

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact
with The Great White Brotherhood and Cooperative World Service

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No. 10

To the Beloved Spirit of 1957:

GREETINGS AND BLESSINGS TO YOU! As yet, not one ounce of energy has been written into your etheric garments. You stand in hopeful anticipation, awaiting the contributions of all the evolutions on the Earth, in the Earth and in Its atmosphere! We decree that *all* who use the sacred energy of life in 1957 shall allow that energy to co-operate with the Spirits of Truth and Purity and make of 1957 a year of glorious God accomplishment for mankind, imprisoned Angels and Elemental life! At the close of 1957, you shall return to the Father of All Life, the Universal "I Am" Presence, with garments "white as snow."

To our gentle readers who are actively interested in bringing the Earth back to Its pristine purity and perfection, We decree a year when vision shall become manifest fact—when the hopes in the hearts of earnest chelas shall become expressed manifestation of the proper use of the Cosmic Law through purified vehicles of creation!

We decree for our gentle readers a year of God-victorious accomplishment, combining Faith, Hope and Love, actually manifesting the Law, so that their own worlds are filled with all that is required for personal and Cosmic service. We also decree that they shall stand forth, right here in the physical appearance world, Christ-victorious men and women—an example of a life well lived—an inspiration to the masses to make like endeavor to accomplish.

To all, We say—a Happy New Year, filled with an increasing understanding of the Cosmic Law and the necessary practical cooperation with that Law in Its use, for their own betterment and for the redemption of Our sweet Earth.

THOMAS PRINTZ, *Editor*

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The Homes and Retreats of The Masters of Wisdom

(January 15th through February 14th, 1957)

(Since "The Bridge" goes to press so much in advance of the above Transmission dates and the Retreats to be active during the coming year are not listed until after the Thought-form for the New Year of 1957 is lowered into the consciousness of the Lord of the World, the description of the Retreat for this period will be mimeographed as soon as we receive it and mailed to you separately. Thank you, gentle reader, for your patient and understanding hearts!)

Excerpts from an Address by OUR BELOVED SAINT GERMAIN

March 31, 1956

Beloved Friends of Freedom—you who, among all the human race, have chosen to have faith and confidence in Me, do you know how deep is My heart's gratitude for an opportunity to convey personally to you My thanks for that magnificent faith and capacity to "keep on keeping on" against almost insurmountable odds—handling your own personal returning karma, the national and race karma, as well as certain planetary karma—all of which you freely and voluntarily agreed to help to transmute when you became a focus for the activities of the Seventh Ray in an embodied form.

No matter to what Ray you primarily belong, through the kindness of your interest in My New Golden Age, you have become, and have had anchored within your auras, a tremendous concentrate of that Violet Fire and Freedom Ray. For that

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reason, there is much of God's life which has been bound, imperfect and impure which, through the wisdom of your own Holy Christ Self (according to your personal application) is directed toward you and your world for transmutation and returned to the heart of the Sun for re-polarization.

Where else shall such energy go except to focuses of the Violet Fire, embodied in lifestreams who are walking the planet Earth? These are not always outwardly aware that, in their very recognition, acceptance and voluntary consecration of their lifestreams to the freeing of mankind, that such impacts of discordantly qualified energy upon their worlds are just a part of the obligation of representing the Freedom Flame upon the planet Earth. Then there manifests in the world of the chela, feelings of self-pity, self-depreciation and the various depressing thoughts and feelings which "bog down" the outer consciousness. At such times the chela often feels that he is not manifesting the full Christ perfection as he should or as does even the ordinary "good Christian" man or woman!

Beloved friends, in the days of Atlantis, on the Continent of Lemuria, in Egypt and in other places where the Sacred Fire had been magnetized and drawn through the veil of human consciousness—visibly and tangibly present upon the various Temple Altars, it was not unusual for people to come from far, far countries to those focuses of the Sacred Fire and there, bringing with them certain distressing karmas, find complete freedom in the power of Transmutation (Violet Flame)—not only individually, but for their loved ones, environments and Nations. So now, each one of you, as you move in your personal orbits, is a "Temple of the Sacred Fire" *for the present*, until there come into being in a future day (which may be beyond that of your present physical embodiment) those Sacred Fire Temples again; until the incoming generations which We are endeavoring to prepare for such service, are ready to live in the seclusion, constancy and dedication to the magnetization and sustenance of the powers of the Sacred Fire in this physical appearance world. However, until that time arrives, your own physical heart is that focus of the Sacred Fire and you, individually (as well as in your group activities) are the Temples of the Violet Fire of Mercy, Compassion, Forgiveness, Transmutation and Divine Alchemy.

Successful Use of Violet Fire—A Science

For many, many ages prior to My Own Victory, I pondered upon and contemplated God's gift of Mercy to all and endeavored in each embodiment (as well as between embodiments) to learn the science and efficacy of the Divine Alchemy which would change and raise the vibratory action of energy. As you have been told (and which does bear repetition) in time, this qualified Me to be able to take upon Myself the responsibilities and activities of the Seventh Ray as Its Chohan. This Divine Alchemy is a *real science*—just as much so as any science of electronics in the outer world today. *It is not something which works in a haphazard manner!* You are in an age of experimentation. You now stand much as I did in those embodiments previous to My Ascension, when I, too, was experimenting with various combinations of thought, feeling and spoken word in decrees. You are in a period of transition at this time—transition in your personal lives, world transition and then, in a very few short years, you will be in a period of planetary transition as well. These periods of "world change" always cause feelings of unrest in the emotional and mental bodies of the masses of the people; as well as stirring up a great sense of fear in their flesh bodies and etheric consciousnesses.

