

CHIMES

CHIMES PUBLICATIONS, INC.

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1971

The RESONANCE - of LIFE from . . .

50¢



Dearly Beloved Friends . . .

If at times it should seem to you there is particular emphasis in Chimes on the role of the light workers and their linking of lights . . . you are right! There is ample reason for this.

All of us are centers of light – of the one divine creative spark – but all of us are not aware of this to the same degree. For those who are ready, Chimes has been able to awaken many as to WHO they really are and the unique role they are destined to play in this closing era of the 20th century.

A few years ago Chimes may have served a different purpose for those who were seeking the inner way . . . a higher life. But time does not stand still, nor do we.

Now each and every one of us must become aware of our dynamic influence upon others. The work we have to do of letting our light shine wherever we may be is of importance far beyond our understanding. The Spiritual Hierarchy governing this planet requires that all light-bearing souls now on Earth come into the fullness of their soul missions, that they follow only the will of Spirit and speak only the word of God so that the power of God may bring to fulfillment the evolution of man at this time, for this cycle of life.

Great changes are in store for all light workers. It is our hope that Chimes may be able to help prepare the way for them. We must become one single heart, one single voice, and one single mind, all of one family. We must share what we receive with one another, whether it be spiritual blessings, spiritual strength and energy, or whatever may be needed. As we see it, there is no other reason for Chimes to function than to encourage bearers of the light to hold the light, be the light, express the light and project the light to those not yet awakened. It will be well worth the effort, don't you agree?

We love you . . .

The Deutors



P.O. BOX 818, ENCINITAS, CA 92024

30th year of continuous publication -- Edited with the inspiration of Spirit

It is the policy of Chimes to present material for students which reflects many facets of the One Truth – not only in the magazine, but also in the book catalog listings carried by Chimes. Each of us must choose for ourselves that which suits us best with each step we take along the path of life.

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Spirit communications inform us that on the other side we will neither regret the past nor will we fearfully anticipate an unknown future. The guidance in these reports indicates that if the past and the future are both useless in our afterlife, then we are wasting precious energies if we cling to any such contemplations now. Consider all of the harmful emotions we indulge in as we remember the past or anticipate the future!

OF KARMA . . .

The True Power of Transcendence

Using the power of transcendence in raising your consciousness must first involve your feelings and attitudes about yourself. An effective understanding of the true nature of the "past" and the "future" is essential. These truths have been discussed.

Acquiring debts of karma (Eastern religion) or sin (Western religion), primarily involves your dealings with others. Our friends in spirit do not build new debts of karma or sin. Instead, they can view their former activities from above and see the errors which must be made right. The particular action they took is of no importance. Karma or sin was created by the *mental attitude* behind their actions!

The cannibal eats a human without incurring karma. But after he is told that this is wrong, and after he *accepts* this belief as his own belief, *then* he cannot eat another human without *knowing* he is sinning. *Then* he has a karmic debt to pay off.

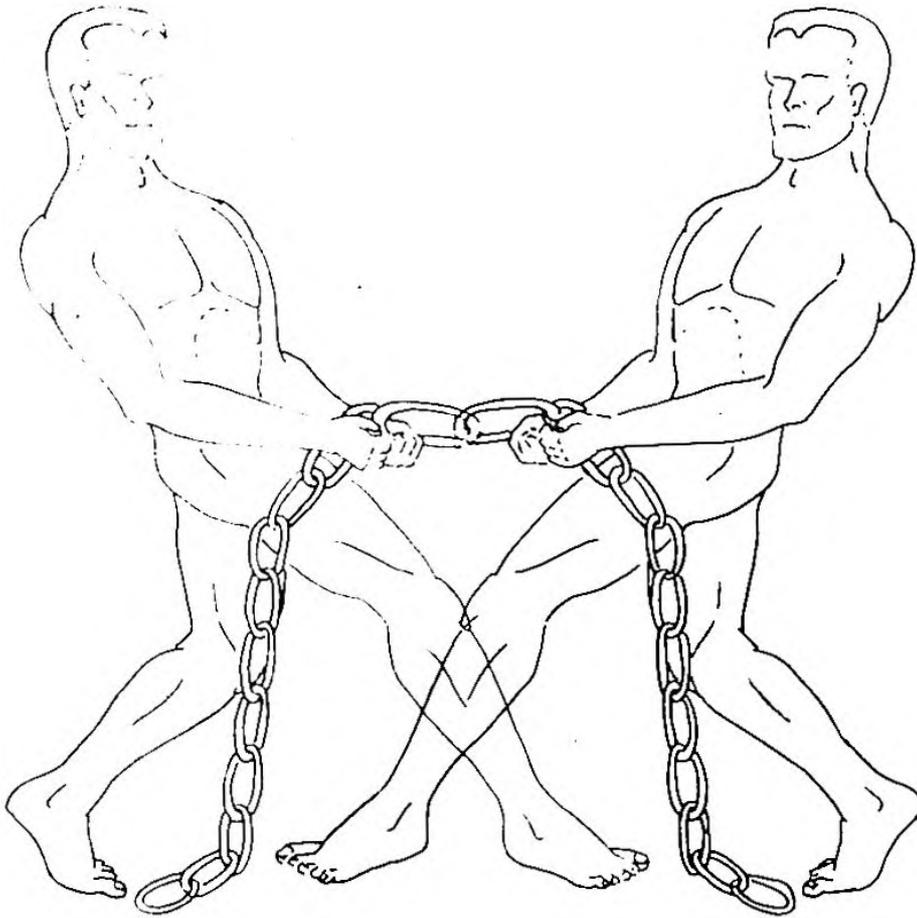
What Sins Will You Accept?

This was a dramatic and grotesque example of karma, but you can understand the logic involved. You can steal money from a friend where you work and incur karma or sin. But to whom do you owe the debt? The boss may not know about the theft, and your friend might not miss the money. If they do, suspicion may not point to you. Who condemns you for the sin? YOU DO!

If you walk by and fail to notice your neighbor, he will feel offended. But are you guilty? Not if you didn't see him. Even if you did see him, but felt a strong reason to pass him by, you will then be silly to let *his* thoughts or opinions condemn *you*.

Half of the schizophrenics of the world got that way trying to please others. They close to accept guilt, fear and anguish over their failure to be everything that everyone else suggested for them. Their mental illness is self-imposed karma for not closing eyes and ears to all external manipulations. In your afterlife it will be meaningless whether Sally loves you now, or whether your mother approved of your career as a musician, or whether Rev. Smythe wants to cluck his teeth over your missing his service and thereby failing to load his collection plate. Nothing like this trivia matters in afterlife. Why do you let it bother and plague you NOW?

