

M E Middleton

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact
with The Great White Brotherhood and Cooperative World Service

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To the Beloved SOURCE of All Life!

We humbly, gratefully, reverently and sincerely dedicate this issue of The Bridge to Freedom, Inc.

Everything that has been accomplished through all the ages that have been has been made possible through the gift of life endowed upon some self-conscious intelligence. Neither man nor Angel, neither Master nor serf even has Being without the beneficence of the Giver of Life. Through all the centuries that have passed across the screen of time, individual intelligences have been contributing to the progress of the race and to the development of the spiritual culture and maturity of the mankind of Earth. Even these contributions, no matter how great, were only made possible because of the investment of life in the channel through which the benefaction was received.

We, Who have used life so lavishly through the ages and Who now stand in the fullness of its Mastery, bless the Father-Mother God Who has given Us both the OPPORTUNITY for self expression and the JOY of becoming co-creators of God perfection through the use of free-will. On behalf of mankind and particularly our gentle readers, We also thank the SOURCE of all life for the OPPORTUNITY presently before them to widen the borders of the Kingdom of Perfection.

THOMAS PRINTZ, *Editor*

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The Homes and Retreats of The Masters of Wisdom

February 15 through March 14, 1955

MAHA CHOCHAN'S TEMPLE OF COMFORT AT CEYLON

Our Lord, Maha Chohan, is the Overlord and Spiritual Superior to the Seven Great Chohans who stand at the head of each of the seven rays. Up until very recently, His Cosmic Activity was connected primarily with only the rays three through seven. Because of the great cosmic requirements of the Spiritual Hour, His Activities now encompass the first and second rays and their Chohans as well.

At the southern tip of India lies a beautiful island wherein is located the Temple of Comfort of the Maha Chohan. In this serene focus where the chelas and the Masters Themselves learn the mastery of Cosmic energies in order to be an impersonal comfort to life, the Lord Maha Chohan concentrates the cosmic quality of Comfort and Peace to all life; not only the mankind evolving through Earth's evolution, but the life of nature, the forces of the elements, the Angelic kingdom, the bird life and even the four-footed creatures as well.

Within the compass of what seems to all intents and purposes an ordinary tea plantation, this great Cosmic Retreat functions. Here, often the Lord Maha Chohan and His Seven "Sons" (the Chohans) gather together to discuss ways and means of best benefiting the human race. Looking out upon the blue waters where the Indian Ocean and the Bay of Bengal meet, the Temple of Comfort is not only a spiritual sanctuary but a physical place of rest and respite from the cares that beset the day of the very few so privileged as to be invited to enter Its sacred portals.

The large Council Chamber holds within Itself the actual focus of the Comfort Flame. Exactly what does this mean? It means, in essence, that through many ages the Lord Maha Chohan and His Predecessors in Grace became interested in the virtue and quality of Comfort. They desired to magnetize the Comfort that abides in the vibratory action of the Kingdom of Heaven and make a radiating center of that Comfort Flame in India. Just as the radiation of the physical sun warms, lights and sustains our planet Earth and our Universe, so too do these particular spiritual foci form radiating centers of definite, spe-

cific God qualities which are beneficial to the spiritual awakening and development of the Divine Nature in man. The size of the actual sphere of influence or the periphery of these radiating centers is determined by many factors—i.e. the length of time when actual individual consciousnesses have been magnetized through invocations, visualizations, decrees and rituals the specific quality of God to which they have dedicated their lives; the intensity of their vocation (feeling for their impersonal service); and now the number of actual visitors to this Retreat Whose attention is drawn by this Activity and who give of their life in visiting the retreat in consciousness or in their finer bodies while the flesh form sleeps.

All individuals who desire comfort of any kind, mental, emotional or physical, are welcome to attend this thirty-day Council, and to all such, ministering Angels come upon call, invocation or prayer. However, only those who desire to *give* comfort, to become through individual application and prayerful service Comforting Presences to others are accepted by this Great Lord, through Whose Body passes all the energy that sustains and animates the evolutions in and upon this Earth. It is a great honor as well as a great responsibility to accept even an ounce of His priceless energy. For this reason the mankind of Earth who are allowed the privilege of becoming His guests during this thirty-day cycle will do well to endeavor, through the cooperation of the Holy Christ Self, to become *in themselves* radiating centers of comfort and peace to all in their homes, environments, spiritual centers, and the world generally.

Note: For further details and descriptions on the Retreat of the Lord Maha Chohan, please see *The Bridge to Freedom*, Volume 1—N2—1952.

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An Address by
(BELOVED GODDESS OF JUSTICE (Portia))

April, 1954

Good evening, beloved of the Earth! In answer to your invitation I come to bring to you the extreme gratitude of the Karmic Board of Whom you have heard so much and of Whom you yet know so little. As the Great Board meets in the halls of Karma, We remind you to witness the results of your earnest and good endeavors proving that unascended lifestreams, yet working out individual karma, may change the course and destiny of many hundreds of lifestreams at inner levels

Today is a day of great spiritual opportunity! This entire era and age is one of opportunity, which it is My privilege and honor to represent cosmically in this great world scheme.

Have you thought that, while you have being and conscious intelligence in any Sphere, while you have the use of life, *you have opportunity in that Sphere*. The moment you relinquish consciousness and self-conscious being in any Sphere you lose opportunity to further function there. So avail yourselves, dear hearts, while you are still in this physical appearance world (the place of greatest need in all our solar system), of the opportunity that is yours. You have this opportunity because you are part of the physical, mental, emotional and etheric world through which We are endeavoring to pour the sacred love of the Sacred Fire for redemption's sake. How many times before the Karmic Board has a soul plead for opportunity to return to this Sphere which seems so distasteful, so unpleasant and so difficult in which to abide! Yet when the soul has once relinquished the Earth body and sees what it might have done with the use of light, substance, energy and the opportunities that were at hand in the course of that Earth life, *sometimes it has to be forcibly restrained from a frenzied endeavor to get back into embodiment and make things right*. While you have opportunity—opportunity in your family life, opportunity in your business world, opportunity in your group activity—to make things right with each other, make the path easier for each other and to make it more possible to reach each man and woman to fulfill his own mission, *in the name of your soul I implore you to do all that opportunity affords for your own peace of mind and heart*. Many a salty tear has been shed, many have experienced the feeling of deep remorse that has risen within the soul when opportunity to serve has fled. Even in your Earth plane, there are those who are no longer among you whom, in life, you have either neglected or ignored. How often you have wished that you had opportunity again to do for them the little things that would have made life easier, to have said the kind words, to have given them the encouragement, to have provided some comfort, perhaps of a small nature, that would have given the loved one an easier pathway through the world of form. "Of all sad words of tongue and pen, the saddest of all 'it might have been'."

Beloved ones, *today is your* day of opportunity! Today you have a beating heart, beautiful primal life is given to you. You awaken each morning with that life. You have enough knowledge of the law as We individually have been able to give to you and each of you have certain momentums of good in your causal body; certain understanding, certain substance of the good of this world, certain momentums of healing. You have opportunity without limit to assist in the cosmic momentum of each hour. Mankind always seems to look either backward into the glorious yesterday or forward into the shining tomorrow. They say "if I had lived in that era when that dispensation of Jesus Christ was coming to its height, I would have made things easier for that family" or they look forward into the tomorrow and say, "when I have developed and matured my consciousness and placed my world in order and when I have done one thing or another, then I shall consecrate the balance of my life to God." Yesterday is gone and most of us who have lived in the yesterday, repeat the patterns again today. Tomorrow often never comes. The eternal now is that which is at hand, that which is yours to serve through the use of life. Now is the opportunity that stands before you as our beloved sister has written "Coming in many disguises, not always blazing Her light; only vibration apprizes what's to be done that is right." Do you understand? *Be alert for opportunity!* Opportunity knocks at your door to help your fellow men, to help mankind at large, to help My Beloved Saint Germain in this great endeavor which has occupied His heart, His spirit and His prayers for countless centuries. Each day is filled with the gifts of opportunity and opportunity shall ever remain in this universe. There is always opportunity for a beating heart to progress to fulfillment. There was never a consciousness, when it voluntarily desires within itself to go forward, who is not given full opportunity for that progress.

A few short months ago We, Saint Germain and I, assumed the Cosmic Office as the Chohan of the Seventh Ray and in that office We shall jointly reign for the next two thousand years. You will find Me your Friend and your Counselor when you choose to apply yourself to My Presence.

Beloved ones, remember the Law of Cosmic Justice is that no soul can be denied opportunity *when that soul asks for it!*

No unascended group of lifestreams can be denied any opportunity to render any service (even the seemingly most fantastic) *if they ask for it!* We have given you opportunity and you have accepted it. The service which has been rendered to both those who have passed through the change called death, as well as those who are coming into embodiment, is the proof of what opportunity can do when it is accepted in a firm hand-clasp of friendship.

Remember! I give you opportunity when first your consciousness returns each morning. You feel a beating heart and you say "opportunity is with me." Thank you and God bless you. . . .

* * *

✓ OPPORTUNITY TO CALL

I stand fore'er in the Presence
Of Justice and Freedom's worth,
So humble, joyous and grateful
To be part of Their Plan for
Earth!

O! how marvellous! O! how wonderful!

Is opportunity to call—

O! how marvellous! O! how wonderful!

Is God's Eternal Love for all!

I live and move—have my being—

In the Heart of Mercy's Flame,
And blaze it through all I contact,
Or think of — in Freedom's
Name!

O! how marvellous! O! how wonderful!

Grateful I shall ever be—

O! how marvellous! O! how wonderful!

Life gives all opportunity.

I'm clothed in love's perfect balance,

Understanding of love and light;

Determined with all that's within me

To raise Earth to Heaven's height!

O! how marvellous! O! how wonderful!

Is opportunity to serve!

O! how marvellous! O! how wonderful!

Bringing the light all life deserves!

