

# THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact  
with The Great White Brotherhood and Cooperative World Service



The Holy Grail from Which  
all who are athirst may drink

## OUR NEW ADDRESS:

The Bridge to Freedom, Inc.  
R.F.D. 1, Box 321, Charlottesville, Va.

DEC. 1959

# THE BRIDGE TO FREEDOM

*A Monthly Journal*

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Vol. 8

December, 1959

Núm. 9

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### FRANCHISE NOTICE

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## EDITORIAL

### A NEW DISPENSATION

**I**N view of the extraordinary devotion, enthusiasm, co-operation and loyalty of **The Bridge to Freedom** Students—and the increase of their number—during the past year, a Dispensation has been granted to this Activity, which is the only one authorized to hold Transmission of the Flame Classes, by which part of the Plan that will be presented at the Rocky Mountains Conclave at the end of the year will be announced in advance. This is not only a special service to the overseas Bridge Sanctuaries, Groups and Students, but that all may be prepared in advance to participate intelligently in the monthly Transmission of the Flame Classes.

Therefore, it is hereby announced that the Ascended Master Sponsors for the year 1960 will be the Archangel Zadkiel and His Archii the Lady Master Holy Amethyst.

The Thought-Form for 1960 will be the Royal Purple Shield of Archangel Zadkiel, embossed with the Crystal Likeness of Holy Amethyst.

The Calendar for the Ascended Master Retreats to be opened to the worthy chelas under the direction of Lord Gautama in the year 1960 will appear in the January issue of **The Bridge Journal**, but in this issue the gentle reader will find particulars about the first Retreat of 1960, which will be the Temple of Purification by Violet Fire of Lord Zadkiel.

We hope that the Student Body of **The Bridge Activity** will appreciate the importance of this Dispensation, and will receive all the benediction it is meant to impart, enabling them to duplicate at least in the coming year all the devotion, co-operation and loyalty of the previous twelvemonths.

The Blessing of the Hierarchy be on you, one and all, in this Holy Season and in the year 1960, as well.

**THOMAS PRINTZ** (El Morya) Editor

## REALIZE THE RESPONSIBILITY OF HOLDING THE CHRIST IN YOU

### A Christmas Address by Beloved Mother Mary

**B**ELOVED children, the Lord is with you this Christmas Eve, the Lord is everywhere "I AM", and "I AM" within your beating heart! This night as this small planet whirls upon her orbit and as the consciousness of mankind think kindly upon the Angelic Host, the Celestial Choir and the activities preceding and following the first nativity, it is a beautiful sight to see from this shadow Star so much pure golden light, so much pink flame expanding out into the universe and the galaxy to which it belongs, and making the Earth look more like the Freedom Star it is destined to be than We Who look at It with the inner sight, have seen for many an age and many an era.

### I hold for you the Concept of the Divine Man

I have come close into the atmosphere of Earth this holy season; it is naturally so. You come when you are called, when Your name is spoken, when Your intercession is asked. You come, even unascended, to those you love to give the assistance, the benediction and the strength of your lifestream, when you are invited so to do.

Through this season, dedicated to the advent of My beloved Son upon this sorrowing planet, the door is open for Me also and I come close to the children of Earth, the children of My bosom, the children of My heart. While I have proximity to their consciousness, while they are thinking upon Me and while their words rise in prayer and song, I endeavor to convey with clarity and strong pressure the Immaculate Concept which I hold for each such an one, for each of you, and every soul upon this planet.

For everyone released from the compound, every sleeper, I hold the Concept of the Divine Man or Woman with flaming heart, majestic Presence, infinite power, co-creators with the Father of All. That Concept which I held for one dear Being long ago, and which did manifest against all the vicissitudes of fate, manifested in a Man of strength and vital fire, through Whom the miracle working energies of healing flowed freely and Who mastered even so-called death. That same Immaculate Concept which I hold for you must yield to Me because the law is impersonal and must yield to Me the same mastery and dignity and maturity through the souls in which you yet find yourselves bound. I SHALL LOVE YOU FREE, I SHALL LOVE YOU FREE, I SHALL LOVE YOU FREE, for you are My children and all of this evolution, all of the souls that are the distorted outerselves of man, shall one day be transfigured and transmuted to make the Sons and Daughters of Freedom's Star a manifest expression upon this world!