... IN THIS LIFETIME



How to Avoid Collecting Sins

The primary creed of all religions is virtually the same thought to live according to God's Will. In some religions another term is used for God. But the concept relates to relying upon master planning for you by a supreme spiritual source.

How are you going to recognize God's will for YOU? Specific guidance for *you* is *not* in the Bible, or in the Vedantas, or in the Koran. Your special guidance comes to you through the precious gift God placed within you -- the breath of life!

This is not the neurotic of an invented conscience. The conscience is a tool for making decisions, but it was built through accumulating memories. Memory is pure illusion, so the invented conscience is a phantasy.

Your breath of life is the pulse beat with which you experience this moment -- NOW! This is God's power of pure and true guidance for *you* alone. When you eliminate the past, ignore a future and reject all threats of others, then you can *turn on* that guidance with the simple invitation -- LET MY LIFE HAPPEN -- NOW!

by Tom C. Lyle, M.S.D. ↓

How to Utilize Spirit Transcendence

Spirit has always reported that emotional burdens of this life will be released upon transition, due primarily to –

- a. The past will be forgiven and forgotten – completely.
- b. No new memory burdens will accumulate, since from a higher view all such problems are seen as learning challenges.

Without making this transition ourselves, we can accept the wisdom that “everything works toward my ultimate good”, and we can then unburden our emotional loads by declaring the following personal freedom creeds:

1. I will not accept anyone else’s evaluation of me, my thoughts or my actions.
2. I will not accept any feelings of loss, separation or rejection, as they have no power unless I do accept them.
3. I will not accept limitation, restriction or judgment. I do not judge others, and I accept no one else’s attempt to judge me.
4. I will not desire or want anything or anyone, since the cost of such desire will be my control or manipulation of others.

Write these four creeds on a small card and carry it in your pocket or purse. Anytime you feel any twinge of anxiety, worry or despair, read the card thoughtfully. You will *feel* heavy emotions draining away, to be replaced by an elation of inner freedom.

Do not fear that your blanket rejection of all external controls and influences will leave you in chaos or anarchy. God planted your true identity in your inner mind, and it will intuitively guide you in the right path.

In addition, your loved ones in Spirit will celebrate your transcendence, and will rush to provide you with proper advice and counsel.

How to Avoid All Sin and Karma

These principles presented will insure against your incurring further bad memories. Since sin and karma are composed of remembered transgressions which you have accepted as bad karma, you are avoiding the addition of sin or karma by rejecting your disturbing past memories.

It will take long and concerted practice to gain this transcendence, but each time you repeat the freedom creeds from your care you will feel just a little lighter and a little freer. It will thrill you!

A little harder task will be your effort to wipe out the burden of sin and karma which you accepted upon yourself already, before you learned about transcendence. Our friends in Spirit learn how to break these chains in the afterlife, and you can gain the same goal with transcendence here and NOW!

Behavioral sciences report that all men function at less than 10 percent of possible effectiveness. By increasing your effectiveness five percent, you can accomplish half again the amount you are achieving right now.

A simple check of how you spend your waking hours will reveal that you spend ninety percent of your time in the activities of remembering, anticipating, hoping, wishing, wanting, musing, worrying, fearing, speculating, judging, evaluating and condemning. *You spend less than ten percent of your time in effectively living and experiencing.* Nine hours out of every ten is spent in uselessly thinking about that tiny ten percent! Just spend ten percent more of your time in letting life express itself actively through you, and you will instantly double your personal effectiveness.

Wake Up and Live!

While you are indulging in the above useless diversions, you cannot be conscious of yourself. You are actually asleep or hypnotized during this time. Practice of transcendence will wake you up to what *life* really is.

When you stop automatically reacting to words, ideas or actions of others, then you start living as YOU — the one and only YOU! Not the “you” which others describe or control, not the “you” that dogma, legend or myth says you *must* be or *should* be. Start being the YOU which was uniquely created by God.

As the Super YOU, there can be no mistakes, no errors, no sins and no karma. You live as God’s spark of life within you directs, and all will be perfection in action.!

The Power of Will is Dangerous

Many teachers tell you to select the goals you desire and to strive by will power to achieve them. The fallacy here is that you are selecting consciously. This means you are using learned habits, the suggestions of others and you are judging such goals by standards of acceptance, prestige and acclaim. This is not the expression of the Will of God, and without it you will fail miserably. Use HIS will — not yours.

Such failure will discourage you, increase your guilt feelings and set you up for greater failure. Reject all goals suggested by others. Let your inner “breath of life” produce your successes automatically, without your conscious selection efforts. You simply acknowledge and accept your unique and exciting destiny as it just *happens* to you and through you.

Your greatest effort in life will be your careful guarding against the external influences. In Spirit, you will be able to see how useless it was to be concerned about what others say, think or do. You are not responsible for the thoughts or actions of others and should not suffer from them.

space visitors

Part II



RUSSIAN SIGHTINGS HUSHED

Reputable scientists, pilots, military and police officers, the average citizen and now the Russians are reporting UFO's. The Book Fellowship International, a technical journal published in Rome, reports that Russian military zones are being observed by visitors from outer space.

These reports are not in the Communist press but are the results of Christians behind the iron curtain leaking the information to others who are prayerfully hoping from this news that a spiritual revival may be taking place in that atheistic country.

The space sightings in that country, just as the sightings in the free world, have caused the peasants to interpret the visitations, according to Russian-born Paul Vorohaef, "as awesome warnings of a supernatural being, of some impending disaster, possibly the end of the world." Many are returning to God for explanations.

The most secretive military zones are the object of a seeming ceaseless surveillance by the space visitors. One report that leaked out told of a huge disc, accompanied by several smaller ones called scout ships, which hovered over a site where defense missiles were being installed a short distance north of Moscow.

According to the report, someone panicked and shot several missiles at the mother ship. But due to a force field surrounding the huge ship, the missile could not penetrate the protective area and it exploded at a safe distance away.

Daily Power

FOR JOYFUL LIVING*

1. Problems arise when we get separated from ourselves.
2. Our problems are solved by turning away from the negative, violent, destructive outer appearances, and turning toward inner spiritual realization.
3. We solve our problems in direct ratio to our understanding.
4. The real problem is a false belief. The outer expression is the symptom.
5. Remove the cause and the problem will disappear.
6. Do not try to solve a problem on the level of the problem. Identify yourself with the solution.
7. You will never have a problem that you don't already know how to solve.

FROM THE BIBLE

God is our refuge and strength, a very present help in trouble. — *Psalm 46:1*

Let not your heart be troubled: ye believe in God, believe also in me. — *John 14:1*

GREAT THINKERS – PAST AND PRESENT

What is difficulty? Only a word indicating the degree of strength requisite for accomplishing particular objects. — *Samuel Warren*
It cannot be too often repeated that it is not helps, but obstacles, not facilities, but difficulties that make men. — *William Mathews*

DAILY AFFIRMATIONS

I change whatever is necessary for me to change in order to be a better person.

