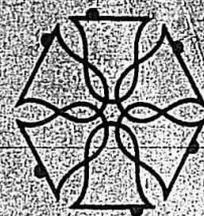


*new horizons in living from...*



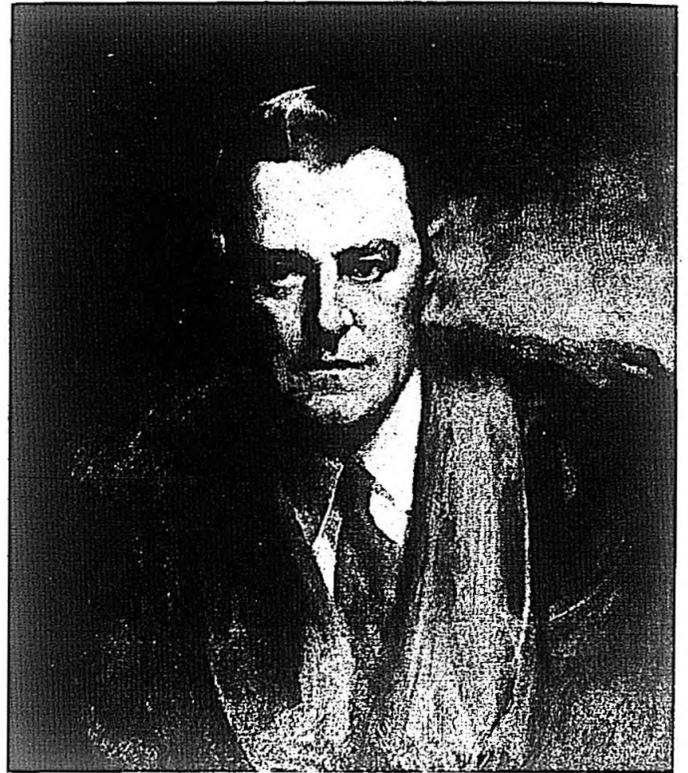
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**CHIMES**



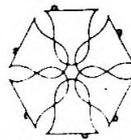
Throughout history, there has been a loose-woven but ever-present pattern of Ultimate Justice; both with humans and nations. Always it has been so, soon or late. It has been called by many names: "The Ultimate Balance," "Eventual Average," and the like. Perhaps it is one or both. But assuredly it is GOD.



God always finishes his sentences, soon or late; even though the subject and the predicate may be a thousand years apart. His plots are always complete, soon or late; even though the cause and the climax be a millennium away from each other. To Him "a thousand years are as a day."

## WHO SAID IT?

*(for the answer, see page 49)*



# CHIMES

VOL. 30 — NO. 4  
APRIL, 1971

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*30th year of continuous publication — Edited with the inspiration of Spirit*

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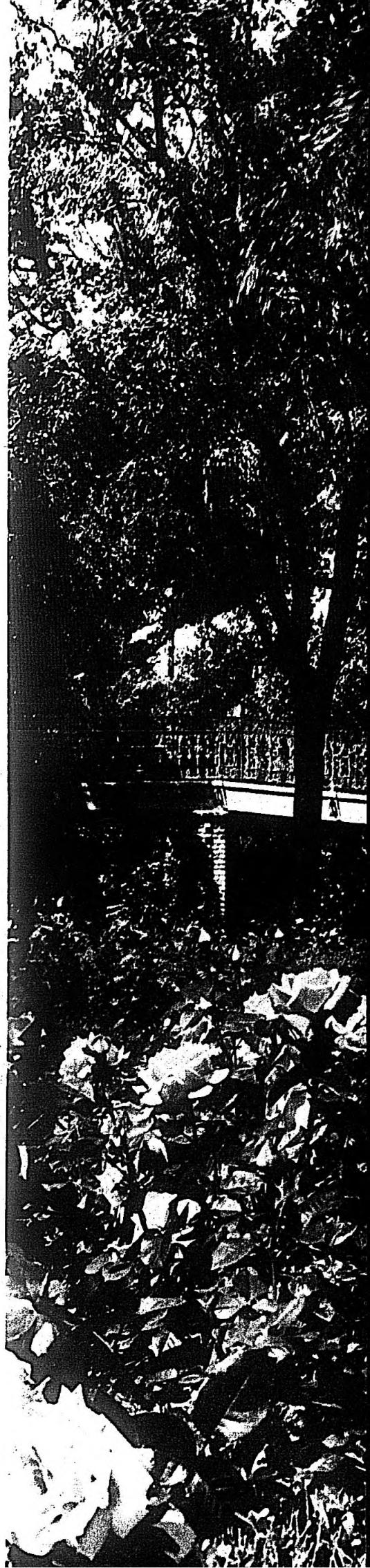
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**FROM THE COVER** — *The Rose Garden of world-famous Bellingrath Gardens, Mobile, Alabama. Photo courtesy of the Alabama Bureau of Publicity and Information.*



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## LETTERS TO THE EDITORS

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**BELIEVER IN UFO's** – It makes me happy to see the growing interest in spiritual dimensions by so many people, especially the young... Sarna Bernard, since returning from Mark-Age, is conducting a study group. The young people interested just amaze and delight me. So I'm doubly happy you too are "Linking Lights."

I have been a staunch believer in UFO's. Now more people are at least willing to concede the possibility of such craft, also the Air Force Academy is allowing the possibility to be clearly understood by the Cadets... This much breakthrough is good. But can you imagine some of the red faces when this whole beautiful thing is accepted and recognized in its magnificent scope. Bless you fine people. In Christ Light and Love.

Mrs. S. E. Nyland, Honolulu HI

*(It is most certainly the young who are taking the lead in things spiritual – we might say the old young, if the real truth were known. And the UFO phenomenon is one of many things which are very interesting to contemplate. It will be fascinating to see what revelations the years immediately following will bring – truly we live in exciting times.)*

**KILNASCRENES** – I have been interested in Kilner's experiments on the Human Aura and like Mr. Sanders (ref. his letter Chimes, July-August 1970) could not obtain the required filters. As these were not available commercially, I developed filters conforming to the published specifications and recommendations of Kilner, Bagnall, Boddington and other workers concerning such filters.

The filters are all glass (not coated or gelatinized) and fit the standard 50 mm safety or welding goggle frames, and two elements used compounded and singly serve for development and observation of the inner and outer aura. The compounded filter elements have measurable spectral transmittance between the wavebands 340 mu and 440 mu and 650 mu and 850 mu relative to a 100% transmittance at 395 mu and an attenuated maximum at 725 mu, and may be used under conditions of incandescent or natural lighting. The choice of conditions is a matter of personal preference and depends on the facilities available.

The filters have been used personally and by other experimenters and have been found effective. While it is not my intention to supply filters on a commercial basis, I could offer Mr. Sanders and other experimenters seriously interested in the subject a limited number of sets.

Mr. Sanders might possibly by this time have obtained the filters required, however the "Kilnascrenes" referred to in his letter were developed, manufactured and registered as such in

England during the late twenties and have long since been unobtainable. They were provisionally patented by Boddington, who was the first to experiment with all-glass filters.

I would very much like very much to hear from Mr. Sanders and other experimenters interested in the subject, and would be very much indebted to you for any assistance you might be able to offer in this.

V. C. Astridge, Ascension House, 3 Boran Road,  
Bandra, Bombay, 50 AS, India

*(Chimes gladly passes along the information which Mr. Astridge has so kindly furnished. Now our readers who are interested can take it from there, and please keep us informed of any exciting developments. This is certainly one of the more fascinating aspects of the superphysical.)*

**THE UNFINISHED PRAYER** – The following material was given to me and I have copied it word for word. I believe it is not complete and I don't know who to consult, so I'm writing to Chimes:

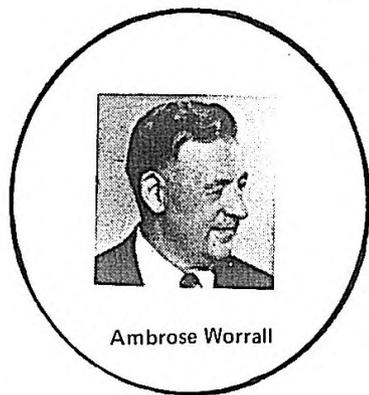
This Prayer was found in the 50th year of our Lord Jesus Christ. In the year of 1505 it was sent by a preacher to Emperor Charles for his safety as he was going to battle. Whosoever will repeat it or keep it on his body shall never die a sudden death, or be drowned, nor shall poison take any effect on them, nor shall they fall into the hands of their enemies, nor be burned by fire nor in labor. He shall be safely covered and made glad... When each child is born, lay him on his right side, and he will never be troubled with misfortune. If you see a man in fits, lay this Prayer on his right side, and he will stand up and thank you; and he that shall carry this Prayer from house to house shall be blessed from me, saith the Lord Jesus Christ. And they that laugh shall suffer.

There seems to be something missing. I hope you can help me find the complete prayer or give information about this. Thank you for your assistance.

Martin E. Breithaupt, Baldwin Park, CA

*(If any of our readers can complete this prayer or furnish any information regarding it which might be helpful to Mr. Breithaupt, Chimes will appreciate hearing from you. We would like very much to be able to print the complete Prayer.)*

*By the way, Chimes would consider it of immense help if readers would enclose self-addressed stamped envelopes when requesting information or expecting replies.*



Ambrose Worrall

SPOTLIGHT  
ON  
HEALING



Olga Worrall

SPIRITUAL HEALING operates in many ways. In its broadest interpretation, one must recognize that spiritual healing is at work in every case of recovery from disease. It would be difficult to prove that spiritual healing is not being applied at the same time as medical treatment, and who will say that the hands of the Lord or the saints do not work through and with doctors and nurses and contribute to the recovery of the patient?

In the usual interpretation spiritual healing connotes the restoring of a person to health *without* the assistance of medical or other treatment. However, we must face the fact that in practically every case of illness, medical or other treatment already has been administered before spiritual healing per se is tried.

Spiritual healing forces appear to be subject to spiritual, physical and psychical laws. There seems to be an intelligence of high order behind all healing manifestations, and the prevailing belief is that healing power has its origin and source of supply in the Supreme spiritual power that governs and controls all things, material and immaterial.

The importance of psychical conditions and their effect on success or failure of spiritual healing ministrations cannot be over-emphasized. With all other things being equal, two identical cases could be treated; in the one case success is assured by the proper psychical environment; in the other case unfavorable psychical conditions make success impossible. Any attempt to show that spiritual healing can be accomplished in the presence of a critical audience, or a group of unbelievers, is almost certain to fail. This is the nature of spiritual healing.

It is commonly known that we are surrounded by force fields. Gravitation is one with which we are all familiar, and there are others, such as magnetic and electrical fields, in daily use to

make our modern way of life possible. A field of energy, akin to life itself, we know exists around and about us. We draw our daily supply of energy from this inexhaustible storehouse. When we insulate ourselves by wrong thinking or wrong living from this source of supply, we become sick. If we expend more energy than we take in, we become tired and listless. We are batteries that need recharging. Rest and sleep normally are the methods used to recharge the human battery. In sickness something has interfered with the recharging, and more than rest and sleep is sometimes required to restore health.

Medical therapy may remove the interference completely or in part, and the human battery will be able to take a more or less full charge again. If medical therapy is not successful, then spiritual healing can be given as a supplemental treatment. There is an inexhaustible supply of energy around us. Our only problem is in tapping the source of supply.

A patient is one who is unable properly to tap the source of supply. A spiritual healer is a person who is spiritually, psychically, and biologically adaptable as a conductor between the source of supply and the patient. Under the proper conditions, healing energy will flow from the source through the healer into the patient.

The healing energy can be compared with electric current. It can flow only through a suitable conductor. The conductor must be connected to the source of supply, and to the load, which in this case is the patient. The spiritual healer must be more than a simple conductor; he must act as a matching transformer, because the healing current appears to have, among other things, frequency and wave length.