Without being told, you know the people's tremendous fear of the various bombs—the "atom" bomb, the "hydrogen" bomb, cataclysmic disturbances—floods, hurricanes and other destructive actions of Nature. Throughout many embodiments, you, yourselves, have experienced some of these cataclysmic activities in the past; you have been on Continents which have sunk beneath the surface of the sea and, sometimes you have been among the few who carried the Sacred Fire safely (from the sinking continent) to another part of the globe; but even then you felt the rocking of the Earth as the sea claimed its own (temporarily) for purification. Because you are now in this period of transition; because you have different momentums of energy gathered within your Causal Bodies; because you are different personalities and types and belong to different Rays, We could not expect to have a complete unity and harmony of expression at this time. However, let us allow ourselves to be pliable enough to at least experiment until we have arrived at some efficacious method of application *which*

cannot be confuted for, the moment such efficacious method of application has been found, you will have your manifestation of instantly transmuted energy as a result thereof. In other words, *when properly applied, the Violet Fire will produce instantaneous perfection for you!*

Be Stabilized—But Pliable

Remember always, dear hearts, to keep yourselves both centered and poised within your own Heart-flame—stabilized therein—yet pliable enough to act quickly in emergencies and unexpected changes. *If you are not pliable, you will be broken as the tree which does not bend before the wind.* There are certain Cosmic and planetary changes of which even We do not know in advance; but, if you were to look upon the Universe, you would see that the entire Galaxy is in constant motion. As It progresses along Its path around the Central Sun, the Earth sometimes comes under certain beneficent radiations which can be consciously drawn here on a moment's notice for the blessing of the planet and Her people. These radiations are drawn by the calls of those gathered together in the "Upper Chamber" (as it were)—by students who are dedicated to Our service; whose physical bodies are rested; their mental bodies alert; their emotional bodies stable and their etheric bodies purified. However, in such Cosmic moments, sometimes We, Ourselves, do not have more than five minutes' notice of such an opportunity. Then, if the student body is not pliable and ready to be called together at once (changing their set routines and patterns of living) such constructive blessing is lost so far as the Earth and Her people are concerned; because the student body was not pliable enough at that time to be used as a good "conductor" for the radiation.

For instance, take the ordinary example of your recent floods in the Eastern States and the storm conditions which arose unexpectedly. It is just good common sense (and certainly the part of wisdom) for any one who has taken on the obligation and responsibility of a Sanctuary or group of this Activity, to gather together and prepare a dedicated and consecrated number of willing lifestreams who can and will—at the moment when the crisis arises—go into action collectively as soon as possible. If for any reason such collective action seems

not to be possible, then *personally* be sure to have a set of appropriate decrees right at hand (better still to have it in your memory—although some people do not easily memorize). Then *personally* go into action with those decrees for the averting of disaster.

Be Ready! Your Help Will Be Needed!

Through the coming of great world changes, We come into strange days now, when great numbers of people may be in distress. They will need your calls to set into action the transmuting powers of the Violet Fire which you have been prepared to call forth. Bless your dear hearts! You are now—and have been for many years—(through your devotion to My Violet Flame) transmuting much more discordantly qualified energy than you know—*much that does not even belong to yourselves*. So—straighten your shoulders and raise your head in the dignity of Gods and Goddesses of Freedom, realizing that if the so-called “sinister force” does make an inroad into your world, emotionally, mentally, etherically or physically, it may not necessarily be your own. *It is just destructively qualified energy coming into the Violet Fire for redemption!*

Let us learn to live *above* the tensions which plague the consciousness of the people of the world. There is no way for you to survive as a Spiritual Movement or even as a Spiritual Group, if you live below what I have chosen to call “the water-line”, where there is fear, all sorts of distress, intolerance, hate, anger, rebellion and jealousy. If you do, you are then a part of the “mass creation” and the “mass mind”; you are in the bottom of the “pit” of human creation, instead of on top—dropping a rope (Our instruction) to those below you, by which you can raise them (by their acceptance) out of the darkness of human iniquity into “The Light of God that Never Fails”!

In this great and magnificent City of New York, you have a tremendous opportunity to raise and free life because of the very pressures of so many millions of lifestreams living here. Nearly all come this way with one desire within their hearts and that is to find expression for their particular talents and their particular developed momentums; or, through proximity to great numbers of people, to earn their living. These millions

of souls all gathered here know very little, if anything, of the Law of Mercy and Compassion and know practically nothing of the activities of the Seventh Ray. So, in this City, in Philadelphia and all other Cities, Countries and Nations all over the world where there are those fortunate lifestreams who know of the Sacred Fire and how to call Its Violet Flame into action—these have the joy, responsibility and opportunity of setting their fellowman free through Its use.

Never Limit Your Presence!

