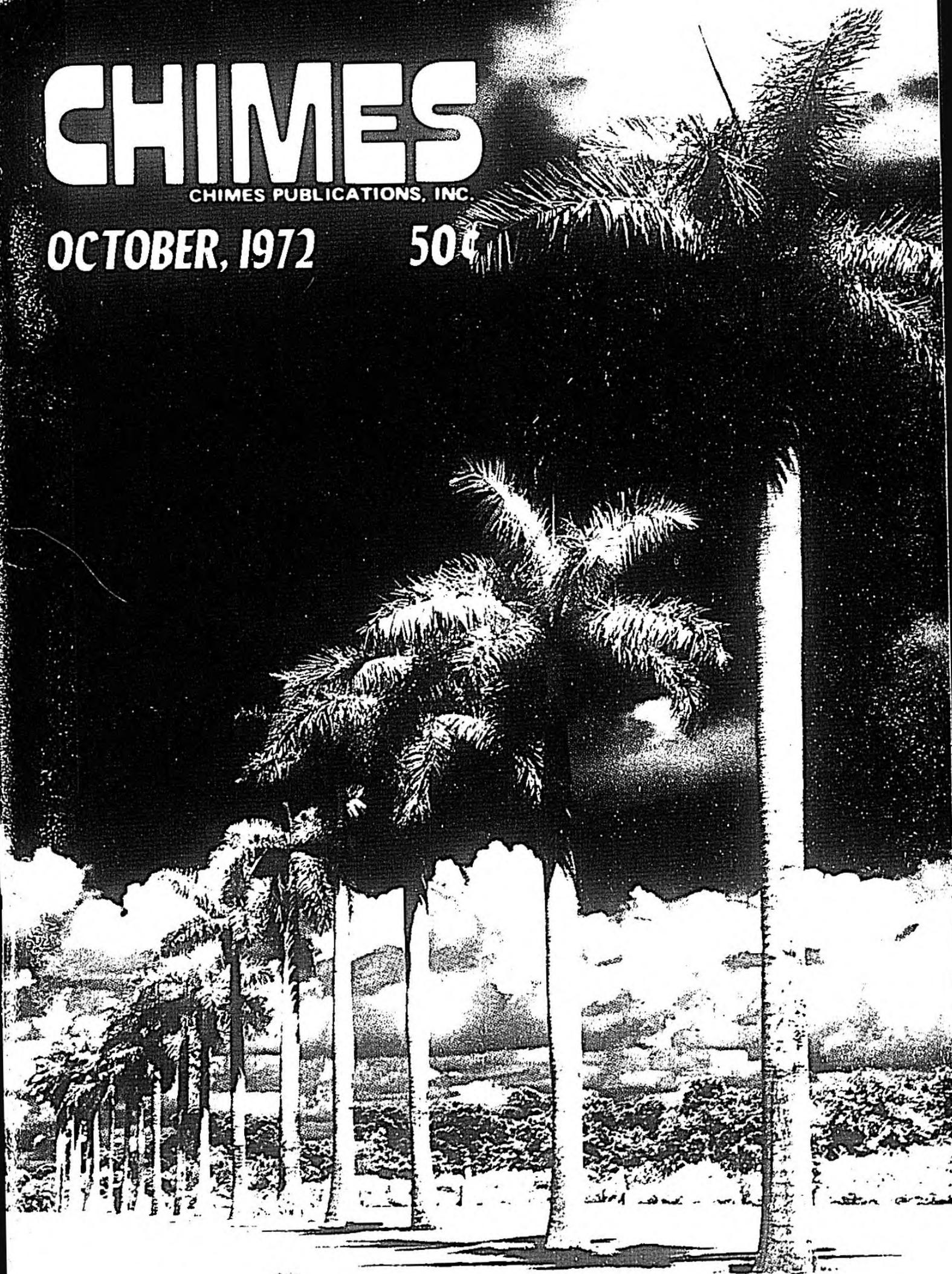


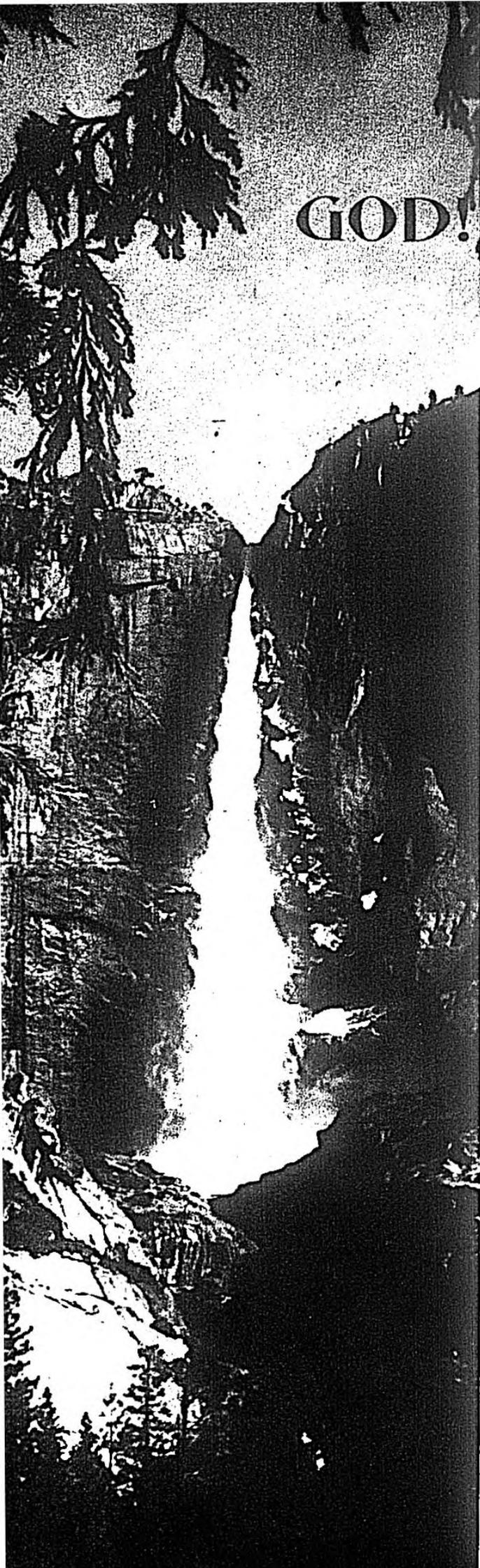
# CHIMES

CHIMES PUBLICATIONS, INC.

OCTOBER, 1972

50¢





# GOD! GOD! GOD!

From the depths of slumber,  
As I ascend the spiral stairway of wakefulness,  
I whisper:  
God! God! God!

Thou art the food, and when I break my fast  
Of nightly separation from Thee,  
I taste Thee, and mentally say:  
God! God! God!

No matter where I go, the spotlight of my mind  
Ever keeps turning on Thee;  
And in the battle din of activity my silent war-  
cry is ever:  
God! God! God!

When boisterous storms of trials shriek  
And worries howl at me,  
I drown their clamor, loudly chanting:  
God! God! God!

When my mind weaves dreams  
With threads of memories,  
On that magic cloth I do emboss:  
God! God! God!

Every night, in time of deepest sleep,  
My peace dreams and calls: Joy! Joy! Joy!  
And my joy comes singing evermore:  
God! God! God!

In waking, eating, working, dreaming, sleeping,  
Serving, meditating, chanting, divinely loving,  
My soul constantly hums, unheard by any:  
God! God! God!

By Paramahansa Yogananda, author of  
*Autobiography of a Yogi*, a Chimes book

P.O. BOX 818, ENCINITAS, CA 92024

31st year of continuous publication

Edited with the inspiration of Spirit

*It is the policy of Chimes to present material for students which reflects many facets of the One Truth — not only in the magazine, but also in the book catalog listings carried by Chimes. Each of us must choose for ourselves that which suits us best with each step we take along the path of life.*

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AN AMERICAN PILOT, whose first book about a seagull surprisingly heads the best-seller lists in this country, says he did NOT write it but was guided by a Spirit Voice.

Reported in the *Psychic News* of London, England, Richard Bach, the author of *Jonathan Livingston Seagull*, told a British columnist that while walking on a canal embankment one foggy evening in 1959 he heard a Voice say, "Jonathan Livingston Seagull."

The story Bach then wrote concerned a seagull "who does extraordinary things because he dares to do them." It was a story conveyed to him somewhat like a private TV serial, according to the journalist in whom he had confided.

As he was receiving the story, there came a stage when it was "suddenly cut off like fireworks gone cold in the sky." He tried very hard to finish it, but the endings he thought up were nothing at all like those the Voice had been giving him.

It was eight years later that he awoke at 5 o'clock one morning with the story's ending coming through. All he had wanted was to go back to sleep at that time, but, as he recalled, "here was this thing in my head, insisting on getting out on to paper. I thought, if the ending were due after all, the Voice could have chosen a better time." Now, of course, he is glad he gave up that little bit of sleep for his 93-page book's completion.

In the words of the journalist who interviewed Bach, "The consumer society on one side, the drop-out society on the other, America has been waiting for a Jonathan-type message and is now seizing on this unlikely little best-seller as though starving for it."

Students on campuses throughout the country have turned it into a new campus cult. It represented a type of flight to freedom, an identification with the spirit that young people could readily feel and be at-one with. They understood why with Jonathan flying was more than to pick up food . . . it was *flying!* Even outlawed by his flock, Jonathan flew experimenting with his own particular flight techniques.

Half a million readers claim it as a contemporary fable. Publishing and film rights have been sold all over the world. Even the British edition of the book came about in an intriguing way. Without any idea that Bach was writing such a book, an acquaintance of his had been busy at the same time photographing a feature on seagulls . . . later destined to

(concluded on page 23)

# Jonathan Livingston Seagull

a "Voice" wrote it, not me...

says the author of this best-seller



# MANNY REALMS

## PART II.

While all this was taking place the walls of the hospital room disappeared, and everything that had happened to me from the time I was born through to my 20th year was there in panoramic view. Everything I had done in public, everything I had done in private, everything in light, everything in darkness! And to give you some idea of what I am talking about, I invite all of you who would like the Holy Spirit of God to say everything it knows about you – everything you have ever done and said – in public, to please hold up your hands.