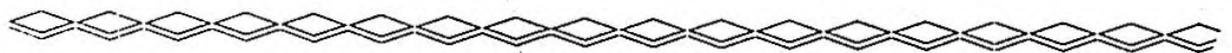
I am motivated by high ideas in everything that I think, plan, and do.

My inner life unfolds in patterns of integrity, strength and purpose.

No matter what happens, I say, "Father, I do give thanks for this evidence of Thy love for me."

All troubles disappear as I realize that that which is within me is greater than any problem, pain or outer condition.

The power of God within me is the action of my life today.



*Taken from the book entitled *Daily Power for Joyful Living* by Donald Curtis, a book of daily inspiration and guidance sure to bless the reader — a Chimes selection.



Logic . . . How Illogical!

Beloved ones, one of man's greatest hindrances is the demand for logical answers to all his questions! (rarely logical, that is!) Too often the idea exists that, "if it can't be proven or explained, then it cannot be fact!" How very earthly a way to think! Always remember that you are a divorced son of the Divine Whole and through study and effort can return to your inheritance. While you are on Earth, however, even though you are part of the Whole, you are not fully in existence with the Whole. Through your choice you have become separated and lifetimes of floundering have caused you doubt and frustrations. However you must persevere; you must live and study according to Universal Truth, and Wisdom will be your reward. Wholeness will be a conscious reality once again as you leave the orbit of Earth and travel on to planes of higher and higher dimensions until at last you return from whence you came.

—From Illiana in *New Age Teachings*

What Space Really Is!

When men do accomplish getting out into space, conditions will be amazing. But evolution has had to prepare men for this time. We can assure you that when humans get a glimpse of what space really is, psychic phenomena will be the main part of their education.

—From Gertrude Clendenning in *Two Worlds* magazine

The Key to Self-improvement

The safest method to quick attainment for the Western world may well be *self-hypnosis*, also known as auto-conditioning. Modern educational practitioners are becoming aware of its importance in calming the adolescent fervor and improving the output of high school age children. Hypnosis clubs have become almost a fad. There is positive proof that many, with practice, improve their ability to relax and concentrate. This in itself would improve the quality of student work.

The next step, which seems long in coming, is to make the student aware of the value of the *imagination*, *intuitive hunches*, and the *quiet voice within*. It is the stepping-stone to creativity. It would be hard to imagine the impact on society if only one generation were given this key to self-improvement.

—From Nelson Best in *Orion* magazine



FRUITS IN YOUR DIET

THOSE WHO LIVE in California, Florida, or other areas where fruits grow in abundant variety are fortunate indeed, for they have the privilege of enjoying many fresh fruit products which are seldom if ever seen by inhabitants of other areas which are less fortunate in this respect. It would be difficult to overemphasize the important part that fruits play in our diet, with their stimulus to system regularity, their abundant vitamins, minerals and enzymes, and the purity of their natural sugars and nectars. Of course organically-grown fruits should be obtained whenever they are available, but speaking for ourselves, we will take the best that we can get, organic or no.

It is easy to believe that fruit is the highest form of food, and we know of some doubtless highly-evolved souls who live primarily on fruits and nuts — this we believe to be the ideal diet. What could be more delightful than reaching up into the branches of a tree laden with ripe fruit and selecting the largest, most succulent morsel? So what if the juice does run down your chin? One could spend a winter dreaming about a handful of tree-ripened Santa Rosa plums. And if you get strawberries "up-to-here" during the height of the season, they still taste awfully good when the new season rolls around. Let's face it — I'm a nut for fruit and I admit it. I know that to this I owe a large share of my good health.

So for your physical well-being and that of your family, use fruits abundantly in your menus. They are available in many ways — fresh, canned, dried, in juices and nectars. Your health food store has an almost unbelievable variety of juices, nectars and concentrates — at a price, of course — but if one is going to splurge, what better than fruits or fruit juices to splurge on?

Let us discuss here some of our favorite fruit concoctions:

FRUIT SALADS: Try sliced bananas, diced dates, and mayonnaise, with nuts if desired. Add sour cream and/or lemon juice to suit your taste.

Drained grapefruit sections, sliced avocados, and mayonnaise make an excellent salad.

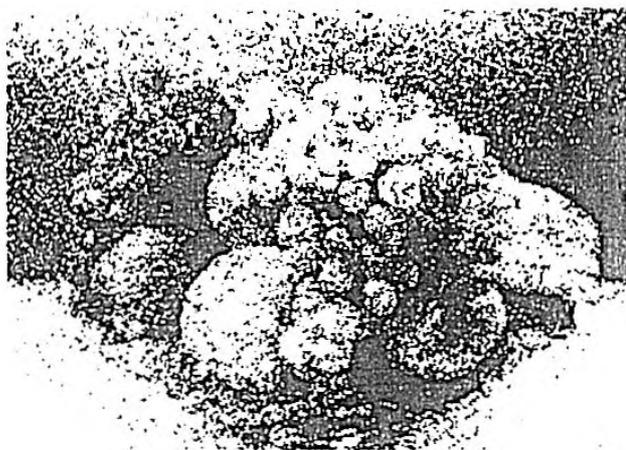
Try making Ambrosia (old Southern favorite) with fresh pineapple, cut into chunks, diced oranges, and fresh grated coconut. It will probably need some extra sweetening for most tastes, so add turbinado sugar to suit.

Mangoes, papayas and bananas make an excellent tropical fruit salad. Slice all fruits together and add turbinado sugar to taste. Get the ripest papayas you can find – same for mangoes.

Apples – try stewing or baking them with honey and butter. Use tart apples, or add lemon juice.

Try fresh plums and fresh pears sliced and slightly sweetened as a dessert. They are excellent with pound cake, sponge cake, or lady fingers.

Fresh orange juice – If you want to convince yourself of the superiority of fresh orange juice over frozen or bottled juice, just juice some smooth-skin Valencia oranges (in season during summer and autumn). On a very warm day, it's hard to beat a glass of fresh orange juice with a small amount of crushed ice and perhaps just a bit of sweetening, depending on the oranges. For your better health, eat the orange pulp – probably there is no better way to get the most from your oranges than to cut a hole in the bottom and suck the juice (and pulp).



The following recipes which feature various fruits are taken from the Rosicrucian Fellowship's *New Age Vegetarian Cookbook*, available from Chimes:

APPLE FLUFF

2 large Delicious apples

1 tsp. flaked nuts

½ cup sweet cream

2 egg whites, beaten stiff

1 tsp. lemon juice

2 fresh mint leaves, minced

Unfilt. honey & vanilla to taste

Shred apples on fine shredder and add lemon juice. Whip cream and flavor with honey and vanilla. Combine apples and egg whites and serve in tall glasses – garnish with whipped cream and mint leaves.

