

Character Reading

Do Other People Seem Bigger
Than You Are?

November
1929

25
Cents

Can You See the Difference in These Hands?

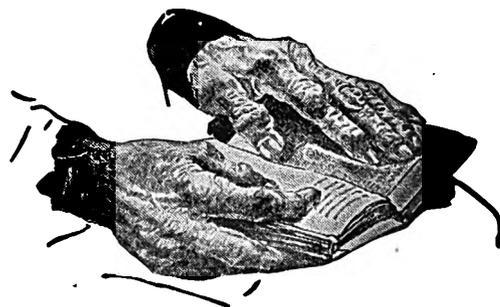


WHEN you look at people's faces, hands, and figures, can you doubt that they are different? A different chemistry is at work in the different types of people.

- Different talents!
- Different ideas!
- Different hopes and ambitions!
- Different clothes!
- Different voices and manners!
- Different ailments!

Why then, should we expect one man to thrive on all the food habits of another man? Whole families are disrupted because someone in the family insists that some other member eat as he or she eats. We have no more right to insist that one person eat another person's type of food than we have to put the musical genius to truck driving, or the sheet metal worker to writing poetry, without a talent for it.

The bony hands to the right have too much calcium in their make-up, for his health and comfort. The soft round hand has not enough in hers to give her strength or long life.



What Chemicals Do YOU Lack?

WHAT DO YOU NEED TO SUPPLY IN YOUR DAILY DIET?

The individual diet for each chemical type is a KEY which unlocks your individual door to health. Your face and figure, hair, and skin coloring reveal which chemicals are too abundant, and which chemicals are deficient in you.

YOU ARE ENTITLED TO FIND OUT YOUR TYPE FREE OF CHARGE

How-To-Eat magazine has arranged to give you an analysis of your chemical temperament, with a course in the chemistry of food, and a diet for your individual type. Our new subscribers are entitled to this, for health insurance, with 12 issues of "How-To-Eat" magazine.

LEARN THESE CHEMICAL SECRETS ABOUT YOURSELF

You Can Eat Your Psychology and Success

CARBON FOODS—Excess carbon destroys mental alertness, memory and ambition. Also will. Increases weight.

OXYGEN FOODS—Oxygen makes for activity, health, success.

NITROGEN FOODS—Nitrogen gives poise, cool skin, heavy solid flesh, dark pigments to skin and hair and eyes.

HYDROGEN FOODS—Hydrogen, the vehicle of the blood. Too much causes watery flesh, clumsiness, eczema, sterility.

POTASSIUM FOODS—Potassium heals, balances, gives activity, good looks and versatility.

SODIUM FOODS—Sodium is nature's cleanser, alkalizer. Gives grace, energy and health. Send 25c for list of sodium foods.

CALCIUM FOODS—Calcium builds bones and teeth. Gives firmness and will.

All of these chemical elements have many more functions than space allows for their description. You need them all if you wish to be alive. Sickness is a LACK of some one, two or three of them in their proper proportion.

JUST WHICH CHEMICALS YOU lack can be told from front and side view postal card photos. (Send sample of hair.)

steadily work and science, as well as good blood supply.

FLUORIN FOODS—Fluorin is the great protector of the body against certain dread diseases. Gives genius to the brain.

SILICON FOODS—Silicon is the optimistic chemical. Keeps nails and teeth polished, the body lithe and graceful, and prevents tuberculosis.

IODINE FOODS—Iodine protects the brain from body toxins. Leave out iodine from your diet and you are not normal mentally or physically.

MANGANESE FOODS—The hysterical, neurotic patient is not a fraud. She is starved for manganese, the element which coordinates our thoughts.

PHOSPHOROUS FOODS—Phosphorous nourishes brain and nerves. When we are doing mental work we exhaust our phosphorous supply, and fatigue, nervous breakdowns follow.

phorous supply, and fatigue, nervous breakdowns follow.

SULPHUR FOODS—Sulphur gives life, progress, tone to the soul. Too much is dangerous. Learn how to eat the sulphur foods and you gain their benefits. Eat them in the wrong way and you become food poisoned.

IRON FOODS—Iron is the most important chemical in the body. Inorganic iron in drug form irritates heart and kidneys. Organic iron in food feeds them, gives ambition, energy, and vitality.

MAGNESIUM FOODS—Magnesium cools and alkalizes the nervous system, and promotes sleep at night and life in the day time.

CHLORIN FOODS—Chlorin is the cleanser of the body, expelling waste material.

HOW TO EAT MAGAZINE.

Illinois Women's Athletic Club Bldg., Chicago.

I want to know which chemicals I have in too great abundance, and which I lack. I also wish a diet for my particular chemical temperament. I am enclosing photographs, sample of hair, and the following facts about myself, with \$3.00, which covers a two years' subscription to How to Eat magazine, published bi-monthly.

Name..... Address..... Weight..... Height.....

CHARACTER READING

Know yourself
Your work
Your friends

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EDNA PURDY WALSH
Managing Editor

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NOTICE

If delays occurs in issue and a single month omitted subscriptions are automatically extended.

TABLE OF YEARS RULED BY THE PLANETS

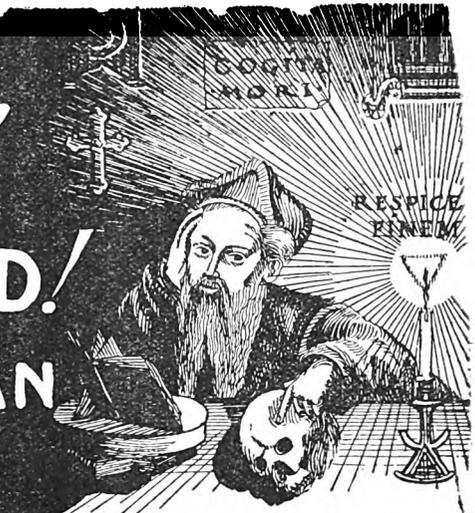
Sun	Venus	Mercury	Moon
1800	1801	1802	1803
1807	1808	1809	1810
1814	1815	1816	1817
1821	1822	1823	1824
1828	1829	1830	1831
1835	1836	1837	1838
1842	1843	1844	1845
1849	1850	1851	1852
1856	1857	1858	1859
1863	1864	1865	1866
1870	1871	1872	1873
1877	1878	1879	1880
1884	1885	1886	1887
1891	1892	1893	1894
1898	1899	1900	1901
1905	1906	1907	1908
1912	1913	1914	1915
1919	1920	1921	1922
1926	1927	1928	1929
1933	1934	1935	1936
1940	1941	1942	1943
1947	1948	1949	1950
1954	1955	1956	1957
1961	1962	1963	1964
1968	1969	1970	1971
1975	1976	1977	1978
1982	1983	1984	1985
1989	1990	1991	1992
1996	1997	1998	1999

Saturn	Jupiter	Mars
1804	1805	1806
1811	1812	1813
1818	1819	1820
1825	1826	1827
1832	1833	1834
1839	1840	1841
1846	1847	1848
1853	1854	1855
1860	1861	1862
1867	1868	1869
1874	1875	1876
1881	1882	1883
1888	1889	1890
1895	1896	1897
1902	1903	1904

(Continued on page 31)

THE MYSTERY OF "CRC" REVEALED!

ROSI-CRUCIAN MYSTICISM EXPLAINED



THE ANCIENT PORTRAIT OF "CRC"

Here are the Strange Facts

Does He Still Live?

For several centuries students of Mysticism have asked the same question—"Does 'CRC' still live?" It is known that he lived in Egypt in the pre-Christian period and returned there again in 1290 A.D. He reappeared in Germany in 1604 and was in America long before the Revolution. So say the mystical traditions of many lands. Is he still carrying on the Great Work which a million of the world's illuminated thinkers have found to be the most marvelous instruction for man's evolution?

Who Was 'CRC'?

He was known in Germany as "Christian Rosenkreutz." But "Christian Rosy Cross" was the name he assumed because he was the reincarnation of the Egyptian founder of the "Rosy Cross"—the oldest body of mystics the world has ever known. They were called Rosicrucians and the Rosy Cross was their ancient symbol.

The Discovery of His Body

In 1604 the representatives of Sir Francis Bacon (writer of the Shakespeare Plays) opened a strange vault and tomb in Cassel, Germany, and there found the body of the real "CRC" in perfect condition as though asleep for the past hundreds of years. Was there a soul asleep in his body? Only the private records of the Rosicrucians contain the astounding facts which scientists and real mystics conceal from the idle curious. It was one of the principles of the Rosicrucians to keep their bodies well preserved against disease and old age. Their secret method has never been given to those outside the Rosicrucian Fraternity.

Rare Manuscript Found

In the tomb with his body were found the rare manuscripts of the ancient Mystic Rosicrucians containing the laws and secrets of the Magi of the Orient.

These manuscripts passed into the hands of Sir Francis Bacon and other Rosicrucians in Germany, France and England, and the Fraternity of Rosicrucians—the Order Rosae Crucis—was re-established through the world under the direction of "CRC" for the

eleventh time at least. Europe has never forgotten the power and influence of the Rosicrucian Order.

Secrets Preserved

Today the Fraternity of Rosicrucians continues as an exclusive secret, mighty organization in all lands, inviting the FEW worthy seekers and students of nature's higher laws to share the guarded knowledge of the Rosicrucians. They never published any books—for the true knowledge of the Magi and Essenes as well as the secrets of the Rosy Cross would fade from print if ever put into type for public sale.

Do Not Be Deceived

The mystery of life, death, disease, perfect health, how to attract blessings and gifts from the Cosmic, transmutation, telepathy, success in personal affairs and personal mental power—all these principles in their TRUE form are taught in a different and more practical way by the Rosicrucians, in SECRET LESSONS only—not by books or public classes. And, the name of the International Rosicrucians is the Ancient Mystical ORDER Rosae Crucis (AMORC). There is only one headquarters in America—now in San Jose, California.

Are YOU the ONE?

Only one person in a hundred ordinarily met on the street is truly prepared for the real knowledge. If YOU are the "One in a Hundred" and not a mere curiosity seeker—you may borrow, without cost a strange book of surprising facts called "The Light of Egypt," which tells the story of "CRC" and explains how you may find a simple way to have the Rosicrucian knowledge, if you are found worthy, ready, and really sincere. Write a short letter and state that you are sincerely anxious to master the secret teachings, and address it to me. The book will be mailed, postpaid under the Seal of the Archivist.

Address: LIBRARIAN B. T. M.
AMORC TEMPLE
Rosicrucian Park
SAN JOSE CALIFORNIA

Know the criminal if you would know life

THE Hindoo seer claims that we must know all experience before entering mastership. Fortunately in his theorizing he gives us a lot of lives in which to do this.

For it takes a keen student indeed to set up rules and regulations for the instant recognition of the criminal. There are thousands of angel faced humans walking about who, with the pressure of a single button on a weak faculty here and there could win a cell for a long period.

There are chemical types of people who are more easily affected than other chemical types by the incidents of life which lead them to crime. For instance, the attractive chemical element of potassium, strong in the make-up, which has been covered in previous issues gives one the desire to have things "right now." The same wonderful chemical which gives a man a sudden impulse to do a kind act, makes him want to please everyone. He makes many engagements, all of which he cannot keep—many promises, some of which he must break. He becomes involved. Hence we find many potassium types ending in a life of crime, yet countless other potassium types are leading exemplary lives, and will never be in the slightest danger of difficulty.

Each chemical type has his way of committing his offenses. Crime does not belong to any one type,

though some types seldom go to jail, either because they are not caught, or because they are leading truly blameless lives. The stout vital types seldom land in jail, first because they are true comfort lovers, and see to it that they have a soft padded chaired

home with plenty of food.

Some vital types are so smooth, especially the vital type in whom the fatty element leads that they will often be involved in criminal and dishonest procedures, but their smiles and smooth tongues, laughs, etc., put the blame on some

other type less diplomatic, while they sit back in their upholstery appearing entirely blameless.

The fluorin type has his particular talent of hypnotic power, often using it behind the scenes in dishonest procedures. The calcium type is sometimes involved in crime. He nourishes a hatred for many years and may even murder after others have long forgotten what it is all about. But as a general rule,

the calcium man or woman has much respect for law and order. The sodium types are sometimes desperadoes and thieves. The dainty, agile silicon type makes an expert shoplifter. Some phosphorus and sulphur types are cowards of the first water, with all of their high sounding phrases, and not having the vitality or physical endurance to engage in light murderous pursuits they may sometimes



engage in forgery, though as a rule these high strung nervous types with thin neck do not represent the hardy criminal of long standing. Morphine and cocaine are attractive to them because of their low vitality and constant wish for something to give them strength.

While we cannot put the criminal into any one or two chemical classifications, we find the greater bulk of this group of people in those types where muscle and ligaments predominate in the make-up, as in the groups with potassium and sodium in the lead. There are of course, greater numbers of these types in existence also, than there are of fluorin, silicon, and the purely vital types. Where moving, twisting, turning muscles and ligaments prevail in the make-up the nature can likewise be more quickly turned and twisted, if the moral faculties are not strong.

Countless glandular and chemical reasons make for unbalance at birth in the case of a large percentage of criminals. Even a superficial study of the brain formation, the upward slanting eyes, the poor organization of bodily "clay" itself reveals the handicap through which the spirit of the natural born criminal is working.

Interesting indeed is it to watch in the various post offices about the country the notices of reward for mail robbers. The picture of the robbers is sometimes given, together with the signature. A singular thing about the analysis of the name is the predominance of the number 3 in the vowels. The numbers 5, 7, 9, and sometimes 11 are also found in the numerological analyses. The uneven numbers, indicating a lack of desire on the part of the individual to adhere to rules, is noted in the great majority of cases.

Louise Rice, in her wonderful book *Character Reading from Handwriting*, says:

"In estimating evil, we must take into consideration the fact that men are nearly always worse in action than their own natures. None of us live up to even such ideals as we have. All of us fail to reach the summit of that life which is really possible to us. The most "hardened" criminal will, if he can be won to confidence, confess that his life has not satisfied him. Therefore, in looking at the lowest layers of humanity, in which we are apt to find the swindler and the thief, and nearly always the brutal murderer, we may be sure that we shall find heavy pressure, brutal and coarse letter forms, ungainly capitals, and muddy-looking handwriting.

"Examples of the usual writing of average crim-

inals however, will not show us this low type, but rather, moderate pressure, forward-leaning angle of inclination and quite normal letter formations. The one distinctive mark of nearly all the writing of those who transgress against the law is that it shows a weak t bar, variable pressure, lack of indications of character strength."

Phrenology has much to say on the subject of criminals.

Newton N. Riddell, in *Human Nature*, explained, published in 1905, says:

"There is perhaps no class so little understood, so often misjudged, or so unwisely dealt with as the criminal classes, therefore a few practical suggestions relative to their peculiarities can not help but prove of interest and perhaps profit to the general reader.