And one day, bathed in the glory
Of pink Adoration's Flame,
I'll fill all space with the story—
The Victory of love "I AM" !!!

O! how marvellous! O! how wonderful!

This my praise shall ever be!

O! how marvellous! O! how wonderful!

God's Name "I AM" has SET
ME FREE!

THE GURU AND THE CHELA

By the Ascended Master Kuthumi

CHELA—Beloved Master: How does a student enter the Silence?

GURU—Blessed Chela: Consciously entering the Great Silence is a positive and not a negative state of individual consciousness. Contemplation must never be confused with lethargy, nor adoration and devotion with imagery and visionary dreamings. Herein lies the training in wisdom, discrimination, balance, purity of motive and perseverance of will and purpose.

CHELA—Beloved Master: When you say entering the Silence requires the establishment and the maintenance of a positive state of consciousness—what do You mean?

GURU—Blessed Chela: I mean that the individual must engage the cooperation of his various vehicles of expression and use them to create an individual aura of peace, purity and tranquillity. Within this personal aura, the individual must remain alert, focused in attention and in control of his concentrative powers, holding them upon the object of His devotions, whether It be the Heart of God or some Divine Representative of the King of Kings.

CHELA—Beloved Master: We have been told that long periods of contemplation are dangerous and open the individual to insidious influences.

GURU—Blessed Chela: Here, discrimination must be developed. Each individual is capable of a different amount of "applied contemplation" according to the personal control of his thought processes, his feelings, his etheric memories and the demands of the physical vehicle. One man, consciously preparing to commune with his Maker, finds his own mental processes weaving out of the substance of thought a screen of irrelevant thoughts which make unsatisfactory his endeavor. Another man, able to concentrate his thoughts, finds the surging tide of his emotional nature re-vivifying past injustices. Still another enjoys the ever responsive sea of

memories that flow from the etheric body. A man, well able to control his thoughts, feelings and memories, may find the demands of cramped muscles, itching skin or other physical discomforts disturbing his endeavors. Each chela must take personal note of his own capabilities and capacities of stilling his vehicles and then in wisdom develop the "applied contemplation" according to his ever increasing efficacy in the mastery and control of his vehicles.

The vibratory action of the soul itself, the motive animating the soul toward communion with the inner Self, the vibratory action and appetites of the inner bodies will determine what type of influence can "play upon" the individual seeking the peace of the Silence. When the heart is pure, the soul earnest and the conscious mind keenly alert to the deceptions of the ego that seek to aggrandize self through impressions of a grandiose nature, no subtle outside forces can enter the period of contemplation.

CHELA—Beloved Master: What is the advantage of entering the Great Silence?

GURU—Blessed Chela: The advantages (and they are many) of entering the Silence could hardly be enumerated in this column.

First: It is in the Silence that the soul makes acquaintanceship with its Maker. This is the primary purpose of all religious endeavor, teaching, discipline, instruction and application. Where the lower self is so blatantly active, even in professions of faith, the Great Presence cannot be felt, acknowledged nor allowed to flow through the outer self with sufficient intensity to accomplish that union which is known as the "second birth." In the Silence, when the soul and consciousness is sincerely, humbly, peacefully, gently and reverently loving God, a state of Grace is established in the aura and the "many selves." In this state of Grace the individual soul becomes open to the benediction and blessings, the healing currents, the flashes of illumination and encouragement, the pressures of faith and conviction which nourish the individual and make real spiritual progress possible.

Second: The conscious endeavor to control the thought and feeling nature develops individual mastery, as does the discipline of the rebellious physical garment. In the East, of course, this mastery has been developed by many thousands, but the pendulum of endeavor has swung too far the other way, as the individuals are so "caught up" in the ecstasy of the Silence that they have forgotten, for the most part, that the entire purpose of such contemplation and its succeeding benediction and illumination is to translate the perfection of that Inner Realm into the physical appearance world. The great Teacher of the East, the Lord Buddha, having passed through all the trials and tribulations of a soul endeavoring to find the heart of Eternal Peace, clearly manifested the balance of The Law; after attaining "The Ultimate," He returned to bring the fruits of His application to His fellowmen.

CHELA—Beloved Master: Does this period of contemplation suffice for personal application?

GURU—Blessed Chela: No! As I have said above, the Great Silence is entered for a purpose. Even the Ascended Masters Who choose to animate some particular portion of the Divine Plan make conscious obeisance at the Throne of the Silence to secure both inspiration and direction and to draw the strength and power required to fulfill Their new venture. The individual chela, particularly in the West, does not know the meaning of *getting still*. When the body is quiet, the mind is racing, even in petitions to the Lord. Yet, in order to provide the spiritual stamina for the greater services, the period of quiet contemplation of The Presence with Its attendant outpouring is requisite.

CHELA—Beloved Master: Could you give us a simple exercise or outline of such an activity as attempting to touch the "hem of the Robe" of the Silence?

GURU—Blessed Chela: Certainly.

First: Find a place where you will be undisturbed. Constant interruptions are very injurious to the nervous system. The more beautiful, quiet and harmonious is your place of

contemplation the more will your senses cooperate with your endeavor. Frequency of aspiration *in the same place* also brings an atmosphere of sanctity and each successive endeavor is complemented by the energies so devoted in like manner before. That is why in cathedrals, temples and homes of saintly lifestreams, it is easier to reach the altitude of consciousness which reveals the Ever-Presence.

Second: Place your physical body in a comfortable position. Remember, in all spiritual endeavors, the more cooperation you secure from your vehicles the easier will be your achievement. To enter the Silence, however, is a positive activity. Therefore it is wise to sit, with spine erect, as the very position of lying prone is conducive to lethargy. (This of course is subject to modification in case of illness or other circumstances where the individual cannot wisely perform his adorations in the privacy of his own sanctuary.) Let me say here, discrimination and wisdom are required for the pursuit of the spiritual path and common sense, not a blind adherence to the letter of the law, is requisite to more than ordinary spiritual development. For instance, to take a specific question about contemplation in the "dark" . . . let me clarify this once and for all. To deliberately *create* an atmosphere of darkness and then attempt to commune with the unknown is contrary to Spiritual Law. However in the course of living, good students awakening through the night hours are not always afforded sufficient privacy to create artificial light. These good people are naturally protected by the aura of their own aspiration and can well utilize the time in perfect safety when they cannot, for one reason or another, procure artificial light during application and spiritual contemplation.

Third: Relax. Most individuals are so tense they close the door to inflowing Grace. Cultivate that state of "rest in action" so essential to poised, balanced living. The use of the rhythmic breath is very conducive to alert and poised relaxation.

Fourth: Determine within yourself what Being or Activity from God's Heart you desire to contemplate. Examine your motive impartially, wisely and with discrimination. If there is any desire for self seeking, for phenomena, for satisfaction of curiosity, you will defeat your purpose. The whole purpose of *active contemplation* is to enter The Presence of God and the Heart of His Messengers when one is propelled by Divine Love for Them and the progress of the Universal scheme of creation.

Fifth: Consciously *feel* yourself enveloped in God's Light, His Presence, His Love.

Sixth: Endeavor to hold your thought processes and your feelings one-pointed in pouring forth love and blessings to God and His Universe. (Even five minutes of concentration may prove enough for your first endeavors.)

Seventh: Endeavor to control the demands of your physical body during this time.

Eighth: If necessary, to provide a spiritual lever for your conscious mind and feelings, read some lovely uplifting piece of poetry or prose or listen to an inspiring melody.

Ninth: Have no fear of evil forces. While you are loving God, the Angels and the Ascended Host, the natural vibration of your vehicles form a wall of light around you—a magnet to draw good influences and currents toward you and a natural repellant vibration to evil of every kind.

Tenth: Enjoy loving your Presence. When the feeling of peace fills your soul, you will know you are there. Rest in that peace and draw the currents of light and power which you will require for your endeavors in the world of form.

Eleventh: Consciously determine within yourself *to give* something of your radiant peace to your fellowman.

Twelfth: The efficacy of all spiritual exercises is determined by the rhythm of the application. Five minutes daily at the same time, is better than two hours one day, and nothing the next.



THE MASTERS O

ON THE G

MAHA CHOHAN

The gift of Spiritual Grace is an Activity of the Holy Spirit. Where Grace is present, it is comparatively easy for the soul to comprehend Its subtle radiation through the souls of others. Where Grace has not yet entered the soul and consciousness of the individual, he is in a world apart from the glories of the spiritually elect. Although the majesty, the dignity, the love, the purity of the Kingdom is manifest all about the soul not yet reborn in Grace, he has eyes that see not and ears that hear not. Such an one misses many an opportunity and for all mankind, one of the greatest services that can be rendered is to call that the Spiritual Grace of God may enter, abide within, sublimate and sensitize the soul and outer consciousness. Such an one is then open to spiritual development.

EL MORYA

Except a man be in a state of Grace, he cannot receive the blessings of God. Such is the time-worn statement of the orthodox. Yet within that phrase is a mighty truth. Every vibratory action connects with and ties into a similar rate of vibration and the two become one. Man can and must govern the vibratory action of his thoughts, his feelings, his etheric memories and his physical envelope as well. While he is not master of the control of the vibrations of his own vehicles, he is victim to the intrusion of all manner of imperfect vibrations which rush like a magnet to attach to the vibratory action set up through conscious or unconscious volition of self. The invocation of Spiritual Grace into the soul sets up a vibratory action which is receptive to the Divine Currents which flow through the atmosphere of Earth but which are too subtle to be recorded in the outer consciousness unless the magnet of Grace draws them in to nourish the soul.

