

The Bridge

A Monthly Journal devoted to Individual Unfoldment, Contact
with The Great White Brotherhood and Cooperative World Service

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VOL. I

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No. 7

THE HOMES AND RETREATS OF THE MASTERS OF WISDOM

SHAMBALLA

From November 15 to December 14, 1952

Shamballa! Thou great spiritual center of the illuminati of all ages! We bow before Thy Presence and approach the Sacred Orbit of Thy Radiant Aura in humble gratitude for the privilege of knowing that Thou Art. Because Thou Art, our planet is today. From the Holy Heart of Thy Sacred Halls have come forth ALL the Messengers that have brought Light to the children of men, and within Thy Holy of Holies dwells our Spiritual Lord and King, Beloved SANAT KUMARA, 'The Ancient of Days.

Shining with the Celestial Light of God's Purest Love, above the sands of the Gobi Desert, pulsates the Holy City of Shamballa, with Its Golden Domes and Spires, emitting a Light of Other Realms, more brilliant even than our Blessed Sun. The inner eye can plainly see its aureole of brilliant colors, which, like a Cosmic Rainbow, suffuses the upper atmosphere for many miles in every direction, the intensity of the colors mingling with the blue of the sky at the periphery of its circular orbit.

As the neophyte approaches the city on silent, sandalled feet, he feels the Presence of Love which



envelops him like a mantle and his feeling of Gratitude becomes the impelling power that carries his humble heart forward, enjoying in anticipation the joy that pervades Shamballa's Great Sphere of Influence.

When the spiritual eyes become accustomed to the intensity of the inner light and the protecting aureole of colors no longer hides the Heart of the Holy City from the pilgrims, we are privileged to look upon the Etheric City of Shambal-

la, Throne of the Lord of the World and we see it as it was once made manifest in the physical substance of the Third Dimensional World countless centuries ago.

A deep, blue sea of pure fire surrounds the City, the only approach to which is over a beautifully carved marble bridge which spans this sapphire sea, its farther end connecting 'The City of the Bridge' with the etheric "mainland." The entire city with its white minarets pointing heavenward and its golden domed Temples gives the impression of a gigantic White Fire Lotus, suspended in the atmosphere.

Many pilgrims may be seen making their way toward the City intent upon their various errands, some bearing messages to the King, others hoping to secure from Him some dispensation conferring upon them the required authority to pursue their chosen course of service to mankind. One by one and group by group They disappear into the Blazing Light of the City itself.

From time to time, Beautiful Beings appear, coming from the direction of the City. The auras of these Celestial Messengers are radiant beyond description and we are told that They carry with them to the

far corners of the earth the radiation and spiritual blessings from this Golden City of the Sun. Memory stirs within us as we contemplate the "going in" and "coming out" of these Shining Ones and faintly, through the 'bands of forgetfulness' comes the remembrance that we, too, took part in such activities before we assumed robes of flesh.

Seeing our interest, our Master Guide waits patiently and then by a gesture signifies His readiness to escort us to the Temple of the King. As we place our feet upon the Bridge, the powerful radiation from the sea of Blue Fire underneath it is so intense that it is by a supreme effort of will we are able to proceed. The Master informs us that our ability to control this energy is our 'passport' to the Presence.

SANAT KUMARA! Lord of Love. Thoughts of Him fill our consciousness. Love for Him fills our hearts and, losing all thought of self in this silent adoration, we find ourselves proceeding along a beautiful, treelined avenue, the central island of which is interspersed with fountains of rainbow colors and directly facing us is the Central Temple, the Sacred Home of the Lord of the World, SANAT KUMARA, Head of the Spiritual Hierarchy for the Planet Earth and Supreme Authority for the evolution of all its people, incarnate and discarnate, at this time.

The Temple is built on a high elevation, approached by marble steps, the ascent of which is broken by grassy terraces at intervals of about a dozen steps. On these beautiful terraces gorgeous rainbow hued fountains of crystal clear water also play. Gaily colored flowers border the sides, the peace and beauty of the whole scene emitting a radiation which, to the visitor, seems a foretaste of Paradise.

