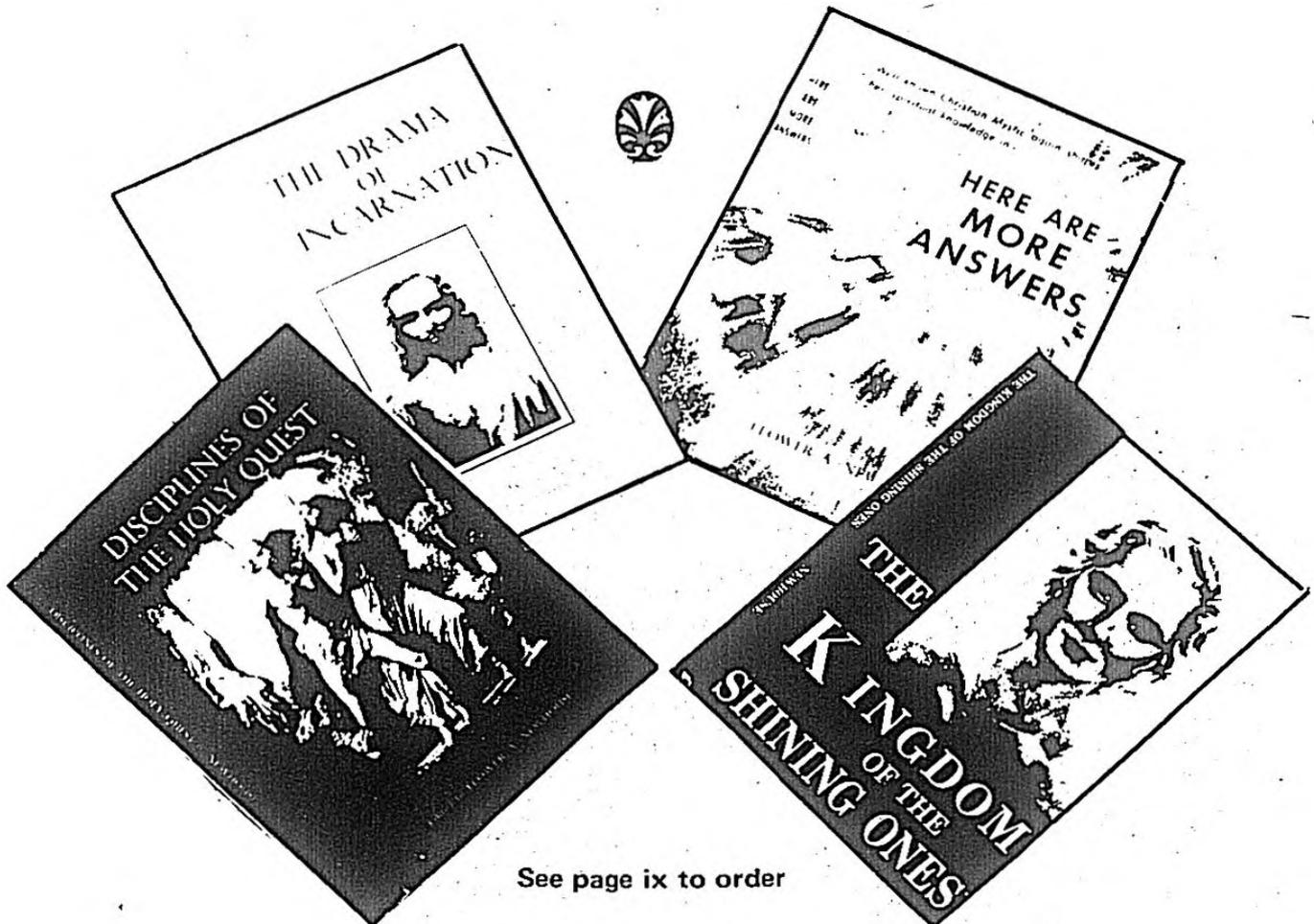
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A great void is left among us,
But, he is free from pain and strife.

We shall miss him so profoundly
As we will for many a year.
We will long for the loving presence,
And to see that smile so dear.

It is not to grieve for loved ones
Who have passed beyond that door.
Theirs is now the sweet reunion
With the dear ones gone before.