KUTHUMI

Grace enters the soul when the outer self is still. Grace is a spiritual essence which permeates the outer consciousness when the personal ego surrenders the desire to be the actor,

WISDOM SPEAK



OF GOD

the designer, the ruling power in the world of form. It is by cultivating Grace that every individual who has risen to perfection was enabled to comprehend the spiritual laws and apply them to Their own victory. It is Grace which enables the chelas to believe in our existence and our ability to speak through the veil to enlighten the outer mind. When individuals lack faith, call for the Spirit of Grace to enter the soul. From within will flow that capacity to accept God and His Messengers. This is a gift of Grace which you can draw forth for your family and for your fellow man.

PAUL, THE VENETIAN

Have you thought how much the quality of Grace enters into the perfection of expression, even in the world of form? What a man does "*gracefully*" is an accomplishment of merit. In men's dealings one with the other, much is done for duty's sake, grudgingly and reluctantly. Yet, how every individual responds when a fellowman renders a service gracefully, grants a pardon gracefully, offers a benefit unearned in a graceful manner. A gracious expression of man's service marks him as one who is "on The Path." How full of Grace is the Master Saint Germain in His great service to mankind! How graciously does He respond to every heart call! Let men take pattern from this Prince of Courtliness if they would live like Those they profess to love.

SERAPIS BEY

"Listening Grace" is the activity of soul recommended by the Blessed Mary, Mother of Jesus. As the embodiment of this Grace throughout Her Earth life She proved that the capacity to perceive the Presence of the Angelic Host in the numerous visitations so important to the protection of Her Son was an invaluable requisite to spiritual service. The development of Grace in the souls of men makes it possible for them to recognize the spiritual vibrations at a given moment. These moments are opportunities that come and are gone in a split second. The man who is so busy sending out thought waves

often misses the incoming currents which carry benediction and blessing.

HILARION

As one who missed the great Christian Herald because of lack of Grace, I can speak with authority in recommending the cultivation of this quality of God. (Hilarion was Saint Paul.) The outer mind, cluttered with so many remnants of intellectuality, the intolerant feelings driving their will through less stalwart men, the boisterous flesh, send out vibrations which repel the delicate essence of Grace. Like the Dove, spiritual emblem of the Holy Spirit *Who is embodied Grace*, the spiritual Grace which gives the soul the capacity to respond to the Inner Spirit must be invited in loving sincerity, in tenderness, in gentle invocation. Through the mercy of God, I was visited by the Presence of Jesus in spite of my personality and the Grace which entered my soul, sanctifying my consciousness, enabled me to rise and become an expression of God which was of service to mankind in that era.

JESUS

Grace is humility, loving kindness, tolerance, spiritual tenderness, understanding. It is difficult to maintain a positive pressure of qualified energy which enables one to drive a pattern through to successful fulfillment and yet remain within a state of Grace. Yet, I did this and so did My Mother before Me. Those who have not yet felt the stirrings of Grace within them will not understand these words but the few who do will become the invoking power of that Grace, particularly through the chelas and students at this present time. This will be a secret, silent, unheralded Order in which those who know something of Grace will invoke and draw the Presence of Grace through the others. Without Grace, no spiritual Order nor Movement can survive.

SAINT GERMAIN

Two men will listen to the same words spoken. One comprehends the truth and applies it—in him the Spirit of Grace is present. The other man, listening to the same words, scoffs and brushes aside the words—in him the fertile Spirit is not yet stirred to life. When the consciousness has accepted a

religion, a leader, a savior, it is one thing to accept as gospel all that flows through that channel. Herein is no particular manifestation of Grace. It is quite another thing to recognize Truth, the Presence of God, His Word, no matter through whom it flows. *Herein is the mark of the man filled with Grace.* Credulity has caused the wounding of the souls of many men and the resulting bitterness and canker repel the Grace which is required to rise into communion with God and His Envoys. Practice makes perfect and the cultivation of a state of "listening Grace" enables the spirit of a man to speak to many a chela which would otherwise be repelled by indifference and by intolerance of the outer self.

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Excerpts from an Address by

THE BELOVED ASCENDED MASTER SAINT GERMAIN

April 21, 1954

Beloved children, it is My extreme pleasure to greet you in the name of the Freedom which I serve. I am privileged among all the Sons and Daughters of Heaven to have the opportunity of bringing to fruition the full harvest of all the ages of spiritual service in which millions of lifestreams engaged. The individual who places the final harvest of an evolution upon the screen of life receives undue homage, for many do not think back to the countless numbers of consciousnesses that contributed to the final Victory. I am merely the "capstone" placed at the apex of the spiritual pyramid. This pyramid was builded out of the energies and vital life of countless men and women who served the cause of God through the centuries and who gave themselves without reservation to fulfilling His Divine Plan.

On the eve of this great Ceremony,* which will engage the attention and energies of all the Members of Our Spiritual Hierarchy, My heart is filled with gratitude and humility for the honor of accepting the Crown of Authority as Directing Consciousness for the incoming cycle. You may be interested in the diversity of activity connected with the investment of certain powers in a lifestream. Even in the world of form, wise investment of more than ordinary powers requires a deep understanding and an illumined consciousness that those powers may be used always to expand the sphere of influence of God-

good, and in every manner aid the evolution of the planet and its people.

Although I have been the Chohan of the Seventh Ray for many years, I had not yet become the Cosmic Representative of the new cycle, because the final vibrations of the Sixth Ray were still active in the atmosphere of the planet Earth.

For almost one hundred years after the Ascension of My physical body, I prepared to be invested with the power and authority as the Chohan of the Seventh Ray. I prepared to be invested with the Cosmic Authority as the Directing Consciousness of the new cycle of time. You will see all progress is in graded radiation, graded application and preparation of consciousness.

During My last Earth life, I was privileged to come into contact with many Masters, some of Whom were already Ascended, others of Whom were highly developed and evolved. Through Their assistance I was able to use the applications given and prepare Myself to be free from the necessity of re-birth. At the close of that Earth life I went into Transylvania and there on the first of May, 1684, passed into the Ascended Master Octave. My personal Ascension was completed in 1684, but the assumption of My office as Chohan of the Seventh Ray was completed late in the eighteenth century, after My service to the Cause of Freedom in America and at the Court of France. When I assumed office as a Chohan, it was no longer possible for Me to use My vital energy in the visitations, such as I had made to the crowned heads of Europe. Until this time, I had certain liberty to utilize My energies in endeavoring to form a United States of Europe and to persuade certain students of the occult and metaphysical laws that, if they would cooperate with the Hierarchy, a universal brotherhood could be established without bloodshed. With the exception of My endeavors through Napoleon Bonaparte, I no longer gave any personal service to the European governmental circles and My service to mankind became Cosmic.

It was at the time when Beloved Kwan Yin turned over to Me the authority as Chohan that I retired from active service in the world of form.

During the Theosophical era, Beloved Brothers Morya and Kuthumi invested Their energies instead and I builded those

energies so that when I came forth again and My energy again began to flow, My more personal association with mankind would begin again in a renewed and powerful activity.

I shall always remember the Ceremony in which I received the Crown as Chohan of the Seventh Ray from the beloved Kwan Yin. I considered in My heart if I could ever hope to embody the mercy, the compassion and the love of such a Being as Kwan Yin, half hoping that I might not have to assume that responsibility after so short a preparation at inner levels.

In regard to the use of the Sacred Fire of transmutation, one of the major impressions which have differentiated Her activity from Mine seems to be that She taught the use of the Flame of Mercy as a power of transmutation in the changing of the quality of energy; whereas the presentation of the Violet Flame as brought forth more recently emphasized the consuming of discord. This is apt to bring into the consciousness and the mind of many a feeling of a vacuum and a lack. I am hoping that through the pressure of Kwan Yin's interest, We can in some way convey to the consciousness of new people particularly, that this Flame is not only a consuming activity of impurity, but it is also a transmuting and changing of the quality of energy into perfection. This process leaves them with the same energy which previously distressed them, but now constructively vibrating at a rate which becomes a store of merit within their hands and use. Much of the fear that enters the consciousness of new students with regard to the use of the Violet Flame, rises from the word "consuming." Often as I sit with Kwan Yin, We discuss the aspect of presentation and She emphasizes again that She used the words "mercy," "compassion" and "transmutation" giving the emphasis to the purification in the aspect of the Flame and in the change of the actual quality of the energy.

It is now again the time to assume another vestment. I assumed the vestment as the Chohan of the Seventh Ray, and now I assume the Cosmic Vestment as the Director of this great incoming cycle of two thousand years, which closes the major cycle of fourteen thousand years as well. I ask for the prayers and decrees, the devotion, the thought and the calls of all who love Me in this hour, so that I may avail Myself of all that My consciousness can absorb and which I can pour

as the greatest blessing to the mankind of Earth through the consciousness of each of you and all My friends throughout the world. I have lived but to serve life. I have lived but to set it free. Now is the hour of My opportunity.

Many centuries ago I hoped and wished for an Earthly crown (as Francis Bacon). I had a vision of a united brotherhood of Europe. Through circumstance, mercy and the wisdom of the law I did not receive that crown. Now I am about to receive a Cosmic Crown and in the greater wisdom and maturity of My consciousness, I find that even now I feel I am not ready. One does not lightly assume the responsibility for the evolution of an entire planet—all its peoples, all the angels and all the elementals. I stand in that position today. I stand requiring the love and the friendship of incarnate spirits, I certainly have the love, companionship, friendship and support in Heaven of the most exquisite Beings of light and perfection, for which I am eternally grateful.

They are weaving the garlands for the great Temples. The Coronation train of this exquisite vestment will be over forty feet in length. The Crown I will receive from the beloved Jesus, because as Prince of Peace of the sixth dispensation it has been in His keeping for the past two thousand years. The Scepter of Authority I will receive from Sanat Kumara. It will truly be a day to remember, a day when I shall offer Myself again to Life and to Freedom.

I would like to thank you for giving yourselves so freely and so completely. I would like to thank you for your interest in the Cause of Freedom, for investing your energies in that Freedom through the centuries, not only in this embodiment, but you have rallied around that banner of Freedom in almost every era and every age that you have lived. Now as we enter the door of a new day, I shall remember those of you who have stood by Me, and you shall be part of that Spiritual Court that lives forever.