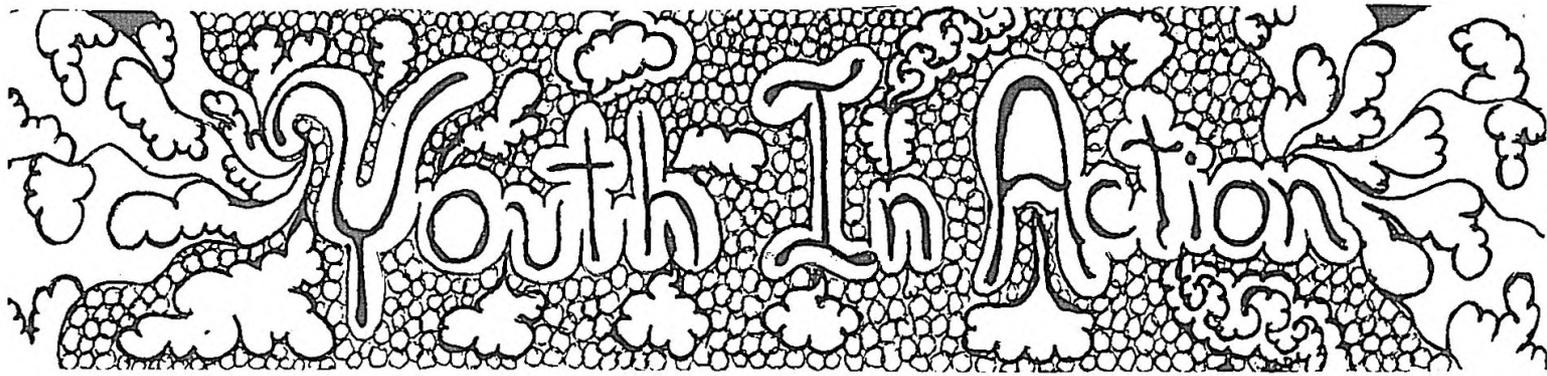
The spiritual healer can be compared with a radio transmitter. The patient can be likened to a radio receiver. The healing energy flows

from the transmitter to the receiver. The transmitter and receiver must be in harmonic frequency for reception to take place.

The spiritual healer has an affinity with the source of healing energy, so that the energy by which the healing is to be accomplished flows in the form of a current through what we could call the healer's equivalent of a primary circuit. A change in frequency seems to occur in the healer's body, perhaps by induction in a neural secondary circuit, then the current flows through this circuit from the healer to the patient. There is, in effect, an inner transformer that adjusts the current to the frequency that can be received by the patient. This spiritual attunement is vitally important in spiritual healing. Particularly important to all healing is relaxation of mind and effort. One cannot force the healing power to work, just as one cannot "will" an electrical current through a wire. One cannot *demand* results, nor be impatient and throw up one's hands in defeat if the first experience achieves no apparent results. The greatest need is for relaxation which may be achieved with one person by using soft music, and with the next by discussing his favorite subject such as art, baseball or electronics. The patient must be given time to conquer his own fears and to rid himself of any guilt complexes he may be entertaining.

There is no set pattern which governs success and failure in spiritual healing. There are so many variables involved that no one has gathered together sufficient statistical data to predict the chance of curing any particular disease by spiritual healing. But it works — and that's what counts!

Be sure to catch the details of the ESP Research Associates Foundation Third Annual Healing Workshop featuring the Worralls and other prominent healers described on page 44. You might also wish to become acquainted with *The Gift of Healing* by the Worralls — a Chimes selection.



Prepared for Chimes by Youth Division of Mark-Age

*To see or not to see, that is the question.*

Q. Are we taught at night during sleep?

A. Everyone is being taught constantly. This is occurring while asleep, in meditation and even in their waking state, for the high self and subconscious self are busy and active while your conscious self thinks it is in full control of your being. — John Mark

\* \* \*

Q. Why is it that some can control the need for sex while others cannot?

A. There are many incarnated on Earth now that come from a high etheric vibration or planet that find the practices used to express the sexual or regenerative way very alien, and therefore cannot function easily in these Earth patterns. As we go into the fourth dimension, the Aquarian Age, new and higher methods will be taught and the sex expression as practiced here gradually will atrophy and will phase off the planet entirely. Each individual should go within and find out what is true spiritual expression.

*Your spiritual questions are answered by the Youth Division of Mark-Age in care of Chimes.*

#### YOUTHFUL SCIENTISTS SUCCEED . . .

Three young astronomers in their twenties, Chris Wilson, Jerry Nelson and Richard Hills of Santa Barbara, California, have made a major scientific discovery concerning a pulsing or flashing star in the crab nebula. It concerns the detection of unexplained events of rhythmic changes. The discovery may unlock many scientific secrets of the universe. Through small, new ideas, crystallized theories do disintegrate.

Q. Is it true that my name carries a special vibration?

A. Every name, every word spoken is a vibration in itself. That is why you should be careful of what you say, of what names you use, and should speak nothing in vain, for it carries a vibration and a power that is not FULLY KNOWN as yet. All are learning. The vibration of your given name enhances the workings of the high Self.

\* \* \*

#### SONG — POEM

*Channeled by Astrid:*

In his garden, in his garden  
All are flowers of love.  
In his garden, in his garden  
All are blooms of joy.  
Jesus loves his children.

Jesus loves a child.  
Come into his loving garden,  
Be a flower child.  
Come into his garden,  
Be a flower child.

\* \* \*

#### TIGEREYE

The beautiful golden tigereye comes mostly from Africa and has a clairvoyancy or visual quality of movement within it. Often it is found as a "catseye" or streak effect within it. It is quite fibrous and is used for carvings of great beauty.

It is a relatively inexpensive stone and has beneficial vibrations in relation to the sinuses and lung areas.

— Jo-el of Mark-Age

# rediscovery of ancient secrets

The Crux Ansata, or Ankh as it is more commonly known, is a symbol representing eternal life. In our known recorded history this symbol dates back to ancient Egypt, where it is found as a hieroglyphic character and is seen in drawings on the walls of tombs, being carried by those of royalty or by the high priest.

The true origin of this symbol in this solar system is the planet Saturn. It is here that the ruling body of our solar system resides. The symbol is used by the heads of the Saturnian Council for utilizing the power of Creative Energy.

During the days of Atlantis, when we enjoyed some degree of interplanetary communication, the Ankh symbol was given to the Earth. It can be found in all the ancient civilizations, and was passed on to Egypt with the remnants of the Atlantean race.



Did you know that the Peace symbol's origin is the footprint of the dove?

## UFO REALITY!

USUALLY there is much ado about New Year's resolutions within each one of us as a new Earth year begins. We all wonder what it will bring, and what it will do for all of us spiritually.

The writings about UFOs will increase from the month of February through the month of June. In your own neighborhood and city, those of the Light especially will notice more and more objects in the sky. There will be, in fact, many signs in the skies as to the world announcement of those in planets around us. In this coming age it cannot go on for long hiding the truth from the people who need it, who desire it, who have the right to know the truth. For there has been much covering up, much deception, not only to the American people, but to all the peoples on Earth, that there have been UFO sightings. People have been denied the truth because their leaders feared the consequences, and for this reason have hidden the facts from the people, being fearful of what they might do in an action of panic . . . *but there will be no panic!*

Oh dear ones, please explain to all — all you know in your work and in your daily lives, your friends, your relatives — that these things WILL COME TO PASS.

All of your acquaintances at one time or another will talk of this, therefore you must do your best to explain things to them on their own level.

Anne Ingersoll, Vista, CA., 21-year old developing sensitive

## HOW TO BE A SECRET AGENT

Work silently with a loved one in need of higher understanding. While he sleeps, picture the individual before you with a white aura or light about him. Then make a decree as follows.

Rise up into your Christ Self and receive your instruction as you sleep. When you awaken, you will enact Spirit's wishes. So be it.

## COFFEE HOUSE SPEAKS . . .

"The Salt Company", in Hollywood, California, where a man named Paul Bowen spends a good part of his time helping out, is a good place for young people to come and talk of anything, listen to music, or play games. They have a prayer and meditation room where Christ principles can be discussed in the terms of the youth. Paul contends that the idea bridges a gap between stiff, non-youth oriented churches and the needs of the youth today. He is very pleased that more and more of his visitors are accepting Christ principles and are gaining spiritual understanding.

## Q. *What is channeling?*

A. Channeling is a communication system between planes and spheres. As all of us are channels of Spirit, it follows that there are many types, degrees and levels of channeling.

In interplane communication work, conscious mental telepathic contact is the highest form being used upon Earth. This means the receiver, taking dictation much like a secretary, speaks words received mentally from the Christ level of intunement. There are no spoken words heard by the channel. It is only the thought impression of words or concepts that are fed into the receiver.

It takes many incarnations to be trained for this work, for one must learn to tune out the mortal or lesser self and let the higher Self take over. This eliminates all interference from lesser evolved beings and one's own subconscious mind.

Channels are needed on Earth to bring forth the spiritual truths, for the masters on higher realms will not change Earth conditions for us. The physical changes must be brought about by those of us on the physical plane. This is made easier by following higher plane guidance.

A VEGETARIAN DIET can benefit one in many ways. In addition to the primary benefits to health, there are a number of "fringe benefits". One of the things that will probably be most obvious is a cleaner feeling in the mouth, which results from not having decaying meat particles to contend with. All of us have probably encountered people who would nearly bowl us over with their breath, and this is usually caused from meat particles between the teeth. Most of them seem to be unaware that they have such a problem, and it is possible that you may have the same problem without realizing it.

When one eats meats, there is always the concern for the freshness and wholesomeness of the product, and we have probably all heard tales of what some of the meat processors and packers do in their preparation of meat products. It has been reported that many of the markets use embalming fluid or something similar to keep their ground meat fresh-looking. Whether such reports as these are true or not, it certainly cannot be denied that much of the meat that is sold to the public is not as fresh nor as wholesome as one would like.

Another matter of growing concern to the meat-eating public is the constantly rising price of meat products (along with everything else). Frequently a very expensive cut of meat will contain a large percentage of waste, so that if the actual per pound cost of the usable portion were considered, it would be almost unbelievable. These are things which might well be remembered when one considers the cost of nuts, fruits and other staple foods of the vegetarian diet, which are certainly not inexpensive, but at least they normally have much less waste.

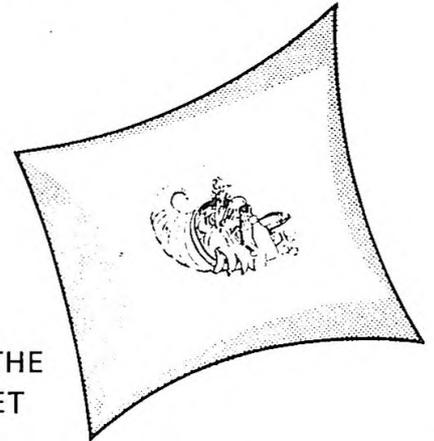
Regarding the general benefits of a vegetarian diet as contrasted to a meat-eating diet, Max Heindel says the following in **The Rosicrucian Cosmo-Conception**:

*There is life in every particle of food that we take into our bodies, and before we can build that life into our bodies by the process of assimilation, we must overcome and make it subject to ourselves... The more individualized is the particle to be assimilated, the more energy will it require to digest it and the shorter time will it remain before seeking to reassert itself.*

*Human beings are not organized in such a manner that they can live upon solid minerals... If it were possible for man to use minerals as food, they would be ideal for that purpose because of their stability and the little energy required to overcome and subject them to the life of the body.*

*The plant kingdom is next above the mineral. It has an organization capable of assimilating the mineral compounds of the Earth. Man and animal can assimilate the plants and thus obtain the chemical compounds necessary to sustain their bodies and as the consciousness of the plant kingdom is that of dreamless sleep, it offers no resistance. It requires but little energy to assimilate the particles thus derived and having small individuality of their own, the life ensouling the particles does not seek to escape from our body as soon as food derived from more highly developed forms, therefore the strength derived from a diet of fruit and vegetables is more enduring than that derived from a meat diet, and the food supply does not require as frequent replenishing, besides giving more strength in proportion, because less energy is required for assimilation.*

# EATING FOR HEALTH



## WITH SPECIAL ATTENTION TO THE VEGETARIAN DIET

Getting your Protein. The prime worry of everyone going on a vegetarian diet seems to be the question of replacing the protein they normally get from meats. This need not cause any undue concern, since there are ample alternate sources of protein which are readily available, inexpensive, and palatable. The Rosicrucian Fellowship's **Vegetarian Cookbook** discusses the matter of proteins as follows, in part:

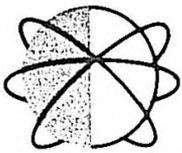
*To these we owe continuing life, giving them first place in our food consideration; they make flesh and blood, restore energy and repair waste; are made up largely of nitrogen, oxygen, carbon, hydrogen and sulphur. They are found combined with carbohydrates and fats, the element nitrogen distinguishing them and making possible the building of tissues. The chief function of supplying body building material has gained for them the term "building blocks or stones", although we frequently think of them as amino acids of which there are some 23 in the protein family. Not all of them need be furnished by food for, during digestion, the stomach juices and the intestinal tract break down the complex proteins into amino acids. There are eight essential amino acids and a complete protein must contain all of them as do brewers yeast, cheese, dried beans, eggs, whole milk, powdered skim milk, peanut flour, peanuts, soybean flour, soybean sprouts, wheat germ, whole wheat flour.*

*Some incomplete proteins are buckwheat flour, bran flakes (40%), yellow corn meal, dried lima beans, nuts, natural brown rice, whole grains, yogurt.*

*We should not underestimate the importance of incomplete proteins, for with the addition of milk to whole grains we have a complete protein, and there are other combinations of a similar nature. It is through food combinations that we add to the number of complete proteins.*

The above-mentioned book is probably the most complete treasury of valuable information on nutrition that we have encountered. Both books may be ordered on page 27.