And each one of us must answer
When our Savior bids us "Come."
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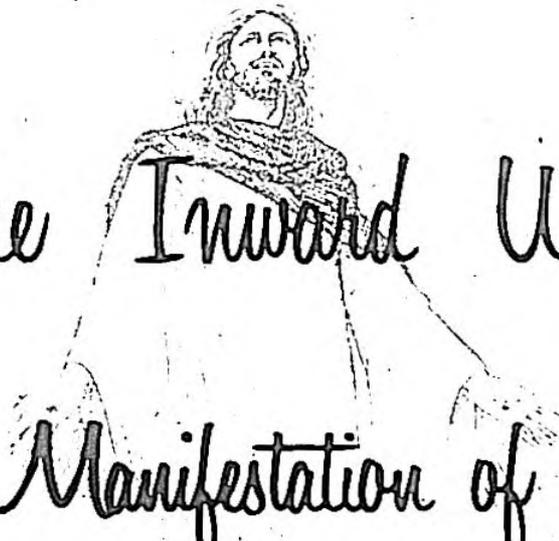
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The Inward Way
The Manifestation of Christ

as given to Cherie L. Silva

Mortals see short-sighted,
but Faith gives vision to
look beyond,
And grasp hands with
Eternity.

—Blessed Jesus

CHAPTER ONE

“LOOKING INWARD”

SAINT AMBROSE

Part One:

It is the intent and purpose of every searching soul, whether consciously or sub-consciously, to grow into the image of the Son of God; to develop the inner self to the greatest, and to diminish the crusty exterior to the least, or lessor. As one becomes more highly developed, and consciously ordains this order within their life, this process is known as “looking inward”. This chapter will endeavor to ease somewhat, the

CHAPTERS FROM A FUTURE BOOK

struggle, by adding light to some of the more pressing trials, and problems of this stage in progression.

(We will assume that by this time, one has already begun studying faithfully their Bible, and has become aware of the finer points that are necessary to the Christian character — for this reason we will not go into the basics of spiritual growth, but will begin by taking it for granted that this is already firm, living knowledge within.)

It is at this point that one must reach out for the hand of the living God more diligently than ever before. One must *consciously reach* their hand to His, and let Him guide, and feed, with the ultimate goal of total fellowship always before their eyes. One might say, "I have fellowship: He hears and answers my every prayer" — however, this is not the end, it is but the beginning!

Picture one sitting in their home, and as they realize a need, or desire, they pick up the telephone and dial. They dutifully say the proper and courteous things, and then, put in their petition: leave their order, with the party contacted. This is not fellowship — this is in reality, a long-distance relationship between two parties; basically to fulfill the needs and requirements of the party of the first part! When one is looking inward, they become aware of an intense desire to fulfill the will of the other party *first* — this born of their devotion and love for the other, **OVER THEMSELVES**. Translate this into one's relationship with the Father, and see the great need, the great lack, in any sense of true fellowship!

Therefore, the first step on this path inward is to *work* towards fulfilling the desire of the soul, in paving the way for total fellowship with our Lord. This is where reaching truly begins. This is also where true opposition begins from those who inhabit the darkness, as they literally fight one every step; and with each step taken, the war wages more mightily. This is not a road to be traveled by the fainthearted, nor fearful; it is many times a lonely road, and always a hard one! Thank God,

forever, Who gives us His Blessed Son to succor us, and assure us of victory!

The saying, "as one thinks, so he is", is a basic spiritual truth; and in the efforts to reach, to actually place one's hand in His, one's thoughts well prove either to help or greatly hinder. If one's mind is allowed to roam, to wander over the wordly paths, naturally they will not succeed in this but for a few moments of the day. If, however, their minds are held in check by their hearts, which *must* hold the reigns, they will find, and feel, His hand progressively more and more throughout each day, until It becomes a part of them.

So, REACH, and in so doing, school the mind, follow the heart, and realize the success of this first step inward!

Along with the reaching must come devotion, bit by bit, just as one mixes a formula. Devotion must grow until it overtakes all else within one's life; then, and only then, can one come to the Father completely dedicated to *His* will, and listen!

Listening is a prime ingredient to fellowship — there must be devoted listening — how else can there be a relationship with another if one party does all the talking, thinking, and deciding? Listening takes form in many ways, but for now we will be primarily concerned with the active listening for His will, His thoughts, and His directions. In other words, putting *Him* in the drivers seat: There are no back-seat drivers on this path!

To these three requirements must be added action. One must WILLINGLY act upon God's will. Fervent reaching, total devotion, and dedicated listening will of themselves necessitate action: one *must* re-act to the action of the first three: one follows another as surely as cause and effect. Let it be stated here and now, that if there is not the active thought and intention of *doing*, there can be no fruitful inward journey!