There is much I would say, there is much of which I am thinking in regard to each one of you; there are memories woven deep into My heart for the personal and universal associations. Those memories are sweet. . . . They are the bonds that bind Heaven and Earth. . . . They are the ties

that keep the God-free yet hovering around the planet reluctant to enjoy Heaven's bliss while any portion of life is in shadow. It is a marvelous thing that through each one of you We shall reach the rest of mankind and set them free also. I hope and trust that you will enjoy the happiness of the incoming of the Seventh Cycle and that you may enjoy the radiation and the beauty of the pageantry of the Kingdom of Heaven. Meantime for this short while ahead I am spending it within the Temples of the Silence in invocations to the Father that I be worthy of the honor to be bestowed.

To you—each one—God bless you and thank you for the homely things that make of life a joy.

SAINT GERMAIN.

Note: Coronation of Ascended Master Saint Germain and the Goddess of Justice (Portia), May 1, 1954.

* * * *

Calendar of Special Days of Spiritual Importance in 1955

<i>April 10</i>	Easter Sunday
<i>May 1</i>	{ Ascension Day of Master Saint Germain Anniversary of coronation of Saint Germain as Presiding Authority for next 2,000 year cycle
<i>May 6</i>	Wesak Festival (approximately 5 p.m. eastern standard time)
<i>May 8</i>	Mothers' Day
<i>May 19</i>	Ascension Day of Master Jesus
<i>May 29</i>	Whitsuntide (Pentecost)
<i>July 4</i>	Independence Day
<i>August 15</i>	Ascension Day of Beloved Mother Mary
<i>November 2</i>	All Souls' Day
<i>November 24</i>	Thanksgiving Day
<i>December 25</i>	Christmas Day

✓ MONTHLY LETTER TO TRANSMISSION CLASS

February, 1955

BELOVED ASPIRANTS TO THE COMFORT FLAME:

"I Am" so extremely grateful that so many of you are desirous of becoming a Comfort to the rest of life! I have been invoked and welcomed by mankind for many ages in My service of bringing Comfort where needed, but as soon as the temporary wave of Karma had passed, I found little interest in the ways and means of serving life *as I endeavor to serve*. Many men want the gift but so few desire to be or to learn how to become the givers!

"I Am" grateful for the opportunity of following the powerful and peaceful radiation of Kwan Yin in My service as Host to The Great White Brotherhood and mankind at this time. I have felt for centuries that Mercy and Comfort walk hand in hand, for one must have mercy for imprisoned life before such an one can bring the slightest comfort, even to agonized flesh.

I shall appreciate your endeavors to invoke My living Presence and the actual feeling of Comfort which is My aura during this period. Then endeavor to re-create through your own sphere of influence the Comfort you desire (I hope) to bring to the rest of life.

As the Great Himalaya has offered to act as Host with me, bringing all His power of Cosmic Peace to the Activity, I know you will, individually and as collective groups, become Our Comfort and Peace not only for the short time of the actual Transmission Flame Service but throughout the entire period when every God Being will be intensifying through His or Her own consciousness the Flame We have magnetized, and which We are radiating through the world for those who desire to receive it.

Love and blessings,

MAHA CHOHAN.

GROUP MATERIAL FOR TRANSMISSION CLASSES

February 1, 1955.

DEAR COMFORTED FLAME FROM GOD'S HEART:

God—the Father, God—the Mother, God—the Holy Spirit of Cosmic Christ Comfort, bless you and yours as never before during this coming 30-day period of blessing to the Earth. This dear planet, with all her struggling evolutions (human, angelic and elemental) needs the God-quality of COMFORT about as much or more than any other blessing at this time. There is so much pain, unhappiness and distress that the planet Earth swings heavily on its bent axis and utters a groan into the surrounding atmosphere. This, of course, is a discord projected into the Melody of the Spheres created by the other planets of this particular System. To remove the cause of this discord we work as diligently as possible, in and out of the body (awake and asleep).

COMFORT! A heavenly word, a pleasing word, a soothing word—a word that brings peace and rest to the feelings, even as it is spoken. Everyone WANTS comfort but—tell me—who is willing to GIVE it?

Do you know it is a Divine Law in this Universe that, in order to HAVE a thing, you must GIVE it first? Sounds like a paradox, doesn't it? Well—it isn't if you will think on it a moment. You know, even your own photograph must be taken *from* you before it can be given *to* you! You have to GIVE (expose) your face to the camera before it can record the picture and thus return it to you. In other words, whatever good you want, decree that all mankind be given that blessing also and you will hasten your own release from distress.

COMFORT is a *feeling*. Anyone can be a comfort to life if *he or she wants to* even if they do not have a cent of money. After all, money (while it is very necessary in our present economic scheme) is but a SYMBOL of abundance and a means of exchange. It is comparable to the blood in the body, carrying away that which is not needed and bringing that which is. In fact, blood is more necessary to life than money—yet who agrees with that? When you awaken in the morning, do you worry about not having enough blood to take you through the day? Think it over! You can live without

money—but you cannot live without blood. Yet WHO is grateful for the latter? Gratitude is one of the attributes of comfort.

To be grateful for the every day gifts of God to His people is a comfort to all that lives. For instance, the Sun and its light are a comfort. If you don't believe it, just let it stop shining for about three days and see how you feel when it shines again. Air is a comfort when you want breath. Water is a comfort when you are thirsty and the solidity of the Earth is a comfort under your feet, especially if you have just come from a trip on "choppy" sea or air, by boat and airplane. Comfort is ever with us if we will accept it, but it is taken so much for granted that it doesn't seem so important.

Wouldn't you like to be a comforting presence to the life you daily contact? There is a very wonderful way you can do this—train yourself to visualize the luminous Presence of Beloved Jesus over all you meet, capping their form with that blazing white light figure just as you cap a fountain pen over its writing point. This not only protects the individual for whom it is done, but also the one who calls it forth. It also opens the door for the Beloved Jesus to bring comfort to that life which could not be done otherwise.

A comforting person is a practical one, not a "visionary" or impractical idealist that lives in the clouds. A comforting presence is one who lives as much as possible with his feet on Earth and his head in Heaven—that is, his attention upon that which brings practical every-day comfort to his fellowman.

Just try this experiment for thirty days and you will want to live in it always. Two melodies may be used this month—"Homing" (the key-note of the Beloved Maha Chohan) and "At Dawning" (to which there are words to the Comfort Flame in September, 1954, issue of "The Bridge"). The color of the flame is white with a faint touch of pink and the statement to be used is

1 2 3 4 5 6 7 8
 ✓ "I AM inbreathing th' comforting feeling of love divine from Maha Chohan

The above statement is repeated for each of the following activities—"absorbing," "expanding" and "loving."

Your comforting friend of light—

FRANCES K. EKEY.

SUGGESTED DECREES

For use from February 15 through March 14, 1955

Beloved Mighty Presence of God "I AM" in me, O! Thou beloved Immortal Three-fold Flame of Eternal Truth within my heart, Holy Christ Selves of all mankind and beloved Maha Chohan! Expand, expand and forever expand through all mankind in overwhelming Cosmic power and doubled in power every hour, Your Flame of Cosmic Christ Comfort and ITS FEELING of absolute God-control over all the energies of our beings and worlds. Let that Flame HOLD that energy harmonious under all circumstances and conditions, regardless of human appearances, and let it sustain forever the Cosmic Christ PEACE which is so essential to the fulfillment of God's great Divine Plan. We consciously accept this done NOW with full power!

* * *

Beloved Maha Chohan! We call directly to the Great Karmic Board in the Name and Authority of our beloved "I AM" Presence and Holy Christ Selves of all mankind, to grant Your petition for the release of all life on this planet from the pain of birth and so-called death, letting the souls who belong to our evolution here come into and pass from life in Cosmic Christ peace. To this end, we call to You to so release daily limitless oceans of Your Comfort Flame through all life on this planet that this great gift to mankind is made visible and tangible to all as soon as possible. We thank Thee and consciously accept this done in full power in Divine Wisdom.

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THE BRIDGE TO FREEDOM

P. O. Box 335, Philadelphia 5, Pennsylvania

Important Announcement!

TO OUR GENTLE READERS:

Beginning with April, 1955 issue, "The Bridge to Freedom, Inc." will start on its fourth year of publication. For the first three years it was partly sustained by the free service and gratuities of a few interested and consecrated chelas. It is now the desire of our beloved Master and Friend, El Morya, that "The Bridge" at least pay for its publishing and mailing costs. Therefore, starting with Vol. 4, No. 1 (April, 1955), the subscription rate for our little journal will be \$4 per year in the United States and Canada and \$5 per year elsewhere. If you desire special handling, such as first-class or airmail—please send us the additional money to cover this expense. The mailing cost by air of one copy of our journal to Europe is \$.30 per copy and to Australia and the East it is \$.50. You can readily see that the extra one dollar of the subscription rate does not cover this special expenditure.

Every thinking individual knows of the increased costs of labor these days in printing as well as the costs of paper and we have thoroughly checked these prices here as well as in other cities, for the most reasonable rates. Our little journal costs us nearly \$.22 per copy to print and when one adds the postage and envelope costs, it tells its own story.

The preparing of the manuscript, typing, editing, proofing, etc., is all contributed as a glad free gift of love by willing chelas or we could not get "The Bridge" out at all. Even "The Reader's Digest" (with its tremendous circulation) has been forced to incorporate advertising copy in its issues starting with April, 1955, in order to carry expenses. The Masters have recommended that, as yet, we do not take the valuable space for advertising which can be used for copy, for such copy will be of benefit to your own soul growth.

By taking you thus into our confidence, it enables you to work cooperatively with us in the great opportunity at hand to expand the Beloved Master's words and works.

Gratefully and lovingly,

THE MANAGEMENT.