Why not let us hear from you if you have questions, favorite recipes or menu suggestions, or anything of general interest on the subject of nutrition. Next month we will discuss the all-important and controversial breakfast menu.



## PSYCHIC EXPERIENCES

### ACCEPTING WHAT IS GIVEN

By Evelyn McKeever  
San Francisco, California

---

I HAD JUST RETURNED to California after being away three years and from what I could gather by comments people made the State was in for another dry rainy season. There had been little or no rain for three years. Another year would mean a disaster for the growers. Much was being said those days about the dryness of the countryside and the possibility of another dry season. Consequently, when I dreamed of a rainy day, here in San Francisco, it stood out more because of the drought.

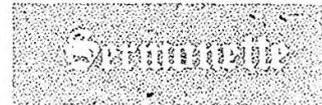
I dreamed that I was on a certain San Francisco bus going to a part of town where I had no business. In the past I had worked over that way in a hospital, but at the present time, and this was after a three year absence from the city, I had absolutely no reason to be in that part of town. But the dream had me on the bus approaching the area near the hospital I just mentioned. I was a passenger, along with a few other people. I knew in the dream that it was a Saturday. I knew that a five-car collision had just happened near the bus, but I did not see it in my dream. The bus driver turned toward us and said, "I'm awfully sorry, but I'll have to crash". We were all upset at this news and the last thing I saw in the dream was the wall we had to hit to avoid the crash. When I awakened from the dream, as I sat up in bed, I knew that five cars had been involved, all burned, and the passengers, which included several children, perished in the crash. Getting my bearings I decided that nothing, but nothing, would lure me into that part of town, especially on a rainy Saturday! That resolution was immediately followed by a feeling of "no this isn't going to work, the accident will happen". I decided to follow a definite course of action: I would pray without ceasing for everyone involved in the accident, barring none. For six weeks I prayed many times during the day, for everyone.

One day I went into a Catholic church on my lunch hour and really sent up a big prayer. My final words were, "It is up to you now". Something was telling me that the accident was drawing near.

The next day, completely oblivious of the entire matter, I trudged off to work in pouring rain. At last the dry spell had been broken. It rained in torrents for two days and nights. The dream and all recollection of the prayers were washed clean from my mind.

Saturday came, still no recollection of the dream, and I boarded that very bus that would take me to that very part of town in the dream. Why? A friend of mine had been taken to the hospital there the night before and was listed as critical. I was going to visit during the afternoon visitation period. After my visit I proceeded to make the return trip when it all came

(concluded on page 50)



### THE BOOK OF LIFE

Dr. Joseph Murphy  
Beverly Hills, California

. . . . A book written within and on the  
backside, sealed with seven seals.

(Revelation 5:1)

WE HAVE two sides to our life: objective and subjective, visible and invisible, thought and its manifestation.

There are *seven seals*. The first is sight; this means to see the Truth about any situation, such as perfect health where sickness is. The second is hearing; you hear the glad tidings by giving your attention to your vision of health. The third is smell; you smell the Truth by coming to a definite decision that the God who made the body can heal it, and you reject all other food, such as false concepts and race belief. The fourth seal is taste; you taste the Truth by appropriating the idea in your mind through meditation and frequent occupancy of the mind regarding the perfect outcome you want. The fifth seal is touch; you touch the reality of your prayer by feeling the joy of answered prayer.

The remaining two seals, namely, your conscious and subconscious mind, mean that when you succeed in disciplining the five senses, the male and female principle of your own mind begins to interact harmoniously — a Divine marriage takes place between your desire and your emotion, and a child comes forth from the union, which is the answer to your problem.

In his book, *The Power of Your Subconscious Mind*, Dr. Murphy gives you many new ideas and techniques that bring forth from the subconscious mind miracles of good health and renewed vigor, that let you sleep while it works to bring you new happiness and wisdom.

# The Resurrection Story

a story of how Spirit guided the fulfillment of a mission

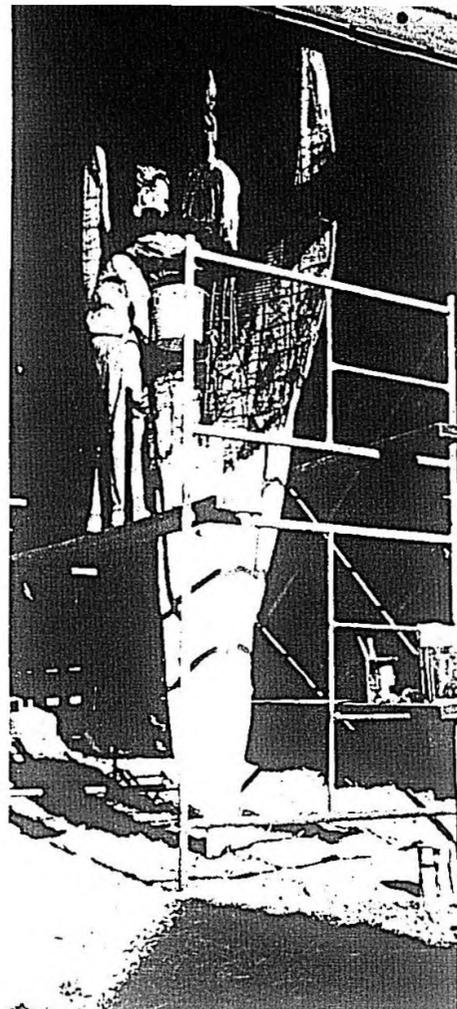
THE STORY behind the scenes – the story behind the story – very often is just as interesting or dramatic as the original. There being such deep inner meaning in the story of the life of Jesus the Christ – while he was on Earth, from the time of His birth until this very moment, it was destined that countless souls would write their own behind the scenes story.



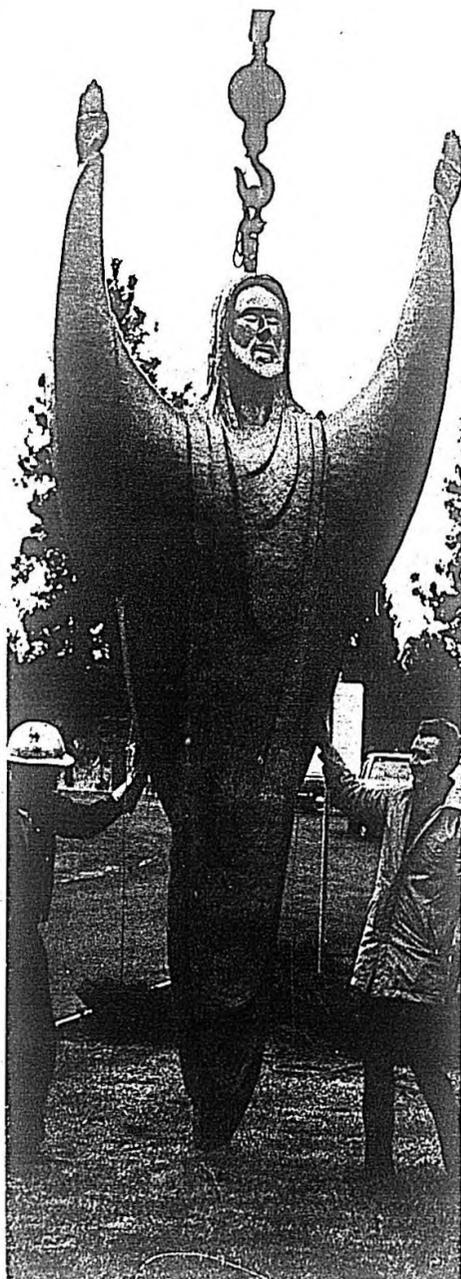
Zaner Miller is one of those souls. Graduate of Washington State University, sculptor, painter, photographer, designer, interior decorator, skilled furniture craftsman, and renown lecturer, he is sensitive to inspiration – to the inner planes of life—as all artists are. He is among the few, however, who *know* that he is. He is also one of the still smaller group who acknowledges as the true source of his talent the influence of the Spirit side of life and actively cultivates the guidance of his master teachers.

In his forties now, all his life Zaner Miller has pointed his creative activities in the direction of uplifting others, of expressing in various art forms the universal message of love, beauty, harmony . . . the eternal spiritual values that sustain and elevate the race of man. All of this lifetime Zaner Miller has been aware of a sense of mission – that this, one of many incarnations here and on other planes – is to serve a high purpose in the evolution of the soul of man. He has a deep sense of conviction that life is directed.

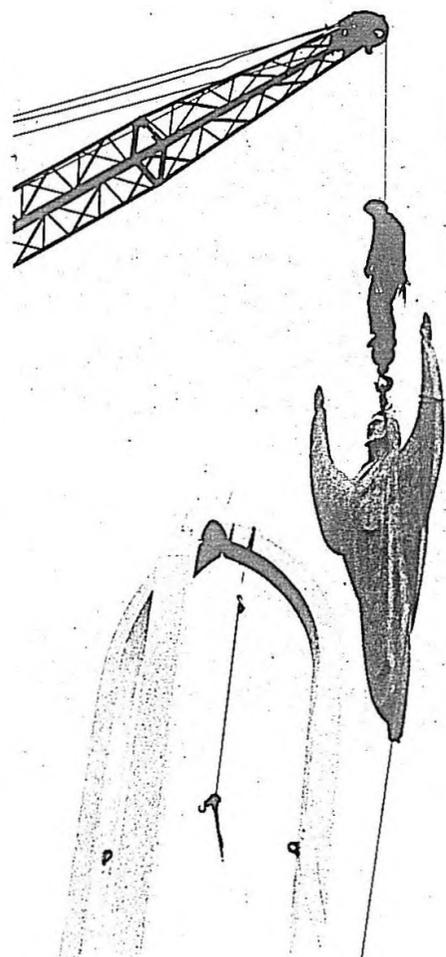
When he was first approached about doing the sculpture of Christ ascending for a Catholic cemetery in Spokane, Washington, even though the project had been abandoned for some eight months, his intuitive faculties told him it was foreordained he was the one to do the



*Molding the figure to its frame*



*Preparing the sculpture for hanging*



*Ascending with the Christ*

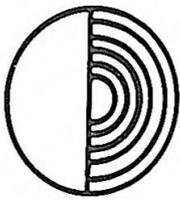
*(concluded on page 46)*

*"THE ASCENSION"*

*Fourteen foot sculpture  
suspended in eighty-five  
foot Tower of Resurrection.*

*Sculptured in epoxy.  
Holy Cross Cemetery,  
Spokane, Washington*





excerpts from world news centers

## PSYCHIC DIGEST

---

### NEW LIGHT UPON CHRISTIANITY

MAN HAS ALWAYS FOUND some form of religion to satisfy his spiritual need. As the scope of this need has widened, religion must broaden to keep step. Hard as it may be for some to believe, many present day theologians agree with metaphysicians that Christianity as it is practiced by most sects must either change or perish. Too many faiths are still heavy with dogma and creeds that tend to separate rather than unite man in the true brotherhood Jesus taught. If the coming era ushers in a Christianity that works from within, outward, it could influence all men's thoughts and actions.

— From Ona Lacy Hunter in *Orion Magazine*

### GOODNESS BEAUTY AND TRUTH

LEARNING must be for all of us a lifetime occupation. We must learn to activate more of our mental and spiritual capacities. It must be the acquisition not merely of knowledge and know-how, but also of wisdom and vision; so that goodness, beauty, and truth may be our constant, our inseparable companions in the journey through life.