The first thing that impressed me about this Being in whose presence I was standing was the sheer *strength* of His Being. The historical impression given from the 12th through the 16th centuries of a namby-pamby, weakened Jesus is simply awful, both historically and spiritually. If you will take the time to search out the archives of the Roman Senate, you will recall that the money changers' tables he was able to flip with one hand weighed a thousand pounds apiece. Does this sound like a weakling to you? Although I was not seeing him in physical form, simply to be in the presence of such a powerful male being was to literally stand in awe of such a Being. But above all, I have never been in the presence of such absolute, total, encompassing, compassionate and profound LOVE. A being that can know every single thing about you and totally accept you is like unto no being that you have ever met in this realm.

A moment before I was desperately frightened. Now with him there all fear was gone. A moment before the goal and ideal of my life was to return to my family, return to the study of

a true story of return from the "dead"

excerpts from a lecture given by a psychiatrist who prefers  
to remain anonymous  
delivered to the Spiritual Frontiers Fellowship –  
an organization co-founded by the renown medium, Arthur Ford

medicine. Now the only fear I had was the fear that some day I would have to leave the presence of this Being. A complete change. A complete polarity. All of the orthodox Baptist training that I had had, all the cold Presbyterianism I had been taught suddenly vanished, for nothing I had ever learned prepared me for such a Being as this! There was no need to talk to him as I am talking to you. The closest thing I can think of is mental telepathy. In this realm if I were to think something, every one of you here would be instantaneously aware of what I was thinking, and this rules out all possibility of hypocrisy, because you cannot think one thing and say another. We have a saying in this realm that birds of a feather flock together, but over there you have to flock together because it is too embarrassing not to be with people who think the same way you do.

**The first question He telepathically put to me was:**

*"What have you done with your life?"*

Twenty years later I can laugh at my answer but I can understand it because as I looked over the best of this panoramic view, hoping he wouldn't see the worst, I thought to myself, "Well, I am an Eagle Scout." And in the kindest, most loving way the thought immediately came back from Him, "That glorified you!"

Then I thought, "Well, I tried to help some boys and girls in High School and college because I was captain of the track team and I did get to be president of my fraternity after

everybody else had been called into service. And again, in the sweetest, most loving way, "This glorified you!" And then the same question again:

*"What have you done with your life?"*

There was no possibility of misunderstanding Him. I knew exactly what He meant. But I was still hedging, and I thought, "I am too young to die!" And in the sweetest, most loving way He immediately replied, "No one is too young to die." The question came again, so phrased that there wasn't any getting around it:

*"What have you done with your life to show me?"*

I knew then that He was demonstrating the type love He has demonstrated across the pages of history, both in the form of Jesus incarnated in a physical life and those who patterned a life after Him. In other words, had I been able to love my fellow humans as this Being so completely and totally accepted and loved me! At this point all of my intellectual and religious beliefs came to naught. Not what denomination, not what religion, but — had I been able to love as He loved and totally accepted me knowing everything about me?

**I felt that I was standing in the presence of the most perfect Being I had ever encountered.**

At this point I found myself judging. I realize now that most of us have broken the first commandment. We don't really worship God. We worship our super-ego, as we call it in psychiatry, or a conscience which psychiatry will tell you is really the product formation of our parents and early authority figures in the first 5 or 6 years of our lives. No wonder the first commandment is put first! It is the one we most often try to break. But we do not break it. We break **ourselves**, then condemn and judge ourselves. And this is where most of us get into trouble. You see, you and I really cannot begin to love someone else or truly forgive someone else until we first begin to love and accept and forgive ourselves.

I thought then I had seen everything. But suddenly with a wave of an arm of light we were both out and traveling through space together. I don't know which city it was, but suddenly we were coming down, and if any of you have ever come down into Philadelphia or Chicago at night you can see what a beautiful sight the city is with all its lights. As we came down I began to think, "My eyes must be out of focus. What is going on down here?" Because, although I could see this city of sticks and stones and rocks, I could also behold another city superimposed right over it. I could see human beings, because all human

beings have an electrical field or aura around them. But I could see other beings who did not have this electrical field or aura.

We put down in a rather rough section of town, a section that was full of bars and red-light houses. I could see people coming out of some of these bars – human beings who seemed to be quite intoxicated. In fact, some of them were passing out. And as soon as they passed out this aura or electrical field around them started to open up. And as their auras opened up, these other beings would jump inside them! Needless to say, this is probably one of the things that created my interest in psychiatry, because I was head of an alcoholic hospital for five years in Richmond. I am not a member of any WCTU, but it certainly left a great doubt in my mind as to what happens when we get drunk enough to pass out.

We then hovered over another part of this city, and it was a place like downtown Philadelphia with tall office buildings, the great offices of large concerns. Men and women were sitting in the offices working, and the other beings were superimposed right over them trying to tell these people how to run their business, but the people couldn't see these beings any more than that fellow in Vicksburg could see me.

In another part of the city I saw a man walking down the road. I thought he was around 35 years of age, and another being I would call an astral being was walking beside him trying to tell him how to live his life, but he couldn't hear her either. This was something completely amiss from what I had been taught, since I used to believe that when you died, as Paul had said in the 16th Chapter of Corinthians, "We are sown a physical body, we are raised a spiritual body." But I should have read it more closely, for he said, "In the twinkling of an eye we are changed." But do we believe this? If you think we do, go out and look in the cemetery lots and see what is written on the stones: **Asleep in Jesus Christ**. Yes, I saw the farce to that philosophy because I saw some people who had been killed in an auto accident and they were quite literally lying on the side of the road waiting for Gabriel to come along tooting on a horn to wake them up. Now I am not being facetious. These things I saw with my spiritual eyes.

*(to be continued next issue)*



You cannot teach a man anything; you can only help him to find it within himself.

— from Galileo

# Your Prayer Life

## PRAYERS FOR PROTECTION

Let order, harmony, and safe conditions  
be established in our homes, in our  
schools, and in our streets and  
cities.

The people of our nation and all countries  
of the world are under the protect-  
ing love of God.

Wherever we are, God is!

For God gives His angels charge of us,  
to guard us in all our ways.

\* \* \*

I am centered in the Christ Light —  
and I include all with me on the  
vibration of love.

\* \* \*

The Light of God Surrounds you;  
The Love of God enfolds you;  
The power of God protects you;  
The Presence of God watches over you;  
Wherever you are, God is.

## PRAYER FOR HEALING

My mind and body are in divine order.  
I am healed by the life of God  
within me.

### **Sound Affects Health**

If every sound has an effect on every function or facet, every single body of man through to his Christ consciousness, then it must have an effect on his health or on his disharmony balance. When I say disharmony balance I mean to imply that the wrong sound can set up a disharmony and an imbalance in that individual. Let me add further to this that color goes beyond the Christ-conscious spheres, whereas sound ends in the Christ-conscious spheres.

— From John Mark in *Mark Age Period and Program* \*

### **Are Prophecies Accurate?**

PROPHECIES were intended as a warning to man to correct his ways as well as to encourage him with the promise of better things to come. But many never happen, we say! True, because man has free will and *how* he reacts to a given situation cannot be accurately foretold.

If this is the case, then of what use are prophecies? If, for example, a tidal wave is prophesied to destroy California and it doesn't happen — why the false prophecy?

This could be compared to traffic signs along the road. When we are warned that a sharp curve is ahead, we take appropriate action — we slow down. Likewise, when warned of an impending disaster, we also can take precautions.

There is still a comparison to the sign along the road. We may slow down, but not enough, and thus only have minor trouble. Disregard the warning entirely and overturn the car, or heed the warning and have no trouble at all.

Does this explain why a prophecy may seem inaccurate? A prediction may be accurate at the time and under the conditions existing when given, but man by the exercise of his free will can change them.

— From *Atlantis* magazine

### **The Effects of a Spiritual Healing**

ONE OF THE strangest yet most significant effects which follow the restoration of health by spiritual healing is the heightened sense of awareness, of inward illumination. Many become aware of a new feeling of orientation, of purpose; of a feeling as though some great mental uncertainty had at last been resolved.

—From F. Terry Newman, editor of *The Spiritual Healer*, English monthly

# WOMAN'S ROLE

## IN OUR WORLD



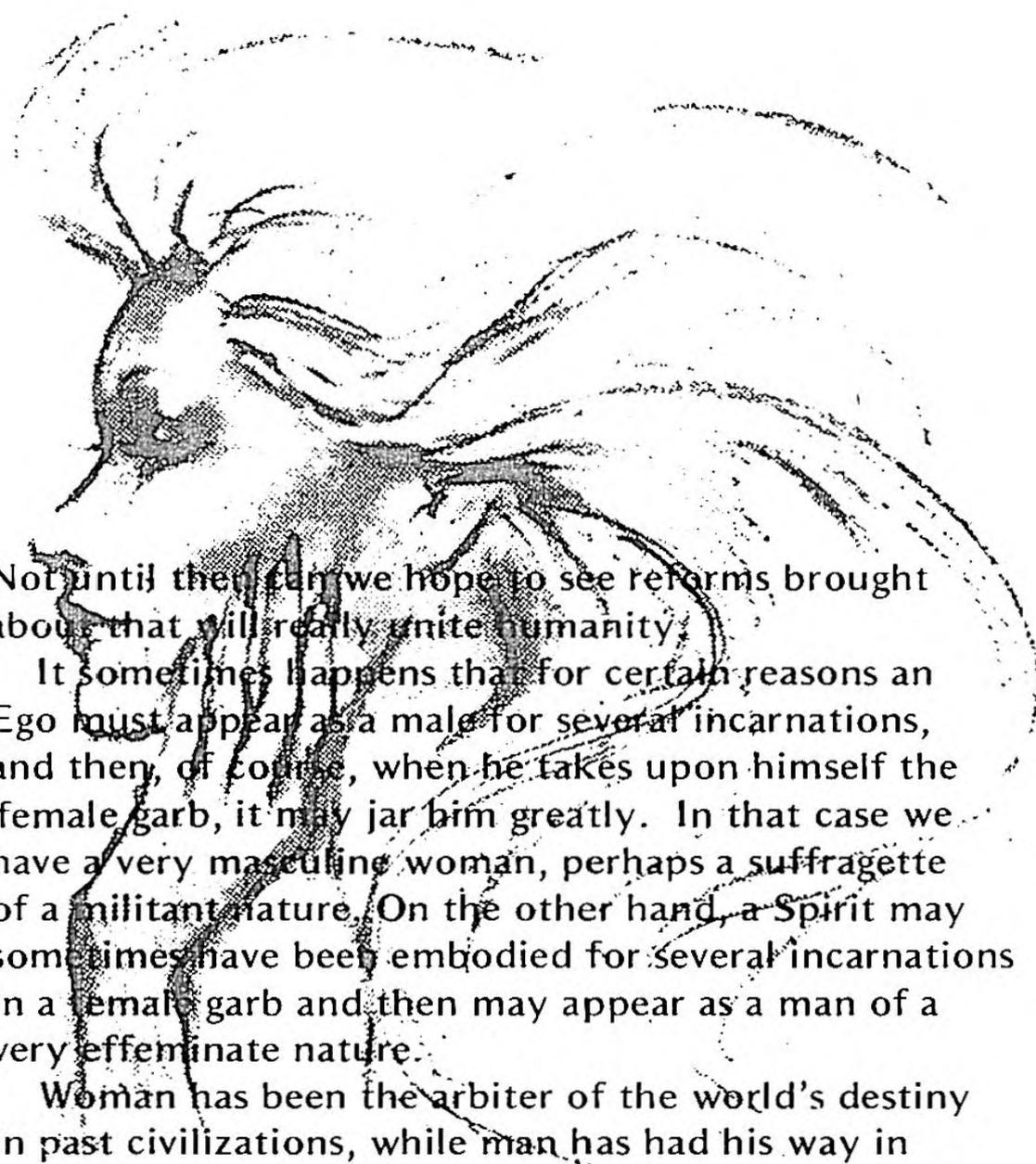
In time everyone will learn that only as we regard woman as the equal of man can mankind truly be elevated, for under the Law of Rebirth the Spirit is born alternately in both sexes, and the oppressors of one age become the oppressed of the next.