"Criminals are usually divided into two classes, the *natural born* criminals and the *circumstantially made* criminals; the former are what they are from bad hereditary and prenatal influences and have developed into criminals by simply following their natural inclinations, the latter are naturally good, but have by the force of environments and the gradual yielding to temptation become bad. These two classes, however, represent the two extremes, between these the masses of moral offenders are found. The great majority of criminals are to be found among those who had more or less of inherent evil tendencies, and by following these inclinations and yielding to temptation they have become bad. Very few persons are so void of all moral sense or deficient in will power that they can

not do right. There are a few people who are color-blind, there are others who can not distinguish one tone from another, and so there are those who are *morally idiotic*, so deficient in reason and conscience that they have no conception of right or wrong, *but such cases are extremely rare*. From this moral idiocy up through the various degrees of development to the perfectly balanced mind the moral responsibility gradually increases; *each person is morally responsible for his actions in proportion to his inherent tendencies, education and ability to do right*. All should be judged by the *effort they put forth*, not by their actions or the results attained. Most people follow their *natural inclinations* and are judged by what they do without due consideration of the underlying causes or volition on their part. We laud an Edison and revere a Talmage for doing what their natural tendencies incline them to do, we abandon, imprison or execute the criminal for doing *what his*



"CONSCIENCE"

Photographed by a German photographer

Whether conscience awakes in the criminal or not depends on his faculties. Most criminals lack ideality, though ideality is not classed as a moral sentiment, but more as one which loves the beautiful.

(Continued on page 14)

Till we meet again

Are there such things as soul mates? When a loved one leaves us, passing through the change called death will we find him again? Is there love between the sexes in heaven? These are questions every soul asks himself repeatedly. Andrew Jackson Davis, who, with Swedenborg was one of the greatest seers in all history, is quoted in the following article which he wrote under inspiration in the year 1859.

“TRUE marriages are natural, inevitable, harmonious and eternal.” By the assistance of interior perception and comprehension, I was enabled to ascertain the glorious and consoling truth that every spirit is *born married*.

“The best evidence that two individuals *are not* naturally and eternally married, is, that by dwelling together, they generate discord, discontent, disrespect and unhappiness; and the best evidence that two *are* internally and eternally married is that, by dwelling together they generate harmony, respect, admiration, and contentment. The laws of nature, or God’s laws,

are superior to human enactments and jurisprudential proceedings; yet, until mankind is more refined and acquainted with the laws of mind and matter, we must submit to human legislation, and human laws must be permitted and obeyed; but herein is a great, and, at present, necessary evil which *all* should strive to understand and overcome; that human laws may be made no other than divine; and then, notwithstanding the misapprehensions and local transgressions of them which might occur, there would not exist one-tenth of the discord, licentiousness and unhappiness that now mar the face of humanity.”

“Every individual is born married; born from the deific source (spirit mates). Every male and female—wisdom and love—has a *true* and *eternal* companion. This marriage is solemnized by supreme sanction and is sanctified by angelic har-

mony. It depends not upon personal beauty or education; neither upon wealth, position, situation, time, age, or circumstance; it is the spontaneous and inseparable conjunction of affinity with affinity, principle with principle, spirit with spirit.”



“It is consoling to the enlightened philanthropist to imbibe and comprehend the truth, that a *true* conjunction of souls is the invariable and inevitable consequence of a residence in the second sphere where deformities and injustices are overcome and forever exterminated. *There is but one only and true marriage*, and it is highly possible that the unfortunate indi-

vidual who may have had several companions on earth has not yet met with the real sharer and associate of the spirit’s eternal joys and peregrinations.

“That spirit, which is still seeking and praying for congenial companionship, should rest perfectly assured that it has somewhere a mate—somewhere an eternal associate. Life will not always be incomplete. Let the seeker remember this, and, being already in principle joined to some true and faithful one, let the heart be glad; and let it realize, by means of anticipation, the final meeting, which, if circumstances and earnest desire do not consummate it on earth, will be inevitably developed, perfected, and confirmed in the higher country. And those who are unfortunately situated in the worldly-legalized marriage relations—they should

(Continued on page 15)

The planetary temperaments

These notes by Bes-sie Leo on the influence of the planets are invaluable to the student of astrology.

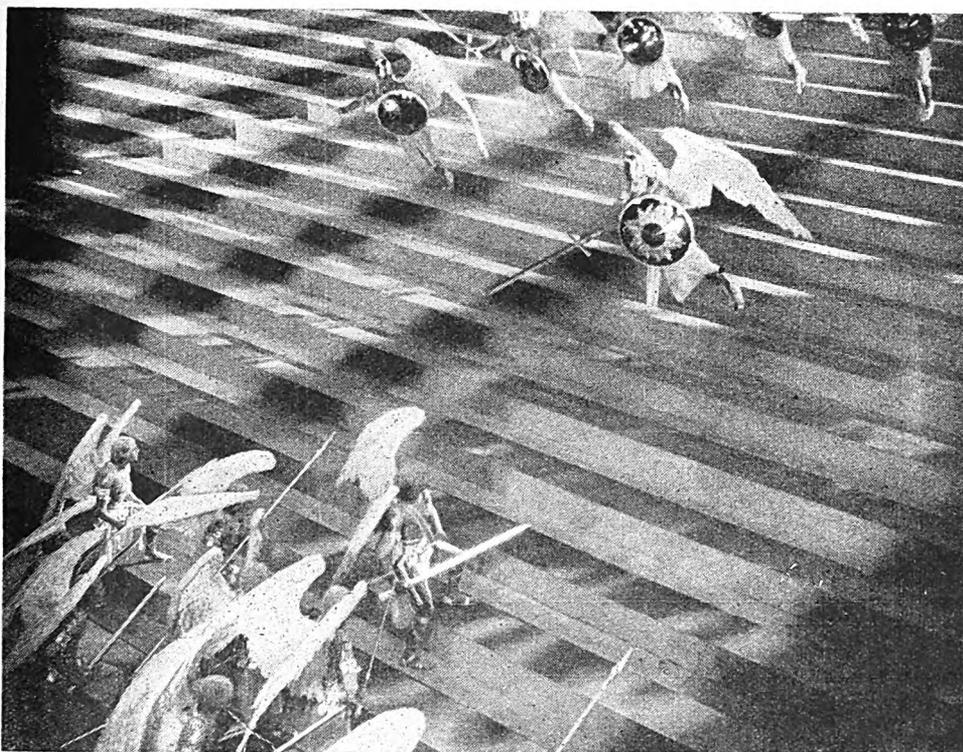
THE astrologer's idea of "temperament" is the tempering of the various elements in the crucible of the human body.

All children come under one of the Three Fundamental Types, already described. The Fixed type is slow and resisting, apt to be inert but has power buried within; but when aroused it is a steady, reliable and patient type. The Mutable type is apt to be indifferent, dualistic, and often very deceptive; when aroused, however, it is very useful in relating one thing to another, or in acting as a go-between or mediator: it tends to live in the intellect apart from will or action. The Cardinal type is all action, and strives to be recognized, ever seeking to express itself physically.

The Four Temperaments arising out of these fundamental types express themselves through the subjective mind as poets, idealists, and dreamers through the AIRY SIGNS of the zodiac; through the mental body by way of subjective and objective thought combined, expressing through the intellect the FIERY SIGNS; through the body of emotion in feeling, sensation, passions, moods, etc., expressing the WATERY SIGNS; and finally through the concrete brain and physical part of the nature, in practical action through the EARTHY SIGNS of the zodiac.

These seven distinct modes of functioning are governed by the seven planets, but only five of these are now showing forth signs of a definite temperament.

THE MERCURIAL TEMPERAMENT under the influence of the planet Mercury gives a thin, dark, and wiry body. It is a nervous temperament producing



The Mercurian Temperament may be put out of heaven (a state of mind) as was Lucifer, the proud angel who mistook mere cleverness for real intelligence and understanding.

cleverness, quickness of motion and a desire to learn, with a keen appreciation of knowledge. This is a dangerous temperament and requires very careful training, which should be more moral than intellectual. The mind is sharp enough and this type will learn easily, but they are apt to place cleverness before morality and therefore we get our thieves, copyists, and frauds out of this temperament. They are apt to become Jack-of-all-trades-and-master-of-none, and excel where wits are required and where they can use sharp practice. They make good newspaper reporters, agents between producer and consumer, etc. The best make good journalists, chemists, manufacturers, agents, stock-brokers, printers, booksellers, and those who live by mental things. All those of a mercurial temperament are able to teach others, make good school-masters and can adapt themselves to any calling or avocation when necessary, adaptableness being their especial faculty.

THE VENUSIAN TEMPERAMENT. This is the truly
(Continued on page 17)



The number 6 knows its Babies

*The Meaning of the Numbers. A Chart
Compiled by Edna Purdy Walsh.*

path lesson, and that is why we are here to learn them.

	Vowels	Vowels and Consonants	Consonants
William	1	7	6
Ewart	6	4	7
Gladstone	3	7	22
	—	—	—
	10	11-7	22-4
	1		

Follow This Chart

WHEN a single name or the first two names total 11 or 22, these numbers should not be added. Consider them separately, as master numbers, as below, in Gladstone.

- 1 2 3 4 5 6 7 8 9
- a b c d e f g h i
- j k l m n o p q r
- s t u v w x y z

First add the vowels of the name, as below.

This is the Inner Soul Quality. This number represent what the individual has learned in past lives. It is simple for him to know and follow the desires of this number.

(Y is used as a vowel if it has the sound of a vowel—otherwise not.)

Then add the consonants of the name, as below.

This tells of a person's outer Personality—the way other people regard him. This number is a key to a person's success in business much of the time, because it shows his effect on others.

Next, add the vowels and consonants, as below.

This tells a person's type of mind, and the goal he is subconsciously trying to reach. It may be considered as his Destiny.

Then take the birth date and add as below.

This number indicates one's vocation, and the lessons he has come to learn. We do not possess, as a rule, the qualities of our birth

Mr. Gladstone's birthday was December 29, 1809.
 December is the 12th month—or..... 3
 The day was 29..... 11
 The year has a digit of..... 9

11-3

Mr. Gladstone had an Inner Soul Quality of. 1—
 Leadership.
 He had a Personality number of..... 22-4—
 Mastery in system.
 He had a Destiny or Goal of..... 11-7—
 Intuition.
 He had a birth path lesson of..... 11-3—
 Expression.

His career can be well comprehended. The leadership of the 1 was not difficult for him. He had learned this before. People regarded him as a master of law and order. Four is a great number in publishing and economical problems, when combined with 22. Mr. Gladstone was also a publisher. He came here to learn the 3 expression—speaking in public, which he performed ably. He had a destiny or Goal of 11-7—great spiritual wisdom, and he spent his last years religiously, dying with a prayer on his lips.

If the number is in your vowels you are what the number signifies, if living at your best.

If the number is in your birth date you must cultivate the thing the number signifies, for you have not yet mastered it.

(Continued on page 18)



The actress seldom writes an even base line. Emotions which require masks will come out in a base line which bobs up and down.

Your vocation May be seen in your writing

MILITARY SERVICE—Large, bold writing, well-barred *t*, firm downstrokes; or firm and clear handwriting, tall capitals, well-barred high-crossed *t*, careful punctuation.

LITERATURE—The style varies with the diverse interests of the authors: generally a small, nervous-looking style, letters disconnected here and there, abbreviations, original shapes of letters, sometimes one word connected with another.

POETRY—Similar in style to the above: irregular small letters, absence of order or restraint; original imaginative letters, especially capitals; writing often descends.

SCIENCE—Very distinct, clear, careful, patient.

LAW—Angular, clear, sharply outlined, upslanting fluent style.

MEDICAL—Firm, energetic, angular, and curved formations, clear, sometimes unconnected abbreviated writing.

POLITICAL—Tall capitals, somewhat angular and bold style, large writing, one word connected with another, loops used in connecting words, old-fashioned "hand," upslanting.

THE CHURCH—Simply-formed letters; firm, curved, and sloping "hand"; tall capitals, *t* bars high, clean style.

ART—Graceful, shapely style; original shapes; precision of outline; typographic and curved formations. The style of writing will depend upon the

kind of art: if bold style of art with broad effects, the writing will be large and imaginative-looking; if small and delicate kind of art, the writing will be small and fine, with little details to give it finish. The characteristics of art are: shapely letters, regular distances between them, even margins, oval shapes, precision of outline. These may be modified by a strongly emotional type of artist. However, the writing will rarely be such as to offend the eye; it will on the other hand reveal the artist in a number of ways. Unevenness of shading of strokes is said to indicate a love of color.

MUSIC—Rounded, sloping, soft, steady, flowing style; usually thick bars to *t*, well-curved capitals, twice-bent curves.

ACTOR OR ACTRESS—Great movement apparent, writing slanting upwards, well-shaped capitals; compressed writing, capitals usually standing apart from the letters which follow them, letters uneven at base.

EDITOR—Words connected together, letters disconnected here and there, abbreviation, clearness and regularity observed, neat style.

ARCHITECT—Precision of outline; parallel, equidistant strokes, neat, rather severe artistic style, typographic shapes.

COMMERCE—Plain, clear, methodical, practical-looking style.

Man and woman — chemical lovers

In previous articles in back numbers by Dr. Wm. J. A. Bailey on the glandular types, the mysteries of personality were tantalizingly displayed. Many people are afraid to read the work of the endocrine specialists, lest they destroy their ideals of life. But a great philosopher tells us—Schopenhauer—that we cannot build solid ideals until all old ideals have been destroyed. Now the endocrine specialists try to prove that man and woman are merely chemical lovers. They may be—but study on—on and on. There is no place to stop learning.

THE male or female are not as far apart as it might seem.

A study of people is all this requires to prove.

We all know the masculine girl, and the closer we know our friends the more frequently do we find that in every woman friend is some strongly masculine trait, and in every man some characteristics that are decidedly feminine. This last quality in man has led many writers of today to brand man as being more delicate than woman. Yet on the other hand, we have met an occasional woman with more chivalry and courage under certain circumstances than is possessed by men.

Long before birth nature determines, by her proportions of the endocrine glands whether the child shall be masculine or feminine in outer characteristics of sex, but there are secondary characteristics which dominate the life. After twelve or fourteen years of age, the surprised mother finds that she is often dealing with

a boy in girl's clothing, and vice versa. Criminal and medical jurisprudence is full of strange discoveries as to the true sex of the offender or the patient, while the post mortem specialist tells still more surprising facts.



Most of us can now classify our friends as 80% John and 20% Jane, or 60% Pauline, and 20% Paul. To the degree that woman is 60% John and 40% Jane depends on her adrenal cortex, while the feminized man has a history relating to his posterior pituitary. The marvel of modern treatment is that John can for long periods be almost all John, completely forgetting some of his Jane ideas. Just how far this clever treatment by our modern endocrine specialists can affect the inner spirit of John remains for us to study, and behooves us never to close our minds to advancement or knowledge on either occult or physical science.

It is claimed by Dr. Charles Evans Morris that the influence of the mother may change a boy (Cont'd on page 24)



A few notes for your arguments on evolution for or against

BY LAVATER

OTHER studies in nature may be better examples for the student of evolution than the monkey. Savater said:

"Inconceivable is the distance between the nature of the man and the monkey.

"Once more, oh man! rejoice in thy manhood. Inimitable as thou art, rejoice in thy inimitability. Seek not greatness by assuming the baseness of the brute, or humility in the degradation of thy nature.