With a single eye, one looks steadily heaven-ward, perceiving the secrets of the universe, of the Almighty God, and returns to water the fields about him; if it is not so, there is no Light in them.

The extent and depth of dedication required to fuel this trip inward can now be partially seen. It is now that the adversary will enter even more furiously than before; however, if the goal of fellowship has remained firmly fixed, it will evidence itself many times over by actively asserting God's power to an even greater degree. One can watch with wonder and awe, as He

repeatedly feeds them, outfits them with armor, and supplies the weapons that spell defeat for the enemy in every battle of this spiritual war-fare.

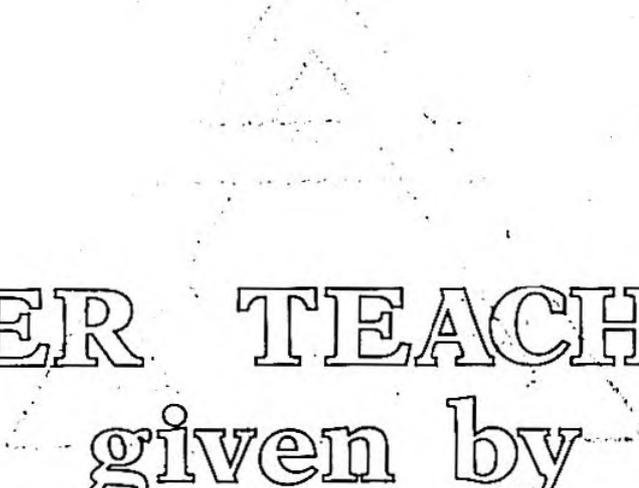
It is here, too, that loneliness will raise its head — the feeling, the knowing, that you are not a part of this world, that you do not *fit*. You will of a sudden look about and realize that you are walking alone, physically; everyone you see is amazingly absorbed in worlds of their own making, in things that really don't matter at all! You will feel as, and will be, a square peg on a board of round holes! There may be a few about you that seem to understand and be interested in this road you are traveling, but they too will fall away as your increasing spiritual interests and knowledge surpasses their understanding and development.

This is a very important stage, or stretch, on this chartered path, as it serves to carry one into just the close, PERSONAL, companionship with the Lord He has been seeking! With the temptations and trials mentioned above, this one learns to rely completely upon the strength and wisdom of God — by giving in completely, and letting *Him* fight the war. Now, he turns to the only abiding and true Friend and Companion that awaits him. The Holy Son, our Blessed Saviour, has been waiting patiently, with loving arms out-stretched for just this awakening of the deeper need of *true* fellowship and companionship. All other friendships and loves are empty compared to the unlimited, complete, love *given* to each who reach this point. With His Holy Hand firmly grasping his forever, even through the unconscious moments of the day, He will tenderly, gently, but authoritatively, guide, love, bless, and TALK with this one! The manifestation of Christ, which He promises and talks of in the Bible!



Today I live in the awareness of here-ness and now-ness. I do what needs to be done but I do not force it. I watch, as the observer and the participant, as the life process is expressed.

from *Orion* magazine.



INNER TEACHINGS
given by
The White Brotherhood
on

PRACTICAL RESULTS OF COSMIC CONSCIOUSNESS

◁ INCREASE IN ENERGY ▷

The preceding material in this series was to acquaint the reader with the treasures that await the one who earns the next step in evolution . . . Cosmic Consciousness and the Secrets of the Ages.

THREE TIMES CHARMS!

In your childhood you perhaps heard this phrase . . . "Three times is the charm". This applies to the Higher World. First the burst of Cosmic Consciousness comes to you in a MENTAL way. Your mind is filled with it. You feel you cannot hold any more Light. You feel that all the Light in the world has been poured into you in one split-second. You feel it will remain always as vivid as it is at that moment. You cannot see how you could ever be the same again as you were the moment before, but as the days go by, the physical-mental nature of the contact with the Light begins to wear away. You FEEL different; you ARE different, but its effulgence, its overwhelmingness has lessened. Your mind CAN think of other things . . . to your surprise! Then comes the HARD PULL. You may not even recognize it as such, but with the passing days and

weeks and months, the TRANSCENDENT, ALL-ENVELOPING LIGHT that filled your mind, enlarging your mental capacity, must be built into every cell of your physical body. Your Etheric Body already holds the seeds of it, but it must enter your every act, your every motion. YOU MUST EXPRESS THE LIGHT THAT YOU ARE! This is not always easy, for every daily act must be interpreted by you in the new way. Every thought must be weighed by you as to its worthiness or unworthiness to enter the NEW HOUSE OF CONSCIOUSNESS WHICH THE GOD WITHIN HAS BUILT FOR YOU.

