

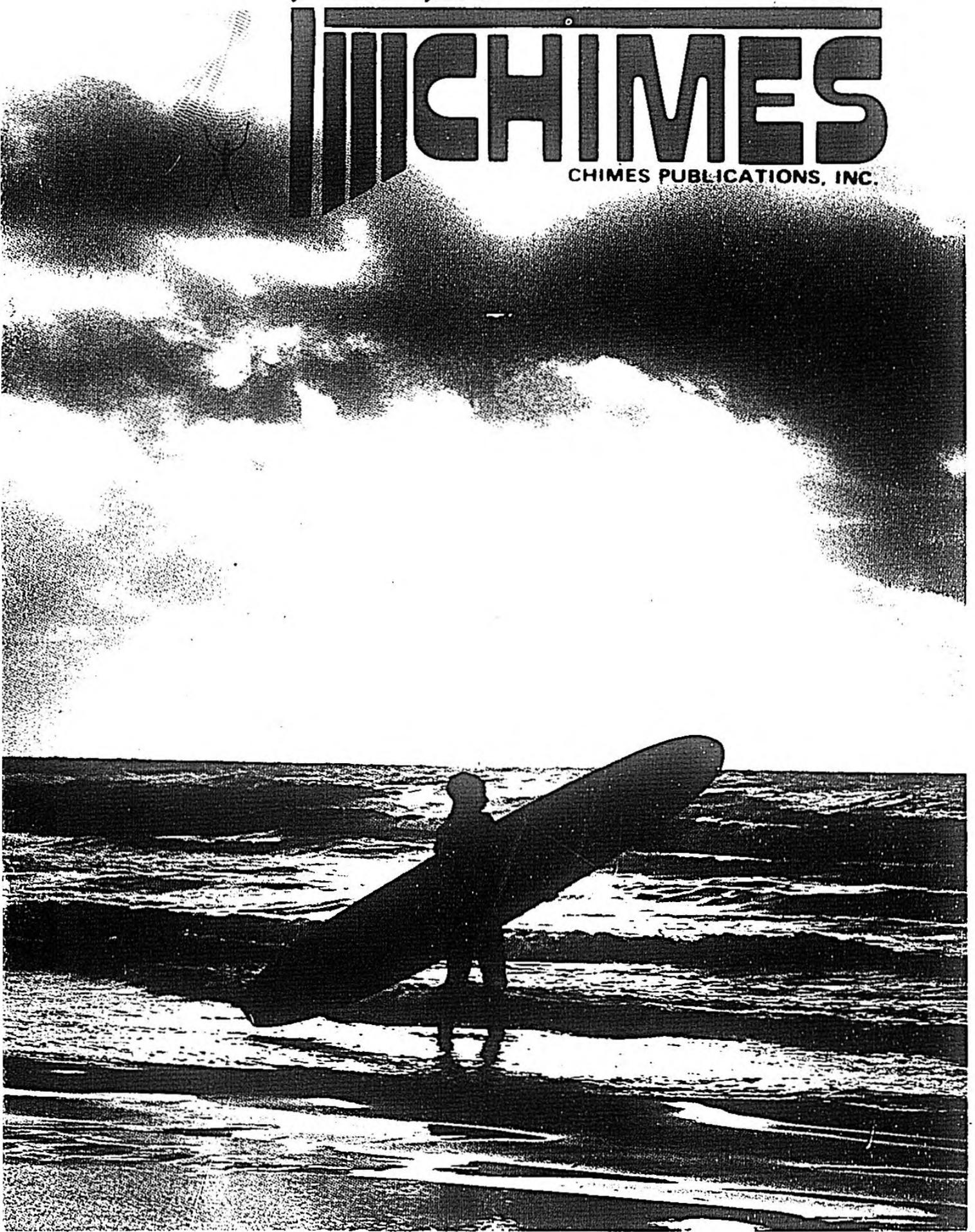
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CHIMES PUBLICATIONS, INC.



The Gate of Peace

BY JAMES DILLET FREEMAN

*Where is the gate to peace?
When you come to it, you will not find a
sign saying, "Peace."
The sign will say, "Discipline."
The discipline may be renunciation.
It may be work.
It may be courage.
It may be knowledge.
It may be prayer.
It may be love.
It may be losing yourself in search of God.
Standing still may not be peace as much as
walking on.
The peace of a stone lying in the way
is not his peace who seeking to find the
way steps over the stone.
You are a seeker of the way,
not a stone.
To go through the gate of peace
is to find your right relation
to yourself, to things, and to God.*

— From Unity Daily Word



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31st year of continuous publication — Edited with the inspiration of Spirit

It is the policy of Chimes to present material for students which reflects many facets of the One Truth — not only in the magazine, but also in the book catalog listings carried by Chimes. Each of us must choose for ourselves that which suits us best with each step we take along the path of life.



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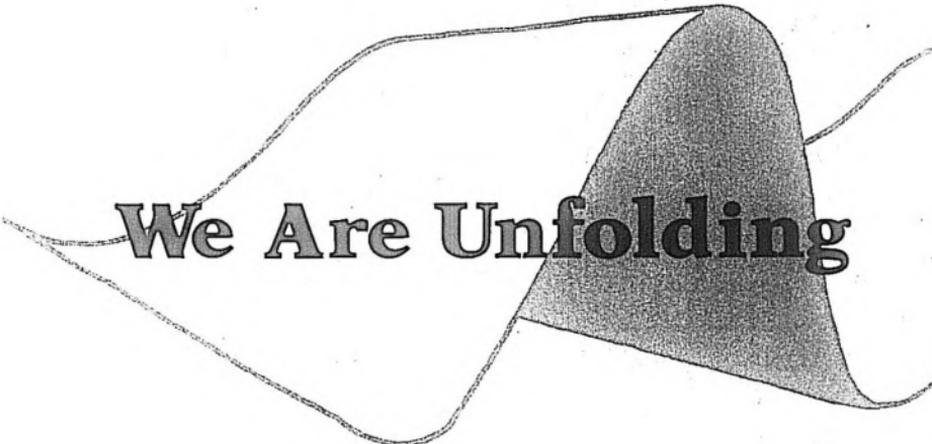
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We Are Unfolding

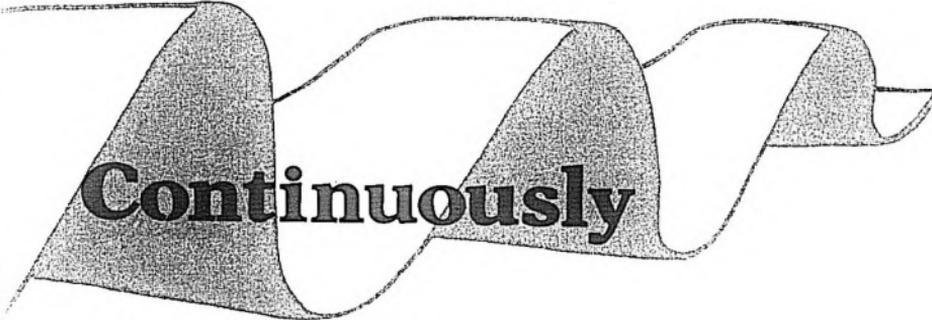
Part 1

Most of us, at some time or another, find ourselves in the grip of something we feel powerless to change. It is this very feeling that causes us to turn our thought to a Higher Power, and if we think about this for a little, our feeling can change. Faith, itself, is a matter of feeling, but when one cannot reach that feeling that there *is* such a thing as a Higher Power, something is required as a reminder.

Often this is given in the written word, in some book or magazine article. Frequently, it is something said by a friend, or loved one, and of course the many speakers on inspirational topics strive to impart the idea that this Almighty Intelligence that brought the world into being is still present and contacting us all every minute of the day and night.

When I read the Chimes May issue, and the article by Major Stanley B. Gordon, I was reminded of two outstanding events in my own life — of when something read and something said, lifted me out of that helplessness feeling, making me quite aware of a Higher Power, and causing this awareness to straighten out the difficulty.

The first event took place when a school-teacher I knew loaned me her copy of Baird T. Spaulding's "*Life and Teaching of the Masters of the Far East.*"* I was very young then and what later became Volume One was the most fascinating book I had ever read. It lifted me beyond the mundane, beyond worries about myself, put a sparkle into my eyes, and instilled in me a new kind of feeling ... yes, faith.



Continuously

by Muriel Noyes Gillchrest

As all sorts of nice things began to happen to me, soon I was steeped in the relative effects, seemingly forgetful of what I had gleaned from Spaulding's book, until another and another undesirable circumstance dragged my feelings into the depths of despair. I rushed to find a copy of the book, remembering how it had helped; then to find there was another, a follow-up on the first one. I bought them both, read them avidly, enjoying the first even more than I had earlier.

Remaking some of my thoughts, and telling a close friend, how much I had been helped with the feeling these books gave me, she suggested that we try to get into some of the lectures given at that time by Ernest Holmes at the large Wiltern Theater in Los Angeles.

It is easy to perceive how one thing leads to another once one gets the right feeling, but at that particular period I was unable to note the connections between the two seemingly (to me) quite different subjects. Today I know God guided me, and also am quite aware that we must become consciously aware of God within ourselves. Today I am fully aware that all things do work together for a greater good.

The story I have to tell, however, is not about me but rather what took place for a friend of mine who met Baird T. Spaulding, and in such an interestingly unusual way, that it bears importance. She and I had met when we both were studying to be Science of Mind Practitioners and had felt a bond between us. This was, of course, long after my initial introduction to the subject, when much proof of reliance upon God had convinced me that this was the WAY ... for me.

