

THE BRIDGE

TO FREEDOM



THE TEMPLE OF THE SUN
(ILLUMINATION)
JANUARY 1976

THE BRIDGE TO FREEDOM

**A Monthly Journal Devoted to Individual Unfoldment, Contact
with The Great White Brotherhood and Co-operative World Service**

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The Bridge to Freedom Inc., Kings Park, New York 11754 U.S.A.

VOL. XXIV, No. 10 JANUARY 15, 1976 75 cents

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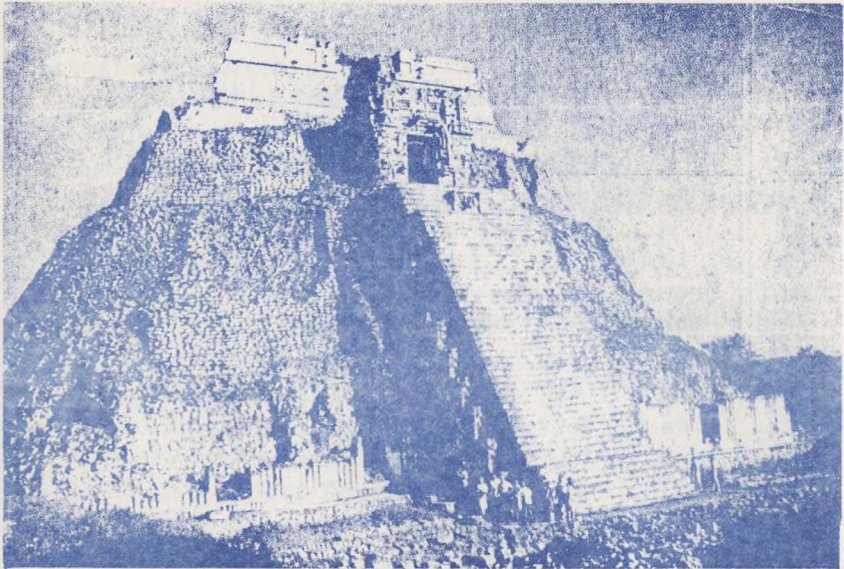
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ONE OF THE TEMPLES

THE TEMPLE OF THE SUN (ILLUMINATION)

Near Merida, Yucatan

Long before the beginning of the Christian Dispensation, there was firmly established in the Province now known as Yucatan, Mexico, - a Golden Age wherein all people under the kindly, but wise rule of their Leader, -- Kenich Ahan, since Ascended, worshipped the Love, Wisdom and Power directed by Helios and Vesta, and which has sustained the Planet Earth and Her attendant evolutions.

Beloved Kenich Ahan and His White Priesthood, long before the decline of His Civilization, took the necessary precautionary steps to preserve the Truth of their civilization on fifty-two golden plates, engraved with characters relating to the entire constructive history of the Mayan people.

Within a Sacred Mountain in Yucatan, barely fifty miles from the present Capital, 'Merida' Kenich Ahan and His Brotherhood of Light placed these documents, and to the present day His descendants and followers guard Them, as well as the Golden Flame of Light Eternal which contains the Twelve Aspects of Deity, - magnetized from the Aura of Helios and Vesta. This Mountain is called UXMAL. To the ordinary tourist of today, it is merely a large mound of earth containing within, and upon, its surface the remnants of various Temples.

Kenich Ahan has come to dwell again within this Sacred Mountain and invites you, - beloved ones, not seeking gold or personal aggrandizement, to enter into the very simple Maya Lodge which looks similar to that of the learned ar-

chaeologists. When your Light has been tested, your sincerity of purpose proven, a servant, brown of skin, - tall, slim and graceful, will part the curtain which divides the Lodge from the Inner Temple - and invite you to enter the long illumined corridor - which leads deep into the heart of Uxmal, - wherein is sustained the Glorious Golden Flame of Light Eternal. Here you can join with the other selfless chelas, to prostrating yourselves before the Flame of the Light Eternal and then, - absorb into yourself more of that Light and the very Nature of Helios and Vesta Themselves.

Returning to your physical vehicles after such a visitation in projected consciousness, your own Holy Christ Flame can and does expand that LIGHT ETERNAL for the benefaction of yourselves and all imprisoned life everywhere.

