

new horizons in living from...

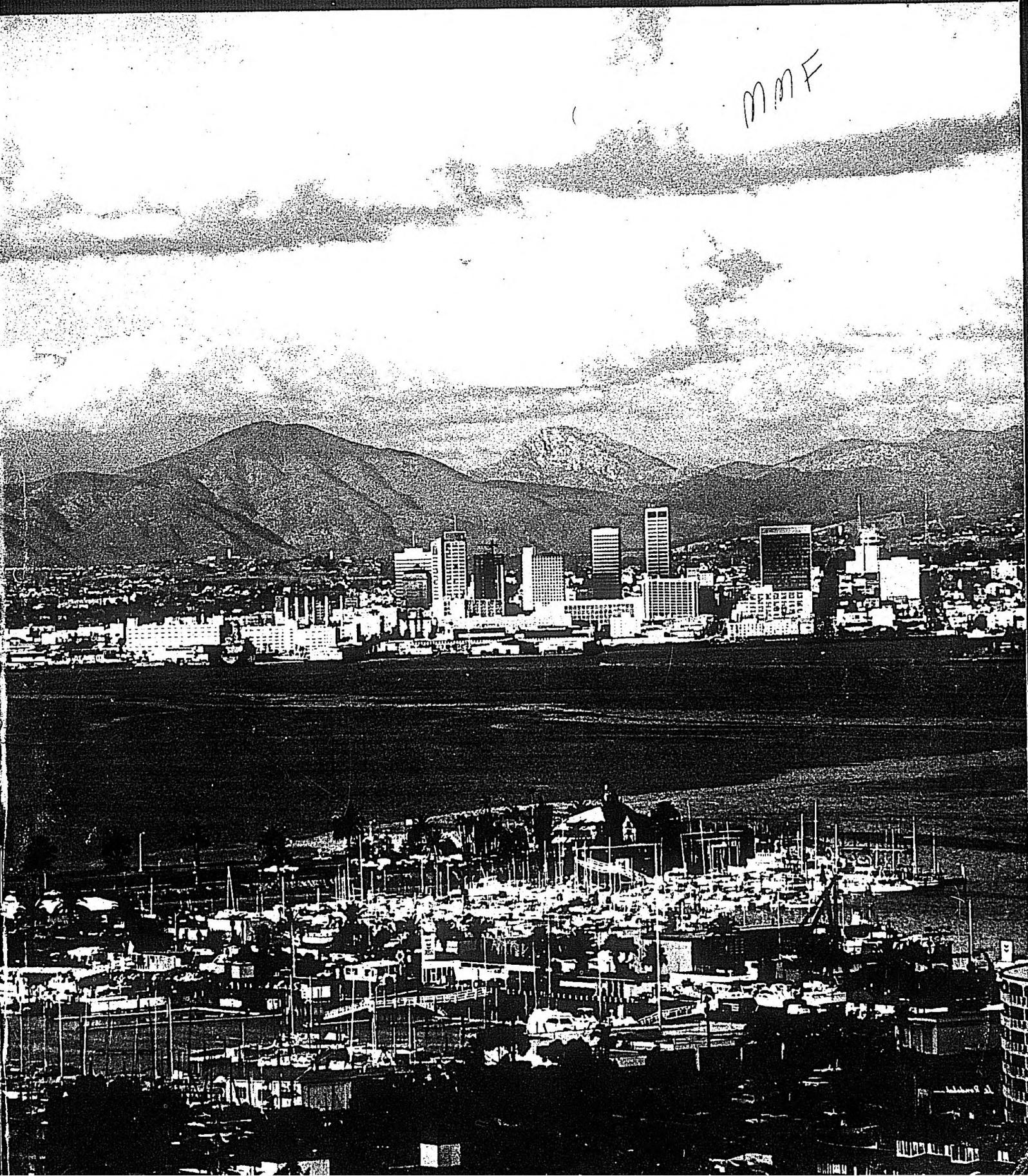


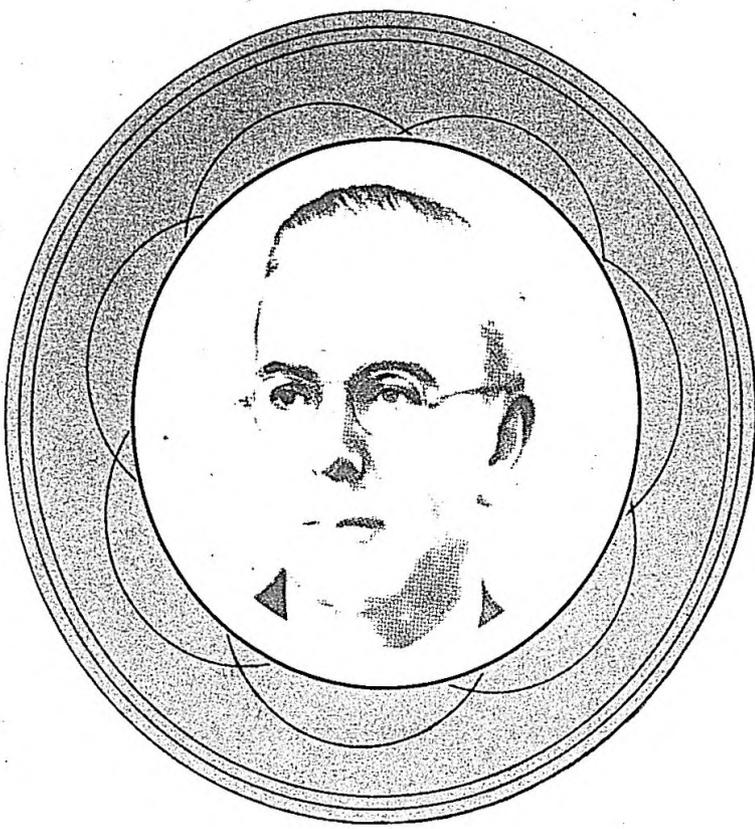
FEBRUARY, 1971

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CHIMES

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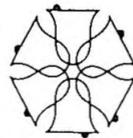


GOD HAS NO OFFICE HOURS. There is never a time when God is unavailable. Day or night, summer or winter, God is always present; always ready to heal, to comfort, to inspire. It is not possible that you could turn to God in prayer without receiving help. It is not possible that you could ever find yourself anywhere where God was not fully present, fully active, able and willing to set you free from any difficulty.

The one thing required of you is that you shall turn to Him *whole-heartedly*, and that you shall expect Him to act. If you are not whole-hearted — if you pray with the feeling that if it does no good, at least it can do no harm — you can hardly expect results.

If you turn to God in prayer, without tension, without vehemence, but quietly, steadily, and persistently, results will come. The greater the emergency, the easier will it be to demonstrate; but you must be *whole-hearted*, for the double-minded man is unstable in all his ways.

The most powerful of all prayers is simply "*Be still, and know that I am God.*"



CHIMES

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30th year of continuous publication — Edited with the inspiration of Spirit

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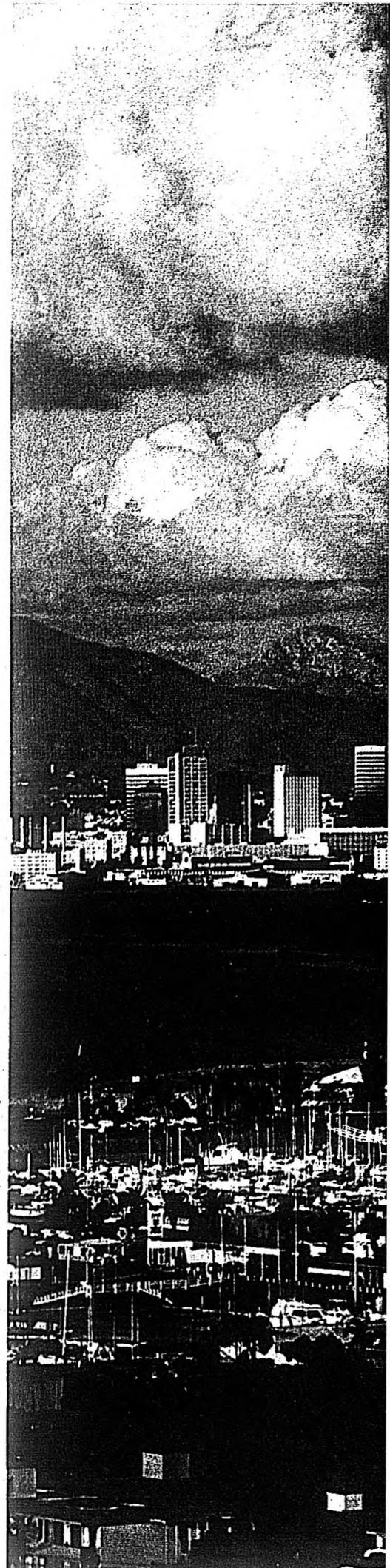
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— FROM THE COVER —

The ever beautiful harbor of San Diego, California
Photo courtesy of Robert Abbott, Solana Beach, California



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LETTERS TO THE EDITORS

KEEP SEARCHING — It is good to know Chimes is going out all over the broad land. It means others are searching for Truth. No matter how dim our light may be, if we but fan the flame, never giving up this search, this Light can save mankind from the black abyss he has dug for himself.

All men are created equal . . . equal in "will" . . . our choice of good or evil, Spirit or material. The rule of Spirit can overcome the ills of man. We have but to look around us to see the path materialism takes, greed, hate, war and death.

In our 'silent times' of the day, let us unite in prayer for peace and spiritual understanding for mankind and love between nations. Perhaps instead of a tide of war, one of love and peace will engulf us and a New Age will in truth be a reality. God bless you.
Mary B. Sauer, San Diego, CA

A LITTLE GOES A LONG WAYS — There isn't another magazine in the world that can top Chimes. From the minute it arrives I have to read it all through, and then I keep going back to it for repeat reading. It is such a help in these turbulent times of daily living. It has helped me through many problems . . . and I do have some difficult ones.

Am sending in for Chimes to go to a friend and I know they'll love it. Thanks for getting me started on good reading.

Mrs. D. C. Huber, Minneapolis, MN

A BRIDGE BETWEEN — I am delighted to see more interest being generated in the needs and aspirations of young people as reflected in Chimes. I realize that some people view the older generation as having HAD their life, that it is the young we want to reach, and should, of course. But I also feel that as life is continuous, older people, with leisure to study, might be convinced and live their last few years with peace in their hearts, and be born again with a leaning toward the esoteric truths. As I told *Unity* one time, "The young are reached through the older people. Youth is seldom interested in spiritual truths; it is too involved with living." Since I said that, though, I see that many young people are sincerely seeking the Truth. Indeed, California is in the grip of a vast 'Jesus movement'. This is all for the good, but it makes me cringe to hear His Name shouted in rock music. If only they could believe more quietly. I suppose this shows my age, dates me, as they say. And I understand, too, it is better shouted than never heard. I have such a deep love for, respect for, Jesus and His life, He is so close, so real to me, so much a part of my thinking, of my reaction to life, that I feel insulted for Him. I realize, too, that I am "hollerin' down a rain barrel", that youth will go forward to the sound of its own drum. Perhaps this is best, since the drums of my generation are silent, or so muffled as to be lost in the crowd. Lovingly, your friend in Christ,
Dorothy E. Begg, Lake Pleasant, MA

(We must remember that many 'old souls' are at this time incarnating on the Earth plane. This is why so many young people — and extremely young ones at that — know instant recognition of age-old truths when exposed to them anew. Many have had their fill of so-called 'living' — especially the type of materialistic experiences their parents have and are passing through, and they are indeed READY for a more spiritual way of life. Not only that, they are the ones who will be in the vanguard of living it, whether older ones teach it by instruction or example or not. This is their reason for coming at this time. Dorothy certainly put her finger on it when she said that the drums of the older generation are silent, or so muffled as to be lost in the crowd. But a new note, a new sound is emerging and it comes through more loudly and clearly as the days go by. What is it? The ageless truth expressed perhaps in a different way; the song of life sung to a different tune. For the eternal never changes, but our perception and our ways of expressing do change.)

CHANGE PLEASE — I didn't use the blank on the back of the story "Amazing Secrets of the Masters of the Far East" as I want to save that story . . . it is so interesting and informative. Would you see if you can't find some other place to put your order form where it won't interfere with leaves taken out of the magazine. I read my magazine over and over again and give back copies to friends, so this means a lot to me. I hope such a change would not inconvenience you. Respectfully yours,

Lloyd E. Darst, Santa Cruz, CA

(Believe it or not, that little old order form has been moved around in Chimes more than any other thing in the magazine . . . for just that reason. Possibly the best place we ever found for it was on an extra flap at the back which could be torn off. The cost of that arrangement continued to rise, however, so it was necessary to move it back in to the magazine body at the most convenient spot. What is convenient to one person is not to another. We have a little private joke amongst ourselves, however, by referring to the magazine as "Changing Chimes" because of the number of changes we have instituted in all departments in the last ten years. This will continue, probably even accelerate in the near future, so there is no doubt that order form will be changed too. So keep your eyes open for it . . . you might see a few other things too.)