I will call her Toni, and I'm sure she won't mind because her sincerity in holding to her God awareness wherever she would be, was her protection from anything adverse. Antoinette was really her name, but I had been called "Toni" also, a nickname born during my youth when I went through a period of humming a popular tune which had a line ... "The fellows are crazy about Tony's wife" ... one of those lilting jazz tunes. I loved music, all kinds, and frequently hummed or whistled softly ... so the "Tony" suggestion fit.

As we both got into our own work of teaching and helping others we saw less and less of one another but kept in touch by telephone and later by mail when I moved to another state. The years ticked along, and finally I was back in southern California giving a series of classes. I had tried to look her up, but had no luck.

Old acquaintances of the both of us were asked, but apparently they had lost track too. Since I was busy with many new ones, I did not make any great effort.

I would finish with one class group only to have another group ask for a series. My husband and I began to wonder when we might leave for the north again.

Perhaps I should mention that in the years which had passed, I had developed a connection with several "invisibles", as those of higher planes often are called, who informed me when asked. To them we turned to ask when we might plan on leaving the area.

The answer was, "There is one more person to see, and we are doing what we can to make this possible. It is important, so keep relaxed and this meeting will be arranged."

Naturally, I wondered who this might be, as I had forgotten about Toni, thinking only that it was "my will". Well, one more class was arranged for and during this class, a person who had flown in from New Orleans (a guest of another class member), remarked at the end of the talk, "I think it is interesting that two people I seem to understand the best are both named 'Toni'." I asked who the other was and learned it was my long-time friend. This person not only knew *where* she was then but arranged for us to get together.

Our greetings to one another were filled with delight, and particularly the way in which we found one another again.

Toni said, "Oh, I've had so many fabulous happenings lately that I'm simply splitting at the seams to tell you."

I urged her to go on, and while my husband and I sat and listened, she told this story:

(to be continued in the August issue.)

Your Prayer Life

PRAYER FOR HEALING

My mind and body are in divine order. I am healed by the life of God within me.

PRAYER FOR PROTECTION

Let order, harmony, and safe conditions be established in our homes, in our schools and streets and cities. The people of our nation and all countries of the world are under the protecting love of God. Wherever we are, God is!

For he will give his angels charge of you to guard you in all your ways.

—Psalms 91:11

FOR BLESSING OTHERS

You, as a soul and a child of God, are Divine and Immortal, and cannot be sick or limited in any way.

I speak to your soul and call its latent God-Creative Powers into expression.

I bless you with the Love and the Wisdom of God.

You are vibrant with healing Life and Power.

You are aglow with Health and Strength.

You are radiant with Faith and Courage.

The Christ Love now heals you.

The Christ Wisdom now guides you.

I now SEE you perfect and complete in every way.

You have faith in the Omnipresent Love and Goodness of God.

All doubts and fears are dissolved from your mind.

The Peace that passeth all understanding enfolds and protects you now and forevermore.

MARK-AGE Introduces

THE SPIRITUAL HIERARCHY'S

Mass Educational Program

Mark-Age Group Coordinators, Astrid and Joel, of the Mark-Age MetaCenter, Miami, Florida, will inaugurate the spiritual Hierarchy's Mass Educational Program in the western United States this summer. The Mass Educational Program is the second of three spiritual twelve-year cycles to close out the Piscean Age and to prepare mankind and all life on Earth for the coming Golden Age of Aquarius some time after the year 2000. The first twelve-year cycle, from 1960 to 1971, was the Period for light workers on Earth.

From 1972 to 1983 the spiritual government of our solar system, through its cleared and cleansed channels on Earth, will direct, will teach and will demonstrate universal divine laws in action and will help to bring forth the spiritual talents inherent in all men. This will result in the linking of all light workers and servers on the planet who are dedicated to the one commandment for the New Age: **LOVE GOD AND LOVE ONE ANOTHER.**

Joel and Astrid are traveling with her two daughters, Mari Lee (18) and Lori (16), who assist at the lectures and who conduct "rap" sessions concerning the New Age.



MARK-AGE SUMMER TOUR TEAM
Mari Lee (18), Astrid, Joel, and Lori (16)

SUMMER SCHEDULE

If any readers are interested, or who know of others who may be interested, in group coordination, new techniques for teaching the members of your own community through group affiliations and linking and coordinating with other light centers and workers on Earth for the Golden Age of Aquarius, please get in touch with MARK-AGE, 327 N.E. 20th Terrace, Miami, Florida 33137, or phone area code 305, 377-4263 about meetings that may be arranged with Joel and Astrid, with Mari Lee and Lori, during the following periods:

- | | |
|--------------|---|
| June 13 | Houston, Texas |
| June 15 | Nacogdoches, Texas |
| June 19-22 | Albuquerque, New Mexico |
| June 26-27 | Las Vegas, Nevada |
| July 2-29 | Los Angeles, Orange, San Diego counties |
| August 4-19 | San Francisco Bay Area, California |
| August 19-20 | Fairfield to Woodland, California |
| August 21-25 | Northern California: Lake Madrone and Redding areas |
| August 30 | Tulsa, Oklahoma |

Meeting these Mark-Age Group Coordinators will also give those interested to learn more details about the new University of Life to be opened by Mark-Age which will teach and demonstrate mastery over the physical and to express cosmic consciousness . . . a rare opportunity indeed.

The Blessing of a Home Christening

A young father recently invited eighteen people — five couples, their children and a young minister — to the christening of his first and only child, a girl. Since many ministers allow the parents to write part or all of the service, he felt it would be rewarding experience to do so.

The christening was held at home in the front yard, a peaceful occasion shared with family friends, their children, and God. In an age when intimacy often is illusive, even at church, that home christening party turned out to be an ideal way to bring friends together and share a common, lasting experience.

All arrived; dressed in their Sunday best, bearing gifts for the baby, the children with an air of anticipation resembling Christmas. It drizzled that day, but all stood in a circle and participated in the service. The baby, understandably, cried in her godfather's arms, and at the appropriate time the minister inserted the prayer the father had prepared for the service. He wrote it believing that the birth of a child is one of the truly mystical experiences left on this earth, and that the entrance into the world of this child was indeed an event:



Dear God...grant the parents of Adrien Elizabeth the power to raise her with loving kindness, that she may grow always in Thy Grace. Help them to understand that hers is a separate soul and mind, brought onto this earth to be relinquished and not possessed. Their dreams are not hers, and hers are not theirs, for theirs are of another age and another body.

Teach this child to be gentle, that she may teach her children to be gentle. Help her perceive that each living thing is sacred and an affirmation of Thy will. Teach her that the meadows and the trees and sea are her friends and a divine legacy; let her touch each day as she would a flower, hold each thought as she would hold a tiny, wounded bird, and in doing this help her to learn that every man's sorrow is her sorrow, that she in turn may know the profound and peaceful value of a tender smile and joyful laughter.

Finally, dear Lord, we beseech You to bless Adrien Elizabeth with the loving friendship of herself, that she may gracefully open her love to You and others on earth as You have loved us. We pray that her world will be less divided than ours is now and more worthy of Your Grace.



WORLD Digest

The Mystic Quest

The Christian church is showing signs of awakening to the vitality and relevance of mysticism. Throughout the country we are learning about the formation of prayer fellowships and healing groups. Retreat centers are being established where small groups meet for prayer and meditation and seek the Lord's guidance for their tasks. Other groups meet in churches and in homes to practice the presence of God.

—From **Spiritual Frontiers Fellowship** by Ernest O. Martin

Akashic Record

The thoughts we have are printed on the akashic record until they are either permanently established when they are good or eventually erased when they are not good. The akashic record is that record of your auric field that any teacher in the higher realms can read instantly to know your most intimate feelings and thoughts on every subject.

—From **Yolanda** in *Mark Age Period and Program*

Things Get Better in Time

You are in Eternity now, and even if you reembody after this lifetime you still will be in Eternity and you will not be subjected to the previous negation and troubles through which you have come in this embodiment and previous ones. You will be protected and continually in the company of other Ascended and unascended ones who will assist you in your work and mission if you take reembodiment upon this or other planets. So do not resent the fact that you may, by reason of intrusion or request of the Lords of Karma, take reembodiment, for this may be in your plan in consonance with the Divine one.

— From *The Voice of Universarius* magazine by Zelrun Karsleigh

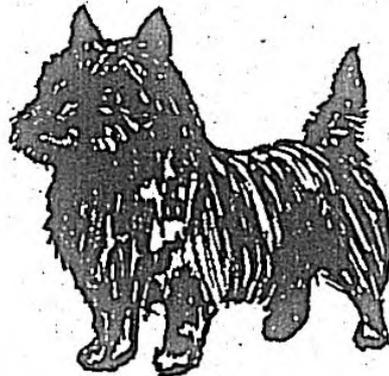
Spirit Heals

Spiritual healing teaches the immortal lesson that we are all akin to spirit in this life now. This is a truth, and a truth we can prove; for if it were not so, then no spirit healing could take place. For a sick person to receive healing from a divine source proves he is in tune with the source. It is proved through healership — for the healer must be an attuned instrument with spirit and thereby with God.

— From *The Spiritual Healer* magazine by Harry Edwards

* order from **Chimes**, pg. ix

“JOEY”



Part 2 (Conclusion)

For those who love dogs and wonder about dog heaven.

As Katie and I have given several parties at our bungalow in the Summerland, I thought we ought to give one for Joey in honor of his love and loyalty.

When I mentioned the idea to Katie, she immediately agreed and said she would make arrangements for the party. But, a little later, she told me that since dogs are on a lower vibration than humans, the Spirits, whose work it is to look after dogs, would have to teach us to slow down our vibrations to the doggy level, otherwise if we tried to give a party the dogs might be invisible to us.

“For”, said Katie, “Joey’s love for us enables him to raise his vibration so that he can function on our plane of consciousness, but when he goes off on his little jaunts into the sub-elemental sphere he becomes invisible”.

About a week later I asked Katie if Joey had had his dog party.