Not until all this has been accomplished do you really have the gift of Light. When it comes to you in the Third way, it comes to you SPIRITUALLY. First *mentally*, then *physically*, and lastly *spiritually*. THEN YOU ARE THAT LIGHT.

Perhaps this may make clear to you activities of those who claim to have seen the GREAT LIGHT. They may have *seen* it, yes, but they do not yet have it as theirs for all time and for all purposes. If you, yourself, have seen the Great Light, experienced the great expansion of consciousness which takes in ALL, this lesson may aid you in understanding WHY your life has not changed suddenly to the Divine Life. It may tell you why you had to continue to struggle *almost* as you did before. You see, you were BORN INTO THE WORLD OF LIGHT with that burst of GLORY, but as a babe you had to learn to walk in it, to work in it, and to play in it.

Cosmic Consciousness IS the Re-birth ... its first glimpse is your first real reward. Cherish it; it will grow.

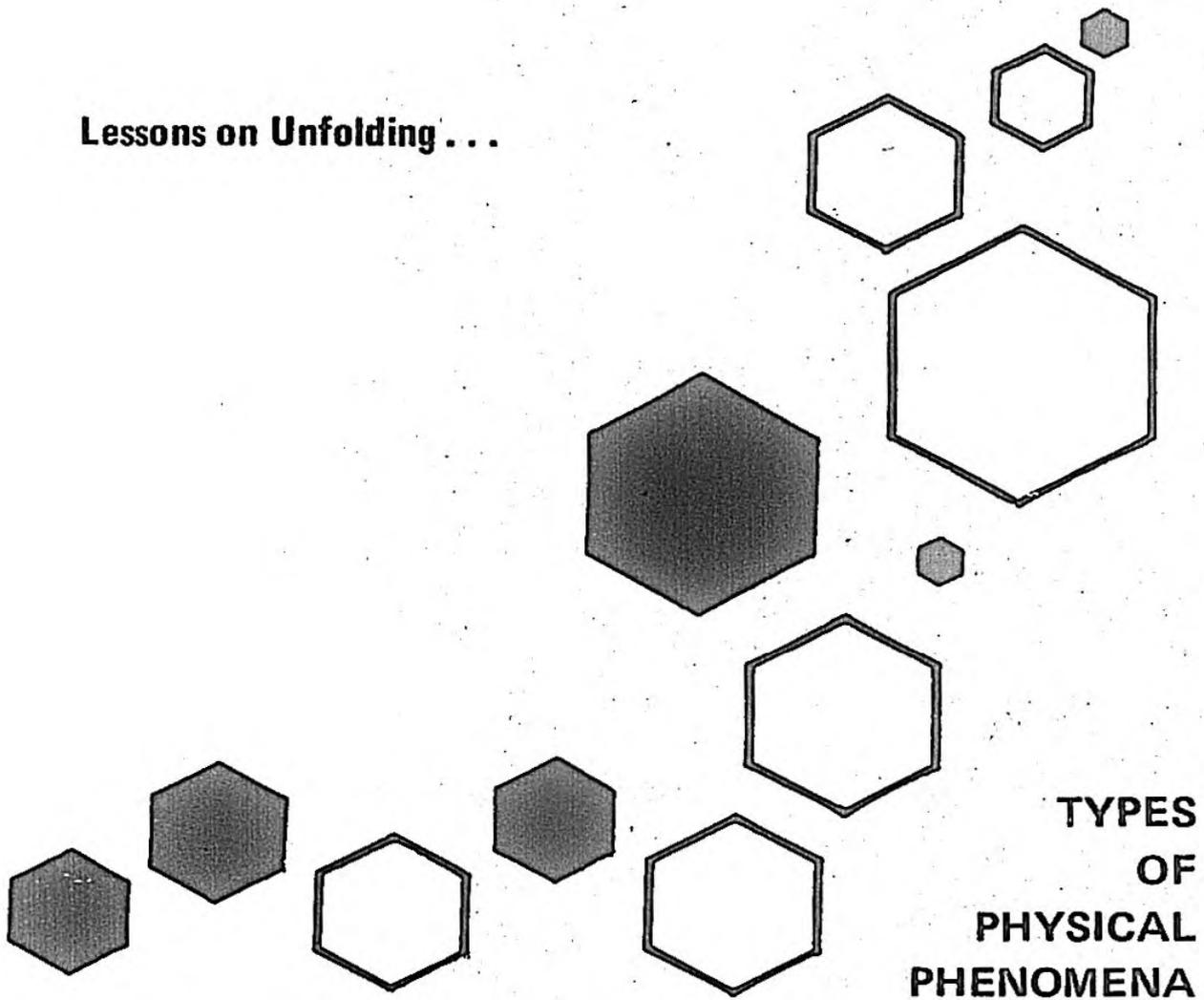
IN THE BUSINESS, PROFESSIONAL OR ARTISTIC WORLD

You do not enter these worlds of activity to earn money for your livelihood, as is popularly supposed. You enter the world of mental or physical activity because in THAT PARTICULAR WORLD is *your next Soul lesson*.

(to be continued)

The foregoing article is based on INNER TEACHINGS given by the White Brotherhood, as described on page x of this issue.

Lessons on Unfolding . . .



While human beings still live in a material world, they always will have the conviction that the concrete information given by our senses is at least one path to Reality. The very first thing to know is that the strange phenomena that have challenged so much attention are real and not delusive.

We know that normal sciences do not maintain or examine anything that is not expressible in terms of Matter and Energy . . . until we raise the question of the actual constitution of the Atom. Atoms, once they are formed, are part of the normal three-dimensional environment, and are amenable to natural laws; before they are formed the component electrons are part of a *non-material* world. Introducing Mind, we introduce a new feature altogether. The clue to the whole problem is that the Universe consists of Matter, Energy, and *Mind*. The human being similarly consists of Body, Soul, and Spirit; the second being the intermediary between the first and the third; it is probably etherial in its nature, and as such, it partakes of the Physics of the Ether to which normal physics has been led by the consideration that to carry vibrations there must be something to vibrate. . . Thus we see that in addition to the

normal three-dimensional sciences we have in addition the direct action of Mind, producing new facts. Here are some of the new findings Professor Richet summed up in his *Treatise on Metaphysics* (unavailable):