"The skull of certain monkeys, as we shall soon see, is most like the skull of man; there is, also, a similarity in the mode in which objects are impressed upon their mind.

"Of the monkey species, the most resembling men

are the orang outang, and the pithecus, or pygmy. The other kinds depart much more from the form of the human body.

"The orang outang imitates all the actions of man, but without ever attaining to the performance.

"Those who wish to degrade man to beast, caricature him to the rank of the orang outang; and, in idea, raise the orang outang to the rank of man.

"But exact observation, and comparison of the skulls, only, although there is much similitude between them, will make the great difference conspicuous; and render the eternal unattainableness of the monkey to man more than probable.

(Continued on page 24)

If dogs and horses reveal their breed, so also does the human hand read about the fascinating life line

THE dog fancier and the scientist who selects his horses for breeding is an expert character reader. He applies the laws of nature in his selections. With one glance he reads the writing of Mother Nature in that horse's limbs or hoofs. With one glance an otherwise fine specimen of dog has lost a prize because some judge who knew the language of breed discovered some line, some seemingly insignificant quality in his make-up which kept him from winning.

If a horse has a clumsy looking hoof, the animal will also be clumsy, heavy and plodding and not so intelligent as the horse with a more elegantly shaped hoof. The same rule applies to human beings.

Quintilian, in writing about what a wonderful thing the hand is, said: "The other parts of the body assist the speaker, but these, I may say, speak for themselves, they ask, they promise, they invoke, they dismiss, they threaten, they entreat, they deprecate, they express fear, joy, grief, our doubts, our assents, our penitence."

We will now see what foundation we get from Science for our belief that the lines on the palm have got a *still greater meaning*.

It is very likely that you have not heard before that there are more sensory nerves from the brain to the hand than in any other part of the body. These nerves, it stands to reason, by long generations of use, have become so highly developed that the hand, whether passive or active, is in every sense *the willing and obedient servant of every thought*

that passes in the brain.

It was the famous Professor Meissner who discovered about 1853 that the corpuscles in the tips of the fingers *and in the lines of the palm* contained the end of the important nerve fibre from the brain, and that during the life of the body *they gave forth certain crepitations or vibrations*, which ceased the moment life became extinct.

Some years later, experiments were carried out in Paris to prove that people with acute hearing could detect the difference in these vibrations in different human beings. In the case of a man who was born blind, but to whom Nature had given an acute sense of hearing, he was able by listening to these vibrations, "to detect the sex, age, temperament, the state of health and *even the subject's nearness to illness and*



Dogs of certain breeds can be trained to do certain things, when certain lines exist in their make-up. This is also true in human beings.

death."

This being so, you will now understand why it is that if you searched millions of hands *you will never find* the lines on the hands of any two persons *in this world alike*.

Sir Thomas Browne, in his famous work, "Religio Medici," after referring to Physiognomy, says:

"Now there are besides these characters in our faces, certain mystical figures in our hands which I dare not call mere dashes, strokes à la volée or at random, because delineated by a pencil that *never works in vain*, and hereof I take more particular notice because I carry that in mine own hand that which I could never read nor discover in another."

(Continued on page 25)

What a man said before he went to prison — and after

the influence on his character

Not so many years ago a great poet and writer of exquisite fairy tales was sent to jail. Flippant clever things did he say in the years before his suffering. During the following years, writing under other names as well as his own, the world has been left the flowers of his mind which grew in the dark cell, crystallized from tears, despair and humiliation. It will be interesting to note the tones of his epigrams which amused society before, and the philosophy which grew after his tragedy, which the world at large will some day reverence.

Before

After

THINKING is the most unhealthy thing in the world, and people die of it just as they die of any other disease.

Moderation is a fatal thing. Nothing succeeds like excess.

A little sincerity is a dangerous thing, and a great deal of it is absolutely fatal.

No woman should have a memory. Memory in woman is the beginning of dowdiness. One can always tell from a woman's bonnet whether she has a memory or not.

If a woman cannot make her mistakes charming she is only a female.

One should always be in love. That is the reason one should never marry.

The only difference between a caprice and a life-long passion is that the caprice lasts a little longer.

Punctuality is the thief of time.

When one is in love, one always begins by deceiving one's self, and always ends by deceiving others. That is what the world calls a romance.

Women represent the triumph of matter over mind, just as men represent the triumph of mind over morals.

What a fuss people make about fidelity! Why, even in love it is purely a question for physiology. It has nothing to do with our own will.

Young men want to be faithful, and are not; old men want to be faithless and cannot; that is all one can say.

An idea that is not dangerous is unworthy of being called an idea at all.

The majority of men spoil their lives in an exaggerated and unhealthy altruism.

The man who regards his past is a man who de-

(Continued on page 27)

WHEN He says, "Forgive your enemies," it is not for the sake of the enemy, but for one's own sake that He says so, and because love is more beautiful than hate.

The mystery of love is greater than the mystery of death.

Anybody can sympathize with the sufferings of a friend, but it requires a very fine nature to sympathize with a friend's success.

The true perfection of man lies, not in what man has, but in what man is.

Self culture is the true ideal for man.

Where there is sorrow there is holy ground. Some day people will realize what that means.

We teach people to remember, we never teach them how to grow.

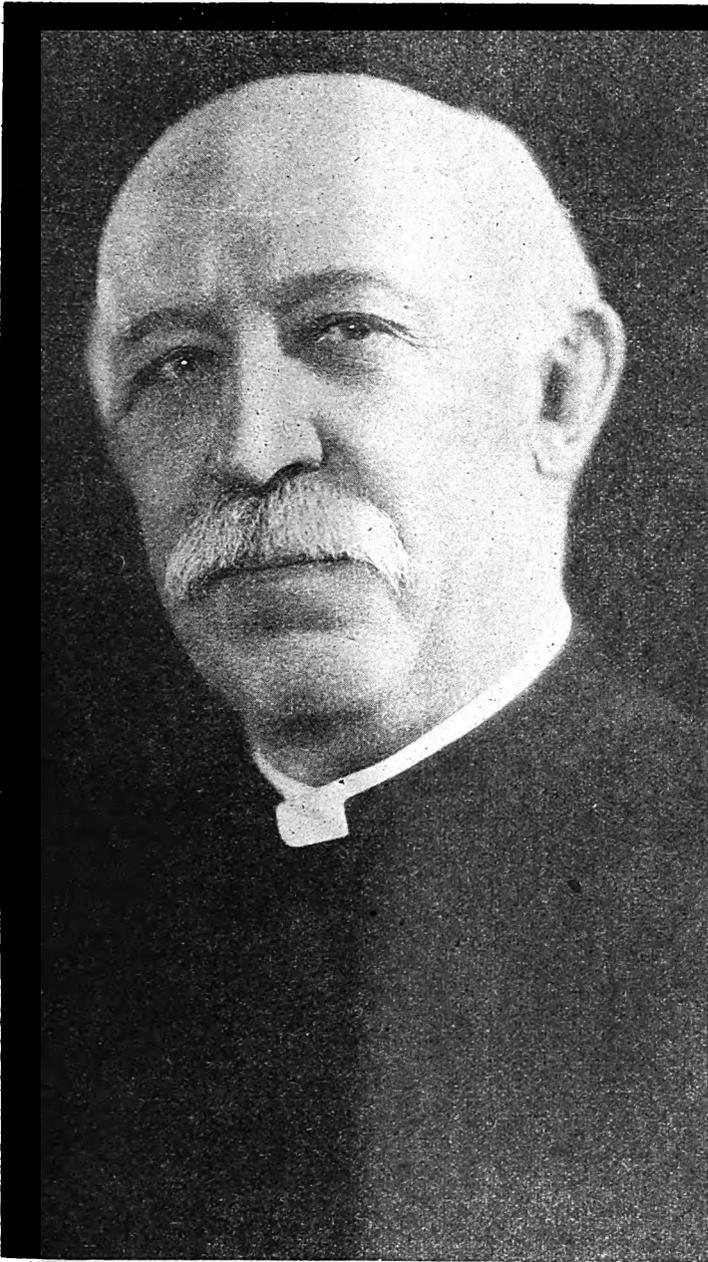
But it is a very unimaginative nature that only cares for people on their pedestals.

There is not a single color hidden away in the chalice of a flower, or the curve of a shell, to which, by some subtle sympathy with the very soul of things, my nature does not answer.

If the only thing that He ever said had been 'Her sins are forgiven her because she loved much' it would have been worth while dying to have said it.

Christ, like all fascinating personalities, had the power of not merely saying beautiful things, but of making other people say beautiful things to him. It is man's soul that Christ is always looking for. He calls it "God's Kingdom" and finds it in every-one. He compares it to little things, to a tiny seed, to a handful of leaven, to a pearl. That is because one realizes one's soul only by getting rid of all alien passions, all acquired culture, and all external

(Continued on page 27)



Underwood & Underwood

Canon Chase is the most active of Americas reformers. He has long fought for federal screen censorship.

when strongest, cause eyes, flesh, and general lines of the body to extend outwardly. But the face of the reasoner, the thinker, the one who methodically analyzes is symbolized on the opposite page by one whose lines, eyes, motions, and even the flesh, often extend "inwardly." The curved eyebrows with little hair, the wide open eyes tells all about it, but often does not know what it is all about. The heavy eyebrows, the contracted expression, the deep set eyes, more often knows what it is all about but cannot tell it. What the world needs then is for greater thinking of the popping eyes, and greater popping for the thinking eyes—a course for the poppers to learn to hold the tongue, and a course in speaking for the anti-poppers.

But perhaps the reformer, Canon Chase can remedy all these situations. See the enormous width of his head between the ears? This means he will fight, for anything

he believes in. He has what is known as "the push" and he also seems to be gifted with "the pull" for he fights desperately for screen censoring, and gets it. No doubt he has his own secret way of getting this pull. You will notice the half closed eyes which show that he has a "back room" for some of his thoughts anyway, yet there is an outward and downward slant to his eyes, with a fullness of the flesh above and below—the eyes of the man who can succeed in politics has these eyes, because he can convince people that today is tomorrow. The long upper lip of Canon Chase says that he has a will, with all of his "push."



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Healing Magazine

Batavia, Illinois

(Continued from page 3)

natural tendencies incline him to do. Had Edison's genius for crime been as strong as for invention, he might have posed as a star in the annals of crime. The difference between Edison and the natural born criminal is a difference in their mental peculiarities and direction of their powers. The unfortunate criminal's *special gift* is in a direction that inclines him to break moral and statutory laws, hence when he follows his natural inclinations he is doing wrong; but if the laws were changed so that to think and invent were an offense, Edison would doubtless become one of the most noted law breakers; Edison can no more keep from thinking on inventions than he can live without food. For the natural born criminal to go through life without entertaining the thoughts and feelings of crime would be as impossible as for Edison to have gone through life without entertaining the thoughts of invention; but as Edison *could* have gone through life without ever giving any outward expression or material form to a single invention, so ninety-nine out of every hundred criminals *could*, by the exercise of their wills at the *proper time*, go through life without committing any crime; hence it is wisdom to hold all men as morally responsible for their actions.

"For some time past the author has been visiting the penitentiaries of the United States and making special study of the peculiarities of criminals with the view of publishing a practical treatise on the psychology and craniology of crime. Critical examinations of hundreds of convicts prove beyond question that there is a relation between certain brain developments and the tendency towards crime, also that there is a striking resemblance in the brain developments of criminals of the same class; so apparent is this that the author can by the examination of the cranium correctly diagnose the nature of the crime of 75 convicts out of 100. Below we submit some of the combinations usually found among the more common classes of criminals.

Homicides

"There are several distinct types of murderers, the worst are those who by birth are blood-thirsty and brutal; such usually have low Organic Quality, Motive-Vital Temperament, strong Vitativeness, Courage, Executiveness, Secretiveness and Firmness, moderate Social Feelings, Caution and Reasoning Faculties with very weak Conscience, Veneration, Spirituality, Kindness and Agreeableness. This is perhaps the most unfortunate type of criminals; they resort to crime for the love of it; they do not necessarily require any special provocation to excite them to the vilest deeds. Next to this class of homicides are those who only resort to crime where there is some provocation or exciting cause, such as intoxication, jealousy, revenge, anger, money, etc. Where Executiveness, Secretiveness and Caution are very

strong, with weak Moral Sentiments, the person will resort to poisoning or some other cautious, clandestine method. If Caution be weak and Self Reliance strong, with moderate Secretiveness, the crime is most apt to be committed openly. If Acquisitiveness be very strong money is usually the actuating cause, while where Appetite is the strongest propensity, its perverted activity in drinking and carousing and consequent inflaming the brain and exciting the anger, is the immediate cause. Those who commit crime through revenge, in addition to having strong propensities and weak Moral Sentiments, usually have strong or very strong Firmness and Continuity with moderate Caution and very weak Kindness. The murderer from jealousy usually has strong Amativeness, Conjugality and Approbation, an excitable temperament and perverted imagination.

Thieves

"Men are actuated to steal by many different motives, hence there are many distinct classes of thieves each of which have their peculiarities. *Burglars* usually have strong Executiveness, Self Reliance, Secretiveness, Acquisitiveness, Constructiveness and Perceptive Faculties, with good Reasoning Faculties, weak Conscience and Continuity. *Horse thieves* usually have strong Courage, Executiveness, Secretiveness, Acquisitiveness, Parental Love and Perceptive Faculties, with moderate Caution and Conscience; *Kindness is often quite strong*. *Smugglers* usually have moderate Courage, strong Executiveness, Caution and Acquisitiveness with very strong Secretiveness, and usually have good Constructiveness and intellectual faculties. *House and petty thieves* three times out of four have weak Acquisitiveness, Courage, Executiveness and Continuity, very weak Self Reliance and Conscience, with moderate Caution and Hope; this class steal not for the sake of values, as the others referred to, but because they are too lazy, indolent and careless to earn the necessities of life, and from their weak Acquisitiveness do not appreciate property values, hence they believe in dividing up. *Defaulters* usually have strong Executiveness, Secretiveness, Acquisitiveness, Approbation and Hope, with moderate Caution, Self Reliance and Conscience. *Forgers and counterfeiters* have strong Perceptive Faculties, Imitation, Comparison, Ideality, Constructiveness, Secretiveness and usually, though not always, strong Acquisitiveness and Approbation, with weak Conscience and usually weak Courage. *Pickpockets* have very strong Secretiveness, with strong Acquisitiveness and usually have good Caution, Constructiveness, Human Nature and Perceptive Faculties, with weak Conscience, Continuity and Self Reliance. *Confidence men* usually have strong Acquisitiveness, Secretiveness, Friendship, Human Nature, Agreeableness and Language, with good In-

(Continued on page 31)

(Continued from page 4)

also rest in the sublime and unflinching assurance of eternal principles, that a due separation is in the future, and that a due meeting will be the issue of an introduction into the spirit home. Perhaps the true companion has already gone before; if this is so, it is altogether probable that the spirit remaining here will feel drawn toward the higher world when searching for its companion. There is a holiness in this natural and true marriage, which is a consequence of our being, an inevitable result of our own existence—that, when once conceived of by the heart and understanding, must make every spirit rejoice, and insure purity and faithfulness in that soul which would live for the one whom God hath given, and keep itself unspotted from the world.

