

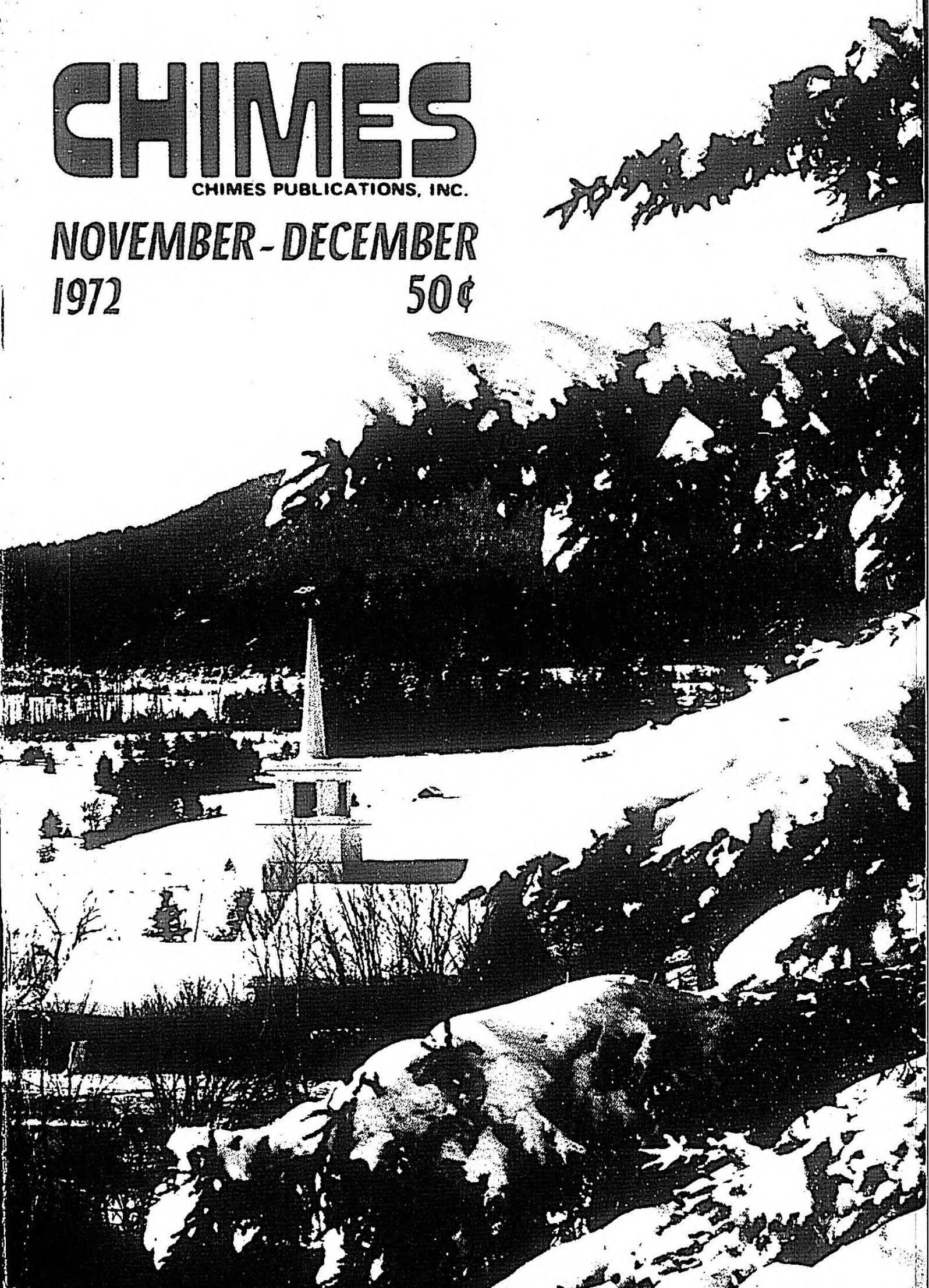
# CHIMES

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NOVEMBER - DECEMBER

1972

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# *The Great Invocation*

From the point of Light within the Mind of God  
Let light stream forth into the minds of men.  
Let Light descend on Earth.

From the point of Love within the Heart of God  
Let love stream forth into the hearts of men.  
May Christ return to Earth.

From the centre where the Will of God is known  
Let purpose guide the little wills of men—  
The purpose which the Masters know and serve.

From the centre which we call the race of men  
Let the Plan of Love and Light work out  
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

*It is the policy of Chimes to present material for students which reflects many facets of the One Truth — not only in the magazine, but also in the book catalog listings carried by Chimes. Each of us must choose for ourselves that which suits us best with each step we take along the path of life.*



## FEATURES

|  |    |
|--|----|
| Our Unique Time .....  | 2  |
| Many Realms -- Part III (conclusion) -- Spiritual Frontiers Fellowship ..... | 4  |
| An Experiment in Meditation -- Rev. Marjorie Patrick .....                   | 10 |
| A Message of Appreciation .....  | 14 |
| Tap Into Cosmic Consciousness -- Part II (conclusion) Fredric Stoessel ..    | 18 |
| Cosmic Consciousness -- Inner Teachings .....                                | 22 |

## GLOBAL CONTACT

|                    |    |
|--------------------|----|
| World Digest ..... | 9  |
| Worthy Words ..... | 28 |

## INSPIRATION

|                                  |    |
|----------------------------------|----|
| Your Prayer Life .....           | 8  |
| Prayer Ministry .....            | xv |
| Your Spiritual Powers .....      | 24 |
| Science of Everyday Living ..... | 26 |
| Sermonette .....                 | 30 |

## HEALING

|                                 |    |
|---------------------------------|----|
| Spiritual Mind Treatments ..... | xi |
|---------------------------------|----|

## DEPARTMENTS

|                             |       |
|-----------------------------|-------|
| Letters to the Editor ..... | 31    |
| Chimes Service Center ..... | i-xvi |



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DOWN THROUGH THE AGES in many world cycles, and in many countries, each time of widespread chaos and difficulty has been characterized by a sense of Someone being expected.

When men feel they have exhausted all their resources, and the problems and conditions confronting them seem beyond their solving or handling, they look to some Divine Mediator who will plead their cause with God and bring about a rescue. They look for a Saviour. Actually the doctrine of Mediators, of Messiahs, of Christs, of Avatars can be found running like a golden thread through all the world faiths and Scriptures. And in our day of stress and tribulation we look for the Coming One . . . the Avatar of Love, the reappearance of the Christ.

The reason He has not yet come again is that the needed work has not been done by His followers in all countries. His followers have been more concerned with the fanatical zeal of making "Christians" of all peoples and not followers of the Christ. They have emphasized theological doctrine and not love and understanding as Christ exemplified it.



# OUR UNIQUE TIME

## OUR TIME OF "EXPECTANCY"

While the expectancy of Christ's coming really is nothing new, the present time is unique in more ways than one. The Christ is presented with a unique opportunity brought about by certain world conditions which themselves are unique . . . factors present in the world today and happenings which have taken place in the past century never occurring before. What are some of these unique conditions the Christ, His disciples, and the Masters of the Wisdom must take into consideration?

First of all, He will come into a world which is essentially one world, not confined to one small locality or domain unheard of by the great majority, as was the case when He was here before. Radio, TV, the press and the dissemination of news will make His coming different to that of any previous Messenger. Swift auto, boat, rail and plane transportation would make Him available to countless millions creating a unique condition in which to work.

The sensitivity of the people of the world to what is new or needed is also uniquely different. Man has progressed far in his reaction to both good and evil, and possesses a far more sensitive response apparatus than did humanity in those earlier times -- one that will be more general and quicker now, both in rejection and acceptance. Men are more inquiring, better educated, more intuitive, with keener perception and greater discrimination, and more expectant of the unusual.

There has been a useful and wholesome swing away from "Churchianity" and from orthodox religion during this past century, and this will present a unique opportunity for the restoration of the true religion and the presentation of a simple return to the ways of spiritual living. The long divorce between religion and politics *must* be ended, and this now can come about because of the high level of the human *mass* intelligence and the fact that science has made all men so close that what happens in some remote area of the earth is a matter of general interest within a few minutes.