1. **Cryptesthesia** (the *lucidity* of former writers) is a faculty of cognition that differs from the normal sensorial faculties.
2. **Telekinesis** is a mechanical action that differs from all known mechanical action, being exerted at a distance and without contact on persons or objects, under certain determinate conditions.
3. **Ectoplasm** (the *materialization* of former writers) is the formation of divers objects, which in most cases seem to emerge from a human body, and take on the semblance of material realities – clothing, veils, and living bodies.

We also have evidence of other manifestations known as hauntings, supernormal photographs, healing automatism, apports, teleportations, precipitation art, dowsing, rappings . . . to name some of the most familiar.

Starting with a commonly known art – *dowsing* – we find it usually entails the finding of water, oil, or metals deep within the earth by means of a twig, or some other object that serves the same purpose.

Sir William Barrett and Theodore Besterman in their book, *The Divining-Rod*, (unavailable) describe it this way:

“There are in many parts of the world certain persons who profess to be able to discover, without the aid of any known means of investigation, the exact location of underground water. For this purpose they usually employ a Y-shaped twig. This so-called ‘divining-rod’ is held in the hands and the diviner then traverses the ground. When supposed to be approaching the hidden water, the rod is seen to move, sometimes with such vigor as forcibly to strike the holder’s body, although he claims to make considerable efforts to restrain it – a fact which seems to be proved by one limb of the twig being often snapped across under the strain of the opposing forces.”

(Rappings are to be covered in the next issue)

The foregoing material is based on a paperback booklet entitled **The Physical Phenomena of Spiritualism** by Stanley De Brath. See page ix to order.

Lesson Eighteen

HOW DO YOU HANDLE FINANCES?

(continued)

All things come from within, so create your blue-print clearly in the invisible ethers of your inner self, keep steadily at it until the primal ethers are set in motion through the action of your own Superconscious mind so that it can become ACTUALIZED. It makes no difference what you desire in life, the same methods here outlined, can be pursued.

If you still meet with failure after this year of careful study and application, then the following may be a reason: Doubt or Unbelief, or too much haste of impatience.

Since the Science of Everyday Living professes to be the most complete beginner's course in bringing harmony, joy, plenty and happiness into the life of its students, the subject of breathing will also be briefly taken up. The following exercise given in the first part of the course, and this breathing exercise should be followed *every day of your life*.