Be assured, beloved ones, that no human being is allowed to touch the Heart of Uxmal, although they play upon the surface of this Holy Sacred Mount. In these times of world crises, the LIGHT OF KENICH AHAN and HIS WHITE BROTHERHOOD again radiates forth to bless into perfection Mexico, Cuba and Central America, - and you are privileged to be the first, - to trace your fingers upon the Golden Plates, face the Glorious Sun God Kenich Ahan, absorb into your emotional, mental, etheric and physical vehicles, His Light and that of the Flame Eternal....What shall you do with this Privilege? Remember your own previous association with these People? Admire their perseverance? Or become NOW a Radiating Center of the Light of Helios and Vesta?

We shall see, and upon your innermost motive will revolve your further instruction upon Esoteric Truth!

The Mighty Hierarch of Uxmal, - Kenich Ahan is pure Aryan. In stature He towers over eight feet, - and the magnificence of His garments are scarce describable. For all ceremonial purposes Kenich Ahan wears a Golden Robe of a substance of such beauty of texture that its counterpart cannot be released in the physical world at this time.

Over His Golden Ceremonial Robe, He wears a cape which extends to just above the bend of the knee. We would describe this as a half-cape over the back, and fastened to epaulets of gold. The cape, while seemingly heavy in texture, falls gracefully in pleats from the epaulets. Emblazoned on the cape is a glorious circle, symbolic of the Sun. The pleating of the material produces the same effect that the Light of the Sun does, blazing forth in constant pulsation, the colors of the Virtues of the Godhead intermingling one with the other - like unto the Causal Body. For the ceremonial activity Kenich Ahan's hair is plaited, - over which He wears a golden band, fastened in the center front with a magnificent topaz.

The Focus Itself, constantly emits a golden glow, inviting the student who so desires to take this Quality of Life Everlasting and firmly anchor it in his own world.

Upon entering this Retreat, - you will find it very simple in appearance and seemingly plain for such a powerful Focus. This is because of the great desire of our Beloved Kenich Ahan to take as many as possible of the lifestreams who are now embodied in the vicinity of this Focus, and who were some of the leaders in the ancient Mayan civilization into this Focus, - and allow

them one more opportunity to complete the service they started centuries ago.

In order that these individuals may recognize the Temple they once served in, it has remained unchanged to the present day, - although where the Flame Itself of Life Everlasting is kept - is a magnificently beautiful room as are the quarters of Kenich Ahan.

The lifestreams who originally assisted the Beloved Kenich Ahan - seven hundred and thirty in number, - will be the ones responsible for some day making this wonderful Focus visible to all mankind, and in making It the most glorious and magnificent ever known.

* * * * *

THE RETREAT AT MADAGASCAR

Blessed hearts of Light, when the attention of one is upon the Retreat at Yucatan, - it magnetically becomes a 'pull' on My Consciousness.

Why is this? Because Our Focus at Madagascar serves in conjunction with that of Beloved Kenich Ahan at Yucatan. These two Retreats serve on all the Rays, in a combined activity, and are now energized to bring in the Virtues and Qualities of THE GOLDEN AGE OF FREEDOM for the Planet Earth.

Above the Focus at Madagascar there is a giant Sunburst, gold in the center, with seven points extending from It, each representing one of the Seven Rays. This Sunburst was used originally to draw the necessary energy to precipitate the Temple of Harmony. When the Temple manifested, the Sunburst rose above It, where It still draws energy to harmonize and sustain the Focus, and

send it out into the world.

As you know, the Focus is precipitated white marble, - and as each room becomes active this marble becomes transparent so that you can see the activity taking place within it.

While all Seven of the Rays are represented here, - the White Light is the combined activity of all of them. The color of this Retreat is therefore White Light, and all the colors of the Seven Rays.

Combined Service of the Two Retreats

I sincerely ask you to direct your attention to Our Focus, during the specific period of January 17, 1976, - when the Retreat at Yucatan is open for amplified Service to the evolutions of this Planet.

Our keynote at Madagascar is 'Clair de lune' by Debussy, and the playing of this lovely music will assist you to attune your vehicles to Our Focus.

The Brotherhood at Madagascar and My humble Self - will be most happy to assist to further develop the QUALITY OF HARMONY.....I am most grateful to rekindle the glorious relationship which We so enjoyed aeons ago, and the magnified Service which will result from your attunement will do much to stabilize the chaotic conditions rampant upon the Planet at this time.