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact
with The Great White Brotherhood and Cooperative World Service

Volume III

February, 1955

No. 11

To the Beloved SOURCE of All Life!

We humbly, gratefully, reverently and sincerely dedicate this issue of The Bridge to Freedom, Inc.

Everything that has been accomplished through all the ages that have been has been made possible through the gift of life endowed upon some self-conscious intelligence. Neither man nor Angel, neither Master nor serf even has Being without the beneficence of the Giver of Life. Through all the centuries that have passed across the screen of time, individual intelligences have been contributing to the progress of the race and to the development of the spiritual culture and maturity of the mankind of Earth. Even these contributions, no matter how great, were only made possible because of the investment of life in the channel through which the benefaction was received.

We, Who have used life so lavishly through the ages and Who now stand in the fullness of its Mastery, bless the Father-Mother God Who has given Us both the OPPORTUNITY for self expression and the JOY of becoming co-creators of God perfection through the use of free-will. On behalf of mankind and particularly our gentle readers, We also thank the SOURCE of all life for the OPPORTUNITY presently before them to widen the borders of the Kingdom of Perfection.

THOMAS PRINTZ, *Editor*

PUBLISHED BY THE BRIDGE TO FREEDOM

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The Homes and Retreats of The Masters of Wisdom

February 15 through March 14, 1955

MAHA CHOCHAN'S TEMPLE OF COMFORT AT CEYLON

Our Lord, Maha Chohan, is the Overlord and Spiritual Superior to the Seven Great Chohans who stand at the head of each of the seven rays. Up until very recently, His Cosmic Activity was connected primarily with only the rays three through seven. Because of the great cosmic requirements of the Spiritual Hour, His Activities now encompass the first and second rays and their Chohans as well.

At the southern tip of India lies a beautiful island wherein is located the Temple of Comfort of the Maha Chohan. In this serene focus where the chelas and the Masters Themselves learn the mastery of Cosmic energies in order to be an impersonal comfort to life, the Lord Maha Chohan concentrates the cosmic quality of Comfort and Peace to all life; not only the mankind evolving through Earth's evolution, but the life of nature, the forces of the elements, the Angelic kingdom, the bird life and even the four-footed creatures as well.

Within the compass of what seems to all intents and purposes an ordinary tea plantation, this great Cosmic Retreat functions. Here, often the Lord Maha Chohan and His Seven "Sons" (the Chohans) gather together to discuss ways and means of best benefiting the human race. Looking out upon the blue waters where the Indian Ocean and the Bay of Bengal meet, the Temple of Comfort is not only a spiritual sanctuary but a physical place of rest and respite from the cares that beset the day of the very few so privileged as to be invited to enter Its sacred portals.

The large Council Chamber holds within Itself the actual focus of the Comfort Flame. Exactly what does this mean? It means, in essence, that through many ages the Lord Maha Chohan and His Predecessors in Grace became interested in the virtue and quality of Comfort. They desired to magnetize the Comfort that abides in the vibratory action of the Kingdom of Heaven and make a radiating center of that Comfort Flame in India. Just as the radiation of the physical sun warms, lights and sustains our planet Earth and our Universe, so too do these particular spiritual foci form radiating centers of definite, spe-

cific God qualities which are beneficial to the spiritual awakening and development of the Divine Nature in man. The size of the actual sphere of influence or the periphery of these radiating centers is determined by many factors—i.e. the length of time when actual individual consciousnesses have been magnetized through invocations, visualizations, decrees and rituals the specific quality of God to which they have dedicated their lives; the intensity of their vocation (feeling for their impersonal service); and now the number of actual visitors to this Retreat Whose attention is drawn by this Activity and who give of their life in visiting the retreat in consciousness or in their finer bodies while the flesh form sleeps.

All individuals who desire comfort of any kind, mental, emotional or physical, are welcome to attend this thirty-day Council, and to all such, ministering Angels come upon call, invocation or prayer. However, only those who desire to give comfort, to become through individual application and prayerful service Comforting Presences to others are accepted by this Great Lord, through Whose Body passes all the energy that sustains and animates the evolutions in and upon this Earth. It is a great honor as well as a great responsibility to accept even an ounce of His priceless energy. For this reason the mankind of Earth who are allowed the privilege of becoming His guests during this thirty-day cycle will do well to endeavor, through the cooperation of the Holy Christ Self, to become *in themselves* radiating centers of comfort and peace to all in their homes, environments, spiritual centers, and the world generally.

Note: For further details and descriptions on the Retreat of the Lord Maha Chohan, please see *The Bridge to Freedom*, Volume 1—N2—1952.

* * *

An Address by
(BELOVED GODDESS OF JUSTICE (Portia))

April, 1954

Good evening, beloved of the Earth! In answer to your invitation I come to bring to you the extreme gratitude of the Karmic Board of Whom you have heard so much and of Whom you yet know so little. As the Great Board meets in the halls of Karma, We remind you to witness the results of your earnest and good endeavors proving that unascended lifestreams, yet working out individual karma, may change the course and destiny of many hundreds of lifestreams at inner levels.

Today is a day of great spiritual opportunity! This entire era and age is one of opportunity, which it is My privilege and honor to represent cosmically in this great world scheme.

Have you thought that, while you have being and conscious intelligence in any Sphere, while you have the use of life, *you have opportunity in that Sphere*. The moment you relinquish consciousness and self-conscious being in any Sphere you lose opportunity to further function there. So avail yourselves, dear hearts, while you are still in this physical appearance world (the place of greatest need in all our solar system), of the opportunity that is yours. You have this opportunity because you are part of the physical, mental, emotional and etheric world through which We are endeavoring to pour the sacred love of the Sacred Fire for redemption's sake. How many times before the Karmic Board has a soul plead for opportunity to return to this Sphere which seems so distasteful, so unpleasant and so difficult in which to abide! Yet when the soul has once relinquished the Earth body and sees what it might have done with the use of light, substance, energy and the opportunities that were at hand in the course of that Earth life, *sometimes it has to be forcibly restrained from a frenzied endeavor to get back into embodiment and make things right*. While you have opportunity—opportunity in your family life, opportunity in your business world, opportunity in your group activity—to make things right with each other, make the path easier for each other and to make it more possible to reach each man and woman to fulfill his own mission, *in the name of your soul I implore you to do all that opportunity affords for your own peace of mind and heart*. Many a salty tear has been shed, many have experienced the feeling of deep remorse that has risen within the soul when opportunity to serve has fled. Even in your Earth plane, there are those who are no longer among you whom, in life, you have either neglected or ignored. How often you have wished that you had opportunity again to do for them the little things that would have made life easier, to have said the kind words, to have given them the encouragement, to have provided some comfort, perhaps of a small nature, that would have given the loved one an easier pathway through the world of form. "Of all sad words of tongue and pen, the saddest of all 'it might have been'."

Beloved ones, *today is your day of opportunity!* Today you have a beating heart, beautiful primal life is given to you. You awaken each morning with that life. You have enough knowledge of the law as We individually have been able to give to you and each of you have certain momentums of good in your causal body; certain understanding, certain substance of the good of this world, certain momentums of healing. You have opportunity without limit to assist in the cosmic momentum of each hour. Mankind always seems to look either backward into the glorious yesterday or forward into the shining tomorrow. They say "if I had lived in that era when that dispensation of Jesus Christ was coming to its height, I would have made things easier for that family" or they look forward into the tomorrow and say, "when I have developed and matured my consciousness and placed my world in order and when I have done one thing or another, then I shall consecrate the balance of my life to God." Yesterday is gone and most of us who have lived in the yesterday, repeat the patterns again today. Tomorrow often never comes. The eternal now is that which is at hand, that which is yours to serve through the use of life. Now is the opportunity that stands before you as our beloved sister has written "Coming in many disguises, not always blazing Her light; only vibration appizes what's to be done that is right." Do you understand? *Be alert for opportunity!* Opportunity knocks at your door to help your fellow men, to help mankind at large, to help My Beloved Saint Germain in this great endeavor which has occupied His heart, His spirit and His prayers for countless centuries. Each day is filled with the gifts of opportunity and opportunity shall ever remain in this universe. There is always opportunity for a beating heart to progress to fulfillment. There was never a consciousness, when it voluntarily desires within itself to go forward, who is not given full opportunity for that progress.

A few short months ago We, Saint Germain and I, assumed the Cosmic Office as the Chohan of the Seventh Ray and in that office We shall jointly reign for the next two thousand years. You will find Me your Friend and your Counselor when you choose to apply yourself to My Presence.

Beloved ones, remember the Law of Cosmic Justice is that no soul can be denied opportunity *when that soul asks for it!*

No unascended group of lifestreams can be denied any opportunity to render any service (even the seemingly most fantastic) *if they ask for it!* We have given you opportunity and you have accepted it. The service which has been rendered to both those who have passed through the change called death, as well as those who are coming into embodiment, is the proof of what opportunity can do when it is accepted in a firm hand-clasp of friendship.

Remember! I give you opportunity when first your consciousness returns each morning. You feel a beating heart and you say "opportunity is with me." Thank you and God bless you. . . .

* * *

OPPORTUNITY TO CALL

I stand fore'er in the Presence
Of Justice and Freedom's worth,
So humble, joyous and grateful
To be part of Their Plan for
Earth!

O! how marvellous! O! how wonderful!

Is opportunity to call—
O! how marvellous! O! how wonderful!
Is God's Eternal Love for all!

I live and move—have my being—
In the Heart of Mercy's Flame,
And blaze it through all I contact,
Or think of — in Freedom's
Name!

O! how marvellous! O! how wonderful!
Grateful I shall ever be—
O! how marvellous! O! how wonderful!
Life gives all opportunity.

I'm clothed in love's perfect balance,
Understanding of love and light;
Determined with all that's within me
To raise Earth to Heaven's height!