RASPBERRY MOUSSE

1 box raspberries, crushed

1 cup whipped cream

½ cup unfiltered honey

or brown sugar

Combine all the above and let stand one hour. Freeze in ice cube trays for 2 hours or in a regular freezer.

by James M. Swoppe

Your

You are beginning

All souls must ascend even as Jesus ascended. This is the plan of life. That is the glory of Being. This cannot come to you, however, so long as there is a ripple reflected in the mirror of your Soul. All must be as clear as crystal... no questionings, no impatiences, no tiny irritabilities even.

Divine harmony must rule your outer as well as your inner life. Then you will not "see" the things that once would have disturbed you greatly. Everything then is in its perfect place in evolution all of the time. You have the joy of knowing that everything always is growing and perfecting, that even the rocks and mountains are changing. Then you no longer have the impulse to criticize any person or circumstance. You become as ever-present as God in the lives of those who are of your spiritual family, and almost as unobtrusive of personality. The spiritual YOU so transcends the physical that you seem just pure Spirit. Know then that this is the beginning of your ascension.

All must be Divine harmony all of the time. If a Soul were permitted to ascend who still had the human impulses to negative reactions, the inner state of Being would not long be of Heaven.

The ascension is not brought about by prayer alone, but by WORKS. Until you have thought deeply enough and lived abundantly enough to formulate a philosophy of life which can enrich the world, you are not ready to ascend. Your gift first must be made to the world. It is somewhat like a graduation thesis. You prove that you have learned the lessons you incarnated on Earth to learn by the value of the thesis you leave behind. Not always is it in writing; Jesus did not write His. He lived it. As He lived it, He illumined it for others by His parables and His revealing of the Divine Laws of Life. Some Souls write their life thesis in transcendent music; some in eternal art; others in architecture. *All great souls live a great life*, even though it may be a life of constant and continual struggle, trying to SEE, trying to LEARN the Laws of Life... right up until the very last. Then, final

Ascension Now!

examination completed, the release comes — the ascension takes place. Sometimes it is known, and sometimes it is unknown to any but the Soul itself and its instructors.

Once in a while after such ascension, the Soul, choosing to aid other human life on Earth to its final ascension, comes back of its own free will, re-enters its Earth form, and shutting from its heavenly mind the heavenly glories that could have been its eternal companions, begins to light the world with its inner glow. After a Soul has earned its ascension, its language becomes transcendent in character... too ethereal, too subtle for the mind of man to embrace. Before it can be understood, the Soul must learn again to speak in human language. This situation is analogous to the young man or woman who, graduated from school, freed from studies into other life experiences, decides to prepare to teach kindergarten or first grade. Having gained the Soul qualities of perseverance and patience, the human language again is learned and the work on Earth begins again. Of such ascended Souls it might be said: They have seen "death" and yet have not died. Such Souls truly have overcome the "last enemy" which is death. Souls who have advanced to such a state as this continue on until they feel their work is completed; then voluntarily they lay down their earth forms to ascend again... this time into a greater glory — the glory that comes with a responsibility voluntarily assumed, not karmically imposed. Such Souls have the power to transcend time and space and appear in their spiritual bodies to those who love them, both before and after the final ascension into the Realms of Light, Love and Bliss.



If you are one of those seeking Soul sustenance and a meaningful way in which to be of the highest service to your fellow men, seeking the ascension Jesus achieved, inner teachings from the White Brotherhood, upon which the foregoing article is based, would have special appeal for you. There is a further description of these teachings to be found on page 14 of this issue.

Inner Teachings

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Magazine Potpourri

Presented here as a public service to the reader are listings of publications in all parts of the world in the general field of metaphysical, psychic, occult teachings. For issues containing previous listings, commencing with November 1970, they may be purchased for 50c each as long as available.

PSYCHIC NEWS — Weekly newspaper. Published in London, England by Psychic Press, Ltd. \$9.25 (U.S.) per year; 13x17; 8 pgs. Largest circulation of any Spiritualist newspaper in the world with news of happenings in England, the Continent, and some from the U.S.A. Included are items on proof of survival, unusual spiritual healings, accounts of hauntings and poltergeist activities, lessons from Spirit teachers, and listings of church activities and mediums in England. Write: PSYCHIC NEWS, 23 Great Queen Street, London WC2B, 5BB, England.

STELLA POLARIS — Bimonthly; Published in England; \$3.00 per year. 5½x8¼; 36 pgs. Primarily contains the teachings of The White Eagle Lodge, as well as material dealing with out-of-the-body experiences, reincarnation, teachings of the White Brotherhood, articles for children, and vegetarian cookery. Write: STELLA POLARIS, The White Eagle Publishing Trust, New Lands, Liss, Hampshire, England.

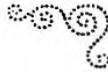
STUDIES IN COMPARATIVE RELIGION — Quarterly; Published in England; \$6.00 per year. 5½x8¼; 68 pgs. An international journal which gives full freedom to contributors to express their views on all aspects of religion. Write: TOMORROW PUBLICATIONS LTD., Pates Manor, Hatton Road, Bedford, Middlesex, England.

TWO WORLDS — Monthly; \$5.50 (U.S.) per year. Published in London, England by Psychic Press, Ltd. 7¼x9¼; 32 pgs. A Spiritualist magazine which describes itself as "the best of its kind in the world", devoted to all aspects of Spiritualism and the supernormal. Includes articles by Silver Birch, Spirit Guide of the Hannen Swaffer home circle, how to explain death to children, why we must be born on Earth, and many aspects of life after death. Write: TWO WORLDS PUBLISHING CO., 23 Great Queen St, London, WC2B, 5BB, England. A combination offer of the Psychic News and Two Worlds also may be secured for \$12.50.

PSYCHIC ADVENTURER — Monthly newspaper; \$3.00 per year; 11½x16; 16 pgs. America's only newspaper size publication said to be reporting psychic, invisible and spiritual events. Primarily featured are articles, books, columns, and questions answered by its editor, David N. Bubar. Also included, however, are excerpts from other news sources, features on food, books, unusual experiences, and other world religions. Write: PSYCHIC ADVENTURER, Box 4968, Memphis, Tennessee 38104.