This develops the important nerve center near the pit of your stomach known as the Solar Plexus (your SUN). This must be released and functioning in a relaxed manner in order that your true and complete personality may shine through, and your self-consciousness drop away. It is through this bundle of nerves that a connection is made between man and his SOURCE, the Creative Force — the universal life waves that are everywhere for you.

THE EXERCISE: Place the hands upon the hips. Stand preferably before an open window or in the sun. Draw a long breath through the nostrils. Then slowly exhale through the nostrils as the abdomen drops out. Expand the chest as you breathe in, drawing in the abdomen. Repeat twelve times morning and night. During the exhalation, feel that you are breathing OUT all disease, failure and negative thoughts of fear, inferiority. Visualize them an instant and cast them out into the invisible ethers that they may be purified by the cosmic rays or purification which are constantly bombarding this earth (according to the latest discoveries of Professor Milliken).

Make a special effort to learn concentration. Sit in the silence while you do this exercise given you. For the best results, the same time each day must be selected. Then the subconscious mind is ready, awaiting your pleasure and it assists you. The same chair, the same room and the same surroundings are best. Try to hold one thought, (one prayer or desire) free from outside intrusion. Hold it in the mind as long as possible. Try this

next step after you have practiced with the symbol on the card.

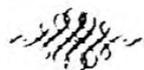
Do not become discouraged if strange thoughts creep in. Try again day after day until the thought of what you Desire is clearly formed. You are developing a new faculty of mind, and it takes just as much practice and effort as it did when you learned to read and write. After you have succeeded in holding a thought, clearly in mind, contemplate on it for several minutes. As you hold it clearly and perfectly, the Divine Forces work with you to put it into visible expression for you. If it is harmonious surroundings and success you desire, you must be able to SEE yourself in perfect surroundings. You must clearly know what perfect surroundings mean to YOU. See yourself with an abundance of all things.

If the main object is health, visualize yourself in a perfection of all parts. If it is a correction of a deformity you desire, obtain a statue or a picture which has a perfect part, and visualize that with reference to yourself. You were asked to find a Personality Picture in the first lessons; so that you would have something to visualize which would make you more completely satisfactory to yourself.

The inner beauty of character is much more worth seeking after than the outer beauty of face, but both can be had by concentrated effort and constant constructive thought.

It might be well to vary your breathing exercise, by breathing out the destructive thoughts in your morning exercise, and in the evening exercise, just before retiring, stand in the same position, and feel that you are filling yourself, drawing from the great Eternal store-house of all Good, Life abundant, Harmony, Power and the ability to gain understanding and Wisdom. When the lungs are comfortably filled, tense all the muscles of the body, hold the constructive thought for a moment, then slowly exhale while holding the thought that as the air is being exhaled, you are retaining within YOU the harmony, joy, youth, love, radiance, poise, or whatever it is you decided to breathe in.

BE FAITHFUL: Practice these hints of REAL LIVING consistently for the following three months. Then take stock. You will find a new being. Then another three months, and again take stock. Continue your learning of the Science of Everyday Living in the advanced course, which is now ready.



The next lesson will be in the valuable new field: The Psychology of Colors. The Inner Powers of the Colors you wear and the walls with which you surround yourself will be explained so that you may have an intelligent use of the beautiful basic colors with which we have been blessed.

(to be continued)

WORTHY WORDS

Experience

"As we continue to probe the atom and the universe, we may find that there are a myriad of other dimensions to discover, or rediscover, Essentially, I guess, it may mean that this life, as we know it, is just one experience among countless others." Perhaps there are "Many Mansions."

from Thelma S. Moss, Ph.D. in *Psychic* magazine

Tension

"Tension today is a complex and dangerous threat to our national health. Overcome your tensions, or they will overcome you. An adversary not to be underestimated, tension is a killer of both mind and body!"

from Lelord Kordel in *Let's Live* magazine

Tao Te Ching

It is said that if we built a cart of wheels, axles, and sides, the only adaptation of these which can be made is the use of the nothingness inside; the inner space of the cart is what is adaptable.

from Tao Te Ching the very old Oriental wisdom of Lao-tzu.

Man Makes His Circumstances

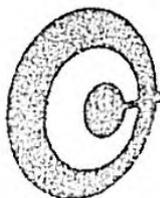
Don't be discouraged by the particular set of circumstances into which you happen to have been born, the lack of opportunity or other handicaps that surround you. No man is compelled to "stay put" save by the inertia of his own will.