— From Joseph Krinsky, M.D. in *Science of Mind* magazine

### CRIME AGAINST THE UNBORN

DESTROYING A FETUS is a crime and anyone responsible will have to spend some time in 'purgatory'. If the prospective mother is to blame she may be depriving herself of a friend who chose her for the mother. Also, she may be deprived of children in future lives when she longs for them. ONE WHO DESTROYS A LIVING FETUS WILL MEET THE SAME FATE IN A FUTURE LIFE AND SUFFER FROM ITS OWN PREMATURE DEATH. Parents who do not want children are neglecting their own advancement.

A great many people pay off some of their karmic debts by giving several Egos bodies with which to gain experience here on earth. In that way they can pay off some of their karma and win new friends who will help them at some future time.

— From Amber Tuttle in *The Voice of Universarius* magazine

### INTUITIVE PERCEPTIONS

IT IS IN THE TRANSITION from fact to theory that intuitive ideas come into play. The evidence supplied by the senses and by research is an inert mass until human intelligence, stimulated by the opening of some inner door, fits the pieces together into a functioning system. Where before was confusion and darkness, there comes order and light. The more comprehensive the intuitive insight, the more likely will the resulting theories be able to survive the onslaught of new discoveries.

— From John P. Van Mater in *Sunrise* magazine

### THE MYSTERIOUS; MAN

MAN IS A FORCE and energy field, both known and unknown, and whenever this "unknown" is discovered, it will be a momentous breakthrough in the history of mankind. Scientists believe that this unknown state of energy may be the force behind psychic phenomena, telepathy and allied phenomena.

— From Kay Sterner in *Parapsychology Periodical* quarterly

### THE CHOSEN ONES

IT HAS not been Yahveh's will for the world and everybody to be converted in this age. If it had been his will, then the world would have been converted. He is dealing only with "the little flock" of "the called out ones" and "The Anointed Ones" in this age.

*How wonderful it is if YOU are a foreordained, predestinated, elected and called out one to receive Him and understand the truth*, for in the next age, the world to come, you will be a king, priest, and judge in His Executive Body which will then convert the whole world and establish The Kingdom Of Heaven on earth.

— From William L. Blessing in *The Blessing Letter*

## LESSONS FOR STUDENTS

### HOW PSYCHIC ENERGY CAN BRING YOU PREMONITIONS

---

THE SUBJECT OF DREAMS is vast and so very complicated that many volumes would be required to even begin to do justice to it. By far the greater percentage of all dreams are meaningless, hopeless jumbles of recollected fragments, imagined story sequences and emotional urges. But there are hundreds of dreams that either wholly or in part are psychically inspired. These are usually more vivid and more reasonable, more purposeful you might say. If you make a practice of writing down your dreams each morning on waking, you will soon be able to separate the meaningful from the inconsequential. Don't wait until after breakfast. By then the memory will have thinned out or disappeared entirely. Write them as soon as you awake and keep them for reading at a later date. They are frequently much more understandable after a month or two.

Many people have warnings in dreams and many see things in dreams that actually happen in the future just as they saw them. These precognitive experiences are usually called premonitions or advance warnings.

A premonition is usually a warning of impending danger. Everyone has had a premonition at one time or another, and some people have them fairly frequently. Premonitions are not all alike. They show themselves in various ways and they may come about as the result of any one of many widely differing causes.

In one case, the continuing concern for her children's safety is demonstrated by a mother who has passed on. Aware of the imminent collapse of a sand bank in which her children were playing, she mentally employed the psychic energy of her daughter to warn her — to call out her name. The warning reached the little girl's consciousness like urgently spoken words. Yet they were not audible, for the brother nearby heard nothing. This form of premonition is not unusual. A person, alive or dead, aware of impending danger, uses the psychic energy of the one threatened and impresses him (or her) in the most effective way possible to take the necessary action to avoid it. This is one kind of premonition.

Another type is when one is saved by one's own precognition. For example, a man's psychic awareness saw the possibility of danger two days in advance and sought to warn his conscious mind. The connection was not too good and he brought back only part of

the warning which he did not understand. It was therefore necessary that it be repeated immediately before the accident, thus enabling him to change his course of action and avoid being involved in it. The psychic mind, the superconscious mind, or the cosmic mind (it has many names) used a most ingenious device to bring a warning to this man's attention. For a fraction of a second as he started to enter an elevator, he had the illusion of looking at a human skull instead of the operator's face and this startled him just enough to cause him to step away from the doomed elevator.

There are literally hundreds of recorded cases of each type of premonition, and who knows how many more that have never been mentioned. It is unfortunate that people are so self-conscious and timid about relating experiences which are out of the ordinary. Of course they fear incredulity and possibly ridicule. Yet today, if they but realized it, they are very apt to find a sympathetic and understanding audience, for thousands have had psychic experiences of their own and others have read or heard the statements of credible witnesses.

Quite often a premonition will take the form of a sudden "like" or "dislike", a feeling that you want to do a thing on the one hand or violently oppose it on the other. Many individuals possess psychic energy and have precognitive ability but no understanding of it. It seems likely that for every warning of this kind that is heeded, there are hundreds that are shrugged off. From this you can realize how important it is for you to develop your psychic faculties and acquire the psychic energy needed for them to function at top efficiency.

Joseph J. Weed covers this subject in much more detail in his book "*Psychic Energy*", a very popular Chimes book.



Surely, if ever a day should dawn when man's basic material needs are taken care of, then yet another day may dawn, a day when larger and larger numbers of people will be freer to pursue and will have stronger desires to pursue, other than material values — those of the spirit. Has it not been proven down through the ages that man does not live by bread alone?

— By Anna Nylund from *Awakened India*, Indian monthly

## HOW DO YOU PRAY?

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# Getting to Know God

### GOD CENTERED

I draw my thoughts to a center, and at that center is God.

I dwell upon the name. My attention remains upon it. I am God centered.

I sense that all good wells forth from this center. It emanates through me. It is God expressing.

I turn aside from the world of appearance, and I contemplate for a time in silence this world of spiritual truth.

I find my identity in the inner man, the Christ, the Son of the Living God. From Him will come my guidance through the day.

### THE SERENITY PRAYER

*God grant me the serenity  
To accept things I cannot change;  
The courage to change the things I can,  
And the wisdom to know the difference.*

IMMENSE TRUTHS are presented in the above lines. An entire philosophy of life can be derived from its hidden meanings. Let us examine each of these sentences:

First, we must have some idea as to the nature of God and how he created a Universe and peopled it with beings "made in His image."

Imagine, if you will, that you, as a physical being, were the Universe and nothing existed but you. Your brain and Mind would constitute God, since all the powers to animate your physical body are concentrated in this area. You were, at conception, nothing more than an undimensional spark of energy invisible to the senses. This point of energy begins building a form in the mother's womb. Within nine months it is born into a world of time and space, a fully integrated being capable of existing in the vibrations of the Earthly.

Carrying this analogy farther, and recognizing the mind enclosed in the earthly brain as God, we will go on with body cells.

Let us assume that each of your millions of cells are compared to individual human beings and are connected to the brain by a nerve system which carries impulses from this central mind to the cells. These are termed motor nerves. From each cell another set of nerves carries impulses to the brain. These are termed sensory nerves. Without this nerve connection we could have no sensation of the body. This constitutes a two-way communication system. Even free will exists in these cells. They may harmonize with the impulses from the brain mind and enjoy perfect health. This communication system between cells and mind can become a perfect interchange of perfected vibrations.

However these cells, possessing a semblance of free will, may also revolt, ignoring the vibrations sent to them and producing cancerous growths and general diseases of the body. Such discordant vibrations are constantly sent to the mind. This mind tries to return healing vibrations, but it is handicapped simply because such cells set up a chaotic Kingdom of their own and refuse the invasion of its central source of existence.

Why cannot this Mind control its body under such conditions? Mind, itself, is a perfect expression of God and His Cosmic Law. The offspring of Mind is thought. We think by virtue of access to this Mind. Free will is fully expressed here. We can direct our thoughts toward good or evil. The harvest of such thoughts determines our weal or woe. We benefit or suffer accordingly.

We see this expressed all about us in the World today. People set up a Kingdom of their own and separate it from the pure power of Mind that our Creator attempts to instill within every being in His Creation.

# There is an art to tuning in

---

When any individual attempts to stray from the will and purpose of this God and by his thoughts, produces discord, he immediately begins to destroy himself. Such imperfect thoughts are communicated to others. Groups and nations accept them and the results are wars, riots, arson and utter destruction.

By this analogy, we gain some knowledge of the unknowable nature of God that suffuses this world with good. Call this God, Universal Mind if you choose, for it is all knowledge and all power. Only by thinking can we harmonize with it. By this same free will virtue of thought, we may divorce ourselves from this great Source and create destruction on our Planet.

This God we speak of is impersonal — it must be in order to create and control a Universe. It is only through our personal Over-Self that God becomes a personal being to us. As the analogy indicates, the cells in our body represent human beings. We realize that their source of existence depends on our central mind. A single cell, like a human being, may absorb all this Power or totally reject it. Again, free will determines this.

Bear in mind that we, as a whole, are children of God. Some invisible force within us is a portion of God. This God becomes a personal Being to us when we form contact with that invisible center within us — the part made in the image and likeness.

It has often been stated that man's body and mind is a duplicate of the Universe in the miniature. Esoteric Astrology amplifies this. Throughout the ages man has been obsessed with the idea of a God in form, but this Being is pure Spirit. Spirit is not confined either by time or space. As pure Spirit one is not circumscribed by form but expands to all points in the Universe. Like the cells in the body, this Being is infused in all things. Therefore, God is contacted in Spirit — form is only an expression of Spirit. Thus the scriptures state that God must be worshipped in Spirit. This is merely a matter of knowing that this immense power is within and must be contacted mentally.

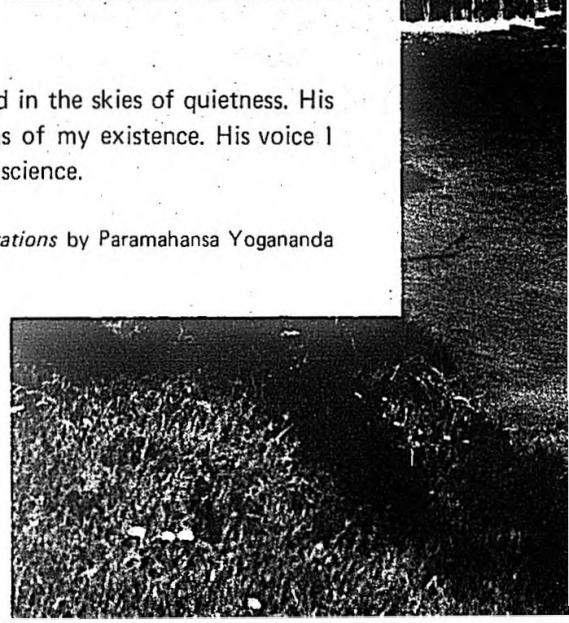
We now have a picture of how God operates through the psyche of all individuals.

The second line, *"To accept things I cannot change."* It is obvious that we encounter many events in life that we cannot change. Legislation may change laws that are often imperfect, but we must accept them or work with others to change such a law. One need only to observe history to recognize the deplorable fact that such unfair laws often bring forth a bloody war to settle differences of opinions, even though we realize that such human slaughter is against the smooth working of the Cosmic Law of God. AS INDIVIDUALS we cannot change such activities even though we realize they are definitely

God's vastness I glimpsed in the skies of quietness. His joy I tasted in the fountains of my existence. His voice I heard in my unsleeping conscience.