Another unique factor which will distinguish His coming will be the fact that much today is known about the Spiritual Hierarchy of the planet -- the Masters of the Wisdom, and the disciples of the Christ, who, surrounding their great Leader, the Christ, will make its appearance on earth. Esotericists and occultists have publicized the fact of the Hierarchy

*(concluded on page 12)*

# MANY REALMS

## PART III. (conclusion)

I also saw the cost of suicide. I do not normally speak of this but suffice it to say that suicide is no answer. You cannot kill your mind. It goes right on after death. Whereas we can change something while we are living, it is very difficult to change anything from that realm back to the physical realm. One of the costs of suicide is seeing what it does to the people left behind and how they suffer. A suicide becomes what I would call an earthbound soul until he reaches the age he normally would have died, or until he has learned the cost of suicide so as not to do it again.

One of the difficulties of trying to explain anything like this is that you get caught up in semantics. I am talking about a realm that from this earthly point of view most of us have never seen, and I have to use some expression to try to get the idea across. This realm I was seeing is superimposed on top of the physical realm, but it is not of the physical realm. It is totally separate. This realm does not seem to be of earth and yet it isn't so different.

We continued traveling along, then we let down in front of what could well have been the great Parthenon. There were mile upon mile of beings, and I have never seen such desolation. I have never seen beings eaten up with such hate, resentment, self-centeredness, narcissism — ego at its worst. As I said, birds of a feather, they must flock together. It is rather horrible to be in a place that is devoid of love. Strangely enough there were no high walls, there was no fire, but their own thinking kept them there. Then I saw some beings I was soon to recognize from still

a true story of return from the "dead"

excerpts from a lecture given by a psychiatrist who prefers  
to remain anonymous  
delivered to the Spiritual Frontiers Fellowship –  
an organization co-founded by the renown medium, Arthur Ford

higher realms coming down to try to work with them and teach them a loving way, even in this place.

By this time I thought I had quite obviously seen everything. We were not communicating by speaking, but he was conducting me, letting me see these things so I could draw my own conclusions. Then again suddenly, with a wave of an arm of light (superimposed on these two realms, the physical realm and what I call the astral realm), he showed me still another realm colliding with these realms right on the surface of the planet. And I saw something that totally amazed me. I was not altogether a dodo when this took place. I had completed three-and-a-half years at the University of Richmond. I had majored in Chemistry, minored in Biology, taken Math up through Calculus, but I was to be taken into technical schools where I could not understand the instrumentation in the laboratories. It would be like taking my 14-year old son and dumping him in the middle of the nuclear fission laboratory of the University of Virginia and expecting him to understand and comprehend what he was seeing. I have never seen such advanced technical schools!

This took place in December of 1943, and about ten years later I was to open up *Life* magazine one day to see a picture of our first atomic submarine, the Nautilus, with a picture of the control panel. As I looked at that control panel I felt the hair go straight up the back of my neck because this was one of the instruments I saw them working on in just ONE of the laboratories in 1943.

Where do ideas come from? Into what realm? I think I know. I was to hear music you would call celestial that I am quite sure has never been written, the most beautiful music that ever will be written. I went into libraries, and if you have ever been to Charlottesville you would see that the entire University of Virginia, which is a rather large institution, could fit in just one room of these libraries. I found a room that was nothing but Bibles, as you and I understand Bibles, of the different religions of the universe. To those of you over 30 years of age, let me say this: If I ever had any idea that if after I had finished my education I could stop learning, I lost it right in this realm. For you and I are in the *kindergarten* of the universe. We can never afford to stop studying in order to be better prepared for some of the things that we will learn in this realm that I call the mental realm.

By this time I was thoroughly convinced that I had seen everything. Then again, with a wave of an arm of light, we were no longer on the surface of this planet but out in space itself. And there, spinning in space, was a realm of sheer light. The cities of this realm were of light, and the beings coming in and out of these cities were light. Two of these beings looked as though they were coming across space approaching us. Then suddenly something snapped and we were back in the room in Berkeley, Texas, just he and I. There are things he said to me then that I have forgotten because I was not given permission to tell them.

Then I realized that (for lack of a better term to describe it) he must be spiritually hypnotizing me, because he was putting my spiritual being into a state of unconsciousness. Fight it as I would, since I did not want to leave this being, I found myself losing the conscious state. Next thing I was aware of was looking down and seeing my fraternity ring on my finger. Then I passed out again. And, as I said, the next time I was conscious was on the morning of the 24th of December.

There is no way that medical means can account for my being alive today. I have never been able to contact the ward boy, but I gather from what the doctor said and from what the ward boy told me before I left Abilene, Texas that he had already given him orders to prepare me for the morgue. He finished making his medical rounds, came back and got ready to move me to the morgue. Then, noticing some movement, he went and got the captain who examined me again. The captain pronounced me dead a second time. And I can tell you, it is rather unusual for a ward boy in the army to convince a captain to change his mind. But he did. He gave me a shot of adrenalin

into the heart.

Now you do not go through an experience of this kind without finding that it leaves you with a sense of destiny. You find yourself wondering, Why me, Lord? Why did I have a chance to come back? For thirteen years I did not know why. I think I do today. I think he wanted me to go into medicine, but whereas before the Berkeley experience I was going to have a Cadillac and an airplane and a cottage at the beach, my reason for being in medicine has certainly changed. One thing that resulted was my obtaining the help of the founding youths who worked with me to set up the first Christian Youth Corps which later became the Universal Youth Corps, the forerunner of the Peace Corps of the United States. It was first turned over to Hubert Humphrey who turned it over to Jack Kennedy.

As I look at the times we are living in – the youth today trying to find an answer through drugs – I believe if they knew what an active, alive Christ we have got they would better understand what life is all about. If they realized they have a living God and they are going to have to live throughout Eternity, they would not be escaping to drugs. Perhaps one of the reasons I came back was to share this. I hope so!

## SWEET BIRD OF YOUTH

The thinking of thoughts in keeping with the lower self are those that *age* a being, while thoughts of a high Celestial or Spiritual nature return to the bearer of such thoughts – YOUTH.

Look at the birds near you. Do they look old and worn out? No! Yet they may be ready to leave their bodies and depart this dimension. You cannot tell their age because they are forever singing and giving out songs of joy to God and Spirit. This same inner joy of being and belonging to the Spirit of Creation lies in man, but is so covered with *important self-created chaos* that it has little chance to burst forth. Be as the birds and let the Divine Melody pour through you each moment. Add laughter and do not clutter your mind with the opinions of the earthly minded.

Tension, worry and related conditions are nothing but shades of fear. Fear's purpose is to limit and eventually destroy. Fear results from not knowing. Knowing eliminates fear and puts you on an altogether new foothold.

—By Ashtar from *The Voice of Universarius*

# Your Prayer Life

## TODAY'S PRAYER

I thank You, O God, that in Your Kingdom there are no dead-end streets and that in all my difficulties, in all my confusion, in all my despair, You have provided a highway. Help me to find and to go that way.

## THE LORD'S PRAYER

You cannot pray the Lord's prayer  
and even once say "I".

You cannot pray the Lord's prayer  
and even once say "my".

You cannot say the Lord's prayer  
and not include another.

You cannot ask for daily bread  
and not include your brother.

For others are included in each  
and every plea.

And from beginning to the end  
it never once says "me".

## PRAYER FOR SPIRITUAL HEALING

I ask the Great Unseen Healing Force  
To remove all obstructions from my mind  
and body

And to restore me to perfect health.

I ask this in all sincerity and honesty  
And I will do my part.

I ask this Great Unseen Healing Force  
To help both present and absent ones who  
are in need of help

And to restore them to perfect health.

I put my trust in the Love and Power of God.

### **Right in the Corner Where You Are!**

Never forget there is only one adventure which is more satisfying and thrilling than the attempt to discover the will of the living God, and that is the supreme experience of honestly trying to do that divine will. And fail not to remember that the will of God can be done in any earthly occupation. Some callings are not holy and secular . . . but all things are sacred in the lives of those who are Spirit led.

— from *The Urantia Book* \*

### **A Blessing Within a Blessing**

WHEN WE BLESS someone, we expand our divine consciousness, our Light and warmth of Love beyond our own self and unite with that of the Being we bless. We not only make the consciousness of the divine LOVE, LIGHT and LIFE stronger and brighter in both of us, but the Beingness of the other one is expanded on his own spiritual level so that an inspiring new thought or a better understanding of Self can flow into his mind. Such an awakening again is reflected back toward ourselves for our own higher consciousness. This is a blessing within a blessing.

—From W. Kuennicke in *Orion* magazine

### **How Your Light Influences**

. . . The third dimensional frequency of Earth is changing, because as each person comes into and expands his light-body influence upon the Earth it slightly changes the frequency of those other forms upon the planet, in the other species' developments as well as in the race itself.