Now, as the Beloved Mary said to you recently (and it cannot be repeated to you too often) **DO NOT LIMIT THE POWERS OF YOUR "I AM" PRESENCE!** Please, beloved ones, become re-acquainted with that glorious Presence of you which I choose to call "The Magic Presence", because of Its wonderful omnipotent power and Its willingness to act to and through you at all times. *Personally*, you could not possibly even attempt to rehabilitate the entire human race—the three and one half billions who are already in embodiment, besides those billions who are awaiting physical embodiment here; all those who have been released from the "Compound" who are now working out their salvation in the various Temples and Spheres at Inner Levels. No! Of course not! *But your Presence can!!!* Your infinite, individualized "I AM" Presence has sustained you for aeons of time. Then, as was described to you some time ago by the Beloved Lord Maitreya (See February 1956 "Bridge"), when the soul voluntarily disconnected itself from the conscious contact with that Presence, the "I AM" Presence continued in graciousness and kindness to keep pouring Its stream of light and life energy (the "Silver Cord") into your physical heart to sustain your outer consciousness and give you the use of intelligence, emotional feeling, power of thought, memory and power of physical action.

Your Presence and Mine are not limited in any way! Your Presence and Mine are ONE—in glorious PERFECTION—and that Presence, which is ALL-KNOWING—is capable of instantly directing from Itself a million or a billion rays of transcendent blazing light into whatever condition, place or person requires assistance. Therefore, can you not, with all humility, realize that the outer self, as Jesus said, *is nothing?*

Will you not raise your deep and sincere attention to that Presence *and make It feel* that—for once—you desire to work consciously with It again? Then, that Presence will turn Its attention to you; the stream of light (your "Silver Cord") will permanently widen and your capacity to serve will increase by that renewed partnership. From the heart of that Presence then, you can direct those mighty rays of intelligent light (within which is the Violet Fire of Transmutation) to all of the life everywhere which you ever may have injured or which may have injured you—from the time that the shadows of human creation first began to fall upon this dear Earth. Do you know that your Presence can locate in the Ascension Temples or in any Realm (wherever they are now abiding) any lifestream which you may have harmed at some time—whether they are in embodiment here now or not? That Presence can and will (at your call) gladly balance that debt for you in one hour—perhaps in just one moment!

Beloved ones, in the Sacred Heart Temple, among those who are going to take embodiment here during the coming year; who are going to stand before the Beloved Mother Mary for the formation of their hearts—do you know how many of these have karma of an extra weight because, in some embodiment, you caused them to have the feelings of despair, discouragement, rebellion or resentment, and that soul who is waiting to embody, carries certain etheric scars of distress, put there by past association with your lifestream? *Think about it!* Then think what your Presence—in Its unlimited capacities (by releasing Its infinite powers of light and love) can do to make a balance to life for you at your call!

Incidentally, those of you who have four-footed creatures as pets or are associated with them in other ways—have you ever thought that perhaps you are paying back through them a service to life to balance previous actions; when, in the past, in self-righteous and zealous enthusiasm, you offered animals upon sacrificial altars, as well as bird and human life?

O, there is much that you do not know! Fortunately, there is a veil of mercy between the conscious mind and certain etheric memories and that veil is drawn apart very slowly from time to time because a quite sane man has been known to go completely mad just by looking upon the "Dweller on the

Threshold" as the human creation of his own lifestream is sometimes called. There is again the *balance*—it is really a razor's edge! On the one hand, We have the complacent type of individual who feels that everything will come out all right and there is no need to do anything about it. Then, We have the over-tense one—so eager and desirous of rendering the service (whether it be individual, planetary or Cosmic) that he becomes so tense that the vibratory action of the Presence cannot flow through him. There is great balance and relaxation in a complete alertness to the reality of that Presence; to the reality of Ourselves and to the capacity of the Presence or Ourselves to act through the Causal Body, directing Our radiation and blessing at your call.

In My life as Francis Bacon, I had come upon certain understanding of the Law of Re-embodiment which interested me deeply. I was a great reader and, during the various temporary incarcerations in that embodiment, I had much time at my disposal. I became interested in the idea of My Own past embodiments and as I read about certain historical characters, they deeply touched me, etherically. Feeling that perhaps I had had some connection with these lifestreams in the past, I began to practice releasing the power of the Presence to pay whatever personal debts I might owe to those lifestreams, even though I could not tell where they were abiding at that moment—whether they were disembodied, in embodiment, or in the "Compound"; whether they were awaiting embodiment in the Sacred Heart Temple or whether they were My next-door neighbors. That was not important!

One day, however, before My Ascension, while in deep contemplation of the Presence and Its Violet Fire of Mercy, Forgiveness and Transmutation, My inner sight was opened and I had a glimpse of a farmer walking through a field, sowing seed. This man was heavy-hearted and his head was bowed. Suddenly, I saw a Light Ray from My Presence go forth, within which was the Violet Fire. It blazed around that individual, instantly transmuting the *cause* of his distress; for which *cause* I had been responsible, at one time or another. Thus was paid the particular debt which I owed that lifestream. Then, that individual raised his head, free of that burden and actually ran laughing toward the farmhouse! Now, that person

never knew from whence his release came. I did not even know the name of that man, but I knew that his burden was lightened and that at least some part of My karmic debt had been paid. Interesting—if you care to develop it!