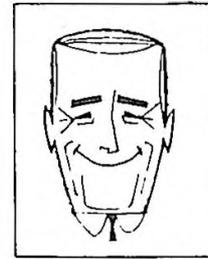
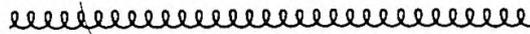
— From *Metaphysical Meditations* by Paramahansa Yogananda

(concluded on page 43)





## IT'S WHAT THEY SAY



James Dillet Freeman – Where is God? Search for Him through the crowded city streets. Seek Him in the peaceful countryside. Penetrate into the nucleus of the atom. Follow the curve of emptiness. Go to the end of time. He will be there. Wherever you are, God is. – From *“Be!”* \*

Diane Kennedy Pike (Re: Bishop James A. Pike) – It seems to me that communication with departed spirits through another person, a medium, serves two principal functions for persons on this side. For those who do not believe in life after death, it *can* offer (though it does not always) convincing evidence of the survival of a loved one. And for those who are not aware of having had extrasensory experiences of their own, it may open up a whole new realm of possibility and reality. In my own case, I had no doubt of Jim's survival of death and have had sufficient personal experiences to satisfy any need I may have had for reassurance of our ongoing relationship. But for others, as for Jim after his son's death, mediumistic communication can play an important role. –From *Ladies Home Journal*

Kahlil Gibran – Your spirit's life, my brother, is encompassed by loneliness, and were it not for that loneliness and solitude, you would not be *you*, nor would I be *I*. Were it not for this loneliness and solitude, I would come to believe on hearing your voice that it was my voice speaking; or seeing your face, that it was myself looking into a mirror. – From *The Voice of the Master* \*

Ambrose and Olga Worrall – There is no set pattern which governs success and failure in spiritual healing. There are so many variables involved that no one has gathered together sufficient statistical data to predict the chance of curing any particular disease by spiritual healing. . . . When a cure takes place, both healer and patient can rejoice and give thanks for something that happened that neither can explain. – From *The Gift of Healing* \*

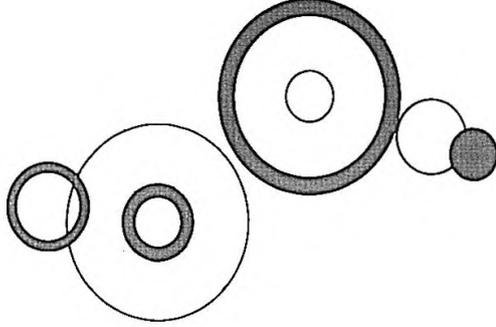
Paramahansa Yogananda – The greatest human memory is naught but a borrowing from the unlimited consciousness of God, in which are recorded all the adventures of all human beings and other life-forms. – From *Self-Realization* quarterly

Dr. Albert Einstein – The Cosmic religious experience is the strongest and noblest mainspring of scientific research. My religion consists of a humble admiration of the illimitable superior Spirit who reveals himself in the slight details we are able to perceive with our frail and feeble minds. That deeply emotional conviction of the presence of a superior power, which is revealed in the incomprehensible universe, forms my idea of God.

Charles Fillmore – We think we have ears, but they are attuned to materiality. They do not get the radiations from the supermind, the Christ Mind. Physiology working with psychology is demonstrating that hearing and seeing can be developed in every cell in the body, independent of ears and eyes. We hear and see with our minds working through our bodies. This being true, the capacity to hear may extend beyond the physical ear into the spiritual ethers, and we should be able to hear the voice of God. This extension of hearing is what Jesus taught. "If any man hath ears to hear, let him hear." – From *The Atom-Smashing Power of Mind* \*

Alice A. Bailey – The presentation of divine truth, as given by the churches in the West and by the teachers in the East, has not kept pace with the unfolding intellect of the human spirit. – From *The Reappearance of the Christ* \*

\* All the foregoing starred books may be ordered from the Chimes selection of books, page 27.



## QUESTIONS WE ALL ASK

. . . with messages for the searching mind in quest of Truth,  
satisfaction for the perplexed, comfort for the sorrowing heart.

---

**WHEN IS** the correct time to celebrate Easter?

It is not the actual date that is important, but the force built up by the Easter ritual over the centuries. It should not be changed without reason. Do not subtract from the potent force of love that has built up.

**MY BROTHER** cheated me out of a thousand dollars. Am I not justified in going to court and obtaining retribution?

Did you really need that thousand dollars? Let's look at it with clearer eyes. Your brother risked the law of karma and sacrificed his development to take something from you. Do you, too, want to suffer equally? So many people make gold an end in itself. It is not and never will be. It is only a tool. Do good with it. Give your brother the money freely. Take away the curse from him and let him go. What a little price to pay for a great reward.

**HOW CAN I** prove reincarnation to my own satisfaction?

Think about this. You were born on this earth a child, supposedly knowing nothing, twenty, thirty, forty or fifty years ago. Did you learn all you know in these years? Can you honestly believe you did? Isn't it much more likely you awakened, and that each experience awakened something within you which already was there? Have you not called upon resources you know you had no way of developing? Do you not use senses you could not have developed? Perhaps you are too materialistic to admit to any possibility of having lived before. Will you then say you learned all these things? Man can become an incredibly sensitive instrument, and a receptive one. Still the scope of human knowledge is great. The next time you read a profound book and, nodding inwardly, say: "Yes. This is true," ask yourself **HOW** you know. This is an appeal to your inner resources. There is no concrete outward proof of reincarnation which will stand up in court. If there were it would be accepted generally. Perhaps it is well there is not.

**IS IT POSSIBLE** for one to be sure when doing automatic writing that those who work through one are what they are supposed to be and not just malicious spirits?

Yes, this is possible within reason. Of course there is always some possibility of deception. Articulate well-balanced writing by one not very much in rapport with the writer is difficult, however. If a fraudulent person tried to seize power and write as he willed, you would know. There would be indications that all was not well you could not miss. It would not be a gentle "liking" relationship and you would sense this and be repelled. Sometimes it is difficult enough for those with whom you are familiar and have a good rapport to get through to you at times. Someone you didn't know or like you wouldn't permit to write at all, so there is no need for worry on this score.

**CAN SOMEONE** cast a spell on me?

This is, of course, *possible*, and would have been more so in bygone ages when minds were more receptive to superstitions and were less enlightened on all matters. Today there is a general lack of respect and fear of black witchcraft which makes it difficult to be effective. If you practice surrounding yourself with the Christ Light, and ask that only those influences working in the Light be permitted to touch you, you carry with you your protection at all times and need have no fear of malefic influences.

Many questions, such as these, you will find answered fully in Hereward Carrington's enlightening book — *Your Psychic Powers and How to Develop them* — a perennial Chimes favorite for such basic education found in few other books.

Here are . . .

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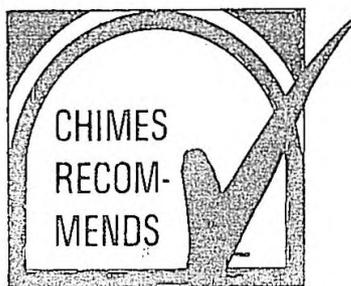
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ONE OF THE FUNCTIONS in which those who are of the Mark Age – the years ensuing for the balance of this century – is to do what has come to be known as the *Linking of Lights* . . . in other words, link the mortal self with the spiritual self. This means coordination and cooperation towards the fulfillment of the one mission and one goal of the Earth planet: In the fulfillment of this mission we are to find out that we are ONE, that everything we do and experience is interrelated – one with the other, and all as ONE. This also means, as the master teacher, Jesus of Nazareth, tells us in Volume III of the Mark-Age publication, *Linking of Lights*,\* . . . "No individual can be insecure, no individual can be alone in his God-given mission and job, because all are part of the One Which is God and part of the one mission, which is the destiny of mankind in this solar system and now upon the Earth planet itself."

In the Mark-Age interpretation, this "Linking of Lights" also means linking of the interplanetary space program – from the spiritual and hierarchal plan and that which is part of the physical or mortal exploration.

*"It is necessary to bring the space phase of man's endeavors on the Earth planet into the spiritual consciousness and purpose for which he has come. Many already are in this area of belief or contemplation, but many more must be brought into it at this time. The Two are as one."*

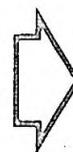
*"In other words, it is obvious and clear unto those of you who work through the Mark-Age preparatory works that the man-in-space flights via Earthman's endeavors are an upliftment of all men upon the Earth into a higher experience in physical embodiment, and an expansion into higher realms and within his own solar system; a creative, although called scientific, endeavor."*

*"He actually is breaking the barriers of his physical environment and body when he goes out into space. This is absolutely necessary for him to do in his physical body. It is not so important that he do it by mechanical means or through computer services, such as being demonstrated by other areas and other nations in their explorations into space. It is good, it is fine, it is lovely, as you might put it, to do these things via mechanics. But it is absolutely essential, in these latter days and in his ability to lift himself beyond his own physical body and his own limited consciousness of mortal being, that he do it in the physical sense of the word. . . He is bound to move out of his physical form, which is the third dimensional frequency, into his immortal form, his fourth dimensional frequency body..."*

All Mark-Age publications point to a better understanding of the fourth dimensional body.

\*To order from Chimes, please see page 27.

**IMPORTANT ! for your self-help booklet this month . . .**



TEAR OUT the following pages that comprise this booklet and FOLD

## BROCHURES

In addition to the tear-out booklet appearing in this issue, copies of booklets appearing in previous issues may also be ordered individually, or for group distribution, by writing to Mark-Age, 327 NE 20 Terrace, Miami, Florida 33137. Previous booklets are:

### EARTH MAN ON THE MOON

Emphasizing the importance of man going into space and space visitors contacting Earth man.

### LET THERE BE LIGHT

The use of pronouncements and decrees to bring forth more light.

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### TURN OFF DRUGS – TURN TO GOD

Why drugs cannot advance a soul permanently, regardless of the temporary experience.

o

*Excellent supplementary reading material on the subject of KARMA and REINCARNATION is to be found in the following books:*

Many Mansions – Gina Cerminara	\$6.25
	(P) 1.20
The Meaning of Reincarnation – Joseph Murphy	3.25
Reincarnation and the Law of Karma – William W. Atkinson	4.75
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KARMA

REINCARNATION

# KARMA AND REINCARNATION

## INTRODUCTION

IN THE BEGINNING we were created as a spark or a light of God, His sons. All individuals, or spiritual Selves, are as cells in the one body which is called the Son of God; or, in Christianity, the body of Christ.

As man stepped down into matter to learn, to have experience, to share in the works of the Father-Mother God, he caused certain things to be put into motion which would bring about pertinent effects. *As you sow, so shall you reap.* This is the law of karma — an ancient Sanscrit term — which is an impersonal, changeless cosmic principle that is continuously in effect and which results in the balancing of good and bad thoughts and deeds. An understanding of this law will free the human mind from harboring resentment against God or man, for it is a law of equalization that man cannot change.

Since it is impossible to learn or to equalize everything in one life span or one period of time or one dimension or one set of circumstances, the spirit or the higher Self, working through the soul, which is the accumulation of all lessons and experiences, creates new bodies and new situations. This enables one to reembody in an area of learning and to continue studying one's relationship with God. This is known as reincarnation.

## KARMA

**Definition:** *Debit and credit system based on the law of cause and effect.*

Picture in your mind a scale of justice. See truth and perfection on one side and mortal error on the other. We work constantly for the outcome of our thoughts and deeds to be on the right or the truth side. Our I Am or

could be given by one's Christ Self, even if not in precise and explicit words, if it would add to better understanding of the present life expression. For example, if it would be revealed that you were a doctor previously, this could confirm why you are seeking to study some aspect of the medical field in this lifetime, and would help you proceed with the strength of your convictions that you were doing the right thing.

We may have had many good and satisfying incarnations previously that are totally irrelevant to our function at the present time in that they have no direct applicable value. On the other hand, this knowledge possibly could make our mortal ego swell to a point of slowing down current development. It should be understood that each soul is the product of a vast number of life experiences in many areas of the solar system.

The current incarnation is important as a result of all that have gone before and as a prelude to the ones to follow. We have passed through all the others to arrive at the current step in our climb towards perfection. What we do in this one during this critical turning point in evolution may set the course for millions of our incarnations ahead.



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utilize this incarnation as a grounding for further application in this field in the future.

### *FAILING A LESSON*

Most of us have experienced failures in learning lessons. Sometimes we are aware of such failures and seek to rectify error thinking so as to overcome our shortcomings. In other cases it may require more severe methods, even may need additional incarnations to balance out and to learn.

Learning the responsibility and the proper usage of money as a spiritual tool is a good example. Money is symbolic of spiritual energy supply. One who is given wealth but who becomes selfish or miserly or hurts others through the misuse of that wealth fails to understand his obligation.

If he fails to see his folly during one life span, he has created karma on the debit side of the ledger and later must reap what he has sown. A future lifetime could find him frustrated due to lack of money. This is not God's revenge, but a tax placed upon him by his own high Self. It is through these trials that the soul learns to temper values properly and thereby grow accordingly.