The constant going in and coming out of the visitants bear silent witness to the activity taking place in the Heart of this Temple of Love and we are happy to recognize among the visiting and departing guests many of the dear Masters we have come to know and love.

At last we stand before the Great Door to the Temple. This Door is of tremendous height and its golden filigree work reflects the light of the Spiritual Sun like a gigantic mirror.

On one side of the Beautiful Door stands a Golden Vase and as each visitor approaches he finds a bouquet of his favorite flowers appear by some celestial magic in this vase. We find ourselves no exception to this gracious rule and delighted and happy, each one adorned with his or her favorite blossoms, we enter the Vast Hall. Here on an ornamental table stands an enormous golden bowl containing a heavenly elixir which is proffered to each visitant in a crystal cup. Each one gladly accepts this token of divine hospitality and feeling refreshed and strengthened thereby, we await with joyful expectancy the audience with Our King.

Soon the Great Doors of the Audience Chamber open and we follow our Master into the Presence. With downcast eyes we enter and stand at last beneath the Throne. The Presence of Love permeates every atom of our being; the comfort of His Peace enfolds us and we raise our eyes to behold HIM. There He sits, smiling, gracious, gentle, the embodiment of all we must one day become.

Without words we absorb the Grace of His Great Presence and it is given us to know that for this came He into the world that we seeing His Godliness, might become like Him and manifest the Will of

the Father who created all His children in Love according to the One Divine Pattern.

Oh, SANAT KUMARA, Lord of Love, how obedient has Thy life been to this pattern! Oh! Life, forgive us for the poor manifestation we yet show! Oh God, now that we have SEEN, give us the strength to BECOME!

And from the Heart of the Presence of SANAT KUMARA flashes forth the Fire of Benediction . . . of confirmation that we shall, by the very asking, know such fulfillment of Love's Pattern in ourselves and thus Glorify the One God Who Lives in ALL men.

Having found our Way to the Feet of Our Lord, it follows that any individual who cares to do so, may, through contemplation, also find himself with the help of His Presence or any Ascended Master he may invoke, passing through the Sacred Fire of Purification, and enjoying a visit with SANAT KUMARA in the Holy City of Shamballa.

The Importance of this Section — One of the important reasons for acquainting mankind of the Councils where the Flame is most active at any given time in the earth cycle is that the energies of every visitant can become part of the expansion of that Flame, and each interested party is "fuel" to the fire.

The greater the concentration of the Gift which is always of some specific benefit to the race, naturally the greater the individual Blessing to every component part . . . the brighter shines the fire, the greater its gift of light.

FORTHCOMING ARTICLES

The following articles, among others, will appear in our next issue: The Coming of Lord Michael, the Archangel; The Rocky Mountain Retreat; Christmas: Jesus and Mary; and The Masters Speak of the Seven Rays.

CHILDREN AND YOUTH

I met a child upon life's path,
Whose face was wondrous wise,
The garments of the earth were young,
God's wisdom in his eyes

So young in years, and yet so old!
And whence go thou, my son?
I travel in My Father's Name
'till all His Work be done

You travel singly, none to care
For all your childish needs...
I have not found companion yet
Who knoweth God—indeed!

My needs must leave my hearth and home
For my spirit can't be stay'd,
And they who do not understand
My lifework since forbade.

Ah-son, yet soon the time will come
When those who love thee—blind—
Will see the light and aid thy work,
No longer left behind... Anon

The soul of man is old beyond the reckoning of time. His pilgrimage has stretched down through the centuries, necessitating the wearing out of many earthly garments in the search of experience and fulfillment. The soul, seeking embodiment, is absolutely dependent upon the parents of the body it must wear. From the time the Spirit is bound round by the bands that close in the divine memory of the higher realms, the parents of the earth life become the authority for the environment and atmosphere in which the soul must endeavor to grow, unfold and develop to its highest possible expansion of light.

Because the soul and consciousness of the child is often older than the soul of the parent, and more pure, much unhappiness is brought about through the lack of knowledge upon the parents' part as to the tremendous assistance they might offer in cultivating and keeping the atmosphere of the new child as pure, happy and positive as possible.