Balance Required Between All Extremes

There are many aspects and uses of the Great Law which are interesting if one cares to think about and develop them. One must always remember to stay within the balance between indifference and over-conscientiousness; between pliability and stability; between every extreme which I could continue to elaborate upon this morning . . . between over-confidence and self-depreciation; between personal dignity and pride; between humility and self-abasement. You can think them up . . . that balance is really a razor's edge! The natural dignity of the embodied men and women who *truly* represent Freedom is expressed by their words, their works and their lives and by their walking humbly with their God.

It is always joyous for Me when I am given opportunity to speak to you, even briefly and it is a happy and rewarding time for you, too, because, when I come closer than ordinary to you like this, I bring within the radiance of My Being and into your atmosphere and world, a much greater concentrate of that Sacred Fire of Mercy which I have loved and served so long. I have always said, you know, and I wrote it into the plays which seem to please the people (as "Shakespeare") that "The quality of Mercy is not strained . . ." Mercy is so magnificent! O, My God! If every man, woman and child, animal and elemental had to balance every "jot and tittle" of human mistakes, this world-task of purification and freedom would take an eternity! Beloved Sanat Kumara then could not possibly have gained His freedom at this time and there would have been really only one solution to the problem—the dissolving of the entire planet. But, the Mercy of the Eternal is always waiting for you to call It into action, thus utilizing Its powers. It is also waiting for you to make your calls through the use of the decrees which have been given to you. *If you will stay with them*, they will give you, within yourself, all the proof you will ever need of the efficacy of the Violet Fire's power called forth. *This will mean more to you than all the riches*

of all the world! You see, when you have gained the power to consciously and instantly sublimate and transmute imperfect energy into perfection, life will not be long enough for you; you will scarcely want to go "Home" when your call comes.

It takes alertness of the mental body as well as common sense and reason and it takes *your personal interest* in the application of the Law to bring It into outer manifestation for you. Look at the interest that Edison took in the study of electricity and the hours, months and years which he spent in just learning to harness its power. Is that of as much permanent importance to this planet as the use of the Violet Fire of Mercy and Compassion—which, at will, can be called forth to transmute human shadows into light (i.e., sickness into health; financial lack into abundance, etc.)?

O! that you would let Me stir into action that "well-spring" of enthusiasm—*which is buried deep within you*—for the reality and efficacy of the use of the Violet Fire! When Our Beloved Jesus said to those who came to Him for help: "Thy sins are forgiven Thee . . .", He used this "miracle-producing" Violet Flame of which We speak and, as the people saw Its instantaneous action through His works, there was stirred up some enthusiasm within them for Its use; but even that was only a temporary accomplishment. There were only about twenty or thirty people from the whole known world at that time who even had a half-interest in His mission. Later, Beloved Mother Mary had only about forty—so you see we are not doing too badly with the numbers we now have, even though it seems at times as though we do not expand as rapidly as *I* certainly want us to and as you, in your hearts, do too!

Prepare Now For Service To Come!

Now, there is this question of "readiness" again and the Beloved Maha Chohan has asked Me to speak to you briefly concerning it this morning. It is a most important subject and one which I think, perhaps, you should seriously consider in some of your free moments. You never know ahead of time just when you will be called or to what post. I will tell you this much that, as a matter of Law, *you will always be put into the position of the individual whose endeavors you have crit-*

(Continued on page 15)



THE MASTERS OF

ON: FORGIVENESS—7

MAHA CHOHAN:

It is a most comforting and helpful truth to know that the "forgiveness of God" for misuse of His energies is ALWAYS available to those *who want it!* The "eternal damnation" propounded to emphasize fear, superstition and blind obedience to human will *is not Truth.* No more than real, understanding parents can or would deny their children forgiveness for error, could a God of Mercy deny His children forgiveness and absolution of their mistakes! Take heart, beloved ones! Whatever the sin; whatever the past mistakes; whatever the causes and cores of impurity and imperfection which have been set up in your inner bodies, *there is a conscious way to transmute and sublimate these errors* through the Mercy of God; particularly through the daily use of the violet fire of mercy which is the ordained service of the Seventh Ray under the direction of My beloved Son, Saint Germain.

EL MORYA:

When God, the Universal "I AM" Presence, created man in His Own Image and Likeness, He also gave to man the use of free-will and the ability to call forth as much or as little of God—energy as he desired. The resultant experimentation with the use of this energy and its moulding into forms of limitation have caused the present planetary crises, as well as the individual distresses which plague the people of Earth and the Nature Kingdom. However, when the Divine Source and His Messengers saw that mankind was going to adopt the God-given prerogative of free-will to create imperfection, the activity of transmutation was begun at Inner Levels and prepared for the use of those who would, most definitely, require its assistance when they "had done" with their experimentations and were uncomfortable enough to send up the cry "Oh God have mercy on us!"

KUTHUMI:

When man comes to a realization that his own mis-use of energy has caused all the distress and limitation which he ex-

WISDOM SPEAK



THE GRACE OF GOD

periences, he is then ready for instruction upon the use of the Sacred Fire of Transmutation (the violet fire). Until this point is reached, he is either rebellious against God and circumstance or submissive to conditions, feeling that these unhappy experiences are the Will of God. We await the realization of God's Illumination in the outer consciousness of man to the fact that he, himself, is the creator of all his distress. Then We are enabled to assist him to help himself to dissolve the cause and core of all limitations and *know personal mastery* over energy and vibration.