The fallacy of a double standard of conduct which favors one sex at the cost of the other should be at once apparent to anyone who believes in the succession of lives whereby the Spirit progresses from impotence to omnipotence. It has been amply proved that, far from being inferior to man, woman is at least his equal and very often his superior in many of the mental occupations.

So long as we hold woman in bondage, deny her her rightful place in the world as the helpmate and companion of man, so long do we retard the race and our development. This is the esoteric reason why full equality must come about.

Woman has the positive vital body, and as a result is intuitively in touch with the spiritual vibrations of the universe. She is more idealistic and imaginative, taking a great interest in all the things which make for the moral upliftment of the race, and as it is only by the moral and spiritual growth that humanity can advance at this time, she is really the prime factor in evolution. It would be of an enormous benefit to the race if she were given an equal right with man in every particular.

## THE ARBITER OF THE WORLD'S DESTINY



Not until then can we hope to see reforms brought about that will really unite humanity.

It sometimes happens that for certain reasons an Ego must appear as a male for several incarnations, and then, of course, when he takes upon himself the female garb, it may jar him greatly. In that case we have a very masculine woman, perhaps a suffragette of a militant nature. On the other hand, a Spirit may sometimes have been embodied for several incarnations in a female garb and then may appear as a man of a very effeminate nature.

Woman has been the arbiter of the world's destiny in past civilizations, while man has had his way in others as is now the case. We are now on the eve of a transition to a New Age where woman will again wield the scepter of power and man will have to submit to her dictates, but before that comes to pass an era of equality will come. This is called the Aquarian Age by occultists.

The creative energy of the Spirit is bi-polar: Will and Imagination. As the Spirit returns day after day, or life after life, to the Great School, it becomes more and more soulful and consequently more capable of expressing its two qualities simultaneously and in an even manner. Thus by degrees the man finds the finer feminine qualities in himself, and the woman finds the noblest traits of the man. In time perfect balance comes.

from the writings of Max Heindel



# DESIDERATA

**G**O PLACIDLY AMID THE NOISE & HASTE, & REMEMBER WHAT PEACE THERE MAY BE IN SILENCE. AS FAR AS POSSIBLE WITHOUT surrender be on good terms with all persons. Speak your truth quietly & clearly; and listen to others, even the dull & ignorant; they too have their story. \* Avoid loud & aggressive persons, they are vexations to the spirit. If you compare yourself with others, you may become vain & bitter; for always there will be greater & lesser persons than yourself. Enjoy your achievements as well as your plans. \* Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time. Exercise caution in your business affairs; for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals; and everywhere life is full of heroism. \* Be yourself. Especially, do not feign affection. Neither be cynical about love; for in the face of all aridity & disenchantment it is perennial as the grass. \* Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with imaginings. Many fears are born of fatigue & loneliness. Beyond a wholesome discipline, be gentle with yourself. \* You are a child of the universe, no less than the trees & the stars; you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should. \* Therefore be at peace with God, whatever you conceive Him to be, and whatever your labors & aspirations, in the noisy confusion of life keep peace with your soul. \* With all its sham, drudgery & broken dreams, it is still a beautiful world. Be careful. Strive to be happy. \*

# SPIRITUAL MIND TREATMENTS

*These handy Spiritual Mind Treatments by Jack and Cornelia Addington are specific Truth for specific needs. Each treatment can open a door of healing for you or someone you know.*

*Read these Spiritual Mind Treatments over several times slowly. Meditate on them until they are assimilated and you have made them your own. In the Silence that follows the Spirit of Truth will speak to you and bring a healing.*



## LOVE HEALS ME OF ALL RESENTMENT

*“Great peace have they which love thy law: and nothing shall offend them.”* Ps. 119: 165

Nothing offends me for I am grounded in Love. God is my protection, I shall not fear. My conscious awareness of Love is a protection to myself and those who know me.

Love is the only power. Only Love goes from me and only Love returns to me. There is nothing to fear. Love heals antagonism. Love nullifies resentment. Love guards and protects. I dwell peacefully in Love, knowing constant protection. Love welds me together with all mankind. Never again need I feel lonely or afraid. Divine Love at the center of my being is my freedom from sin and mistake. Since Love surrounds me at all times, there is nothing to resent.

Infinite Father, Eternal Mother, perfect Love at the center of my being, I trust in Thee. Turning from the confused evidence of the senses, I find my security within and trust it always.

And so it is.

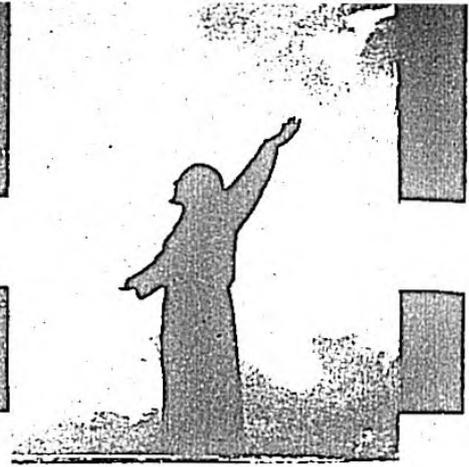


*The foregoing is based on Jack and Cornelia Addington’s helpful little book, **Your Needs Met**, designed for keeping close at hand to guide you in resolving every daily problem. Available from Chimes, see page ix to order.*

**BECOME**

**A LIGHT**

**BROADCASTER**



THE INDICATIONS have been given most strongly . . . that though we, the light workers, the advance guard, the pioneers in these cycles and changes (of 1972) have come through the difficulties of the past spring and summer, we—unfortunately—are going to witness similar things occurring within the race consciousness and within mass society of the Earth in this autumn or harvest cycle.

. . . That which we have sown during the spring and summer we are going to reap in the fall and winter periods. We of the light have planted conscious seeds and conscious thought patterns or thought forms, of light and truth, protection and strength, and this we shall reap as light workers and servers during those months. Yet the masses have sown many, many disturbing concepts, problems, and acts of terror, and the masses, or society as a whole, unfortunately will reap this karma quickly.

*What can we as light workers do about that?* . . . It has been indicated to us who act as the barometers for mass or race consciousness that in the sense of receiving the portending difficulties that are about to be made manifest on the Earth, a great wave of fear is cropping up into the mass subconscious mind. Those of us who have worked with Truth and understand these things know that the subconscious mind, or the memory bank, will play back or will telegraph to the conscious mind those signs and symbols in order to prepare the conscious aspect, the mortal personality, for the preparation of facing the unpleasant or the difficult, or the events that are about to occur. In this sense every man is his own prophet, and should be able to learn to read the signs indicated to him.

We wish to deal with this now so that we can rid ourselves and rid the mass consciousness of this element so that we can prepare the masses as a whole so that we can work with it intelligently and fearlessly in the light, as we who are the light workers have worked with it in the spring and summer cycles of 1972.

*The only thing we have to fear is fear itself*, so spoke Franklin Delano Roosevelt in his first inaugural address in 1932. This is a most profound truth, and it is required of us to dwell upon the real meaning of this as light workers at this time. *The only thing to fear is the fear itself* . . . not the thing, not the problem, not

the event. . . but fear. Light workers can NOT operate in any sense with fear of any kind or degree, so this must be rooted out, looked at, and transformed as quickly as possible. This is why as we move into the immediate cycle ahead every light worker shall be obliged to work upon this aspect within himself immediately, and then do the same cleansing work for the masses as a whole.