### **The WORD is made flesh in you**

Beloved ones, it was said long ago that "The word was made flesh" and dwelt among the peoples of Earth. Is that not true with every embodiment that takes place? As every individual takes embodiment, is not the capacity and power of the creative word "I AM" made flesh and through that one given an opportunity to express the Christ estate? So every day upon this planet Earth, where an infant cries, where a mother is delivered and a child is born, the great "I AM" is again made flesh, and when that infant reaches the point where the Holy Christ Self can control the vehicles of the vocal passage and identify himself, he will use that Word made flesh and recognize himself as that "I AM"! Sorrow and sad indeed that from that first initial recognition he so soon is drawn by the shadows that surround him into limitation and distresses in the homes and families into which he must take habitation.

Individuals who are to become parents do not understand

ANYTHING of what they might do to cooperate with the body elemental and the builders of form in the creation of an instrument of such perfection through which the lifestream functioning could serve. If particularly, the women of the race could come to an understanding of their part in the actual forming of the nature of the child they hold, We could redeem this race so much more rapidly, but for the most part they allow nature and the builders of form, and the body elemental to continue the miraculous and marvelous process of the creation of this psychical instrument and let the soul take care of itself and marvel for a moment at the miracle of birth!

Beloved ones, I know of what I speak, having passed through an experience and an initiation which very few women upon this Earth have ever been forced to pass! Have you thought of the flawless lifestream of the Master Jesus, of the beauty of the emotional world so filled with love and light that He was chosen to be a Representative to mankind of the Father of the entire system; an emotional body as delicate, as gentle as a dove, and yet as strong in its mighty faith as was required; a mental body so alert and receptive to the directions of the God-self and the Presence; a delicate etheric garment magnificent, without blemish, without one scar or one stain; that is the Being Who I looked upon before I even asked for opportunity to prepare a physical garment FITTING for the habitation of such a Spirit.

### **The preparation of the expectant mother**

Think you, you who have been given a test of a day, or seven, to maintain happiness or peace, think you what it would be if you were to remain nine full months and not allow one ripple of energy that passed through your emotions, your mind, your memory, your words or your actions that would make the slightest stigmata upon the coming Avatar! When the great Beings ask you to try to hold an emotional stability or a mental buoyancy, an etheric resurrection of your good, you are not asked within yourself the responsibility of performing the great

service of fashioning a physical vehicle as fine as the most magnificent carved ivory, as delicate as a rose petal, and yet as strong as steel!

Beloved ones, that service that I rendered helps Me to know what the women of the race **could do** were they, the moment that they knew they were with child, to endeavor to hold themselves emotionally at peace, tuning in to My vibratory action or that of beloved Kwan Yin, keeping their minds upon clean and pure and beautiful thoughts, washing their memories of the impurities of the past, and keep their physical bodies as Temples of the Most High Living God!

It is My dream and My prayer, and that of Kwan Yin, that a day shall come when every mother will kneel as I did before Gabriel and consecrate all of the energies of the lifestream to preparing the most perfect vehicle for the incoming soul; when every mother may say, "Behold the handmaiden of the Lord"; when there may be no mother in shame, in fear, distress; no mother who through arrogance or vanity do not wish to destroy the symmetry of their form, and none that would wish to destroy the life in their bodies. **THIS MUST COME ON THE EARTH**, beloved ones, for I Who work in the Sacred Heart Temple, I have looked upon the lifestreams that wait embodiment, that elemental substance which is the soul's heritage, I have endeavored to purify it.

### **We are answering your prayers**

Beloved children of the One God, there are many prayers going up to Me from sick beds, from death beds, from birth beds; there are prayers and there are masses and there are calls, and all of that is gathered by the great Silent Watchers of the various continents and it has formed a magnificent radiation into the higher atmosphere over which We are returning the benediction and the blessing of the Light into the hearts of the student body and then of all mankind.

I remind you again, as I did long ago, you are the Diamond Heart fashioned from My own hands, with My Own heart's love—each cell, each lifestream polished and brought to its fullest lustre and through this Diamond Heart may the currents of healing, the currents of peace and the currents of purity, the currents and radiation of healing and light flow to mankind through the world.