“Where the true union is enjoyed, there cannot exist the slightest cause of jealousy, of coldness, of estrangement, of disrespect, or alienation; for perfect and entire confidence wreathes every thought of their mutual love, the truly joined—the God-made ONE—can consume every unfriendly and discordant impulse which might arise in their undeveloped bosom.

“The love principle or the female is the actuating, the prompting, the life-giving portion of the eternal ONENESS; and the wisdom principle, or the male, is governing, the guiding and harmonizing portion, and thus the twain are ONE in essence and organization. Love, or the female—with her immortal and impetuous springs of life, beauty, and animation—is, if unguided and unassociated with wisdom, unspeakably lonely, and very liable to misdirection; on the other hand, wisdom—or the male, with his immortal attribute of harmony and government—is, if unassociated with, and deprived of the life-giving elements of love, a mere iceberg, a mere isolated oak, cold and unbeautiful. But these reflections are more properly connected with the consideration of the mission and influence of the male and female principle or the sexes, which consideration may be found in another chapter.

“The human soul is capable of inconceivable expansion; its sensibilities are pure and almost immeasurable; the female spirit feels a boundless, indiminishable love; the male is conscious of a high, insurmountable wisdom; and these embodied principles irresistibly seek and implore the presence of one another. To every individual, its counterpart—the one most loved—is the purest, the greatest, and the most beautiful of all human beings; others may be beautiful and attractive and may possess in reality many more accomplishments, but to the lover the one beloved is the most beautiful, because there is felt an inwrought adaptation of desire to desire, impulse to impulse, organization to organization, soul to soul! This philosophy of marriage is that which angels know—the only true marriage, which originated with the divine mind; which is sometimes prophetically or incipiently indicated on the earth; which is enjoyed in all spheres of angelic and seraphic life; and which is spontaneously established by the sublime law of association that conjugally unites atom to atom, spirit to spirit, angel to seraph, and God to the universe!

“From the pair is nothing hidden;
To the twain is naught forbidden;
Hand in hand the comrades go
Every nook of nature through;
Each for other were they born;
Each the other best adorn.”

—Emerson.

We summarize the foregoing extracts as follows:

Sex is derived from the spirit.

Spirit is the only cause of true marriage.

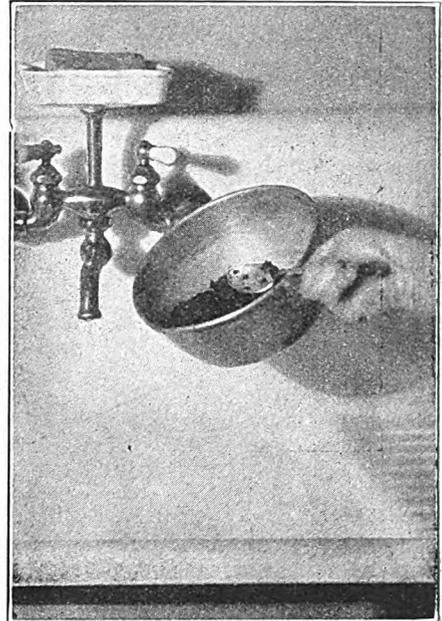
Each individual is eternally married.

Equality and mutual cooperation of man and woman is essential to proper unfoldment and complete development.

In cases of pre-natal destruction the individuality of the child is retained and developed in spirit life.

Man is positive and woman is negative; the two uniting in natural consequence to form a perfect whole.—
EDITOR.

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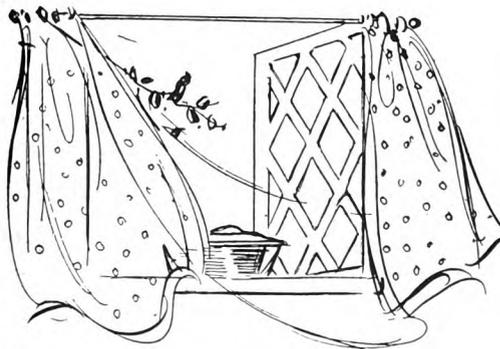
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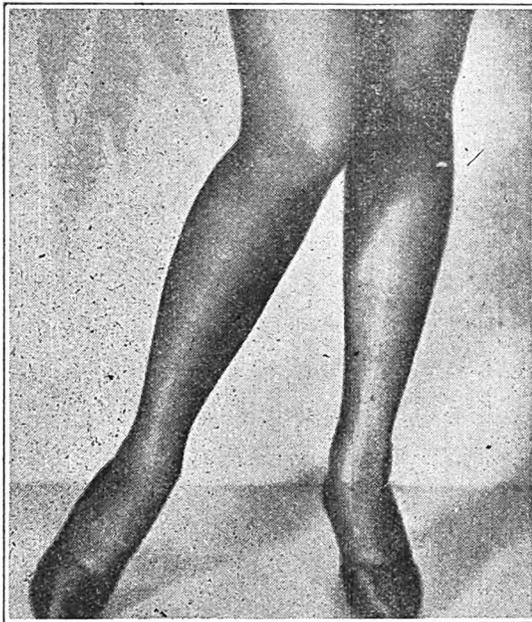
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A. G. VAN HAGEN, RACINE, WIS.

(Continued from page 5)

artistic temperament and those possessing it love art, beauty, social life and pleasures of a refined and cheerful nature. They are graceful and charming in many ways, always polite, courteous and affable, hurting none and pleasing all through a tender thoughtfulness for their comfort and welfare. They make skilful musicians, actors and actresses, artists, painters, engravers, perfumers, confectioners, linen-draper, etc. Children of this temperament thrive best through the companionship of others and learn best in refined surroundings and under affectionate treatment. They are not fitted for hard study and learn more under special treatment than by ordinary routine.

THE SATURNIAN TEMPERAMENT. Very few can express the sterling qualities of this temperament. It gives patience, prudence, self-control and a keen sense of responsibility. Children of this temperament are sometimes called dull and stupid; this is owing to the slowness of unfoldment, for this temperament gives longevity, and maturity later in life than any other temperament. Those who are unawakened follow the laborious occupations of life and are content to remain manual workers, but the advanced types are builders, contractors, farmers on a large scale, cattle dealers, land-owners, etc. Saturnine children should be taught sculpture, architecture, land surveying, mining, engineering and all those occupations which require deep thinking and a slow laying out of plans and the application of deliberate methods. They are Nature lovers.

THE MARTIAL TEMPERAMENT is the one most in evidence at our present stage of evolution. This is a strong temperament and makes experimentalists, speculators, and those who venture on new enterprises and take risks in either profession or business. It is closely related to the military caste and the modern commercial world; men and women who, in the course of a lifetime, follow many and various avocations are under this tempering influence. They are the mechanics, and energetic workers of life and are now most in evidence acquiring strength, courage and a true individualism. They are to be found in all professions and employments as masters and servants. They are the world's embryonic devotees. Children of this temperament are very assertive and expressive; they should be taught to be truthful and respectful, and an appeal should be made to their feelings as well as the mind.

THE JUPITERIAN TEMPERAMENT. This is the philosophic temperament. It is inclined either toward a religious or social life. It gives true sympathy, wide-mindedness, generosity and trustfulness. Large hearted and benevolent persons are under its influence. It favors bankers, judges, clergymen, physicians and healers, lawyers and men able to give counsel to others; and

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all who are inclined to be wise and temperate. Children under this influence may be educated for responsible positions in life of the professional or refined order. Saturn gives the ability to hold responsible positions of trust in the concrete or business world, but Jupiter in the subjective and more subtle avocations.

These are the five ordinary temperaments in which the elements of the material world are tempered with the mind. Each human temperament will contain a mixture of the others, but when the main temperament a child is evolving is known much may be done to help it.

The virtues of the **MERCURIAL** temperament are compassion, clear insight, and discrimination. The vices are: irresolution, indifference to others and over-absorption in themselves or their studies. Yellow is their favourite colour. Their gem is the topaz and all stones of variegated colour. The Mercurial is the *nervous* temperament.

The **VENUSIAN** temperament is constructive, and its virtues are sympathy, tolerance and devotion. Vices: intellectual pride, coldness and isolation.

Indigo blue is their favourite colour, and their gems the sapphire, amethyst and all white stones. The Venusian is the *pleasure-loving* temperament.

The **SATURNIAN** temperament is one that has to balance the emotions and the mind; it is the most difficult of all the temperaments to deal with. Its virtues are serenity, confidence, self-control and purity. Vices: self-centredness, changing moods and impulses, an inclination to perpetual worry. Colour: green. Gems: black or ash-coloured stones. The Saturnian is the *individualising* temperament.

The **MARTIAL** temperament is one that many are now making. Its virtues are strength, self-sacrifice, truth and purity. Vices: selfish love, jealousy, partiality and over-leaning on others. Colour: red or rose. Gems: blood stone, jasper, and all common red stones. The Martial is the *devotional* (in its earliest stages emotional) temperament.

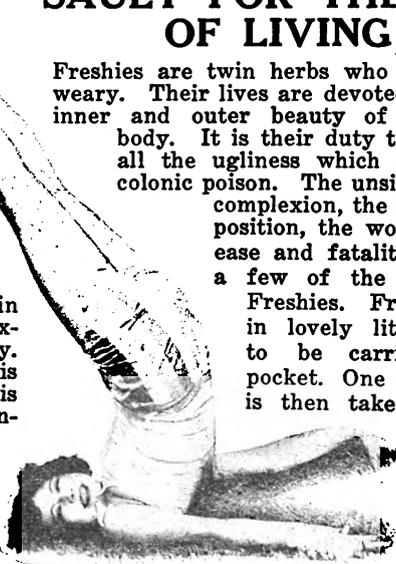
The **JUPITERIAN** temperament is the temperament of the future. Its virtues are a true inner sympathy, wide-mindedness and a true philosophy of life.

(Continued on page 31)

FRESHIES CAN MAKE YOU TURN A SOMERSAULT FOR THE JOY OF LIVING

Freshy Inner and Outer Complexion Food

The most unique food in the world. Used both externally and internally. Grown in the garden, this novel complexion food is taken daily for inner toning of the liver and skin glands. It is used externally on the face for its immaculate, thoroughly beautifying action. Not a drug. A vegetable product through and through. Immediately assimilated by the body. Freshly Complexion Food, 4 oz. box\$1.00



Freshies are twin herbs who never grow weary. Their lives are devoted to keeping inner and outer beauty of the human body. It is their duty to take away all the ugliness which comes from colonic poison. The unsightly muddy complexion, the irritable disposition, the worry, the disease and fatalities are only a few of the enemies of Freshies. Freshies come in lovely little capsules to be carried in the pocket. One of the twins is then taken daily for one week, and another the next, thus keeping the positive action

of the herb foods forever. Freshies for one month....\$1.00

HYGIENIC SUPPLIES

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Chicago, Ill.

Venus and Saturn are opposite temperaments, but may be made complementary. Mars and Jupiter also are opposite temperaments. Mars and Venus will always agree and generally Saturn and Jupiter. The Mercurial temperament is adaptable.

There are two temperaments that are what may be termed extremes, the SOLAR and the LUNAR, which are finally to become the Uranian and Neptunian temperaments.

The LUNAR temperament is one common to all who are materially advanced, or who may be considered to have a fair share of commonsense. Its virtues are: reverence, sympathy, tolerance and accuracy. Vices: harsh criticism, arrogance and narrowness. Colour: violet. Gems: the crystal, selenite, and soft white stones. This temperament may eventually become the Neptunian or psychic temperament. The lunar is the popular, or democratic, temperament.

The SOLAR temperament is rare. It gives abundance of vitality, much spiritual insight, unflinching faith in divine things, and a very electric magnetism. The virtues are humility, tenderness, sympathy and tolerance. Vices: pride, ambition, wilfulness, obstinacy and a wish to control others. Colour: golden or flame-coloured, with various shades of other colour interblending. Gems: ruby, carbuncle, etc. This is to eventually become the Uranian or occult temperament. The Solar is the autocratic temperament.

(Continued from page 6)

Number 1

Number 1 is a symbol for freedom of thought and power to stand on one's own feet. It stands for creative ability, strong mentality, originality and individuality. It represents the pioneer spirit, not dismayed by the unknown. In their right work, people of the 1 vibration are original, brilliant, and strong. If they are not living in harmony with their birth path lesson, however, they can be very narrow, stubborn and egotistic.

1—VOCATIONS. (The Lesson You Came to Learn)

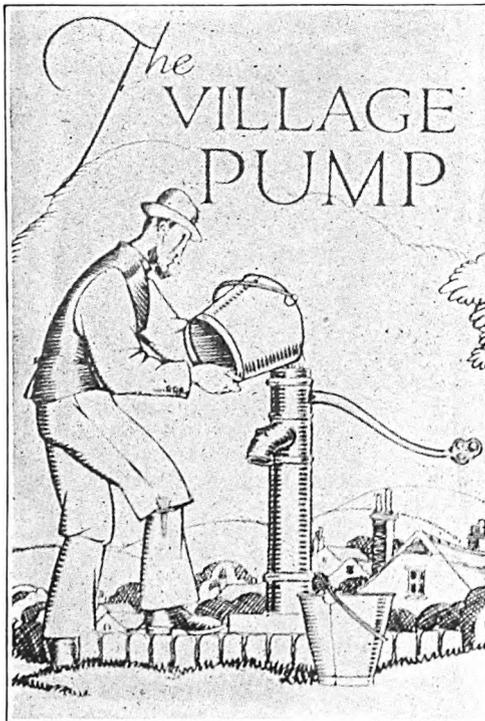
When number 1 is found in the birth path lesson he should learn to stand on his own feet, make his own decisions, and stick to them. He should obey his hunch, cultivate generosity, and do work of a pioneering nature. Many promoters, explorers, inventors, organizers, politicians and promoters of new thought have the 1 vibration. Just what particular line of work depends on other numbers in the name.

Number 2

Number 2 is a symbol for co-operation, tact, work, and gathering of facts. It represents duality. People with the number 2 in the vowels or soul number possess the strong qualities of 2. They have a good grasp on the fundamentals of a subject, hence are often found in scientific work, statistic work, and diplomatic work.

2—VOCATIONS. The Birth Path Lesson

If the number 2 is found in the birth



In the Days of the Village Pump They Used to Take Drugs for Catarrh, and They Never Cured It That Way!

Deafness and catarrh go hand in hand so often because the chemistry of the body which is unbalanced in one condition is also unbalanced in the other.

There are foods which will not tolerate catarrhal conditions remaining in the body, when taken in the right manner.

Dietary instructions for catarrhal conditions. . \$1

How To Eat Magazine

I. W. A. C. Bldg.
CHICAGO, ILL.

NUMEROLOGIST

Thoroughly Experienced

I can tell you your heart's desire, destiny, natural qualifications, past experience, what lesson you have come to learn as well as whom you should marry and the vocation you are best fitted for, with forecast for several years hence. Complete typewritten Number-oscope \$10.00. General analysis \$5.00. Send full baptismal name with any changes in signature (printed) and birth date. Ask any questions.