Perhaps some of you will find a greater compatibility with My lifestream - when I tell you that I am He Whom you once knew as 'Harmony'.

Beloved La Moray...

Sponsors for the Year 1976

Beloved Kenich Ahan
 Beloved Arcturus and Diana
 Beloved Lord Surya

ENFOLDING SPIRIT

Beloved Goddess of Music

Thought-Form for the Year

Rays of Light Eternal entering the Earth as Purification by Violet Fire is taking place, and an Aura of Peace enfolds all.

Retreats for the Year

HIERARCH

Jan.	15	Light Eternal	Kenich Ahan
Feb.	15	Transmutation	Kamakura
Mar.	15	Illumination	God and Goddess Meru
Apr.	15	Resurrection	Gabriel and Mary
May	15	Ascension	Serapis Bey
June	15	Precipitation	Confucius
July	15	Peace and Opulence	Surya
Aug.	15	Devic Strength and Balance	Lemuel
Sept.	15	Activity of the Elementals	Zeus
Oct.	15	Transmutation	Zadkiel
Nov.	15	Shamballa	Lord Gautama
Dec.	15	Precipitation	Confucius

The Temple of Precipitation at the Tetons, The Ascension Temple at Luxor, and the Temple of Light Eternal at Yucatan will be open for the entire year.

1976

Breathing Statements for the
Transmission of the Flame Classes

The following Breathing Statements are to be repeated four times on the corresponding months, preceded by the following first part:

First time -	1 - "I AM"	2 - inbreathing
Second time -	1 - "I AM"	2 - absorbing
Third time -	1 - "I AM"	2 - expanding
Fourth time -	1 - "I AM"	2 - projecting

Jan. 17

3. The Cosmic
4. Breath of
5. Spiritual
6. Radiation
7. from Beloved
8. Kenich Ahan

Feb. 21

3. The Full
4. gathered
5. momentum of
6. Violet Fire
7. from Beloved
8. Kamakura

MARCH 20

3. The Life-giving
4. Essence of
5. the Flame of
6. Illumination
7. from the God
8. and Goddess Meru

April 17

3. The Cosmic
4. Essence
5. of the
6. Resurrection Flame
7. from Beloved
8. Gabriel and Mary

May 15

3. Beloved
4. Serapis Bey's
5. full power
6. of the
7. Ascension
8. Flame

June 19

3. The Full
4. Power
5. of the
6. Precipitation
7. Flame from
8. the Royal Tetons

July 17

3. The Essence
4. of Cosmic
5. Peace from
6. Beloved Surya's
7. Temple of
8. Opulence

August 21

3. The Devic
4. Strength and
5. Balance
6. from the
7. Retreat of
8. Beloved Lemuel

September 18

3. The Buoyancy
4. of the
5. Elementals
6. from the
7. Retreat of
8. Beloved Zeus

October 16

3. The Cosmic
4. Flame of
5. Transmutation
6. from
7. Beloved
8. Archangel Zadkiel

November 20

3. The Cosmic
4. Graciousness
5. of the
6. Beloved
7. Guatama at
8. Shamballa

December 18

3. The Cosmic
4. Flame of
5. Precipitation
6. from the
7. Retreat of
8. Beloved Confucius

Musical Keynotes 1976

RETREAT OF BELOVED:

Kenich Ahan	Lo, "I AM" that "I AM"
Kamakura	Morning by Grieg - or Strauss Waltzes
God and Goddess Meru	Faith of our Fathers
Gabriel and Mary	Pilgrims Song of Hope
Serapis Bey	Liebesträum
Confucius	Evening Star
Surya	Aloha
Lemuel	Concerto No.1, B - Flat Minor - Tchaikovsky
Zeus	Thunder and Lightning Polka by Strauss
Zadkiel	Strauss Waltzes
Lord Gautama	Song of India
Confucius	Evening Star