On this Christmas Eve the entire planet is receiving that benediction, that blessing, that outpouring as they commemorate the first Holy Christ Mass. Some of you have been thinking on that and I have, of course, Myself today, for We are individuals like unto you, We have memories too, but out of them have been taken all of the barbs and all of the sadness and all of the bitterness and only the sweetness and the perfume remains, and when We recount Our tales, as sometimes We do, We have individuals who say they are only supposed to remember the happy things—how then do they bring to mind those things that were of travail?

### **We can use even those who have human frailties**

Beloved ones, it was Lord Maitreya, in His great mercy, seeing the earnestness of your hearts, seeing the strong measure of your own soul's worth, and seeing your feelings of incapacity to do these works, it was He in person Who said, "Show them that You, too, once had feet of clay; that You walked the ways of Earth; You, too, knew joy and sorrow, uncertainty, and in showing them, perhaps they will have new courage that just because they have frailties yet does not mean that We cannot use them in cosmic ways".

I have thought back today on the times of the first Christmas and some of you wondered why I made that journey from Nazareth into Bethlehem; some of you wondered why Joseph, Himself, could not have accomplished it and I, Myself, in that time had certain thoughts about the wisdom of taking such a precious Child upon a long and weary way, and yet the records and the prophecies had said, and the cosmic finger of the hand

of time, that in Bethlehem should be born the Beloved One, and so I was willing, even against reason, to go as We discussed its pro and con. Joseph, too, said the season is inclement and perhaps the place is not as important as the perfection of the form and the protection of You both. I said too, "Yet in reason's name, perhaps it should be so". But then again within Me rose that same tremendous impulse that I always felt was the approach of the Angelic Host, and I said, "No, I shall make this journey with You". So We went, the story you well know, and the manifestation of our Beloved Jesus and His Victory in the Light.

### **My Luminous Presence is with you**

As you come to your midnight hour and as We come to the climax of Our outpouring of the Christmas Season, I will be, through My Luminous Presence, in every church, on every altar, in every home where My Presence is thought of or My Son's name or birthday is kept.

Thank you for the opportunity of entering into your worlds, and thank you for patience in listening to just another Woman Who wants to see the world free—all of it—just as I saw on Bethany's Hill transfigured, triumphant and I knew for Him there was no more sorrow, so one day shall I know it for the last man or woman from the compound and then My service as Cosmic Mother of a sad planet will probably be completed, but I wonder even then if ever I shall let you go!

Thank you and a Holy, Holy Christ-Mas and a Magnificent God Victorious New Year! When you find your inner bodies difficult to master, think what would you do if you were carrying a **CHRIST WITHIN** you and one emotion or thought would necessitate the Builders of Form to abandon that embryo, the timing, the cosmic second, be set off while another Mother was found! There was no time for a re-conception—and what do **YOU** hold in your hearts—**THE SAME CHRIST!** Do you hold your responsibility as I did? Let Me help you! That is My reason for being.

## **YOU CAN USE NOW THE POWERS OF YOUR CAUSAL BODY**

**A short Address by Beloved JESUS**

**B**ELOVED friends, I bring to you today the Truth, which is the gift and momentum of My Causal Body established through the voluntary qualification of My Life over a period of many, many centuries previous to that in which I gained the victory of the Ascension. Oh, Children of God, if you could see the treasures you are laying up in the glory of your Causal Body through this life-time of magnificent, constant, loyal dedicated and enthusiastic service how grateful you would be that you have chosen the wiser course, and that in which you have invested the life of God shall remain for you ever a cosmic battery on which you may draw and which you may direct to any part of any universe or any star to give assistance as you desire.

**We are grateful for your wise choice**

When we stand in the fuller freedom in the inner realms and see the waste of Life, and then we are privileged to witness over a period of years the consciously gathering, individual and collective, momentums of consecrated lifestreams, Our hearts are filled with eternal gratitude that some among the sons and daughters of men are choosing wisely, and building for themselves the instruments of the cosmos; for the length of each ray of light that proceeds from your Causal Body will be determined by the full gathered momentum of the battery of energy within that Causal Body, and if you are in time called upon to work in a galaxy other than your own, and your battery of energy should not have that full momentum, your ray would fall short of its goal.