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you that I will teach you, by mail, in one lesson, the simplest, shortest method all for \$1.00. No telepathy. You can read one's mind to a dot, by only looking in the eyes of partner, chum, sweetheart, etc. Praised by New York, Boston, Montreal Police Chiefs; colleges, Thurston; Blackstone, etc. If fake, let them arrest me.

A. HONIGMAN, Dept. CH5
Sta. E, P. O. Box 85 Montreal, Canada

path lesson (birthday digit), such people should learn the lessons of tact, co-operation, and diplomacy. Two people not living at their best are just the opposite of 2—with a grudge against the world, critical, and opposed to co-operation, and corporations. The best vocations for 2 people are scientific research, diplomatic work, library work, teaching, banking, history writing, printing, statistical work, credit work, editorial work, work requiring patience, continuity of thought, and tact. Particular work depends on other numbers in name.

Number 3

Number 3 is a symbol for individual expression in art, music, public life, writing, etc. Living in harmony with their individual birth path lesson 3 people are very pleasing personalities, inspiring helpers, combining the fact of 2, with the genius and courage of 1. They are appreciative and tolerant of the spiritual outlook while inclining to the material side as well. Clever in narrative and repartee. Living at their best they are versatile, responsive, quick, many sided, sociable, fond of music and art, and professional work which has a popular need, while their pleasing personality heals and cheers others. Not living in harmony with their particular birth path lesson they are changeable, fly away natures, skimming over the surface of things, lacking in decision and method.

3—VOCATIONS. The Birth Path Lesson

Three people do well in dramatics, art, music, writing, advertising, selling beauty culture, tea room management, dietetics, health measures, food, art goods, designing, dress materials, flowers, stationery, decoration, and fine office work as well as watchmaking and jewelry.

Number 4

Number 4 is a symbol for method, routine, order, and study on the mental plane. Good workers, honest and dependable. Living at their best they are the workers of God, finding happiness in work and study. They like the established routine, and do not like to see things deviate from law and order. Not living at their best, in harmony with their particular birth path lesson, they are very condemning and critical, judging everyone on the material and mental plane, ignoring the inner spirit of things, stubborn, unchanging, and leading narrow lives working for others. They must learn not to complain, if they would succeed.

4—VOCATIONS. The Birth Path Lesson

If 4 is found in the birth path lesson the person must cultivate the 4 qualities, and should follow one of the 4 vocations—mechanical and construction work, manufacturing, office work, drafting, accounting, building materials, printing, lodge work, business law, banking, farming, mining, methodical teaching, military pursuits, orthodox ministry, railroad work, retail business.

Number 5

Number 5. These are the magnetic lovers of freedom and change. Versatile, sociable, and argumentative. Strong investigating instinct, good character analysts, judges of human nature, and possess an amateur's interest in the occult and metaphysical as well as the scientific and philosophical. Five people are the emergency souls, changing, growing, resourceful, energetic, alert. If they are not living in harmony with their individual birth path lesson they are dominated by sex, and because they drink deeply of life's experiences they harm themselves, and often thwart their ambitions through ceaseless arguing and difficulties.

5—VOCATIONS. The Birth Path Lesson

The best vocations for 5 people are salesmanship, traveling, investigating, athletics, dramatics, lecturing, character analysis, efficiency engineering, automobile work, newspaper reporting, detective work, theater management, novelty manufacture, drugless healing, transportation, recreation work, and work requiring movement, emergency powers, and variety. Five people are excellent systematizers for others, but will not follow other people's systems. They demand freedom.

Number 6

Number 6. Six people are bulwarks of the social and political order, ready to hold the community together with helpful work. They are cosmic mothers, ready to protect others needing their care. They are home lovers, and reliable, responsible money makers. In their right place they are comfortable, cheerful, talkative people, domestic, energetic, conventional but generous. In their wrong place, not living in harmony with their birth path lesson, they are stubborn, inclined to limit their viewpoint, inclined to believe the whole world wrong, but themselves and their families. They force their help on others and cry because it is not appreciated, gossip, and pay too much attention to unnecessary detail. They are as a rule anxious to further anything which will help them or their community to better home, educational or artistic life.

6—VOCATIONS. The Birth Path Lesson

The best vocations for 6 people are nursing, healing in various branches, dietetics, institution management, social service work, interior decorating, manufacturing and selling things which have to do with home or community life, teaching of both children and employes in business. Writing on community interests, business management, sales management, clothing and food handling, renting and home selling, stock raising, teaching art, music, school or dramatics. Church work, and social secretary work.

Number 7

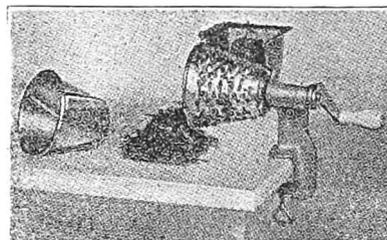
Number 7 is a symbol of intuition, silent wisdom, spirituality and perfection. Seven people love culture and

Simply Refuse To Entertain A Cold This Winter

No family need suffer with colds. Children as well as grownups can gain immunity by Spinach Wine. We send you the dehydrated powdered spinach, from which you make your non-alcoholic drink as you need it daily. Spinach wine is high in sodium, iron, and potassium.

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LIKE EATING ROSE PETALS!

You can't begin to know the taste of food until you put it through the new gricer.

Hidden in carrots, turnips, potatoes, cabbages, apples, etc., are mysterious, delightful flavors which we have never known with the average cooking and cutting.

There are few words to describe the thrill everyone who uses this new instrument experiences. For the housewife it turns work into play. For the artist who can only eat artistically prepared foods, it is a great delight. For the man who spurns vegetables and fruits it is a thoroughly new eye-opener. We have yet to find a human being whose eyes do not become large with surprise and admiration when he sees what the gricer does to food.

Delicate little thread-like curves, or flower-like petal slices are made of the plainest foods put through the gricer. Many colored salads, fantastic desserts, and surprising dishes of all kinds are made by this clever new tool. It grates ice, shreds all foods, slices them, rices potatoes, crums bread, chops uniformly, peels, and does many tricks all its own.

Absolutely no nuts to get lost.

Does not have to be taken apart for cleaning. It is simply delightful and delightfully simple.

FOLLOW THE GRICER DIET FOR ONE WEEK

**USE IT IN
YOUR OFFICE,
YOUR HOME,
YOUR ROOM.**

You may start suit against me if you are anything but delighted with the New Gricer and the diets which go with it.

Gricer Diet and Gricing Machine
\$5.00 Prepaid.

This machine is made in America and may be had for immediate shipment.

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Park Ridge, Illinois



YOU CAN BE MADE WELL BY COLORS

Way back in the fourteenth century a certain king who wished to influence the minds and bodies of other leaders and rulers had his chemist compound special colors. He would have rich drapes dyed in these colors, and seat his guest in a room for half an hour before he interviewed him. If he wished to completely destroy his physical courage he would have a special shade of purple hanging on the walls. Then when his guest was admitted the king's own will was predominant.

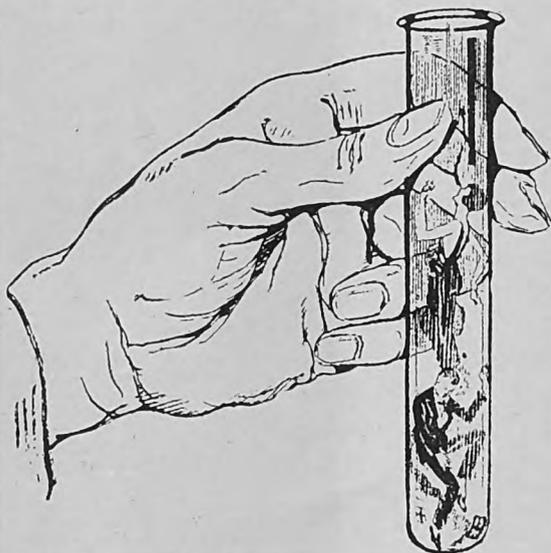
Colors have an enormous power to quiet, to stimulate, to inspire, and to heal. We have proved this in our practice over fifteen years of service. We can teach you the principles so that you may use them in your own home or your own office. How you can use the colors with therapeutic light, how you can dress with certain colors to produce certain mental and physical results, and how you can use these colors in your sleeping room for your daily health.

We are not selling you an expensive binding for a big price. If you appreciate real knowledge from practical experience in color therapy, we can send you in simple printed form the same material which would cost many times as much in an expensive set of books.

Color Therapy by Dr. L. Ethel Murphy and Dr. Thomas Noel\$2.00

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“Those Wonderful, Wonderful Books”

Letter after letter says this about the 12 books—“How to Eat.” They contain the altogether original lessons on the chemical types of people—how one person differs from another—how you can read people—how you can know how to heal each type—how you can feed each type.

These books put you in the test tube, and tell which chemicals you lack, which chemicals

you have in too great abundance, and reveal the startling things about you and others which only chemistry can reveal.

YOU CAN HAVE IT!

What is this mysterious force that brings riches, fame and happiness to some? Why are the ways of accomplishment, bodily vitality and romantic adventure so vague and unknown to some and so simple and easily understood by others? The answer is here on this page.

If you are restless, uncertain and slow, if you dream of great things but do not act, if you are ready to act but do not dream (visualize) then glance to the inside front cover. A moment of sober thought right here may mark the turning point in your career.

Nature is giving you an examination. And it is more important than the one you took to secure your position. It is one that, if accurately answered, will never allow you to hear the sentence pronounced—that your's is a hopeless case.

A balance of body chemistry makes one immune to fear, uncertainty and fatigue. People who are either blessed with an inherent balance or have acquired it by common sense practice, think clearly and act at the opportune time. They do not hesitate until it is too late. They are not filled with self pity—a condition of acidosis—and they do not “wish.” They take. They could not act otherwise—the same as the unbalanced person cannot help his irritable, shrinking nature.

For those students of life who are late in starting to study the body building principles of food as taught by “How to Eat” magazine, there is still an opportunity. There are now 12 back numbers of this magazine, starting with the first article of the series covering the 16 different kinds of people. The price of these, containing the secrets of acquiring the force of action, is only one-tenth of what the same material sells for in book form. But you must act without hesitation in this case, too! Some of the back issues are nearly exhausted. The issue that covers the Calcium type of person is low in number and when this is gone that same priceless material will never be obtainable from the pen of this same teacher.

Can you afford to befog your mind and run the chance of preventing it from giving you an idea that might make you thousands of dollars? “Different Jobs Need Different Foods” is an article that none should miss if they would welcome an increase in salary. Employers would increase their production beyond belief if they would concentrate on the subject of this article. “Onions and Glands,” “Where Is Your Spunk?,” “Food and Divorce,” and “Your Body Chemistry” are only a few of the hundreds of practical articles that you need for a happier life.

You can be one of the “chosen” ones if you will but choose to look for truth. You can have the power of a quick analytical business mind. Clear thinking and tireless energy can be yours. Both are simply the force of chemistry. You can and should know that combination. To use it is to be sure of yourself. The “Never-had-chance Club” is disbanding forever.

Send \$3.00 to the Circulation Manager, “How to Eat” Magazine, Illinois Women's Athletic Club Building, Chicago, for the 12 back numbers and receive the “Youth Diet” free. You will count time from this day on.

refinement. They are well informed, but reticent, firm yet sensitive. They are affable and may be talkative, but they always hold back an inward something which baffles others. They must be brought out before their real depth is sounded. They are self sufficient, but always reaching out for underlying truths. Good listeners, loving quiet. Cannot co-operate. They need meditation for their best power. In individual endeavors or professions they are zealous workers, but when it comes to work with the hands they seem to regard their work as already done. They are very critical, and are striving for the perfect thing. Living at their best, they are reservoirs of wisdom. If not living in harmony with their birth path they are impractical and unreliable, with little sense of finance.

7—VOCATIONS. The Birth Path Lesson

The best vocations for 7 people are the ministry, real estate, professions such as medicine, dentistry, or surgery, law, writing, psychology, horticulture, and business which has to do with refinement, culture, education or beauty and quality. They would rather do without than have anything but the best.

Number 8

Number 8 is a symbol of balance, justice, construction, and prosperity. They are just, balanced in their ideas between the spiritual and material, and make good executives; keen discrimination and tact. They make their success working on a large scale, for the love of a cause or project. They attract prosperity by forgetting money, and working unselfishly, taking the unfinished and impractical inspirations of others, and bringing them to workable perfection. In their right work they are just, tactful, strongly constructive, and their decisions are wise. If they are not living their highest, they become money mad, selfish, and unmerciful.

8—VOCATIONS. The Birth Path Lesson

The best vocations for the 8 are engineering, banking projects, investing, speculating, executive work, architecture, law, playwrighting, planning of dramatics, theatrical directing, civil engineering, politics, organizing and promoting. Work requiring power of decision, power to build and plan, and to mete out justice to all. Sales plans, advertising plans, publishing, science, manufacturing, management work in mines, on ranches and in lumber and construction work.

Number 9

Number 9. The big brothers. The men with large humanitarian views—inspirational writers, philanthropists, artists, and actors are in this sign. When their motive is large and unselfish they attract money for their work, and have a powerful influence over other minds, to do them good, and cause them to broaden. When their

motive is selfish they sink to lower levels, and their mental influence harms not only themselves but others. They may be drifters in their indifference to order and system. They must love everybody and be broad and tolerant. When not reaching out to help others they retire in their own shell with the statement, "No one ever thanks me."
 9—VOCATIONS. The Birth Path

Lesson

The best vocations for 9 people are humanitarian, work, writing, lecturing, law, medicine, art, music, opera, psychology, beauty culture, orchestra leading, traveling, theater promoting work, dancing and acting, landscape gardening, sales management, magazine and editorial work, decorating work, ministry. Work should be on a large scale and deal with all kinds of people.

Number 11

Number 11. Eleven is a symbol of inspiration, teaching and occult wisdom. Eleven people are intuitive, and receive their finest powers from their psychic side. They are old souls in new bodies, having been through all the lessons of the preceding numbers. Their mission is to lead and aid others into the better, larger ways. The wisdom of the ages is stored in their subconscious mind to be drafted into the service of all who need it, and they must sacrifice their own immediate good for the good of many or their greatest success is not reached. They should fit themselves for teaching, or for giving spiritual light. If living in unselfish ways they are powerful leaders, but if they have not perfected themselves and remain selfish they are impractical, dreamers, and do not hear the voices from unseen spheres from which their power is derived. The higher the number, the more power we have, if we are unselfish, and likewise the more damage we can do if we are selfish.

11—VOCATIONS. Birth Path Lesson

Writing, art, music, ministry, promoting, politics, advertising, teaching and spiritual work. Any work where the idea—the inspiration—the novel expression is needed. The vocation should be chosen by other numbers in connection.

Number 22

Number 22 is a symbol of mastery and advisory power. Such people must absolutely perfect themselves mentally, physically and spiritually to become wise advisors to others, for in so doing they reach the top. Their counsel is valuable and powerful if they are living at their best. But, like the 11, they can do great damage by their knowledge if they do not use it unselfishly, or they revert to the hard working limitations of the 4, doing bookkeeping work, drudgery work, or small detail work.