AH, YOUTH! — We are so happy and enthusiastic about the December-January 1971 issue of Chimes. This issue is just tremendous. The love and beauty of Spirit flows from every page. Would like to mention also that we so much enjoy the truth brought forth in the Mark Age articles and the Youth page — most thought provoking! Love and peace,

Mrs. D. D. (Jollean) Saddler, Fresno, CA

He That Hath Ears

*Received through inspiration
By Dorothy Evelyn Begg
Lake Pleasant, Massachusetts*

IN THE DAYS that lie ahead you who live in these times that will try men's Souls will witness many strange sights and strange sounds in the heavens and strange omens that will call for an interpreter. Each of you will see and hear your share of them! For great unrest is upon the world, like the blight on a rose, but all has its source in the changing of the cycle. When rightly understood, however, all can be made to fit itself into one's pattern of life.

The same wave that brings the "dethroning of the Great Ones," brings also the dethroning of lesser men, women, and values. Man has gone so far in the wrong direction, has followed after false gods so long, that something drastic HAD to be done to take him from his toys and turn his mind toward fundamental virtues through the new (yet how ancient) simplicity to God!

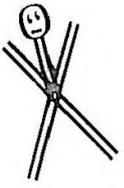
Man will learn from necessity where choice has taught him nothing, but mired him deeper, year by wasted year. This great change that lies ahead, whose ripples will reach to the most distant shores, *whose echoes will be heard in every heart*, will drive man to the full appreciation of what life can mean *devoid of the useless chase of things*. He will learn to look to God for his help, for his bread, and his shelter. In the reversal to primitive needs, man will find his Soul, and from there start anew. All that he has thought and felt in the pursuit of false gods will drop from him like a shoddy mantle. He will become like a little child again, with the child's right to his Father's love, His bed, His board, and beauty and truth, so long stifled, shall come into the Light. Life will be as it

never was before, for added to his new wisdom, *man will exercise it in a new world*.

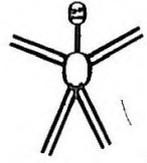
Before the peace, however, will come the strife. It is *inevitable!* All great changes must be preceded by chaos, by a general upheaval, that order may be restored. Old things must be discarded, new things added, and the worthwhile things that have stood the test of time must be repolished and set at the Master's Board. The old worthwhile things, such as love of family, love of neighbor, love of home and country, simpleness — which is true greatness — will be the keynote of the next life cycle. Pomp and circumstance have had their little hour and soon will fade away. A man will love his fellowmen for *what they are*, not for *what they own*, and will move among his kind unashamed of such love. He will render grateful thanks for his daily bread, his simple home, his happy children — and all men shall cry, "Hail, Brother!" one to another. This shall come to pass *for it was ordained from the beginning, and no man, nor body of men can alter His ordination!*

Knowing this to lie ahead, we must move serenely through the period that ushers in the New Order, even though we move in the midst of chaos. Be unshaken by any wind, dear ones, undisturbed by any sound. Stand firm upon the *Rock of Truth* and of what you have had revealed to you. Know that all is necessary and all is well! Personal changes, as well as changes in the outer life, will take place, but be not alarmed. A door closeth . . . Lo, another door shall open.

It was ever so. IT SHALL BE!



YOUTH IN ACTION



Prepared by Youth Division, Mark-Age, for Chimes

Law of Learning:

Accept only that which appeals to your heart as truth – let the rest pass you by, *for the time being* – for to each comes his own; and none can gain his own until he is prepared for it. – *The Upanishads*

A Prayer: . . .

Oh my God,
Thou art the greatest and the smallest,
Thou art light and color,
Pure prana and power.
You are everything
And I am returning to you.

in the
interest
of your
body

Q. *Is there life on other planets and could we live there?*

A. Scientists today say that in many ways they cannot see how life could exist on another planet because of various physical conditions. There are absolutely correct; your physical body could not exist as it is evolved at this present moment in time. However, other planets do have life forms in another dimension and frequency that cannot be seen with the scientific instruments being used today. New instruments shall be brought forth to prove these intelligences of another form and variety do exist, some time in this decade.

* * *

and your
mind ..

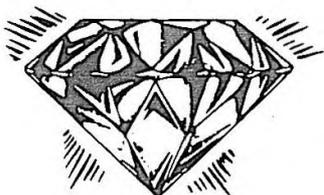
Q. *Can drugs give me the illumination I seek?*

A. Some have taken this route and have experienced some enlightenment in which they have learned a great deal. However, drugs serve to take the soul further away in the long run, and many do not have the stability to get back on the path after they have affected the outer bodies with these drugs. It is an unnecessary tributary to the river of Spirit. The masters have said that those who produce any forced psychic unfoldment are not to be examples for others, since they cannot teach or demonstrate that expansion of consciousness at will except through artificial means. If one is honest with one's self, one would heed the message that comes with any drug-induced particle of illumination: gain this area, and much more, through communion with your own high Self in meditation.

For more information from the masters regarding thoughts on drugs, send for the Mark-Age brochure, "*Mind Expanding Drugs*". Mail a self-addressed stamped envelope to Youth Division of Mark-Age, % Chimes magazine.

* * *

diamond



In many respects this is the most unique gemstone on Earth. It is the only one made out of a single element, carbon. It is 42 times harder than any other stone and is used to cut and to polish all others. In early days it was used as found, though modern cutting has enlivened it tremendously. Most diamonds found are not gem, but industrial, quality.

The diamond is symbolic of love, romance and marriage on Earth; which is fitting for, among others, the diamond is a vibrational aid to the heart. – *Jo-el of Mark-Age*

The difficulties that manifest in your lives are to be faced squarely-and the answers sought in the proper way and from the proper source; which is God, without and within. God speaks in and through all avenues to teach you. You are all capable of praying and hearing or reading to get your answers. Increase your understanding and pray for greater guidance in any situation that has manifested in your lives which needs changing.

Change your attitudes or thoughts toward others into ones of love and see the final dissolving of the difficulty through the power of love and through your inner guidance in response to your need and asking. See a specific difficult situation being erased, eradicated or transmuted by the love projected by you.

In like manner do not be impatient with yourself or with others, but rather love yourself and forgive yourself any mistakes; and then do likewise to others. To be negative towards one's self is as wrong as to be negative toward any other individual. So, LOVE GOD AND LOVE ONE ANOTHER!
-Zan-Thu

IMMORTAL FLOWER

Up from the soil of our souls
Sprouts a strong, new growth

Nurtured by the rain of hope
Only love itself bestows.

My mind envisions gardens
Graced by myriad rainbow arbors.

Yet sometimes buds refuse to burgeon,
Death threatens even placid season.

Often an insect, deeply hidden,
Devours seeds that seek the sun.

Death and pest will have their hour
But love grows on, immortal flower!

- Betsy Bauman, Miami, FL

a good way to glow

Visualize perfection in your body, mind and soul. Visualize perfection in the government, educational and penal systems, and the program for Earth. Then hold and keep that vision of each and *know* them to be at least that perfect.

This is a very potent practice, for the love and thought that you give to these perfect images bring about their eventual manifestation.

The true parenthood symbol is one of guidance, discipline with divine love, always in the right proportion.

Children are canvasses that parents paint upon. Be careful of the quality of paint, the shade of truth and the patterns which are made.

* * *

making strides



A rock festival, in a sense, is supposed to be a happening where the desire for a feeling of community, which is difficult to be found elsewhere, is fulfilled. At its best, rock music does temporarily fill that gap.

The problem is, of course, that when the concert is over, the world and all the same old hang-ups remain. The sense of community, the brotherhood of being together, the enjoyment of the common good, all these have to be built outside the concert halls and cow pastures.

It should be remembered by all who promote and attend these festivals that Woodstocks, good demonstrations that they might be, only last three days.

The challenge is to extend that community to all the rest of the days. Music is one key to spiritual understanding, and one of prime importance, but of itself is only a part of each of us. It is when all of us are together in spiritual understanding that we have true community.

* * *

The Overshadowing Influence

IT WAS IN FEBRUARY, 1953 that I had my first experience of trance mediumship, just twenty years from the time I first became interested in being an optimist rather than a pessimist. It was in 1933 that I had sat in rapt attention listening to the voice of Christian D. Larson, who authored the Optimist's Creed, and even though I had heard many Unity ministers, and read the Charles and Myrtle Fillmore books, I still "worried" some. About this same year, I also had become interested in the lectures given by Dr. Ernest Holmes. These had led me into taking the Practitioner's course, following it up with two more years of study, which culminated in graduation with a Master's degree, from what was then called "The Institute of Religion, Science and Philosophy."

February, 1953 was a new highlight for, having been quite conscious of guidance many times in the past years, the experience of having my vocal cords used by someone I could not see was a startling experience.

For quite a few years I had been teaching others that nothing was impossible to God. Was I now going to be one who would declare THIS to be an impossibility? Also, for years, I had taught that life was eternal; could I now say that there was no such thing as a personality — of another and different plane — speaking through? Yes, that was the explanation given — that it *was* possible for one who *knew how* to use the physical vocal apparatus of another.

I had been doing some treatment work for a grief-stricken friend one particular evening, and had stretched out on the floor before her fireplace to do it. I had apparently dozed off when this voice came through.

My friend said, "You went to sleep, and a voice quite unlike your own, spoke. It sounded like a Chinese speaking pidgin English. Do you remember any of it?" Then she showed me the message she had written down on the back of an envelope.

The experience fascinated us so much we wanted to try it again, and in time let one or two others in on our little experiment. Each time, the same voice came in, and each time we had more proof of one kind or another. In a few months anyone who wanted to come could do so, and we made no charge for this, for we still considered it an experiment. Our little Chinese friend spoke in her quick, vivacious way for quite a while before she introduced to us another personality, called IMRI. His deep warm voice and careful diction always brought ease and calmness to the listeners. The size of the group of listeners grew.

At one point Imri said, "You are given Love. You can waste it . . . Many persons love only themselves, only want things for themselves; very shallow, immature and young. If you understand the laws of growth, you desire to send Love to others, but you

By Muriel Noyes Gillchrest

Seattle, Washington

do not satisfy their selfishness by giving them things, or time, for this is not the way to help them. Inspire them to further efforts until they reach the real goal they seek. That real goal is so much more important and satisfying."

A year later, February, 1954 this was said, "You ask for higher intelligence . . . it can come as peace, as love, as understanding . . . we do not make everyone a channel. There will come a day when we will not do this *this way* anymore. This is a step, or stage of growth, and we move on to the next one."

I was already learning that messages from the ones of a Higher Plane could come into my mental realm without going into a trance state; it was indeed perception beyond the realm of the senses. When in 1955 this entire taped instruction went into book form, many individuals were helped a great deal, and we were told by Jan, a very high instructor, that all over the world others had been made into channels for such instruction in the last few years. Many are still functioning as such, and new ones are being prepared so that in time the great majority will be acquainted with the idea of how living in the New Age must be.

It is important to know what the "certain conditions" *which must obtain* really are. One must know how to use principle and discover how the intuitive faculty works.

Since all do have access to this "overshadowing influence", in the next few years many will use thought in such a way as to encourage, rather than push it away. As most of us know, where there is no place to turn to — no one to help — everyone turns to God. For months, or years, they might declare, "I don't believe in God!", but when things are really rough, finally they do turn to Him. As the Influence grows greater, as it will in the near future, and in fact, is daily doing so, more and more will turn from the mundane to the Divine.

Many will wish they had begun sooner. Since it is a thing of consciousness, however, they will all do as we did, "keep trying," until they reach the awareness.

The experience Muriel Noyes Gillchrest has described to you here could be the stimulus to get you to read her latest book, *Your Treasure Within*, and possibly as well her earlier book, *The Power of the Universal Mind*, both highly recommended Chimes book selections.



Dr. Kathryn Breese-Whiting is an educator, author, minister and philosopher. She is Founder and President of The Phoenix Institute, and has lectured in major cities in the United States, the British Isles and Mexico. THE CHURCH OF MAN, under her direction, held its first Sunday service in Hospitality House at San Diego's Balboa Park on February 14th. This new church embodies her concept of new age worship, featuring four elements: good music, reading from the Ageless Wisdom, meditation, and the lesson.

VANGUARDS OF THE NEW AGE — Part I.

THE RISE OF THE PHOENIX

. . . the symbol of man's rising consciousness . . .

THERE IS a mythical bird that lives during a time of peace. It is called the Phoenix. Only one bird lives at one time, and it is born out of the ashes of itself to exist some five hundred years. Then it dives into the flame of Life and disappears only to recreate itself out of its own ashes.

Man looks upon the idea of this bird and wonders about the magic or the error of it, seldom stopping to consider the Phoenix in relation to himself. Yet man is born only out of the ashes of himself as he dives into the fiery spirit of his own God-head.

The Phoenix rises when there is a breakthrough of awareness in man and the energy is released in a new way and man is lifted up. Thus the expression of the Phoenix depicting the rebirth of man out of the ashes of the past. Man continually is expressing life out of the rubble of the past.

The whole process of evolution has expanded and contracted in a rhythmical way to produce out of the lower vibrations of the cosmos a creature capable of consciously cooperating with its own nature.

Man, seemingly abandoned by the cosmos, must now, out of himself, come into a self conscious state of his own Being in such a way that he takes his place as the Cosmos — a Being totally aware, so that all space, time and weight are simply evidences of awareness. Effortlessly, he lives and moves — as Suns, Moons, stars and planets — only He is Self-contained; Self-motivated; Self-sustained.

Today the Phoenix rises again. Man has reached a place in consciousness where he is willing to cooperate with the principle of his own being. Out of the ashes, from the rubble of his own awareness he, smolderingly, is rising into a new state.