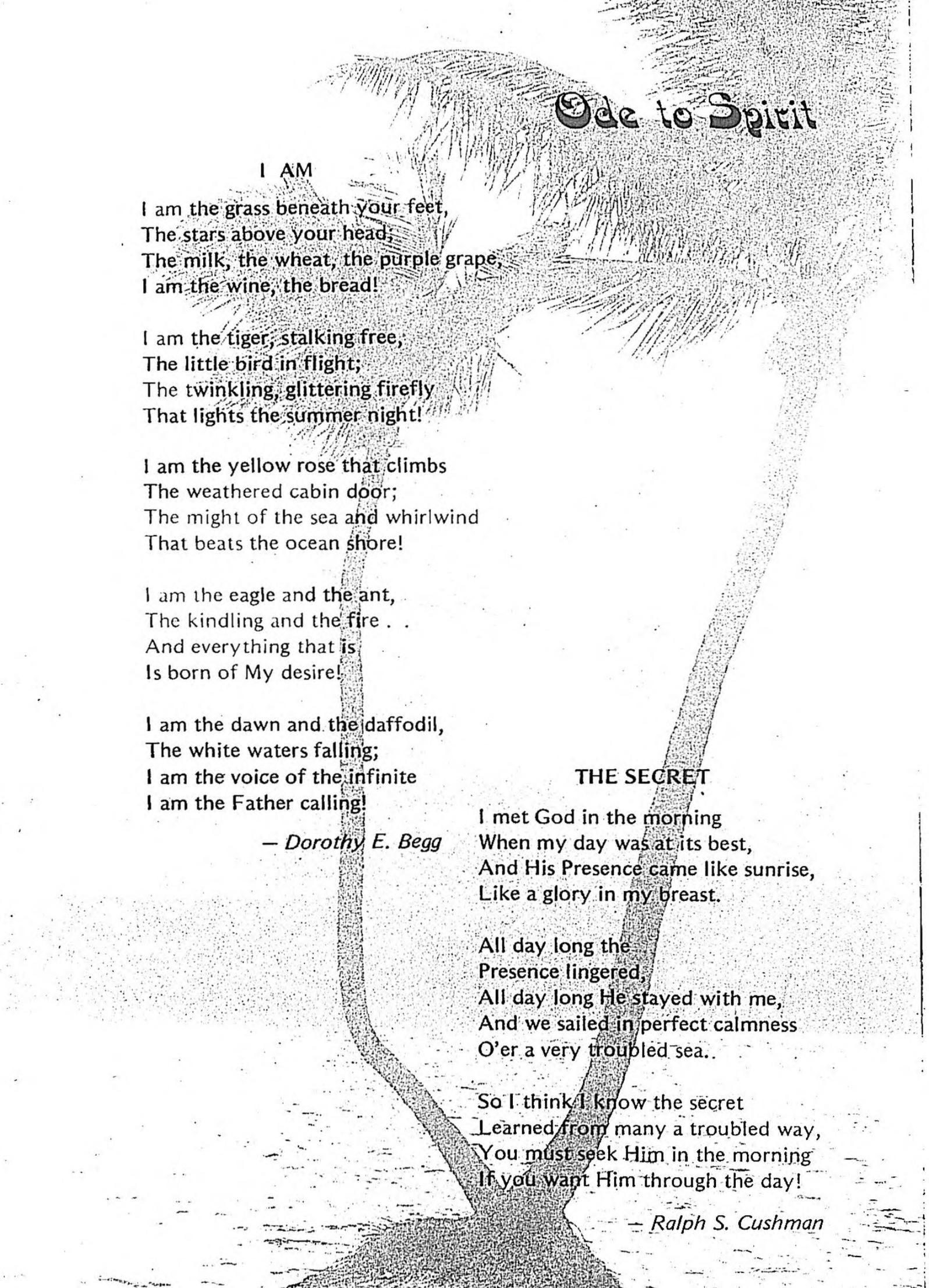
Each one of us must examine any thought of fear about anything we have in this lifetime or past lifetimes regarding the progress of this (hierarchal) program and our own participation in it. For until we clear the way, **TOTALLY**, of this negativity we cannot proceed to project out and to anchor in the light and the positive thinking that must be done in total purity by us from our hearts and minds . . . then to have it circulate throughout the planet and be penetrated by the mass consciousness.

. . . Part of the fear that is being telegraphed from the subconscious mind . . . is the past racial fear of failure in program events of the past, and that because man himself had fallen originally, and because various hierarchal programs had failed with the Elder race at one time, in Lemuria and in Atlantis, that now that we are coming to another peak of (hierarchal) program activity, and the necessity of a total completion and success, that old-time fear, that old-time devil in us, was coming forward and saying, "What if we don't make it again this time?" This is what we have picked up going through the minds, subconsciously, of the light workers, first of all, and then is transferred from the light workers to the race subconsciousness in a very subtle manner. But because we know the power of thought, and because we have the power to project into mass consciousness, that which we desire to see made manifest on the physical as the whole race works together, **WE** can change that thought pattern. **WE MUST** dissolve that thought pattern, because, valid or not, with as much truth as may have been in the past as to this trial and error, success and failure (partial success), we must not allow this to remain. We **MUST** dissolve it. We **SHALL** dissolve it. We are obliged to make the hierarchal plan and program for raising man on Earth into the fourth dimensional spiritual consciousness an accomplished fact.

\* \* \*

The foregoing are excerpts from Mark-Age weekly Meditation Tapes.

The Mark-Age group has two techniques, two keys, which light workers may wish to use to dissolve any type of negativity and to project into the mass consciousness those thought forms, images, and desires that we, as light workers, are obliged to project in to the earth to raise each soul on the planet to the fourth dimensional spiritual consciousness for the Second Coming. Write: MARK-AGE, MAM Tape Division, 327 N.E. 20th Terrace, Miami, FL 33137. Include self-addressed stamped envelope for information.



# Ode to Spirit

## I AM

I am the grass beneath your feet,  
The stars above your head;  
The milk, the wheat, the purple grape,  
I am the wine, the bread!

I am the tiger, stalking free,  
The little bird in flight;  
The twinkling, glittering firefly  
That lights the summer night!

I am the yellow rose that climbs  
The weathered cabin door;  
The might of the sea and whirlwind  
That beats the ocean shore!

I am the eagle and the ant,  
The kindling and the fire . . .  
And everything that is  
Is born of My desire!

I am the dawn and the daffodil,  
The white waters falling;  
I am the voice of the infinite  
I am the Father calling!

— *Dorothy E. Begg*

## THE SECRET

I met God in the morning  
When my day was at its best,  
And His Presence came like sunrise,  
Like a glory in my breast.

All day long the  
Presence lingered,  
All day long He stayed with me,  
And we sailed in perfect calmness  
O'er a very troubled sea.

So I think I know the secret  
Learned from many a troubled way,  
You must seek Him in the morning  
If you want Him through the day!

— *Ralph S. Cushman*

# BOOK TALK

IF YOU WHO READ here have reached that stage on your journey through life where the world without can offer you nothing that will stay your efforts to find that Kingdom where a Great Love and Wisdom dwell, then you are one of those who was ready for those precious words of "The Impersonal Life" and now for "The Way to the Kingdom" by the same anonymous author.

At some time or other we all start that long journey back to the Father's house. Sometimes it is a painful one. Perhaps it began with a healing of one sort or another, the death of a dear one, or some extreme mental suffering . . . all of which are the birth-pangs that precede the awakening of the Spiritual nature. When this happens there is born within us the urge to KNOW for one's self. After many years of following this urge, it develops into a final push which results in an expansion of consciousness and opens up a new world—one of which the seeker previously had been totally unaware—although it always had been there awaiting his recognition. There were many soul experiences leading up to this point, many trials and tribulations, much rending and suffering over leaving behind worn-out joys and useless habits and possessions. Soon there comes an increase of inspiration, contact with others who lead us to new and higher fields of study. But only for those who make seeking the Kingdom within the FIRST thing in their life is it possible for it to be found.