22—VOCATIONS. Birth Path Lesson

The best vocations for the 22 are advisory work in law, statesmanship, humanitarian fields, philanthropy, diplomatic work, library work, consultation

Eating New Brain and Nerves

Have You All the "Nerve" You Wish You Had?

Can you accomplish the things you dream of?

Do not blame yourself if you cannot do the things you picture to yourself. Do not blame yourself if you cannot remember as well as formerly. Do not condemn your brain and nerves for not responding as they did in early youth. You are hungry for the nerve and brain material, Lecithin.

A British physician who toured here last year went to visit the divorce courts. To his surprise he did not find them full of young people who had apparently gone astray. *He found them full of sick people, and women of middle age and over.* When he came out he said to his companions "those women have become uninteresting to their husbands because they are starving for nerve and brain materials. They are hungry for Lecithin."

Lecithin is the nerve oil found in the brain and spinal cord. It is also found in certain foods, but it is destroyed when these foods are cooked.

Mental work, emotion, and worry exhaust lecithin from the system. People in public life, meeting many, and giving interviews, also lose lecithin at a rapid rate. The people who fill the sanitariums for mental and nervous breakdowns have spent more lecithin than they have taken in. Exhausted vitality is exhausted lecithin. The magnetic fluid has run dry, and they are filled with dread, fear, and a certainty of inferiority.

The National Formulary of the United States Pharmacopoeia, a book which has become too heavy to handle, nevertheless, devotes many pages to the need of lecithin.

Creative work of a mental as well as of a physical order is impossible without lecithin and it phosphorus. Brain children and physical children alike are moulded through the presence of this vital substance. The lecithin from the few foods

which contain it is immediately absorbed by the system, leaving no trace, so great is the need of the brain and nervous system for this new-cell oil.

Suffering of all kinds, from rickets to the depths of morbid imagination results from lack of lecithin.

People who lack lecithin are not only extremely "touchy" but often violently irritable. They are often simply nervous and unable to concentrate. Mistakes in work, fear of meeting others, fear of advancing one's interests, fear of every imaginable thing assails them.

Even a little exertion exhausts them. The light has gone out of their lives as the brain and nerve system call for their phosphorus nerve oil. The inspiration and reason of life are static. All things seem simply "stale" to them, or highly irritating.

The pitiful conditions in many families and the heartless remarks referring to the ailing member of the family reflect the great need of proper feeding of the nerve foods. One doctor reports case after case where the partner will refer to his wife or husband as only a "flat tire." And the cruelty of this remark is always felt by him when he sees that the other is sick and hungry for right phosphorus containing foods. But the doctor is unable to convince either of them of the necessity of eating properly. Yet the same people will willingly fill their automobile with its prouder fuel.

Tired, exhausted, nervous, and run-down people are always in need of nerve-oil.

YOU CAN NOW CARRY LECITHIN IN YOUR POCKET

Lecithin Is Brainfood

We give below the contents of BRAINFOOD, which is prepared for you at cost prices. These materials are FOODS, and not drugs. The substances are found in the human body, and the brain and nerve system.

Lecithin	7.2	Cholestrin	0.4
Vitellin	15.8	Phosphoglyceric acid	1.2
Water	51.8	Cerebrin	0.3
Nuclein	1.5	Salts	1.0
Palmitin, stearin and olein.....	20.3		

Analysis by Drs. Konig and Nahrungs. U. S. Dispensatory.

BRAINFOOD is sent to you fresh, yet by advanced process, it will keep indefinitely. It is packed in glass jars. The full vitamine content is contained therein. BRAINFOOD is the only food on the market which can reach you by mail, containing all 16 of the chemical elements which the body contains. The whole grain of the wheat contains all chemical elements, but baking destroys the valuable phosphorus. BRAINFOOD is definite in its action, and you will FEEL the results, as well as SHOW them in your work, your home life, your emotional life, and your future ambitions. BRAINFOOD has the real power to bring you back. It is the mighty engine which moves. Through its convenient packing it may be used in office or home.
 12-oz. jar sent prepaid.....\$1.85

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REDUCE to normal



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Natural leaf iodine. 1 month's supply\$1.00

Natural leaf iodine, powdered for use on salads. 1 month's supply.....\$1.00

Natural leaf iodine in capsules, 50 for\$1.00

Cereal iodine. Powdered and tasteless, to be sprinkled on morning cereal or in desserts for children. 4 oz.\$1.00

Leaf Irish Moss for making gelatine desserts with high iodine content. 1 month's supply.....\$1.00

Iodine Vegetables for high powered mineral soup. Delicious vegetables dehydrated and ground, ready for instant use. 1 month's supply for daily use\$1.00

Iodine and Liver rejuvenator capsules for nervous, anemic people who need powerful tonic. 30 capsules\$1.00

Food Iodine Candy, chocolate coated, for pleasant treatment of simple goitre. 40 tablets.....\$1.00

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work. Twenty-twos must remember that unless they fit themselves to do advisory work in professional fields they will not be on their success path. They can master any of the professions (depending on other numbers in the name), but they must keep their ideals and purposes high and polished, or they lead themselves and others into danger or mediocrity.

MASTER THIS LESSON
Find Out the World You Are Living In

The Material World
The Mental World
or
The Spiritual World

Most of us are living in all three worlds at once.

You are living mostly in the material world if the vowels of your name total 1, 2-, or 3.

You are living mostly in the mental or intellectual world if your vowels total 4, 5, 6, or 7.

You are living mostly in the spiritual world where all things, above and below, are created if the vowels of your name total 8, 9, 11- or 22.

1-2-3- people are after success for themselves and immediate families, here and now. They judge by visible standards.

4-5-6-7 people want the success of the community, and the part of the mental world which they understand. They judge by mental and intellectual standards.

8, 9-11- or 22 people think of the world as a whole. They judge by spiritual or unseen standards. Their success can be larger than other numbers because they find themselves by losing themselves in a cause, or work, for the good of all.

We need balance on all planes for the greatest good of all. All high numbers throughout the name do not make for greatest success in the largest way. Mental and physical balance are needed for highest spiritual accomplishments.

Your present signature, added in the way outlined, indicates the manner you are expressing yourself at the present time. It may be a success number, and it may not. It behooves you to work out a success signature for yourself.

Your first name tells much about the way you act with your close friends.

The first vowel of your name tells your manner of thinking and acting. If it is an E, for example, you do much investigating and studying. You change your mind and location often, and you learn quickly.

Your Sex Type—If there are more even numbers—2, 4, 6, 8—in your name, when you take the value of each letter, than uneven, then the masculine or reasoning qualities predominate in you. If there are more uneven numbers, 1, 3, 5, 7, 9, in your name, your emotions are more active than your reasoning powers. The feminine nature predominates in you.

Your Vowels and Consonants—If your Outer Personality (consonants)

are lower than your vowels (Inner Soul number) you may be more worthy inwardly than you appear exteriorly, and you need to develop a more magnetic personality, and learn how to express yourself and appear favorably in public. If the outer personality number is higher than the inner, you may have more credit than you really deserve. You should learn to be helpful to others. When vowels and consonants are alike, you are balanced, sane, and what you pretend to be.

How to Know What You Lack—If you set out your name, giving the number value to each letter, and you find that you lack certain numbers, then you should try to develop those qualities. For instance, if you have no letters which have a 2 value, then you should try to develop tact and diplomacy of the 2 vibration, for in so doing you will perfect your personality.

Is a Person Living His Best?—Just whether a person is living in harmony with his numbers or not is seen in his writing. If he has a birth path lesson of 3, 6 or 9, which indicates artistic expression, and his writing does not show expression, then he should bend more effort to developing that side of himself, if he wishes to attract success.

If a person's birth lesson is a 4, and his writing does not show the method, order, and system of the 4, then he should develop the methodical side of himself, in order to accentuate his success.

If his birth lesson is a 9, which means broadmindedness, and his writing shows a cramped tendency—a crowding of the letters on each other, and a very narrow small m—then he is not learning his 9 lesson, and must develop generosity and larger expression of himself to find his success.

When Many Like Numbers Appear in Your Name—If you have a great number of letters of a like number in your name, your character partakes strongly of those methods of thinking. When like digits appear twice or more in the name totals, for instance, if you should have both a first and second name, as well as a birth path of the same digit, this number would affect you strongly.

Can You Work Alone? Your "Trinities" Reveal This—You are particularly fortunate if you have a "trinity" in your name. The trinities are combinations of numbers which together give one power to forge ahead with a project of his own, without the aid of a partner. The trinities are—

3, 6, 9, Indicating power in artistic, literary or humanitarian fields.

1, 2, 3, indicating power to create on the physical plane, in matters of material comfort and surroundings.

2, 4, 6, 8, indicating power to build, reason, and shape into concrete form, engineering, mechanical, or financial plans.

8, 9, 11, These trinities give splendid power to succeed in a

teaching way, enabling the owner to gain the public eye, and impart spiritual or educational truths.

1, 5, 7. This combination gives strong ability along philosophical and investigating fields in science.

If you do not possess a trinity in your name, you should seek the number you lack, in someone else, for partnership.

Example of trinity—
Edna Purdy Walsh
6 3 9

What "Cycle" You Are Living In—
If you divide your life into periods of 27 years each, you will find that the first 27 years were spent much along the lines of the month number in which you were born. If you were born in November, for instance, you gained an 11 quality in the first 27 years. If the day of your birth was a 3, you would spend the second 27 years of your life in some artistic expression of the knowledge gained before. If the year added up to 7 you would spend the latter 27 years of your life in study, meditation, and preparation for greater work in the eternal life to come.

Your Best Days—Every day is a cycle—a new beginning—a cycle within a larger cycle. If you wish an automatic and marvelous way of developing strength of character and personality, put yourself in tune with the day. You will find that your birth path lesson has very important meanings when the day has the same vibration. If your birth path lesson is a 9, you will find that on a day which vibrates to 9, you will be called upon to exercise particular charity and brotherly love. It is your spiritual birthday. To accept its lesson graciously you will more quickly pass to others.

Add up the days as follows:

Sept. 30, 1926
9 3 9...3

1 Days.—When the day adds up to one you should make your own decisions, and listen to your inner hunch. Stand on your own feet and go after the thing you have been dreading to go after.

2 Days.—Make an effort to be tactful, and to co-operate graciously with others. Watch your work carefully, searching for better ways and means to perform it. Be faithful to duty.

3 Days.—This is the day you should make a particular effort to radiate cheer and good will, to make yourself attractive in dress and manner, and to think of the most beautiful ways of expressing yourself.

4 Days.—This is a fine day to concentrate on work, and to gain happiness from work. Be inflexible with yourself, and tolerate no laziness.

5 Days.—Study something of character analysis on this day. Investigate something new, and solve a problem for someone else if you are called

upon to do so. Start a new system for your personal life.

6 Days.—Think of those of your friends or family who need cheer and aid. Perform some act of kindness for them, or concentrate on thoughts of health for them.

7 Days.—Hold your tongue today and see how much richer you become. Listen to your own inner voice and talk to it, if you want to talk. Make an effort to finish odds and ends and if possible to get some time by yourself for meditation, so that you can gain new strength and new ideas for business.

8 Days.—This is the day when you must decide and act, and branch out in your business affairs so that you can keep just as many people busy as possible, thinking of their progress as well as your own. Be just, kind and firm with yourself.

9 Days.—Forgive every injury, and send a thought of love to everyone. Radiate helpfulness, poise, and broad-mindedness.

11 Days.—11 Days always have a spiritual message for you if you will but listen. Stand up for your truth, and let it shine with cheer and tolerance.

22 Days.—This is the day when unused material, unused ideas would be put into effect. If your idea is pure you will start the ball rolling toward power. If you meet the day with laziness, or do not keep your promises, you may send out a boomerang.

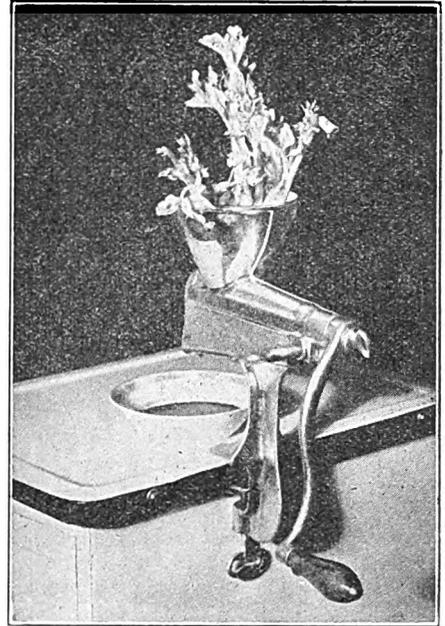
When you add up each year, the occupation you are following, the colors you wear, the foods you eat, the musical notes you like best, the cities you are attracted to, the friends you love, you will find that they all have a vibratory meaning for you.

Remember, that you do not fully possess the qualities of your birth path lesson, unless it is the same as your Inner Soul number, and that you should seek the things which vibrate to the number of your birth path lesson, in order to more quickly help you learn it.

Your Natural Friends.—If your birth path lesson is a 9, for instance, you will find you have much to learn from one whose inner soul is a 9. Though you may not see it at the time, in later years you will recognize what you learned from each friend or loved one whose name had a 9 quality.

When you analyze the names of some of your acquaintances with whom it is almost impossible to get along, you will find very likely some combination which is not harmonious. You may be a 6, and your friend a 7. You would also likely be at sixes and sevens with him.

Your Marriage.—Even a marriage which is inharmonious teaches. We learn from each other, though at the time it is difficult to see. The happiest marriages are not necessarily those where numbers agree. We learn little from people who always agree in



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It mines the minerals from foods. The choice, juicy iron is extracted from spinach in a glorious green-colored wine. For acidity, anemic headache.

The cooling alkalizing sodium is extracted from celery in a delightful drink which immediately soothes nerves, quiets the restless person, sweetens the entire body tissue, and attracts iron. The most wonderful of all drinks for nerve ailments, for hardened joints and arteries, and for removing those digestive troubles which come from a lack of sodium. In both acute and chronic diseases celery juice is little short of miraculous.

The health mine does a very clever thing. It serves the household in two ways. First, it extracts the powerful curative juices for those who are ill. Turnip juice ground through it has quinine begging for power. Then, second, it saves the pulp of the vegetable so that it can be steamed or cooked for the family meal. The green juice of spinach drips out from the front of the health mine, and the shredded spinach from the rear of the mine.

No one dreams of the delicious tastes of raw cabbage juice (raw carrot juice, raw plum juice, raw peach juice, raw green grape juice, raw fresh pineapple juice, etc., until he has tasted it from the Health Mine. Entirely different are these juices when uncooked, preserving their chemical power and Godgiven taste.

The Health Mine is imported at present, but soon will be procured in America. When once in the home, there is no health enthusiast living who would allow it to leave.

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H. O. LOHR
PARK RIDGE, ILL.

every way (an almost impossible thing). Many successful marriages which "stand" are those in which the vowels agree with the birth path lesson of the other. Also, where the vowels are alike in each case. But we know we are here to grow, and if we will look open eyed and open minded at the lesson the other number has to teach us, the sooner the lesson is past, whether the number agrees with ours or not. All the numbers are good. All experiences are ultimately good. There are no bad numbers. And no number is intrinsically "better" than another. They are merely different cycles—different paths, and every one is necessary to

(Continued on page 31)

the eyebrows, in the motion of which Le Brun has found the expression of all the passions, and in which, alone, so much more is still to be found?