God, himself, endows parents with the right to take His Place, personally, in caring for the bodies and natures of His Children, whom He has sent into incarnation on the planet earth, and all such guardians must

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WINGS OF LIGHT

By V. F. ANGELDAY

Legions of Angels of Magnificent Beauty, Glorious Happiness and All Revealing Truth attend you now, as we meet again on "The Bridge of Life" for a joyous visit together, and folding Their Great Wings of Light and Love about you, make you *feel* and *know* all ways, Their Great Reality in this Universe and Their Great Desire and willingness to bless and serve you! That is the Purpose of Their Existence! They were created by Love Divine as Friends of Light for you, intended to guide and guard your spiritually-evolving footsteps up the Ladder of Life's Perfection until you attained and stepped right through the Open Door of God's Love to Eternal Peace and Life Everlasting. They only require your sincere call to *instantly* respond and give you *freely*, through the *feelings*, all They are and have forever! Therefore, I earnestly and lovingly call Them to come to you *now*, this instant, and remain with you, making you *feel* Their Presence from this moment on, until you return to the Heart of the Father from whence you came.

You see, we live in an age of speed, action, production and *proof!* The old order of things, particularly in religion, is done! The old "blind faith" and "leaping in the dark" will not suffice the generations of today and tomorrow. "There is a happy land, far, far away" about which we used to sing is poor comfort when you require the necessities of life to live in *this land* at *this* time. That "happy land" can and *must be* drawn right here into your daily experience in order to be a living proof to you. *Nothing is proof to you except your own feelings. You may have that proof this minute or anytime you want it.* So—will you be kind

enough to just close your eyes a moment—*right now*—think of the Angels as best you can picture them in your mind—see them right before you and around you and *accept* and *feel* Their Peace and Their Love which can be yours *forever* if you will accept it. Just remain still a few moments until you *do feel* them... Thank you so much.

By this time, I am sure we are all agreed that God is Life and Life is Light and Love. All three are synonymous. All that appears not to be Light is not the fullness of Life and that which appears to be the opposite of Life in the outer world of form is called "death." In Reality, there is no such thing as death anywhere in the Universe. So-called "death" is merely a change of form. Life is the most *real* thing there is and *Reality* is Eternal ("e" means "without" and "terna" means "time"). So Life, Light and Love are eternal — forever — always have been and always will be — and from Their Substance of *Being*, everything was made that exists. Nothing but *Light*, *Life* and *Love* endure forever. That which is thought of as death is merely a disintegration of substance which changes form and that form in due course of time appears again and yet again in more or less perfect design until it finally attains Perfection, the plan and motive of its existence—its Divine Plan fulfilled. Then has the "Father's Will" been done! That it continues forever and ever expanding that Perfection for which it was first created.

Just think this over, and until we meet again next month, I call His "Wings of Light" to tenderly watch over you and yours and give you every good and perfect thing.

THE ACTIVE PRESENCE OF GOD WITHIN YOU

MORYA EL

The knowledge that the Active Presence of God is within the physical heart of the individual is the very first step toward a union of the outer consciousness with this Presence in an actual, practical and conscious partnership, whereby the individual begins to externalize *from within himself*, the Nature, Qualities and Powers of that Presence through the consciously drawn radiation of his own life. The habit that has persisted through centuries of religious thought which has externalized and set apart the Presence of God, has created the limited, personal selves with whom we deal today. One of the primary services of The Great White Brotherhood is to acquaint the outer mind with the Truth that the Presence of God *within* is an actuality. This God Presence is The Speaker whose every activity is announced through the individual in the words "I AM."

KUTHUMI

When the intellectual consciousness accepts The Presence of God within the very life that beats the heart, the student is then ready to step forth upon the Spiritual Path. The Spiritual Beings who form The Watchers of the Expanding Light in the hearts of men then apply to the Lord Maitreya or Myself for a teacher for such a life-stream. This teacher provides ways and means by which the student is encouraged to contact this Presence and, through the happy experience which such a contact brings, endeavor to create and sustain an active connection between the outer self and the God Intelligence which sustains the physical form. If the

teacher at any time deviates from the relentless task of driving the individual's consciousness back again and again into association with and reliance upon this Inner Presence, or if the teacher causes the student to lean upon a source outside of himself, even an Ascended Master, such a teacher has failed in a large degree. All spiritual unfoldment is a process of realizing and becoming the fullness of this Inner Presence.