The death of the old fixed static concepts, ideas and actions has been a slow process — perhaps more one of apathetic decay and decomposition rather than a deliberate, clean-cut change; but the change has occurred and a new man is emerging: a man concerned with his humanity to man; a man aware of his place in the Cosmos; a man willing to use himself and all that he is to assure the manifested harmlessness of the Cosmos; a man aware of the universal principle within him to such an extent that he understands its reciprocal action in his world; a man whose heart has opened wide to include the heart of man as well as the heart of the heart of the Universe. When man is equal to the experience of a New Age, the New Age occurs.

This new man is a harmonized, unified creature because he is consciously cooperating with his own nature, which is the nature of the Cosmos; therefore, he is now no longer at odds with himself, life, or the world. He has learned to live, to express life energy by *being* it in all its pure, unadulterated creative substance.

Man, the measurement and distribution of the highest quality of energy known on Earth, now takes his place in the orderly arrangement of the Cosmos and form (manifested energy) is now the servant. Man-being free, clear and unencumbered by the past — having lifted himself out of himself through his own awareness and his own understanding — expresses this pure substance as Peace, Beauty, Joy and Love.

There is a way to quicken the process on an individual level. The group must be secondary although it may seem to be primary, for the group is but the evidence of a composite individual awareness.

Man individually must be aligned within his own nature before he can be group conscious to the extent that he *constructively* participates on a conscious level. The destructive nature of man is simply the evidence of a misunderstanding of his own nature in a critical, abusive attitude toward himself, his world, and his God. These attitudes or patterns have been established through millenniums of belief in separation. Man, believing himself to be a separate entity, has reasoned and acted from this premise and by the very nature of the Cosmos, which is his nature,

(concluded on page 44)

Before you listen to a talebearer, please read this article. It may save you endless heartache.

THE MANIPULATOR

*By Lee Baxter
El Centro, California*

There's a very easy way to spot a manipulator: *He doesn't trust others.* He plots against others, so he is positive that others are plotting against him. Every word that is said to him, every action, is weighed because it may indicate that some nefarious plot is afoot. He imputes to others his own strategies: lying and twisting the truth until it becomes more monstrous than a lie. Bearing tales (true, twisted, false) is his favorite gimmick for pitting people against each other, and by this confrontation creating the situation or condition that he desires. It isn't safe even to speak to a manipulator for he can twist the simplest statement into a vilifying weapon to use in his ghastly little game.

Another way to identify a manipulator is through his *tunnel vision* . . . his rigidity of belief: he cannot be persuaded to change his viewpoint or his purpose. He is always right — the great white knight. Those who oppose him or his beliefs are always wrong —

There are many kinds of psychic warfare. Perhaps the most devastating is that waged by the manipulator.

The manipulator is motivated by his desire to control others, and by a personal sense of inadequacy which prevents him from doing so (it's usually a "her") in normal ways.

It is through controlling others that the manipulator receives his sense of power. He uses his "friends" as expendable pawns in a deadly game of living chess in which he tries to checkmate anyone and everyone who might thwart him in any way. By maneuvering his pawns, by pitting them against his rivals or his enemies, or against each other, he seeks to control every situation which involves a psychic threat to his ego or to his ambitions.

The manipulator has many maneuvers by which he gains his ends. All of his personal relationships are his arsenal. He mobilizes his pawns whenever he feels threatened, or whenever he wants to reach a goal, or gain an end. He controls them by their reactions to his various strategies. Any emotion that he feigns, anything that he says or does, is a device for creating a reaction in the pawn, and producing the action which will gain the manipulator's objective.

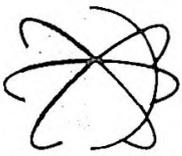
Satan's angels. If you want to put this method of spotting a manipulator to the test, chide the one you

suspect — tell him he has a closed mind. You'll learn the truth . . . and you'll pay and pay and pay for your audacity.

The pawn is the manipulator's exact opposite: trusting, open-minded, willing to be persuaded that someone else's viewpoint or plan is better than his own. It is these attributes which set him up as a potential "patsy" for the manipulator. He becomes a pawn because he is long on trust: he loves others, and doesn't think that anyone wants to use or hurt him because, after all, he would not use or hurt anyone. The hallmark of the pawn is that he is overly-trusting . . . he is, that is, until the manipulator has lured him into a tangled web of deceit and barraged him with tale-bearing tactics. The person innocent of conniving has no need to fear that others are plotting to beat him at his own game — at least not until he is pulled into the manipulator's all-out psychic warfare against fancied enemies. On the other hand, the manipulator's life is in itself controlled by the fear that he may be meted the same fate that he has meted others — the Golden Rule in reverse. His self-made golden rule is "Maneuver against others before they can maneuver against you" — and it is into this vortex of paranoid conniving that the pawn is drawn.

The manipulator's contrivings are so candidly calculated, so much like a battlefield four-star general's tactics, that the poor pawn (who doesn't even know he is on the battlefield) may be duped for weeks or months before he becomes aware that he is being used; that he is being sent up to the psychic firing line while the manipulator-general stays safely out of the danger zone. The manipulator feigns the false face of friendship, pretending that he is the pawn's protector and comrade-at-arms. To further establish himself as "best friend," the manipulator disrupts the pawn's other human relationships: he will tell the pawn, "Sarah doesn't like you." The pawn asks "How do you know?" The manipulator counters with an innocent or jesting remark that Sarah has made, which, taken out of context, sounds hostile. Or he twists the truth or tells a deliberate lie. Or he smiles a pious smile and says, "I can't tell tales.

(concluded on page 18)



ANOTHER TIME . . . ANOTHER PLACE

"I FEEL CERTAIN that hundreds of years ago I lived another life", said Goldie Hawn.

Millions of TV and movie fans know Goldie as a scatterbrained blonde comedienne, but when she spoke about her sincere belief in reincarnation, she was a poised, intelligent and very serious young woman.

"Until recently I did not hesitate to dismiss the whole idea of an earlier life as just nonsense and a little weird," Goldie said during an interview on the "Laugh In" set at NBC-TV in Burbank, California. "But things have happened to me and I can no longer ignore something simply because I cannot explain it."

For example — Greece and the Greek people. "Ever since I was a little girl, I've been drawn to Greek people, and time after time I have intuitively known things about Greece and its ancient culture without ever having had any direct connection with the country."

Long before she was a star, Goldie became interested in reincarnation. She related, "When I was 13, I met a 14-year-old Greek boy in my hometown, Washington, D. C.

"He was a deep thinker and a very serious boy. He would start to talk about many different things, but our conversation always seemed to lead to discussions about ancient Greece. Once I asked him why we always seemed to be talking about the distant past. He told me he didn't know why, but that he only talked that way when he was with me. Then my family moved to Silver Springs, Md., and we lost track of each other. A year or so later, I met another boy and we got along extremely well right away.

"Then eventually I learned that he was Greek too, and my relationship with him developed in much the same way as it had with the first Greek boy. But I began my career in show business and we drifted apart.

"Then a curious thing happened. Everytime I thought of either of those two boys, a remarkably clear picture of a great landscape — that I knew I had never seen — came into my mind.

"Three years ago, when I was appearing in a theater in Los Angeles, I met another fellow. Now every girl in show business meets a lot of men but when I saw this fellow, I was immediately drawn to him. It was the same pattern repeating itself. I just looked at him and he turned around very quickly and looked at me. Later he told me that he imagined that someone had spoken to him.

"Someone introduced us and it was if we had known each other all our lives. I was astonished to learn he was a Greek. His name was Gus Trikonis.

"A little sheepishly at first, I told him about the scenes I had envisioned during my life and he was stunned. The views I

(concluded on page 43)

BLESSED ARE THE MEEK

By Dr. Josephy Murphy
Beverly Hills, California

THE MEEK are teachable. Their minds are open and receptive to the truths of God. You cannot put anything into a closed mind.

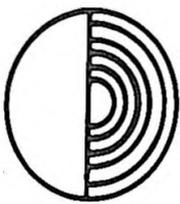
The meek are not judgmental, neither do they apologize for being so. They have consumed bigotry, ill will, resentment, and racial and religious prejudices within themselves by the fire of Divine Love. The meek radiate love and goodness to all men and wish for them all the blessings of life.

The meek do not surrender to their enemies or attack them by force. They overcome all enemies through Divine Love and make them their friends.

The meek do not engage in violence; they know there is nothing to oppose and overcome but evil thoughts and negative images.

The meek have a powerful weapon which is a sense of oneness with God, and anyone who tries to hurt or to plot against them stumble and fall, because *one with God is a majority*.

You are sure to enjoy Dr. Murphy's inimitable interpretation of Bible scripture as he gives it in his book, *Pray Your Way Through It*. Not only does he give the inner meaning of Revelation from the writings of St. John the Divine, but he tells you how to rise, transcend, grow and expand through the practice of the presence of God — an unusual Chimes book selection.



excerpts from world news centers

PSYCHIC DIGEST

A PLACE TO BEGIN

THE CHRIST has to function through your consciousness or my consciousness if our family, community, or nation is to be benefited. Each of us is a tiny little thread in the world's scheme, a strand in this great spiritual rope. Most of us begin equally as NONENTITIES, and whatever measure of success we have is due to the measure which we open ourselves to the activity of the Christ. We cannot wait for somebody else to do it. We have to accept our responsibility because if the Christ is to be loosed into the world to bring healing and regeneration, each one of us has to be an instrument for that Christ-activity. — Excerpted from *The Aquarius Press*, Albuquerque, New Mexico

OUR UNSEEN SUPPORT

MAN IS BECOMING MORE AND MORE AWARE of the unseen realms. Our newest and some of our largest industries are working with the unseen — radio, television, atomic energy, light rays, electronics, and even the probing of outer space. We now know that everything visible is held in place by the unseen. This invisible energy is at work everywhere. It is the love we feel for each other, the interest and common purpose that forms us into families and groups, the faith that enables us to progress.

— From Ann Rehm in *The Rosicrucian Fellowship Magazine*

LEARNING HOW TO LIVE

UNTIL A PERSON WILL ACCEPT everlasting life for himself, all others, and for the universe, he cannot in truth begin to live, and to learn how to live in truth so that life will be abundantly satisfying to him. — From Winifred Babcock in *Portal Magazine*

BEING AN EXAMPLE

BE AN EXAMPLE of what you want others to be. If you are inclined to lose your temper and fight back or speak harshly; if you scold the children unreasonably; if you are nervous and easily upset, shouting and speaking unkindly — change yourself! That is the best way to change those around you. It is hard to do, but it can be done. One's effort should be directed toward making himself a person who is respected and looked up to; whose word carries weight. He should speak from true wisdom and understanding, never from anger, nervousness, jealousy, or desire to retaliate when hurt.

— From Sri Daya Mata in *Self-Realization* magazine

HEALING IN BRAZIL

IN BRAZIL, where over half the 90 million population are Spiritualists or Spiritists, One state has forbidden them to practice healing.

In some states the therapeutic practice by any religion, sect or cult — even when freely dispensed and for philanthropic reasons — is forbidden in institutions or elsewhere.

At Porto Alegre, in the State of Sao Paulo, there has been for many years a famous Spiritualist hospital where mediums and medicos co-operate in free healing to the sick.

Rome makes no secret of her hostility to Spiritualism in Brazil, where it fights a losing battle. Jose Arigo, the country's most famous spirit healer, has been jailed three times. The charge was that his "operations" constituted "illegal practice of medicine." Now he is under the Brazilian President's protection.

Though the thousands of prescriptions given through him in trance are also illegal, they are accepted and the requisite medicines supplied at drug stores.

— From *Psychic News*, (London)

THAT MOMENT OF TRUTH

FOR NEARLY EVERY man, at least once in his life on this earth, is vouchsafed a degree of spiritual revelation. It is the recognition of this moment, and his subsequent behavior, that colors his future.

— From *Psychic Observer* magazine

LESSONS FOR STUDENTS

'HOW PSYCHIC ENERGY PRODUCES AUTOMATIC WRITING

IT IS POSSIBLE to communicate with certain individuals who dwell beyond the curtain of death and for them to communicate with us. The connecting link in almost every case is forged of **psychic energy**.

There are many ways in which this intercommunication takes place. Even a most detailed accounting would cover but a fraction of those which have been reported and there are presumably a great many others. The most common however are via automatic writing, the planchette, the voice of a medium, direct voice, apports, symbolic appearances and actual appearances. These for the most part represent objective experiences which presumably can be observed by disinterested persons apart from the medium and the sitter.

THE OAH SPE

There are literally thousands of recorded cases of automatic writing, some of them quite famous. One of the best known and most remarkable is the book *Oahspe*, sometimes called the *Oahspe Bible*. It was written by Dr. John Ballou Newbrough and copyrighted in 1882.

John Ballou Newbrough was born on a farm near Wooster, Ohio on June 5th, 1818. From his early youth he indicated some ability toward both clairvoyance and clairaudience, which were brought more fully to the surface during his college days as a result of being mesmerized (hypnotized) by a Professor Sutherland. He studied dentistry and practiced in California and Australia before finally settling in New York.

Dr. Newbrough in his middle life developed remarkable mediumistic ability. Under instruction from an unseen guide, who used Newbrough's hands (and his psychic energy) to write out his orders, he practiced certain disciplines for ten years and then set about the writing of *Oahspe*. In that period of training he gave up eating meat and fish, milk and butter. He rose each day before the sun and bathed twice a day. His weight dropped from two hundred and fifty pounds to one hundred and eighty and remained fixed there; rheumatism which had previously bothered him left him entirely and he was no longer subject to minor ills such as headache, colds and indigestion. He seemed to have taken a new lease on life.