“No”, said Katie. “As you know, you have been rather emotionally disturbed recently and this has upset your sleep so that you’ve been continually slipping to and fro between our bungalow and your body. This has been delaying matters, but we’ll hold the party as soon as you’re ready for it. Meanwhile, Joey seems to be getting older and more mature and less puppyish. He looks more groomed as though he’d got his best suit on”.

I said this was possibly due to the fact that I had been thinking a lot

about him and feeling that I might do well to take his unselfish love as an example for my own behaviour.

“Yes”, said Katie, “it’s quite possible Joey has been getting something of your thoughts. When you realized how much his love has helped you to quiet your emotions, it has pleased him and made him more cocky. I also think he’s been trying to tell his pals about ‘his family’, as he calls us.

“Who are his particular pals?” I asked.

“He is very fond of spaniels, those old, slobbery things, and he likes terriers, but he seems a bit nervous of the bigger dogs like Alsations; he treats them with respect”.

We had to wait some weeks before the party took place, because my health was not good, and Katie said it might be dangerous to lower my vibrations to the extent necessary to get down to the doggy plane.

At last Katie announced that we had had the party.

“It was rather different from what I expected”, she said.

“What happened?” I asked.

“First of all we had to put on cloaks to make us heavier. The next thing I remember was that we found ourselves in a place surrounded by all sorts of greenery quite different from our ordinary fields and woods. There was a great deal of cool, soft moss and lovely tall trees with beautifully-feathered birds singing in the branches. We felt, too, there were a lot of animals in hiding, like deer and rabbits. The atmosphere was humid and there was an earthy smell, for we were in a part of the Animal Kingdom where the vibrations are slower than those of earth.

“Suddenly, Joey appeared. He gave a funny, little bark and then from every direction appeared dogs of all breeds, shapes and sizes; alsations, pekes, terriers, spaniels; I’ve never seen so many!

“Joey was running madly among them all, giving funny, little yaps and the dogs yapped back.

“Joey then went into a corner and started digging up bones. As fast as he dug up the bones he passed them on to his friends, digging up one bone at a time and passing it on like lightning until every dog had got a bone.

“For a time the dogs became completely engrossed in playing with their bones and took no notice of one another.

“Then Joey seemed to give some sort of a signal and they dropped their bones and started chasing one of the dogs and when they caught up with him, the dog would fall back into the pack and another dog would take the lead and the whole lot would go full pelt after him.

“When they tired of this, they started to play with balls and went chasing after them. Some carried balls in their mouths and others tried to steal them or grab them from under one another’s noses, or they just chased madly after the balls.

“It was such fun watching them. There were so many individual antics and incidents within incidents. They jumped over one another, bumped into each other; some went head-over-heels, laughing and pushing and

jostling one another. There were so many individual antics I can't describe them. No one lost his temper and they were all gloriously happy. They seemed particularly to enjoy running in and out between the trees as if it were all part of the game.

"Joey seemed to be cock-of-the-walk and in charge of the show and always the one to start off something fresh. He seemed thoroughly in his element and paid not the slightest attention to us, just as if we were not there.

"Suddenly buckets of water appeared — the buckets were quite transparent — and the dogs started drinking, two or three at each bucket. All the bones had disappeared.

"The party was evidently over, for the next thing I remember was that we found ourselves back in our bungalow.

"I thought we were going to give the party for Joey, but he evidently took the matter into his own hands (or paws) and gave a party for us!

"Joey knows it won't be long before you come over to join me and he says, 'How nice that will be, for I won't have to go to earth again and he'll play with me just as he used to when we were together'. For, to Joey, you are still a little boy.

"What about Joey's future?" I asked. "You once said he would not be able to be with us when we advance?"

"As to that I cannot speak definitely, but I think Joey will follow his own line of evolution. As I have told you, he is a very advanced dog and has become the mascot of our group. You might ask our Guardian about him".

When I spoke to Certes, he said, "Your dog Joey is of a great loyalty and is well known on Our Side. He will probably develop into one of those whom the Irish call 'The Little People' and eventually may become one of the great Devas who love and serve humanity, but the golden chain of Love that binds him to you is such a beautiful thing that it will never be broken".

*Money will buy
A bed, but not sleep;
Books, but not brains;
Food, but not appetite;
Finery, but not beauty;
A house, but not a home;
Medicine, but not health;
Luxuries, but not culture;
Amusements, but not happiness;
Religion, but not salvation.*

Anonymous

SPIRITUAL MIND TREATMENTS

These handy Spiritual Mind Treatments by Jack and Cornelia Addington are specific Truth for specific needs. Each treatment can open a door of healing for someone ... for you or someone you know. Read these Spiritual Mind Treatments over several times slowly, meditate on them until you can assimilate them. Make them your own. In the Silence that follows the Spirit of Truth will seem to speak to you.



THERE ARE NO ACCIDENTS IN GOD

"Now ye are the body of Christ." I Cor. 12:27

There are no broken bones in the body of Christ. There can be no break in the perfect flow of Spirit. I am the expression of the rhythm of Life, one with the Whole of Life, an integrated spiritual being. There can be no break in the spiritual body; which body we all share.

There are no accidents in God. Every experience in my life blesses me and brings me closer to the perfect realization of the One Perfect Life — God made manifest as me and my environment. If there seems to be a temporary interruption in the harmony of my world, I will fear no evil for Thou, the Divine Law of Life, art with me healing me, protecting me, leading me ever nearer to my god.

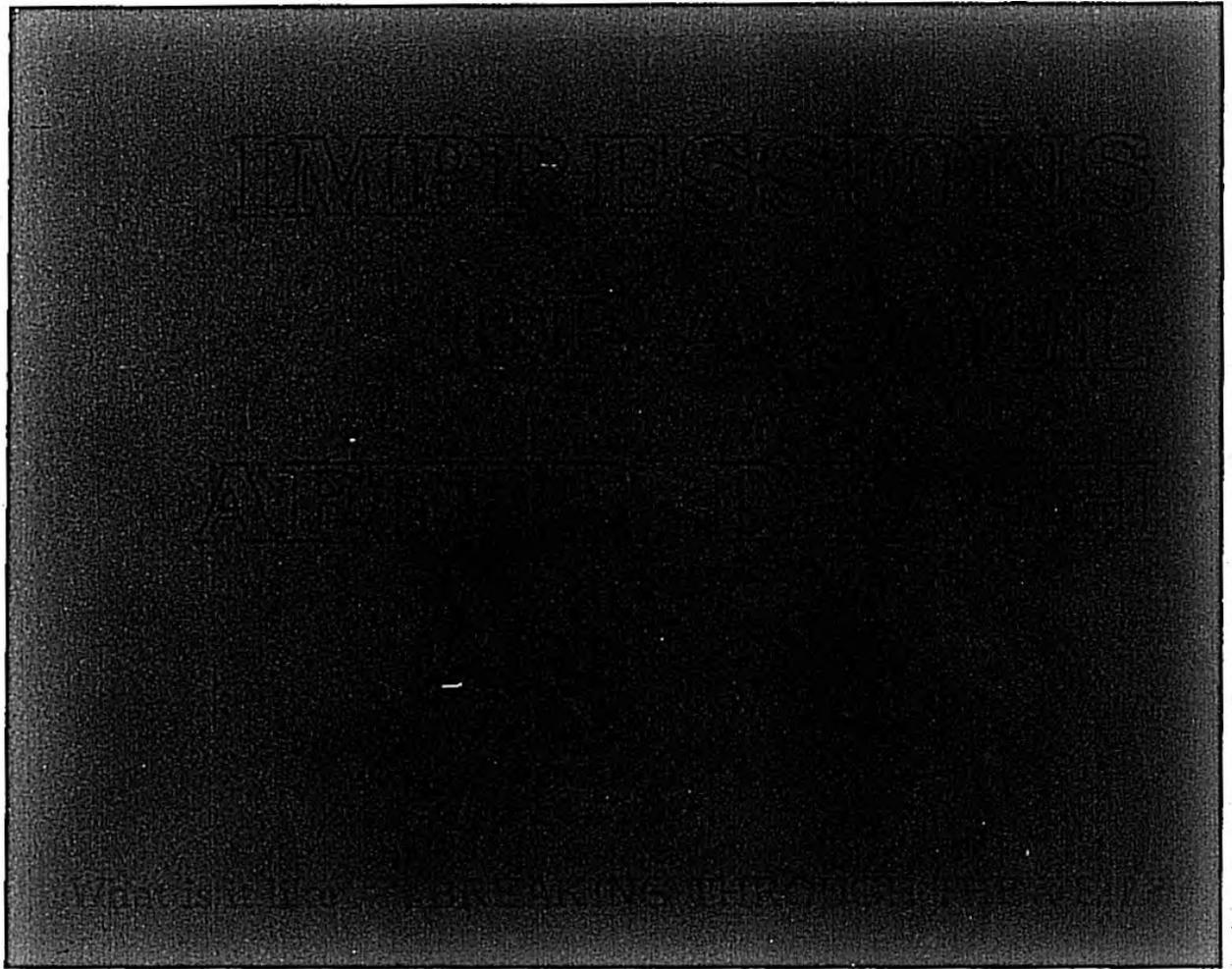
The great involuntary Life which holds the moon and stars in their places controls and maintains my body. I am one with the harmony and balance of the Universe. I am one with the body of Christ. I am one with the perfect flow of Spirit. I rest in this knowledge. I am healed.

And so it is.



The foregoing is based on a new Chimes book by Jack and Cornelia Addington, Your Needs Met, a dandy help-mate perfectly suited to resolving your daily problems.

Order from CHIMES page ix.