PAUL (THE VENETIAN MASTER):

Because mankind, for the most part, are mercifully protected from knowing what they have done with God's beautiful energy and their own originally beautiful emotional, mental, etheric and physical bodies, they do not cognize the fact that the cause of their distress (whether limitation, inharmony, disease or even so-called "death") *lies within their own past and present use of this God energy*. When mankind are awakened to the fact that the Law of the Circle (cause and its ultimate effect) is inexorable, they begin to want to "make things right". Then All of Us are willing to help them. This help comes through the release from Us of the already qualified energies of purification, gathered all through the ages (before and after Our Ascension) into the worlds of those asking for forgiveness for sins—known and unknown. This is always a blessed and happy time for Us,—When the Cosmic Law allows Us (at the individual's call through the use of his free-will) to direct the Violet Fire through his world to perform the miracle of sublimating (refining) the discordantly qualified energies, removing the *cause of distress*, and—generally—raising man to his Divine Estate.

SERAPIS BEY:

You would be surprised, yes, amazed at how little sense of responsibility even the earnest chela has with regard to his mis-qualification of energy through the ages since he first began

to mis-use his God given right of free-will in the use of energy and creation. At Luxor, We are constantly temporary Hosts to those who wish to achieve personal mastery. Yet, when even a few of the creations of the past are revealed to the aspirant, often he will deny the authenticity of such experience. You have no idea how much man *loves* his outer self, nor to what lengths he will go to *justify* himself. These, of course, must go their way until they have learned the lessons of humility, honesty, discrimination and wisdom. Then they come again and are willing to accept the "karma" they have created and to learn the applications necessary to invoke and sustain the purifying radiations required to wipe out the past errors—their cause, effect, record and memory—and begin to build anew!

HILARION:

The forgiveness of God is more than a phrase. It is a science of Divine Alchemy. Energy is obedient to the thought, feeling, spoken word and action of man. Every man's aura is filled with the particularly qualified energy which he, through free-will, has chosen to magnetize, qualify and send forth into the world around him. Calling upon the Law of Forgiveness (violet flame) taps the already qualified energy of the Universal "I AM" Presence and the Divine Beings Who have prepared that sublimating power for just such a day. Accepting the power of this Violet Fire to actually sublimate the energies of the lower bodies is an essential qualification for Its entrance into the chela's world. Keeping constantly at the application will bring results which will not only prove to the outer consciousness the efficacy of this Violet Fire of Mercy, but will also give hope, faith and illumination to others caught in limitations of one kind or another. *I implore you USE THIS LAW.*

JESUS:

I was well acquainted with the "grace" of forgiveness and it formed one of the main themes of My teaching. How often have I said "thy sins are forgiven thee!" According to the *acceptance* of that forgiveness did those in distress who came to Me have relief and release from all manner of human distressing appearances. Today, mankind has entered into a particularly powerful aspect of the Violet Fire as the Seventh Ray, under the direction of My Beloved Brother, Saint Ger-

main, plays upon the planet Earth. When the principle of Its use *is fully cognized* by the soul and outer consciousness, every man, applying the Law, can and will have the joy of seeing the "grace" of God (forgiveness and absolution) in his own world! Until that day, We are grateful that the Cosmic Law has allowed as much knowledge of the violet fire to come forth to the outer world as has been presented. Now, upon those given this knowledge, rests the obligation *to use that knowledge—as I did*—in manifest works!

SAINT GERMAIN:

At the end of each year, the Cosmic Law of Mercy and Compassion allows all the *unconscious* mis-qualification of energy belonging to the evolutions in the Earth, upon Its surface and in Its atmosphere, to be wiped away. Thus truly each man is "made new".

Many of Us, for ages of time, have drawn primal life, qualified it with the capacity to raise the rate of vibration of discordantly qualified energy in purification, thus drawing the earnest one seeking forgiveness back into his God Estate. In the freedom you receive when 1956 folds Her garments about Her and the violet flame sweeps in, through and around the Earth, will you be so kind as to think of the glorious "I AM" Presence, the Cosmic Beings, Ascended Masters and countless members of the Angelic Host Who make this yearly purification possible? Send to Them your *sincere feelings* of gratitude and blessing. Then, please *accept* the purification for yourselves and all mankind and walk into 1957 *determined to become Master of energy through Divine Love!*

OUR BELOVED SAINT GERMAIN—(Continued from page 11)

icized! Therefore, it is wise to desist from criticizing another lifestream for, should you find yourself in his place, you might not be quite as comfortable as you are in your own; nor be as productive there as you were when, from your own place, you watched with folded arms the errors of your predecessor—which errors then seemed so obvious to you.

But, in a lighter vein, to be ready at a moment's notice for any summons to service which might come, is most important.

It is something which has been brought to Our attention recently. None of Us knew that *at the very moment* when Beloved Morya's petition was granted by Helios and Vesta for the opportunity to start Our New Activity, Lord Buddha then began to prepare Himself by expanding His Causal Body until it was the same size and perfection as that Sanat Kumara, with the same outpouring of Love and Power. As We told you, at the time of the transferring of the title and powers of the Lord of the World from Sanat Kumara to Buddha, Their two Causal Bodies coming together were like two exact halves of an orange. The radiation was the same. *Now, Lord Buddha did that without being told.* He did it without being asked—"all on his own" (as we say). So did the Beloved Lord Maitreya prepare Himself to take up the Office of the New Buddha.