More predominantly, of course, it affects the race within which it occurs. Therefore, the race of man will be accelerated in its growth and evolutionary comprehension and in its expression as a physical entity upon the Earth planet. But as each one does expand and grow in this manner, he affects many more with whom he comes into contact consciously subconsciously and superconsciously.

— from *Evolution of Man* by Nada-Yolanda\*

\* See page ix to order

# AN EXPERIMENT

## IN MEDITATION

### TRY THIS EXPERIMENT

Buy a notebook and on the first page write the title, "My Soul Diary".

Before commencing meditation, place your "Soul Diary" upon a small table near you and lay a pen upon the open Diary where you already have written the date and the hour. Choose a comfortable chair in which to sit. Do not cross your knees or your feet. Do not fold your arms or your hands, but place your hands resting, palms up, upon your two knees. Relax completely. Then use the following meditation daily during the next month at a time when you are alone and quiet. *Read it slowly twice, then add a few words of your own. Sit in silence and write whatever thoughts drift into your consciousness.*

### TRANSCENDENTAL MEDITATION

Today I start my search for a personal, definite radiant awareness of God. I seek for this awareness in the silence.

I am alone. I still my thoughts and "I close the door of my mind and open the door of my soul". I consciously shut out all noises in the world. I am alone with my Maker, the Great Creator — Father — God. (Pause.)

I realize that "There is a silence where the soul may meet its God and there I rest in Peace Divine". "I come into the consciousness of Holiness. I am immersed in Light and filled with Wisdom, Love, and Power."

And so it is . . . Amen.

**SUGGESTION:** *Cut out this meditation and past it in your "Soul Diary". Below this, under the date and hour of each day's silence, record, as directed, your impressions.*

IF YOU WANT TO HELP YOURSELF, START HERE . . .

### DURING THE SILENCE

At the end of the meditation, sit relaxed and enjoy the feeling of Peace. Do not hurry, stay relaxed, but record as soon as you begin to feel, see, or hear something. Write a few words at a time. *Note all sensations.*

Record everything! WHAT YOU SEE — as light, colors, faces, forms, pictures; WHAT YOU HEAR — as voices, words, music, or any type of sound; WHAT YOU FEEL — as peace, calmness, joy exhilaration, changes in your breathing, prickles in your body, heat, cold, a faster heart beat, or an awareness of a Divine Presence.

### OTHER USES OF "SOUL DIARY"

Keep a record of all your dreams. Note accurately the date and exact hour when you awakened. Then describe the dream in detail, noting colors, types of scenery, people, races, clothing, music, voices, or sounds. However, make no comment about all this.

Also record in detail any words you hear spoken (NOT in a dream), or faces, or visions you see (giving the date and hour). Record also impressions you receive, along with the date and hour. Describe these and the circumstances at the time.

Be faithful and accurate. You will be surprised to see how you progress in developing "awareness".

by Rev. Marjorie Patrick

## A UNIQUE TIME

*(continued from page 3)*

during this past century, and Spiritualists have laid emphasis on the aliveness of those who have passed over into the hidden world of being and the existence of an inner, spiritual world. All this creates a unique preparedness which presents the Christ with unique opportunities and unique problems.

The present time is unique in that it is, as never before, a cycle or period of conferences, communal, national and international -- of men getting together -- a world full of groups working for human welfare by representative unselfish people. This phenomenon is one of the strongest indications that the Christ is on His way for He stimulates group spirit and consciousness, and His spiritual energy is the attractive force, binding men together for the common good.

Before Christ could come with His disciples, however, our present civilization had to die. During the coming century, we shall begin to learn the meaning of the word "resurrection," and the new age will begin to reveal its deep purpose and intention. The first step will be the emergence of humanity from the death of its civilization, of its old ideas and modes of living, the relinquishing of its materialistic goals and its damning selfishness, and its moving forward into the clear light of the resurrection. . . . Christ taught us when He came before the true meaning of Renunciation or of the Crucifixion; this time His message will concern the resurrection of life.

The various unique conditions which the Christ has faced during the many years of wars on Earth has forced Him to decide to hasten His coming. It was a decision He could not avoid. The agony and distress of the entire human family led Christ, in the year 1945, to come to a great decision -- a decision which found expression in two important statements. He announced to the assembled spiritual Hierarchy and to all His servants and disciples on Earth that He had decided to emerge again into physical contact with humanity, IF they would bring about the initial stages of establishing right human relations; and secondly, He gave to the world one of the oldest prayers ever known to be used by the 'man in the street' (hitherto used only by the most exalted, spiritual Beings). The Great Invocation (which eventually may become the world prayer) was pronounced by Him and taken down by His disciples. (It appears on the inside front cover of this issue). Not a day goes by that the Christ Himself does not sound it forth.

The use of this Invocation or Prayer and the rising expectancy of the coming of the Christ hold out the greatest hope for mankind today. . . . Prayer always is answered and always has been; great Sons of God have ever come on humanity's demand and always will, and He for Whom all men wait today IS on His way.



The foregoing is based on excerpts from Alice A. Bailey's great preparatory work, *The Reappearance of the Christ*, available from Chimes.

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– See page ix to order –

# A MESSAGE OF APPRECIATION

*Because he so beautifully expresses our own deep feelings of thanksgiving and appreciation, and himself is so active personally in every sincere way as a Light worker, here we would share with our readers the thoughts of the spiritual leader, Brother Mandus of England.*



As you know, I have always believed in the high destiny of North America. I have never failed to be inspired about all that the Father can create through you in the new world that is in the process of unfolding.

I beg of you to look beyond the seeming failures and frustrations of Vietnam, social conflict and raging confusion. In the midst of all this, new and wonderful patterns are emerging.

It is a time to be more dedicated than ever before to an absolute belief in yourselves — as individuals and nations — to rise to your highest, noblest and best. It is time to believe again that you, in a totally united way, are destined to be that 'Nation under God' which ever has been the dream of the United States and Canada.

The vision of Justice, Liberty and Peace is not 'pie in the sky'. That concept is the only reality, the **ONLY** way whereby mankind can survive upon this planet. Like all great visions, like all great ideals, we have to strive for their fulfillment . . . and allow the Power of Christ to shine through.

In the end, and in the beginning, there always has to be **YOU!** It becomes urgent and imperative that each person must find a total belief in his or her own importance in God's Scheme of things.

It is time to behold again the Miracle of Life. Time to know that **YOU** are unique, God-created, and a vital part of your society and the world. **YOUR** love, your thoughts, are living things and touch the lives of all people of every race, color or creed.

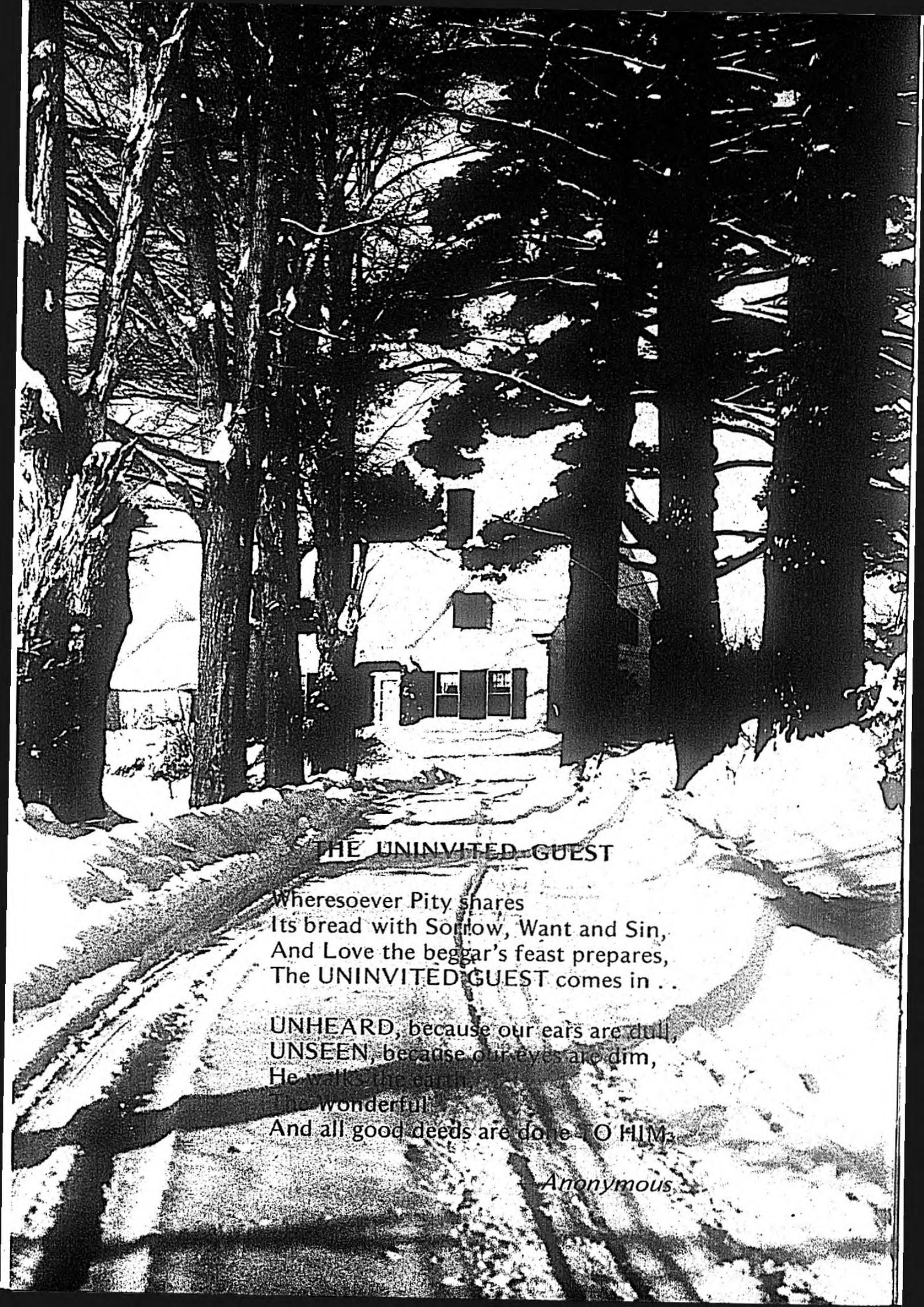
I am just saying, very humbly, a great "THANK YOU" for your friendship and for being identified with us in our inter-denominational work. Thank you for sharing our vision of the 'Brotherhood of Man in the Fatherhood of God'.