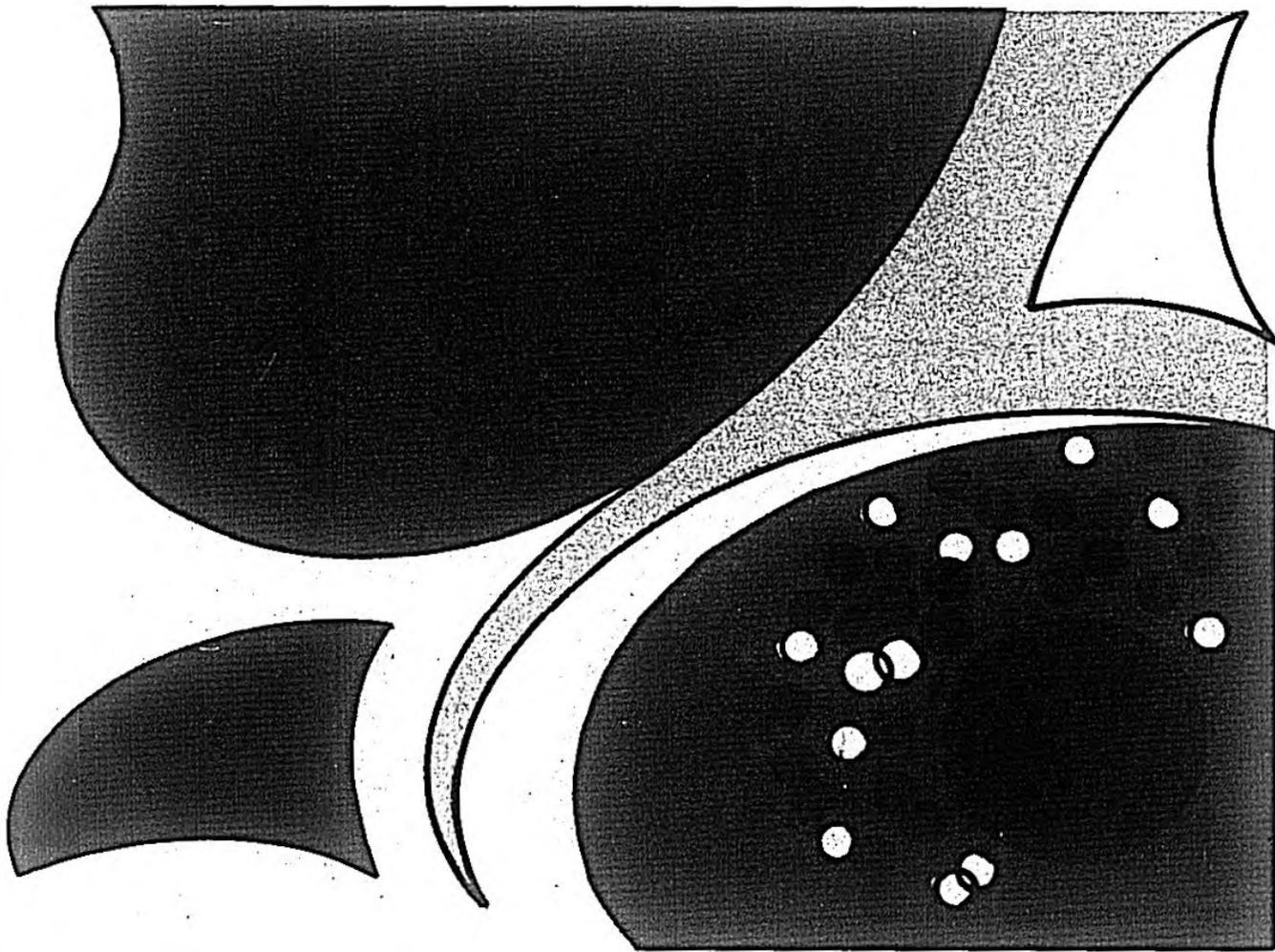


Part III

The chief purpose behind all the instruction given my released Soul in the Inner Planes was that GOD IS ALL THERE IS, and ALL THERE IS IS GOD – therefore good. It was proved to the Soul that even within the most awful holocausts on Earth, God is. It is almost impossible for the human mind, with its limitations produced by the five outer senses, to realize this. All of the fourteen senses of man (seven outer, and seven inner) must be awakened before this can be comprehended fully. When the fourteen senses are awakened, man is no longer man, nor does he think as man thinks. He then is as a God, and he sees as God sees and knows as God knows. Until these fourteen senses are awakened in man, faith and belief must and can carry him through.

Even though Soul growth comes through suffering, it is not necessary, nor is it wise for man to induce suffering in order to grow more Soul substance. In India a custom prevails among some of the fakirs of inducing suffering. Having learned that Soul growth can come only as one learns to understand and value suffering, these men lie on beds of nails until the senses become dulled to the pain, or they torture themselves in other ways. I was taught, however, that LIFE itself in its daily round brings all the suffering we really need; there is no need for self-induced suffering.

Our Soul growth is assured, visible to all eyes, when we can endure suffering without a whimper, without resentment, without bitterness, without crying out for earthly help. Saint Therese, the Little Flower, in



the experiences of her life as personally recorded, tells how she turned her intense suffering into joy. No wonder she earned the right in Heaven after passing to serve humanity in a body which becomes visible to those who need to see it. She learned the FINAL lesson of Earth. Therefore she is able to work on Earth, even though her Consciousness is anchored in the Divine Plane of Heaven. She works on Earth after her Great Illumination because it was her CHOICE to show suffering humanity her way of finding God.

To many the idea of "death" portrays the Greatest Suffering – suffering of the mind which dreads death, because it does not understand death's purpose, and the physical suffering at the moment of the dissolution of the tie between Soul and body. But the greatest suffering is caused through FEAR of what is going to happen. When true knowledge is widely disseminated of what happens at death, and what death really means, the fear of death will be lessened. This enlightenment also will lessen the pangs and pains of death. These pains are intensified by the struggles of the Soul, dreading the unknown, seeing life on Earth coming to a close.

When the truth can be made known that LIFE NEVER CEASES, this fear of death will vanish. Tension and struggle at the moment of death then will be minimized, and pain will be practically non-existent.

Of course, by the very laws of God, this cessation of pain through enlightenment can come only to those who are ready to receive the

Light. *Those who are ready to receive the Light are ready to hear the good news which their Soul age entitles them to receive.* Those who are still to be purified through suffering would not listen to the Good News if it were told to them, or listening, could not comprehend it. The laws of God allot the experiences of life to those who would profit most by them.

I could tell much of glorious experiences during the "after-death" period which were granted to me, but since the inner prompting does not come to share them with you now, I must wait until the right moment. Suffice it to say that I know there are transcendent realms beyond human conception, and yet realms in which the dwellers are so real, so human-like in their Divinity that they cause one to feel completely AT ONE with them. How difficult it is to describe in words these transcendent experiences. They are experiences BEYOND the human senses, and therefore any human words cannot but distort the true pictures and the true meaning. No wonder the ancient writers, as well as the modern ones, have had to resort to symbols and similies in an effort at description. It is something which must be EXPERIENCED, as all those who know will tell you.

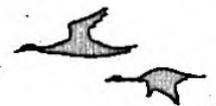
Of course, so long as you wander in the Realm of Mind, whether it is the human mind, or in the Overmind in which all forms exist, description is still possible. When you enter the Realms beyond, however, the Realms of the Oversoul, there are no words in the English language capable of describing WHAT ONE IS there. The nearest one can come to it is to say it is LIKE this or like that; yet no accurate picture can be conveyed even then. It must be EXPERIENCED to be realized and understood.

The foregoing article is based on inner teachings given by the White Brotherhood, page x of this issue.



Musings

*I like to think of our Lord in spring,
Knowing He shares the blossoming!
Knowing He hears the wild bird's call,
And that His love lifts wings for all!
Knowing He sees the flowering fields,
And blesses them to the harvest yields!
Knowing He quietly moves about,
Unseen, unheard, within, without,
Urging the life forth in the seed,
Tempering the winds to the shorn lamb's need!*



— Dorothy Evelyn Begg

BOOK TALK

A GREAT MANY readers of Chimes are “students” who are seeking how they may learn to unfold their spiritual gifts that they may receive the answers to questions that perplex them from that One Source found within themselves. This is the reason why Chimes, over a period of some thirty years, has evolved into a teaching vehicle than one which serves to inform on matters of current events.

Something which has brought this to mind recently has been the new book by Ruth Montgomery dictated by Arthur Ford since his transition to Spirit. Entitled “A WORLD BEYOND”, it is a work Arthur Ford intended to write before his transition detailing what life is like beyond the physical plane, and how important it is for those on this plane to establish regular periods of meditation and prayer. Since he was unable to do this, he chose to enlist the assistance of his friend of many years, a renown writer, Ruth Montgomery.

Not only does Arthur Ford elaborate on what it is like at the moment of death, the whys of birth and rebirth, karma and reincarnation, but he gives some excellent suggestions for students who wish to unfold their own spiritual powers as he did. Since it is by means of automatic writing that he communicated with Ruth Montgomery, he gives very sound guidance and examples of techniques that any responsible person might emulate by following his directions.