About this time he was instructed to buy a typewriter and learn to type. This he did with difficulty but after two years he had acquired a fair degree of skill and his actual writing began. Each morning for a half hour just before sunrise he sat at his desk while his fingers flew over the keys. This continued for fifty weeks at the end of which time he was told to read what he had written, which he did and states he was amazed at what he found there.

That his writing was "automatic" can hardly be questioned. The book itself is of such a scope that it seems improbable that any one man, or even a committee, could write it in a lifetime. Yet even if we set this impressive document aside, his practice of writing with both hands simultaneously when blindfolded or in darkness, and occasionally of drawing skillfully with one hand while writing with the other seems to give evidence of direction well beyond the normal.

There seems no doubt that Dr. Newbrough wrote automatically and that his hands were guided by an intelligence or intelligences superior to his own, but the energy employed in the writing was his and the energy used to guide his hands was also his own psychic energy accumulated in great quantities throughout his years of preparation. Psychic energy is obedient to mental direction and while the energy was Dr. Newbrough's, the direction came from some other source, a highly intelligent and well-informed source. The identity of this source and its nature can only be surmised from the writing itself.

A DISCARNATE AUTHOR

There is another book you may find interesting. It is titled *A Dweller on Two Planets*. Its writer, Frederick S. Oliver, disclaims any credit for it saying that it was written automatically under the guidance of a discarnate intelligence he identifies as Phylos.

Frederick Oliver was born in Washington, D.C. in 1866, the son of a medical doctor who moved his family shortly thereafter to California. At the age of 17, in 1884, he started writing automatically and found he was producing material far beyond his experience and limited mental capacity. The author of this material eventually identified himself as Phylos, the Esotericist. For a year Phylos trained

(concluded on page 46)

HOW DO YOU PRAY?

Getting to Know God

THE SPIRITUAL WAY TO MEET EACH DAY

THANK YOU, Father, for Thy Presence, which fills my being and expresses Thy Perfect Purposes in EVERY ASPECT of my life and all life — in all people and throughout nature and the world and because Thou art with me . . . I begin this day centered in deep peace, radiant with love, energy, courage and confidence and in tolerance and understanding. I know that all things are working for my highest and eternal good and every experience today, is designed to that end. I expect this — I KNOW this.

Every person I meet shall receive the friendship which springs from Thee. There shall be a smile on my lips, a light in my eyes and with care and consideration, everyone shall be blessed as I commune with them in love.

Thou art my health and strength and courage — my love and my peace of mind. All that I am, all my hopes and needs and all that I hope to become, are laid in glad surrender before Thee.

— Doris Worthington

WHAT ONE THING has man done which has lifted him above all other life on this planet and set him apart from the rest of creation? From earliest times he has recognized a power higher than himself and has reached out in worship and supplication to this power, seeking strength and guidance in moments of danger, strife, confusion, indecision or fear. When man, however ignorant or enlightened, has humbly and earnestly looked to God for help, he has always found the power to face all manner of trials and adversities.

God has spoken to man through his mind, his intuition, his higher sensory faculties, giving him the urge and the courage to meet whatever difficulties confront him, rewarding man according to his faith and his willingness to follow the direction of the voice within.

Man would never have emerged from the primitive state had it not been for prayer. He would still be in the jungle except for his search for something higher and finer.

The God-ward urge dwells in each human heart. It accounts for the restless, unsatisfied, unhappy, insecure feelings many humans have. They know, consciously or unconsciously, that they have lost contact with the God Power within — and that without this contact they have little or no direction in life. They are too often the victims of uncontrolled emotions, their destructive feelings of hate, prejudice, resentment, greed or fear.

There is only one way to escape domination by these feelings. If you are disturbed in mind and heart you cannot change your condition until you have changed your mind. Remember that the God Power within will not compel you to change. As a creature of free will and free choice, you can choose to use the God-given creative power wrongly if you so desire.

Wrong thoughts will automatically and infallibly produce wrong results, just as right thoughts will as surely produce right results. If at times you have not received the answers for which you have prayed, you can be sure that, somewhere along the line, you have failed to live in harmony with God's laws. It is worth reminding you again that in order to get the right answer to prayer you must make a clear channel of your mind so you are prepared and ready to receive what you have asked for. This may take time, but a very deserving prayer is answered in time, perhaps not in the way you thought it should be answered, but in the right way — if you have sought the answer sincerely and honestly.

Never forget that you cannot deceive God. Your inner self knows whether or not you really mean what you say, whether or not you really want what you profess to want. Keep this fact in the foreground of your mind at all times — a part of God, the Great Intelligence, dwells

There is an art to tuning in

in your innermost consciousness. You are a part of God, evolving your soul by physical, emotional, mental and spiritual reactions to what happens to you in this life.

You are living in a universe ruled by cause and effect. You set up the causes by your own thinking, good or bad, and you get the effects, in time, of these thoughts. It must then be clear that God does not punish you – you punish yourself.

Once you have learned the right way to pray you will find yourself in tune with the greatest power in the universe – the God Power within you. This power is able to attract to you whatever you need. All you have to do is to picture this need in your mind – and support your idea with faith and prayer. But it is necessary, after you have done this, for you to put forth every effort on your own behalf.

A highly successful businessman, whose life is governed by prayer, stresses the importance of backing up faith with works. "The only time our prayers are answered," he declares, "is when we say 'Amen' and then get up and do something about it!"

What are you doing about it? Sitting around, having prayed, waiting for God to do it all? He won't. He will supply you with the ammunition, but you'll have to fire it. You need the assurance in your own mind and heart that God is with you and is helping – but you must work along with Him. You will have attained peace of mind when you come to know this.

When you pray that you may think right and do right, each day, you are actually performing a surgical operation by causing the God Power within to remove wrong mental attitudes while enabling you to assume the right ones. You are creating conditions which protect you against wrong happenings and mishaps, which see to it that you are at the right place at the right time, taking full advantage of the right opportunities, making the right decisions, saying and doing the right things.

But are you grateful for this? Do you fill your heart with gratitude, and express it so your love and appreciation reach God?

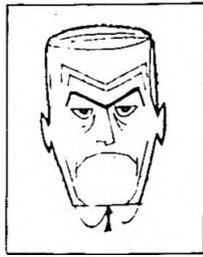
So many of us are seeking material answer to prayer, forgetting often to give thought to the sheer joy of living and to all the blessings that are ours.

The foregoing thoughts on achieving peace of mind through prayer are amplified in Harold Sherman's book, "*How to Use the Power of Prayer*" – one of Sherman's many books offered by Chimes.

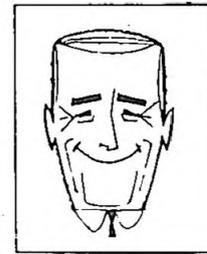
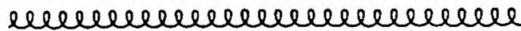


All men of every race and sod,
Are equal in the sight of God;
The color of a person's skin,
Does not disclose what's deep within.

– Harold G. Hopper



IT'S WHAT THEY SAY



Dr. Marcus Bach — In predicting the "coming of the New Man", Dr. Bach said the pace at which we move makes it conceivable that within the lifetime of many of us, there will be a "spiritual breakthrough." We will hear about a new revelation, see even greater miracles, and be drawn into a new environment in which the spirit of man will be recognized as the Spirit of God at work in the world . . . Only after having a definite purpose in life can we achieve calmness of mind; only after having achieved calmness of mind can we begin to think clearly; only after we have learned to think clearly can we acquire knowledge.

— From *The Will to Believe*

Masaharu Taniguchi — Although religious leaders often tell us to have faith, the word faith is an all-embracing term which can include adherence to the idea that life is born of matter. Medical men of today are generally believers of this faith, who propagate a doctrine to make us venerate medicine and vitamin pills. There is no self-contradiction so serious as that of scientific man who laughs at religion as idol worship, at the same time that he worships drugs and vitamin pills. The worship of drugs and vitamin pills is none other than a form of primitive idol worship which would contend that matter is life or that matter is God.

— From *Seicho-No-Ie*

Vernon Howard — There is an entirely new way to use your mind. Do not try to imagine what it is, for it is above imagination. But know that it exists for your new power and true happiness.

— From *Pathways to Perfect Living*, a Chimes book

Dr. Milan Ryzl — There is a question as to whether ESP is normal or not. Some people are afraid of ESP and believe there may be something pathological in it, something morbid — that ESP is not a normal, healthy function of an individual. Parapsychologists today are convinced that ESP is widely distributed and that nearly everyone has this ability in latent form. The big problem is how to awaken it. But they have concluded it is a normal physiological function and there is nothing pathological about it.

The experiments undertaken in the Communist countries of Europe indicate that parapsychology occupies a strong position, and that efforts are being made to control ESP as a means of communication, the ultimate goal being to strengthen the position of the world Communist movement.

— From the *Parastudy* bulletin

Dr. Wernher von Braun — Science tells us nothing in nature, not even the tiniest particle, can disappear without a trace. Think about that for a moment. Once you do, your thoughts about life will never be the same. Now, if God applies this fundamental principle to the most minute and insignificant parts of His universe, doesn't it make sense to assume that He applies it also to the masterpiece of His creation — the human soul? Everything science has taught me — and continues to teach me — strengthens my belief in the continuity of our spiritual existence after death. Nothing disappears without a trace.

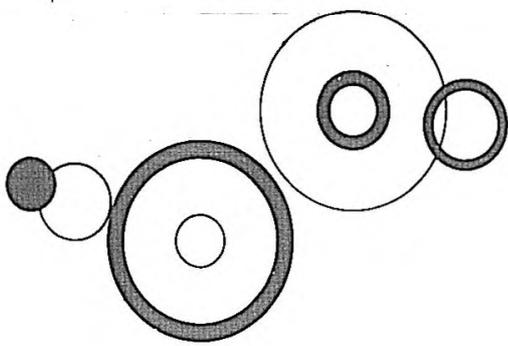
— From *New*, Unity Magazine

Edgar Cayce — Know that life and mind are eternal. Regardless of whether the choice is to act in this or that manner in relationships to same because of the expedience of this or that, these are *facts!* Just as the existence is a fact; for it IS!

— From *The A. R. E. Journal*

Arthur Ford — The worst thing that ever happened to the Spiritualist movement was when they organized into a church. If you have a church, you can do anything — and the law can't touch you. It became a religious cloak for the charlatan. But now, the Spiritualist Church in this country is practically dead.

— From *Psychic* magazine



QUESTIONS WE ALL ASK

. . . with messages for the searching mind in quest of Truth,
satisfaction for the perplexed, comfort for the sorrowing heart.

We continue this month with questions submitted by members to THE PARASTUDY GROUP of Chester Heights, Pennsylvania on the subject of reincarnation.

HOW CAN the principles of reincarnation be proven to be true?

BY SEEKING to disprove them. The best way is through *your own* research, since proof "handed out" by others is rarely convincing.

But you must be willing to challenge your present attitudes and beliefs, no matter how comfortable they are. No proof can change a mind that has already decided against change!

The statement "Seek and you shall find. Knock and it shall be opened to you" is as true now as when it was first spoken.

OF WHAT BENEFIT can knowledge be to myself and to humanity in general?

- a. It can help people to become more tolerant of each other, appreciating that souls are at different stages of progress, requiring different experiences for growth, also choosing different paths to the same goal.
- b. It helps most people to obtain sensible answers to questions that once seemed to have no answers.
- c. It can influence people to live better lives, now realizing that life here on earth is one of cause and effect — in the area of human relationship and experience and not only in physical science demonstrations.
- d. It can help people recognize that God has never been unjust, or lacking in patience and love, but rather He has been misunderstood because His plan has not been understood.
- e. It can help people to recognize that the poor conditions found in this world are not the fault of God, nor are they His responsibility to correct.
- f. It can help people realize that any effort of theirs to make this world a better place in which to live may be for their own future benefit; not just for other souls. Further, that any burdens they leave behind may have to be borne by themselves.
- g. It can help people bear their burdens with a lighter heart, realizing that those burdens are an opportunity to return to the path that leads back to God.
- h. It can help people persist in their efforts to make progress (up to the last breath of life) realizing that no effort on their part is ever wasted but rather accrues to their future benefit. This applies to development of the body, mind and soul.
- i. It can help those now blessed with a good life to appreciate that their position is one of testing, of development, as well as one of trust and higher obligations; that their spiritual progress is not automatic and indeed may be more difficult.
- j. It can bring about a better understanding of so-called "psychic phenomena" — specifically:
 1. That it is the natural result of soul development or soul growth.
 2. That, for this reason, it may become more and more commonplace as time goes on.
 3. That properly respected and studied it can bring to man a better understanding of himself, his true abilities and gifts, and his obligation to use them in a right manner.
 4. That with this proper understanding it may someday be regarded as more natural phenomena.

(continued from page 10)

It wouldn't be right. But don't trust Sarah. She isn't your friend." The hapless pawn for the first time distrusts another soul and is pitted against Sarah, who loves him and is bewildered by his sudden coldness. The pawn is too deeply hurt by Sarah's implied or stated "treachery" to go to her and learn the truth. Thus one by one the pawn is divested of his true friends and bound by unseen fetters to his manipulator.

The manipulator is very careful never to have a witness to his actions — unless he must pit an entire group against one individual. So while he is creating suspicion in the mind of the pawn, and divesting him of friends, he is at the same time pitting Sarah and others against the pawn — in sly little tete-a-tetes. To remove the pawn entirely from their orbit of influence, he tells them not to trust their erstwhile friend — using the Sarah technique on them. The bewildered pawn is now surrounded by hostiles — he loses friend after friend without suspecting the source of his difficulties. His once-happy and harmonious human relationships are completely disrupted, and the manipulator, his protector and comrade-at-arms, is the last person he would suspect of having brought the chaos into being.