. . . We have no branches or groups. Our only purpose is to help every other church, every spiritual organization, and any individual to be ever greater channels of God's Love into the world. We are, in fact, simply a multitude of people, world-wide, who have a great love to offer to each other and to the world — unconditionally and without any religious bias whatsoever.

Thank you for your letters, for your prayers, and for supporting us in all our ever greater projects. Please help us to reach even more people with a living love that can help, heal and make them free.



*. . . and to which we add our hearty AMEN to every word.*



## THE UNINVITED GUEST

Wheresoever Pity shares  
Its bread with Sorrow, Want and Sin,  
And Love the beggar's feast prepares,  
The UNINVITED GUEST comes in . . .

UNHEARD, because our ears are dull,  
UNSEEN, because our eyes are dim,  
He walks the earth  
The wonderful  
And all good deeds are done TO HIM.

*Anonymous*

# BOOK TALK

IT'S GETTING SO THAT you don't have to look very far around these days to note the classes springing up that teach all manner of mind control, alpha feed-back, meditation, psychic unfoldment and the like. It's the "in thing" to do now, yet only a short time ago such things were "way out". Certainly few people of professional or academic standing would admit publicly to any such interests.

Yet Spirit — or God in action — has a way of changing things. Ruth Montgomery is one of those naturally "sensitive" artists with whom Spirit had kept in touch awaiting the right time for her real work to begin. While she long had been one of many successful newspaper columnists and authors concerned with the current political scene, she became even more renown and achieved her own unique place in the public eye once automatic writings given to her from Spirit were published which expounded spiritual teachings and revelations from the "other side of life".

Knowledgeable people seem to be quite well acquainted with her books *Here and Hereafter*\*, *A Gift of Prophecy*\*, and *A Search for the Truth*\*. No doubt they will become equally so with her latest, *A World Beyond*\*, dictated to her from Spirit by her dear friend Arthur Ford, the famous medium. There are now, of course, many other prominent authors who will admit the source of their inspiration to have been psychic, but few have been the example and achieved the heights of success of Ruth Montgomery.

It was only natural that she and Arthur Ford continue their friendship after his passing as they had much of common interest — more than they knew — for during the time of Jesus they had been father and daughter. The influence of that dramatic period when they were together, many of Christ's inner teachings, deep occult principles, as well as a description of the afterlife and the spiritual state of many famous Earth personalities are just part of this fascinating story . . . really a document. Totally candid about his own spiritual state, his last life and death on Earth, and completely open and frank to Ruth Montgomery about portions of her own spiritual history, Ford also answers a good many disturbing questions of our time. Ruth Montgomery, as you will see, indeed has found her right place performing a much needed spiritual service for these times.

\* See page ix to order

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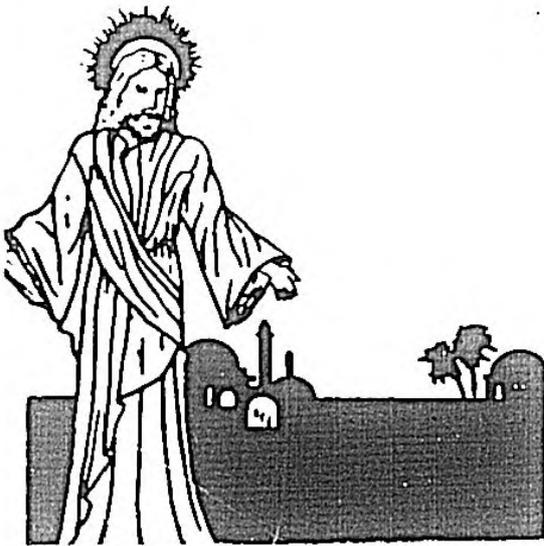
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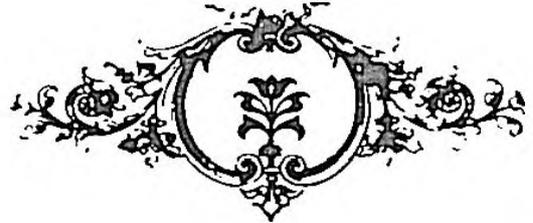
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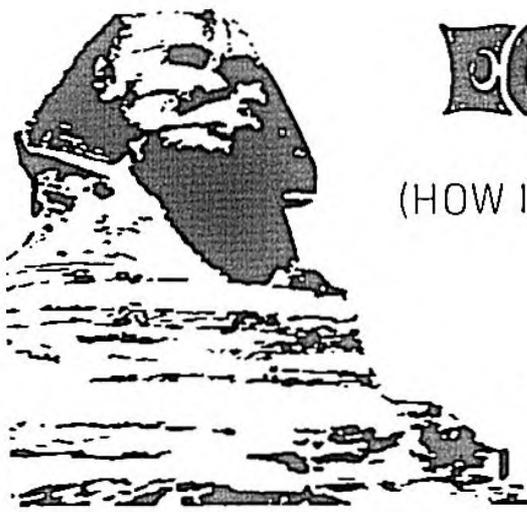
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## THE ANGEL OF THE PRESENCE

*"For he shall give his angels charge over thee, to keep thee in all thy ways."* Ps. 91:11

How sweet to think we do have guardian angels, God's messengers of thought ever watching over us. Angels are God's ideas ever being communicated to man. Angels are God's link with man. God's angel thoughts are a very real experience in the mind of man. If you would know more angels intimately, say to the self:

I will let God's angel thoughts speak to me today. I will trust these angel thoughts to keep me in the way that I should go, guarding and protecting me at all times. Yes, "they shall bear me up lest I dash my foot against a stone." They shall protect me in heavy traffic, keep me immune from all dis-ease, free me from all thoughts of lack or fear, confusion or dissension. God's angel thoughts guard and protect me each step of the way. I am never alone. Like Paul, they come to me even in prison. They open my prison of doubt and fear and set me free. They are clothed with shining "garments" (thoughts) of joy and enthusiasm. They bring me Inspiration, Ideas that are straight from the Divine Mind. They are my liberators, my eternal guardians and companions. I invite God's angel thoughts to keep me in all of my ways. And so it is.

*The foregoing is based on Jack and Cornelia Addington's helpful little book, **Your Needs Met**, designed for keeping close at hand to guide you in resolving every daily problem. Available from Chimes, see page ix to order.*

# CAN WE EXPLAIN THE POLTERGEIST?\*

- *Is a poltergeist trying to communicate when it raps in walls?*
- *How can stones, coins and other common objects suddenly appear from "nowhere"?*
- *Is it true that some unusual people can set houses on fire through an influence from their bodies?*



\* Dr. A. R. G. Owen, English scientist, attempts to answer these puzzles in this book in a fascinating, thoroughgoing look at a large number of poltergeist cases.