### *PAST-LIFE RECALL*

Some people have strong memory recall of past-life experiences brought about by dreams or visions, by visiting an area for the first time and finding familiar subconscious memories stirring, and just by knowing. There are others who actively seek information of their own past lives from those who are psychic or are channels for information. But, a word of caution: in many cases this sort of alleged channeling can be fraught with error, although certainly not always.

If necessary or beneficial to the soul's development, it

Christ Selves constantly guide us to experience the lessons that will enhance our spiritual growth. We are continually impressed to make the right choice in all situations that arise. With each successful overcoming we lighten our personal karmic obligations, which in turn lightens the karma of the masses.

Mankind has insisted too much on learning by stress, by experiencing the agonies and the ecstasies. Since the days of Lemuria and Atlantis man has evolved in an upward trend through the dark ages of spiritual ignorance, during which time lessons have been learned that are wholly valuable to the present era of time known as the Mark Age.

That is why man now is more capable and ready to go into the Golden Age than back in the Atlantean days. The masses have suffered the elimination of much karma and are having the opportunity presented to them once more to be truly free.

### *TYPES OF KARMA*

There are various types of karma that we deal with in our lifetime. Each of us has contact with many varieties to one degree or another. There are debits and credits that are brought into this life from previous lifetimes on this sphere and elsewhere. There is inevitable karma we take upon ourselves by the mere act of incarnating upon the Earth, for there are family, group, national and planetary karmas which we inherit by association. We also face new karma, both good and bad, brought about by the use of our own free will during our present lifetime.

Personal karma we bring into this life with us is possibly the most misunderstood. You hear of good-living people who seem to suffer one terrible thing after another. There also seem to be many individuals who in selfish inconsideration constantly harm others and appear to get away with it. Payment, or karmic equalization, does not

come always at the time of the act, but always will come when the impact is great enough to implant firmly the lesson to be learned.

This can be immediate or can carry over into a future lifetime. When there is no apparent cause for hardship in this lifetime, you can be assured that the hardship was earned in a previous incarnation. By the same token, those who harm others and go unchallenged will have a moment of truth when it is most timely.

Often you will see family groups equalizing previous-life karmic debts, as in the case of a couple desperately wanting a child and going fruitless, or having a crippled child. It is asked how an innocent child who did no wrong has earned such trials. How do we not know this soul was not guilty of crippling others in a former life incarnation? The karma of the parents could figure in, such as their not wanting children or having abused children in past life experiences.

The lesson earned will be strong enough for the soul to remember and to take on as a part of himself when he learns he is not punished for his sins, as is the popular misconception, but that he is punished by his sins.

Mass, group and national karma are met and equalized in the same manner as individual karma. Often many souls will make the transition, or will leave the Earth plane, at the same time, such as in airplane crashes or battles of war, which in turn also involves the relatives who still are living. It is possible these groups of souls may have been involved in a group karmic debt. Mass exterminations are such possibilities. The I Am Self of each soul selects the time and circumstances for erasing the karmic debt that will prove most fruitful and thereby will allow further progression.

### *PLANETARY KARMA*

The race of man on Earth has accrued karma as the

During our soul evolvement on Earth we have been in many circumstances at one time or another. It is not possible to experience every lesson in one incarnation, due to the variety of possible life expressions. We have been both male and female. We have taken on incarnation in various races, creeds and geographical areas. We have lived under many conditions and circumstances, perhaps as kings or slaves, as masters or students.

In each lifetime we developed a personality based on prior lives and the current one. It is through this wonderful variety of life expressions that we grow in soul evolution, profiting from the experiences and the lessons in this schoolroom of life.

After a soul has had a number of incarnations on Earth, as both male and female and in various situations, and has succeeded in gaining a certain degree of balance or mastership over his actions on the Earth plane, he could be allowed to reincarnate so as to enhance certain talents and powers, or so as to help others. So-called natural talents likely are those mastered in prior lives. This is especially demonstrated in the arts, such as painting and music. The naturalness of performance is due to having developed such in previous lives.

It is when one is accomplished in a field that he can be used as a valuable, clear and open channel for Spirit to project energies through for the benefit of mankind. It is this unobstructed openness that causes others to pay special attention to an artist. We can appreciate an exceptional artist because of our own inherent ability to detect an open and clear channel.

It is not necessary for each soul to experience personally every possible life expression. There are many things that can be satisfied vicariously through understanding of or association with another's fulfillment. For example, one may be married to a painter and thereby partially live the life of a painter. In this close relationship one could either satisfy the desire for this manifestation or

achieves the ultimate goal of true freedom and oneness with the high or I Am Self. This is the destiny for man in the Golden Era now dawning upon the face of the Earth, when man of Earth shall be free from bondage and shall regain his natural heritage as a true son of our Father-Mother God.

## REINCARNATION

**Definition:** *Reembodying on a plane or planet where the soul has had previous incarnation.*

Karma is the divine law of cause and effect. One purpose of reincarnation is to pay off debts or negative karma that have been caused in prior lives. Some become linked to the wheel of reincarnation and karma, thereby shuttling back and forth between the physical and astral realms until all nonspiritual desires are completely worked out and fulfilled regarding Earth attachments. The major effort of the program for mankind during this Mark Age period of time we are living in is to accomplish this and to evolve beyond it.

## SCHOOLROOM OF EARTH

Let us liken the Earth unto a schoolroom; or unto a taskmaster, and an exacting one at that. For each and every one of us has come here to learn many lessons for our own soul evolvment and to contribute to the race of man that which we have learned from our individual past experiences. There are many who have been here many times, or in similar areas in various parts of the galaxy.

We not only incarnate on the Earth plane but also in the astral planes around the Earth and thereby work in and through those areas, to and for the Earth. As on the physical, the astral planes have many lessons to be learned and many individual desires to be fulfilled. Many here also need help and guidance.

laggards of this solar system. They contribute to this by refusing to live in a spiritual or Christlike manner. When incarnating into the Earth plane, we take upon ourselves, or share a part of, this existing karma. Mass karma is an invisible load which each of us as light workers is bound to help find ways to eliminate or to lighten through our love and service.

The devic or nature forces which form the physical structure of the planet also react to man's thinking and actions, be they erroneous or of truth. The inharmony of man affects the nature forces, which mirror the thoughts and deeds of man. When these forces are overloaded with inharmony they sometimes react in environmental disturbances which are cataclysmic. This purging or Earth cleansing does much toward equalizing some of the mass karma. With right thinking, mankind could bring about this cleansing in an easier fashion, thereby sparing much needless suffering.

There is Earth karma being worked out on the astral planes about the Earth between incarnations. There also is karma being worked out by other kingdoms on Earth, such as the animal kingdom. This is the last opportunity for all kingdoms on Earth to be prepared for graduation to the next higher dimension, as this period ends by divine decree on or about the turn of the twenty-first century.

### *NOT ALL BAD*

Karma we assume willingly or of our own free will means that which we agree to pay as the price for an action or a deed we choose to perform. Good or bad, with free will we take on new karma in each life. We reap what we sow.

Good karma is earned as well as bad karma. We might well have an abundance of good karma accrued that is helping us in many ways during the present lifetime. It can be likened unto a savings account from which we can

draw. There are many persons going through life with one good thing after another being given to them.

Good karma which one has to his credit does not have to be repaid as the same deeds one has performed, but will manifest in at least the same or greater consideration or proportion. Good karma is never destroyed, for it stands in the personal record. Error karma is transmutable and eventually is neutralized.

There is no karma attached to the elimination of parasites, for these feed on other life forms. This is against the law, the law of God or the law of Energy. Parasites have been created by mankind's error thinking, therefore must and will be eliminated in this Mark Age or latter-day period of cleansing and transmutation.

### *HOW TO HANDLE KARMA*

The best and most practical way to deal with undesirable karma is by dedication to Spirit's works. Doing any job that comes to one to do, regardless of how menial it may seem, when performed with love and sincere application and with no thought of reward or compliment is a sure way to help cleanse a karmic record. If one had been committing error deeds in this lifetime before gaining some illumination and understanding as to what he had been doing, it still would be possible to eliminate some or all of the debt by the doing of good works for Spirit.

This depends, of course, on the extent or degree of the bad deeds. A good example of a spiritual turnabout was demonstrated by Saul who, upon seeing the folly of his actions, devoted the balance of his life as Paul the Apostle to Spirit's cause. He created his pattern on Earth so none who came afterward could deny the possibility of grace through change and right action.

At this time in our solar system's development, the Earth is an ideal place to clear up past karmic obligations. This special period of time, in which cleansing and

transmutation are being expressed, has attracted many souls here for this very purpose. The higher vibrations of the approaching Golden Age of Aquarius aid each individual to do the right thing with less resistance, thereby overcoming old problems and lightening his negative karma.

Each of us individually also can help others to erase some of their karma by forgiving them their trespassing against us. Forgiving is a way of working with higher understanding and is important for all to practice.

Sometimes spiritual masters will take upon themselves a portion of karma to help in individual or mass cleansing here in the physical or Earth plane. This was most aptly demonstrated by Jesus of Nazareth through his exemplifying. It was not necessary for Jesus to go through his suffering because of his own karma. Rather, in the plan of Spirit, he chose to example for the benefit of all mankind of Earth.

### *ASTROLOGY*

A soul may incarnate on a certain day, hour and place when the celestial rays are in mathematical harmony with his individual karma. A horoscope chart is a personal portrait possibly indicating one's prior development and showing potential opportunities for erasing negative karma or for utilizing good karma, and for passing old tests and learning new lessons. Man is not bound by his fate. He created it and he can change it. It can be overcome by his spiritual resources, which are not controlled by planetary influences.

### *THE GOAL*

How does one avoid making karma of the wrong kind? It is in elimination of the mortal ego that the soul can be free to live and to act in a selfless and unattached manner of service, thereby incurring no negative karma. Thus one





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— oOo —

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*“The Science of Everyday Living” is the preliminary set of instructions leading one to study of the White Brotherhood’s Inner Teachings described on the opposite page. One study complements the other and either may be commenced simultaneously. Both are of incalculable value to the student of Truth in understanding himself, the world in which he finds himself, and the Divine Plan for mankind particularly as it applies to the coming New Age.*

# THE SCIENCE OF EVERYDAY LIVING

## LESSON ONE

### Part II

#### *QUALIFICATIONS OF A LEADER*

IN THE HEART of most of us is the inborn desire to lead. In order to be a leader one must have certain qualifications which can all be developed through consistent and persistent effort.

To be a leader you must be willing and able to stand alone. As you become a leader you learn the value of spending time alone, and you will have to make up your mind to be alone in many things. We all like sympathy and to be in a congenial crowd. It is so much easier and more interesting at first than being alone. But you have to be alone in order to become really acquainted with yourself. Then you find the strength to go onward and upward. You do not tarry with the crowd. It is costly to do this. You have to pay for it, but the enjoyment and reward come as you see that you are a definite inspiration and help to others — a light on their dark paths. We were not placed on this Earth to do ONLY what already has been done. We are here to carve new paths, to DO, to DARE, and to KEEP SILENT about it. When we are really ACCOMPLISHING, we do not have to tell the world about it. They can see it for themselves.

You may become a leader in your chosen line as each faculty is specially and separately trained. Gradually a unity of the whole evolves, but first each part must be trained separately. Self-analysis is invaluable in this respect. The Emotion Chart gives you the groundwork for this analysis.

A new type of leader gradually is coming to the fore. The really strong leaders of the future will be those who

use fewer words, but words that are fuller in meaning. An effort will be made to state everything clearly. That which heretofore has been a mystery will be opened gradually to those ready to understand. Thus individually we will begin to really solve the problems and the mysteries of life. Fewer things will be said and done, perhaps, but each thing done will receive deeper consideration. We now waste too much time and effort in slovenly work — trying to shortcut and skim the surface. So often it all has to be done over again. What a waste of precious time!

Listed below are the necessary qualifications of a real leader. This does not necessarily mean only in business, but also applies to social or spiritual life. Check these qualities to see which you have, and which you wish to set about developing. You will learn much about their development during this study course IF YOU FOLLOW IT CAREFULLY. The individual must have:

- |                          |                            |
|--------------------------|----------------------------|
| 1. Adaptability          | 7. Organizing ability      |
| 2. Concentration         | 8. Convincing personality  |
| 3. Constructive thinking | 9. Skill and knowledge     |
| 4. Decision              | 10. Controlled temperament |
| 5. Health                | 11. Initiative             |
| 6. Mental alertness      |                            |

One reason there are so many square pegs in round holes is because the individual has not taken the time to think through what his aptitudes or inclinations might be. Usually the line of least resistance has been followed.