If the manipulator, who seethes with hatred, has an enemy he wishes to destroy, he incites the pawn to believe that this enemy is an arch fiend who is out to get the pawn, or to destroy something that the pawn cherishes — a love relationship, a friendship, a job, or status in the community. And so, in fear and in anger, the pawn reacts by taking the action which the manipulator suggests will remove the threat and the enemy. The manipulator seldom takes direct action against his real or fancied enemy. He incites others to do his dirty work for him. He may pit one person against another, or a group against one, but it will always be done in such a way that he will appear to be the Great White Knight, or the innocent victim. If anyone ever stands in judgment of the act (the provocation of which had no witnesses — remember?) it is the hapless pawn, who unwittingly was duped into taking the action that the manipulator desired.

If at last the pawn becomes aware that he is being used in a deadly game of psychic warfare — if at last he sees the hideous face hidden behind the manipulator's pious or benign mask, the manipulator then turns on him and seeks to destroy him. At all costs the manipulator must not let it become known that he plays a nefarious game with other people's lives. He has been preparing for this moment ever since he met the pawn. He must now discredit his former ally utterly — and to this end he uses every word the pawn has ever said, in seriousness or in jest, twisting and distorting until no semblance of the truth remains. He bears twisted tales. He lies. He

vilifies. He attributes to the pawn what he himself has said and done. He may do this under cover if he only suspects that the pawn has recognized him for what he really is — a contentious spirit as described in Proverbs 26:18-28.

The pawn who has "seen the light" and has escaped from the manipulator's hypnotic influence for a while, will be subjected to all of the underhanded tactics that the manipulator can bring to bear against him. His influence with others must be totally destroyed before he can rise up to plot against his former ally. (Nothing could convince the manipulator, you see, that the pawn may have recognized the touch of paranoia which makes the manipulator what he is — that he may feel compassion instead of enmity for one so afflicted. The manipulator, after all, thinks he is normal — he doesn't know that the plotting and counterplotting against him are only figments of his guilt-ridden imagination.)

The pawn is now cast in the role of Public Enemy Number One — the horrendous villain who now poses a threat because he might reveal the manipulator for what he is. It's all-out war now. The all-out struggle for survival has begun. The pawn's erstwhile friends may be drawn into the tangled web of lies as he once was. They may for a while become ensnared in the Satan's web of delusions that the manipulator has woven for them. Some of them may become his new allies — his arsenal against the normal souls that he believes to be plotting against him.

One of the inexorable laws of life is that truth cannot be destroyed. It may be crushed to earth and pulverized, but it will rise again. So, in due time, one by one, those who have fallen into the manipulator's snare will see the truth and extricate themselves.

— oOo —

We never know the ripples of healing we set in motion simply by smiling at each other.

— Anonymous

IMPORTANT ! for your self-help booklet this month . . .



TEAR OUT the following pages that comprise this booklet and FOLD

READING AIDS

The Mark Age textbook for teaching all how to project the light is **HOW TO DO ALL THINGS: Your Use of Divine Power**. It provides you with a guide to contact your inner Self so you may rise to that level of spiritual expression where you may achieve your God-given heritage and powers. Order from Chimes — postpaid — \$5.25

HOW TO DO ALL THINGS

CONTENTS

I. YOUR USE OF DIVINE POWER

1. Seven Steps For Gaining Full Use Of Divine Power
2. The Real Power
3. The Real You
4. Divine Power Is Yours According To Your Degree Of Spiritual Expressing
5. Learning To Use Divine Power
6. Five Degrees Of Initiating Divine Action

II. 100 SPIRITUAL TRUTHS

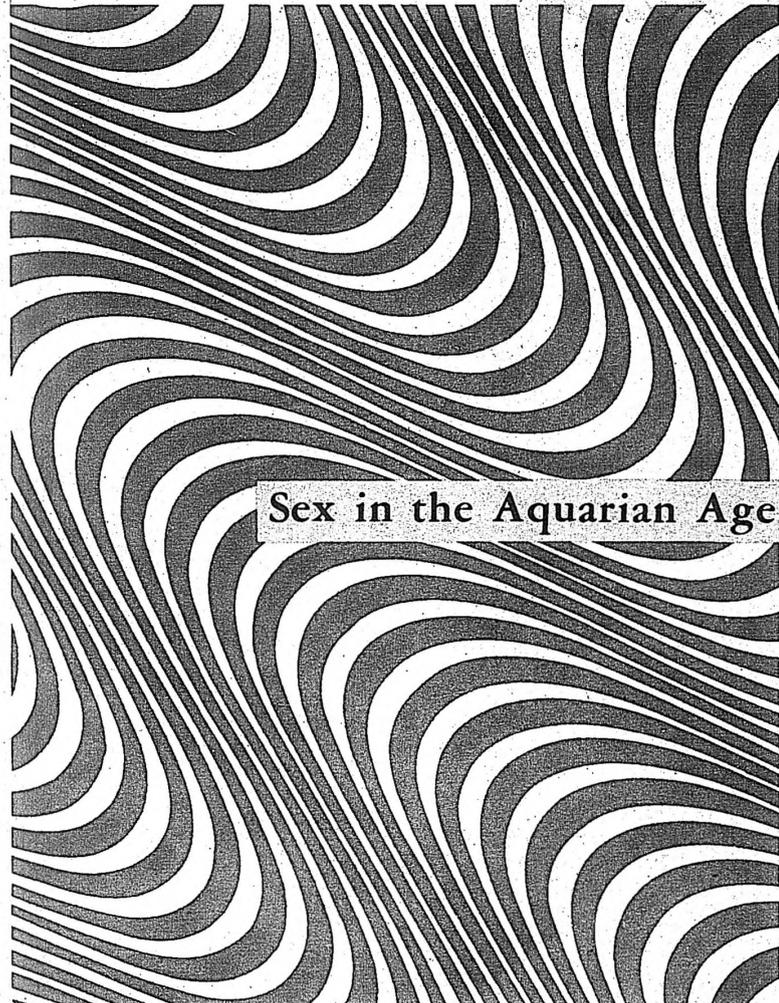
Basic realities to be substituted for some of the erroneous ideas which have limited man and have tended to prevent him from attaining his true spiritual nature, heritage and powers on Earth.

III. 50 HOW-TO'S

How to do specific things by use of the principles in Section I.

IV. HOW TO PRAY

Understanding of prayers, how they work and how to make them effective.



Sex in the Aquarian Age

SEX IN THE AQUARIAN AGE

CONQUEST OF THE FLESH

(REGARDING CONTINENCE and self-conquest of the flesh.) In order to arrive at the spiritual perfection which you desire, it is necessary to make this conquest. For the sexual drive is only placed in the animal part of man and the creatures of Earth for the purpose of reproduction. But man has elaborated and has emphasized it to the point where it is the single motivating factor in his life. This is especially true in your American country. It had been true in many similar cultures throughout history and was the main reason for their eventual downfall.

This is not too easy to accept. But underlying the falsity, the pretense, the false values of civilizations in this drive to satisfy the sexual urge is the root of all physical desires and greed, among them the drive for pleasure in eating, in luxuries for the body, the ease and comfort without the necessary enjoyment of using one's native intelligence and talents to bring about such comforts and luxuries. Out of this comes the drive for power, the power which is the anti-Christ. It is as simple as that. Power as organized by man is the force which denies and protests against God Himself. For God is the only power in the universe. God power is the power through which all things are made manifest

Man is God's creation, not God man's. Whenever man realizes this and gives to God His rightful role and returns to God the power which is God's and which God has given in His graciousness to His sons, then there can be the true peace, the true salvation, the true union with God which all men yearn for in their experiences here on Earth and later in spirit. None escapes from the soul-yearning for the oneness with this beginning. The beginning and the end are the Father. All men yearn to be in the beginning and to

that exists in heaven; as you call heaven, the other realms beyond the Earth dimension. Every man and woman united must be aware of the cause in themselves and the reaction of that cause, whether it be in the smallest way or in the greatest way, whether it be over the decision to have a child, to buy a home, to take a trip, to create an act of love.

Cause and effect. Cause and effect within each individual which is the man, cause and effect in the individual which is the woman. Cause and effect in the union; which is a force field in itself, a group force field of two. "Where two or more are gathered, there I Am." Who is the I Am but your Christ Self within, and the Christ forces which work in and around every two that are gathered? When a child is created of such union you have the responsibility of cause and effect within another being, another being.

Know ye not what takes place in life? You have it around in the animal life, in the vegetable kingdom. Have ye not observed for thousands of years upon the Earth planet that ye are still in ignorance and darkness? We cannot accept this in the Christ consciousness any longer, for we know it is not true. We know — the Christ within me and the Christ within you, the one Self, the one living God — that ye are not in ignorance but ye have shut the door in the face of God and will not listen. This is your will, not ours.

Open this door now. You have before you in this question and in this answer the greatest lesson and the most important faculty aspect of Earth civilization. Some of you put a word into the ethers and say it is sex. But it is life force that we are talking about. Action-reaction, male-female, positive-negative. Stop and examine this question and this answer. Know that you need not go any further in meditation than to work in and through and around this relationship with man and woman. For each of us has been born of woman through the cause of man.

place. This you call twin souls. (*Editor's note. She who was Mary, mother of Christ Jesus of Nazareth, is the twin soul of Sananda, he who was this Jesus in his last Earth incarnation.*)
— St. Germain, May 31, 1961

CAUSE AND EFFECT

QUESTION: Will you please clarify the biblical statements regarding husband and wife, man and woman, in their treatment of one another?

ANSWER: This is well known to those who study spiritually. Man is the active or positive force and the female is the negative or receiving. The two must be joined fully and equally, as it is in Spirit or Creative Energy, to perform a function that is the son or the child.

Everywhere in the Bible or in other holy scriptures where you have the use of man or wife, or the love aspect of man for woman in different degrees such as you have in your Old Testament — working, in some cases; Jacob working for Leah — you must interpret it as the positive force working its way into balance with the negative force of that particular aspect or that level of consciousness within your own self.

I would that I could create a desire in all to look thus upon marriage, courtship and love of the sexes in this way: positive action and negative reaction; cause and effect. Know ye not that no two forces or individualizations, with all the forces and backgrounds of those force fields, can come together and not enact the law of cause and effect? Know ye not that it is as important to you, a woman, to have the cause effected in you as it is in the man to have the reaction within himself?

Know ye not that ye act out these roles with one another for better or for worse until death do ye part? What is death but the end of that cycle? This is the meaning of your marriage on Earth. This is the marriage

know the end. Therefore they yearn for the One Who can give them this oneness, beginning and end. Sooner or later man must return to this. He then will be pure and whole and truly returned to his rightful role: Sonship with God, lord of the universe. — *Paul the Apostle*, March 25, 1958

TRUE UNION

You cannot aid your brother by furthering his false illusions. The pleasure in the union of sex is like a drug which covers up the channel from receiving higher inspiration, thoughts and divine guidance. This may be difficult to accept, but we wish you to do your best in listening to the inner voice which guides you always. It tells you what we tell you: sex is substitute for union with God. In sex, man is trying to unite with God, because God is in each one of his sisters and brothers.

No matter how man manifests the sex act he is truly seeking union with God. He may force another and conquer the other person's appetite, but even here he is manifesting his inner desire to force himself on God, to conquer God and to be supreme over the Father. This of course is impossible, as many acts and thoughts of men are impossible, but nevertheless that is what man is trying to do. In his animal passions he is seeking a lower expression of a higher desire.

You cannot contribute to this delusion if you truly wish to aid your fellowman, because you then are allowing mortal desires to supersede immortal desires. You are letting your lower self conquer higher purpose. We know you desire to give aid to your fellowmen, but sometimes aid is not aid he or she thinks is aid. Sometimes the opposite of what another person desires is the true, Godly aid. When one prays to the Father for a specific gift the Father often realizes that fulfilling that specific desire would deter and harm His beloved child. So He answers with an opposite gift or a withholding of the

gift The Father is the judge of all that is good.

By giving your brother sexual satisfaction you may delay him from his rightful discovery that sex is a substitute for what he truly has been seeking from you and from all life here on Earth. By granting sympathy to your sister you are deterring her from the realization that she has not right to sympathy or self-pity, but must face the consequences of her wrong thoughts and actions of years and lifetimes past. Give only the God love and light within you and you give all. — *John the Divine*, May 4, 1958

RELATIONSHIPS WITH OTHERS

You are free to choose your companions at all times. We do not insist on certain unions, whether there is basic karmic association or not. That choice is always yours to make and it is yours to break. But if you do undertake a certain union and then forfeit the obligation of fulfilling that which you have taken upon yourselves, you create a karmic debt which somehow, somewhere, sometime must be paid . . .

We state a fundamental law which operates in all spheres of all realms of God's kingdom . . . When two souls have intertwined their karmic debts it becomes purposeful and expedient to fulfill them individually and combined. In this too is God's symbolic reference. For we fulfill ourselves as individual souls, we fulfill the race of mankind jointly, and furthermore we fulfill and regenerate the power of God. This is the truth in all unions and is given as an example in a specific case and in the case of all groups who are used collectively, whether the groups consist of two or more millions, such as in the case of nations, or the races of mankind.