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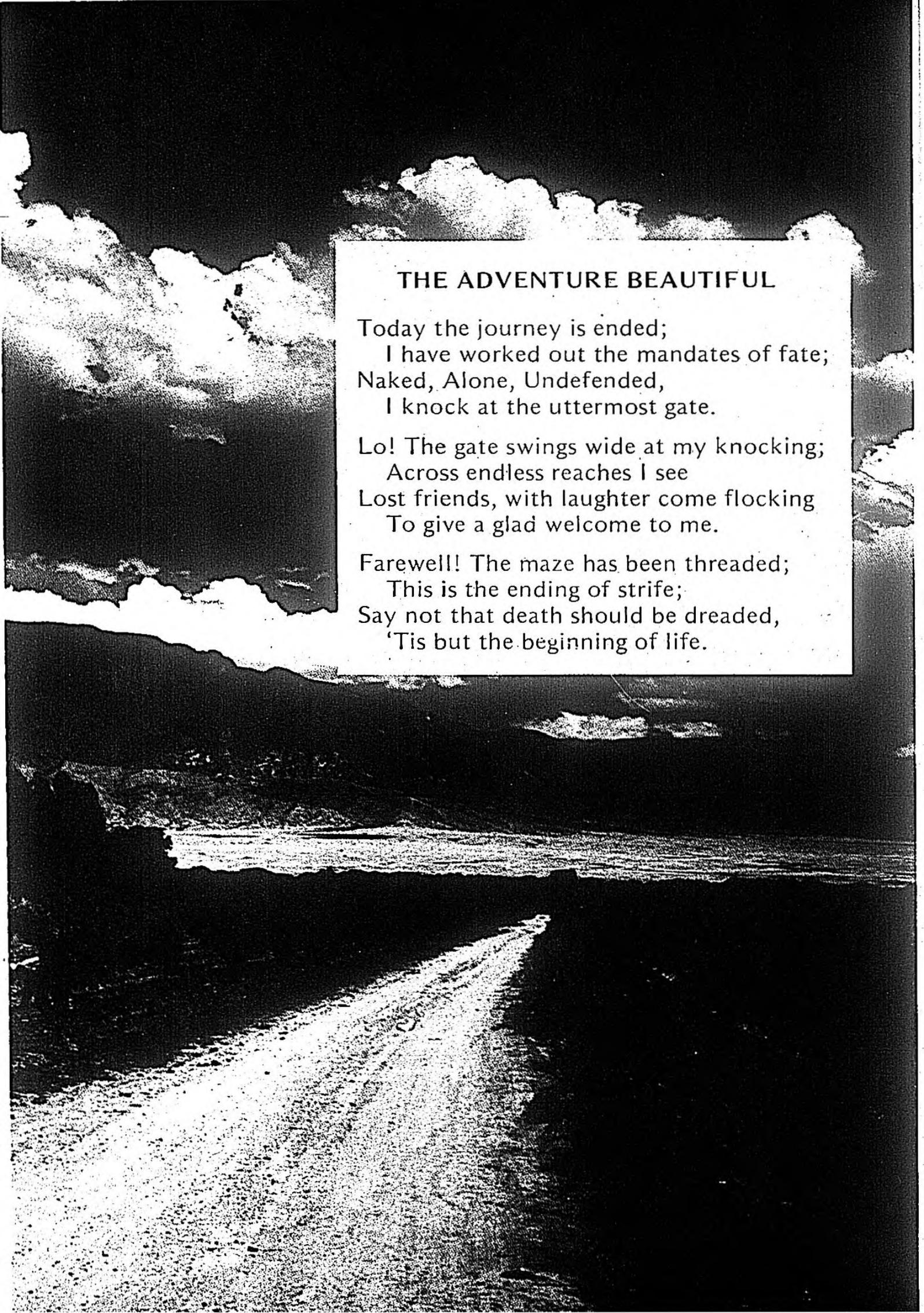
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## THE ADVENTURE BEAUTIFUL

Today the journey is ended;  
I have worked out the mandates of fate;  
Naked, Alone, Undefended,  
I knock at the uttermost gate.

Lo! The gate swings wide at my knocking;  
Across endless reaches I see  
Lost friends, with laughter come flocking  
To give a glad welcome to me.

Farewell! The maze has been threaded;  
This is the ending of strife;  
Say not that death should be dreaded,  
'Tis but the beginning of life.

# Prayer



# Ministry

Chimes is a point of contact for the healing and blessing of thousands who receive it and who believe that the power of Spirit is unlimited. If YOU believe that Spirit responds to the needs of all who ask for guidance, for protection, for strength, for the healing of any condition, that we DO receive as we *believe* and *accept* our good, then write your request for special prayers to Chimes, stating your need briefly. The moment you begin to write to Chimes your special prayer requests, you will be getting results. Countless blessings will flow to you, and your prayer may possibly already have been answered.

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- I WISH TO RECEIVE INSPIRATIONAL PRAYER CARDS FROM CHIMES
- I AM ENCLOSING MY LOVE OFFERING TO HELP

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CITY

STATE

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# Tap into COSMIC CONSCIOUSNESS NOW

**PART II.**  
(conclusion)

by Fredric Stoessel

Meditation is the process of listening for Mind. It takes a long time to develop, but if you work at it you will find it is the most restful and most healing of things you can do for yourself. Basically you are training yourself to listen for the voice within.

1) Select a room where you have complete quiet. You must be away from the TV, radio and other noises. Also select a time in which you can devote a few minutes each day to it. Perhaps you may wish to start at the same time each evening.

After a while you will find you will want to start your meditation in the early morning. You will find the greatest receptivity to the voice within comes just after you awaken, and before you have turned the radio on or have the pounding of the day's problems on hand. (A short period of utter and complete quiet just before retiring, often helps in a restful slumber and night.)

Dress in loose comfortable clothes. Open the neck and if possible do not have any belts or tightened clothes. I prefer to be barefooted. If you sit in a regular fashion keep both feet on the floor. If you can, assume the cross legged position. You will do this after a while naturally since it keeps the body in an upright position in which it is impossible to fall asleep.

2) For the first few days do nothing except examine your thoughts. You will be amazed at what things run through your mind, and as a matter of fact what an active volcano of thinking your mind really is. In a few days you will realize as you study your thoughts something of your own mental composition.

3) For the next few days spend no more than five minutes at your meditation. Your aim is to get to a place where you can automatically make your mind blank.

Always start with a Bible quotation such as all or part of the 23rd Psalm or the 91st. Ask yourself what the inner meaning is. Concentrate on the voice within telling you what the verses really mean. As you advance you may wish to go directly to the most profound teachings of Jesus contained in John 14, 15, 16 in which verse is an inspiration of its own.

Then as your mind quiets down, (the prayer is a quieting effect) gently shoo each intruding thought off as if it were a bird on a giant tree. After a while you will find your mind is completely blank and relaxed. You are now ready to communicate with Mind.

4) As soon as your mind is a complete blank and quiet, ask the Cosmic Mind the question you want answered *only once*. Then concentrate on the fact that the Cosmic Mind is providing you with your answer. You will shortly feel a click and a sense of peace. This means your answer has been provided. At that point drop it. Even if it does not come at that point it is coming. This is because the Great Cosmic Mind, which is Intelligence, already knows the answer. Concentrate on being grateful that the answer is coming. This will send vibrations into the air which will clear away resistance. The answer will come. It may be directly, indirectly, at once, or a day later, but have faith it is there.

\*

A WORD OF SPECIAL CAUTION: You may find yourself in a case of sudden personal illness such as a cold, virus or a severe headache. If you should suddenly become seriously ill first arrange for medical help to arrive. Then go into your meditation position, but keep a blanket around you to keep warm. It is vital that you retain consciousness until medical help is standing by. Do not fall for the temptation to fall asleep.

If you become seriously ill, or for that matter have lost consciousness, have someone close to you—such as your husband, wife or child—alerted to help you revive and keep consciousness until help arrives. The best manner is to repeat the Lord's Prayer or the 23rd Psalm directly in the ear. Even if the person is unconscious, the repeating of such a Holy inspirational message loudly and directly in the ear, often helps in revival of consciousness. It goes without saying, do not attempt to give medical help since you are not a licensed

# DO WE HAVE A VOLUNTEER?

IT HAS BEEN SAID there are many keys to the Kingdom . . . many paths of service that lead us to higher ground. We who have walked one of those paths with Chimes these past eleven years indeed have found this to be true, as even now many new avenues of service continue to open up for us.