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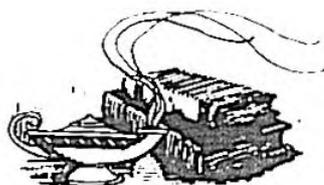
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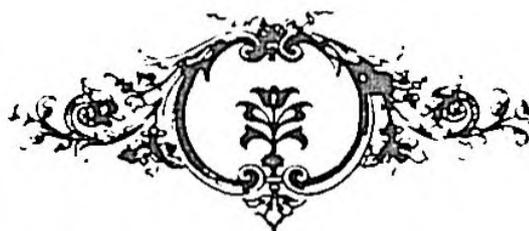
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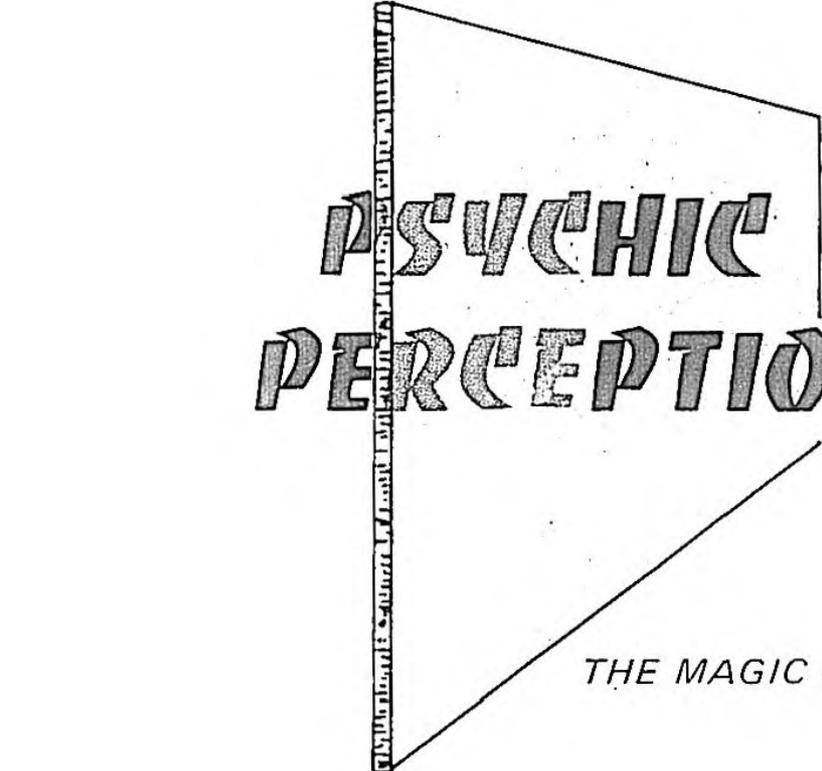
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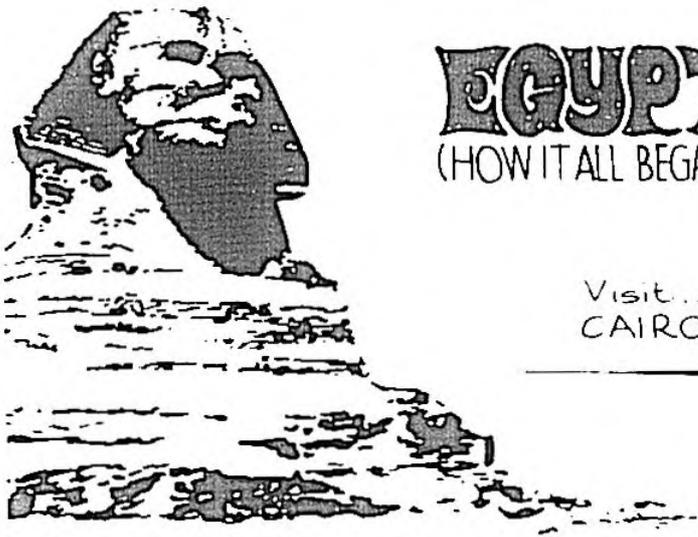
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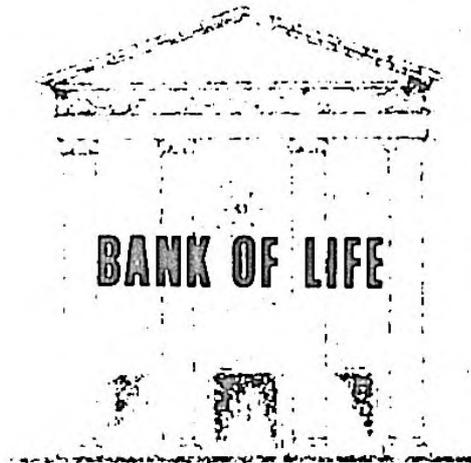
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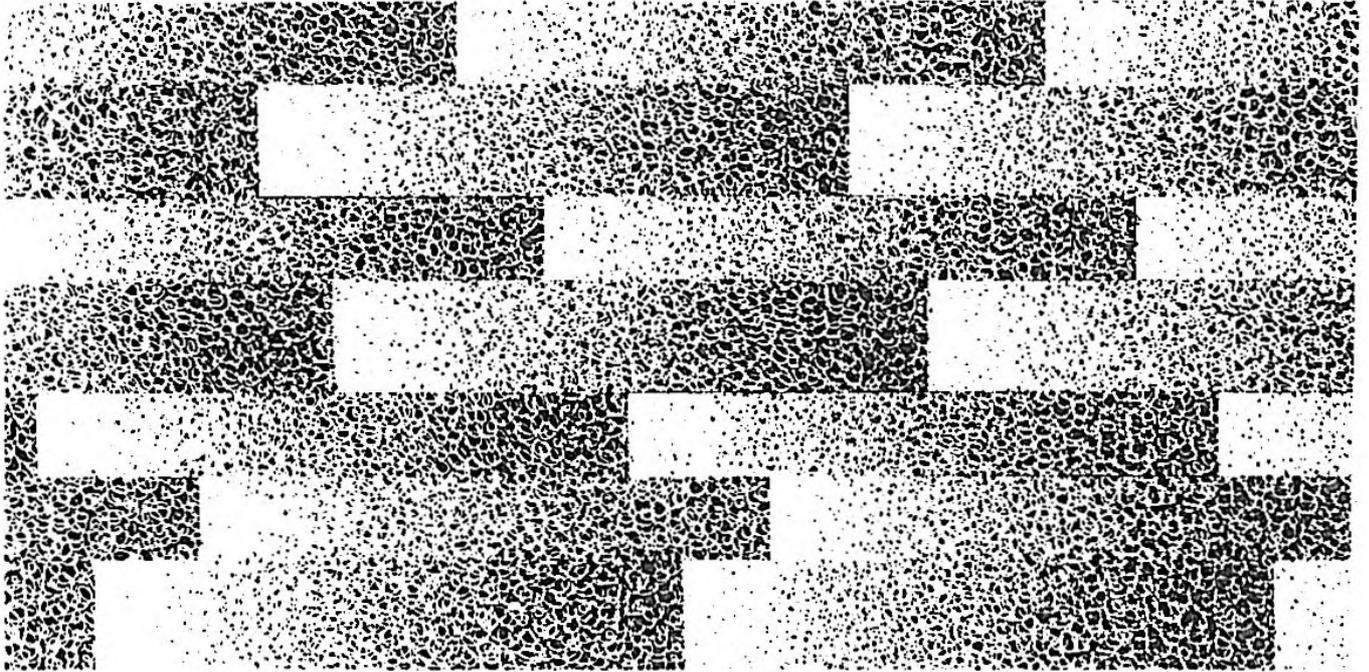
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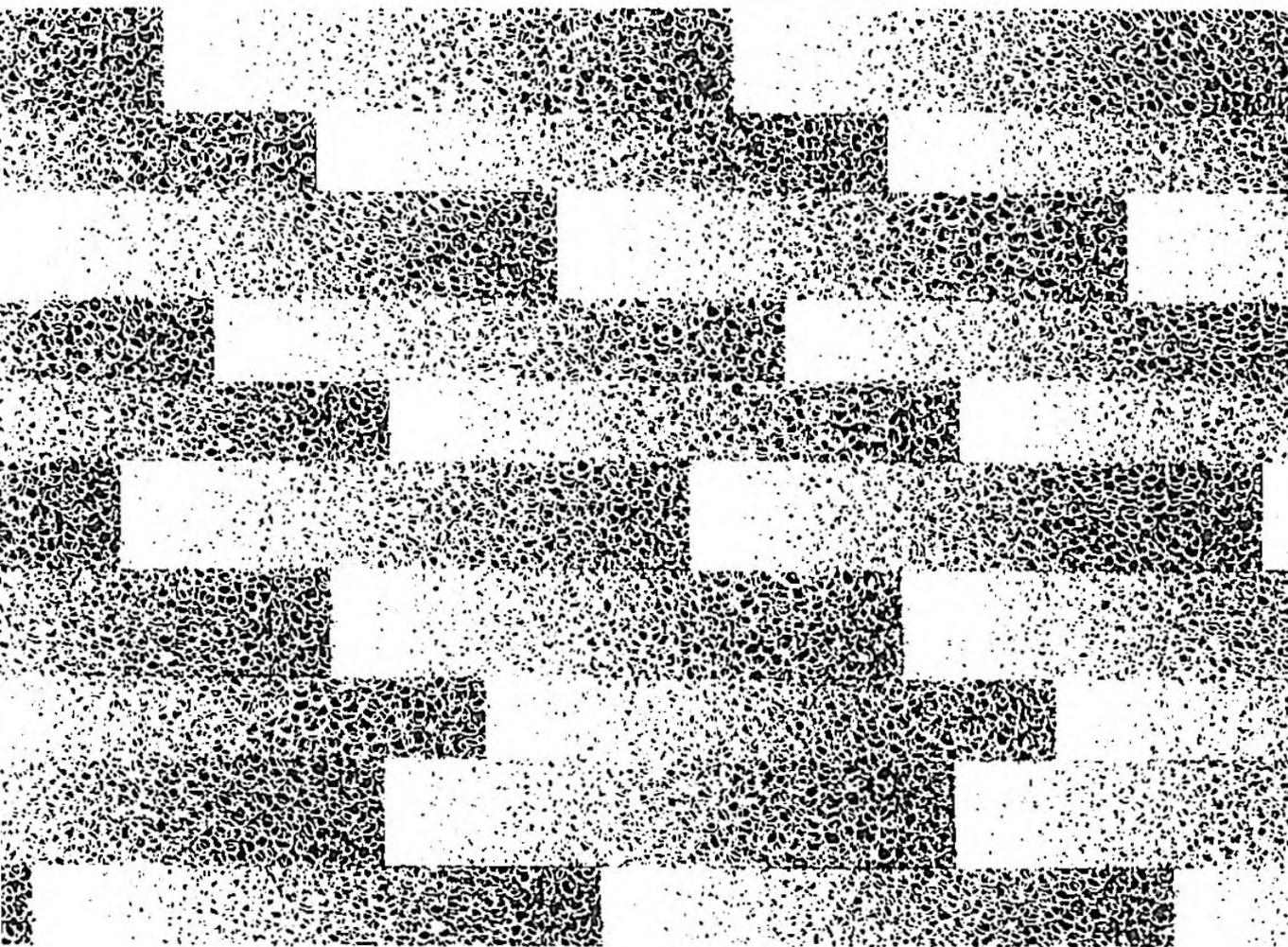
PART I

Because of the great interest in the work of the famous medium, Arthur Ford, we are presenting here a series of articles based on the newest book by Ruth Montgomery, "A World Beyond", in which Ford describes knowledge he has gained of the higher realms, particularly since he has passed to the spirit world.