Beloved ones, when We speak so to you, it is not to engender any fear; it is not to make you feel tense in any way so that the Presence cannot even get five per cent of Its energy through to you! No . . . We speak thus to you in order that you may be better prepared for your service which lies ahead—*for you do not know when or where you will be called!* Beloved Morya has mentioned this to you several times. He spoke of your being ready to go to far-off places like Thibet, for instance, to render some service which you could give there. Are you ready financially, physically, etherically, mentally and emotionally? Are your affairs in order? Are you so pliable that you could go in perfect happiness—just in the garments which you are wearing now and live in all sorts of inconvenience? *Think about this!* Of course, I do not know that you will be called upon to become a Chohan immediately!!! but, *one never can tell!* You may be called upon to lead a group—ah, yes!—and perhaps without a book or song lyrics. Perhaps you will be suddenly called upon to lead a group of people who have never heard a decree before. What do you have in your head that you can draw forth on a moment's notice like this for the help of the people? If, in the middle of the night or in the course of a busy day, suddenly some emergency arose and a frightened mass of people gathered around you, you would most surely need stability and absolute fearlessness and you would need something to work with which you could draw forth from your own memory.

Now, today, I bring you not only the benediction of Myself but also that of the Beloved Goddess of Liberty Whose focus is established in the harbor of New York and Who has chosen to welcome here from every land all those who have need of Her assistance. You will remember that, at the time of My Own Ascension, the very first Being I met in that Octave was this same Goddess of Liberty. Speaking to Her then, I asked Her if She knew from Whom I might get more help for those of you whom I had left behind. She assured Me that *there was such an One*, and, later, I found that She was speaking of Her dear Self. Since that time, She has most lovingly and graciously given all of Us that help!

Thank you and Good morning!

“Give Me your tired, your poor,
Your huddled masses—yearning to breathe free;
The wretched refuse of your teeming shores;
Send these, the homeless, tempest-tossed to Me—
I lift My lamp beside the Golden Door!”

(The above is the essence of that which appear on the base of the pedestal of Her focus in New York harbor. Do you love life that much?)

An Address by

BELOVED ARIES—Director of the Air Element

September 29, 1956

(*Third in the series of Autumn Class of 1956*)

I am Aries—the Director (with Thor, My Beloved Twin-flame) of the Air Element and of the Sylphs—those loving, intelligent beings who serve so ceaselessly in the atmosphere of Earth to keep that air purified enough to allow mankind to live upon Earth’s surface.

If you could see the amount of poison exuded just from the breathing out of polluted air from the physical bodies of mankind in one twenty-four hour period, you would realize much more fully the tremendous service which the Sylphs perform and certainly be much more grateful for it. These blessed beings—*twenty-four hours a day*—utilize the purifying powers of the Sacred Fire to keep mankind and imprisoned Elemental (four-footed creatures) here from poisoning themselves to

the point of causing them to experience so-called "death"—just through inbreathing again their own exhalations.

As you have been told, the atmosphere of Earth has a "ceiling" provided, in order to keep the dissonance and impurities released from the Earth from jarring the natural rhythm and harmony of the rest of the Planetary System, as well as the entire Galaxy to which the Earth belongs. This "ceiling" beyond which no discord or impurity can rise, is a blessing to the Universe, but it is an added responsibility to Us because it gives Us much less space in which to perform the activities of purification. It also necessitates Our calling forth a much more powerful and therefore quicker purifying action of the Sacred Fire,—whereas, if there were no such "ceiling", the tendency of the radiation from the Earth would be to rise and eventually transmute its shadows in the Fire of Purity which is the natural atmosphere of God and in which atmosphere abide the other planets of this Galaxy. Therefore, We are called upon to act much more quickly in a smaller area (relatively speaking) to make and keep the atmosphere around the Earth pure enough to sustain physical existence here.

Life Here Impossible Without Air

Whenever the Directors of the Air Element and the Sylphs under Their command withdraw from a planet or Star (according to the direction of Cosmic Law), you soon have a "dead" planet and even plant life cannot live upon it. It was just such a Cosmic crisis which the Earth faced when Beloved Sanat Kumara interceded on behalf of the Earth and Its evolutions. All through the Universe you can see drifting those "shells" which were once planets and Stars, from which have been consciously withdrawn the Directors of the Forces of the Elements and the Elementals who serve under Them. These "shells" of former planets and Stars finally disintegrate into Cosmic "dust" and return to the Universal. There, the electrons which made up the former planet or Star may be re-polarized and returned to the particular Sun from whence they originally came. From there they are sent forth again at a later time to help create and sustain some new constructive creation which will benefit the evolutions of the Galaxy or System which has been chosen for such blessing.

It is a commonly known fact that mankind can live for as long as forty days without food; approximately twelve days without water; but only about *three minutes without breath* (excluding, of course, initiates who have mastered the art of the suspension of the breath and these are rare in the extreme!). The new-born infant, breathing in the first breath, begins his existence in the physical appearance world. As long as he lives, provision of the life-giving essence of breath and the purifying of his polluted breath (exhaled from the body) is Our responsibility and obligation. When the individual "I AM" Presence chooses to withdraw the Silver Cord from a physical form (which "Silver Cord" is the "life-line" of light substance which comes from the heart of the Presence and anchors within the heart of the physical body—there sustaining the actual heart-beat), mankind gives up his last breath and no longer continues to be—at least in the world of form.