1976

Calendar of Holy Days

Mar.	17 - Wed	Saint Patrick's Day
Apr.	18 - Sun.	Easter
May	1 - Sat.	Saint Germain's Ascension
	8 - Sat.	Lord Gautama's Day of Enlightenment
	9 - Sun.	Mother's Day
	13 - Thurs.	Wesak Festival
	27 - Thurs.	Beloved Jesus' Ascension
June	6 - Sun.	Pentecost
July	11 - Sun.	Asala Festival
Aug.	15 - Sun.	Mother Mary's Ascension
Sept.	8 - Wed.	Beloved Jesus' Birthday
	29 - Wed	Lord Michael's Feast Day
	30 - Thurs.	Angelic Harvest at Shamballa
Oct.	31 - Sun.	Elemental's Harvest at Shamballa
Nov.	25 - Thurs.	Thanksgiving Day
	30 - Tues.	Mankind's Harvest at Shamballa
Dec.	25 - Sat.	Feast of the Angels

"THE BRIDGE TO FREEDOM" JOURNAL CALENDAR

JANUARY							1976							JULY						
Sun	Mon	Tues	Wed	Thur	Fri	Sat	Sun	Mon	Tues	Wed	Thur	Fri	Sat	Sun	Mon	Tues	Wed	Thur	Fri	Sat
				I	2	3					I	2	3					I	2	3
4	5	6	7	8	9	10	4	5	6	7	8	9	10	4	5	6	7	8	9	10
11	12	13	14	15	16	17	11	12	13	14	15	16	17	11	12	13	14	15	16	17
18	19	20	21	22	23	24	18	19	20	21	22	23	24	18	19	20	21	22	23	24
25	26	27	28	29	30	31	25	26	27	28	29	30	31	25	26	27	28	29	30	31
FEBRUARY							AUGUST													
Sun	Mon	Tues	Wed	Thur	Fri	Sat	Sun	Mon	Tues	Wed	Thur	Fri	Sat							
I	2	3	4	5	6	7	I	2	3	4	5	6	7							
8	9	10	11	12	13	14	8	9	10	11	12	13	14							
15	16	17	18	19	20	21	15	16	17	18	19	20	21							
22	23	24	25	26	27	28	22	23	24	25	26	27	28							
29							29	30	31											
MARCH							SEPTEMBER													
Sun	Mon	Tues	Wed	Thur	Fri	Sat	Sun	Mon	Tues	Wed	Thur	Fri	Sat							
	I	2	3	4	5	6				I	2	3	4							
7	8	9	10	11	12	13	5	6	7	8	9	10	11							
14	15	16	17	18	19	20	12	13	14	15	16	17	18							
21	22	23	24	25	26	27	19	20	21	22	23	24	25							
28	29	30	31				26	27	28	29	30									
APRIL							OCTOBER													
Sun	Mon	Tues	Wed	Thur	Fri	Sat	Sun	Mon	Tues	Wed	Thur	Fri	Sat							
				I	2	3					I	2								
4	5	6	7	8	9	10	3	4	5	6	7	8	9							
11	12	13	14	15	16	17	10	11	12	13	14	15	16							
18	19	20	21	22	23	24	17	18	19	20	21	22	23							
25	26	27	28	29	30		24	25	26	27	28	29	30							
MAY							NOVEMBER													
Sun	Mon	Tues	Wed	Thur	Fri	Sat	Sun	Mon	Tues	Wed	Thur	Fri	Sat							
						I			I	2	3	4	5	6						
2	3	4	5	6	7	8	7	8	9	10	11	12	13							
9	10	11	12	13	14	15	14	15	16	17	18	19	20							
16	17	18	19	20	21	22	21	22	23	24	25	26	27							
23	24	25	26	27	28	29	28	29	30											
30	31						DECEMBER													
Sun	Mon	Tues	Wed	Thur	Fri	Sat	Sun	Mon	Tues	Wed	Thur	Fri	Sat							
				I	2	3				I	2	3	4							
6	7	8	9	10	11	12	5	6	7	8	9	10	11							
13	14	15	16	17	18	19	12	13	14	15	16	17	18							
20	21	22	23	24	25	26	19	20	21	22	23	24	25							
27	28	29	30				26	27	28	29	30	31								

Transmission Flame Classes are within the Squares
Other Holy Days are within the Circles

THE RAYS OF ILLUMINATION

THE GOLDEN LIGHT OF ILLUMINATION

by Kenich Ahan

Hail, Children of Light, - I greet you from the Ancient Temple of Light at Yucatan, wherein We guard the Tablets of Pure Gold upon which are written the Sacred Teachings of the Ages.