Because the sum total of these activities has become most demanding, the time has come to ask . . . *is there someone, or a group of someones, among you who love the Chimes work willing to be a partner or to take the total responsibility of guiding Chimes to its next level or step up in consciousness?* We know the creation and evolution of Chimes as a thought-form right up to its present level of consciousness would never have manifested had it not been for the thousands who brought it forth in love and sustained it spiritually and financially all these thirty-one years. This being a time when not only we as individuals are undergoing much change, but all our earthly forms, ideas and institutions, the question naturally arises . . . *are others ready, willing and able to carry the torch of Light and Truth to greater heights with Chimes?*

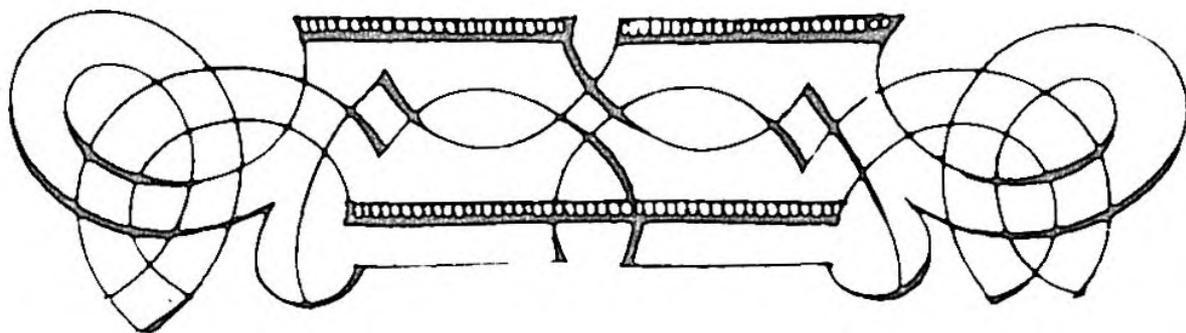
Not only do we, but undoubtedly the entire Spiritual Hierarchy, anticipate seeing WHO will step forth to volunteer to continue this great mission of enlightenment. Could it be you?

The Dentons — for Chimes

---

doctor.

The reason for all of this is of course that death cannot hit you or anyone if you are conscious. Often panic brings on a state of unconsciousness. As soon as adequate medical help is standing by, you of course have trained people beside you, and you can at that point relax and let both nature and medical help take its course.



# Faith Is Your Power Switch

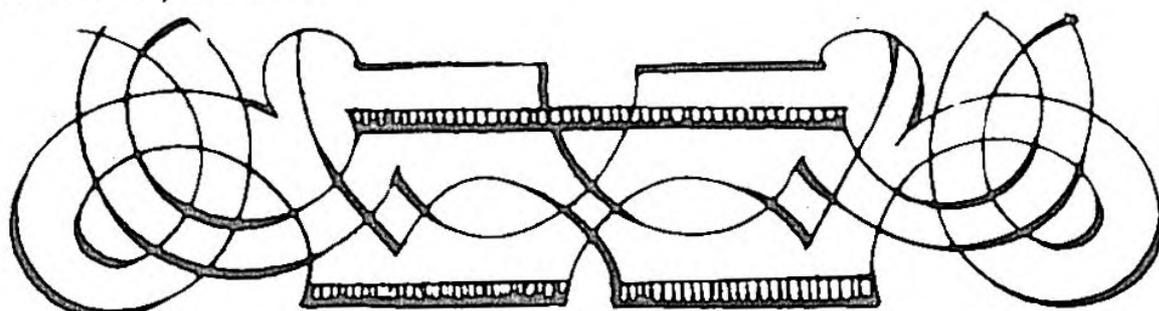
*Faith is the bird that sings while the dawn is still dark.*

*Rabindranath Tagore*

The results or products from the application of power can be seen and identified. Lacking these immediate manifestations, it is more difficult to identify with just the essence of these powers. You have turned on light switches and produced light so often it never occurs to you that you are applying faith that will get you a result each time. The light does not become evident until some time *after* you snap the switch. If light does not result, still you never doubt that there is such a thing as electricity. You automatically assume that something is wrong with your connection with it. Just so is it with application of spiritual powers in your daily life.

The flow of healing power will flood through you in the degree you quit overtly trying and simply allow it to flow through you. As a symbolic identification, healing power can be visualized as a form of pulsating, penetrating light. Indeed, many seemingly chronic disabilities become so only to symbolize some specific manifestation of a continuing process of healing.

For example, St. Paul's *thorn in the flesh* became a lesson in humility. He simply overcame this difficulty daily, living in constant awareness of the power available to carry him along and supply his immediate needs. If he had been completely and permanently healed he would not have had this daily reminder of his own powers.



# INNER TEACHINGS

given by

# The White Brotherhood

on

## COSMIC CONSCIOUSNESS AS IT APPLIES TO OUR SOCIAL RELATIONSHIPS

Here again comes opportunity to hear and heed the Inner Voice, and here again countless times it is pushed aside, for the human needs expression. Therefore is gossip still an enmeshed entity in the social life. If the Inner Voice of the Higher Self were heard and heeded, no word of gossip would ever pass human lips; criticism could never deliver its poisoned darts; intolerance of caste, creed, color could never enter the human picture, but because Souls are still in human embodiment these things exist. Verily I say unto you, the change that takes place in the Soul that mounts from human to Divine Consciousness is as great as is the change that took place when that same Soul mounted from its final animal to human embodiment.

The innate, instinctive intelligence which even animals follow becomes so beclouded in the human embodiment that it can serve little or no purpose. When the animal Soul, long guided by instinct, enters its human embodiment, it is no longer a law unto itself individually, doing what its individual nature says is right, but it begins to listen to what others say SHOULD be done. You who have the more highly evolved animals in your care, such as horses, dogs, cats, monkeys, elephants, know that they will not eat if their stomach is not in harmony because of previous unwise food given them by humans. When human embodiment is reached this still holds good in the first, natural embodiments in the jungles of Africa. But soon man begins to tell man what to do, and man experiments and thinks he has found greater wisdom than that which was innate and inborn. Simple herbs, God-given to adjust man's inner inharmonies because of frequent mistakes in eating and in thought, soon give way to man-blended

and man-made concoctions, and the herbs become witches' brews, charged with all kinds of evil or good powers, as the seeming need may be. In like manner the world has gone vitamin-mad; that which is obtained so simply from natural, wisely-chosen food is now supposed also to be obtainable from kettle-tortured brews made into vitamin-pills.

So man is just going through another one of his many "experiments," seeking in devious ways to gain that which is always at hand before his eyes, placed there by that same Power which brought created Life on Earth. In social gatherings, word is passed of the wonderful efficacy of this or that drug or pill, man-concocted. But as the Intelligence clears and the Inner Voice is truly and clearly heard, simplicity begins to reign again; man comes back into his own God-nature with a sigh of relief and with words of praise and gratitude on his lips to the Patient Creative Powers.

When Cosmic Consciousness dawns, social life takes on a new meaning. Seldom, if ever, is a social gathering attended for the purely social feature. Always there is the Inner Voice which says: "Go there! You will find a Soul seeking for the next step. Take him a word of Light." Somehow or other the conversation veers around so that the Soul-in-readiness can receive the added impetus or the Light for which it consciously or unconsciously seeks.

Every human contact becomes a search for that Soul which is ready for the word of Light, the guidance to a book, or perhaps to the Lessons of this Science which have meant so much to you.

Funerals, instead of being avoided as in the past, are eagerly sought as God's opportunities to bring Light about the next phase of being to desolate and suffering Souls.