VENETIAN

The efficacy of meditation and contemplation lies within the actual *awareness* of the Presence of God within the individual life-stream. "Be still and know that I AM God" is truly an injunction from On High. An individual who desires to rise out of limitation sickness and dis-ease of every kind, must become *aware of*, and gain confidence in the God Power which is the life by which the body is motivated, the mind illumined, and the spiritual senses stirred into the hunger and thirst after righteousness which stimulates the spiritual search for fulfillment. Until the student has learned to turn the thought currents in toward this Presence, the teacher must provide a positive course of contemplation to stimulate the mental currents of the aspirant. Then, through silently invoking the God Self within the student, the teacher allows that Self to become the Infallible Guide, the Healing Power, the Peace Commanding Presence, the God Directing Intelligence through the outer self. Such an one no longer finds himself absolutely dependent upon an externalized instructor, but waxes strong in spiritual knowledge, discrimination and Godly Powers within himself.

SERAPIS BEY

In Our Activity at Luxor, We deal with individuals who have signified to the Cosmic Law that they are desirous of entering into the Flame of their own Divinity, and, through the process of transmutation, attaining the self-conscious Ascension out of the appearance world. Our discipline follows that of Life itself. We provide every opportunity by which the individual may cultivate a conscious realization of the God Presence and then, in a growing awareness, release the God Powers and Nature which assimilate and transmute the discordant tendencies of the outer self. The Luxor Brotherhood is, like the karma of the outer world, an Intelligent Power which drives the consciousness back toward its own Creative Centre of Being, and those who become Active Members in this Brotherhood are relentless in Their Activity, refusing to allow the outer self of the neophyte to cling to any outer form, teacher or solace. Few men can stand the rigorous, but necessary, discipline of this Retreat, but those who persist in their endeavors become the Master Presence in one lifetime, as against those who face the same discipline from the impersonal karmic law of retribution, requiring centuries to become imbued with the knowledge of the nothingness of the world without and the All Power of the God Presence within.

HILARION

Even in the world of Science and Medicine there comes a moment when 'everything human has been done' and the life intelligence must await 'the Will of God.' How many of our good doctors and nurses will attest to the fact that the gifts of

science but provide the bridge over which the unseen power of the Universal God flows to relieve a crisis or to stir the 'will to live' within the heartbeat of a patient. Thus the greatest intelligences of the finite world must await the Presence of God in Action for accomplishment to follow the preparation for that Activity which they have set into motion.

J E S U S

When I repeatedly referred to "The Father Within" as the Power that accomplished all the seemingly miraculous manifestations during My Ministry, I meant to point man to the *Way* by which he, too, might partake of the natural God Powers and Qualities that are within his own life. Every individual must, sooner or later, make a contact with the God Presence that is his own heartbeat. To every man this mystic experience is requisite before he can become a Representative of the Father through his own nature to his fellow man. To find God within another is a cause for rejoicing in the unfoldment of that One's own God Plan, but to find God within oneself is the purpose for incarnation and the only way Home again into the natural estate of Blessedness, Peace and Power which such God-Awareness brings.

SAINT GERMAIN

The Great God Presence is individualized through the personalities which are presently sustained by Life. The awareness of this Master Presence within brings peace and comfort to the individual, and then, active contemplation of this Presence causes It to increase in Focused Power and Authority through an individual and to project Its Pattern, Its Pow-

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STEPPING STONES HOW TO BE WITH THE MASTER

By D. T. MARCHES

The original idea of creation, which man was to share with God through His Love and Generosity, was that man might create and bring forth beauty and perfection through *form*, by the intelligent use of his creative centers of Thought and Feeling, *but not permitting himself to become entangled in his creation*. However, when man began to harbor wilful and imperfect thoughts, the forms thus created took on the grotesque appearance of these thought pictures and these in turn reacting back on the lowered consciousness gave birth to the undesirable qualities which comprise the human nature of today. These qualities "whose name is legion" furnish the causes for all man's distress, including sickness, war and death and thus mankind has become almost hopelessly enmeshed in his human creation.