From time to time when referring to Edgar Cayce, Yogananda, Betty White, and other highly evolved souls, Arthur Ford made tantalizingly brief references to "higher planes" and "other planets." When Ruth Montgomery asked him for greater elaboration, he wrote, "The higher planes that you ask about are essentially higher degrees of consciousness. In other words, the place is similar, but the level of consciousness is so much more rarefied that those on this plane cannot advance into them without great preparation, whereas those on some of the higher planes encounter no difficulty in living in our plane simultaneously. It is a bit like the difference between our state and yours. Those in the next higher state are more aware of us than we are of them. They progress to that state when their rough, earthbound edges are rounded off, and their mental and spiritual progression is such that they are ready for higher learning in the esoteric sense. Those who feel that their progress will be more rapid by assuming again an earthly identity seldom pass on to that next higher stage, for to do so takes them out of direct line for return to physical form."

THE HIGHER PLANES



Recalling that Arthur had made reference to a period which he spent in a higher plane before returning here as Arthur Ford, she asked if he and Lily, her spirit teacher, were familiar with that stage. "Yes," he replied, "and Lily spends much of his time in the higher frequency of that plane. He will not be able to tell you much about it, because there is little to record that you would be able to understand with a finite mind. It is a higher consciousness rather than a different plane, for the universe is one. He will probably not return to another incarnation in the physical plane, although that choice for him remains.

"He was a writer in his last incarnation, and since there are many writers now, he needs to advance his growth here in work that many others are not able to do, such as counseling those writers who are progressing here and working directly with those in physical body who would write spiritual treatises of a higher order. To describe the difference in levels of consciousness is almost impossible to put into words, but let us think for a moment of a balloon filled with helium gas. On the ground it is a great physical form for all to see and touch, but

by Ruth Montgomery

when the moorings are cut it rises free of earth ties, which would correspond to the silver cord which at death releases a soul from the physical body. The balloon rises higher and higher until it reaches the thin stratosphere, and still it is as alive and touchable as when it was on earth, but man is no longer able from the earth to see or feel it. It passes from human sight and soars heavenward, but although gone from the immediate comprehension of man, it is still alive. After a time it loses all contact with the earth, and although the balloon is fully aware of what is going on below because of its memory and intelligence, those on earth no longer have contact with it. This is a poor analysis, but it is hard to explain in terms understood by the finite mind.

“In this higher consciousness the soul of man is as alive and aware as ever it was in physical form but is totally detached from the ties of physical form. We are now in the intermediate state, with earth ties and tensions, but when Lily goes into the higher state of consciousness he relinquishes all pulls from physical wills and barriers.”

Asking what Edgar Cayce meant by saying that a soul between lives sometimes goes to Uranus or other planets in consciousness, and Ford replied, “Many of the planets are occupied by spirit forms in various states of consciousness. Some are in higher and some in lower forms of consciousness than the earth dweller, but because of various levels of development, some evolve more rapidly in certain vibratory planes than in others. Thus, some may visit for a time in Venus or Uranus or Mars or other planets. The communications which occasionally seem to be picked up from other planets are thought forms which they are able to send out in vibrations usually too high for your instruments to record. But occasionally, under certain atmospheric conditions of low enough caliber, your finest instruments are affected by them.”

Another day Ford said of the higher states, “From my own recollections I am able to say that the work there is of a different type, for instead of helping new souls to come over and learning lessons in philosophy, the advanced soul will be testing these theories and proving them as fact, while also taking on such interesting assignments as visiting other planets where forms of life exist and relating them to our own system from whence all of us here were once a part.

“The Atlanteans (those from the lost continent of Atlantis), many of whom were of a high order of development, often inhabit other planes and planets while taking note of that which is occurring in the earth, for parts of Atlantis will be more

plainly seen within a decade, as the land once again rises toward the surface. These Atlanteans are keen on proving that they were of a superior order, and that the human race will be able to recapture some of its esoteric knowledge during the Aquarian Age now at hand. Needless to say, many of these Atlanteans have reincarnated again and again in physical form, and you and I were once Atlanteans ourselves; although some who have not returned to the physical are of exceedingly high vibration and were what we might term princes among men. They are so high in the order of superior beings as not to need further earth returns, although some of them are keen to do it when Atlantis rises, for there is tremendous interest in leading the world to hiding places where material of towering worth is stored, safe from disintegration. Meanwhile, they have been instructing those souls who advanced beyond this stage where I now am and are helping them to understand the mysteries of the universe - those mysteries which souls inhabiting the world once knew automatically."

Discussing the higher states of being, Lily wrote..."As we learn our lessons here in this intermediate state, we are given the choice of reincarnating or traveling onward to other realms or consciousness, and some of us elect to take this next step, as I have here. When we are ready, by having completed our philosophic discussions and reassessing our errors of flesh, we feel a lightening of spirit and with a little effort of thought are able to lift ourselves into a new consciousness in which we lose contact for a time with those here and those in your physical state of being.

"We then find ourselves in what would be thought of as a purely ethereal realm, with total loss of contact with other souls for a time. This is a somewhat lonely experience, since we are used to having shared thoughts and ideas here as well as in the physical body. After a time we seem to float into what, for want of a better term, would be called outer space but is such high frequency that there is no way to put it into words that are understandable to physical man. We are, let us say, in the realm of Uranus, where vibrations are so tremendous that at first we feel shaken to our core. It is a violent atmosphere, or rather lack of atmosphere, where there is no protection from the rays and beams and pulsations. We stay there, if we are able to endure it, for a time while preparing for still another step in our development."

Ode to Spirit

God lives in every breath we take,
In everything we see,
For God ensouls the universe,
From star to redwood tree!
The forms He takes are myriad,
And great is His largesse,
For the love He bears creation
Abounds in tenderness
God speaks in many waters,
His voice is in the wind,
But man is often deafened by
The feeling he has sinned.
God lives, my pounding heart proclaims!
I know by every sign,
His love and His forgiveness
Await your need -- and mine.
We shall find God if we seek Him,
Wherever we may be,
From dawn to dusk on any day,
Through all eternity.

— Dorothy E. Begg —

I needed the quiet so He drew me aside.
Into the shadows where we could confide.
Away from the bustle where all the day long
I hurried and worried when active and strong.
I needed the quiet tho at first I rebelled
But gently, so gently, my cross He upheld
And whispered so sweetly of spiritual things
Tho weakened in body, my spirit took wings
To heights never dreamed of when active and gay.
He loved me so greatly He drew me away.
I needed the quiet. No prison my bed,
But a beautiful valley of blessings instead--
A place to grow richer in Jesus to hide.
I needed the quiet so He drew me aside.

— Alice H. Mortenson —

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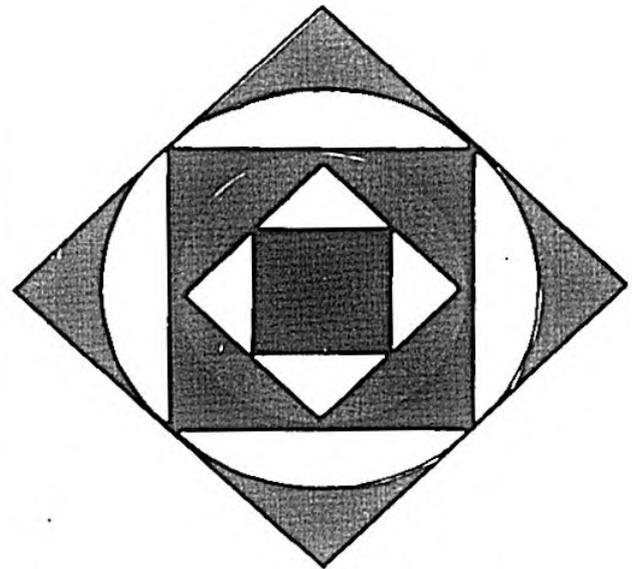
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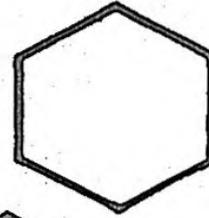
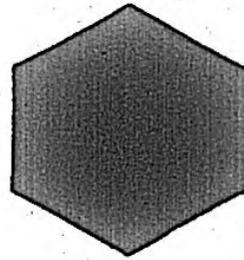
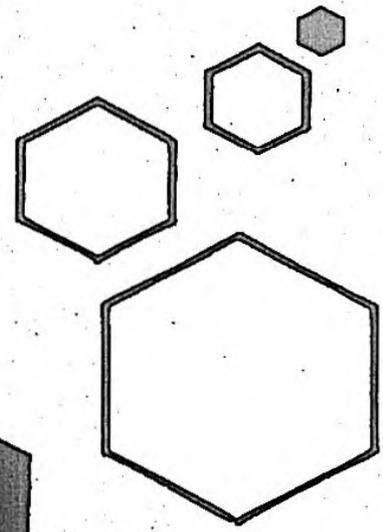
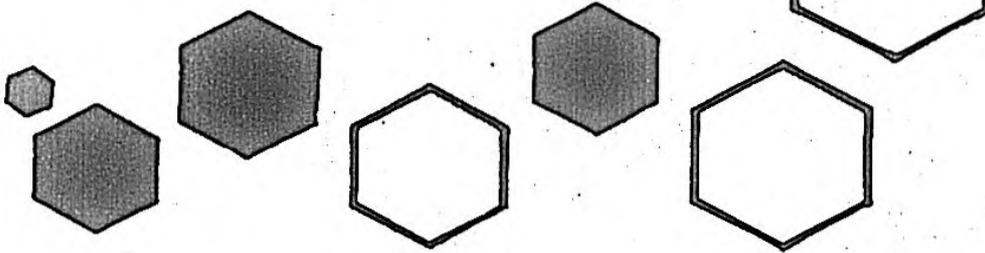
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Your Spiritual Powers