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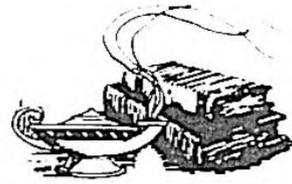
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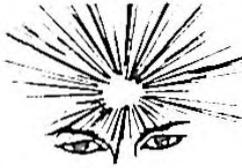
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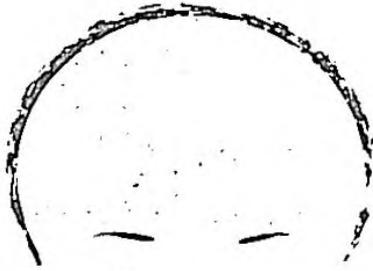
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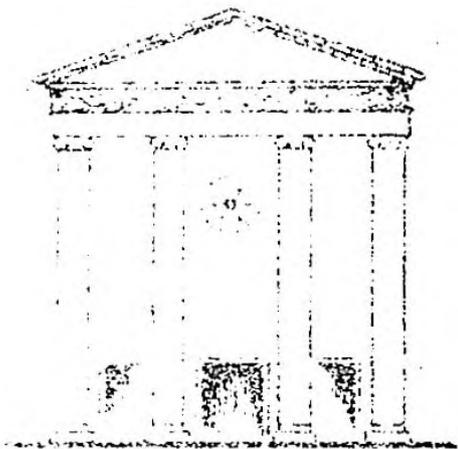
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● Order from Chimes — see page IX ●



Sermonette

GOD'S PRESENCE IN YOUR CHILD

True religion shows its influence in every part of your child's conduct. It is like the sap of a living tree which penetrates the most distant boughs.

Some parents say, "We don't teach our child any religion." You don't have to inculcate into the cranium of a child any creed, dogma, or the religious persuasion of any church group.

Religion means your relationship with the Life-Principle, and God is the Life-Principle within your child. Teach your child about the indwelling Presence of God. Instruct him that his thought is creative, that what he feels he attracts, and that what he imagines he becomes. Impress on his receptive mind the value of honesty, justice, responsibility, courage, determination, and respect for the Infinite Intelligence within him which knows all things. When he is seven years old, begin to teach him some degree of self-reliance, his duty to others, and respect for authority.

Teach him that he is here to give to the world and to humanity, and that he was born to succeed and to triumph over all obstacles. Be sure to drill into his mind that it is his Divine right to be healthy, happy, joyous, and free. Teach him to call on God, the Higher Power within him, and that he contacts this Power through his thought. Above all, be a shining example to your child, and teach him that with God, *all things are possible!*

By Dr. Joseph Murphy

Beverly Hills, California



YOU CAN CHANGE YOUR WHOLE LIFE by Dr. Murphy not only illustrates how some of these principles can be applied to your children, but how they can help you tap your own unlimited resources to create an entirely new way of life — a Chimes selection.

This issue continues the communications received by the author through inspiration from the Spirit entity she has reason to believe was the famous clairvoyant-healer, Edgar Cayce. The inner discrimination of each reader will be the guide as to the ring of truth these words convey.

“A Drop

CHAPTER 2

We will in this chapter, clear up some popular misconceptions concerning karma.

The Law of Cause and Effect stands as a giant pillar, or bulwark, within the Universe, and working in conjunction with many other laws, is responsible for the perfecting of all saints.

The belief in karma dates way back to primitive cultures, who, sensing the existence of the Greater Parent, believed so strongly in the inviolability of personal retribution that they became the forerunners of those who spent their lives in fear of it! So strong was this fear and belief, that it grew like a cancer and spread its roots into other societies of thought. Even today it persists and raises its head not only in the former regions, but also within the hearts of many residing in the most 'developed' country in the world!

From this beginning, retribution, (i.e., the surety that we will, are, or shall, pay for all our misdeeds), gradually gained the name of karma from the Eastern religions. As it grew it also was given credit, though never in equal proportions, for the returning of good unto one for the greater acts (acts of love), committed within their mortal bodies. However, the disease of fear is hardly destroyed, and there are countless who today think so negatively concerning this golden law, that it remains to them as three-quarter fear, and one-quarter hope!

Karma is as definite as the Universe — yet is the least understood by any of its earth creatures! Because of its broadness and origin in Divine Wisdom, it is impossible for one abiding in the flesh to comprehend its full value or purpose. A better knowledge of that which is transferrable to mortal understanding is possible, and that is that which I offer here.

The first and most common mistake is looking for karma in every disaster, or misfortune — the next is second only unto it, and that is believing it was responsible!

During my years of work there, the Law of Cause and Effect was seen to be active over and over again in the lives of many who requested life readings from me. Unfortunately, from these, it has been largely

and toward Love! We see also, even more strongly, a law that cushions our bumps, and rewards us with the millennium of niceties and blessings within each day! Take a pencil and keep a record of the many unexpected signs and acts of love and courtesy that are evidenced just within the earthly boundaries of one day! Do this, at least mentally, for a week, then form the conscious habit continuously, and only then will you *begin* to see the splendor and glory of this Law.

It is well to remember that we strive for *spiritual* growth, spiritual life — we are not working for physical life. Just as the factory worker labors for the benefits of his family, that they may eat and subsist physically, *not* for the owners of the factory — so that while he works *at* the factory, he works *for* his family — likewise we, laboring *in* physical life, are working *for* spiritual life, and our spiritual family. Thus it stands to reason that the Law of Cause and Effect will be working in a spiritual manner, to the accomplishment of a spiritual lesson! Things spiritual are rarely to be seen physically! It is well to keep this in remembrance in all searching out of karmic effects.

A most vital key in the understanding of this Law is Christ! Do not nullify His death on the cross by forgetting the Father's promise of forgiveness through His Son! Never lose consciousness of this grace of God so freely extended to any who truly seek forgiveness from their heart.

Because we must overcome, and do not always have the necessary strength or accoutrements in any one particular life, we are granted as many lives as necessary, (and properly outfitted for each one), to work on our spiritual faults, until eventually all is overcome through Christ Jesus our Lord!