Ah, Children of Light and of Life, I, Who have been summoned among others to render service upon many planes of consciousness and in many universes, have seen Those, even the God-free, Whose Causal Body did not reach to the periphery of the sphere of service which They wished to render—and that is a cause for spiritual remorse indeed.

### Use Your Causal Bodies

Your Causal Bodies are blazing with qualified momentums carrying the colors of the qualities which you have builded into those Causal Bodies through year after year of study, contemplation, invocation and mighty decrees. Oh, if you could see them, like beautiful, radiant many colored suns standing around your own Electronic Presence! That will be yours for Eternity! And some day when you address a system of worlds, you can say as I, today, "I bring to you the full gathered cosmic momentum of My Faith, of My Love, of My Beauty, of My Healing, and of My Peace!" And all that you have gathered even in individual application in the wee small hours of the night, all that rushing like a great river when the sluice and the dam is opened and forced to the object to which you have directed it.

We are coming into an understanding now of your individual capacities to reach deep into your Causal Bodies, each one, and avail yourselves of the momentums of the power that is gathered there. **Charge** those powers from your Causal Bodies into those tubes of light! **Charge** those momentums of your Causal Bodies through the blazing light rays into conditions and into lifestreams that need assistance; that is already yours! It is as much a part of you as an account you hold in a bank and far more eternal. Pity it is that so many magnificent, gifted, spiritual lifestreams allow the might of the Causal Body to lie quiescent until they enter into the victory of their own Ascension, when they can be using it long before yet in garments seemingly limited and moving among men.

# THE BRIDGE TO FREEDOM

*A Monthly Journal*

**KEYNOTE OF OUR SECOND SEVEN-YEAR CYCLE:**

**FREEDOM, PEACE, IMPERSONALITY, CO-OPERATION, EXPANSION**

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Vol. 8

December, 1959

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## YOUR ASSIGNMENT FOR DECEMBER 1959

(Monthly Letter to Transmission of the Flame Class  
of December 19, 1959)

Dear Children of Freedom:

**D**ECEMBER, as old students know, is the yearly period of Cosmic Cleansing, to purify all the energy wrongly qualified—without malice or evil intent—during the previous twelvemonths, so that mankind and the elemental kingdom may enter into the vibrations of the New Year with a clean slate, so to speak. The Angelic Host and Other Cosmic Beings, as well as the Ascended Masters and Their chelas take an active part in this World and Cosmic purification by the use of the Violet Fire of Mercy.

This action of the Cosmic Law of Mercy will be more intensified in this month this year, because, as the poet says "coming events cast their shadows before". The coming event to which I refer is that the Temple of Purification by Violet Fire will be open on January 15th, 1960 and several weeks before its Purifying Flame will be felt by mankind and the elemental kingdom, as well as by all sentient beings.

The question is, How is the student going to cooperate in this annual service of mercy? There are several ways: first of all he must wish above everything the freedom and purity of all imprisoned life, he must invoke daily the Purifying Violet Flame through his lower bodies, and through all mankind, he

must call daily the Angelic Legions of Archangel Zadkiel to go into every nook and corner and purify life everywhere, and especially the student must forgive and forget all grievances and get ready to start the New Year as if he were stepping into a new life.

Dear Children of Freedom, this is your assignment in this thirty-day period, an assignment of purification to enable you to precipitate from your Causal Body all the good you require at this time, with the use of the Chinese Green Precipitation Flame of My Beloved Lord Confucius' Temple.

May this Christmas bring to you a sustained feeling of Freedom and the coming Year be your year of Illumination.

Love and Blessings,

**MAHA CHOHAN**



## **TEMPLE OF PRECIPITATION**

**The Ascended Master Retreat of the Month**

**At Rocky Mountains, U.S.A.**

**December 15th, 1959 through January 14th, 1960**

**Hierarch:** Lord Confucius; **Color of Precipitation Flame:** Chinese Green with Golden Radiance; **Keynote:** "O Thou Sublime Evening Star", Tannhauser.