— *Paul the Apostle*, April 1, 1958

Now we come to a very complicated teaching that you call twin souls. This is one that has caused much heartache and much controversy in many quarters of mystery schools, occult teachings and even in your more purified metaphysical schools of thought. Twin souls are two polarities. One soul, as it becomes more and more highly evolved, gravitates to one end of the pole or the other. You have incarnations throughout all your experiences as male and female alternatingly; not precisely alternatingly, please do not misunderstand, but you have to experience both ends of the pole at one time or another. There is no rhythm or pattern to these things.

But as you become more highly evolved and you become closer to the purity of the Christ spirit you begin to gravitate closer and closer to one end of the pole. In other words, you might take on more male aspects than you do female aspects. At the same time there is a complementary force being evolved in this particular universe of exactly the opposite. Let us take a man. He evolves, having male and female incarnations, until he gets to the point where he predominantly incarnates as male, because this is going to be the highest expression while he is in the Christ spheres. When he is in the Christ sphere he may be there for millions or billions of years, as you would record time. He gets closer and closer to a Christ personality.

Take Christ Jesus as an example. As Jesus evolves as a male aspect more and more, there must be the opposite pole incarnating and developing those complementary forces elsewhere in the universe, developing all those female aspects that will balance and will not throw off the whole function of God or spiritual Creative Energy into one side or the other. God is complete balance at all times. So as this spiritual Energy or Creative Energy force field, which each one is, develops a male aspect, Spirit naturally, normally and automatically develops a female group of aspects to complement and to hold that polarity in its

care to participate in the vibration, though you have come to do a work.

This does touch many thousands of you on the Earth planet right now. It does not mean the entire Earth planet shall be converted very quickly to your state of consciousness, but as we go into the fourth dimension completely it will be taught. Eventually that will be one of the functions that will atrophy on the Earth, or three-dimensional way of expressing; one of the means, one of the various expressions you will lose eventually on your planet, as you will lose many other things.

This is a very important question. It is a beautiful and important thing for many of you to understand. There is no fear or shame in our realm, nor should there ever be in your thinking. Go within and use not these things for excuses. Go within and find out if it is true spiritual expression.

— *St. Germain*, May 31, 1961

SOUL MATES AND TWIN SOULS

As you develop in your soul in order to become absolutely purified in your Christ consciousness, you have many incarnations and many experiences on many realms. Therefore, you have many relationships. From those relationships you have affinities and various component parts or complementary relationships that you recognize wherever you incarnate again, whether it be on the Earth plane or any other plane. So sometimes you meet on the Earth plane, in an incarnation that you are having now, someone with whom you are so familiar and in complete rapport and vibration almost one hundred percent, as you would like to see it. This is a soul mate. But you have soul mates in other places as well. There are many soul mates, if you would allow yourselves, or if Spirit has the desire so to express Itself in that way through you, to have many experiences of soul mating in one incarnation. This does happen very frequently.

ENERGY EXCHANGE

It is extremely important that we begin to understand the inflow and the outflow of energies. Energy is Spirit. Spirit is Energy. Each man, each creation in the animal, vegetable, mineral kingdoms of the Earth plane is Spirit or Energy. Each is vibrating at his own individual rate. Not only is the individual manifestation operating within a certain frequency but each unit of that creation has a particular vibration of its own within that frequency limit. No two things in creation are exactly alike. Thereby does the Father know each sparrow, each raindrop, each man is His own product . . .

Cosmic or Christ consciousness is a vibrational rate you will be stepping into. That rate is already established. You individually are orbiting or in motion at a rate different from that of the Christ rate of vibration, and shall be stepping into it.

Spirit, sensing its own needs, attracts or repels, as the case may be, those other spiritual manifestations, be they places or persons, which can aid in the operation of this change. Therefore, those in your orbit are necessary to you at the given moment they are there. Each and every incident, each and every exchange of thought, of word and of deed has its place in your development. It should be with a sense of continuous thanksgiving that every single thought, word and event are occurring to the individual, not only the individual person but the individual object and the individual planet upon which you are placed.

All is a matter of service. None are higher and none are lower. All is Spirit vibrating at a different frequency. Therefore, it should be considered service to be in the thought or the physical relationship of any and of all with whom there is any connection. It is an exchange of service, Spirit serving Spirit; for there is nothing but Spirit. There is never anything out of its proper place. However, as co-creators you can always change or raise that situation or

consciousness by expecting and asking for the spiritual counterpart, the service of Spirit, to do this.

How does Spirit serve Itself? By exchange. By setting up a bank of withdrawals and deposits. Let us look at the elements; or nature, as you think of it. In the animal kingdom, in the vegetable kingdom and in the mineral kingdom it is an exchange of giving and taking, receiving and spending, a breathing in and a breathing out. There is nothing which when dedicated to Spirit cannot be exchanged.

Dedicated to self it is a depletion of the bank on the part of the person who is involved, regardless of whether he or she thinks he is receiving or taking. I repeat: if it is dedication or satisfaction or gratification of self it depletes the one who is in any way involved, even unconsciously involved. If it is dedication with the understanding of Spirit and what Spirit is, a mass of Energy operating at a certain frequency and vibrational rate, there is nothing that cannot be exchanged in order to raise or to make a better balance within the manifestation being served . . .

Energy is Spirit. Spirit is Energy. Spirit manifesting on many levels, Energy expressing in various frequency vibrations, feeding and renewing itself, dispensing and refurnishing itself. This is the function of Spirit. In the natural world of the three-dimensional plane, energy is met and renewed on all three levels it represents. When energy in a plant is spent in one direction on the physical, it will receive energies on that same level or physical frequency, though from another element. This is complementary and necessary.

So it is in mental and in the spiritual worlds. You cannot spend Energy or Spirit manifesting at a certain vibrational rate in one way, such as physical, and refurnished or renewed at another frequency vibration, such as on the mental, and expect results that are proper to keep the balance. So it is with man and so it is with a planet. As the energies of the cosmos, these divine love

gravitate and with those we must make our exchanges. But your understanding of personal love and personal intimate contact must also be transmuted, as every other department of your lives must be.

Furthermore, when it comes to teaching or helping those who seek us out on these questions, my only answer is what I have been told by the Master Jesus himself: sufficient unto the day the problems thereof. As each day presents its problems and its questions and as each day presents the new factors and factions in the problems, you will meet individually and as a group those who have come to help in this transmutation. Sufficient unto their needs, you will have the answers presented to you from the Spirit within. Let the answer flow from Spirit through you. For then when you are teaching you are intuned with that inner, spiritual Self. — *John Mark*, May 17, 1961

CELIBACY

QUESTION: I know there are true celibates on the Earth today. How is it possible to recognize this in one's self if such is the case? Is it a natural pattern of evolvement, at which all eventually will arrive?

ANSWER: This is such a delicate question and one that has many ramifications. There is only one answer to this. It is the answer we give on so many things. I think most will understand what I say here. You must go within and find your own answer.

There are some of you incarnated on the Earth plane today who come from such a high etheric vibration or planet that the practices expressed in the sexual or re-creative, regenerative way on Earth, what is presently evolving on the Earth plane in the three-dimensional way of procreation, are so alien to what you recognize that you cannot function in a similar way to what they do here. You have not been in that vibration recently; nor do you

three levels simultaneously and with the same purpose, you will have the intunement of Christ-conscious awareness in alignment not only with each to himself but each to one another. Then will the planet know real peace, real harmony, perfect love for the Divine, perfect love for the Energy Which is Spirit and Spirit Which is energy. Thereby the second commandment can be fulfilled, the commandment of *love ye one another*, for ye are then loving Spirit in the self and in each other manifestation of Spirit. This is truly Christ consciousness. Then is the true exchange, the true realization, the free flow in and out, spending and receiving, giving and taking, Spirit in action, love in action. — *John Mark* (author of Gospel of Mark),
January 16-17, 1961

INDIVIDUALIZATIONS OF CREATIVE ENERGY

QUESTION: Is there a new teaching, a new understanding on marriage and relationships between men and women for this New Age of Aquarius?

ANSWER: Absolutely. There is, in this realm as in all realms, and it stems from one principle. All things will stem from one principle: I am Spirit, you are Spirit, all is Spirit; Spirit is Energy, Creative Energy, in action. You will exchange with this Energy as it is best suitable, complementary and supplementary to your own individual fulfillment. This is a general answer to a very specific question. In the realm in which you are speaking, which goes into what you call intimate relations, into the close personal love relations of men and women on the Earth, you will have to learn that all is Spirit, that love you feel on the personal is but a hint of love in the divine.

In the divine or in the Christ-conscious awareness we see one another as individualizations of spiritual energies. Some are more satisfactory to our vibrations and more helpful to our vibrations than others. It is to those we

vibrations are projected into the Earth's atmosphere and recorded and received by the men and women living on that planet. So it must be expressed in kind or in the same vibrational rate.

That is why it is so necessary now for the planet and the people on it to receive, through the mass educational program, the information that those who are key lights have to offer. It is true that the energies that are coming into the planet now are coming from a higher or a fourth dimensional etheric plane; or are spiritual energies. Therefore, man has to be educated as to how he can spend those spiritual energies that are already in him and are building up in him a greater bank account. This will be done through educating him as to his true spiritual and divine nature: a co-creator with spiritual Energy, a son of God, a worker of miracles.

It is thought by many who are in the spiritual work or are very highly evolved spiritually or who have developed very high morality rates because of their spiritual studies that God is not interested in the material world. Yet we tell you this truth: God manifests, or Spirit or Energy is manifested, on every level of expression. There is no difference to Spirit or Energy in the etheric manifestation, the mental manifestation or the physical manifestation. All are different rates of vibration. Therefore, the spending and receiving, the giving and taking, the expending and renewing of energies on the physical are as important as they are on the mental and spiritual. For all is Spirit, all is one, all is being returned unto All.

If man can but realize that his physical manifestation is but an energy frequency vibration and nothing more, then he would not set up laws, ideas and wrong conceptions about how he exchanges his physical energies one with the other. The same applies to the mental world and to the spiritual. Of course, in the spiritual world all has become purified and there are not the misconceptions any longer. But in the physical and in the mental realms still remain

many of the misconceptions, still are the lack of the refinement and of spiritual or Godlike qualities.

But it is our intention to raise or to change the rates of vibration that now exist in the physical world and in the mental realms to that of a spiritual understanding, to understand that all is energy vibrating as its own natural frequency. When this is understood, then purity is possible in every realm of expression. This must be made manifest on the Earth planet before the coming of the entire mass Christ consciousness permits the return of the Master or the Prince of Peace. So it is part of your training and understanding to realize and to work with the physical as much as it is to work with the mental and the spiritual.

Each of the realms with which the Earth plane is involved — mental, physical and spiritual — has an octave or a range of experiences or expressions. In the physical you have the five senses. In the mental you have imagination and thought control. In the spiritual you have feeling and divine love. The spiritual encompasses all that is in the mental and the physical. The mental encompasses all that is on the physical. The physical is limited to the physical five senses, but it is in no way less a spiritual or a God manifestation than the world of spiritual expression.

Where man has erred in his concepts has been where he has expressed any of these experiences for the sake of the experience itself and not for the sake of the spiritual enlightenment and evolution, the return of Spirit to Spirit, the growth of energy, the expansion of consciousness. Therefore, when you find on the physical, mental or even in the spiritual that it is for the sake of the experience itself and not for the sake of spiritual exchange, then you are in danger of self-gratification, self-glory and self-expression. This of course is meant for the lower self; not for the higher Self which is God Self, Spirit, and is to be expressed for that purpose.

We come now to that very paradoxical and controversial subject that on the Earth has resulted in

many misconceptions, that of sexual energy. In our concept and in the higher concepts the meaning of sexual energy is life force or spiritual God Force in action. Therefore, there is sexual exchange on the spiritual realm as in the mental realm as in the physical realm. But again we speak in terms of lower self and higher Self. If at any time there is an exchange for the gratification or the expression of the lower self, this is the danger point.

If the exchange of life force on the spiritual, mental or physical levels is for the exchange of spiritual energies or for high Self expression or for the payment and the deposit of energies, we find it is for the enhancement of the individual expression in whatever realm it is expressing itself. For these are but means that Spirit has of depositing and withdrawing Its own complementary force fields.

The so-called sexual exchange is a creative act on any realm; which is quite obvious on the physical realm, not so obvious on the mental realm and more illusive on the spiritual realm when viewing it with the consciousness of the Earthman's conception. On the mental realm it is the positive and negative thought-balancing to create a thought form that is perfect; neither too much of the negative nor too much of the positive, but always individual, according to the two that are exchanging the thought. This applies to an individual working on a creative project alone or to more than one individual working out a new pattern together. The balance, the harmony must be set up in the thought or mental imagination realm.

On the spiritual realm it is that sense of divine love feeling and the divine love action, perfectly balanced, perfectly harmonious, that creates a higher form or a higher ideal, a new dimension into which man or any of God's creation can step. This of course is the purpose of the physical exchange: to bring forth higher form, greater evolution in the physical concept of the life on the planet.

In the time to come when we step into the Golden Era and man and woman on Earth can spend and receive all



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THE AMAZING SECRETS OF THE MASTERS OF THE FAR EAST

By Robert Collier

*Here is the accumulated wisdom of 4,000 years of experience
by the Masters of the Far East*

— in complete book form —

(Conclusion)



With this issue we conclude a series of articles based on Robert Collier's book, *Amazing Secrets of the Masters of the Far East*. The glossary of terms appearing at the end will provide the reader with an insight into the inner meaning of many words and terms used as well as help to clearly define them.