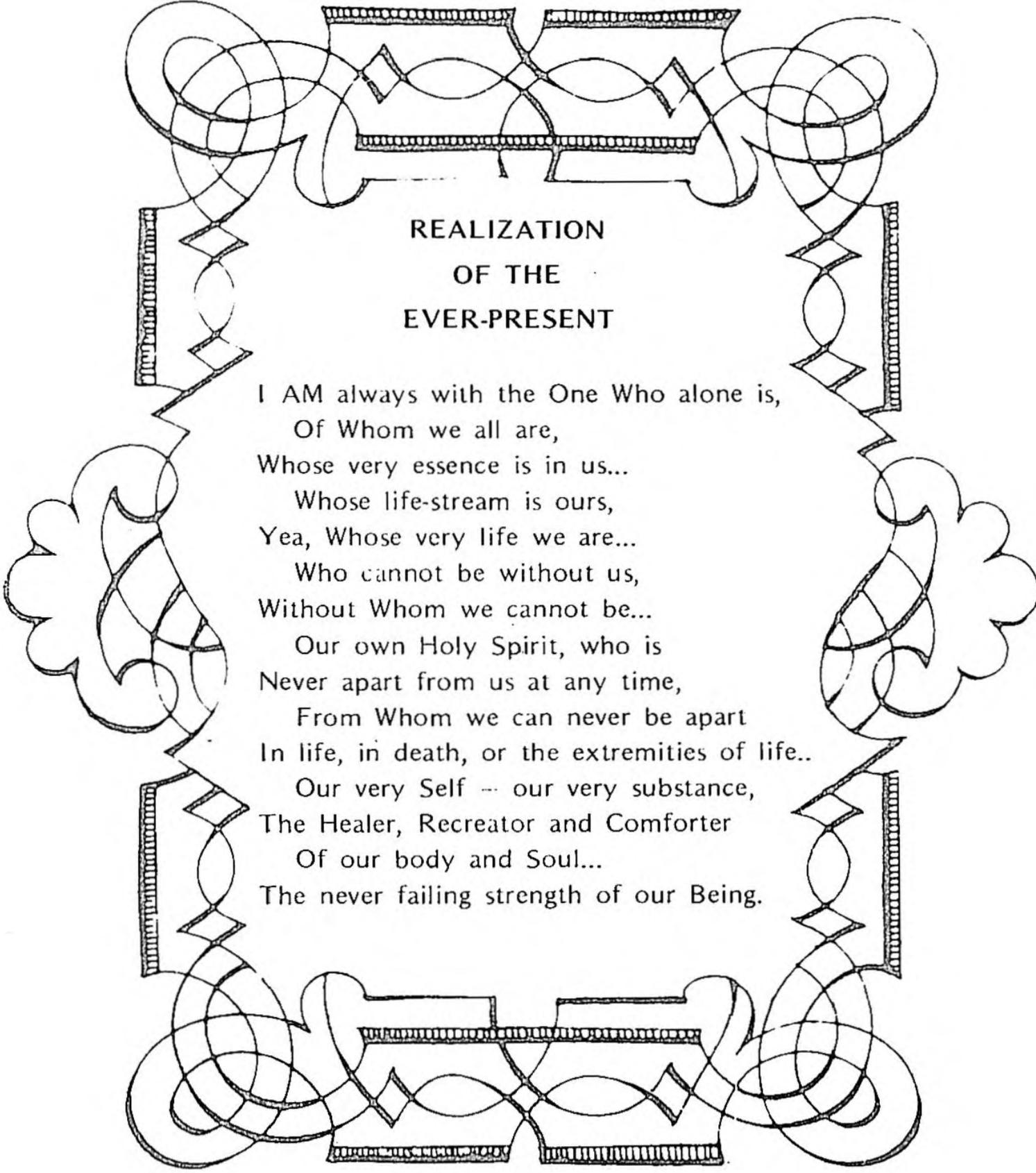
Keeping in mind the forgiveness of God, we must also realize that sometimes the best way to learn a lesson is by personal experience. It may be that having had opportunity in several previous lives to overcome a fault, we failed — so now in this present life, we *will* learn, but the harder way, by experience. This too, shows the immeasurable love and patience of our Holy Father — He not being willing that any should perish (2 Peter 3:9).

This outline is brief, but does explain some of the areas most commonly misunderstood regarding karma; and hopefully points the way to a clearer, more truthful awareness of this most magnificent Law, born of the love our Father holds for each one of His children.



Much has been said by and about Edgar Cayce. Several of these works described on page XVI are available from Chimes.

Verse of Prayer



REALIZATION OF THE EVER-PRESENT

I AM always with the One Who alone is,
Of Whom we all are,
Whose very essence is in us...

Whose life-stream is ours,
Yea, Whose very life we are...

Who cannot be without us,
Without Whom we cannot be...

Our own Holy Spirit, who is
Never apart from us at any time,
From Whom we can never be apart
In life, in death, or the extremities of life..

Our very Self -- our very substance,
The Healer, Recreator and Comforter
Of our body and Soul...

The never failing strength of our Being.

Anonymous from

Light on the Science of Living

WORTHY WORDS

Alice A. Bailey

Great Forces, under potent spiritual leadership, are standing ready to precipitate themselves into this world of chaos, of confusion, of aspiration, of hope and of bewilderment. These groups of energies are ready for focusing and distribution by the Hierarchy and that Hierarchy, under its Great Leader, the Christ, is closer to mankind than ever before in human history. ...Men and women of good will are to be found everywhere, ready to be guided into constructive activity and to be the agents, gradually trained and educated, for the establishing of that which has never yet before truly existed — right human relations.

—From *The Reappearance of the Christ**

Muriel Noyes Gillchrest

When someone comes along and tells you, "Here is an incurable disease," meaning that man's thought has not arrived at a point where a belief has created a serum, a medication, or a surgical skill which will eradicate it, and you accept his findings, you are doomed, or so you think. And, "*As a man thinketh, in his heart, so is he.*" A scientist, who realizes that it is the Father within him who doeth the works, can produce the right idea and bring it forth into manifestation which will aid in giving relief. So also can the suffering one aid a great deal if he will contemplate the nature of Life to heal.

— From *The Power of Universal Mind**

Sutura through Satanna Helen of Carlsbad

You shall multiply for yourself your own blessings and your own rewards. Did you ever stop to think that that is what you are doing by identifying yourself with the One Spirit? You speak of rewards coming to you, but they do not come to you, my blessed ones; they manifest out of your own consciousness. YOU are your own supply. YOU are your own joy. YOU are your own love, for YOU are the One Light and the One Spirit.

Margaret M. Butts

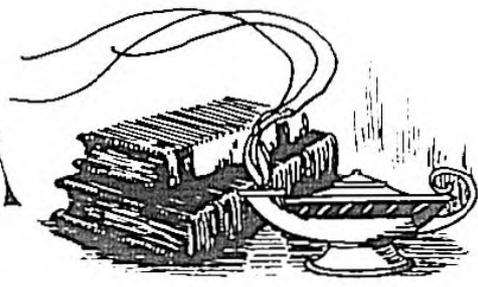
No one is born happy. But all of us are born with the ability to create happiness for ourselves. And notice I say "create" not "find". Happiness is an art, not a gift. Most arts can be learned. All art can be improved with practice. And the "finger practice" in the art of happiness is humor.

Harold G. Hopper

In the march of evolution, nothing appears more certain than the ultimate victory of things of the spirit over the coarse materialism of so-called modern civilization.

*Available from Chimes Books, pg. IX

Your Spiritual Powers



CONTINUING our topical discussion of mental telepathy, let us take a closer look at how it works.

Mental telepathy, as the name implies, is communication from mind to mind ... However, although we might wish to achieve accurate clear-cut communication with one another on the mental level, because we all have such extensive emotional conditioning, difficult as it may be, we must try to free ourselves from it. The more completely emotion and feeling and strong desire are eliminated, the more accurate and successful will be the work accomplished.