Leaders usually may be divided into six different classifications. They are as follows:

#### 1. THE MECHANIST

Production managers  
Manufacturers  
Engineers

Under this classification comes the motor-minded men or

keeps you vital and interesting. Watch the newspapers for the topics of the day. Keep abreast with your times.

A person with a "good personality" refrains from going around telling his troubles, filling his friend's ears with his gloom. Be careful always about emptying your mental garbage can in your acquaintance's living room, because you can never tell when she may throw some back into your life at the most inopportune moment.

Hide your gloom for a while, if you have it. In Lesson Three you will learn how to spill it without hurting anyone.

Glorify your personality by proper rest. A few moments' quiet sitting during the lunch hour helps tremendously.

Good manners are an essential in building a good personality. Good manners are not only a following out of the rules of etiquette, but they are also warm human sympathetic consideration for other people's feelings, and an unexaggerated sense of your own importance. There are a few bad-mannered people who have been successful, but only a few, and they have succeeded because they had a genius which triumphed over their bad manners, or else the bad manners were acquired after the success.

Laughter is a personality builder as well as a health builder. You can almost laugh your way to health, happiness and success — even smiling goes a long way. A cultivation of optimism is essential. An optimist radiates good personality, all other things being equal.

— oOo —

You have had a full and varied lesson. Take only as much each day as you can follow out. The next lesson should be studied also in this way, and so should each succeeding lesson.

There is within you a perfect pattern. Bring this out by being sweetly and beautifully yourself. Be natural, not

man who would be unhappy out of a loud checked suit. He thinks he is improving his personality when in reality he is "squelching" it.

We learn in shopping about the stores that the more expensive the dress is, the more simply it is made. One can always tell the elite from the "would-be" in a crowd. The real are simply tastefully gowned, while the "would-be" may be dolled up in everything but the kitchen sink.

It is not vanity to spend time before your mirror, studying yourself, selecting the colors and styles which bring out your type at its best. Never wear something just because you liked it on someone else.

It is wise to be perfectly groomed at all times when you are about to contact others, because you never know what fate has up its sleeve for you.

Your voice has a tremendous influence on your personality. Resolve now that you will pitch it in the center of your being, near your heart. That will give your voice a richness and loveliness it never attains when placed in your throat or near your abdomen. The voice can be either a thing of beauty and a joy forever, or it can wreck homes when it acquires that nagging note. It is not so much what is said, as how it is said.

A personality change comes gradually, almost imperceptibly as knowledge newly taken in becomes wisdom through practice and mellowing. Each morning freshly resolve to be the finest example to yourself that you can for the next day.

Good personality consists of poise, coolness and reserve. A magnetic voice is an asset. Grace in women and strength in men is essential for good personality. By coolness it is not meant coldness, but a relaxed manner which controls a potentially vivid personality. Learn to relax the muscles of your face to obliterate wrinkles. Watch your facial habits before a mirror. Cold cream alone will not do the work. You must learn new facial habits.

Be modern! Have something new to talk about that

women who prefer dealing with concrete things rather than abstract. They like to work with machinery and construct mechanical objects with their hands or by directing others to do so.

## 2. THE PERSUADER

Salesmen and women  
Sales managers  
Promoters

Here we find the personality that likes to deal with people. The persuasive types are good mixers, and can sell you real estate, stocks, bonds, cemetery lots and life insurance if you don't watch out!

## 3. THE ANALYST

Accountants  
Bookkeepers and tellers  
Some clerks  
Research men  
Scientists  
Inventors

This type prefers to deal with books and figures, with facts, rather than things or persons.

## 4. THE CONSERVATIST

Financial men and heads of big businesses

We find this type is slow to make changes until it can be seen the change can be made with profit. These people do not act on impulse, or plunge. They conserve resources until the opportune moment.

## 5. THE EXECUTIVE

Mechanical executive (production)  
Persuasive executive (selling)  
Analytical Executive (charts and schemes to the extent that selling and production suffer)

The true Executive is the rarest type of all, although most

people feel they fit into this type. Executive ability usually is found in combination with one of the other four types. The executive deals with results, plans, policies; he is able to coordinate various activities and to direct the work of other men. It is rare to find a man in whom executive ability is combined with the ability to see clearly and to give equal value to all business activities. Yet this rare type can become more plentiful through this study.

Now, analyze your own type. If you do not fit into the above groups, perhaps you fit in the following:

## 6. ARTISTIC-CREATIVE

Artists

Actors or Actresses

Housewives

Interior decorators

Social leaders

Writers

Singers

Some stenographers, although most belong in the mechanical class, No. 1

Housewives should belong to the artistic-creative, which is the inspirational branch of life which lifts above the rut, but they, like most stenographers, look at their occupation as drudgery and therefore place themselves in the mechanical class.

## *THE LAW OF DIVINE SECRECY*

Now that you are really thinking about your future in a constructive manner, a new law must become a part of your conscious thinking — the Law of Secrecy.

It is imperative that you remember this law if you want to accomplish and be successful in this life. I have referred to it before. It seems to be a human failing to talk off one's good. An idea comes to you. You become so imbued with enthusiasm that you bubble and feel you must tell it

and that is the only way you can change it for the better. Of course, you can let it go to seed by not thinking. As you study this course you will grow by leaps and bounds. Then for a little while you will come to a standstill, a place where you seem to have taken in all you can hold for a while. You are really going back into yourself then for a period of assimilation. You are at the stage where you are building a firmer foundation for your next period of upward and outward growth. There is a rhythm of growth in nature and in man. In the large oak Nature shoots up for a while, then settles back into herself to gather further strength to grow the giant tree she is planning on producing. When the tree is cut down, the woodsman sees the rings showing when nature stopped to reconnoiter and to gather strength for further growth.

If you want something big in life, you have to be big yourself. People are anxious to improve their circumstances but unwilling to improve themselves. It will be easy and simple for you to improve yourself, mentally, physically and spiritually, as you follow out the instructions in this course.

Why is it necessary to have a nice appearance? When you look well you attract people who want to become your friends. Friends are necessary. Contacts and acquaintances are necessary because the Supreme Being works through other people when he gives you the answers to your prayers. No doubt you have never yet had an angel drop the answer to your prayer in your lap. It was answered usually through mother, dad, sister, or that stranger you met casually last week who seemed to know the very person you wanted to meet.

Until people know you for what you really are through longer personal contact, they judge you by what you look like on the outside. Always keep properly dressed for the task at hand — never overdressed. Being overdressed is bad taste. Use simple lines, becoming colors that allow your personality to shine through. Of course, there is a type of

## *YOUR HOBBY*

It is necessary to have balance in life. A constant serious striving toward a goal with no change from it makes a dull personality. So — find a hobby to ride. A hobby may be almost anything, so long as it is utterly different from that by which you earn your daily bread. However, a wise plan is to choose a hobby during youth or middle age which can be a source of revenue to you when you are old. Stamp collectors, writers, poets, painters, lecturers, find this is especially true of their hobbies. There are also amateur theatricals, the study of archaeology, psychology, glands, philosophy, languages, foods and flowers. All these things are interesting hobbies or avocations which some day can become your vocation when the more active half of your life has vanished. Never cease studying and learning, because if you do, you begin to stagnate. You die, spiritually, mentally and physically. Constantly adding a new knowledge adds new cells to your body and brain. Remain a student all your life and you will remain young.

As a person studies, he becomes better able to express himself. As he becomes better able to express himself, he rises in the scale of society. Select a hobby that enables you to grow. "As you are studying and working with your hobby, you are thinking."

Life conforms with the thoughts most prevalent in your mind because thoughts form an invisible substance which attract to you conditions, friends and circumstances. Change your life by changing your thought patterns. When a constructive thought intrudes itself upon your consciousness, bring it back until it becomes a part of your subconscious self.

## *CHANGING YOUR PERSONALITY*

You can change your personality by Creative Thought,

to someone. Telling it to someone is usually the fatal step because 99 times out of 100 the creative power has been let out from under your new idea, and it is never put into being.

"Enthusiasm is the Divine Fire in which your plans are cooked to completion." Telling your plans cools off your enthusiasm. It has just the same effect on your aims or life's goal as has the turning out of the flame under the oven as a cake is baking. The cake falls flat and so do your plans.

During this study course splendid new ideas will crop up. Please keep them hidden deeply in your own heart where you and Creative Intelligence can work upon them in secrecy.

There will come a time when it is right to let them out. If you have followed this law faithfully and well, you will find that as time passes and your plan is still hidden you have attracted people necessary to help you put your plans through. Now new opportunities of which you never dreamed are drawn into your life. Then just when everything is going wonderfully — you are reaping as the result of your plans and your work; life flows smoothly for you and a sudden change comes. Things refuse to work as they did before. You have to make a change. You wonder just what you have done to deserve this. Listen! You are in a new desert of waiting, a new period of growth.

### *CYCLES OF GROWTH*

Man's evolution and growth come in cycles and in seasons just as nature's products come. The new cycle brings in its wake a new period of growth for you. You must put forth new and greater efforts because you are ready for the next step upward and onward, and this is the method of Divine Intelligence in preparing you for it.

Meet your problems when they come with forethought — not fear thought. Every change must first be made

mentally. Every constructive step in your life must be made first through thought: Even spiritual journeys to higher realms must first be made mentally, finally struggling through the mental realm into the higher spirituality.

There is a rhythm of life necessary to each individual. Find your own rhythm. It comes in three steps or phases.

1. A period of GESTATION when new plans are being formulated in your mind, perhaps unconsciously.
2. A time of BIRTH, when you gradually allow these to come into the cold, critical light of the world.
3. A period of FLOWERING when you harvest, or "cash in", as the saying is, on your thoughts and ideas, your plans and your work.

Those of you who work for weekly wages find it in this way. Monday you slowly get started at your work after your period of rest, Sunday. The rest of the week you are in a period of gradually bringing things to pass, and by Saturday you have your flowering; or harvest, in your pay check. Sunday you begin anew your rhythm of rest.

Rest is one of the Laws of Life stressed in this course — proper rest. As you know, the Bible puts it in this way: "Six days shall ye labor, and the seventh shall ye rest."

This manner of living in rhythm makes life much more interesting, just as the hills and mountains and the curves in the highway add to the interest of your trip. Too much of the same scenery — even the beautiful — becomes monotonous and loses its charm.

— oOo —

When you have decided upon your purpose or goal you may have an occasional momentary glimpse of greater

things, and even gain momentary possession of them. You must then retrench and make yourself ready to hold that which you have glimpsed. All through life you will find that all is joined and linked together. There are no jumps, few miracles. Everything can be traced to a definite beginning and followed from cause to effect, and effect to new cause.

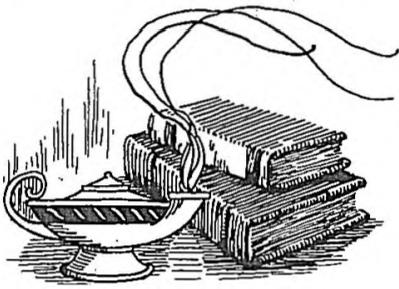
On this path toward your goal another great law may be learned with benefit — the law of *Non-resistance*. This simply is another way of saying; "Don't fight circumstances, or the conditions by which you are surrounded." THINK them through. Learn to gain a lesson from them before you leave them behind. Realize that there is some good in every situation you meet. As you extract the good, the unpleasant circumstance gradually becomes a thing of the past. Do not allow yourself to sink under it. Mentally raise yourself above it.

There is an effortless power which assists when you know its laws. This is a realization that you are not alone, but back of you in the fight, if you do your best, is an inexhaustible source of power to be drawn on. It is working with you every second of a constructive day through your super-conscious self. It is necessary to remain relaxed and confident in order for this to be able to operate for you.

With a true realization of this Effortless Power comes the Christ Consciousness. It is the development of this Christ Consciousness or Source within that brings radiance to the personality, sparkle to the eye, vitality to the body, and regained youth. It is toward the development of Christ Consciousness that a part of this study course is directed. This Consciousness is to become the Universal Consciousness. The word "Christ" MEANS "Divinely Intelligent."