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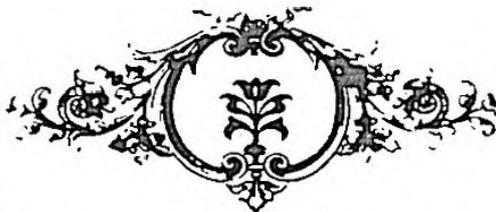
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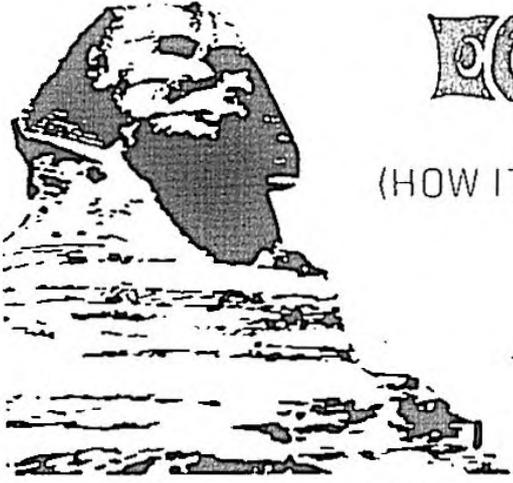
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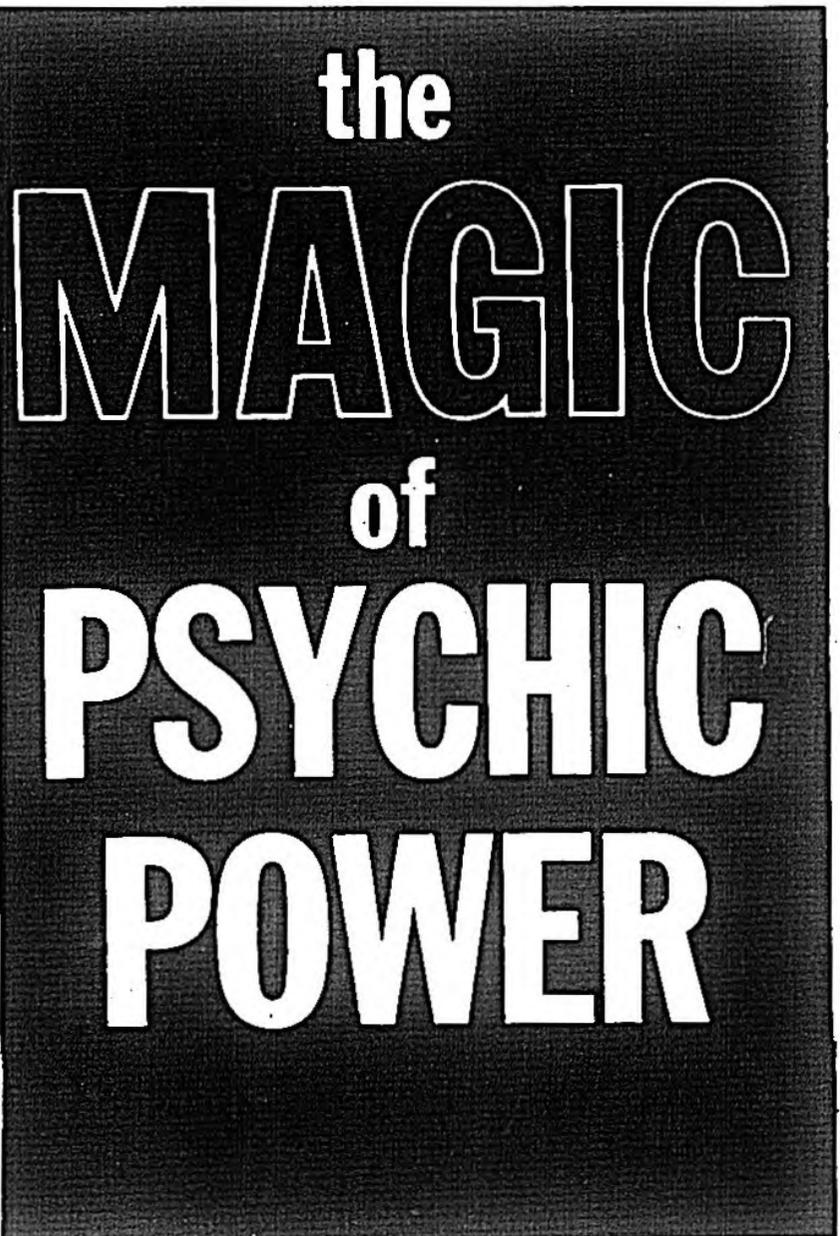
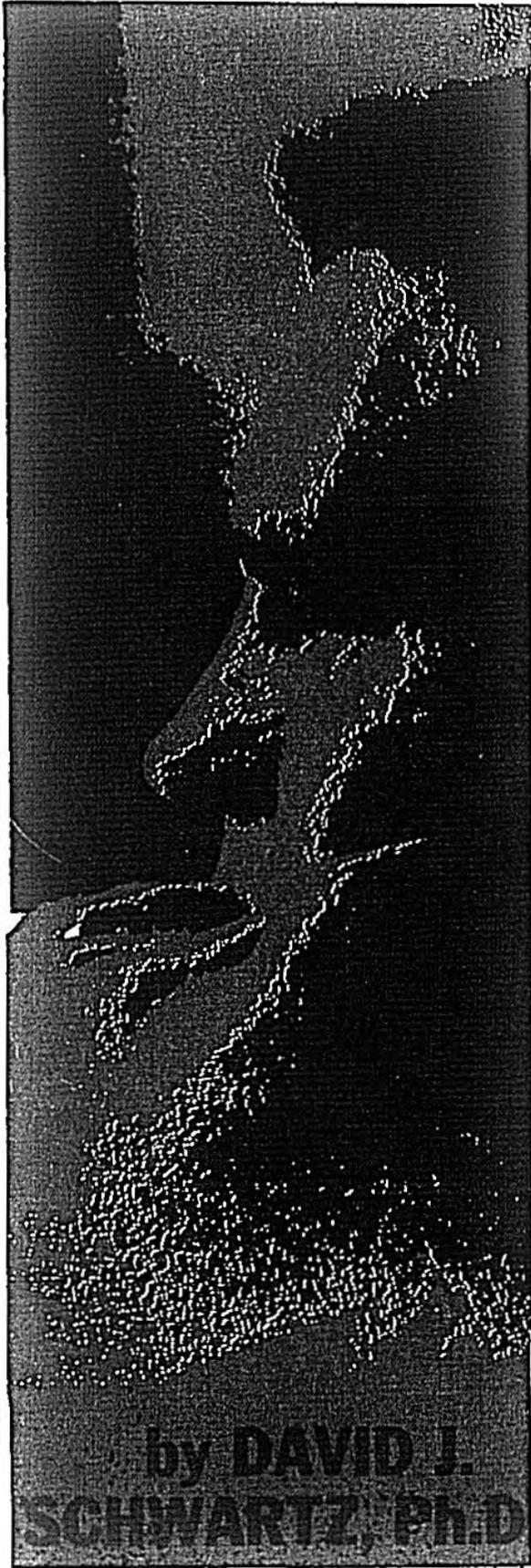
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— Received from famed Philippine sculptor,  
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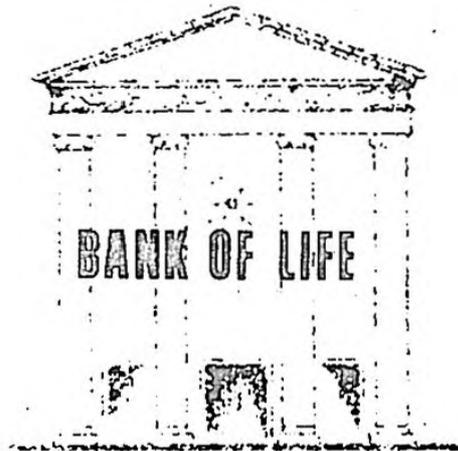
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# Tap into COSMIC CONSCIOUSNESS NOW

PART I.

by Fredric Stoessel

In my trips around the United States and in my correspondence I note that many people are reporting problems relating to tension, sudden headaches and, among business and professional people, problems relating to the heart. It is a time of tremendous tension and much confusion which often explodes in mindless violence, such as the assassination attempt against Governor Wallace.

There is in American business and social life much unprincipled and undisciplined, feverish activity. Anyone in a responsible position in business can hardly fail to brush against the crime syndicate so widespread is its power in unions, among politicians and its hidden ownership of many finance sources. Unions, student groups, protesters of all types demand what they want with no consideration of the common good. In business there exists a childish American desire to be "rich" as quickly as possible with as little effort as possible resulting in shoddy products heavily advertised. Aided by the parade of violence and corruption aired over the television sets, these attitudes combine into a national fog which cause the headaches and tensions so common today.

The purpose of this report is to show you the technique of meeting tensions and of listening to the guidance of the Great Cosmic Mind by a process known as "meditation." It is widely held today that there exists a power and a presence which is intelligent, conscious and operating in an area of pure mind

outside of the body. Modern science and research into ESP has verified the existence of this power beyond a shadow of doubt. Some new delicate instruments have measured it. Those who know about it and work with it are called psychic. As one goes on one realizes that such things as spiritual healing, psychic perception, miracles and other psychic phenomena are really a part of each and every one of us and can be performed by each and every one of us.

I do not call this concept God because it is much different than the ordinary theological concept of God. It has no relationship to clergy, dogma, ritual, creed, going to church, and it is based entirely on the *nowness* of the availability of this power. In almost all cases theologies postpone any such knowledge until after death and in some cases organized religions are based entirely on the expectation of death and future reward. As such this knowledge is available to anyone of any creed or color who will open his mind.

When I speak of the Great Cosmic Mind I refer to a presence and a power within which can be reached, tapped and listened to without the medium of prayers, priesthood, clergy, dogma, ritual, creeds and the trappings of religion. Its guidance and healing power can be experienced directly and now. You can control, guide, and know or mold your present and future. You can know what is going on around you and how to protect yourself and how to guide others as well as help them.

Permit me to start with a word about the negative side of this work. Today there is great interest in psychic matters. There are many occult book clubs and paperbacked books on psychic phenomena. Publishers advertise books in which one can learn to hypnotize another, take astral trips, listen in on other's thoughts and get money by mental means. College students play with automatic writing and other mental adventures.

This publishing phenomena is nothing more than a money making adventure and is unsafe at any cost since it is not based on pure spirituality. The technical name for it is witchcraft which does exist and is very dangerous. Witchcraft is nothing but the projection of a hateful, venomous mentality. The trappings of powders, funny hats, chants, and other effects are only stimulants to the imagination and give the mental projection strength. Witchcraft flourishes in our large cities in ghetto areas. It is alleged to be, and I am confident it will be, a military weapon.

The defenses against it are simple. But to those who fool around with it, or play with it, it can be absolutely disastrous and blow back on the perpetrator. Under no circumstances

should you approach this work with anything except a desire to heal, be healed and to help mankind as well as yourself.

The fundamental starting point of developing a consciousness of the Cosmic Mind is to understand that there is an intelligent being or Mind outside of and independent of brain. This radical concept is much different from the concept the world has been educated to believe in that the seat of consciousness, intelligence and knowledge is resident in the gray matter contained in the cranium.

This concept is quite difficult for heavily church oriented people to accept, in fact very few people with strong theological backgrounds really grasp this point as solid conviction. True prayer, of course, is a process of listening and becoming receptive to the messages from Mind, received by brain. The so called genius is one who is receptive to such messages, and often prolific artists and producers of artistic works, such as Mozart, are and were people receptive to the impulses of Mind. Edison, a relatively uneducated man, readily admitted this, for example, in his own case, as he produced invention after invention.

The human body consists basically of three portions. The most gross is the visible physical body with its brain. Beyond that, but just as much a part of it, and actually the most vital part, is an ethereal, or invisible element to physical sense, called Mind, which is the seat of consciousness, intelligence, and knowledge. While it is unseen, it is as much a part of the body and its functions as is the physical body and brain. Beyond that, of course, is the Great Cosmic Mind which is the First Cause or origin of all things. There is a direct connection between it and Mind, and hence the physical organism is directly connected to the Great Cosmic Mind.

This is what Jesus constantly attempted to say when he made statements to the effect that "I and the Father are One." He did not mean He was God, but that there was a direct connection between the physical body and the First Cause. The human world does not believe this because it is only educated to look at the physical. Recently research in Soviet Russia, which is way ahead of the United States in psychic matters, has confirmed this trinity of elements, and has indeed measured them and given acceptable reasons in electromagnetic terms of how it operates.

Brain is part of the human or physical mechanism. It is a fine calculating and registration machine. Its function is much like a giant telephone switchboard because it translates the messages transmitted via the nerves of outside stimuli, that is outside of the body, and registers it so the body is aware of its

surroundings through the organs of the five senses. Brain dies with the physical body.

Thus when you see a beautiful sunset, listen to moving music, or taste a satisfying wine or delicate cheese, indeed if you burn your finger on a stove, these are basically outside stimuli of one sort or another playing on the optical nerves, the acoustical nerves, the taste nerves or the nerves of the skin, which register their impulses with the brain and appear to you as vision, hearing, taste, and touch.