The very mention of the word 'gold' stirs up all kinds of emotions in the worlds of the peoples of this Planet Earth, and I come to you to enlist your services in the dissipation and transmutation of greed which emanates from the peoples, deeply imbedded in their beings from centuries of desire for this commodity. In more recent times, you will recall the fervor in the beings of those hardy souls who made the trek across the American Continent in search for gold. There were those who 'struck it rich' as the term is used, - but few who learned the lesson that it is not the gold of the outer world they should have been seeking, but the Light of illumination which is the Golden Essence required by the soul.

Children, the Golden Light of the Illumination of the soul is such a precious Essence and when one permits that Sacred Golden Light to consciously flow through their beings, the reward is magnificent.

I am here today with a special message to all who have ears to hear. I speak in regard to the chaotic conditions daily being energized in the minds and souls of men.....that form of greed which is an entity of the most violent nature. Everywhere one sees what greed is doing in the hearts of those world leaders of Nations who are inciting their followers for supremacy

over others. This is one of the most insidious kinds of greed which is ruthless to the very core.

In order to attain World Peace, to which so many good people on this Earth are so tenaciously clinging, the cause and cores of greed must be eliminated, and that process can be done only through the use of the Sacred Fire. While the various factions are hourly devising ways and means of overthrowing their neighbors, in the Name of the Supreme Creator of this Universe, I beg you to form your own invisible army of dedicated souls who are willing to give of their time and energy to CALL and CALL and CALL for the removal and transmutation of these seething masses of infectious substance which are being constantly infiltrated into the consciousness of those who have yet to be spiritually illumined.

The boiling cauldron of hatred and of greed which is constantly being stirred and its substance fed to the peoples in the various Nations all over this Globe is more poisonous than the most deadly potion which one could imbibe, thus destroying and ending their embodiment on this Earth.

Privileged I am that My Creator has permitted Me to be the Guardian of this Sacred and Ancient Focus of Light in a strategic position on this Earth's surface. For Our Brotherhood is without cessation radiating forth the Light of the Sun, focused here by the God-Parents, Helios and Vesta, to the peoples of this Globe. You are aware that this Focus is the One on this Planet wherein the Beloved God-Parents have a specific anchorage of Their Great Light.

I come to ask you to cooperate with Our Brotherhood, and the request is simple and puts no hardship on anyone. It is of the most vital importance that the souls of men receive more Divine Illumination. This cannot be accomplished until the blind disintegrating forces of hatred and greed are removed from their beings. Call for the removal of the causes and cores, the initial pulsations of those disintegrating factors to be removed from the beings of the peoples of this Earth, and ask that they be replaced by God Illumination. Our Brotherhood will be at attention, on the alert, at all times, and will consciously serve with you to fill the beings and worlds of all men with the Sacred Light which We do humbly guard. No two radiations can be present at the same identical moment, in the same place. It is either that of Light or darkness.

You hear from time to time of the various Orthodox Religions praying for Peace. This is good, and the energy which they release in their prayers is being taken up and used for that very purpose. But, the children under the specific direction of the Cosmic and Ascended Beings, who accept Their Presence in the Universe, who will follow Our instructions, - can accomplish in a much shorter period of time World Peace, through the removal of the causes and cores from which war emanates. These initial pulsations MUST BE REMOVED, for when a Peace of a fashion is accomplished, if the cause is not removed, that wound will again fester and later burst, sending out its poisonous substance.

World conditions are of a more grave nature than anyone on this Planet is aware, and upon whom can We depend on this Earth for assistance, than the children who have had such a privilege

as you, who know the ways and means of cooperation with the Spiritual Hierarchy.

Granted, many of you do call for World Peace, but the intensity of the calls and the number who are engaging in this activity is not sufficient. The Nations of this Earth are, in your parlance, 'sitting on a powder keg' and, beloved ones, that includes you. It is your responsibility, your duty, your balance to the Cosmic Law to consciously and dynamically, and rhythmically, be about The Father's Business in using the Divine Alchemy of Transmutation for the safety and illumination of the multitudes who inhabit the Earth.

Beloved Lord Zadkiel, all the Beings on the Seventh Ray, - Beloved Lord Michael and all the Beings on the First Ray, - Lady Astrea and Her Legions of Purity, all await your Calls. IN THE NAME OF GOD, - cooperate with Them and each and every Ray in the spectrum of the Seven, will go into action in one mass 'attack' on the evil of this specific time.