O! how marvellous! O! how wonderful!
Is opportunity to serve!
O! how marvellous! O! how wonderful!
Bringing the light all life deserves!

And one day, bathed in the glory
Of pink Adoration's Flame,
I'll fill all space with the story—
The Victory of love "I AM" !!!

O! how marvellous! O! how wonderful!
This my praise shall ever be!
O! how marvellous! O! how wonderful!
God's Name "I AM" has SET
ME FREE!

THE GURU AND THE CHELA

By the Ascended Master Kuthumi

CHELA—Beloved Master: How does a student enter the Silence?

GURU—Blessed Chela: Consciously entering the Great Silence is a positive and not a negative state of individual consciousness. Contemplation must never be confused with lethargy, nor adoration and devotion with imagery and visionary dreamings. Herein lies the training in wisdom, discrimination, balance, purity of motive and perseverance of will and purpose.

CHELA—Beloved Master: When you say entering the Silence requires the establishment and the maintenance of a positive state of consciousness—what do You mean?

GURU—Blessed Chela: I mean that the individual must engage the cooperation of his various vehicles of expression and use them to create an individual aura of peace, purity and tranquillity. Within this personal aura, the individual must remain alert, focused in attention and in control of his concentrative powers, holding them upon the object of His devotions, whether It be the Heart of God or some Divine Representative of the King of Kings.

CHELA—Beloved Master: We have been told that long periods of contemplation are dangerous and open the individual to insidious influences.

GURU—Blessed Chela: Here, discrimination must be developed. Each individual is capable of a different amount of "applied contemplation" according to the personal control of his thought processes, his feelings, his etheric memories and the demands of the physical vehicle. One man, consciously preparing to commune with his Maker, finds his own mental processes weaving out of the substance of thought a screen of irrelevant thoughts which make unsatisfactory his endeavor. Another man, able to concentrate his thoughts, finds the surging tide of his emotional nature re-vivifying past injustices. Still another enjoys the ever responsive sea of

memories that flow from the etheric body. A man, well able to control his thoughts, feelings and memories, may find the demands of cramped muscles, itching skin or other physical discomforts disturbing his endeavors. Each chela must take personal note of his own capabilities and capacities of stilling his vehicles and then in wisdom develop the "applied contemplation" according to his ever increasing efficacy in the mastery and control of his vehicles.

The vibratory action of the soul itself, the motive animating the soul toward communion with the inner Self, the vibratory action and appetites of the inner bodies will determine what type of influence can "play upon" the individual seeking the peace of the Silence. When the heart is pure, the soul earnest and the conscious mind keenly alert to the deceptions of the ego that seek to aggrandize self through impressions of a grandiose nature, no subtle outside forces can enter the period of contemplation.

CHELA—Beloved Master: What is the advantage of entering the Great Silence?

GURU—Blessed Chela: The advantages (and they are many) of entering the Silence could hardly be enumerated in this column.

First: It is in the Silence that the soul makes acquaintanceship with its Maker. This is the primary purpose of all religious endeavor, teaching, discipline, instruction and application. Where the lower self is so blatantly active, even in professions of faith, the Great Presence cannot be felt, acknowledged nor allowed to flow through the outer self with sufficient intensity to accomplish that union which is known as the "second birth." In the Silence, when the soul and consciousness is sincerely, humbly, peacefully, gently and reverently loving God, a state of Grace is established in the aura and the "many selves." In this state of Grace the individual soul becomes open to the benediction and blessings, the healing currents, the flashes of illumination and encouragement, the pressures of faith and conviction which nourish the individual and make real spiritual progress possible.

Second: The conscious endeavor to control the thought and feeling nature develops individual mastery, as does the discipline of the rebellious physical garment. In the East, of course, this mastery has been developed by many thousands, but the pendulum of endeavor has swung too far the other way, as the individuals are so "caught up" in the ecstasy of the Silence that they have forgotten, for the most part, that the entire purpose of such contemplation and its succeeding benediction and illumination is to translate the perfection of that Inner Realm into the physical appearance world. The great Teacher of the East, the Lord Buddha, having passed through all the trials and tribulations of a soul endeavoring to find the heart of Eternal Peace, clearly manifested the balance of The Law; after attaining "The Ultimate," He returned to bring the fruits of His application to His fellowmen.

CHELA—Beloved Master: Does this period of contemplation suffice for personal application?

GURU—Blessed Chela: No! As I have said above, the Great Silence is entered for a purpose. Even the Ascended Masters Who choose to animate some particular portion of the Divine Plan make conscious obeisance at the Throne of the Silence to secure both inspiration and direction and to draw the strength and power required to fulfill Their new venture. The individual chela, particularly in the West, does not know the meaning of *getting still*. When the body is quiet, the mind is racing, even in petitions to the Lord. Yet, in order to provide the spiritual stamina for the greater services, the period of quiet contemplation of The Presence with Its attendant outpouring is requisite.

CHELA—Beloved Master: Could you give us a simple exercise or outline of such an activity as attempting to touch the "hem of the Robe" of the Silence?

GURU—Blessed Chela: Certainly.

First: Find a place where you will be undisturbed. Constant interruptions are very injurious to the nervous system. The more beautiful, quiet and harmonious is your place of

contemplation the more will your senses cooperate with your endeavor. Frequency of aspiration *in the same place* also brings an atmosphere of sanctity and each successive endeavor is complemented by the energies so devoted in like manner before. That is why in cathedrals, temples and homes of saintly lifestreams, it is easier to reach the altitude of consciousness which reveals the Ever-Presence.

Second: Place your physical body in a comfortable position. Remember, in all spiritual endeavors, the more cooperation you secure from your vehicles the easier will be your achievement. To enter the Silence, however, is a positive activity. Therefore it is wise to sit, with spine erect, as the very position of lying prone is conducive to lethargy. (This of course is subject to modification in case of illness or other circumstances where the individual cannot wisely perform his adorations in the privacy of his own sanctuary.) Let me say here, discrimination and wisdom are required for the pursuit of the spiritual path and common sense, not a blind adherence to the letter of the law, is requisite to more than ordinary spiritual development. For instance, to take a specific question about contemplation in the "dark" . . . let me clarify this once and for all. To deliberately *create* an atmosphere of darkness and then attempt to commune with the unknown is contrary to Spiritual Law. However in the course of living, good students awakening through the night hours are not always afforded sufficient privacy to create artificial light. These good people are naturally protected by the aura of their own aspiration and can well utilize the time in perfect safety when they cannot, for one reason or another, procure artificial light during application and spiritual contemplation.

Third: Relax. Most individuals are so tense they close the door to inflowing Grace. Cultivate that state of "rest in action" so essential to poised, balanced living. The use of the rhythmic breath is very conducive to alert and poised relaxation.

Fourth: Determine within yourself what Being or Activity from God's Heart you desire to contemplate. Examine your motive impartially, wisely and with discrimination. If there is any desire for self seeking, for phenomena, for satisfaction of curiosity, you will defeat your purpose. The whole purpose of *active contemplation* is to enter The Presence of God and the Heart of His Messengers when one is propelled by Divine Love for Them and the progress of the Universal scheme of creation.

Fifth: Consciously *feel* yourself enveloped in God's Light, His Presence, His Love.

Sixth: Endeavor to hold your thought processes and your feelings one-pointed in pouring forth love and blessings to God and His Universe. (Even five minutes of concentration may prove enough for your first endeavors.)

Seventh: Endeavor to control the demands of your physical body during this time.

Eighth: If necessary, to provide a spiritual lever for your conscious mind and feelings, read some lovely uplifting piece of poetry or prose or listen to an inspiring melody.

Ninth: Have no fear of evil forces. While you are loving God, the Angels and the Ascended Host, the natural vibration of your vehicles form a wall of light around you—a magnet to draw good influences and currents toward you and a natural repellant vibration to evil of every kind.

Tenth: Enjoy loving your Presence. When the feeling of peace fills your soul, you will know you are there. Rest in that peace and draw the currents of light and power which you will require for your endeavors in the world of form.

Eleventh: Consciously determine within yourself to *give* something of your radiant peace to your fellowman.

Twelfth: The efficacy of all spiritual exercises is determined by the rhythm of the application. Five minutes daily at the same time, is better than two hours one day, and nothing the next.



THE MASTERS OF ON THE GR.

MAHA CHOHAN

The gift of Spiritual Grace is an Activity of the Holy Spirit. Where Grace is present, it is comparatively easy for the soul to comprehend Its subtle radiation through the souls of others. Where Grace has not yet entered the soul and consciousness of the individual, he is in a world apart from the glories of the spiritually elect. Although the majesty, the dignity, the love, the purity of the Kingdom is manifest all about the soul not yet reborn in Grace, he has eyes that see not and ears that hear not. Such an one misses many an opportunity and for all mankind, one of the greatest services that can be rendered is to call that the Spiritual Grace of God may enter, abide within, sublimate and sensitize the soul and outer consciousness. Such an one is then open to spiritual development.

EL MORYA

Except a man be in a state of Grace, he cannot receive the blessings of God. Such is the time-worn statement of the orthodox. Yet within that phrase is a mighty truth. Every vibratory action connects with and ties into a similar rate of vibration and the two become one. Man can and must govern the vibratory action of his thoughts, his feelings, his etheric memories and his physical envelope as well. While he is not master of the control of the vibrations of his own vehicles, he is victim to the intrusion of all manner of imperfect vibrations which rush like a magnet to attach to the vibratory action set up through conscious or unconscious volition of self. The invocation of Spiritual Grace into the soul sets up a vibratory action which is receptive to the Divine Currents which flow through the atmosphere of Earth but which are too subtle to be recorded in the outer consciousness unless the magnet of Grace draws them in to nourish the soul.