The great Science of India is Yoga. It is the Eastern equivalent of joining a monastery. Like St. Augustine, the Hindu believes "Thou hast made us for Thyself and we are restless until we find ourselves in Thee." The Indians believe that anything less than a streamlined spearhead of effort to realize God is a pitiful waste of one's precious human birth. They believe that the number of souls longing to incarnate outnumber the opportunities to do so. It is therefore sin to waste any time at all in accomplishing one's mission.

The Yogi who achieves union with God achieves also His omnipotence and omniscience. He knows everything and can do God-like things like growing a tree before your eyes and picking the fruit. Miracles like the latter, however, are considered in very poor taste unless it is necessary to rescue or heal someone. Powers are never exploited.

YOGI TEMPLES

A trip to a Yogi Temple high up in the Himalayas, the "Rooftop of the World," is described by Baird T. Spalding in his book *"The Life and Teachings of the Masters of the Far East,"* available from Chimes.

"The temple is located on a high mountain peak, is built of rough stone, and is said to be over twelve thousand years old. It is in a perfect state of preservation and repair. It is one of the first temples erected by the Siddha teachers and was erected by them as a place where they could go and have perfect silence. The site could not have been better chosen. It is on the highest peak in that part of the mountains; the elevation above sea level is 10,900 feet and it is over 5000 feet above the valley floor. The last seven miles it seemed to me the trail was straight up. At times it led over poles that were supported by ropes fastened to boulders above, then thrown over the

cliff's side; and these supported the poles that served as a trail. As we walked over these poles, I realized that we were at least six hundred feet in mid-air. At other times we were obliged to climb pole ladders supported by ropes from above. The last ascent was perpendicular for about three hundred feet and was accomplished wholly by pole ladders. When we arrived I felt as if I were on top of the world.

"We were up before the sun the next morning and when I stepped out on the roof of that temple I forgot all about the ascent of the night before. The temple was so situated at the edge of a bluff, that, when you looked out, you could see nothing for thousands of feet below, and it seemed as if the whole temple were suspended in mid-air. I had considerable difficulty in persuading myself to believe otherwise. In the distance we could see three mountains, upon which, I was told, temples similar to this were located, but they were so distant I could not make out the temples with my field glasses.

"After eating a hearty supper served by the attendants, we retired for the night, but not to sleep, for our experiences were beginning to make a deep impression upon us. Here we were nearly nine thousand feet in the air, with no human being near us, except the attendants, with not a sound except that of our own voices. There did not seem to be a breath of air stirring. One of my associates said, 'Do you wonder that they chose the locations of these temples as places of meditation? The stillness is so intense one can fairly feel it. It certainly is a place in which to meditate.'

"My two associates were soon asleep, but I could not sleep; so I arose, dressed, and went out on the roof of the temple, and sat down with my feet hanging over the wall. There was just enough moonlight filtering through the fog to eliminate the inky blackness that would have prevailed had not the moon been shining. There was just enough light to reveal the great, billowy fog banks rolling by, enough to remind me that I was not suspended in space, that somewhere way down, the earth was as ever, and that the place I was sitting upon was somehow connected with it."

*GLOSSARY OF ORIENTAL
TERMS AND NAMES*

AHURA MAZDA. God of the Zoroastrian religion of Persia.

AJNANA. Ignorance.

AKASA. A term with different meanings in the various branches of Indian philosophy. It may be used to describe the immaterial or astral form of the body; the basic material of the universe; or, sometimes, the sky.

ANALECTS OF CONFUCIUS. An ancient Chinese book containing many of the sayings of this great sage.

ANNA. An Indian coin of little value.

ARYANS. An ancient people who settled in India several thousand years ago, bringing with them a belief in a Heavenly Father.

ASANA. A posture or position taken by many yogis when they meditate. (Asana, in Sanskrit, means seat.) There are eighty-four basic postures used by the yogis, and each has many variations. They are considered difficult by most Westerners.

ASHRAM. A spiritual retreat or dwelling place of a holy man in India. Often the seer shares his ashram with his disciples.

ATMAN. The spirit of God within man; the higher self.

BHAGAVAD GITA. Literally, "The Song Divine" — one of the Sacred Books of the East, which, under the guise of relating the deeds of ancient men and the gods, set forth teachings of profound metaphysical importance. Several fine translations are available from Chimes in English.

BHAKTI-YOGA. The yoga of devotion.

BHIKKU. A disciple of Gautama Buddha who has given up all worldly possessions. Much of our literary heritage from Buddha consists of his counsel to the bhikkus.

BRAHMA. The Lord of the Universe; supreme deity of the Hindus.

BRAHMIN. The Hindu caste of priests, highest of all the castes in India.

BUDDHA, GAUTAMA. Buddha (c. 563 B.C. 483 B.C.) was a religious leader of India who preached that we can improve our lot in future existences if we lead blameless lives.

CHUANG-TZE. A Chinese mystic and philosopher who lived about four centuries before Jesus. A believer in Taoism (which see) and an eminent disciple of Lao-Tze, he taught a philosophy more idealistic than that preached by Confucius.

CLOUD OF VIRTUE. A phrase used by the Hindus to describe kaivalya, which see.

CONFUCIUS. A great Chinese sage and philosopher (551-479? B.C.) who taught a system of moral philosophy and ethics which centers about the Golden Rule of benevolence and urges an unceasing search for knowledge and wisdom.

DALAI LAMA. Supreme religious leader of Tibet.

DHAMMAPADA. One of the Sacred Books of the East containing the moral and metaphysical teachings of Buddha. Not available from Chimes.

DHARANA. An Indian technique of concentration.

DHARMA. A Sanskrit word meaning, basically, law, but also religion and obedience to its laws.

DHYANA. The Sanskrit word for meditation; it is used in the religions of both Buddhist and Hindus.

DRAVIDIANS. Dark-skinned people of ancient India who were conquered by the Aryans when they invaded that land.

EIGHTFOLD PATH. The rules of Gautama Buddha for leading a better life.

GANDHI, MAHATMA. Gandhi (1869-1948) was a Hindu political and religious leader who, like Ramakrishna (which see), taught there is one God behind all religions. He made considerable contributions to the cause of India's liberation from its colonial status.

GURU. A teacher of the mystic lore of the Orient.

HATHA-YOGA. The practice of exercises to develop exceptional physical powers and, often, spiritual ones as well.

INDRA. A Hindu god.

ISLAM. The religion of Mohammed; also, all those who believe in it.

ISSA. Oriental name for Jesus. Many Hindus believe that Jesus, during the "hidden years" before His baptism, visited India and Tibet and taught there.

JNANA-YOGA. The yoga of the mind.

KAIVALYA. The word used by the yogis to describe the fact that they have mastered the scientific control of the psyche or soul. It is defined by them as true spiritual consciousness or a state of infinite freedom. The yogi who has achieved kaivalya is said to have all knowledge and power in his grasp.

KARMA. A pious action. In the religions of the Buddhists and Hindus, good acts are important in improving one's condition in future lives.

KARMA-YOGA. The yoga of effort or work. It is concerned with benevolent or worthy actions for the purpose of securing an improvement in one's lot in future lives.

KSHATRIYA. A Hindu caste of warriors.

KUMBHAKA. Holding one's breath — a common part of the yogic breathing exercises, or pranayamas.

KUNDALINI. A mystic force, said by the Masters of the Far East to repose at the base of the spine.

LAO-TZE. A Chinese philosopher who lived six centuries before the birth of Christ. He is said to have been the founder of one of the great faiths of China, Taoism, which see.

MANTRA. An Oriental prayer or hymn.

MARA. The principle of evil; death.

MASTERS OF THE FAR EAST. An expression commonly applied to the yogis of India, both ancient and modern, but in this work frequently used in a broader sense to describe also the famous teachers of metaphysical knowledge in other Oriental lands,

including China and Tibet.

MAYA. Illusion.

MENCIUS. A Chinese philosopher who lived about four centuries before the birth of Christ. He preached the doctrines of Confucius, placing emphasis upon the thought that man is benevolent by nature. A statue of Mencius is usually a feature of Confucian temples.

MOWNA. Silence.

NIRVANA. Supreme or celestial happiness, the state sought by the disciples of Gautama Buddha and obtained usually only as the reward for a life well lived.

OM. A Sanskrit word used in many Oriental prayers. It is said to contain the mystic names of three Hindu deities, Vishnu, Siva, and Brahma, which see.

ONE-POINTEDNESS. The ability to exclude from your mind all thoughts but the one you wish to be possessed by.

PARIAH. A Hindu of no caste — considered beyond the pale and an outcast. The pariahs are often called "untouchables"; persons belonging to castes, or the traditional orders of Indian society, will have no traffic with them.

PATANJALI. An ancient teacher of yoga whose system is still followed in India today.

POTALA. Palace of the Dalai Lama in Lhasa, capital city of Tibet. It contains a thousand rooms.

PRANA. The Sanskrit word for breath. In Vedic and later Hindu teachings it means the breath of life or the life principle; it is the vital force in ourselves and all other things.

PRANAYAMA. A breathing exercise of the yogis.

PURAKA. Inhalation, or breathing in — one step in performing a pranayama, or yogic breathing exercise.

PURUSHA. The spirit.

RAJA. A king or chief in India.

RAMAKRISHNA. A Hindu priest and mystic of the nineteenth century who regarded all religions as possessing the same validity. Kindliness was an essential part of his doctrine, and his own life was to no small degree modeled after that of Christ.

RECHAKA. Expelling the breath — often the conclusion of a yogic breathing exercise.

RIGVEDA. An ancient Sacred Book of the East.

SADDHU. A Hindu holy man who, following the example of Buddha and other holy men of the Orient, has renounced all earthly possessions. He gains his livelihood by teaching and begging alms.

SADHANA. Prayer. Spiritual practice.

SAMADHI. A state of bliss, or superconscious state; a trance in which a yogi has unusual spiritual experiences and attains higher knowledge.

SAMYAMA. The ability of a yogi to become a channel of Universal Power which can be regulated at will.

SANKHYA. One of the ancient seers of India, or his book.

SANSKRIT. Ancient language of the Aryans. The oldest of the Sacred Books of India are written in this tongue, which is still studied by the yogis as well as many scholars of the West. Latin, Greek, Persian, Gaelic, Russian, and the Germanic languages, including English, are related to Sanskrit; all are conjectured to be descended from a mother tongue lost in the mists of prehistoric times.

SANTI. Peace.

SIDDHIS. Power acquired by Master Yogins to control body and mind so as to achieve union with Brahma and transcend human consciousness.

SIVA. A god of the Hindus; the "Destroyer."

SRI. A title of honor given in India.

SRI AUROBINDO. A world-renowned Indian sage, poet, and writer of the twentieth century.

SUDRA. Hindu caste of serfs and servants.

SUTRA. An aphorism. In this work the term generally refers to the Yoga Sutras of Patanjali, a Hindu seer and teacher of ancient times.

SVETASVATARA UPANISHAD. One of the Sacred Books of the East.

SWAMI. An Indian sage and teacher.

TAOISM. A Chinese philosophy which places emphasis upon the value of meditation and patience. In this system of thought, the experiences of the senses are regarded as illusory; only in renunciation of the things of this world is happiness to be found.

TRIMURTI. The Hindu trinity, consisting of the gods Brahma, Vishnu, and Siva.

TSONG-KAPA. A Tibetan lama and teacher of five centuries ago. He is said by some to have been influenced by Christian teachings.

UDANA. An Indian name for a vital nerve current in the lungs.

UPANISHADS. Sacred Vedic books of ancient India.

VAIRAGA. Renunciation.

VAISYA. Hindu caste of merchants, propertied farmers, money lenders, artisans, and herdsmen.

VARNA. Indian word for color.

VEDA. A Hindu word meaning knowledge. It forms part of the titles of some of the Sacred Books of the East, such as the Rigveda.

VEDANTA. The name applied to a number of Indian philosophies whose concern is to discover the true reality behind the appearances of things.

VEDIC. Pertaining to the ancient holy books of India, the Vedas, and the metaphysical and religious teachings set forth in them.

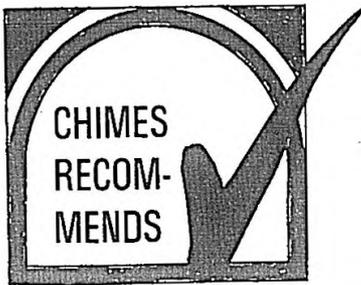
VISHNU. A Hindu deity; the "Preserver."

VIVEKANANDA. Hindu sage and yoga teacher.

VRITTIS. Conflicting thoughts.

YOGA. An Indian word which means "yoke" — the yoking of the individual to the great forces of Nature and the Universe. There are many systems of yoga, or disciplines of physical and mental conditioning, for achieving this goal.

(concluded on page 43)



IT MAY BE of interest to CHIMES readers to know something of the history of *The Second Book of Acts*: subtitled *Other Lives of Mary and Jesus*. The manuscript was discovered and translated by Kenneth Sylvan Guthrie, and published in a limited edition of 155 copies in 1904. There is no evidence of any other editions until 1964 when Mark-Age MetaCenter brought out their first edition from photostatic copies of the original.

Mr. Guthrie is mentioned in *Who's Who in America* and *Who Was Who in America*. He was born in Scotland in 1871, received his college education in the United States and Europe, including Ph.D. and M.D. degrees as well as a degree in Divinity. He was ordained a priest in the Episcopal Church in 1897, and lectured extensively in the eastern and southern United States. He wrote eleven books, chiefly religious and philosophical, and translated several others.