All of your men of science, research and aeronautical transportation recognize the absolute necessity of providing what they loosely term "oxygen" for those who are to penetrate the stratosphere. This provides a pure and more natural atmosphere for the pilots to breathe in—air more comfortable to their lungs while they are out of their accustomed vibratory action of Earth. To purify the entire atmosphere of Earth so that all the life evolving here may be provided *with* and sustained *by* the purity of air which God intended for all in the beginning, is the end toward which we are working. We are grateful, too, that to this end we have the marvelous loving co-operation of the Directors of all the other Elements which serve life and the Beings who serve under Them.

Loving Co-operation Among All Who Serve the Earth

The Beloved Neptune and the Undines (of the Water Element) provide the salt which anchors the substance of air into the lower atmosphere of Earth and gives assistance to the Sylphs to rise up and out of the polluted air in which they are compelled to serve. The Beloved Helios and Vesta draw the substance of the Water Element into the Air, giving the "ballast", so to speak, to the lighter atmosphere which We provide. By the use of the radiation sent forth from trees and various plant-life, the Beloved Maha Chohan and the Nature-Kingdom

help Us to transmute the exhaled impurities of mankind and the animal kingdom and They also assist Us to purify the ever-increasing fumes, smoke and stenches from so-called "modern" factories.

The Beloved Thor (My Twin-Flame) moves the great air-masses to the points where they are needed most, providing cooling breezes for those who may be sweltering in humid heat; filling the sails of ships becalmed on tideless seas; directing the purifying energies of the North Wind which carries snow (the beautiful gift of the Elohim of Purity) to blanket and nourish certain portions of the Earth's surface preparatory to a new harvest. On the East Wind, Beloved Thor directs the precipitating clouds which carry the necessary moisture to arid areas. He directs the soft, warm breezes on the South Wind and the moisture-absorbing currents which etherealize excessive precipitation and dry up waters which are in their wrong place. It is certainly one of the tragedies of mankind's expressed consciousness that Beloved Thor has been pictured as a great bloated figure, directing destructive energies through the wind to beset already distraught mankind!

My service is to provide the *essence* of air! Like Neptune and Virgo, the events of the ages have required that I lower the vibratory action of the electrons which make up the Air Element so that the lungs of man could absorb, utilize and benefit by Its use. Beloved Thor's activity is to *move* that Air in kindness and wisdom wherever it is necessary to give the greatest blessings to the Earth and Its evolutions.

Like the other Directors of the Elements, after the shadows of mankind's discordant creations came upon the Earth, We had to draw forth much more power and God-control to handle the Beings of our Element—the Sylphs. These have builded all through the centuries an ever-increasing momentum of resentments and rebellions against mankind because of his ingratitude for their service to him, as well as the continued careless and thoughtless pollution of the Air Element by human effluvia and that of mankind's ingenious power plants and manufacturing units. Beloved Hilarion and the Brotherhood at Crete have helped Us considerably by directing into the outer consciousnesses of certain sensitive individuals of research and ability, the practical ways and means of dissolving much of the

pollution of the Air Element through mechanization. We bless Beloved Hilarion and His Brotherhood, as well as those unascended ones who have devoted their lives to this process of purification—i.e., placing smoke-consumers on the smokestacks of great factories—this being but one example of their expressed endeavors.

“Prana”—Essential for Spiritual Development

Within the Air are so many spiritual forces which the average individual uses not at all. By some, this spiritually simulating energy is called “prana” and that was the “food ye know not of” of which Beloved Jesus spoke. This sustained Him—not only during His temporal “fast” in the wilderness but also throughout the course of His strenuous ministry. Lord Gautama (former Buddha) also used the essence of “prana” to keep alive His physical body while He was away from it in the course of His long vigil, seeking Truth by the elevation of His consciousness.

The average member of the human race responds only to the almost involuntary inhalation and exhalation of the breath as regulated by the Holy Christ Self and the Body Elemental. The short, hurried, shallow breaths of man do sustain a certain amount of life within the physical body but do little to *spiritually vitalize* and nourish it. We do call now that mankind awaken again to the absolute necessity for developing the *rhythmic* breath, drawing deeply upon the spiritual energies in the atmosphere all about him; digesting the nourishment of the essence; expanding it and then giving, in turn, a blessing to the Air as he breathes out the purified breath from his body.

These simple exercises on the breath which have been presented to the student body (See July 1956 issue of “The Bridge”) WERE GIVEN WITH A PURPOSE! Upon the utilization of these exercises (with the absolute certainty of resultant purification and energizing of the four lower bodies of the individual who uses them), depends the release of a further and more intricate explanation of how man (with the co-operation of his outer consciousness) can use the breath to hasten his spiritual expansion. As in *all* spiritual practices, there are certain deeper aspects of the Law which cannot safely be used without the presence and instruction of a trained Guru.

Those who foolishly rush ahead on the premise that the human ego can and will be able to provide the necessary control over forces released by exercises which should be used only while in the presence of the Master, will find to their personal sorrow that *they had better master the few basic breaths* than unleash powers and forces which they cannot safely, intelligently nor positively control.