I not only plead with you, - I say with all the Authority of My Own Individual Identity, - IT IS YOUR DUTY TO ASSIST AT THIS TIME. The Cosmic Law will only allow Us to assist you to a certain extent, - and the Command is this instant being issued and sanctioned by the God-Parents of this System, Beloved Helios and Vesta, that you are required to cooperate with Us in this hour, if you wish further benefactions from the Spiritual Hierarchy.

Shall We say, that the Command has been given from ON HIGH, - and your further Spiritual evolution at this time is UP TO YOU. If I sound

forceful to you, I shall just add, - THE SERVICE
IN WHICH WE WISH YOU TO ENLIST IS IMPERATIVE AT
THIS HOUR.

Should you desire to visit Our Focus and Our
Brotherhood for more Divine Illumination, - Our
doors are open to you.

Now.....enfolding you in My Mantle of Pure
Golden Light.....I am your Counselor and your
sincere Friend.....KENICH AHAN.

"I AM" - THE ONE

Be still and know "I AM" the One
Reality - the Holy One
You were before and shall again become!
Come now to Me in listening Grace
And see again My Holy Face;
And then to know you are "I AM" - the ONE!
"I AM" within this heart of thine;
And long for you to claim - "I AM"
Come join Me here in Love sublime
Return now Home and be Divine;
"I AM" - the ONE; you really are "I AM"!

THE TASK OF THE EXTERNALIZED CONSCIOUSNESS
by Saint Germain

In the precipitation of the Divine Consciousness into and through the four lower vehicles provided as instruments of manifestation, the consciousness so extended into the manifest plane of physical expression was provided as a Transformer of the Divine Ideas into the substance and energy of the lower world; thus the Divine Perfection already completed in the Mind and the Heart of God was to be drawn through the Consciousness thus provided and the atoms and molecules of the third dimensional plane coalesced around the Divine Ideas so created according to the Divine Blue Print.

The consciousness thus sent forth from the Divine Mind was to be the interpreter of the Divine Ideation and the interpretation was to follow the original exactly as to form and detail.

In other words, - the important task of the externalized consciousness was to receive into itself that portion of the Divine Plan allotted to it for expression, and then to use the creative faculties to express that Divine Plan impressed upon it from above.

Every man, woman and child in the Universe interprets the Divine Plan today according to their individual capacity, and the out-picturing of a person's environment and association is the result of his or her accurate or faulty interpretation of it. The home in which they live, the environment in which they move, and their particular place in the evolutionary scheme of commerce, industry or domestic affairs is but the out-picturing of what their consciousness is

capable of receiving from the Realm of Truth.

The denser, more impure and heavy the consciousness, the less it can tune into the Truth, and therefore, its interpretation of Life, resulting in limitation, - is not accurate nor in any measure cooperative with the expansion of the Kingdom.

Your consciousness, each one, has become embedded and ingrained with much imperfection through centuries of Life's experience, but as your attention is upon purification and Truth your instruments of interpretation will become more alert, more accurate and more receptive to the Divine Will, and as you interpret more and more Truth, so will that expanded consciousness externalize greater perfection.

Cultivating the Ascended Master Consciousness in your quiet thinking and feeling, and your hourly living is to build into your spirit the only eternal riches, beauty and happiness, which comes from fulfilling your destiny as an Interpreter of the Ever-Present Good.

The folds of consciousness form an actual substance made up of the elements in which the four lower bodies function.

The four lower bodies are the weavers of the Universal Light Substance into the complicated intricate pattern which forms the consciousness of every lifestream.

Through the substance of these folds a consciousness that represents the creative power, presses into manifestation the conscious or unconscious imaging and picturization of the indi-

vidual, and the quality of manifestation is more or less tempered by the actual substance of the consciousness through which it flows.

The old statement "Through a soiled garment the Light will not shine" refers to the absolute necessity of a highly purified consciousness in order to interpret and manifest the perfection contemplated in the inner imaging, because no matter how beautiful the picturization may be if the folds of consciousness are sullied, as the image is pressed through these folds (just as grapes are pressed through a cloth to separate the pulp and the seeds from the juice) so is the Divine Ideation presented or injected into the consciousness by the Higher Self, but the sum total of the consciousness of the individual through whose consciousness the perfection is to come determines the quality of the manifestation.