Mind is much different, much vaster and is outside of and independent of the brain. Mind is the seat of consciousness, memory, thinking, guidance, intelligence and intellect. It is superior to brain and the originator of all brain shows forth on the body. Mind has contained all the inventions of the human race, such as the radio, television, airplanes and those to come in the future. Indeed these inventions were available to people in the past had they been alert to the possibilities. (In the same way the inventions of the future now exist in Mind and are available to us now if we were more open minded.)

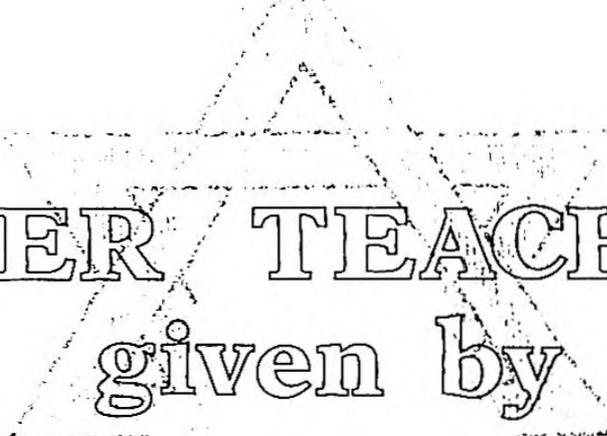
During the human experience Mind, which has a very fine ethereal body of its own, mingles with the physical body. The body which composes Mind cannot die, nor can it be killed. Since this is the essential portion of what composes the human man, his thinking or reasoning ability, it survives and actually leaves the physical body at the time of death and lives on fully as conscious as before. Thus the possibility of life after death is an established fact. The only thing which prevents communication with the Mind-body of those who have gone on, is the vast human ignorance on the subject. In recent years this ignorance has been lessened by various books. I recommend one by Ruth Montgomery which is now a best-seller called, "A World Beyond" \*

Advanced students of psychic and spiritual phenomena are able often to release the Mind-body (which is called the Astral) from the physical and send it where they wish. In these cases the physical remains still as if asleep. It was using this technique that such mystics as Jesus, and at one time Saint Francis Xavier, were able to have been seen in one place, while their physical bodies were seen in another. It is claimed today, that this technique can be used for military spy purposes.

*(to be continued next issue)*

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\*See page x to order



INNER TEACHINGS  
given by  
The White Brotherhood  
on

COSMIC CONSCIOUSNESS  
AS IT APPLIES TO OUR  
BUSINESS AND SOCIAL RELATIONSHIPS

What a trial the business man of today is given to determine his worthiness to enter the Kingdom of Heaven! But when in the midst of his greatest difficulties he instinctively calls upon God to aid him, a solution comes, and a dead-lock is broken. His greatest trials are the small, apparently insignificant things which he seldom recognizes as tests or as opportunities to get closer to the God within.

In practically every business deal comes the opportunity to be completely honest and truthful. The strong man, the one who is verging toward Cosmic Consciousness, seizes this opportunity and becomes HONESTY personified, TRUTH in action. The weaker Soul, he who still must have testings, losses, experiences, sufferings to teach him, fails the high test, and shades his statements just a little, or perhaps quite a lot. Before he can fail he has at some time or other refused to heed the Inner Voice which always calls for the Highest Honesty and the Highest Truth. At some time or other he had built a wall between himself and the Voice Within; he keeps this wall up that he may follow his own choice, always with selfish or material gain in view, until in some way or other the LIGHT comes in to him . . . through a book, a chance word, or a suddenly offered-up silent prayer in a deep emergency. When he again calls for Divine Guidance, the wall breaks through, his prayer is answered; but he is like a babe, and again he must crawl before he can walk. Sometimes he interprets the Voice aright, and sometimes, because there are still clouds of materialism in his brain, he misinterprets it.

So the long and often weary trek from the human to the Divine nature goes on, but always it does GO ON. Some business men feel as though they would throw a sop to God by thinking that part of the money they

expect to make is to go into a church or a charity. That which we call "God" reads deeper than the thoughts in the mind; It reads the MOTIVES behind the thoughts of men, and so the offered "sop" fails of its mark. Then we hear railings against the unjustness of God; but God is eternally just. When we have attained the heights of Cosmic Consciousness we see how gloriously JUST the Elohim is.



*The foregoing article is based on INNER TEACHINGS given by the White Brotherhood, as described on page x of this issue.*

Those interested in current writings of the White Brotherhood as given in the monthly "RAYS OF WISDOM" may send a self-addressed stamped envelope (or donation) to THE WHITE LODGE, P.O. Box 909, Del Mar, California 92014.

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## JONATHAN LIVINGSTON SEAGULL

*(continued from page 2)*

illustrate his book.

When "Seagull"—as the long title has been nicknamed—was read on the radio, the station doing it was swamped with mail. It now calls itself the "Jonathan Livingston Seagull Station."

Author Bach, still insistent that he did not write the book, has said neither did he invent Jonathan. With no particular feeling for seagulls, his hero character could just as well have been a hedgehog or a boll-weevil as far as he was concerned.

"The book is essentially a quiet dialogue between Jonathan and his reader. I don't belong in there at all," Bach says. "Jonathan flies without label."

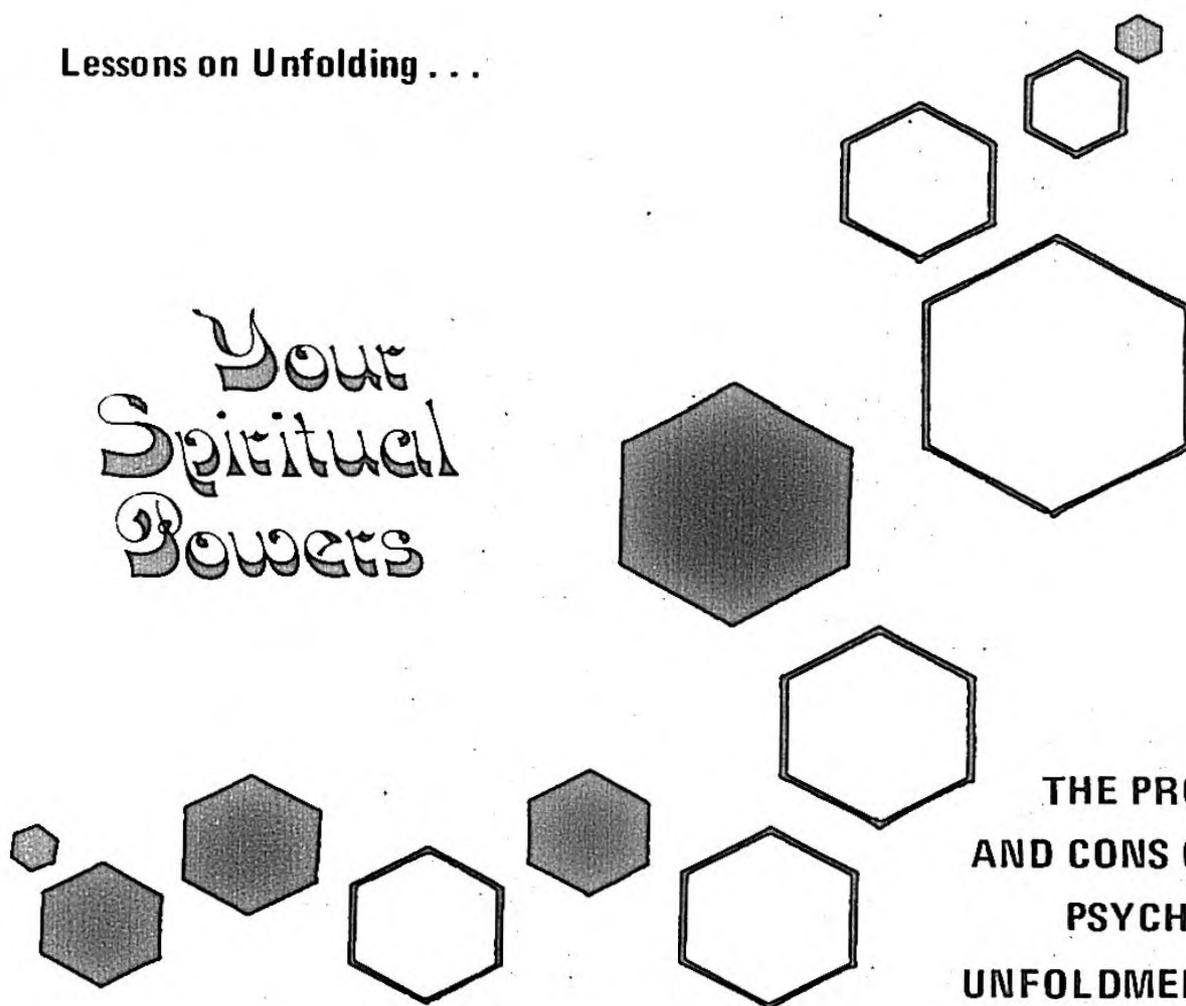
He does wonder if it is morally right to spend royalties from something he did not write, but said he figures whatever sent him the story in the first place also knew he was not to be trusted with money, that "I'd run off and buy airplanes at a moment's notice."

He has heard a warning Voice twice before during flying crises and thus has escaped injury, although Bach said he knew that many people have had similar experiences when in trouble.

Summing it all up, and leaving the door open for some explanation he does not now seem to have, Bach says, "There are a few phenomena, surely, we can't pinpoint with our forceps and microscope."

Spirit, indeed, does find many ways to get a message across . . . Jonathan Livingston Seagull being one of the most poignant, touching recent ones for our time.

# Your Spiritual Powers



## THE PROS AND CONS OF PSYCHIC UNFOLDMENT

Everyone knows that during the past couple of decades the subject of spirit manifestations has been brought very prominently before the public mind, either as a matter of ridicule or of serious examination, and that since then research and instruction in this field has been enlarged greatly.

Many of the inconsistencies about this subject are due partly to its many sidedness and because we are continually surprised by its many variant phases of expression and action. Its phenomena are elusive, and, as in all human affairs, those who expound it vary in their degree of enlightenment.

As a result of our study of the other world that we have come to know does surround this one, there has emerged gradually a new department in the sciences . . . the *science of the soul*, the positive and experimental. Many of our time who are turned off by religion, who despair of our materialistic philosophy, and who are left empty by what science generally has brought to modern man as a so-called blessing, have found much comfort to know—from their own experience—that there IS another world beyond this one, and that we can communicate with it.