Regarding the matter of belief in reincarnation, we quote from Mr. Guthrie's Foreword: "In connection with this *Second Book of Acts* now so fortunately restored to the world after 1900 years of oblivion, the Translator begs to remind the Reader who might think it strange that the Blessed Mary should teach the return of souls to this world that the more fortunate Books of the New Testament represent it as the current belief of the day in Palestine in the time of Jesus, and uttered by Him, Herod and the common people, as in the matter of John as the returned Elijah, the responsibility of the man born blind, the resurrection of many at the time of the Crucifixion, and Herod's supposition that Jesus was John come back to life again."

On the last night of her life on earth, according to *The Second Book of Acts*, Mary gathered the Apostles around her and talked to them at length about the eternal mysteries of life and death. During this discourse the Lord Jesus was also present in spirit, and spoke with the Apostles. In the following excerpt he speaks to James Boanerges in answer to his question regarding the matter of those who have loved one another meeting again in the beyond:

When the Blessed Mary bore me, I was not a Stranger to her upon the face of the earth. For of old I too had lived and loved, suffered and rejoiced, beneath these beautiful skies.

We believe you will find this little book to be a fascinating piece of reading material. (*The Second Book of Acts* is available from Chimes).

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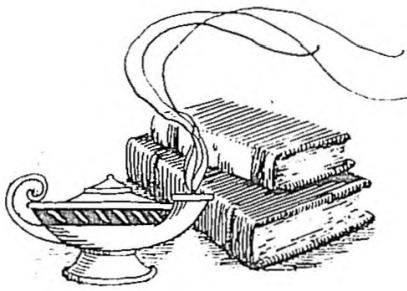
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According to Iwao P. Hino, Editor of the official organ of the Japanese publication, *Oomoto*, it was *already* pointed out in the *Oomoto* scripture as early as 1893 that *God had no place on earth to live in, owing to too much pollution*. It has been said of these scriptures that they would be untrue — even by the breadth of a single hair — had everything not been seen a long time ago.

Japan, of course, like all modern nations, is suffering from pollution of the air, the water, the food, noise, unpleasant smells and sinking of the ground in their particular case. After World War II Japan was a defeated nation, miserable, poor as a church mouse. But — like the phoenix — it sprang up from the war ashes to rank high among the great world powers in gross national product. Life, from dire poverty to affluence, can be seen by the sudden increase in the number of cars running about in all the towns and the countryside. Today even a peasant boy owns a medium priced car. He bought it as a status symbol. Yet each year reports are increasing of people being sickened by carbon monoxide gas fumes, lead poisoning from car exhaust, as well as the rising public hazard from optichemical smog. While ordinances have been passed imposing fines or prison sentences on those who throw garbage or other impurities into the rivers, it is doubtful if penalties alone for pollution can put an end to all the causes of hazards to the public's health.

No one can deny that human avarice in promoting civilization invariably is responsible for the increasing number of public hazards. By now even the white bear in the Arctic, birds on solitary islands down in the South Seas, even rare fish in the remotest parts of the oceans are exposed to serious environmental pollution. What shall be the result in several decades if effective countermeasures are not taken?

It is Mr. Hino's observation that man has missed seeing the great evil he has brought about. Not only has he been indifferent to Nature, but he has not given priority to things spiritual. And so inevitably man has brought upon himself that which he has asked for . . . little dreaming what would follow in its wake.

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(continued from page 31)

YOGASANA. A yogic posture or asana. (See asana.)

YOGA SUTRAS. A book by Patanjali, Master Yogin of India. One of the famous books of the Orient, it is studied by millions who through it are shown the way to greater power.

YOGI, YOGIN. A Hindu sage or seer who has devoted his life to the mastery of one or more of the many systems of yoga. The yogis are the possessors of power often held to be supernormal.

ZOROASTRIANISM. A religion of ancient Persia founded by Zoroaster.

It is possible all of the books referred to in this series of articles reproduced from Robert Collier's book, *Amazing Secrets of the Masters of the Far East*, you do not recall or have handy now that this series has reached a conclusion. Listed below are all that were recommended containing additional interesting material with which you may wish to become familiar. All are books available from Chimes.

- Riches Within Your Reach* by R. Collier
- The Science of Yoga* by I. K. Taimni
- The Doctrine and Practice of Yoga* by A. P. Mukerji
- Fourteen Lessons in Yogi Philosophy* by Yogi Ramacharaka
- The Footprints of Gautama the Buddha* by Marie B. Byles
- Autobiography of a Yogi* by Yogananda
- How to Know God* by Prabhavananda and Isherwood
- The Aquarian Gospel* by Levi
- The Life and Teachings of the Masters of the Far East* by Robert Collier

PSYCHIC EXPERIENCES

(continued from page 11)

described he recognized instantly as being near an eastern Greek city called Trikala.

"Gus had been there and was interested in it because of the similarity of its name to his.

"Well, Gus and I were married and as soon as we have time we're going to go to Greece together. I feel that I have lived in the past and so does he. I like to think that in our previous lives, we knew each other. Isn't that romantic?"

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A Solution to Life's Problems ?

By James M. Swope
from *Hi-Roads*

IS THERE a perfect philosophy of life? We are told, and many of us believe, that there is — and that this philosophy is very simply stated in the word *love*. But we are also told that this *love* which is spoken of is very different from that which we mortals understand as love; for this *love* is closely allied with ultimate truth, and is incapable of comprehension until we transcend human limitations.

All serious aspirants must have asked themselves at one time or another, "Why is truth so elusive?" Why can we not seem to arrive at a satisfactory answer to all life's problems, despite our tireless pursuit of this objective, and despite our complete dedication to what we believe is right? And if the problems of life cannot be solved, why then can we not at least arrive at that plateau of understanding where we transcend them?

Can it not be that the answer is that truth does not come wrapped in neat packages — that the nature of truth is such that it is not apparent in this dimension? Are truth and love the same?

We flit from one idea to another in our frantic search for the magic key to life's mysteries, which we are told repeatedly is within. Why is it so difficult for us to realize that we shall not find the total answer in any science or philosophy or religion? Is not the very quest itself of the greatest benefit in bringing us eventually to the long-sought conclusion that truth is

always beyond us on this level, and moves away as we approach it? How else could our consciousness be expanded, as it must be, gradually?

It does seem that about the time we think we have discovered a workable philosophy of life, and are about to settle into a comfortable rut, our philosophy suddenly lets us down at a crucial moment. We are then brought face to face with truth, usually without realizing it. For it seems that truth so often comes in the back door, and is not recognized for the honored guest that it is. At times like this, perhaps we could gain this bit of insight: that we must learn that the goal is never attained — it is always beyond us. No philosophy can satisfy us completely or solve all our problems, for this would be incompatible with the very nature of existence.

It would seem then that an important factor in enlightenment is the realization of the nature of the quest . . . that is, that it *is* an eternal quest, and the attainment of a goal would defeat its purpose. When, in our smugness and ignorance, we say "This is it", we are but deluding ourselves and delaying our own progress. Would this not seem to explain why the castles which we have so neatly constructed eventually all come tumbling down? Can we not see this as the law of life? Can we not see that through this understanding and realization we come closer to that truth which Christ says shall make us free?

THE RISE OF THE PHOENIX

(continued from page 9)

has been surrounded by the evidence of separation. His new understanding (being) — that he is rooted in this pure creative energy of being — is so for the simple reason that this one principle by its very infinite nature cannot be two; therefore It cannot be divided or separated for there is nothing to divide or separate it from itself. It must now substantiate itself where he is and will provide again the evidence of its unity. The same principle applied in a different way produces different forms. Man mistakes the form for the principle and is at the mercy of the experience. Awakened man understands the form to be simply the evidence of a principle applied and is free to re-apply the principle in a new way. Thus form is always his servant — no longer his master.

Peace occurs to the degree that man understands himself. He understands only to the extent that he experiences peace. Man cannot outwit the principle for It *is* Man. Man suffers to the extent he believes it

(Peace) to be a personal possession and the experience of Peace is withheld. Peace is simply a word used to describe the orderly arrangement of the Cosmos on an individual basis, described in the modern age as cosmic humanism. Man, now aware of his cosmic individual nature, knows Peace.

The Phoenix rises and man rises in consciousness or awareness with a new purpose: to love — not to get love, to find love, or to possess love, but simply to BE love by allowing love to be where he, man, is.

The heart doctrine is the doctrine of love. The Oneness of the Cosmos is intelligent substance in perfect order. Intelligent substance is love. Love is Light. Light is Power. Man's presence, with love as man's awareness, Light, releases power, energy — constructively or destructively, according to his willingness to love.

There is a way to understand this heart doctrine and to the extent that man understands it, his spirit rises and he soars into the great reaches of the Cosmic Self — afire.



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LESSONS FOR STUDENTS

(continued from page 13)

Oliver and showed him how he could increase his psychic energy. His whole being became more refined until he could actually hear Phyllos as well as respond manually to his direction. The manuscript was begun in Yreka, California, in the winter of 1883-84 and finished in Santa Barbara in 1886. It remained in manuscript until 1894 when it was copyrighted.

The book is remarkable not only in its scope and breadth of vision but also because it tells of many scientific devices that were unknown in 1886 but since invented, and many others which have not yet been produced but whose development now seems likely. For example, a form of television is described and there is visual and audible electronic communication over a distance of 7000 miles. There are aircraft without wings which move at 1000 miles an hour and maintain altitude by means of magnetism in the form of a gravity nullifier. The United States government at the present time is spending many millions on research into just this form of air travel and it seems likely that a breakthrough is not too far off. X-Ray machines and their uses are described and in 1886 these were unheard of. In a word this book is unusual and a classic example of the highest type of automatic writing.

Next issue we shall include instructions for doing your own automatic writing - unless, of course, you wish to read ahead in Joseph J. Weed's book *Psychic Energy: How to Change Desires Into Reality*. You might also wish to become familiar with the two classics mentioned, *Oahspe a Dweller on Two Planets* by Phyllos . . . all books presently available from Chimes.



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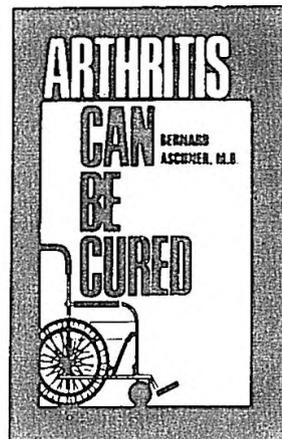
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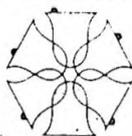
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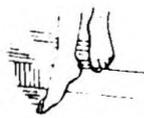
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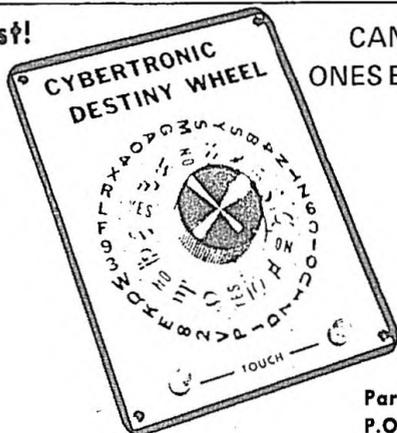
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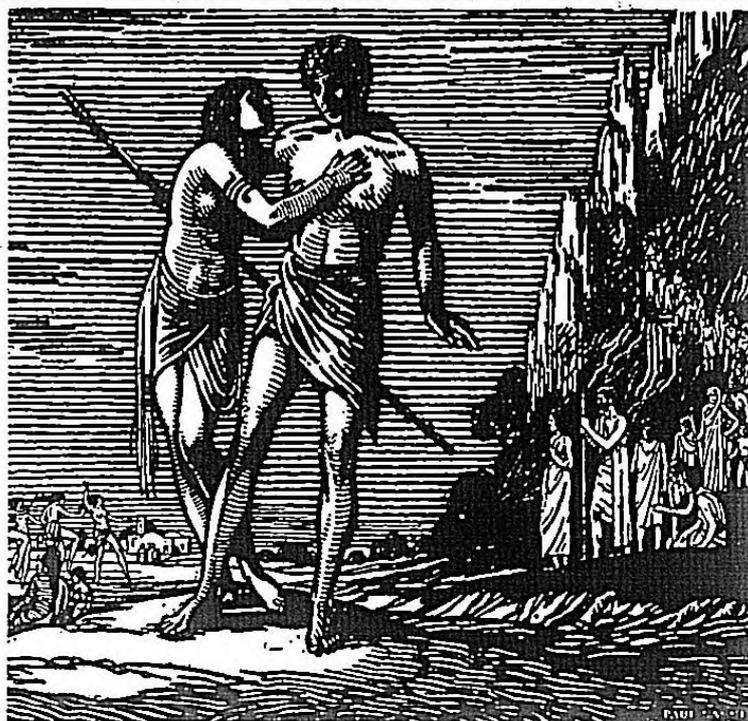
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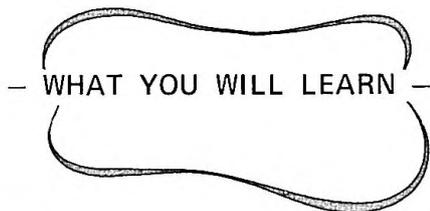
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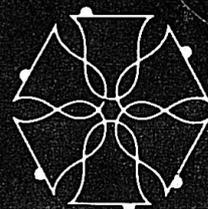
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