

OCT 4 1910

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OCTOBER, 1910



EDITORIAL

Modern Uses of the Mind

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The Science of Happiness

CENTER PHILOSOPHY

Pride costs more than provender.

Your wage is but the index of your will.

How to get much out of little: Fill up the lack with love.

Skimping is more unhygienic than squandering.

Extravagance with kindness is cheaper than economy without.

The scientific way to economize is not to spend less but to earn more.

Smallness deplores lack of money to have things; greatness deplores lack of time to do things.

You can shut out the sun with a copper cent if you hold it too close to your eye.

The man who stops to complain of conditions has never learned the value of his time. That is why he remains poor—his complaint is the cause of his condition.

What costs us most is our incapacity to enjoy simple things.

The two chief causes of household penury are that women don't know how to cook nor men how to caress.

The value of a thing is as real as our smile on losing it.

How the poorest man can be rich: learn to revel in dreams.

The physical man is sustained on things, the mental man on thoughts, the spiritual man on thrills. And only the spiritual man is matured.

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The "blues" can't settle in a red-blooded body.

The sick animals and the bad Indians are those that we have attempted to civilize.

Worry is a pool of stagnant blood surrounded by a thicket of dead thought. For relief, chop down the thicket and start the pool to circulating.

Beware the man who despises the body; for he somehow evades the soul.

The fighter's rule of might is better than no rule at all.

If the preacher could learn from the pugilist everything but coarseness, and the pugilist could learn from the preacher everything but weakness, we should have a pair of model citizens where seldom one exists today.

So long as men rely on brutality women will rely on deceit; and as much discredit to the other as to each.

Whenever you say that "boys will be boys", you admit that men will not be men.

Thinking you are well does not cure you; but thinking you are well improves your chance of getting well when you do sensible things to make you well.

Evils have corporeal existence, but only as veils upon the eyes or as mists before the sun. To deny evil is absurd, but to dispose or dissolve evil is imperative.

The first citizens of Heaven will be the glorified spirits of those who were noble animals while on earth. There is no place in Heaven for the sick, or the weak, or the one-sided.

In the primeval chase lies the first source of health; and the man withers who is not wholly absorbed in the pursuit of something.