### **BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF DECEMBER 19, 1959**

1	2	3	4	5	6	7	8
"I AM"	inbreathing	Confucius'	Illumination	through the	chosen	teachers	of Earth
"I AM"	absorbing	Confucius'	Illumination	through the	chosen	teachers	of Earth
"I AM"	expanding	Confucius'	Illumination	through the	chosen	teachers	of Earth
"I AM"	projecting	Confucius'	Illumination	through the	chosen	teachers	of Earth

### **References for Sanctuary Directors and Students**

**Description of the Retreat:** Please see the following issues of **The Bridge to Freedom Journal**: Vol. 1, Nos. 3 and 8; and issues 3 and 9 of the remaining Volumes from II to VII and No. 3 of Volume VIII.

**Addresses by Lord Lanto:** **Bridge Journal**, Vol. II, No. 9; Vol. 3, No. 10, Vol. VII, No. 9.

## WHAT THE ASCENDED MASTERS SAY

### About the Yearly Conclave at the Rocky Mountains Retreat The Purpose of the Conclave

**A**T the Rocky Mountains Retreat the entire Spiritual Hierarchy and all awakened lifestreams on the planet Earth are in attendance. For twelve nights and days these meetings continue in orderly sequence and different studies and ideas are brought up before the members of the Conclave with a view to seek out the greatest possible assistance to the humanity of earth in our endeavor to mould the appearance world into a replica of the Divine Plan.

There is presented the Divine Plan on the Cosmic Screen and then there is presented the present appearance in which various lifestreams are shown who are the "key" figures to be considered. Some of these lifestreams fortunately are members of the Conclave, either consciously or unconsciously, and when this is the case the progress and adjustments of the world picture are much easier to handle. In other cases the world picture is held by the dominant will-power of human beings which cannot be interfered with beyond a certain point. In these cases, Ascended Beings and Unascended Beings volunteer to enter into that particular world picture with a view of throwing the weight and strength of their consciousness into it in order to neutralize and balance the emanations from the lifestreams who are holding a picture that is not in accord with the Divine Plan.

### The Plans for the Year

The Plans for the year relative to the Earth are presented at the Rocky Mountains Retreat gathering and delegated to the

Brothers and Sisters who form the natural channel for their expression and then from the awakened mankind volunteers are chosen to form the contact with the world of form and matter whose province it is to wield the unyielding Three-dimensional Plane into as close a facsimile of the inner plan as is possible.

### **Progress and Unfoldment of Activities**

During the Great Conclave at the Rocky Mountains Retreat there is a period dedicated entirely to the progress and unfoldment of the system by which the young people are to be raised above the heritage of their human nature.

As each succeeding avenue of service is presented to the Conclave, the Masters in charge of that particular service become the officiating Members and the Brotherhood and assembled Guests pour Their Force into it according to the requirements of the hour.

As the present growth and conditions are shown upon the cosmic screen there are chosen from the assembled guests life-streams who can and voluntarily do offer to render service and assistance in the fitting of one or more parts of the great scheme into the present appearance thereby changing its quality and nature until it coincides with the spiritual Plan of the Hierarchy as presented by the presiding Master.

Conscious chelas like yourselves are given a very important role in the establishment of fundamental vibration which will form the pattern for new Ages yet unborn.

### **The Presence of the Shepherds**

At the Gathering, one of the most beautiful ceremonies represents the presence of the Shepherds who have been given the responsibility of guarding and guiding souls through the preceding year. Each such spiritual shepherd receives great honor from the Brotherhood, for these spiritual teachers are the voice, the heart and mind of the Brotherhood before men.

This cosmic Presentation passes before the assembled Brotherhood, the Great Sanat Kumara, the Beloved Lord Gautama, the Lord Maitreya, the Divine Director and Myself.

In the aura of the Shepherd or Teacher is the etheric record of the progress and unfoldment of each soul entrusted to his care. As the Light of Heaven blazes upon the aura, the progress of the entire group is revealed in a flash, both individually and collectively and the assembled Masters are then able to pour their spiritual force into whatever preparations and capacities are required to help both the teacher and the student toward a greater unity and enlightenment for the coming year.