Concerning SOUL TRAVEL



We have been taking a look at different methods that may be used to accomplish soul travel, sometimes known as astral projection. In the previous issue the steps to achieving *one-pointed control* were begun and are being concluded here:

4. When you have finished the breathing exercise you will feel stimulated and alert. Turn your consciousness then to the pineal gland (in the center of your head, back of the root of the nose, on a line with the upper part of the ears). Feel it glow with the psychic energy your attention focuses upon it.
5. Shut out all sights, sounds and other physical impacts as you concentrate all of your attention on this tiny gland. Feel it glow with fiery energy and, as you do, lift it in consciousness to the ceiling.
6. When you feel you have succeeded in lifting the pineal gland up and out of the body, permit yourself to become aware of your surroundings once again. In most cases you will find yourself hovering four or five feet over your body, which appears to be sleeping. In some cases you will be already out of the house and high in the air. Do not panic. Do not become unduly excited, but quite calmly direct yourself by an action of the will to go wherever you desire. It is merely your saying, "I would like to go to my mother's." Instantly you will be there.

7. Some experimenters have found pleasure in moving their astral bodies slowly once they found themselves free of the physical. There is a definite exhilaration in moving about in the astral world. You feel very free and light and can glide along quite slowly or rush over land and sea at speeds which seem to approach the speed of light. It is up to you to decide.
8. While it is your will that directs your astral body's motion, sometimes it is difficult for the student to accept this. Then it is practical to start with some recognized method of physical locomotion. You can swim or walk or run, but soon you will find that these illusions are necessary and will give them up.

The three techniques given in this series should enable most readers to achieve astral travel if approached seriously and with persistence.

There are, of course, many other ways to achieve astral or soul travel, some of which will be revealed to you as you experiment yourself persistently. Some will be easier for you to use than others. You can also supplement what you learn from experimentation with supplemental reading on the subject (some of which is recommended below).

Before leaving this subject, however, a few words should be said about the astral plane in which the astral traveler takes his journeys.

Characteristics of the Astral Plane

The astral plane is a vast area of spiritual or etheric life and covers many vibratory levels within it. At its lowest level it almost parallels the physical plane, and it is here that most of our astral travel usually takes place. At its highest level the astral plane is very rarefied and few ever reach its heights while still in physical incarnation. Between these levels there are an infinite number of levels in between.

The human astral body is not the only traveler on the astral plane to be encountered. Many other forms are there – some attractive and some menacing. Do not permit any of these forms to frighten you or to disturb your peace of mind. Remember always that YOU have the power of control over astral entities just as surely as YOU have the power to control your own emotions. Therefore if you are not able to control your own emotions, it would be unwise for you to attempt an astral voyage until you have achieved this competence and balance. Once you have, do not be content with earth level trips...entertaining or absorbing as they may be...but lift yourself up to the higher levels. There you will be stimulated mentally, physically and spiritually and will return refreshed in every way. These are benefits worth your every effort.

You may help yourself immensely with Joseph J. Weed's book, PSYCHIC ENERGY, upon which these lessons are based. Also helpful are Ophiel's ART AND PRACTICE OF ASTRAL PROJECTION and Muldoon and Carrington's PROJECTION OF THE ASTRAL BODY, as well as Oliver Fox's book mentioned herein, ASTRAL PROJECTION ... all books available from the No. 10 Chimes Book Catalog, or which may be ordered on page ix of this issue.

Lesson Eleven

LOVE and COMPANIONSHIP

Frequently girls and even older women state that men "insult them" when out for an evening. They say: "I certainly act like a lady. I do not say, nor do I permit them to do anything that would lead a man to think I am a 'woman of easy virtue' yet somehow or other they either get the conversation around to the point so that sex is mentioned, or they just start in being familiar in their actions, without any preliminaries." Then they ask: "Why is this?"

There are two reasons. One is, that although you are lady-like and very careful that no mention of sex is made while with them, yet your subconscious mind has it in that longing, until it is sublimated or transmuted in creative work. This pressed-back subconscious thought in a sense interpenetrates your aura and says: "Yoo Hoo!" to him while you are consciously being sedate and self-contained. The man, of course, responds to this subconscious urge which is in tune with his conscious desire, and you have unpleasant moments if he doesn't happen to be the man of your choice.

The second reason is that most women have so lowered their standards because of the insistence of men, that men think any woman can be theirs by right of conquest. The few who still live up to ideals and are waiting for that "one" to come into their lives, will just have to develop sharp wits and nimble bodies to retain that which they rightly value, until such time as the "one" comes – their natural mate and companion.

Because of the sordidness of the conversation of so many men, women are more and more seeking others of their own sex with whom to go to theatres and meals, if they have no family. A woman can in time surround herself with an aura of good, high, pure thoughts and ideas, so that she avoid this unpleasantness – if she is discriminative in her choice of male companions.

The difficulty is that few women have enough interesting things to talk about, and so the conversation falls to the man, who makes of it what he wants. Therefore, broaden your knowledge, if you want to interest and hold your companion. Keep up with the news of the world, or at least what is going on in your own country, by reading the editorial columns and the many interesting and informative short articles in good magazines. Read them, then think about them. In this way they become knowledge you can spontaneously speak out later. Read good modern novels which give interesting lines of conversation. If you have been too shy, one way, although not the best one, is to develop a "line" of conversation, until you can really broaden your knowledge.

When you meet that possible mate, do not push him out of your life by appearing TOO interested in him. Men sense that. Be nice, not bored, but

relaxed not TENSE. Do not turn up your little nose at what first comes in answer to your prayer for a companion. He may not look on the outside as you hoped he would, but within you may find your mate, when you learn to really know him. Do not expect to "fall in love at first sight." The saner, more lasting love is that which develops gradually from the mutual interests and congenial companionship.

If you have not had the company of a young man, or an older one for some time, dramatize conversations. Pretend to yourself that you have just met someone who is interesting. Talk to him. Imagine an answer. Imagine an interesting reply that you would make. Do this fifteen minutes a day, aloud *when no one is around*, of course. It is putting new mind patterns into your subconscious, so that you will be more interesting and attractive.

Now for a few "don'ts" for your use when you have succeeded in attracting a possible companion. NEVER monopolize the conversation, talking about your personal affairs or your business, to impress him with how intelligent you are. Recall to mind the items of world interest you have read, draw him out by asking his opinion of the subject-matter. Learn to listen *with interest*."

If you happen to attract what is commonly called a "weakling", strengthen him. Look up to that man, and let him know you are doing that. This tends to strengthen him, makes him throw out his chest, happy that someone believes in him and in his possibilities. There are so many excellent matrimonial possibilities which need just a little bringing out. Those who have already developed themselves have so many after them, that unless you have exceptional qualifications better not get in the race, as it only spells heartache. Develop the possibilities in the one who comes to you. Woman can do much to make or break a man by what she says. Inspiring man to greater things is a woman's chief business.

A young woman put over a firm and strong prayer for a man of the dashing type, splendid in appearance, who liked to travel. She met him. After a few years of this she realized what she really wanted most was to settle down, but she had not married the "settling down" kind. It is important to know JUST what you REALLY want, not just today or this month, but consider also the future.

To young girls especially we say: NEVER *give in* to a man in order to fascinate him. Keep the controlling hand, but do not be a prude. Keep your refinement, do not be coarse and vulgar. Be chary with your kisses. Let him feel, if he wants to, that he is charming you and thrilling you almost beyond your control, but KEEP YOUR CONTROL. That is what fascinates the man who is really contemplating making you his wife. The other won't come back unless you "Give in". And after you have "given in," his interest wanes. Why cheapen yourself?

These lessons are preliminary to the advanced series of "Inner Teachings" offered by Chimes entitled "Light on the Science of Living." For more information, see page x.

WORTHY WORDS

Muriel Noyes Gillchrest

Rest in sleep is a letting go of problems, of the affairs of the daytime activities known only by the senses. Sometimes one's mental condition can be so disturbed that insomnia results. Anyone who is troubled can be so disturbed that insomnia results. His sense of strain and tension is coming from his feeling of being separated from God. He is not "abiding in the shadow of the Almighty" and this is most likely to be due to incorrect ideas of who, what and where God is.

The true knowledge of God is an actual experience, not a theory. It relaxes the thought, the muscles of the body, and elates the entire being.

— *From The Power of Universal Mind**

Frank B. Whitney

Those who have caught the higher vision of prayer see that there must be one thing kept in mind: the thought of the individual and God drawing nearer and nearer together. This must be clear-cut in the thought. Any belief in separation, any thought of doubt, must be kept out of mind.

Wernher von Braun

Only if God is reinstated in the heart of the world will He furnish mankind and its leaders with ethical guidance through the dangers and pitfalls of the space age.