It is, therefore, expedient for the conscious student upon the Path to accelerate the Cosmic Purification of the four lower bodies in order that the folds of consciousness emitted from every individual and forming the collective 'Cup of Transmutation' might be utilized by the Gods and that They might find a perfect clean vessel of transmutation that would not dim the glory of each individual manifestation.

HOW TO DISCONNECT YOUR INNER BODIES FROM THE MASS CONSCIOUSNESS

by Beloved Vista

Again returning to the ever-expanding knowledge and understanding of the Realm of Consciousness, I will present to you another point of application which will assist you in the process of training and maintaining an inner consciousness at a higher level of spiritual attunement than has been the natural course of your individual evolutionary expression to date.

When a man or woman desires to raise himself or herself to a conscious understanding of the Law into the Ascended Master Consciousness, he must first recognize the fact that it is the internal nature of his entire being that must go through a period of drastic change and attunement, which is diametrically opposed to the currents of energy that have been his natural expression to date.

In the Retreats and in the East, where individuals know that the Spiritual Path requires such an extreme re-orientation in the expression of the lifestream, - they approach the Path with greater earnestness, knowing that it is not the superficial surface, - but the innermost nature of the man which must be trained along lines which will evolve a set of vehicles completely harmonious and perfectly attuned to the currents of force that represent the outpourings of the Godhead and set the pattern for the Divine Plan to man and nature.

One must be the Master and not the victim of his vehicles.

We will return to the study of the four lower bodies and their contributing force which, as a

conglomerate whole, makes up a man's personality and consciousness, - and determines his or her state of evolution and progress on the Path.

When a man aspires to spiritual unfoldment, he finds that the energy of his lifestream has evolved a series of independent motivated vehicles whose course of action is completely beyond his control, - and even beyond the scope of his reason.

Among these warring selves he dwells and is victim rather than master of the vehicles originally intended to be his servants. Each one of these four bodies is fed externally by any vibration going on in the particular sphere to which it belongs at any given moment. Thus, if tremendous currents of force passing through the etheric world, the mental or emotional worlds, the bodies of the unawakened vibrate to those currents as helplessly as a small craft bobs in the waves of a powerful steamboat.

As man's evolution is but a small part of the activity of the Universe to which he belongs, cosmic currents from various Planets and Stars and activities from the Fourth Dimension are playing through the Seven Spheres, - and these currents have been incorrectly interpreted by astrologers as beneficent or malefic forces that affect, constructively or otherwise, certain groups of individuals at various times. The truth of the matter is that these tremendous currents of force, - as they sweep through the seven spheres, - are intent on cosmic creation, and the power of their release energizes the various bodies of the peoples according to the quality of the energy predominant in the inner bodies at the time of their passing.

There are likewise upheavals in the psychic

and astral places such as was caused by the world wide war, which does not only affect the physical bodies of those in the conflict, but is a tremendous mental, emotional and etheric conflagration that fills the inner bodies of every incarnate and discarnate soul with confusion and chaos. Therefore, we see that one-seventh of your lifestream is manifest in the physical form and six-sevenths are under the influence of currents of energy of which the intellect is completely unaware.

You have been told that the mental, the feeling and the etheric nature of all mankind are one, and what affects one affects all. The advancing consciousness makes an intellectual affirmation of its desire to rise out of the mass mind, - he then wonders at the rise and fall of the state of his consciousness, not realizing that his inner bodies are at the mercy of and controlled by the mental and emotional waves going through the Universe, released by the peoples of Earth, the discarnates as well as from the Higher Octaves. Thus, the student must, in order to facilitate his progress and ensure a steady forward motion of his entire lifestream, learn how to disconnect his inner bodies from the mass consciousness, and thus tune into the vibratory action of the Higher Spheres. The quicker vibratory action of the latter will raise the lower bodies from connection with the mass mind, - and will greatly strengthen them by the currents of these Higher Spheres into which they are attuned, - and while that higher vibratory action is vibrating through them, they will be immune to malefic forces, but once an individual allows anyone of the lower bodies to descend again into the turmoil of the outer consciousness, - he becomes a part of and is affected by the mass thought and feeling. It is the individual's conscious choice.

To make this clear, - let us take your emotional nature. Consciously offer it in to the Heart of Heaven, let the Qualities of the Masters fill it with the substance and feeling which That Heaven expresses, - and if your emotional nature is held in the Heart of Heaven, no inner or outer experience will be important enough to change the ecstasy of that vibratory action.