### Responsibility of the Members

Once you have taken your place as a member of these Councils your responsibility becomes far greater than that of the masses who are benefited by these Conclaves but have not yet any part in the privilege of working for the fulfillment of the Divine Plan in co-operation with the Brotherhood.

### D e c r e e

In the Name of the Presence of God, which "I AM", I call to you Beloved Lord Gautama and Beloved Lord Confucius to allow me to be a **conscious** co-worker of the Divine Plan, as delineated at the Conclave of the Rocky Mountains Retreat; and I DEMAND all your assistance to become a **Conscious** Member of the Conclave, so that I may be consciously present at the next meeting, and bring back the memory of every thing needed for the successful execution of my share of the The Plan. I thank Thee because I know this is **ALREADY ATTAINED!**



## **FEEL NO EVIL, SPEAK NO EVIL, HEAR NO EVIL**

### **A Christmas Message of Charity by the Cosmic Being Charity**

**A**T this Sacred Season, let us draw the quality of Charity of feeling into us; the capacity not to pass judgment in the feeling world, not to criticize, not to condemn, not to find the error within the lifestreams with whom you are associated, but rather to find the warm light of the spirit that through that soul is endeavoring to sublimate the outer nature and bring it again into perfection.

How much do you really know about the hopes, the aspirations, the dreams of the people with whom you are associated? How much do you know about the silent struggles and endeavors to overcome which are hidden behind a mask of serenity at times, and sometimes passes through that mask and lines the face and dulls the eyes and makes the body heavy? How much **real heart interest** have you been able to generate within the great sea of the feeling world in the souls of those who are within your homes that form the body of your immediate family?

#### **Charity begins at home**

Trite has become the expression "Charity begins at home", yet I say to you, your home life and your religious group life is the place where every good virtue, every good feeling and thought should begin. Your home life and your group life form the retreat in which in former ages you would have engaged upon the task of controlling of energy until your energies could blanket, transmute and sublimate the vibratory action of energy consciously directed at you to test your strength.

Many times students on the path, living within homes where there are yet lifestreams engaged in the pursuit of happiness according to the prompting of the senses, so many times the emo-

tional bodies of such sincere students radiate out a certain intolerance, a certain "holier than thou" radiation which cannot be used to melt away the vibratory actions of distress in souls less strong than the individual on the Path and who are gathered around such an one for the specific purpose not only of developing love within the student, but lighting through the students heart the souls of the weaker ones who have only the contact with the Holy Christ Self and the Masters through that student within the home. Would it be mercy and the wisdom of the law to place all the strong together and leave all the weak together! No! The love and mercy of God is such that one with great light becomes the radiation of the Master's Love to generate a feeling within the heart of all connected with that one in home and business, of hope and of faith.

### Love comes before Faith and Hope

It has been said of the qualities of Faith and Hope that the radiation of Charity is greatest. This has perhaps not been understood. It is rather an activity of consecutive radiation which flows through this triple action. An individual who wishes to bring Faith and Hope to a soul must first give that soul real interested divine love, and there is no soul, no matter how dark its clothing, no matter how rebellious its nature, no matter how cynical its mind, no matter how disillusioned—who will not respond to the radiation of honest-to-goodness Charity and Love, which stirs that soul to a point where it can accept hope of redemption, and generate again a feeling of Faith in the power of God and all His Kingdom.

### Step down Love once a day

Into the great sea of emotional energy where there seethes so many of the causes of distress through the ages, I can pass the substance of Pink Flame and melt away the many millions and millions of imperfect contact with man, woman and child.

When your emotional body, your mental body and etheric body are actually **filled** with the essence of Love, the pressure of that combined energy will act through the flesh in a practical manner to make of love something that gives comfort to the life that is around you.

Beloved ones, **step down Divine Love consciously once a day**—step it down into the sphere in which you are active, whether it is in your department stores, your office buildings, whether it is in your home life or your group activity, connect with that Flame of Love which is Mine.

Promptings from God are always balanced; are always clothed with wisdom; they are always something that is a specific blessing to the race and will not cause hardship or deprivation to some other part of life by reason of you playing the bountiful one.

### **Feel no evil, Speak no evil, Hear no evil**

Many members of the human race who employ the name of Charity, only do so to salve the conscience—a written check, a gift at the Holy Season, something which leaves the conscience free to play again with activities of the senses through the year. But they are not the ones who radiate Charity.