"Where the free and prominent nose, where any similar descent to the mouth?

"Where the lips of man; their shape, motion, and color?

"Where the cheeks, where the projecting chin, where the neck?—Where humanity?

"A new-born child, of the most savage nation, has all the characteristics of man. Let it be compared to a new-born orang outang, and, in the first, will certainly be discovered a much greater possibility of becoming an angel than, in a second, of becoming a man."

(Continued from page 10)

As in the study of mankind there came to be recognized a natural position on the face for the nose, or for the eyes, or for the ears, so in this study of the hand there came to be recognized a natural position for the Line of Head, the Line of Life and so on.

Now if you were to meet a man with his nose growing, say, out of his forehead instead of where you know is the natural position, would you not think at once, "What an unnatural man this must be?" and you would be quite right about him.

Follow up the same argument and suppose you were looking at a man or woman's hand and you found the Line of Head shooting upwards towards the base of the fingers instead of being in its natural position across the hand; you would be perfectly right in also saying, "This must be a most unnatural person." You would again be perfectly right in your judgment; but, and this is the wonderful part that I must now call your attention to, you could from the hand, go a step farther. You could say with perfect certainty: "This person is possessed with murderous tendencies," and if you knew the study a little deeper you could go further and say: "At such and such a date in this man's or woman's life he or she will commit murder."

Following the same trend of reasoning, the same study that can show you so accurately the tendency for murder can also show you with equal accuracy the "tendency for success," for after all is said and done—the success of one individual and the non-success of perhaps his brother, is due to a combination of qualities in each individual.

If the child born in the most humble cottage in the land has what is called the Line of Success marked clearly in its hand, that child will achieve success in the world in spite of all obstacles and difficulties. The lack of training and cultivation will be made up for, the lack of education in the early days will be equalized by harder work in the "night school" of later years, and so on, until the character, will-power, and ability already in-

herited by the child will force that boy or girl into the "battle of life" and finally place them in that position that their qualities intend them to have.

As "the murderer's" tendencies are shown on the hand at the earliest moments of life, so also are the tendencies and qualities that bring success.

This brings us to the point where this study can be of inestimable service to parents and guardians of children, and as well to all men and women who desire to make the most out of their lives.

If you found yourself walking down a road, dear reader, and you saw in the distance a broken bridge across an abyss, would you not either change your route or wait till the bridge was repaired, or would you take no warning, but go heedlessly on to destruction?

No! I feel sure that you, as an intelligent man or woman, would not do the latter.

By the Study of the Hand you can learn what your tendencies are in advance. You can see whether there is a break in the road you are on, or not.

If there is, and you take the warning in time, you can either alter those tendencies that are breaking down "your road" or you may make a new "road" altogether.

That poor man with the "mark of murder" in his hand may as a child have said his prayers nightly at his mother's knees, and yet forget to curb that temper and those passions that were even then undermining his will. And that poor mother who in later years heard the death sentence—that the child she loved so much, was "to swing by the rope till dead," how little she thought when those baby hands were clasped nightly in prayer, they had even then a message for her—a warning of the broken road.

The agony of it: not to have known—the stupidity of it: to have learned all those other things in life and not that one study of the hand that could have warned her while yet there was time.

Some people call this study irreligious—some say it is "flying in the face of Providence" to attempt to know the future.

Oh, Religion! How many crimes are done in thy name? How many wrecked lives are piled under thine altars?

The God of Knowledge rewards knowledge. He has no patience with ignorance. If you put your hand in the fire, it will be burned and you will suffer. God will not prevent either one or the other—it is knowledge alone that is your protection.

"To know" is the divine right of man. It is desire for knowledge that makes man superior to the animals.

I therefore hold that the man, or woman, who studies his hand with the desire to know what are his tendencies is obeying the highest instinct of creation.

In the same way, the young girl who

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Free List of Iodine Foods with Iodine Order

If you will remember these two facts alone, about health, you will know a very great deal indeed:

Your doctor will tell you IODINE in drug form is exceedingly dangerous. Your physician alone should prescribe it. Yet when one lacks iodine in organic food form he is not only prematurely old and tired, but there is great occasional prostration, and craving for ice about the head and neck, a tendency to grasp at the throat, numbness of arms, palpitation on climbing stairs, a restlessness making it hard to sit still or to keep the hands still, a pale, dry, alternately hot and cold skin, a relaxed bulky abdomen, alternately slow and rapid pulse, alternate hunger and repulsion to food, fear and dread of others' opinions amounting to mania, childishness, awkwardness, alternate silence and talking spells, gnashing of teeth and many other symptoms.

We cannot be fully normal without this chemical supplied in our glandular system.

Iodine supplied in drug form is exceedingly dangerous. The body is an organic substance, and only organic iodine in food form should be taken, just as Nature gives it to us.

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Natural IODINE in food form is a great beautifier of the complexion as well as a perpetual, poised energy builder.

WHEN YOU LACK IODINE You Are Not Really Yourself

One may now have ORGANIC IODINE in the original leaf form.—A three months' supply costs \$1.00.

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Send today for the eye foods and eye exercises. Begin your treatment right at home. The eye diet gives you instructions on which food chemicals nourish eye structure, and the eye exercises give daily exercises which can be used without absence from work. Price, \$1.00.

HEALING MAGAZINE
Batavia, Illinois

seeks by any study whatever, to find out what are her chances for a happy marriage, is obeying the most natural mandate of nature.

If this study should tell her that by

waiting a few years longer her chances of happiness would be increased, such a woman has acted with that selfsame prudence and caution that is extolled in the most ordinary affairs of life, and instead of being considered foolish she should be rewarded. And she will be rewarded, provided she has acquired the knowledge in order to make the best of herself.

That the tendencies that produce deeds and actions in the future are indicated by the lines on our hands there is no question. That these tendencies can be changed and so actions in the future altered there is also no question provided that the effort to change be made long enough in advance.

But believe me, dear reader, the Creator of all things has left no loopholes in His design. All tends towards the ultimate perfection of His plan, which is the highest perfection of mankind, and if that plan is made manifest in the lines and markings of the hand the pursuit of such a study, if carried out in the right spirit for the improvement of self and in consequence the furtherance of the Divine Design, must be one that should appeal to the best instincts of those who take up this study for themselves.

THE LINE OF LIFE

The Line of Life encircles the ball of the thumb. A short Line of Life is the indication of a short life. A long Line of Life going round the ball of the thumb promises a long life when clear and well marked.

Lines passing from the Line of Life towards the opposite side of the palm promise long travels and voyages (see dotted lines), but if the main line continues deeply marked round the ball of the thumb the person will always return to their own country.

If the Line of Life itself bends outwards to the opposite side of the palm, the person will end their days in a far-off land.

A broken Line of Life indicates death at the date where the break is shown.

When broken in the left hand but joined up in the right, it tells of escape from some dangerous illness and likely death.

When found broken in both hands, it is a certain sign of death.

A double Line of Life which is also called the Line of Mars, indicates great vitality. If found passing behind the broken Line of Life it promises that the life will continue no matter how serious the illness or accident may be.

When this Line of Mars sends an offshoot through the Line of Life to the opposite side of the hand it foretells rashness and heedlessness of danger which will in itself threaten death at the point where it cuts through the Line of Life.

When the Line of Life is linked like a chain or made up of little pieces it is a sure sign of delicacy and ill-health. If the chain formation is fol-

lowed by a clear, well-marked line, then the health will recover at the date where the line becomes clear. But if the chain or little pieces continue all through the Line of Life bad health will persist until the end.

If many fine lines are seen with such a Line of Life, passing through it from the Line of Mars towards the opposite base of the palm, the ill-health will be largely brought about by the person craving for excitement, intemperance and such like causes.

When the Line of Life and the Line of Head are seen as it were clinging together half-way down the palm, it is a sign of a highly nervous, over-sensitive person. With a thin or weak-looking Life Line, such an individual would worry themselves into bad health. They are also over-timid, over-cautious and have little courage in facing the realities of life.

When the Line of Life has the appearance of lying closely in to the ball of the thumb (also called the Mount of Venus) and so making this part of the palm look narrow, the physical or vital forces are never robust. Such persons have little or no passion in their love affairs and if married are generally sterile and seldom have children.

The contrary is the case when the Line of Life sweeps out into the palm and makes the ball of the thumb large and prominent.

When the Line of Life has got a line ascending from it to the base of the first finger, it is the sign of an ambitious life. Such a person will dictate and "lay down the law," but if the Line of Head is straight and well-marked, it is an excellent mark to possess.

More Indications of the Line of Life

The Line of Life is the line which, starting under the base of the first finger, embraces the Mount of Venus (base of the thumb), and, by its length, depth, and quality, enables one to tell the general health of the subject, and the length of life to be expected. Death is not always distinctly marked on this line, unless it results from natural causes. An accident to the head, causing death, is often found on the Line of Head alone, and it is safer to consult all the lines before coming to a conclusion on this point.

The principal points to remember are the following:

When the line is long, clear, and of good color, good health and long life may be expected.

When the line is linked or made up of little pieces, it is a sure sign of ill-health; when the chain ends, health recovers.

When broken in the left hand and joined in the right, it tells of an escape from some dangerous illness or death.

When broken in both hands, it indicates certain death at the point shown.

I must here state, that although I consider the right the proper hand to read from, yet (especially in judging

(Continued on page 28)

What a man said before and after he went to prison

Before

After

(Continued from page 11)

serves to have no future to look forward to.

To get back one's youth one has merely to repeat one's follies.

Lying, the telling of beautiful untrue things, is the proper aim of art.

To live is the rarest thing in the world. Most people exist, that is all. Anything approaching to the free play of the mind is practically unknown amongst us. People cry out against the sinner, yet it is not the sinful, but the stupid who are shame. There is no sin except stupidity.

Conscience and cowardice are really the same thing. Conscience is the trade name of the first, that is all.

Whenever a man does a thoroughly stupid thing, it is always from the noblest motives.

possessions, be they good or evil.

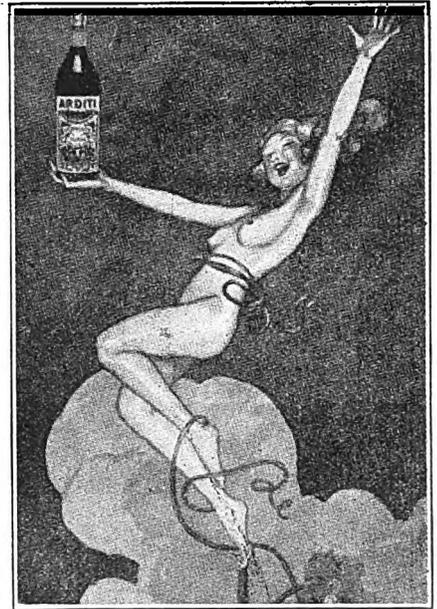
He understood the leprosy of the leper, the darkness of the blind, the fierce misery of those who live for pleasure, the strange poverty of the rich.

The supreme vice is shallowness.

When you really want love you will find it waiting for you.

I would not a bit mind sleeping in the cool grass in summer, and when winter came on sheltering myself by the warm close thatched rick, or under the pent house of a great barn, provided I had love in my heart.

The poor are wiser, more charitable, more kind, more sensitive than we are. In their eyes prison is a tragedy in a man's life—a misfortune, a casualty, something that calls for sympathy in others. They speak of one who is in prison as of one who is "in trouble" simply.



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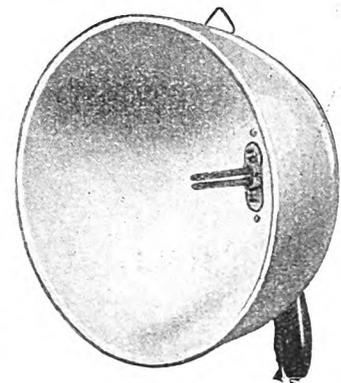


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How many years are simply swept away from your life by this insidious sneak thief, working in the dark, silently, surely, and steadily eating away your youth.

What constipation does in business is beyond computation. Firms spend millions on efficient systems, and neglect the cess pool of constipation in their employes as a cause of inefficiency.

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Constipation can make your married partner and your children so irritating that you begin to seek society elsewhere. Divorces start from little irritations multiplied by chronic constipation.

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The eyes, hair, breath, skin coloring and mental outlook are far from being the only things affected by constipation. We all know that constipation is the first step to Bright's Disease. The muddled head, the overworked heart, the rheumatism from toxins, the dull, uninteresting personality, the target for the appendicitis operation—these are only a small result of just plain constipation.

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The first woman who paid for this secret of the colon motor was charged \$4000.00 for it. Then a well known specialist brought it to this country. Many Americans have paid \$1000.00 for this secret after five days in a hospital for observation, where it was found the trouble was merely constipation.

CONSTIPATION CANNOT BE CURED BY DRUGS

We cannot be cured of constipation by drugs any more than we can save a drowning man by giving him more water.

FREEDOM FROM CONSTIPATION IS SECURED BY THE KNOWLEDGE OF A PRINCIPLE—THE COLON MOTOR

Let us send you in manuscript form the Secret of the Colon Motor. You can prepare the motor foods yourself at your own expense, with absolutely no cooking or fussing. When you know the principle you will never be constipated again. Its knowledge will keep you as free from this dread disease twenty years from now as today. Unlike a drug, it does not have to be changed.

The Secret of the Colon Motor (Manuscript)\$1.00

UNITED IMPORTERS, 410 N. Michigan Ave., Chicago

(Continued from page 26)

such things as disease and signs of death) the signs of the left hand should be carefully considered—the left indicates more the hereditary tendencies, whereas the right hand shows the developed or acquired tendencies. By the changes and alterations from left to right, one can more accurately determine the changes in the course of life followed.

When the line is closely connected with that of the Head, life is guided by reason and intelligence, but its possessor is extremely nervous and sensitive.

When there is a medium space between the Line of Life and that of Head, the life is freer to carry out its ambitions and its ideas—it gives power to command, energy, and a more go-ahead spirit.

When there is a wide space between the commencement of the Line of Life and the Head Line, it is a sign of much self-confidence and self-reliance.

When the Lines of Heart, Head and Life are all joined together it is a sign of misfortune; persons with such a formation rush blindly into danger, catastrophe, and often death.

When there is a double Line of Life, it denotes excess of vitality; this formation is called the Line of Mars.

When a branch shoots from this line to the opposite base of the palm with a weak-looking Line of Head there is a leaning to intemperance, and a craving for excitement of every kind. With a sloping Line of Head, such a formation threatens insanity.

Fine, drooping lines like "hair lines" from the Line of Life are losses of vitality and indications of illness at that particular period.

All lines that rise from the Line of Life towards the base of the first finger denote ambition, and gains and successes at that particular date.

At the end of the Line of Life, a number of drooping lines indicate the breaking up of health.

A strong line rising from the Line of Life to the base of the first finger denotes a life of continual ambition.

A straight line to the base of the second finger will, at the date it leaves the Line of Life, be some enterprise or work taken up, and which will affect the future fate of the subject.