As in the other Kingdoms, in ages past, many individuals learned how to use the breath to sustain life in the body for long periods of time in order to be able to perform certain feats of so-called "magic", thereby gathering around themselves great masses of credulous people. Becoming more bold, such individuals invoked certain of the Sylphs to assist them in the producing of phenomena which awed the people. These Sylphs, (like the Salamanders and Undines) became attached to the lifestreams of the individuals who had so invoked them and followed such individuals through many embodiments... thus becoming often the *master* of the individual rather than his *servant*. Bold, blustery individuals usually have either the presence of such a Sylph or a momentum of such a Sylph's power in their auras.

Call On Law of Forgiveness

Let us pause here while you make the call for the freedom of every lifestream belonging to Earth's evolutions still unascended, from any inharmonious association with a Sylph who has chosen, temporarily, to use God's energy destructively. Let us call for the freedom of all Sylphs from the tendencies and desires to further follow the destructive patterns set up by mankind in the obedient consciousness of these Elementals. Let us call on the Law of Forgiveness for every member of this evolution who has either consciously or unconsciously used the Air Element or the Sylphs for a selfish or destructive purpose, so that the cause, effect, record and memory of such unholy partnerships may be removed from the Etheric Realm and the Air Element be returned to Its natural beneficent service to this planet and Its people.

Now, many lifestreams on this planet have also been a party to consciously or unconsciously shutting off the capacity to breathe in God's good Air and suffocation ensued, causing

the "death" of whatever living form was so involved. Such destructive records still live in the etheric bodies of those evolving on this planet. Call on the Law of Forgiveness for your own and others' participation in any and all of such unfortunate experiences; then call on the same Law of Mercy, Compassion and Forgiveness to wipe out all the destructive karma for all other lifestreams who must use Earth as their school-room, now and in the future.

Call on the Law of Forgiveness, too, for any and all Sylphs who have lended themselves to the perpetration of mischief (from those who, with the Undines, cause the great hurricanes, typhoons, etc.—all the way to the smaller and mischievous Sylphs who blow off awnings and who are likely "candidates" for greater destructive activities in the future!)

There are many charlatans in embodiment here now, as well as many who will be coming into embodiment here in the future and these will have a desire to use their knowledge of the control of the breath for destructive purposes. With your assistance, We are endeavoring now to remove their desire and capacity to so use this knowledge to further enslave the people. There are also, of course, many fine teachers who have the knowledge of the right use of the exercises of rhythmic breathing and these can, do now and will in the future open to mankind much of the spiritual perfection which can be his by the right use of breathing exercises. Again—it requires great discrimination and wisdom on the part of the chela. **DO NOT ATTEMPT TO EXPERIMENT WITH THAT OF WHICH YOU KNOW ALMOST NOTHING!**

During these four days of Class, We are primarily concerned with the purification of the entire atmosphere of Earth and the removal of the "veil of maya" (which is an accumulation of shadowed substance abiding right within the brain structure of the individual). When this has been done, mankind will again be able to see his own individualized "I AM" Presence face to face, as well as the Angels, Masters and Beings of light. You have no idea how much confidence, real faith and spiritual strength can be drawn into one's consciousness by such confirmation of belief when the personal self *actually sees the reality* of his own Presence and Ascended or Angelic Beings *with his physical sight!*

Today, We are also concerned with the purification of the etheric bodies of mankind so that there are no longer desires to compel the forces of the Elementals to obey the destructive free-will of human beings. We are concerned with the removal of the rebellions and resentments which exist at present between the Forces of Nature and mankind at large. When the Elementals know, through proven endeavor, that mankind really does seek to co-operate with them, we shall see the re-establishing of that glorious Kingdom of Angels, mankind and Elemental life which will be externalized in Beloved Saint Germain's Golden Age of permanent perfection for this planet and Its evolutions.

I AM REAL! I AM YOUR FRIEND! BELOVED THOR IS REAL! HE IS YOUR FRIEND! The Sylphs are real, too, and *they want to be your friends*. Despite so much ingratitude upon the part of mankind for the blessings received from the Sylphs, those Sylphs have proven their willingness to serve by making and keeping the atmosphere of Earth pure enough to sustain life here day after day . . . human life as well as that in the Nature Kingdom.

When you hear of or read about vortices of Air currents of a destructive nature attempting to manifest at any point on or around the Earth, call to Us! Ask Us for assistance and see how quickly We will come to the aid of you or those for whom you call.

In loving gratitude for your comprehension; your service; your desire to co-operate with Our Kingdom and Its inhabitants, I bless you in the Name of the One God and the Spirits of the Air whose direction I have voluntarily undertaken to assist in making Earth a happy, beautiful and habitable planet. Thank you and Good evening!

Calendar of Holy Days for 1957

- April 21st—Easter
- May 1st—Saint Germain's Coronation Day (and His Ascension Day)
- May 8th—Day of Buddha's Enlightenment
- May 13th—Wesak Festival—5:34 P.M. (E.S.T.)
- May 30th—Jesus' Ascension Day
- June 9th—Pentecost (Whitsuntide)
- July 11th—Asala Festival—5:49 P.M. (E.S.T.)
- August 15th—Mother Mary's Ascension Day
- September 30th—Harvest of the Angels at Shamballa
- October 31st—Harvest of the Elementals at Shamballa
- November 1st—All Saints' Day
- November 2nd—All Souls' Day
- November 30th—Harvest of Human Kingdom (Thanksgiving Festival)
- December 25th—Christmas