At this Christmas Season are you willing to try and live in that consciousness—"To feel no evil, to think no evil, to remember no evil, to speak no evil, to hear no evil, to see no evil?" Count them off to yourselves at the close of a day! Check up and then bringing the vibratory action of your various bodies into alignment, let your Christmas gift to God and man be a conscious remaining within the powers of your own God Self, and remember Charity beings at home! Do not be so busy with your own thoughts and feelings that you have not time to feel the soul need of your fellowman. Learn to be still enough to hear a heart call and be in enough state of Grace that your life flowing forth may be an encouragement to some soul that is brought to you who needs a blessing.

### **OUR NEW ADDRESS NOTICE**

#### **To Sanctuary Directors and the Student Body**

Please be advised that, under the Direction of our Beloved Maha Chohan and the Ascended Master El Morya, **The Mother House, and The Headquarters of The Bridge to Freedom Activity** have been transferred from Flourtown, Pennsylvania, to Charlottesville, Virginia, in order to properly attend to the ever increasing expansion of the Activity. Please address all correspondence to: **The Bridge to Freedom, Inc., R.F.D. 1, Box 321, Charlottesville, Va.** We thank you for your loving co-operation.

I AM in the Service of the Light,

**GERALDINE INNOCENTE**  
President

**The Bridge to Freedom, Inc.**

### **TWO SERVICES YOU CAN RENDER**

We are inserting in this issue the List of Our Publications for the convenience of our readers to enable them at this Holy Season to select appropriate Christmas Gifts for their friends. They will, thus, render two services to the Ascended Masters, one, help in the dissemination of the already existing literature, and two, provide funds for the release of a vast amount of Ascended Master Instruction on hand, the publication of which is delayed, as the small donations received for this purpose are not so far sufficient.

We thank you for your cooperation.

## THE BRIDGE TO FREEDOM ACTIVITY

### List of Publications

#### BOOKS AND BOOKLETS

1. **The First Ray**, by El Morya, which contains the Law to free you from limitation . . . . . \$1.50
2. **The Seven Archangels Speak**, which teaches you how to use Their Virtues for your self-development . . . . . 2.00
3. **Archangel Michael and His Helpers**, the reading of which gives you self protection . . . . . 1.00
4. **The Memoirs of Mary, Mother of Jesus**, dealing with the "Immaculate Concept", Temples at Inner Levels, "Force fields", Prayer, Healing, Grace and other subjects . . . . . 4.50
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## ETHERIC TEMPLE OF PURIFICATION BY THE VIOLET FIRE OF MERCY

**The Ascended Master Retreat of the Month  
(Over the Island of Cuba)**

**January 15th through February 14th, 1960**

**Hierarch:** Lord Zadkiel; **Color of Purifying Flame:** Royal Purple; **Keynote:** "Blue Danube".

### BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF JANUARY 16, 1959

1	2	3	4	5	6	7	8
"I AM"	inbreathing	Zadkiel's	and Amethyst's	feeling	of the Violet	Fire	of Mercy
"I AM"	absorbing	Zadkiel's	and Amethyst's	feeling	of the Violet	Fire	of Mercy
"I AM"	expanding	Zadkiel's	and Amethyst's	feeling	of the Violet	Fire	of Mercy
"I AM"	projecting	Zadkiel's	and Amethyst's	feeling	of the Violet	Fire	of Mercy

### References for Sanctuary Directors and Students

**From "The Bridge to Freedom Journal":**

- a) October 1954. An Address by Beloved Saint Germain on Lord Zadkiel's Temple
- b) July 1957. An Address by Beloved Arcturus on the Violet Fire of Mercy
- c) October 1957. Description of Lord Zadkiel's Temple
- d) October 1958. Description of Lord Zadkiel's Temple
- e) In this issue, an Address by Lord Zadkiel.

**Additional:**

- f) "The Seven Archangels Speak". Address by Lord Zadkiel
- g) "The Seven Elohim Speak". Address by Beloved Arcturus.



THE HOLY GRAIL FROM WHICH  
ALL WHO ARE ATHIRST MAY DRINK