— from *The Spiritual Healer* magazine, England

E.S.P.

"Focus your God-Power by visualizing the result — the physical manifestation of our shared dream. Realize the full import of linking the subjective and objective. It is the culmination of science and religion. It is full understanding of how the universe really functions, and consequently a cure of all disease and a source of all supply. It is every man's dream of utopia, but it is not an end in itself. It is only the beginning of a new age of growth and progress. We are not intellectually capable of predicting what the next goal will be, but we are sure it will be as far above our present goal as this goal is above the world we live in today.

from *Search* magazine



NEWSWORTHY NOTES

MOVIE STARS EXPERIMENT – American movie stars, Lex Barker, Bob Cummings, Arlene Dahl and Rhonda Fleming, in an experiment to demonstrate the reality of life-after-death, recently wrote down secret messages pertaining to personal events known only to themselves, and placed them in sealed envelopes now contained in a vault in The First State Bank of Lantana, Florida. By signed agreement, each of the stars specified they would try to contact a well known medium (to be selected after their death) at a seance one month after his or her demise and transmit the secret message. Only when the contact had been made, and the then-deceased star's message been received from the after-life, would the envelope be opened and a comparison made of the message the medium claims to have received with the actual message written by the star before death. If the two messages are identical, or nearly so, it is hoped this will be evidential proof of the existence of survival to many who do not now accept this concept.

WOMAN'S VISIONS HELP LAUNCH BREAKFAST FOOD INDUSTRY – Ellen Gould White, a Seventh Day Adventist, said that from 1844 to 1867 she experienced some two hundred visions which brought revelations concerning diet, health, and proper care of the body. The author of numerous health-care books, in 1866 one of her visions led her to found the Battle Creek Sanitarium in Michigan. W. K. Kellogg, creator of corn flakes, started his career in the food industry by working at the sanitarium under his brother, Dr. John Kellogg, for \$6 per week. It was Dr. Kellogg's wife, a graduate dietician, who probably developed the first pre-cooked flaked cereal, but it was Dr. Kellogg and his brother who perfected corn flakes that remained fresh for a long period. W. K. Kellogg eventually bought his brother out and later built an enormous food empire.

WHY THE ROBERT YOUNGS ARE 'STUDENTS' – Following the demise of his long-running, incredibly successful television series, "Father Knows Best", Robert Young suffered a nervous breakdown. Waging a life-and-death battle with himself, Young turned to his wife, Betty, and together they read, studied and prayed. According to Mrs. Young, "Bob and I communicate with each other. We talk a lot, sometimes 5 or 6 hours at a time, to clarify our thoughts. We read a lot: psychology, spiritualism, metaphysics and philosophy. We realize we can't change the world until we change ourselves, and gradually that has happened. Bob is now a serene and confident man. We give each other strength and we are totally united."



Sermonette

By Dr. Joseph Murphy
Beverly Hills, California

†††

ADVANCE TO HIGH PLACES

Quiet the wheels of your mind and remind yourself that God indwells you. Whenever you experience a setback or a disappointment, pronounce it as good. Affirm it is God in action, meaning all-around harmony and peace, and the event will turn out to be a blessing in disguise.

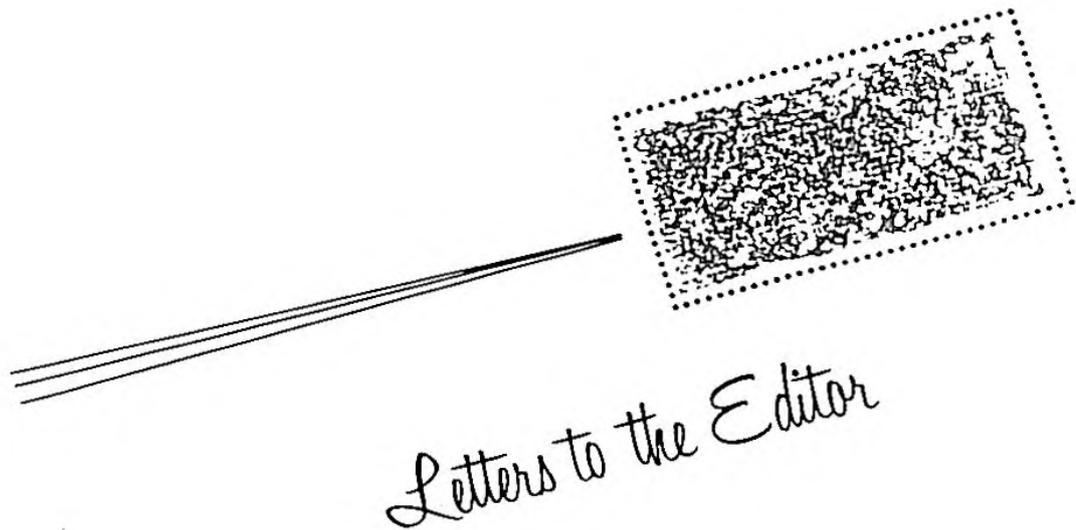
Join up with the Infinite in the same way that an operator uses an electric hoist to lift the load, just by turning on a switch and leaving it on. The electric power, without any struggle, lifts the load to any desired height. Let the God-Power work through you, and your faith will be amply rewarded.