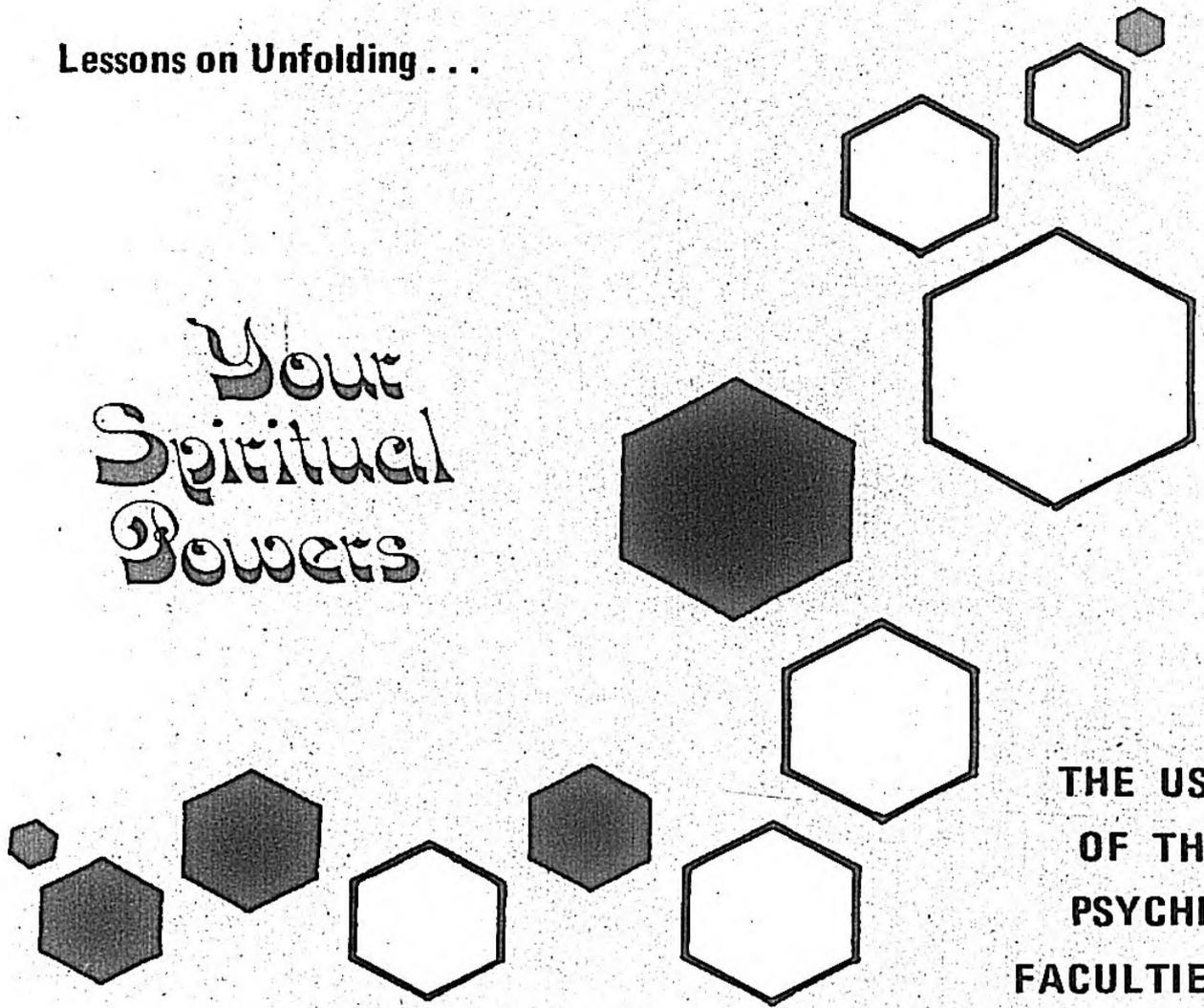
Churches are attended, not only to gain whatever Light is there, but to serve as a Divine Channel or Light for others. It is so essential that you attend your church in these days of transmutation, for YOU may be the one to whom the preacher or minister or priest can direct his words, and because your consciousness is widened and heightened, you may draw from him higher and holier words than he otherwise would have the power to speak. Through your being there, everyone in the audience or congregation will be blessed. Think on these ways of silent service! **REMEMBER: YOU ARE A LIGHT.** Hide not your Light under a bushel, but go into all highways and byways. *Let Thy Light Shine!* You will not need to seek the place or the people. When you have completely opened yourself to Divine Guidance, to the Inner Voice, you will be led, and you will be spoken through. In many cases you may find your body, at least for a moment, becoming a Holy Temple in which a Divine Spirit dwells, through the windows of which a Divine Spirit looks, and from the door of which a Divine Spirit speaks.



*The foregoing article is based on INNER TEACHINGS given by the White Brotherhood, as described on page x of this issue.*

## Lessons on Unfolding . . .

# Your Spiritual Powers



## THE USE OF THE PSYCHIC FACULTIES

Table tilting or tapping, ouija-board and planchette are forms of mediumship most frequently resorted to by the amateur. A party of more or less frivolous people often will amuse themselves in this manner and frequently phenomena will occur. These are the easiest methods of obtaining psychic demonstrations, but the fact that one obtains the movements of objects and even intelligent messages is, in itself, no proof of genuine spirit communication.

The experienced worker knows that these forms of psychic power may easily manifest, but that they are just as difficult to develop to the point of accuracy and reliability as any other form of mediumship.

The unskilled person may succeed, of course, in getting messages through the table, planchette, ouija-board, or pencil, but he usually taps his own subconscious mind — or in the case of a group — that of one or more of the sitters. Therein may be found thoughts of every kind, including many strange and undesirable products of race-consciousness.

This lower consciousness often returns to the medium his own desires, fears, jealousies and prejudices disguised in the form of messages. In fact, he opens up a channel through which all that is most unworthy in his nature may manifest itself. The higher consciousness has to be opened and brought into focus before one can get reliable proofs of survival, and reach those higher truths which lead to great discoveries or to works of genius.

It is essential that the student should set a high standard for his work and

demand that it be intelligent and enlightened, because, in any form of mental mediumship, it is possible for messages to originate in the subconscious instead of being received through the superconscious. It is commonly believed that genuine communication obtained by means of the trumpet or the direct voice emanate exclusively from the spirit who is speaking, and that they cannot be influenced, either actively or passively, by the mind of the medium. This is a mistake. Investigation proves that the medium's mind is capable of modifying and even of originating – whether consciously or unconsciously – communications received in his presence regardless of the form of mediumship employed. *Even the best medium may not contact the supermind throughout the whole of a sitting, therefore one should never accept any psychic message, whether received personally or through another sensitive, without trying to sift the wheat from the tares.*

The person who experiments with the table, ouija-board, or pencil often is put into a semi-hypnotic state by the rhythmic movement of the pencil and other prevailing conditions. Without knowing it he becomes very suggestible. If he chooses to use this intensely sensitive moment to work upon himself, he can further his progress by auto-suggestion, but healthy-minded thoughts, pure, clean and sunny, are necessary. If, when working, a communicator begins to use distasteful language, refers to subjects which are evil or degrading, or if, by any chance the pencil or ouija-board appear to be used by an interloper from the spirit world who creates a disturbance, work should be stopped immediately. The psychic should refuse to proceed until he feels satisfied he is rid of the intruder. The subject should appeal to his guides and higher spiritual forces to work with them in order to insulate himself from all undesirable influences. If he continues to be troubled, it is best to stop the sessions entirely until he is free from all intrusions of a disagreeable nature.

One way of protecting oneself is described by the occult writer, Margaret V. Underhill:

You can create a mental protection which is most efficient. Think of yourself as surrounded by a hard, transparent shell, at a distance of about three feet from your body. Visualize it strongly, and know that your forces cannot be drawn through this shell against your will; neither can antagonistic forces penetrate this mental barrier. Those which are beneficial and in accord with the laws of strength and harmony will have free access to you. Never think of this shell in a negative way and wonder whether it is a reality. Your thoughts will create it, your doubts and fears destroy it. It is one of those realities which are intangible, but they prove the truth of their intrinsic being if we use them with understanding. Try this and see for yourself that it is a real protection, and you will be surprised at your results.



**The Psychic Faculties and Their Development** – a handy little paperback edition with many useful guidelines for group and individual development – is the reference source being used for this series of articles. See page ix to order.

# Lesson Fifteen

## HOW DO YOU HANDLE FINANCES?

"What would you do if someone suddenly left you ten thousand dollars?"

This question has been asked by many students of the Science of Everyday Living. The answers which are received explain very clearly just why humanity remains poor and money-hungry, even though much money may run through the fingers in their life-time.

It is not a "sin to be rich" if that money is used in constructive ways for the betterment of humanity. Therefore why not be willing to rearrange the patterns in your mind that wealth may come to you?

Astronomers say there are approximately 30,000,000 suns like ours in the starry heavens. Each sun lights its coterie of planets and worlds. Do you wonder that I say we are in training to be gods and goddesses, potential rulers of other worlds. There are millions of worlds greater than our Earth to be lived on and to be subjected to the will of Deified Man. This great Universe of ours is just in the making.

Our Planet Earth is benefited only as some of the dwellers hereon gain a vision which will benefit those who come after them, and whom they may never see. Carnegie blessed the world through his libraries. Henry Ford blessed the world through his trade schools and ideal community establishments and in many hidden ways ... for he was not one to boast of what he did for humanity. Yet none of these things could have been possible had they not more than enough money for their own needs.