Harold G. Hopper

True religion is not a collection of rules, forms nor rituals. It is a way of life, and its essence is pure love.

The Counselor

World Religion is not a matter of standardizing all religions. This is definitely not in accord with the Universal Laws of God. World religion is a matter of discernment in what religion is beneficial and adaptable to the individual country and race of people, and what part of it may be adopted for the well being of one's own religion.

Douglas Hunt

Magic is like a diamond in a rubbish heap. You can certainly find something of value in the subject. But before you reach it, you will come across a lot of junk ... The trouble with this is a lot of people miss the diamond for the rubbish, or worse still, confuse the two.

— *From Prediction, English monthly*

* Available from Chimes Books, pg. IX

Prayer



Ministry

Chimes is a point of contact for the healing and blessing of thousands who receive it and who believe that the power of Spirit is unlimited. If YOU believe that Spirit responds to the needs of all who ask for guidance, for protection, for strength, for the healing of any condition, that we DO receive as we *believe* and *accept* our good, then write your request for special prayers to Chimes, stating your need briefly. The moment you begin to write to Chimes your special prayer requests, you will be getting results. Countless blessings will flow to you, and your prayer may possibly already have been answered.

It's no secret what God can do. What He has done for others He can do for you.

WRITE YOUR SPECIAL PRAYER REQUESTS HERE ↓

For your healing/prayer reply, please send self-addressed stamped envelope.

HEALING IS NEEDED FOR (CONDITION)

I WISH TO HELP THE CHIMES HEALING MINISTRY . . .

- I WILL PRAY WITH CHIMES EACH NOON WHEN I AM ABLE
- I WISH TO RECEIVE INSPIRATIONAL PRAYER CARDS FROM CHIMES
- I AM ENCLOSING MY LOVE OFFERING TO HELP

HEALING REQUEST MADE BY

STREET

CITY

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Pray with us at noon every day that you are able – your own zone time – projecting the light and radiating the inner certainty that God answers every prayer.

Send your prayer requests to CHIMES, P. O. Box 818, Encinitas, CA 92024.



Sermonette

WHO IS YOUR COUNSELOR?

*By Dr. Joseph Murphy
Beverly Hills, California*

†††

*... Take nothing for your journey ...
Luke 9:3*

This means to take FAITH IN GOD in your heart wherever you go. You are always traveling in your mind from a problem to a solution. The journey always is decided in the mind first.

Whatever you are praying about, keep it to yourself and do not discuss it with others. Keep your own counsel and "go and tell no man." Sometimes when you talk about your plans, aspirations, or desires to others they may tend to ridicule your prayers, or talk you out of them. Moreover, you may stir up envy. Keep your plans secret and discuss them with no one.

Know that your Divine Companion is God, and that God and His wisdom are bringing about the realization of your heart's desire and all your plans will turn out well.



In his book, *Lord Teach Us to Pray*, Dr. Murphy illustrates how in his own travels and spiritual experiences he has learned to lean on his Divine Companion for the solution to all his problems ... just as you and everyone else can do. A somewhat different Chimes selection.



Letters to the Editor

MANY TRUTH SOURCES – In your April issue of Chimes, like most people, I find one outstanding article or feature. Some may think it was my own feature entitled “When Soul-Mates Unite,” but instead, for me, it was on page two, “The Return of Christ to Earth.”

In my opinion this article clears up a lot of imagination which has been based more on belief than actual facts. I find Alice Bailey’s books well worth reading along this vein. Most cordially,

Edward W. Koch, Lincoln, AR

(Mr. Koch has written for Chimes off and on for many years and always has been well received by the readers. A rerun of his article referred to above has been requested many times since its original appearance in 1966, and appears in two parts, in the April and May issues, this year. His mention of the Alice Bailey books reminds us that the interpretation of the esoteric and karmic significance of many current world events, and much that is yet to come in the new root races, is contained in her books...all to be found in the Chimes Book Catalog.)

OLD FRIENDS – I am very grateful for your reprinting of “The Second Book of Acts” as I had been searching for it for several years. The account given (of the life and times of Mary and the disciples) is so clear that I felt like I was back there sitting with the Apostles in Biblical days. Another reason the book means so much to me is that my late husband and I played Mary and Joseph for twenty years in the Christmas Midnight Pageant at our church. We always had a real live baby for the Christ child and it was most impressive. Thank all of you at Chimes for your many favors. Sincerely,

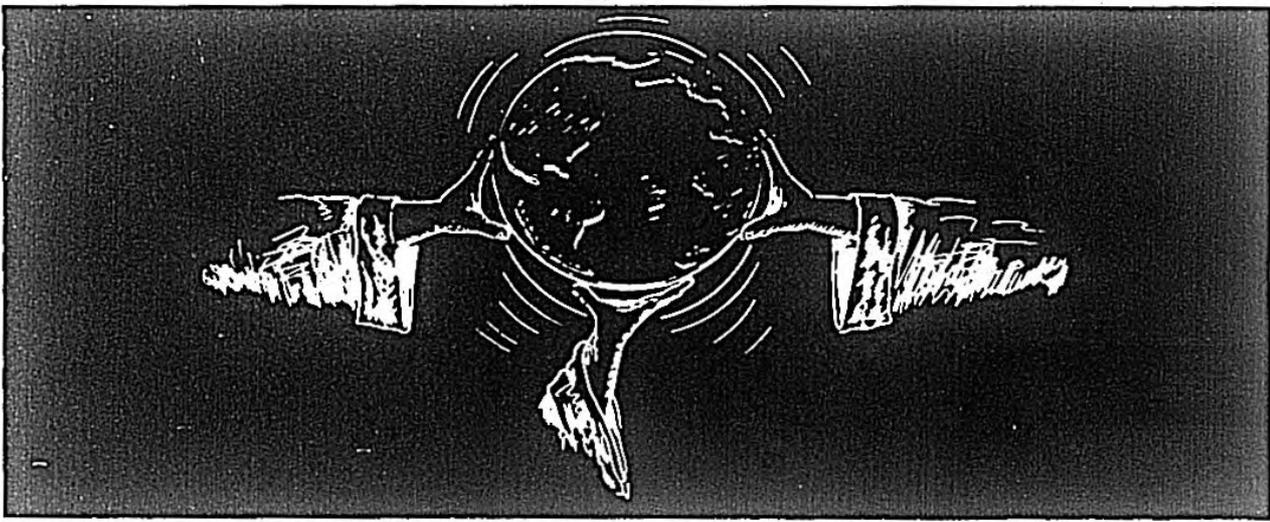
Mrs. Paul C. Hays, Sr., Poplar Bluff, MO

(Those who haven’t read “The Second Book of Acts” will find it a most unusual account of Mary’s many lives and the philosophy of reincarnation. Not a long book, but a very compelling one.)

SOMETHING MISSING – I enjoy the new look of Chimes, and its size, but I do miss the department featuring psychic experiences. Any chance of restoring it? Hopefully,

Alice Hendricks, Albion, MI

(Be glad to do so...if you who have them will drop us a line.)



PART OF THE WORLD FAMILY . . . THE CHIMES FAMILY IS
a family of light bearers, each in his own way doing something constructive
and creative to usher in the coming Golden New Age.

NOW . . . in 1972

each and every child of light must link up his efforts with every other child
of light to awaken the masses out of their ignorance of God's spiritual laws
and the spiritual realms that surround us.

HOW CAN YOU HELP? . . .

by letting your light shine in the loving way in which you perform your
daily tasks, in your quiet times of meditation, in your outreach of
prayer – when you pray silently with and for others. Remember the
saying – the family that prays together stays together – this is because
much good is accomplished during those precious times... far beyond
our present knowing.

LET YOUR LIGHT SHINE MORE BRIGHTLY THRU CHIMES . . .

by doing your part to guarantee its ongoing. Many have written of their
wish to participate regularly by their *monthly donation*... and many
already are doing so. This page, then, is the Family Participation Page
that can serve as a reminder each month of what you wish to do to help
keep the light shining thru Chimes. You may even have ideas on this
subject that may be shared with others of the Chimes family. Here's
where we do it. Here's your own special opportunity to help keep the
family together. Do it the best way you know how!

*Here is my monthly donation for helping with the work of the Chimes
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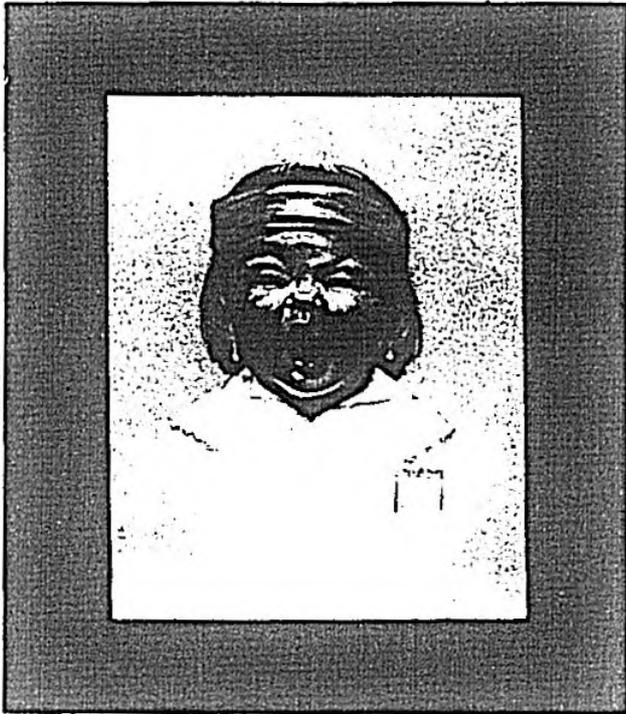
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A World Beyond

by Ruth Montgomery