The secret of your advancement and promotion to high places is to believe that God is working through you in whatever you may be doing. Desire to serve first. Be sincere, practical, and as efficient as you can. You will be surprised at the results. Others put trust in you, and you will be exalted.

Whatever you mentally and spiritually identify with and remain faithful to, your subconscious brings to pass, and you will be compelled to express the cherished desire of your heart.



A most inspiring and spiritual book on meditation, **Quiet Moments with God**, by Dr. Murphy shows the way to discover that Divine power we all have within that can enable us to live a full life of health, love, peace and prosperity. Do give yourself a chance to find out what Dr. Murphy has to tell you. You may order it on page ix of this issue.



CONTACTEE ANYONE? — If you are still interested in “contactees” mentioned in an old issue of Chimes I came across recently, I would like to volunteer. I have been interested in psychic studies for years and hypnotism by telepathy at a considerable distance. Would like to volunteer for psychic experiments. Sincerely,

— Freya Barnes, R. 2, Hagerstown, IN 47346

(Don't quite recall to what project the writer above refers, but anyone interested in personal experimentations may contact the writer directly).

SUCH PRECIOUS FRIENDS! — Enclosed is a gift that I am happy to be able to send to Chimes to help with the continuing spiritual illumination. My prayers join with yours in the finding of an assistant or volunteer to carry on Chimes' much needed teachings. Thirty years plus is an enormous achievement for one lifetime of bringing enlightenment to so many earth souls.

— Mrs. Ruth Seeley, Cincinnati, OH

(Over the years Chimes has become a mutual cooperative endeavor of helping to sustain others in their needs and they in turn sustain Chimes. As long as we need one another, God will help us to find the way to keep walking the path of Light together.)

WE ARE NEVER ALONE — I want to say to you, dear friends in the Light and teachers of Truth, that I am so glad and thankful indeed for the progress you have helped me to make, for I think I have come a long ways through wonderful lessons in Chimes and those you have been sending me. I don't see how they could be more inspiring and helpful. The breathing exercises in one of them have helped me greatly. What would I do without the Chimes family?

— Mrs. Ethel Phillips, Radford, VA

LET YOUR LIGHT SHINE MORE BRIGHTLY THRU CHIMES

JOIN YOUR CHIMES FAMILY IN EXPRESSING APPRECIATION

For remember — as you do your part to help ALL who are light bearers, you are doing something constructive and creative to usher in the coming Golden Age.

Many thousands of souls now are turning their faces to the light, are seeking teachings of Truth, are seeking places of solace where they may find others of like mind and heart.

There are many opportunities . . . many ways in which you can help to dissipate the darkness enveloping our beautiful planet. One of those ways is to support the Chimes Family of Light Bearers. Will you do as much as you can NOW to give your help? If you will, here is one place to start:

HERE IS HELP FOR MY CHIMES FAMILY . . .

Here is my monthly donation for helping with the work of the Chimes Family and to widen the linking of lights to bring spiritual guidance in these Latter Days:

\$ _____ monthly donation enclosed Date _____

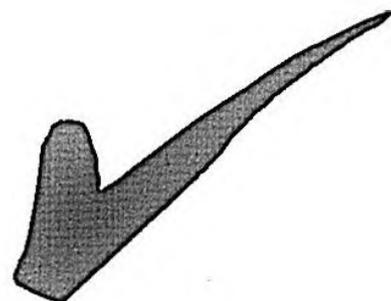
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CHIMES RECOMMENDS



a few selections . . soon to be gone . . you might have missed

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