Because of what we have just mentioned above, an attitude of non-attachement or a spirit of "I don't care" should be cultivated. In other words, our attention should be focused in the mind, or in the brain. A great deal of concentration is needed to do this – for which there are many exercises that will prepare us – but many of us today are partly prepared for mental telepathy by the meditative work we have done, as well as other demands made upon us in daily living. Instinctual telepathy is still the easiest path for the greater part of humanity, of course, and the intrusion of this possibility must be watched for and guarded against – not that it is bad, but it makes for confusion. The solar plexus is still exceedingly active in most of us and therefore first manifestations nearly always are a mixture of instinctual and mental telepathy. For example – a communicator may send a message properly through the throat center (as in oral speech) but the recipient, through habit, will pick it up partly in the mind and partly in the solar plexus. This can result in an emotional interpretation of the message which was not intended by the sender.

Thus it is important to develop your head center by concentration and meditation as a preliminary to the successful practice of mental telepathy. It then becomes possible to hold the attention in the head and dissolve or drop off all emotional interference.

Training in mental telepathy can be undertaken by two people who are mutually compatible and who are willing to take turns sending and receiving. It can also be done successfully with a group which should be led by someone already knowledgeable in the art ... a little easier method because of unconscious attunement.

Continue this study yourself in Joseph J. Weed's excellent book, PSYCHIC ENERGY, a Chimes selection. Reading this one book could prompt you to investigate further your own telepathic ability.

Lesson Four

Dear Student:

Now, to continue with the "Good memory" recipe:

6. To develop a good memory keep positive: You are being negative if you do the following thing: When you are cold at night, if instead of getting up to get a blanket so that you can sleep in comfort, you try to curl up into a ball to keep warm. The positive person decides, then jumps out, gets the blanket, and sleeps in comfort the rest of the night.
7. When everything seems to go wrong, *you* are negative and *you* are *attracting* all those wrong happenings to yourself. When things seem to go wrong for you, do not allow irritation to seize you, sit down quietly, instead. Think the situation through until you can find a remedy instead of fussing about it. You can't concentrate when small things irritate you and you become more negative.

When you are cold and everyone else in the room is warm, then *you* know you are negative. There is not enough body and mind energy in motion. Start moving, mentally and physically.

YOU CANNOT HAVE A GOOD PERSONALITY IF YOU ARE NEGATIVE.

Now follow the solution which will take you out of the negative state of poor personality, and put you on the high road to a good personality, through a happy, positive frame of mind: First, take yourself in hand. Analyze yourself. What's on your mind? We find that in many cases *unconscious worry* is the cause. If this is your difficulty then RELAX. You may find also that you need more sleep. So give a few nights to sleep instead of going to social activities or sitting up late. Sleep builds in more magnesium. The more magnesium you have in your nerve structure and brain, the quieter you are within, and you will find that as you become more certain of yourself, situations in life which have been annoying gradually straighten out.

When you are negative *situations master you*, but when you are positive *you master the situations*. When you are negative other people endeavor to run your affairs for you.

HOW TO BECOME A POSITIVE PERSONALITY

By "positive" I mean successful, sure of yourself and of your value to God and humanity.

First: *Have a purpose in life*. Find your goal, as suggested in your first lesson. Make your decisions, and do not change them without good, well thought out, plausible reasons. Do not vacillate. Be firm with yourself when you know you are on the right track. Do not weaken just because obstacles seem difficult to surmount. *You grow by overcoming that larger obstacle*. Take a deep breath and say "I will!"

Second: Deep breathing helps to keep you positive. Proper breathing is so essential because the pneumogastric nerve must be kept relaxed. When this nerve is tight then you become negative. Worry and fear cause it to tighten up, so do many of the other negative emotions charted on your emotion chart.

It is wise to always keep the emotion chart with these lessons, so that you may frequently refer to it to check yourself. If you lose it, please write for another. Week by week, weed out more of the destructive emotions, which are the destructive thought-contents of your mind. As you put the constructive, positive thoughts in their place your entire outlook on life changes. You become more and more like that wonderful person whom you secretly desire to be.

Breathing is necessary because God is Breath. *Breath is Life*. The more rhythmical conscious breath you take in, the more God-life you take in to renew your cells, changing and refreshing your body.

Third: In your contacts with other people, be sure of yourself. Keep Positive. If you do not show a confidence in yourself others will run your life for you.

Successful people are positive, sure of themselves. They have their minds on what they are doing. They earn what they have because they know what they want and devise ways and means of acquiring it, even though it takes much time. They are clear-headed, self-confident and relaxed — *quiet* inside. But first *they* had to *sell themselves* on their ability. True positiveness is a creative force. The bully is a negative-positive person. He tries to run things by mind force. Do not try to bully or force a situation. Mind force is not always constructive. True Creative Force comes straight from your Source, your highest Ideal of God (Good), and is constructive.

Now, for a Spiritual lesson:

THE LAW OF INNER PEACE

(The Spiritual Law of Tranquility)

You can develop this inner peace to the point where nothing on the outside can disturb you. This comes only through the gradual development of a tremendous amount of all abiding faith in your Creator *and* in *yourself*. It takes complete trust and a sure knowledge that you are an individual but closely allied part of Him, and that everything that happens in your life is for your ultimate great good, no matter how black and dreadful it seems at the time it is happening.

Check what I have just said. Look back over your life. Recall the things that you thought were so unpleasant at the time you were going through them. If you will stop to give them a careful analysis you will see they were valuable lessons which had to be learned by you before you could go on to the next step. The next step *now* is an ever-unfolding understanding of yourself and your relationship to the Creator and His wonderful Universe.

When you live in accordance with the Law of Inner Peace you allow a Divine Energy to flow into you. Energy can be released best where there is peace and poise. This power generated through quietness inside leads to success.

When you achieve Inner Peace, then even the death of a loved one cannot long disturb you, for you know the truth which liberates. You realize that the loved one has gone on to an experience in another school of life which you, also, must go through. Sorrow in many instances is just self-pity.

The seeking for inner peace must be done with a knowledge that *it will come to you as soon as you earn it*. Self-discipline and concentration are essential steps.

You earn this wonderful sense of tranquility by gradually eliminating all negative emotions. If there is any doubt as to what I mean by "negative emotions" refer again to the Emotion Chart which you received with the first lesson. Enumerated thereon are many negative emotions, or energy wasters, which keep you from peace and poise.