Often Great Beings from the Heart of God have taken on human form in order to teach and raise mankind, such as the Master Jesus, the Lord Buddha of India and many others, while hundreds and thousands of lesser souls have voluntarily eschewed the freedom they have hardly earned and reincarnated again and again that their presence and radiation might have a sweetening influence on human thought, although the price they pay for this sacrifice is the loss of their divine memory, because the loss of consecutive memory is the karma of the ego earned by its disobedience, and which every soul who volunteers to enter human embodiment must share. These reincarnating friends of humanity must rely on their developed soul powers of discrimination and discernment in order to keep themselves from falling victims to the intellectual

arguments presented by their spiritually blind but stubborn brothers. It is a sad fact, however, that quite a few of these great initiates who have braved human incarnation to help mankind have unfortunately succumbed to temptations of one kind or another in this human realm and so forgot their divinely inspired mission in the fleeting pleasures presented to them. This is the chance the volunteer soul takes consciously before incarnating.

Many of the returning pilgrims on the Path regret that they cannot "see" their invisible teachers and helpers, but it must be remembered that "form" is a passing phase, that it was through form man fell and the creative spirit within is being taught not to get entangled in its meshes again, even to the extent of "seeing" a Master. We are told that "no one hath seen God at any time"; neither do we actually "see" each other, all children of God are in reality points of consciousness, in the human octave enclosed in forms of flesh, but in the higher octaves the Liberated Ones are clothed in a "finer" dress which is invisible to mortal sight, but which nevertheless does not make Them in any way impalpable wraiths. Rather they are strongly developed, radiating centers of awakened consciousness that are capable of making Themselves felt to no uncertain degree when the occasion warrants. It is evident then that it would be a foolish waste of precious energy on the part of these wise Teachers to go through the process of lowering the rate of vibration of Their finer vehicles to take on the semblance of human form just to satisfy the curiosity or perhaps van-

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THE FOUNDING OF THE GREAT WHITE BROTHERHOOD

By THOMAS PRINTZ

When Sanat Kumara offered to enter into the Office of the Lord of the World, the Lords of Karma, who represent the Cosmic Law governing the affairs of the planet earth and the evolution of its humanity, gave to Him the full and absolute authority over the life and progress of the sons of men.

Because these Lords of Love had offered the Cosmic Law their own auras of light to meet the requirements of the Law that the earth contribute some light to the Solar System, or else be dissolved from the chain, it became immediately evident that some means of training must be effected in order to teach the children of men how to expand their own spark of divinity, and—in time—become Lords of the Flame and illumine their planet without the help of other Stars . . .

Sanat Kumara and His Counsel in Shamballa, to prepare for this day, established a Great Spiritual Order of God Beings, known as The Great White Brotherhood, whose duty and service was to interest, teach, guide and protect the children of earth, and eventually draw them into the Brotherhood and let them assume the offices and responsibilities originally held by the Volunteer Beings from more highly evolved worlds . . .

Through the medium of their own great love and radiation, this Brotherhood began to awaken the spiritual light in the souls of a few of the race. These egos began to stir in their soul sleep and respond to the Presence and Flame of Sanat Kumara's Love. From among the great mass of sleepers, they began to reach upward in consciousness, and the Masters, reaching down, effected the first meeting between earth and heavenly selves . . . The two first souls, thus responding,

were in much later lives to become the Lord Guatama Buddha and the Lord Maitreya . . . They were the first who applied from the ranks of earth's children for membership in the Council of Shamballa and asked for training and assistance to prepare themselves to join in the great work of becoming light bearers to the world of men.

How great was the rejoicing at Shamballa, when these two fresh, eager spirits, responding to the Presence of Love, had proved the wisdom and sacrifice of the Lords of the Flame worthwhile . . . for where two had come, more surely would follow. And so it has been, until thousands now are entered on the Roll of the Cosmic Council and the earth's children have assumed most of the offices formerly held by Beings from Other Spheres. One day the Kumaras, themselves, will find that earth's children have released them from their self appointed exile, and in earth's shining, they may go—as they came—in gentle and most patient love.