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# The Angel World's Message

IN THE ANTHEM of Easter time, in the anthem of life, God the Father is the harmonious builder in song and glory. Life is a glorious song of the resurrection. The weeping sorrowing ones are those who know not of this song and of Him resurrected. Yet in their very sorrow is the essence of joy in the fullness of overcoming. There is no sorrow or pain in the harmony of the divine with the human, which is the harmony of God in truth and good.

The Angel World's message declares unto man:

Be free, for thou art the all in essence of truth and good. Truth and Good as twain, are the everlasting integrity of thy divineness in the Creator. Thou canst not stray from thySelf. There are paths thou hast not trod, O man, but the Truth leadeth thee safely on. The good thou hast not seen, nor hath God shown his Face unto thee, for thou hast not risen. Yet, who dareth to deny thee the glory of the resurrection?

It must be that children of God, in that they are partakers of the Son's resurrection, must be also partakers of his death and crucifixion. As His death secured to them His love, so His resurrection secured to them life eternal.

Yes, the stone of ignorance will be rolled away, and faith and hope will descend as a dove, that with their Lord they will ascend also, and He with them. The Spirit of the Lord giveth its life that all may be saved. Do not then crucify; do not crown the jeweled head with thorns. Do not mock, for all things are given thee for the asking. In the risen Lord within is the light and truth thereof. Do not proclaim thy ignorance by mocking Him. He is within thee, but thou hast him on the tree. Release the imprisoned Lord, and He will lift thee up with Him in the ascension.

The inner significance of the crucified Savior is contained in the central understanding of truth. His ascension is the revelation thereof. In the preparation of the children of men for the influx of the Holy Spirit of uplifting power, the crucified man first must be revealed and released from the tree. The knowledge and acceptance of one's divinity within as ever assisting must be wrought in the human consciousness. The ascension of the Spirit will redeem.

Seek not, therefore, the agony of the cross. The Lord has lifted this from thee, and thou art free to be partakers of the resurrection. Read from the inner meaning of this celestial instruction. The esoteric significance speaks in language of the Spirit. Heed this inner voice who will resurrect, lead and instruct. The illumined Lord within will reveal to thee the Spirit of all Truth, the "Comforter" that was to come. *He is here. He is with thee.* Open thyself, O man, to the joy of knowing *for thou shalt really know Him.* No more is there the question: "lo here and lo there", for behold he is WITH and IN thee. Thou canst not deny Him anymore. He is thy very SELF.

THE LORD IS RISEN. The Lord is risen indeed.

By George L. Pafort  
Cardiff, California

Author of *The Mystery of the Purpose of Life*

(continued from Page 15)

wrong. Everyone owes it to himself to elevate his thoughts above the sordid practices of mankind — those that defy Cosmic Law.

*"Courage to change the things I can."* We have this power within us. We have the power to spin our little world within us, to conform with the Cosmic Law that spins planets in their ceaseless transmigrations around the Sun. Our Sun is our individual mind or spirit — our thoughts, the Planets. We possess the power to spin our thoughts in an orderly manner around this central Spirit within us, or by misuse of such thoughts we create havoc in our personal solar system. Certainly it takes courage and fortitude with the will and purpose to control our thinking processes. To do this properly, we must ever realize the existence of that God within us, clearing our communication system to a point where we actually contact this God. When people, as a whole, accept this Truth, wars will cease and brotherly love will become an established fact.

Both Heaven and Hell exist within us all. "Wars in Heaven" refers to our own thoughts becoming destructive factors when we allow them to operate in defiance of Cosmic Law. Spirit and Mind are not confined by either time or space, but it is the dimension containing the blueprint of a tenable theory. By thinking, we place such thoughts in objective form and they materialize on Earth as factual. The quality of such thoughts determines whether this idea is constructive or destructive.

*"And the wisdom to know the difference."* This closing line is the final impact.

Humans are prone to blame others for their own misfortunes when such discord actually exists within themselves. We can change many things we classify as something we cannot change.

If you think a friend has mistreated you, you can forgive him immediately, or you can harbor an intense hatred that may endure throughout your life. Dark thoughts separate you from God and make your life miserable. Hate is indeed a two-edged sword.

To Mr. Alfred L. Milligan of Indianapolis, Indiana our sincere appreciation for the inspiring interpretation of this lovely prayer.

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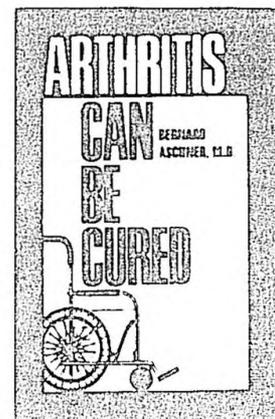
Without fanfare, on a clear windless day the Christ was raised to its center place of focus - a magnetic, soaring figure that seemed to uplift everything with it, just as Christ said: "I, if I be lifted up lift all men with me." Even the process of His elevation at the site in the cemetery seemed symbolic. One of the workmen standing on the shoulders of the Christ figure as it was being hoisted in place seemed to say that man could "ascend with the Christ".

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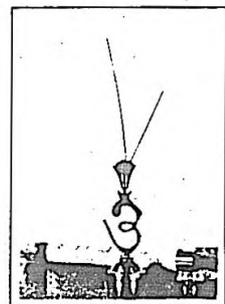
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CENTER OF SPIRITUAL LIGHT, The UCM 248,2545 Walnut St. Service Fri. 7:30 p.m., Class Tues. 7:30 p.m. Discussions, Lectures, Healing, Messages to all. Consult. by appt. Rev. Mildred C. Wells, Pastor. 585-5500

#### LAWNDALE

SPIRITUAL TEMPLE OF DIVINE LOVE, 14701 Burin Ave., Lawndale Civic Center Auditorium. Service Sun. 2:15 p.m. Healing & Messages. Rev. Marguerite C. Rice, Pastor. FR 8-2779

#### LONG BEACH

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#### LOS ANGELES

CHRISTIAN PSYCHICAL INSTITUTE, 5018 S. Western Ave. Services Sun. & Wed. 2 & 7:30 p.m. Messages to all. Class in trumpet. Consult. & healing by appt. Rev. Estella Barnes, Pastor, AX 3-2668.

ESP LABORATORY, 7559 Santa Monica Blvd. Sun. (Social) 7:30 p.m., Tues. & Thurs. 8 p.m. ESP Development Class. Dr. Al G. Manning, Director. (213) 876-9984

SPIRITUALIST CHURCH OF REVELATION, Embassy Auditorium, 839 S. Grand Ave. Services Sun. & Thurs. 2 p.m. Lecture, Messages, Healing. Rev. Stephanie J. Sebree, Pastor. NO 2-5551. Irene Faust, Secy. CL 5-1060

#### OAKLAND

SPIRITUALIST CHURCH OF CHRIST, INC., The, 1442 Alice St. Service Sat. 7:30 p.m. Social & Circles 1st Sat. Rev. Regina Coppage, Pastor, Rev. Freda Opper, Co-Pastor. 658-1732 or OL 8-1732

#### SAN JOSE

UNIVERSAL RECEIVERS PRAYER GROUP, Cor. Los Gatos-Almaden Rd. & Union Ave. Service Fri. 8:30 p.m. Rev. Jerome Quintero & Rev. Marcia Warzek, Co-Leaders. 266-5253

#### SUNLAND

TEMPLE OF SPIRITUAL WISDOM, 10418 Scoville Ave. Service Thurs. 8 p.m. Rev. Jennie C. Uldricks, Pastor. FL 3-3797

### FLORIDA

#### ST. PETERSBURG

ST. PAUL'S CHURCH OF AQUARIAN SCIENCE, 1200—16th St. No. Services Sun. & Wed. 7:15 p.m. Rev. Harold C. Durbin, Pastor, 896-9474. Church also in TAMPA 2917 Bay Vista Drive.

### ILLINOIS

#### CHICAGO

ST. PAUL'S SPIRITUAL CHURCH, 1549 N. Cicero Ave. Service Sun., Wed., Fri. 7 p.m. Rev. Louise Quinn, 278-2693

1st TEMPLE OF UNIVERSAL LAW, The 5030 N. Drake Ave. Services Sun. 11 a.m. & 3 p.m. Development Classes Mon. Noon & 7 p.m. Helping Hands, Tues. 1-7 p.m. For info — Rev. Charlotte Bright, Pastor. 588-9379 or 478-5605

LILY OF THE VALLEY SPIRITUAL CHURCH, 257 W. 48th Place. Services Sun. 9:45 a.m. and 5:45 p.m., Fri. 8 p.m. Rev. Lucretia L. Smith, Pastor. DR 3-6093

### INDIANA

#### INDIANAPOLIS

PROGRESSIVE SPIRITUALIST CHURCH, INC. 3721 N. Delaware St. Worship Sun. 3:30 and 7:30, Wed. 7:30. Edith E. Wade, Pres., Paul E. Keller, V.P., Philosophy & Development Class, 924-3631

### NEW JERSEY

#### JERSEY CITY

GRACE DIVINE SPIRITUAL CHURCH, 191 Griffith St. Services Sun. 7:30 p.m., Tues. 2 & 8 p.m., Thurs. 8 p.m. Guest mediums 3rd Tues. monthly. Rev. M. Graham, Pastor. (201) 945-7923 for private appointments.

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U.C.H.S. HOLY SPIRIT CHURCH, 509 Cardenas, S.E. Services Sun. 5 p.m., Wed & Sat. 7:30 p.m., Thurs. 1:30 p.m. Rev. Edwin A. Yonkers, Pastor. 265-5483

### NEW YORK

#### NEW YORK CITY

CENTER OF DIVINE GUIDANCE, The Great Northern Hotel, Rm. 429, 118 W. 57th St. Services Sun. 4 p.m., Thurs. 7 p.m., Classes Wed. 2 & 7 p.m. Rev. Martha K. Seidler, Pastor, CI 7-1900 or GE 9-5368

### OREGON

#### MEDFORD

LITTLE WHITE CHURCH IN THE GARDEN, 819 N. Central. Service Sun. only — Summer 7—9:00 p.m. — Winter 2—4 p.m. Rev. Roy G. Miller, Pastor, 772-2094, Res. 332 So. Riverside

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SPIRIT GUIDED FRIENDS, Christian Spiritualists Temple, 5729 S.E. Boise. Services Sun. & Wed. 8 p.m. Healing all services. Rev. Jean Krause, Pastor. 771-8986. Rev. Ruth Wisdom, Secy., 5642 S.E. Boise St.

### PENNSYLVANIA

#### READING

1st SPIRITUALIST CHURCH OF READING, Berkshire Hotel, 5th & Washington Sts. Services Sun. 7:30 p.m. Rev. Clara C. Senior, Pastor, R.D. 4, Lititz, PA 17543. (717) 733-4547

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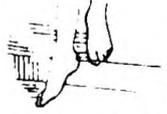
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## PSYCHIC EXPERIENCES

(continued from page 9)

back to me. But there was no accident on the way! Would there be one on the way back? I proceeded to walk, determined to walk until I cleared that certain spot where the dream took place. I knew exactly where it was and it meant about a four block walk. When I got there I saw flares all over the road. The police were still there. One of them told me that a five-car collision had taken place an hour before, all cars were burned, all passengers — including several children — perished. Then I remembered the sound of ambulances going in and out so often while I was visiting my friend. They were concerned with this very accident, the "worst wreck" in the city's history.

The whole matter from the dream up to the present moment began to overwhelm me and I looked so distressed the policeman said, "Move on, lady. This isn't your accident" He could not know how these words would affect me. I moved on. It began raining heavily again, and the tears blended in with the rain on my face. I had prayed for everyone, even for those whom I may have not been aware of. The accident took place almost on schedule with the exception of the bus. No bus was involved. I was not involved. When I read of the accident in the paper I discovered that the bus I was on going to the hospital was about one minute ahead of all these cars that collided. The accident took place just about when I was entering the hospital to visit my friend. She did not know I was coming and was not expecting to see anyone during the visiting time. When she saw me she let out a cry of joy. She had no one to talk to during her emergency and it was so good to see a friend's face. While we talked we did hear a lot of ambulances, but we thought it quite normal for a large city hospital.

I was so upset over this accident . . . when I discovered it had taken place after all . . . that I walked all the way home, several miles away, in the pouring rain. By the time I arrived home I had resolved one thing in my mind — not to try to understand it, but just to accept it. What else could one do?



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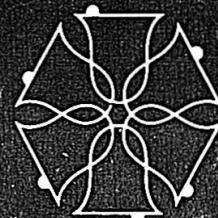
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