In Los Angeles, California the writer of these lessons drove up the long, sloping incline leading to the Griffith Park Observatory. Sitting there in the huge circular auditorium of the Planetarium, with the wonders of the skies overhead as it appears at midnight in the outer skies, the blackness pierced by the velvety softness of myriads of stars (although it was bright afternoon outside) one's head just naturally bowed in reverent thankfulness to God that one man, Griffith Griffiths, had not only the vision, but the wealth to make such a dream come true, bringing the wonders of the skies, heretofore reserved only for Scientists and their telescopes, within the reach of every man, woman and child who wend their way there. Had he not accumulated great wealth, this Aladdin's palace of wonders could not have been established so that for a tiny fee, anyone could be blessed and lifted by a realization of the scientific marvels of this world in which we live.

If YOU can visualize a plan that is for the good of humanity, and are willing to bend every energy towards making yourself a competent agent of that plan, I believe that the very forces of Nature will come to your assistance and help you to accumulate whatever money is necessary to put

that plan into effect. Of course, many people collect and gather money for purely selfish purposes, but they do not find happiness for long in their pursuit. My object in teaching the Science of Everyday Living is to show you how to gain permanent, lasting harmony, happiness and peace in doing constructive good for others. I also should like to have you earn and save more than enough for your own comfort, so that through you and the Science of Everyday Living, mankind may be blessed and lifted to a higher standard of thought.

You can work for many years hard, industriously and faithfully, but if you have not a vision to carry you on, and light the way for you, you may not accumulate anything. That which resides within you must have a REASON for attracting wealth to you. THINK along humanitarian lines. Pray along those lines that the way may open for you to do your little share for the betterment of this Earth and its population.

I shall now teach you to really "pray" for money, so that money can come. One should learn how to do all things scientifically and correctly.

The first step in praying for money is to learn to do your work in a first-class manner.

The second step is to direct your attention to finding something outside of your salaried bread and butter earning that might increase your income. At first it might be a hobby, which can grow into something worthwhile. One never really becomes wealthy until one has MONEY working for him, at interest. Wise advice is to allow this money to work for you in a Savings Account until enough is accumulated to make a worthwhile investment. NEVER invest in anything in which a person tries to hurry you. TAKE YOUR TIME and investigate it from every angle. Do NOT take your friend's advice. Take the time to learn about it YOURSELF, even though your opportunity seems to slip away. Better be SURE than sorry. If you are really in earnest, another opportunity, and a better one, will come your way, and you will be able to recognize it as you have gained in knowledge and perspective.

The third step is to STUDY the financial pages of the newspapers, and take a GOOD financial magazine. "The Financial World" is one. Another magazine called "Opportunity" is to be found on newstands, also "Nation's Business." As you read and ABSORB these magazines your thought content changes. You become aware of new factors. Something within says: "I'll get busy and attract some money so that I can invest in some of these things that I recognize are money makers." Spend a definite time each morning studying finances and investments in the morning newspapers. This *study* is definite prayer for money.

*(to be continued)*



These lessons are preliminary to the advanced series of "Inner Teachings" offered by Chimes entitled "Light on the Science of Living." For more information, see page x.

# WORTHY WORDS

## **Azrael**

Your "time" – the years during which you are on earth – is a critical period, to the welfare of your successors.

## **Calvin Coolidge**

All growth depends upon activity. There is no development physically or intellectually without effort, and effort means work.

## **Carl Sandburg**

A baby is God's opinion that the world should go on.

## **Alexis Carrel**

When we pray, we link ourselves with the inexhaustible motive power that spins the universe.

## **L. Andrews**

What one single ability do we all have? The ability to CHANGE!

## **Emmet Fox**

I realize now that nothing in life really matters except that I get my conscious attunement with God, because when I get that everything else will rightly follow, and until I do get that nothing else can be right. I am going to make everything else secondary to that.

– from *Power Through Constructive Thinking*\*

## **Ona Lacy Hunter**

When we make contact with God through our prayers, meditations and affirmations, we are refueling our own light from God's light of love.

– from *Orion* magazine

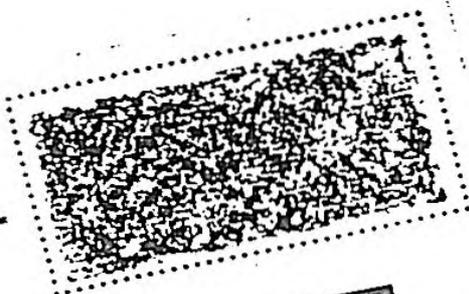
## **Fredrich Nietzsche**

What is evil? It is whatever springs from our weaknesses.

## **Sri Aurobindo**

One can think of the universe as all spirit, with matter being the densest form; or one can think of the universe as all substance, with spirit being its most rarefied form.

–from *Science of Mind Magazine*



## Letters to the Editor

**A LONG ROAD** I have come a long ways, wisdom-wise, since reading Chimes, and wouldn't want to be without it. It has done me more good than any other reading material I have read. Many thanks to each and every one of you.

Mrs. Theodore Giddings, Buffalo, NY

**KEEP THE CHANNELS OPEN** Last night I read Catherine Ponder's book, "Open Your Mind to Prosperity"\* and today I decided to clean out my dresser drawers and clothes closet. In the process I found some money tucked away I had forgotten about. I am sending it to Chimes for a tithe with blessings.

Mrs. Tess Novotny, Cupertino, CA

**GOOD CALLS FOR MORE** This letter is to congratulate your company for its catalog selections -- which are the greatest. Other companies describe very little or nothing about their books. I hope you will in the near future receive another of Alexandra David-Neel's books on Tibet in paperback.

Ronald Petras, Granite City, IL

**THANKSGIVING DAY** Chimes is my inspiration for the month ahead. I read every page with Thanksgiving.

Lillian Smith, National Park, NJ

**HEALING IN WORDS** - God's love to you all for the years of beautiful Chimes . . . a spiritual sound of healing music to our storm tossed souls.

From a faithful subscriber, Newport Beach, CA

**THE PRIVILEGE OF SHARING** It is so true . . . no matter how many times we read something, one always finds something missed that helps us to grow spiritually.

I am so grateful to have the privilege of sending my tithe to Chimes with my love and blessings to all.

Barbara Johns, Van Nuys, CA

\* See page x to order

LET YOUR LIGHT SHINE MORE BRIGHTLY THRU CHIMES

JOIN YOUR CHIMES FAMILY IN EXPRESSING APPRECIATION

For remember — as you do your part to help ALL who are light bearers, you are doing something constructive and creative to usher in the coming Golden Age.

Many thousands of souls now are turning their faces to the light, are seeking teachings of Truth, are seeking places of solace where they may find others of like mind and heart.

There are many opportunities . . . many ways in which you can help to dissipate the darkness enveloping our beautiful planet. One of those ways is to support the Chimes Family of Light Bearers. Will you do as much as you can NOW to give your help? If you will, here is one place to start:

Blessings of Light and Truth!

HERE IS HELP FOR MY CHIMES FAMILY . . .

-----  
*Here is my monthly donation for helping with the work of the Chimes Family and to widen the linking of lights to bring spiritual guidance in these Latter Days:*

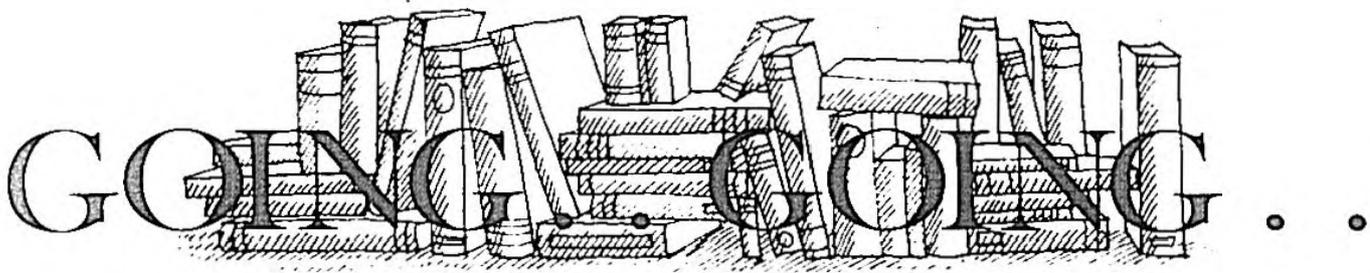
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Suggestion or helpful idea:

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A few hard-to-find books we still have on hand which, for one reason or another, will NOT be carried in future Chimes Book Catalogs. Some of these unusual selections, however, may be just the thing you are looking for for happy Christmas giving . . .

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