From the time that Lord Buddha and Lord Maitreya presented themselves before the Great Sanat Kumara, called by the reason of the length of his service. "The Ancient of Days," until the time that they could assume their Cosmic Office as World Teachers, century after century of self-discipline, self denial and self mastery stretched relentlessly down the scroll of time, with the two brothers incarnating again and again, passing through every experience that the Cosmic Council felt would build into Their Souls the strength, the constancy, the love required that They might fulfill their Cosmic Role with credit and with certainty of victory . . . As Lord Buddha himself so beautifully wrote of his long and weary way:

*Many a House of life
Hath held me—seeking ever hi
who wrought
These prisons of the senses, sorrow
fraught;
Sore was my ceaseless strife!*

*But now,
Thou Builder of This Tabernac
—Thou!
I know Thee! Never shall Tho
build again,
These walls of pain,
Nor raise the roof-tree of deceit
nor lay
Fresh rafters on the clay;
Broken Thy house is, and th
ridge-pole split!
Delusion fashioned it!
Safe pass I thence—deliverance
obtain.*

Lord BUDDHA

'CHILDREN AND YOUTH . . .

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give an accounting of their service when their physical days are done. The Great Work of Over-seeing the various departments of human evolution and development are delegated to Individual Beings who, through the centuries, have proven themselves capable of representing the God Will Authority and Love in those departments. The Master of Wisdom whose Cosmic Office it is to over-see the children of the race, their teacher and guardians, is known and loved by many individuals on the earth today as the Master Kuthumi Le Singh. This Section of THE BRIDGE is given over to Him that His Loving Counsel, Directives and Assistance may help all who are interested in the children and young people to clearer understanding of how to cooperate with the incoming or presently incarnated child, and with the Lords of Karma who have chosen the particular homes in which the children are born. We invite you to sit with us, at the Feet of the Master of Wisdom.

STEPPING STONES. . .

(Continued from page 41)

ity of some individual, when all Their efforts are engaged in trying to wean the aspirant *away* from the fascination of form and its dangerous reaction on the human soul. When a person sincerely contemplates any Ascended Master, lovingly dwelling mentally on His perfection, characteristics and merits, that one unerringly enters into His radiation and aura. He has the Master's undivided attention while he holds himself within His Presence and his soul and spirit is benefitted: while if he saw Him "in the flesh" so to speak, the outer mind would be amazed and disturbed with very little benefit to the inner consciousness. Through contemplation one can recognize unerringly the vibration of the different Masters, one does not have to jostle with crowds nor provoke the jealousy of other individuals to come into Their Presence, one can sit in the privacy of one's room at any time, think of the Master one desires to contact, then rise in consciousness and fly like an arrow into His Presence. It is an easy as that.

Man's task is to rise by daily conscious effort out of the human consciousness into which he has fallen. Contemplation of the Ascended Host as well as the Angelic

Host will help to raise his consciousness. A silent heartfelt petition to the Father of all Light for forgiveness, guidance and deliverance will bring help without fail, both from within and without, until one day he will find himself within the outstretched arms of the Father and hear His whispered "Welcome Home, My Child."

Prayer: *In the Power of the Christ Magnet endowed upon my lifestream, I invoke the full nature, capacity, intelligence, substance, light and supply of the Great Universal First Cause, whose child I am.*"

THE MASTERS OF WISDOM. . .

(Continued from page 41)

ers and Perfection into the physical appearance world through the outer self. For the individual to visualize his God Presence as outside of himself is again to separate himself in *feeling* from the Power that is really *within* his own heartbeat. When the individual becomes *aware* of the God Presence *within*, the externalized Presence then stands radiant as the Manifest Christos and is actually projected from within the consciousness of the Awakened One.

Daily Work Sheet

Your God Powers

Nov. 15 — Dec. 14, 1952

Every lifestream created and sent forth to secure thru experience self mastery has been completely endowed and equipped with the capacities required to become equal to and co-workers with the Eternal Father of Life.

For instance, all your Ford cars are equipped with four wheels, carburetors, fuel pumps, etc., and the manufacturer could no more think of sending one forth without the essential parts than God in His Kingdom would send forth one lifestream lacking the capacity or requirement for mastery and fulfillment.