KUTHUMI

Grace enters the soul when the outer self is still. Grace is a spiritual essence which permeates the outer consciousness when the personal ego surrenders the desire to be the actor,

WISDOM SPEAK



FACE OF GOD

the designer, the ruling power in the world of form. It is by cultivating Grace that every individual who has risen to perfection was enabled to comprehend the spiritual laws and apply them to Their own victory. It is Grace which enables the chelas to believe in our existence and our ability to speak through the veil to enlighten the outer mind. When individuals lack faith, call for the Spirit of Grace to enter the soul. From within will flow that capacity to accept God and His Messengers. This is a gift of Grace which you can draw forth for your family and for your fellow man.

PAUL, THE VENETIAN

Have you thought how much the quality of Grace enters into the perfection of expression, even in the world of form? What a man does "gracefully" is an accomplishment of merit. In men's dealings one with the other, much is done for duty's sake, grudgingly and reluctantly. Yet, how every individual responds when a fellowman renders a service gracefully, grants a pardon gracefully, offers a benefit unearned in a graceful manner. A gracious expression of man's service marks him as one who is "on The Path." How full of Grace is the Master Saint Germain in His great service to mankind! How graciously does He respond to every heart call! Let men take pattern from this Prince of Courtliness if they would live like Those they profess to love.

SERAPIS BEY

"Listening Grace" is the activity of soul recommended by the Blessed Mary, Mother of Jesus. As the embodiment of this Grace throughout Her Earth life She proved that the capacity to perceive the Presence of the Angelic Host in the numerous visitations so important to the protection of Her Son was an invaluable requisite to spiritual service. The development of Grace in the souls of men makes it possible for them to recognize the spiritual vibrations at a given moment. These moments are opportunities that come and are gone in a split second. The man who is so busy sending out thought waves

often misses the incoming currents which carry benediction and blessing.

HILARION

As one who missed the great Christian Herald because of lack of Grace, I can speak with authority in recommending the cultivation of this quality of God. (Hilarion was Saint Paul.) The outer mind, cluttered with so many remnants of intellectuality, the intolerant feelings driving their will through less stalwart men, the boisterous flesh, send out vibrations which repel the delicate essence of Grace. Like the Dove, spiritual emblem of the Holy Spirit *Who is embodied Grace*, the spiritual Grace which gives the soul the capacity to respond to the Inner Spirit must be invited in loving sincerity, in tenderness, in gentle invocation. Through the mercy of God, I was visited by the Presence of Jesus in spite of my personality and the Grace which entered my soul, sanctifying my consciousness, enabled me to rise and become an expression of God which was of service to mankind in that era.

JESUS

Grace is humility, loving kindness, tolerance, spiritual tenderness, understanding. It is difficult to maintain a positive pressure of qualified energy which enables one to drive a pattern through to successful fulfillment and yet remain within a state of Grace. Yet, I did this and so did My Mother before Me. Those who have not yet felt the stirrings of Grace within them will not understand these words but the few who do will become the invoking power of that Grace, particularly through the chelas and students at this present time. This will be a secret, silent, unheralded Order in which those who know something of Grace will invoke and draw the Presence of Grace through the others. Without Grace, no spiritual Order nor Movement can survive.

SAINT GERMAIN

Two men will listen to the same words spoken. One comprehends the truth and applies it—in him the Spirit of Grace is present. The other man, listening to the same words, scoffs and brushes aside the words—in him the fertile Spirit is not yet stirred to life. When the consciousness has accepted a

religion, a leader, a savior, it is one thing to accept as gospel all that flows through that channel. Herein is no particular manifestation of Grace. It is quite another thing to recognize Truth, the Presence of God, His Word, no matter through whom it flows. *Herein is the mark of the man filled with Grace.* Credulity has caused the wounding of the souls of many men and the resulting bitterness and canker repel the Grace which is required to rise into communion with God and His Envoys. Practice makes perfect and the cultivation of a state of "listening Grace" enables the spirit of a man to speak to many a chela which would otherwise be repelled by indifference and by intolerance of the outer self.

* * * *

Excerpts from an Address by

THE BELOVED ASCENDED MASTER SAINT GERMAIN

April 21, 1954

Beloved children, it is My extreme pleasure to greet you in the name of the Freedom which I serve. I am privileged among all the Sons and Daughters of Heaven to have the opportunity of bringing to fruition the full harvest of all the ages of spiritual service in which millions of lifestreams engaged. The individual who places the final harvest of an evolution upon the screen of life receives undue homage, for many do not think back to the countless numbers of consciousnesses that contributed to the final Victory. I am merely the "capstone" placed at the apex of the spiritual pyramid. This pyramid was builded out of the energies and vital life of countless men and women who served the cause of God through the centuries and who gave themselves without reservation to fulfilling His Divine Plan.

On the eve of this great Ceremony,* which will engage the attention and energies of all the Members of Our Spiritual Hierarchy, My heart is filled with gratitude and humility for the honor of accepting the Crown of Authority as Directing Consciousness for the incoming cycle. You may be interested in the diversity of activity connected with the investment of certain powers in a lifestream. Even in the world of form, wise investment of more than ordinary powers requires a deep understanding and an illumined consciousness that those powers may be used always to expand the sphere of influence of God-

good, and in every manner aid the evolution of the planet and its people.

Although I have been the Chohan of the Seventh Ray for many years, I had not yet become the Cosmic Representative of the new cycle, because the final vibrations of the Sixth Ray were still active in the atmosphere of the planet Earth.

For almost one hundred years after the Ascension of My physical body, I prepared to be invested with the power and authority as the Chohan of the Seventh Ray. I prepared to be invested with the Cosmic Authority as the Directing Consciousness of the new cycle of time. You will see all progress is in graded radiation, graded application and preparation of consciousness.

During My last Earth life, I was privileged to come into contact with many Masters, some of Whom were already Ascended, others of Whom were highly developed and evolved. Through Their assistance I was able to use the applications given and prepare Myself to be free from the necessity of re-birth. At the close of that Earth life I went into Transylvania and there on the first of May, 1684, passed into the Ascended Master Octave. My personal Ascension was completed in 1684, but the assumption of My office as Chohan of the Seventh Ray was completed late in the eighteenth century, after My service to the Cause of Freedom in America and at the Court of France. When I assumed office as a Chohan, it was no longer possible for Me to use My vital energy in the visitations, such as I had made to the crowned heads of Europe. Until this time, I had certain liberty to utilize My energies in endeavoring to form a United States of Europe and to persuade certain students of the occult and metaphysical laws that, if they would cooperate with the Hierarchy, a universal brotherhood could be established without bloodshed. With the exception of My endeavors through Napoleon Bonaparte, I no longer gave any personal service to the European governmental circles and My service to mankind became Cosmic.

It was at the time when Beloved Kwan Yin turned over to Me the authority as Chohan that I retired from active service in the world of form.

During the Theosophical era, Beloved Brothers Morya and Kuthumi invested Their energies instead and I builded those

energies so that when I came forth again and My energy again began to flow, My more personal association with mankind would begin again in a renewed and powerful activity.

I shall always remember the Ceremony in which I received the Crown as Chohan of the Seventh Ray from the beloved Kwan Yin. I considered in My heart if I could ever hope to embody the mercy, the compassion and the love of such a Being as Kwan Yin, half hoping that I might not have to assume that responsibility after so short a preparation at inner levels.

In regard to the use of the Sacred Fire of transmutation, one of the major impressions which have differentiated Her activity from Mine seems to be that She taught the use of the Flame of Mercy as a power of transmutation in the changing of the quality of energy; whereas the presentation of the Violet Flame as brought forth more recently emphasized the consuming of discord. This is apt to bring into the consciousness and the mind of many a feeling of a vacuum and a lack. I am hoping that through the pressure of Kwan Yin's interest, We can in some way convey to the consciousness of new people particularly, that this Flame is not only a consuming activity of impurity, but it is also a transmuting and changing of the quality of energy into perfection. This process leaves them with the same energy which previously distressed them, but now constructively vibrating at a rate which becomes a store of merit within their hands and use. Much of the fear that enters the consciousness of new students with regard to the use of the Violet Flame, rises from the word "consuming." Often as I sit with Kwan Yin, We discuss the aspect of presentation and She emphasizes again that She used the words "mercy," "compassion" and "transmutation" giving the emphasis to the purification in the aspect of the Flame and in the change of the actual quality of the energy.

It is now again the time to assume another vestment. I assumed the vestment as the Chohan of the Seventh Ray, and now I assume the Cosmic Vestment as the Director of this great incoming cycle of two thousand years, which closes the major cycle of fourteen thousand years as well. I ask for the prayers and decrees, the devotion, the thought and the calls of all who love Me in this hour, so that I may avail Myself of all that My consciousness can absorb and which I can pour

as the greatest blessing to the mankind of Earth through the consciousness of each of you and all My friends throughout the world. I have lived but to serve life. I have lived but to set it free. Now is the hour of My opportunity.

Many centuries ago I hoped and wished for an Earthly crown (as Francis Bacon). I had a vision of a united brotherhood of Europe. Through circumstance, mercy and the wisdom of the law I did not receive that crown. Now I am about to receive a Cosmic Crown and in the greater wisdom and maturity of My consciousness, I find that even now I feel I am not ready. One does not lightly assume the responsibility for the evolution of an entire planet—all its peoples, all the angels and all the elementals. I stand in that position today. I stand requiring the love and the friendship of incarnate spirits, I certainly have the love, companionship, friendship and support in Heaven of the most exquisite Beings of light and perfection, for which I am eternally grateful.

They are weaving the garlands for the great Temples. The Coronation train of this exquisite vestment will be over forty feet in length. The Crown I will receive from the beloved Jesus, because as Prince of Peace of the sixth dispensation it has been in His keeping for the past two thousand years. The Scepter of Authority I will receive from Sanat Kumara. It will truly be a day to remember, a day when I shall offer Myself again to Life and to Freedom.