We have been told from time immemorial by all great seers and mystics of the world that to *know oneself* is to know all, that only by this can we realize the Kingdom of God which is within us. Therefore let everyone who enters into the study of these subjects be well assured in his own mind of his motives, and that his mental attitude is correct. He should,

above all, adopt a humble spirit and clear his mind of all prejudices. He should adopt a cautious and questioning habit of mind which does not accept statements of doctrine or of fact without critical inquiry. In this way he will avoid the many fantastic theories which have been advanced from time to time and can only be described as nonsense.

That there are dangers for the credulous is not at all surprising, for throughout all history new revelations ever have been followed by absurdities. Fanciful flights of imagination on the part of the student will, in the long run, arrest progress and should be steadily controlled. Those who wish to develop their own psychic faculties always must take each step only with the highest ethical motive in mind and only after acquiring a reasonable amount of practical and theoretical knowledge.

It must be realized that the possession of pronounced psychic power when unused and misunderstood may be the cause of distressing states of mind and body. In all such cases, with the timely development of these faculties while the possessor is healthy and balanced, it can be beneficial.

Perhaps the most noticeable fact, aside from acquiring the higher powers themselves, is, that in a psychic, all weaknesses of character, and likewise all virtues, become magnified. For instance, the sincere person realizes that he must split hairs in order to leave no room for inaccuracy, while the braggart so enlarges upon his capacities and achievements that he becomes a fit object of ridicule. So it is, that all aspects of mind and personality are thrown into relief by working with the higher consciousness. Great care must be taken to see oneself as one really is, to develop strength of character, and to guard against exaggeration, whether by over or under-estimating one's powers.

The ease with which the well trained medium appears to communicate is misleading to the uninitiated. Once they have acquired the power, many mediums forget the long and tedious periods when nothing happened, and the many difficulties they had to overcome before they gained command of their psychic faculties.

Except in rare cases, the opening up of the soul senses is a long and onerous work, but aside from that, there are other aspects which merit serious consideration. Through the development of the higher faculties an entirely new world is opened up. We must be prepared, not only to receive new ideas and to assimilate new knowledge, but to readjust our whole scheme of life and values, and to remodel our preconceived ideas so that our minds become orderly and well-balanced.

*(more to come next issue)*

**The Psychic Faculties and Their Development** -- a handy little paperback edition with many useful guidelines for group and individual development -- is the reference source being used for this series of articles. See page ix to order.

# Lesson Fourteen

## PSYCHOLOGY OF A HAPPY MARRIAGE

(continued)

The great matrimonial mistake, INFIDELITY, is practically always found out, sooner or later. There is a sixth sense that seems to protect the partner to the marriage who is being true. Somehow or other the information comes to their ears about the sub-rosa escapades of the marriage partner. Thoughts are things, and the guilty partner to the marriage more often than not gives himself away through feeling the intuitive powers of his spouse. Then nagging starts, and the marriage is on its way to dissolution. *Live above reproach.* Find your happiness at home by bringing it there yourself. You will find it there if you really look for it.

Wives frequently complain about their husband's lack of spirituality. They can not understand why a man will not go to church. They fear he is going straight to perdition because of his laxness in this regard. I ask them: "Does your husband lie? Does he cheat to your knowledge? What laws does he break?" "Oh," they hasten to assure me, "he is a good man." It seems that according to the laws of tradition woman is the one to go to church and bring the inspiration home to her husband, if he doesn't yet care to go. Perhaps he has not yet awakened to the great joy of soul development. Nagging will never awaken him. It will close him to your suggestions tighter than a clam. Resentment will bristle out on him like the quills of a porcupine. LIVE and LET LIVE be your motto.

A marriage becomes a satisfactory experience only so long as both parties to the marriage put their BEST into it. Just as soon as one relaxes and becomes careless, the other one subconsciously senses the "I don't care so much any more" attitude, and they, too, begin to reflect it in thought, word and action. Soon the little thought, so prevalent in the air today, begins to find a new home in which to roost, and "Divorce" comes to him through the brain, each time being repressed into the subconscious. By its very repression it gains power and soon becomes no longer a thought, but is a word, and then as the time goes on it fills the conversation of the now miserable couple who started off so gaily on the high road of married companionship. When it begins to fill the conversation the final damage has been done, even though the parties remain together under the same roof for years for the sake of "appearances." The divorce of mutual interests has taken place, and the marriage as an institution of God, the Good, no longer exists under that roof, and we pity the poor children of that marriage who must see coldness and selfishness envelop their parents instead of that birthright to which every child is entitled ... happy, smiling parents who realize that their children are the makers of the future of the world and for that reason must be wisely steeped in happiness at home.

When the thought of DIVORCE first arises it should not be repressed, but it should be faced, and it should be greeted with a statement such as this: "This mate whom I have chosen from all the people in the world can be very much what I make him. My ideal is a happy, contented home, for in that way I help to bring peace into the whole world. I refuse to consider Divorce under any circumstances. I shall learn the finest lessons that life can teach me by making a success of this marriage instead of destroying it at the first ill wind." In that way is routed the "Fear of Divorce" which eventually brings Divorce. You are not afraid to face the word, but you just do not care to have anything to do with it. With the Fear or Dread of Divorce out of your mind, Life can take its natural course; time and energy can be given to that study of self which results in your becoming more interesting to each other.

The quickest cure for a Divorce which seems impending is a skillful wife who manages to interest her husband in such books as "In Tune With the Infinite";\* by Ralph Waldo Trine, or in a Course of Study such as this. These preliminary lessons are written in a popular vein. The advanced lessons are written from a deeper consciousness and contain living Soul Food for the reception of which you are prepared by these preliminary lessons.

At the present era of evolution many difficulties come about in homes because one partner of the marriage becomes imbued with the idea of self-improvement, and not realizing that it must first be LIVED before another person is interested in hearing about it, the partner who is beginning to awake to True Living endeavors to reform the other over night. Nature always grows slowly through that which is to last a long time. Therefore due consideration must be given to the one who is not yet in a state of consciousness where he wishes to reform himself. If the awakening one, however, will just LIVE out all the things learned in the new way of life, the other partner will of himself begin to ask about that which caused the real change. In that way many a marriage which had reached the shoals of destruction has been steered into a smooth sea, and both partners to the marriage found a wonderful, new interest which grew and grew and grew, taking them into wonderful new circles where happiness glowed in the faces of those who, too, had found the true way of Life.

A *successful* marriage lasting over a period of years proves the partners have learned two basic principles - first: Live and let live, and second: To give and forgive.



These lessons are preliminary to the advanced series of "Inner Teachings" offered by Chimes entitled "Light on the Science of Living." For more information, see page x.

**Go to sleep in peace. God is awake!**

# WORTHY WORDS

**Maxwell Maltz**

Not only is it our potential to build meaningful lives, it is also our obligation to ourselves.

— from *Psycho-Cybernetics*\*

**Erich Fromm**

Infantile love follows the principle: "I love because I am loved." Mature love follows the principle: "I am loved because I love." Immature love says: "I love you because I need you." Mature love says: "I need you because I love you."

— from *The Art of Loving*\*

**J. Edgar Hoover**

Courage is a priceless ingredient of character. The will to do, the tenacity to overcome obstacles and finish the course, the strength to cling to inexorable ideals, are rooted in courage. It is the outward manifestation of our spiritual development.

—from *Sunrise Magazine*

**A. Apuktin**

There is no death, there is eternal life. I was always convinced of this, but could never clearly formulate my belief. It was based on the fact that life must otherwise be a crying absurdity....If matter is indestructible, why should consciousness disappear forever? Now I saw, by my own experience, that consciousness does not die, that I never ceased, and probably never shall cease, to live.

— from *Aputkin's story, Death to Life*

**Eileen Garrett**

I've always seen every plant, animal, and person encircled by a misty surround. Throughout my whole life I have been aware of the fact that everyone possesses a second body — a double. The double is the medium of telepathic and clairvoyant projection.