We then work on the assumption that the God Creator of the universe has endowed each lifestream with every capacity required to become victorious, to attain and sustain Mastery and to be representative of the Creator with all the Power and Powers at his disposal for constant use.

We will see that this conviction will not allow room for the acceptance of limitation of any part of life or that any lifestream must be subject to circumstances because of faulty or insufficient equipment.

IT IS the RECOGNITION and ACCEPTANCE and USE of the Powers latent within the lifestream that makes for Mastery. Affirm:

"I accept and draw forth and I manifest TODAY ALL the Powers of my Being endowed by the Central Sun".

Hold this in your consciousness until your feeling world is saturated with the CONVICTION that these Powers are present and pulsating and yours to develop for the Brotherhood's Cause today.

EXPLANATORY NOTE—The Gentle Reader is reminded that all religious doctrines and faiths are based on the findings of individuals whose highly developed, purified faculties, exalted vision and uplifted consciousness enabled them to perceive Truth and translate Truth for lesser men.

The articles and features in this Journal are for the purpose of stimulating the development and accuracy of the reader's spiritual faculties and discernment, through encouraging him to travel in consciousness only and experience the spiritual realities described herein, thus confirming Truth through his own independent, uplifted vision.

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LOVE RESTORETH MY SOUL.—(Psal 23:3).





CODE OF CONDUCT FOR A DISCIPLE OF THE HOLY SPIRIT

1.—Be conscious ever that thou aspireth to the full expression of God, and devote all thy being and thy service to that end, as expressed so ably in thy First Commandment.

2.—Learn the lesson of harmlessness, neither by word nor thought nor feeling inflict evil upon any part of life. Know that action and physical violence is but the lesser part of the sin of harmful expression.

3.—Stir not a brother's sea of emotion, thoughtlessly or deliberately, for know that the storm in which thou placeth his spirit will sooner or later flow upon the banks of thine own lifestream, *rather* bring tranquility to life, and be as the Psalmist so ably puts it, "oil on the troubled waters".

4.—Disassociate thyself from the personal delusion. Let self-justification never reveal that thou dost love the self more than the harmony of the universe. If thou art right, there is no need to acclaim it, if thou art wrong, pray for forgiveness. Watching the self thou wilt find the rising tides of indignation among the more subtle shadows on the path of Right, called "self-righteousness".

5.—Walk gently through the universe knowing that the body is a temple in which dwelleth the Holy Spirit that bringeth peace and illumination to life everywhere. Keep thy temple always in a respectful and cleanly manner as befitting the habitation of the Spirit of Truth. Respect and honor in gentle dignity all other temples, knowing that oft-times within a crude exterior burns a great Light.

6.—In the presence of nature, absorb the beauties and gifts of Her Kingdom in gentle gratitude. Do not desecrate her by vile thoughts or emotions, or by physical acts that despoil her virgin beauty.

7.—Do not form nor offer opinions unless

invited to do so, and then only after prayer and silent invocation for guidance.

8.—Speak when God chooseth to say something through thee. At other times remain peacefully silent.

9.—Make the ritual of thy living the observance of God's rules so unobtrusive that no man shall know that thou aspireth to Goodliness, lest the force of his outer will might be pitted against thee, or lest thine service become impinged with pride.

10.—Let thy heart be a song of gratitude that the Most High has given unto thy keeping the Spirit of Life, which through thee chooseth to widen the borders of His Kingdom.

11.—Be alert always to use thy faculties and the gifts loaned unto thee by the Father of All Life in a manner to extend His Kingdom.

12.—Claim nothing for thyself, neither powers nor principality, any more than thou claimest the air thou breatheth or the sun, using them freely but knowing the God ownership of all.

13.—In speech and action be gentle, but with the dignity that always accompanies the Presence of the Living God that is within the temple.

14.—Constantly place all the faculties of thy being, and all the inner unfoldment of thy nature, at the Feet of the God-power endeavoring to manifest perfection through one in distress.

15.—Let thy watchword be *gentleness, humility and loving service*, but do not allow the impression of humility to be mistaken for lethargy, for the servant of the Lord, like the Sun in the Heavens, is eternally vigilant and constantly outpouring the gifts in his particular keeping.

MAHA CHOHAN