The negative or destructive emotions are the "earthy thoughts" in the physical body. As soon as these are eliminated (and sometimes it takes years to complete the task) the real self comes through and glows with radiance. (By "earthy" thoughts I refer to fear, worry, procrastination, laziness, sense of inferiority, and all of these things which are of the earth and are therefore "earthy" or "dirty".) Those which are of higher Divine substance are faith, love, compassion, courage, directed activity, and all of those wonderful emotions which the whole world will some day consciously strive to attain. Earthlings can not yet know the complete secret of attainment because they are not yet ready to give up the negative thoughts. You, fortunate one, have contacted one of the sources which gives forth the beautiful secret leading to eternal happiness. There are other sources which have been tried and tested. As you develop you may contact another teacher who will give you another angle of this great truth. However, if you choose to remain faithful to the Science of Everyday Living, you can be carried the whole way into FREEDOM. Many who are on this Path will testify to this fact.

TRUST, even though you do not SEE a solution. You CAN develop the trust there IS one, and when you have this trust you will soon see the solution, because it WILL come to you. Set your goal in *faith* with no anxious thoughts. We realize that this is a difficult thing to do at first, but as you continue to strive toward this, you will achieve it. The Bible says: "Seek and ye shall find." This is absolutely true. Of course, you must develop that cardinal virtue, *patience*. Impatience destroys. You cannot have this inner peace so long as your material brain centers are not at rest.

(continued next month)

These lessons are preliminary to the advanced series offered by CHIMES — "Light on the Science of Living." More information p. 14.

Prayer



Ministry

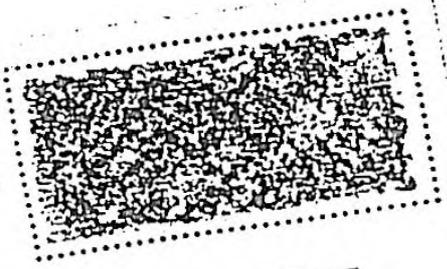
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Letters to the Editor

SEEKING FRIENDS – I wonder if any of your readers in the Houston (Pasadena), Texas area would like to meet and discuss articles and books from Chimes, especially the new Mark-Age material and subjects pertaining to or related to vegetarianism in its many aspects.

It's just unbelievable to me but each issue of your inspiring magazine seems to outdo the preceding one. Sincerely,

Colleen Palmer, 106 S. Charles St., Pasadena, Texas 77502

START A NEW GROUP – Just recently I came across the books written by A.K. Mozumdar and was very much impressed with the truth and value of the lessons given, especially in today's times. I am wondering if you could help me by publishing my letter and asking that anyone interested in forming a study group in my area, or who knows of an existing group, please contact me. Thank you so much,

Mrs. Jack Becker, 323 W. Pine St., Long Beach, N. Y. 11561

A RECOMMENDATION – You asked for comments on the new style of your magazine. We thought this was an unusually good issue – the last. We have always enjoyed Chimes, every page of it. Each issue gets passed around to the members of our Edgar Cayce Search for God Group. It seems that the favorite item is the recent article "The Phantoms Who Flew With Lindbergh" by Mrs. Clairmonte.

This is a fairly new group, but you may be hearing from some of us soon. We don't hesitate to recommend Chimes or Cayce to all we meet. With best wishes from,

Peggy and Carl Poland, Memphis, TENN.

(Most comments about the magazine format seem to agree that the new size is fine. Many would still like larger type, however, and more photos and more material . . . all of which is costly. We expect to be able to add back more material and many new features as time goes on and we are able to benefit from some savings effected from the recent changes. If we are all patient just a little longer, the Father will provide for our needs – He always has.)

NICE SURPRISES – Your new issue was indeed a surprise to me, but I like the handy size. Of course I miss the pictures, but you are right in cutting costs to survive and keep spreading the word. Through your pages the past years I have been introduced to many fine authors and was inspired to join the Mark-Age family, an important milestone in my life. Bless you and keep up the good work.

Charles Symons, Seattle, WA



LIGHT CENTER – Perhaps your readers would be interested in knowing about the Faith Spiritual Association center located on Moncrief Creek in Jacksonville, Florida where living quarters are offered to visiting ministers, teachers and lecturers. Rev. Virginia Nary has a new airconditioned enlarged building for services and classes and feels that all light groups are working together for the same truth and plan for man at this time and is eager to help coordinate these activities.

Joel, Miami, Florida



PRAYERS FOR EVERYONE – PETS TOO! – I am so happy, dear friends, to let you know my pets have responded to your prayers and are gleefully enjoying life. Their little eyes sparkle with love and understanding. “Susan” very seldom coughs. The growth on “Cindy’s” eye has completely disappeared and another small growth now does not seem to bother her . . . in addition to which she has had no more convulsions.

You have played an important part in our lives, keeping us in God’s loving care. I am deeply grateful for this. I am asking for continued prayers for my pets and myself. Bless you,

Mrs. Ruth Seeley, Cincinnati, OH

(The animal world is so receptive to our thoughts and feelings, yet how little we seem to care or do much about it. If only we knew how much they respond to prayer, just as we do, we would and should take better care of them for the deep love and loyalty and devotion they give to us. It is our obligation as a higher species to raise the animal world up to higher levels of consciousness through our kindness and love. By all means, let us surround them with love, light and prayerful thoughts as we would anyone we love!)



ON TRIAL – I do hope some of the things you now have in Chimes are on a trial basis, that we will have our good old Chimes back with its nice covers, beautiful pictures, Ode to Spirit and many wonderful features so worthy of Chimes. Sincerely,

Mrs. Lucille M. Palmer, Sacramento, CA

(You know we will continue to seek new expressions. We have often been called “Changing Chimes”. Just keep watching!)



THE CHIMES FAMILY IS GOD'S FAMILY . . .

a family of light bearers, each member in his own way helping to usher in the New Age.

NOW IS THE DESTINED TIME . . .

for each and every child of light to link up his efforts with every other child of light to awaken the masses out of their ignorance of God's spiritual laws and the spiritual realms that surround us.

THERE ARE MANY WAYS TO DO THIS . . .

by letting your light shine in the loving way in which you perform your daily tasks, in your quiet times of meditation, in your outreach of prayer — when you pray silently with and for others. Remember the saying — the family that prays together stays together — this is because much good is accomplished during those precious times... far beyond our present knowing.

LET YOUR LIGHT SHINE MORE BRIGHTLY THRU CHIMES . . .

by doing your part to guarantee its ongoing. Many have written of their wish to participate regularly by their *monthly donation*... and many already are doing so. This page, then, is the Family Participation Page that can serve as a reminder each month of what you wish to do to help keep the light shining thru Chimes. You may even have ideas on this subject that may be shared with others of the Chimes family. Here's where we do it. Here's your own special opportunity to help keep the family together. Do it the best way you know how!

Here is my donation for helping the Chimes Family stay together, to widen the linking of lights so sorely needed in these trying times:

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