Consciously take your mental body and tune it in to the All-knowing Mind of God. You know you cannot entertain a thought less than Perfection and keep it there in That Mind, and when the individual's mind is so attuned it cannot become a part of the mental confusion of the world.

Take your etheric body and consciously bathe it in the Waters of Purity and in the Flame and let it record only Perfection.

As your bodies are thus trained to rise and join with the Ascended Master Mind and Heart, they will feed on the substance of Universal Good. They will not allow you to be dragged down into the unhappiness of the outer world, and they will begin to feed your consciousness with their reports from God's Kingdom rather than to dump the refuse of their experiences in the world of human thinking and feeling into it.

I hope We have been clear enough to present to you another phase of unfoldment which, together with your previous understanding, will enable you to invite various Gods and Goddesses to accept, expand and to guard and protect, to fill, to teach and to train your lower vehicles until they become perfect expressions of the good of your lifestream.



Lo! "I AM" that "I AM"!
Lo! "I AM" that "I AM"!
God now in action come
Now in each one.

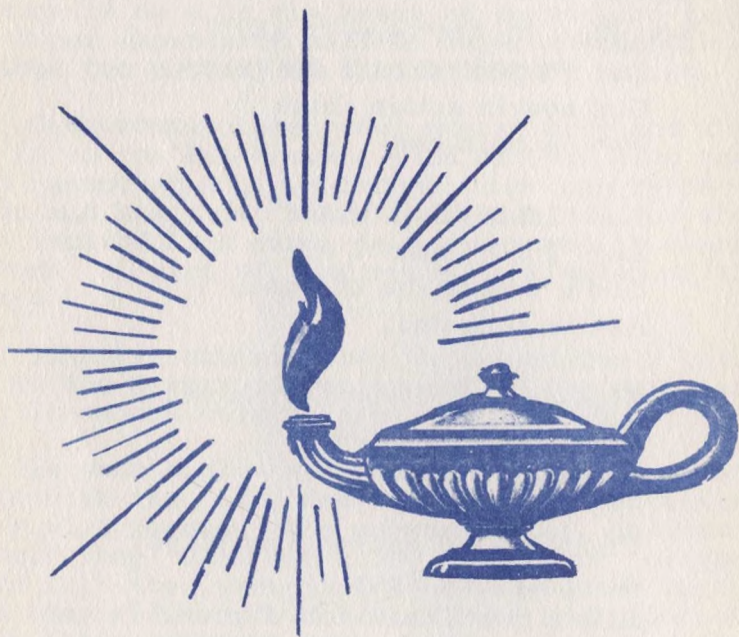
Lo! "I AM" that "I AM"!
Lo! "I AM" that "I AM"!
God's Will in me be done,
And in each one.

FLAME - all Holy Thy Name!
In every heart - claim
All back into Thee!

FLAME - all sacred Thy Ways!
All Holy Thy Rays
Life's own Three-fold Flame!

Love - my sweet adoration;
One - my love unto Thee;
Found - my life's Consecration;
Now - Thyself e'er to be!

(repeat verses No. 3 and 4 then
No. 1 and 2)



SPIRITUAL ILLUMINATION
FOR ALL WHO TREAD
THE PATH OF TRUTH

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THE BRIDGE TO FREEDOM, INC.
SPECIAL ANNOUNCEMENT

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THE ASCENDED MASTERS' 1976
SUMMER CONFERENCE

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Beloved Friends of The Light:

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ooooo
It gives us great pleasure to
announce at this time that the
Ascended Masters' 1976 Summer
Conference of The Bridge to
Freedom will be held at its
Headquarters, 20 Meadow Glen
Road, Fort Salonga, N. Y. The
Conference will be held for an
eight (8) day period commencing
Sunday July 11, 1976 continuing
through Sunday July 18, 1976

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This announcement is made -- at
this time -- in order that vacation
arrangements for those who plan
to attend may be made accordingly.

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Only BRIDGE CHELAS are eligible
to attend this Conference.

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A LETTER WITH FULL DETAILS CONCERNING
RESERVATIONS AND REGISTRATION
will be forwarded to you at a
later date.

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Thank You,
The Staff of
The Bridge to Freedom

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