If the line goes to the Mount of the Sun, base of third finger, success and glory will come from the date this line leaves the Line of Life.

Lines cutting the Line of Life from the ball of the thumb show the interference of other people, and of one's own sex.

A square on any point of the line protects the subject from danger.

Dates are accurately given on the Line of Life; the simplest plan is to divide the Line into periods of seven years, from which one can judge with great correctness the exact year when the occurrence indicated will take place. This system is explained in the chapter dealing with Dates and Time.

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CHICAGO

Did you know that in 100 pounds of spinach there are 92 pounds of water?

The balance is precious mineral salts. These mineral salts do mighty things to that body of yours. Without those mineral salts in such vegetables and fruits a man might just as well prepare himself for the hospital or the grave.

MINERAL SALTS SHOULD NOT BE DISTURBED BY EXCESS HEAT

When vegetables and fruits are boiled the mighty chemicals contained therein are changed in form and efficiency.

MODERN DEHYDRATION AT A LOW TEMPERATURE PRESERVES THESE PRECIOUS CHEMICALS, AND GIVES THEM TO YOU IN POWDER FORM SO THAT WITHOUT COOKING, IN YOUR OWN KITCHENETTE, HOTEL ROOM, OR HOME YOU CAN HAVE THEM FOR INSTANT USE IN THEIR ORIGINAL CHEMICAL POWER.

No big utensils, no cutting knives, no soiling of the hands as in preparing other vegetables and fruits. No long time of peeling, stewing and ruining of taste.

THE KITCHENETTE FOODS ARE HERE TO STAY

Available at all times of the year. Ready for instant use. No storage space needed. No heavy express charges for useless water as in canned goods. No fear of poor grade vegetables. Choicest fruits, vegetables and even chicken delivered to your door.

KITCHENETTE SOUPS

Contain the powerful minerals of the body. Just mix a small spoonful in water or milk, and a high powered soup loaded with body chemicals unobtainable in the restaurants is yours.

POWDERED SPINACH. Dehydrated for soups, vegetable dressings, flavorings and tonic for acidity and catarrh. 4 oz. \$1.35
CELERY, the sodium food. Finely powdered. For soups, for alkaline drink for arthritis and catarrh. For seasoning, and for delicious drink. 4 oz. \$1.00
GARLIC. Powdered garlic for tonic and seasoning. Delicious. 4 oz. \$0.80
SAUERKRAUT. Finely powdered. A wonderful reducing drink and cleanser of the system. 4 oz. \$1.00
CHICKEN. Absolutely pure dehydrated, powdered chicken, for delicious soups, gravies and salads.
RASPBERRIES, Black and Red. Invaluable as iron tonic, nerve relaxers and very rich in powerful sodium. 4 oz. \$1.00

MUSHROOM. Finely powdered, for soups, delicious iodine containing drink, and for making meat substitutes with vegetables. 4 oz. \$1.35
VEGETABLE SOUP. All vegetables finely powdered for soup and for tonic. 4 oz. \$1.00
BETTOPS. These are the minerals supreme for anemia, falling hair, and general debility. Very high in iron, potassium, calcium, sodium and fluorin. 4 oz. . . \$1.00
ORANGE AND LEMON. Nothing but pure orange powder or lemon powder. Absolutely nothing added. Dehydrated at low temperature. For wonderful orangeade, magnesium drinks, alkalizing drinks. Either orange or lemon. 4 oz. \$1.00

ONION. Finely powdered. For soup, powerful tonic for vitality, for throat affections and cleansing of the system. Very delicious. 4 oz. \$0.75
PARSLEY. A wonderful nerve and blood food. Powdered for seasoning and tonic drink. 4 oz. \$1.00
CLAMS. Most delicious powdered clams, famous for phosphorus. For broths, tonics and flavoring. 4 oz. \$1.25
LOGANBERRIES. This delightful fruit powdered and available for instant use for iron tonic, delicious drinks, gelatines and for high medicinal qualities in fevers. 4 oz. \$0.85

WHOLE FRUITS AND VEGETABLES

Think for a moment of the long, long tables of people one pound of dehydrated spinach would feed. It will supply a family for many months. Buy it dehydrated and keep it fresh for twenty years.

WHOLE LEAF SPINACH. Absolutely pure and deliciously green. Original taste and minerals untouched. 1 lb. \$4.00
SLICED ONIONS. Just add water to these, and in a few minutes, a pan of onions are before you, without tears, without soiling of hands. All the medicinal values maintained, and Oh, the flavor. 1 lb. \$2.00
GREEN BEANS. Think of the enormous baskets of beans contained in a single pound of dehydrated beans. Their lovely flavor and medicine maintained without strings attached to them, and without time and long preparation work. 1 lb. \$3.75
SOUP VEGETABLES. 1 lb. of all of the soup vegetables

dehydrated will supply a family for a long, long time, and will never spoil. Yet they are chemically alive and never robbed of their valuable minerals. 1 lb. \$3.00
WHOLE BLACK RASPBERRIES, RED RASPBERRIES, OR LOGANBERRIES. These incomparable fruits are ready for use simply by the addition of water. They are not adulterated in any way, and the diabetic need fear no added sugar. Their precious quality can be seen when water is added. It will prove to you that nothing but the finest berries and vegetables grown are used in this new dehydrating process.

Stock Up Your Pantry for Winter. You Will Have In It the Most Powerful Medicines In the World.

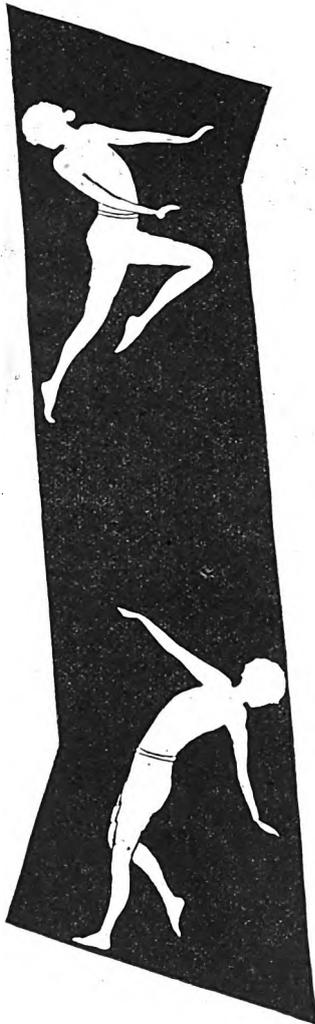
KITCHENETTE FOODS CO.
 WRIGLEY BLDG., CHICAGO

Question

IS LIFE WORTH LIVING?

Answer:

IT DEPENDS UPON THE LIVER



Intensified Foods Will Prove It To You

Do you know what intensified food is? It is pure, thoroughly alive food, dehydrated (not dried and killed), intensified into hundreds of times its power in weight. The hidden powers of rare and common vegetables are multiplied and saved—stored into gelatine capsules sealed against spoiling and deterioration.

Intensified Shapely Liver Food eliminates toxins from liver, kidneys and intestinal tract. This wonderful food medicine is delicious. You will like it either in or out of the capsule. Taste the tang of the autumn berries concentrated in them.

36 capsules for one dollar.

Shapely Nerve Food

Did you know that the shape of the nerve itself is changed in nerve disease? Drugs will not restore that shape, but foods will. Shapely Nerve Food irons out the wrinkled disposition, by giving the nerve its own food. Reward, a full night's sleep and a full day of power.

36 capsules\$1.00

Colonic Food

The colon of youth! How can the lazy colon help responding to the powerful cleansing properties in Colonic Food? Not a mere cathartic. Colonic Food cleans because it nourishes. You never lose the chemical properties of Colonic Food from your body, because they are made a part of the system.

36 capsules\$1.00

Endocrine Food

The food for glandular disturbances and nervous breakdown. Smooth, certain, powerful. Effective in goitre.

35 capsules\$1.00

Anti-Mucus Food

Do not be bothered with bronchial and catarrhal as well as asthmatic difficulty. Demonstrate that foods—not drugs—will bring a clear head and a clear breathing power.

36 capsules Anti-mucus food.....\$1.00

Intensified Foods may be used separately or together. Being foods and edible herbs alone, they may be taken with one another or alone. Chemical analysis will prove every one of the little intensified capsules exactly as stated in contents and action.

Shapely Figure Food No. 1

A positive food remedy for obesity. The fine astringent properties of this food give to the body those chemicals which balance weight.

36 capsules\$1.00

Shapely Figure Food No. 2

The food remedy for building normal weight.

36 capsules\$1.00

Hemoglobin Food

Your entire outlook on life depends on your hemoglobin. A shortage of hemoglobin makes the whole world look anemic and fearful, just because you are anemic and fearful. Hemoglobin Food can add millions of new red cells to your blood in less than two weeks.

36 capsules\$1.00

Immunity Food

Put your foot down against infections, colds, weaknesses. Disease is a lack of bodily elements. Immunity Food supplies an army of chemicals to attack disease before it reaches you.

36 capsules\$1.00

Shapely Joint Food

No one who has not suffered realizes the pain and danger from arthritis. Keep those arteries and joints free from hardening processes by the king of Sodium foods,

Shapely joint food, 36 capsules.....\$1.00

Intensified Food Products

111 E. PEARSON ST.

CHICAGO



Do Not Allow Your Night's Sleep to Be Cut Into!

YOU DO NOT HAVE TO GET UP AT NIGHT

Cystitis Remedy No. 1

For night urination with alkaline urine. This remedy should be taken with proper diet, for excessive urination without burning sensations. The beautiful hydrangea and corn silk are present in this effective remedy. Remedy and diet lists\$1.00

Cystitis Remedy No. 2

For acid urine (burning) with frequent night urination. Remedy and diet lists\$1.00

Nutgall Treatment for Piles

The sturdy oak tree, with its chemical properties gives us the wonderful pile remedy consisting of nut galls. This ointment treats the distressing condition locally, while the special diet given with the treatment prevents recurrence of the painful condition. Diet lists and pipette tube of nutgall.....\$1.00

REBUILD THE WALLS OF YOUR HEART

There is a great artist in Nature who can rebuild your heart. Possibly you discharged this artist in the past few years, and your heart has become weakened. But you can call him back. Nature is always holding him out to you in foods and flowers. The Night Blooming Cereus flower is a great artist who can rebuild for you, not only your heart, but other muscular structures in your body. The imported flower, compressed for your convenient use, together with diet lists for food treatment for the heart. \$1.00

Give yourself a youthful stomach!

The finest digestive of the present day is found in the vegetable kingdom—in the pepsin melon. It supplies the body with the digestive pepsin so necessary to perfect assimilation of food. This fine pepsin has been powdered and put into tablets for those who lack digestive power. 20 tablets with diet lists.....\$1.00

He is free from care, who has a healthy liver. The liver is the maker or breaker of our happy outlook on life. The liver needs its own food, and it gives back in benefit to the entire system, every ounce of care spent on it. Send for "The Happy Liver"—a purely vegetable treatment. We send you the herbs themselves, from which the tea is made as you need it. Happy Liver Herbs and liver diet.....\$1.00

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101 E. Chicago Avenue
CHICAGO

Your Days of Power

Would you know what they are, and how to use them to shape your life into the desired mold? Send one dollar and the month, day and year of your birth for one year of these days.

BETTY PINEWEB

1415 E. Superior St. Duluth, Minn.

CHARACTER READING

Learn your right place in life and how to eliminate your weaknesses. Send small photo or snap-shot of yourself, birth date, and three questions. Fee \$1.

E. W. PEACOCK

Chastleton Hotel Washington, D. C.

(Continued from page 14)

Intellectual and Semi-Intellectual Faculties, Self Reliance and Approbation weak. Conscience and Veneration. Gamblers usually have moderate Courage, Executiveness and Caution, with very strong Hope, Human Nature and Perceptive Faculties, and usually strong Acquisitiveness and Social Feelings.

(Continued from page 17)

Vices: formalism, bigotry, narrowness and superficial judgment. Colour: bright clear blue. Gems: emerald, hyacinth, turquoise and all blue stones. The Jupiterian is the jovial temperament.

(Continued from page 23)

every other one. Without the 1 we could not have the 22.

You may not believe in numerology. It matters not. When Pythagorus discovered its underlying laws he discovered deep natural principles of life. We cannot escape them, and we gain by putting ourselves in tune with them, so that we ourselves become the tune, and the power.

Learn to READ CHARACTER AT SIGHT as Taught by

Dr. Katherine M. H. Blackford

BLACKFORD PUBLISHERS, Inc.,
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New York City.

Enclosed find check, cash or money order for \$3.00, for which send me your 7 volumes "Reading Character at Sight." If I am not delighted with them I have the privilege of returning them within 5 days and my money will be refunded.

Name

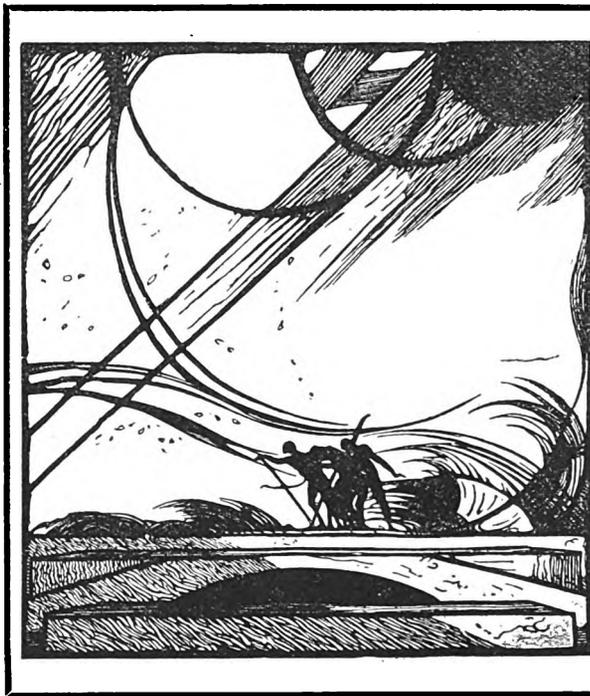
Address

(Continued from page 1)

Saturn	Jupiter	Mars
1909	1910	1911
1916	1917	1918
1923	1924	1925
1930	1931	1932
1937	1938	1939
1944	1945	1946
1951	1952	1953
1958	1959	1960
1965	1966	1967
1972	1973	1974
1979	1980	1981
1986	1987	1988
1993	1984	1995
2000		

THE RULING PLANETS

Persons born on Sunday are ruled by Uranus.
Persons born on Monday are ruled by Moon.
Persons born on Tuesday are ruled by Mars.
Persons born on Wednesday are ruled by Mercury.
Persons born on Thursday are ruled by Jupiter.
Persons born on Friday are ruled by Venus.
Persons born on Saturday are ruled by Saturn.



Your Vibrations Are Stamped Upon the Universe

YOUR pleasures are doubled by a knowledge of your subconscious self which helps avoid errors by charting the future. Your vibrations are an index to your life. Their meaning can be interpreted and explained, by a dependable psychic, as readily as an astronomer explains the movements and phases of the planets. I can get your vibrations from your writing. Enclose stamped addressed envelope. Three questions one dollar.

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