I would like to thank you for giving yourselves so freely and so completely. I would like to thank you for your interest in the Cause of Freedom, for investing your energies in that Freedom through the centuries, not only in this embodiment, but you have rallied around that banner of Freedom in almost every era and every age that you have lived. Now as we enter the door of a new day, I shall remember those of you who have stood by Me, and you shall be part of that Spiritual Court that lives forever.

There is much I would say, there is much of which I am thinking in regard to each one of you; there are memories woven deep into My heart for the personal and universal associations. Those memories are sweet. . . . They are the bonds that bind Heaven and Earth. . . . They are the ties

that keep the God-free yet hovering around the planet reluctant to enjoy Heaven's bliss while any portion of life is in shadow. It is a marvelous thing that through each one of you We shall reach the rest of mankind and set them free also. I hope and trust that you will enjoy the happiness of the incoming of the Seventh Cycle and that you may enjoy the radiation and the beauty of the pageantry of the Kingdom of Heaven. Meantime for this short while ahead I am spending it within the Temples of the Silence in invocations to the Father that I be worthy of the honor to be bestowed.

To you—each one—God bless you and thank you for the homely things that make of life a joy.

SAINT GERMAIN.

Note: Coronation of Ascended Master Saint Germain and the Goddess of Justice (Portia), May 1, 1954.



Calendar of Special Days of Spiritual Importance in 1955

<i>April 10</i>	Easter Sunday
<i>May 1</i>	{ Ascension Day of Master Saint Germain Anniversary of coronation of Saint Germain as Presiding Authority for next 2,000 year cycle
<i>May 6</i>	Wesak Festival (approximately 5 p.m. eastern standard time)
<i>May 8</i>	Mothers' Day
<i>May 19</i>	Ascension Day of Master Jesus
<i>May 29</i>	Whitsuntide (Pentecost)
<i>July 4</i>	Independence Day
<i>August 15</i>	Ascension Day of Beloved Mother Mary
<i>November 2</i>	All Souls' Day
<i>November 24</i>	Thanksgiving Day
<i>December 25</i>	Christmas Day

MONTHLY LETTER TO TRANSMISSION CLASS

February, 1955

BELOVED ASPIRANTS TO THE COMFORT FLAME:

"I Am" so extremely grateful that so many of you are desirous of becoming a Comfort to the rest of life! I have been invoked and welcomed by mankind for many ages in My service of bringing Comfort where needed, but as soon as the temporary wave of Karma had passed, I found little interest in the ways and means of serving life *as I endeavor to serve*. Many men want the gift but so few desire to be or to learn how to become the givers!

"I Am" grateful for the opportunity of following the powerful and peaceful radiation of Kwan Yin in My service as Host to The Great White Brotherhood and mankind at this time. I have felt for centuries that Mercy and Comfort walk hand in hand, for one must have mercy for imprisoned life before such an one can bring the slightest comfort, even to agonized flesh.

I shall appreciate your endeavors to invoke My living Presence and the actual feeling of Comfort which is My aura during this period. Then endeavor to re-create through your own sphere of influence the Comfort you desire (I hope) to bring to the rest of life.

As the Great Himalaya has offered to act as Host with me, bringing all His power of Cosmic Peace to the Activity, I know you will, individually and as collective groups, become Our Comfort and Peace not only for the short time of the actual Transmission Flame Service but throughout the entire period when every God Being will be intensifying through His or Her own consciousness the Flame We have magnetized, and which We are radiating through the world for those who desire to receive it.

Love and blessings,

MAHA CHOCHAN.

GROUP MATERIAL FOR TRANSMISSION CLASSES

February 1, 1955.

DEAR COMFORTED FLAME FROM GOD'S HEART:

God—the Father, God—the Mother, God—the Holy Spirit of Cosmic Christ Comfort, bless you and yours as never before during this coming 30-day period of blessing to the Earth. This dear planet, with all her struggling evolutions (human, angelic and elemental) needs the God-quality of COMFORT about as much or more than any other blessing at this time. There is so much pain, unhappiness and distress that the planet Earth swings heavily on its bent axis and utters a groan into the surrounding atmosphere. This, of course, is a discord projected into the Melody of the Spheres created by the other planets of this particular System. To remove the cause of this discord we work as diligently as possible, in and out of the body (awake and asleep).

COMFORT! A heavenly word, a pleasing word, a soothing word—a word that brings peace and rest to the feelings, even as it is spoken. Everyone WANTS comfort but—tell me—who is willing to GIVE it?

Do you know it is a Divine Law in this Universe that, in order to HAVE a thing, you must GIVE it first? Sounds like a paradox, doesn't it? Well—it isn't if you will think on it a moment. You know, even your own photograph must be taken *from* you before it can be given *to* you! You have to GIVE (expose) your face to the camera before it can record the picture and thus return it to you. In other words, whatever good you want, decree that all mankind be given that blessing also and you will hasten your own release from distress.

COMFORT is a *feeling*. Anyone can be a comfort to life *if he or she wants to* even if they do not have a cent of money. After all, money (while it is very necessary in our present economic scheme) is but a SYMBOL of abundance and a means of exchange. It is comparable to the blood in the body, carrying away that which is not needed and bringing that which is. In fact, blood is more necessary to life than money—yet who agrees with that? When you awaken in the morning, do you worry about not having enough blood to take you through the day? Think it over! You can live without

money—but you cannot live without blood. Yet WHO is grateful for the latter? Gratitude is one of the attributes of comfort.

To be grateful for the every day gifts of God to His people is a comfort to all that lives. For instance, the Sun and its light are a comfort. If you don't believe it, just let it stop shining for about three days and see how you feel when it shines again. Air is a comfort when you want breath. Water is a comfort when you are thirsty and the solidity of the Earth is a comfort under your feet, especially if you have just come from a trip on "choppy" sea or air, by boat and airplane. Comfort is ever with us if we will accept it, but it is taken so much for granted that it doesn't seem so important.

Wouldn't you like to be a comforting presence to the life you daily contact? There is a very wonderful way you can do this—train yourself to visualize the luminous Presence of Beloved Jesus over all you meet, capping their form with that blazing white light figure just as you cap a fountain pen over its writing point. This not only protects the individual for whom it is done, but also the one who calls it forth. It also opens the door for the Beloved Jesus to bring comfort to that life which could not be done otherwise.

A comforting person is a practical one, not a "visionary" or impractical idealist that lives in the clouds. A comforting presence is one who lives as much as possible with his feet on Earth and his head in Heaven—that is, his attention upon that which brings practical every-day comfort to his fellowman.

Just try this experiment for thirty days and you will want to live in it always. Two melodies may be used this month—"Homing" (the key-note of the Beloved Maha Chohan) and "At Dawning" (to which there are words to the Comfort Flame in September, 1954, issue of "The Bridge"). The color of the flame is white with a faint touch of pink and the statement to be used is

1	2	3	4	5	6	7	8
"I AM	inbreathing	th' comforting	feeling	of love	divine	from Maha	Chohan

The above statement is repeated for each of the following activities—"absorbing," "expanding" and "loving."

Your comforting friend of light—

FRANCES K. EKEY.

SUGGESTED DECREES

For use from February 15 through March 14, 1955

Beloved Mighty Presence of God "I AM" in me, O! Thou beloved Immortal Three-fold Flame of Eternal Truth within my heart, Holy Christ Selves of all mankind and beloved Maha Chohan! Expand, expand and forever expand through all mankind in overwhelming Cosmic power and doubled in power every hour, Your Flame of Cosmic Christ Comfort and ITS FEELING of absolute God-control over all the energies of our beings and worlds. Let that Flame HOLD that energy harmonious under all circumstances and conditions, regardless of human appearances, and let it sustain forever the Cosmic Christ PEACE which is so essential to the fulfillment of God's great Divine Plan. We consciously accept this done NOW with full power!

* * *

Beloved Maha Chohan! We call directly to the Great Karmic Board in the Name and Authority of our beloved "I AM" Presence and Holy Christ Selves of all mankind, to grant Your petition for the release of all life on this planet from the pain of birth and so-called death, letting the souls who belong to our evolution here come into and pass from life in Cosmic Christ peace. To this end, we call to You to so release daily limitless oceans of Your Comfort Flame through all life on this planet that this great gift to mankind is made visible and tangible to all as soon as possible. We thank Thee and consciously accept this done in full power in Divine Wisdom.

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Important Announcement!

TO OUR GENTLE READERS:

Beginning with April, 1955 issue, "The Bridge to Freedom, Inc." will start on its fourth year of publication. For the first three years it was partly sustained by the free service and gratuities of a few interested and consecrated chelas. It is now the desire of our beloved Master and Friend, El Morya, that "The Bridge" at least pay for its publishing and mailing costs. Therefore, starting with Vol. 4, No. 1 (April, 1955), the subscription rate for our little journal will be \$4 per year in the United States and Canada and \$5 per year elsewhere. If you desire special handling, such as first-class or airmail—please send us the additional money to cover this expense. The mailing cost by air of one copy of our journal to Europe is \$.30 per copy and to Australia and the East it is \$.50. You can readily see that the extra one dollar of the subscription rate does not cover this special expenditure.

Every thinking individual knows of the increased costs of labor these days in printing as well as the costs of paper and we have thoroughly checked these prices here as well as in other cities, for the most reasonable rates. Our little journal costs us nearly \$.22 per copy to print and when one adds the postage and envelope costs, it tells its own story.

The preparing of the manuscript, typing, editing, proofing, etc., is all contributed as a glad free gift of love by willing chelas or we could not get "The Bridge" out at all. Even "The Reader's Digest" (with its tremendous circulation) has been forced to incorporate advertising copy in its issues starting with April, 1955, in order to carry expenses. The Masters have recommended that, as yet, we do not take the valuable space for advertising which can be used for copy, for such copy will be of benefit to your own soul growth.

By taking you thus into our confidence, it enables you to work cooperatively with us in the great opportunity at hand to expand the Beloved Master's words and works.

Gratefully and lovingly,

THE MANAGEMENT.