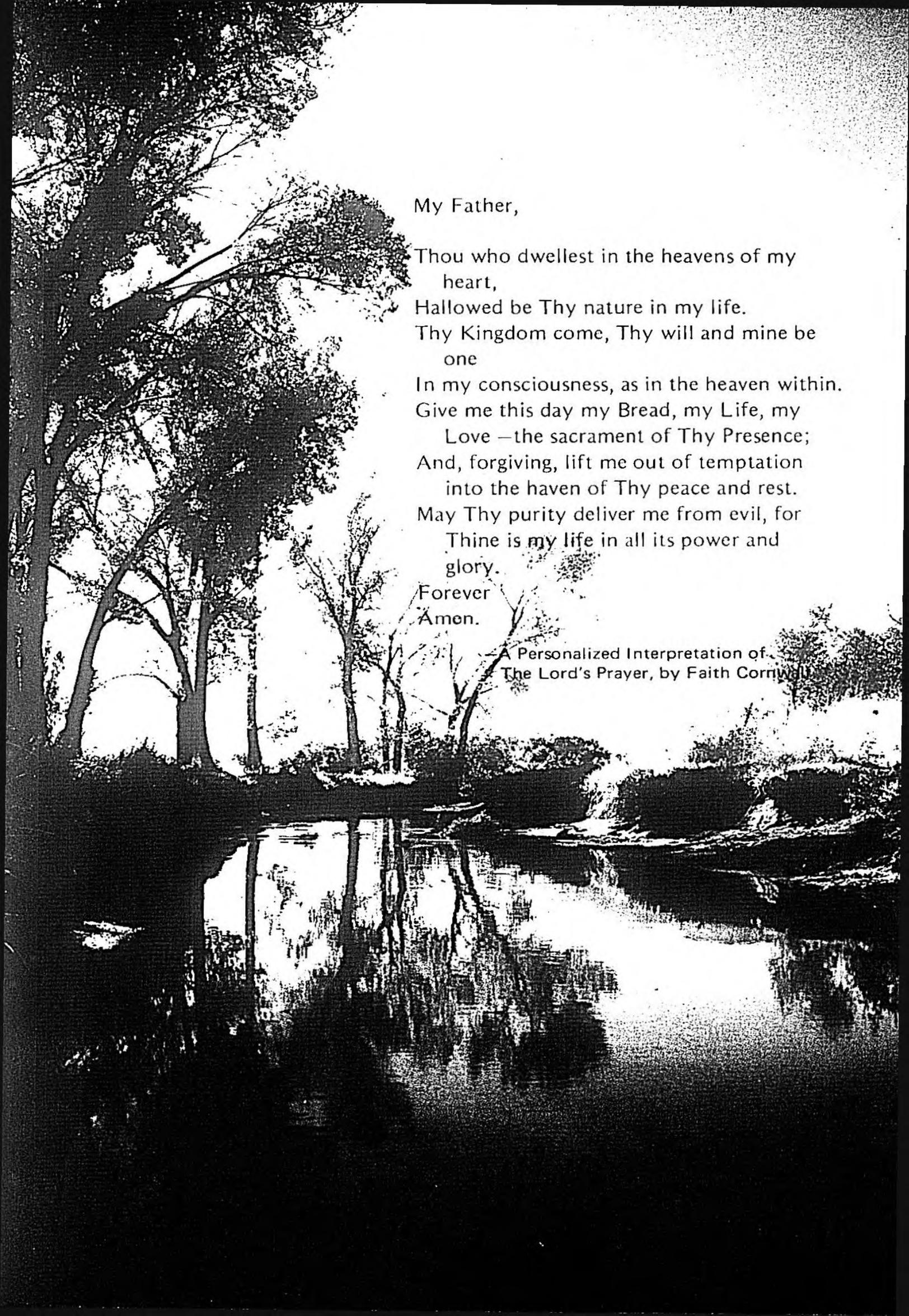
—from *Awareness*

**Swami H. H. Rama**

The energy body.— sometimes referred to as the astral body — can be used by a trained yogi for traveling by the consciousness apart from the physical body. At death, the individual leaves his flesh body and continues his life in the energy body.

—from *Science of Mind Magazine*

\*See page ix to order.



My Father,

Thou who dwellest in the heavens of my  
heart,

Hallowed be Thy nature in my life.

Thy Kingdom come, Thy will and mine be  
one

In my consciousness, as in the heaven within.

Give me this day my Bread, my Life, my  
Love —the sacrament of Thy Presence;

And, forgiving, lift me out of temptation  
into the haven of Thy peace and rest.

May Thy purity deliver me from evil, for  
Thine is my life in all its power and  
glory.

Forever  
Amen.

A Personalized Interpretation of  
The Lord's Prayer, by Faith Cornwall



## Sermonette

### LOVE'S HEALING BALM

†††

*By Dr. Joseph Murphy  
Beverly Hills, California*

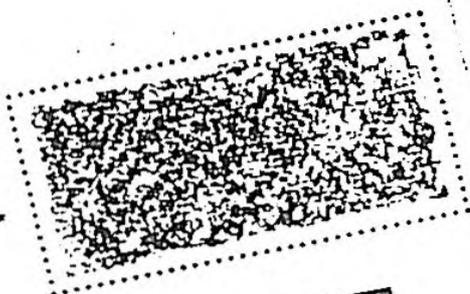
"God is the Absolute Lover; hence, it follows that before the appeal is made, the answer is given. The love of God flows through me now; I am surrounded by the peace of God; all is well.

"Divine love surrounds, enfolds, and encompasses me. This Infinite Love is inscribed in my heart and written in my inward parts. I radiate love in thought, words, and deeds. Love unifies and harmonizes all the powers, attributes, and qualities of God within me. Love means joy, peace, freedom, bliss, and praise. Love is freedom. It opens prison doors and sets free all the captives.

"I am radiating love towards all, for everyone represents the love of God. I salute the Divinity in the other. I know and believe that Divine love heals me now. Love is a guiding principle in me; it brings into my experience perfect, harmonious relationships. God is Love. *He that dwelleth in love, dwelleth in God, and God in him.*"



In his new book, "**Your Power to Heal**", Dr. Murphy has much to say about the power of love to heal all conditions and describes how this takes place. Be sure you have this brand-new addition to the Murphy library of books for Dr. Murphy always speaks eloquently and from the heart in his desire to be helpful to those seeking guidance.



*Letters to the Editor*

FROM MONTHLY TO WEEKLY? I repeat too what other admirers of Chimes have said, "If only you could put Chimes out every week." I wish there were so much more of it! I have learned so much from reading Chimes and obtained so much fresh inspiration that I do not want to miss a single copy. God bless you in many ways.

Anne F. Kovace, Mt. Morris, MI

NO LIMITATIONS I want my friends at Chimes to know that God's All Power and reading Chimes for many years has given me a better understanding as I go along life's pathway. Please excuse my writing as I am near blindness and use a special electric magnifier to read and write. My love and blessings to all,

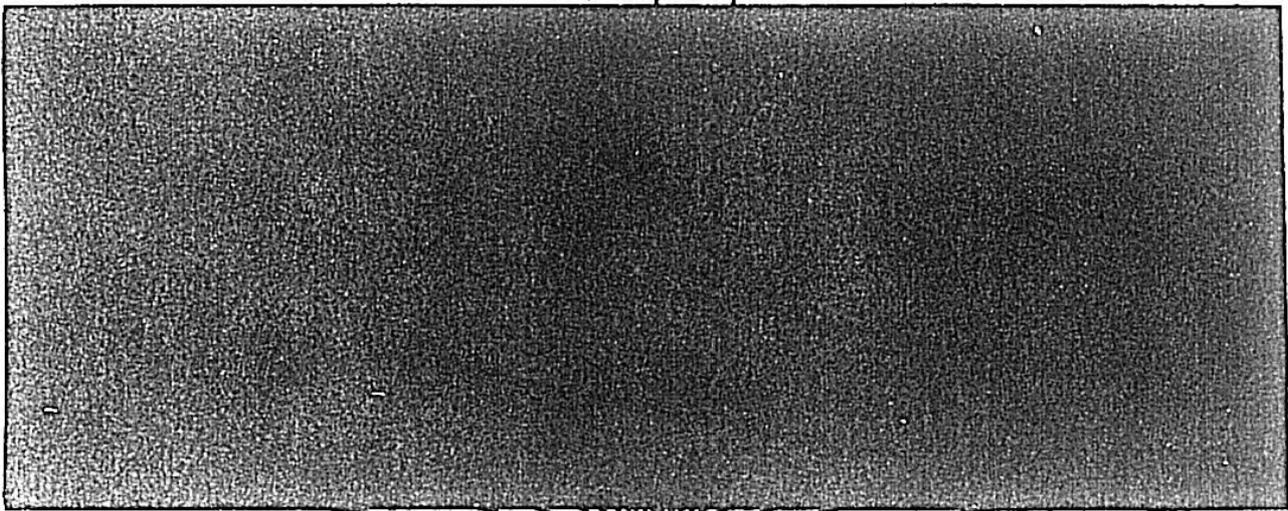
Mrs. Lynn D. Pitsenbarger, Bell Gardens, CA

SOUL FOOD I await enthusiastically every issue of Chimes. The very nature of these magazines and the information contained therein fulfills certain soul and spiritual requests in such a seemingly spiritually blind society. Because I have been concerned about receiving more of such enlightenment I ordered several Mark-Age books at the same time that I subscribed to Chimes, so I had all those wonderful books to read and study while I waited for the next issue of Chimes with its current news, articles and channelings.

Robert E. Sprague, Laguna Hills, CA

CHRISTHOOD This is a followup of the March "Letters to the Editor" item, for I thought you might enjoy knowing that Jesus continued to appear in my psychic mirror during meditations. Also, anytime and anywhere when I think of Jesus His face appears. Inner divinity continues to manifest as I have reached Cosmic Consciousness, or according to the Bible, God has given me "Christhood." Now I am eager for others to attain this too. When mankind of the Earth shall have attained Cosmic Consciousness, our idea of God shall be realized in man.

Mrs. Nondas Loudenback, Indianapolis, IN



LET YOUR LIGHT SHINE MORE BRIGHTLY THRU CHIMES

REMEMBER YOUR CHIMES FAMILY . . .

Remember . . . as you do your part to help ALL who are light bearers you are doing something constructive and creative to usher in the coming Golden New Age.

Many thousands of souls now are turning their faces to the light, are seeking teachings of Truth, are seeking places of solace where they may find others of like mind and heart.

There are many opportunities . . . many ways in which you can help to dissipate the darkness enveloping our beautiful planet. One of those ways is to support the Chimes Family of Light Bearers. Will you do as much as you can NOW to give your help? If you will, here is one place to start:

Blessings of Light and Truth!

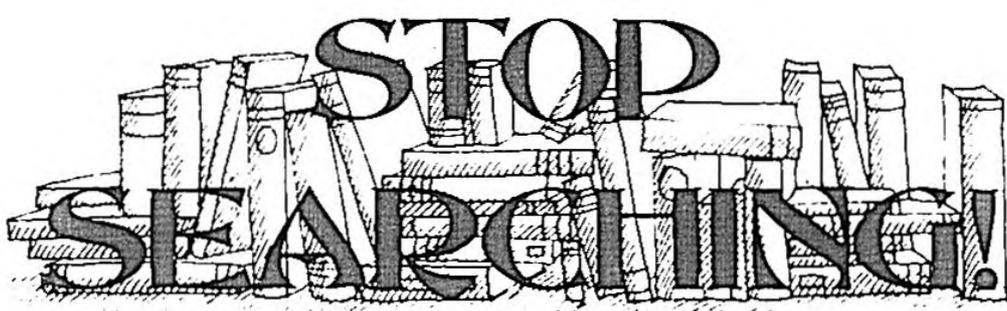
HERE IS HELP FOR MY CHIMES FAMILY . . .

*Here is my monthly donation for helping with the work of the Chimes Family and to widen the linking of lights to bring spiritual guidance in these Latter Days:*

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Here are a few wonderful books—many of which you are not likely to find in the usual sources—which, for one reason or another, will not be carried in future Chimes Book Catalogs. Since we have just a few copies left, and you will have no other way of knowing about them, we are listing some of them here for you to choose from:

---

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YOU CAN BE HEALED - Clara Palmer		<input type="checkbox"/>	2.25	_____
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