

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment,
Contact with the Great White Brotherhood
and Co-operative World Service.



VOLUME XVI

APRIL, 1967

NO. 1

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50 cts.

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Kings Park, L. I., N. Y. 11754

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THE TEMPLE OF THE ASCENSION

At Luxor, Upper Egypt

THE ASCENDED MASTER RETREAT OF THE MONTH

April 15, 1967 through May 14, 1967

Hierarch: The Ascended Master Serapis Bey

Color of Flame: White (Crystalline)

Musical Keynote: Liebestraum, Liszt

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS APRIL 15, 1967

To be repeated four times as follows:

- 1 2 3 4
1st time: "I AM" inbreathing The Flame of Beloved
5 6 7 8
Serapis Bey's Love Determination and Obedience
- 1 2
2nd time: "I AM" absorbing — 3 to 8 same as first time
- 1 2
3rd time: "I AM" expanding — 3 to 8 same as first time
- 1 2
4th time: "I AM" projecting — 3 to 8 same as first time

Addresses by Beloved Serapis Bey: See "BRIDGE" Journal Vol. XII, No. 1, Vol. XIII, No. 1, Vol. XIV, No. 2 and Vol. XV, No. 8

Festivities in this Period

- May 1 Saint Germain's Ascension Day
May 4 Jesus' Ascension Day
May 8 Lord Gautama's Day of Enlightenment
May 14 Pentecost (Whitsuntide); also
*Mothers' Day

*In the January BRIDGE
Mothers' Day was incorrectly
given as May 7th, 1967

THE ASCENSION TEMPLE

The Ascension Temple of Beloved Serapis Bey is dedicated and consecrated to providing an ascending current of energy upon which any individual, when purified enough, may return to the Realm of Perfection and become an Ascended Being.

The current is made up of actual energy, focused through the minds, feelings and bodies of the Brothers and Sisters of the Ascension Temple, in adoration, prayer and devotion to God. Thus, each Member widens the river of ascending energy by His Own personal and collective participation in such services. The conscious descent of mankind and the Guardian Spirits into the Earth's atmosphere was for the purpose of magnetizing the perfection of the Kingdom of Heaven and moulding that perfection into the substance and form of the physical world. Even as the physical Sun "steps down" the Radiation of the Central Sun of our System, so did every lifestream given opportunity to embody upon Earth vow to externalize some portion of the Divine Plan. When the lifestream had completed that service, it was to ascend back into its natural estate of perfection.

However, mankind lost the memory of that initial purpose - reason for being - and lost also the conscious capacity to find its way back Home.

The Ascension Brotherhood, knowing that sometime, somewhere, each individual must

complete its cycle of individualization and return to its Source, have kept the door open so that those who complete their services and qualify for graduation might have the assistance of Their buoyant energies upon which to ascend.

Because of the mass accumulation of discordantly qualified energy filling Earth's atmosphere, no unascended being can accomplish this Ascension alone! At the time when the individual has finally completed his service to life upon the Earthplane, some member of this Brotherhood assists him to rise upon the Cosmic tide of the Ascension Flame into his rightful estate in God's Kingdom. Each such ascending lifestream contributes the joyous energies of his own world to the Ascension Flame as he achieves his final Victory. In this way every ascension makes wider, more joyous, more powerful and more buoyant the Ascension Flame and this Flame becomes an ever-increasing assistance, to be used by those who follow on into the Ascended Masters' Realm, each in his own appointed time.

Angels from the Ascension Temple gather together all the praise, adoration, songs, devotions and blessings sent upward by individuals in congregational worship or individual application and these currents are carefully woven into this ever-widening Spiritual Stream of energy. Each Ascension makes it easier for the next lifestream to avail itself of the full gathered Cosmic momentum of Those Who have gone before.

The Ascension Temple at Luxor sustains the pulsation of the Ascension Flame in the atmosphere of Earth. This Flame is utilized freely by the Nature Kingdom in the resurrection of each successive Spring time. The few members of the human race who awaken in each century to the desire to complete their cycles of incarnation become the responsibility of the Brotherhood.

Those interested in visiting the Ascension Temple at Luxor are requested to draw back with them into their individual world, homes, auras and consciousness that raising, buoyant, joyous energy which is the activity of Ascension. This Flame will enter into the elemental substance of the inner bodies, as well as the physical form and act as the 'leaven in the loaf' when earnestly invoked. As the pure white Flame passes through the substance of the chela's bodies it quickens the vibratory action of the atoms, each electron moving more rapidly around its own central pole. This causes the throwing off of the impure, discordant, heavily charged substance around the electrons, and quickens the rhythm of the vehicles. These vehicles then become more sensitive to the finer vibrations of the Higher Spheres and the consciousness of all the instruments is more attuned to Truth, the gravity pull is lessened, and the various appetites and passions of the physical and inner vehicles are transmuted. It is a practical and mechanical activity of Purification.

Avail yourselves of this acceleration!

BELOVED CORONAJanuary 27, 1967

Hail, Children of the Light, "I AM" Corona and I dwell in the chromosphere around your Sun. It is My privilege to abide in the glorious Radiation of Mighty Helios and Vesta, being visible only to Earthlings at the time of a total eclipse.

Why do I come to you, the chelas of the Cosmic Beings and Ascended Masters at this time?

As We look upon your auras, We see the emergence of The Christ, the veil or shadow of the human self receding, and you are now rapidly approaching the time when the corona, or halo, of your own being will shine forth. You have seen illustrated in pictorial manner, the shining Light forming an aureole, or corona, around 'sainted' ones.

In the Higher Octaves your great Causal Bodies are glorious Coronas, whose luminosity is never dimmed, just increased in intensity as you become adept in the process of expanding the various Virtues of the Godhead. The time has arrived when the Good of your Causal Bodies should be drawn forth and lowered (but not diminished) so that it will be the perfect aureole of The Emerging Christ.

I shall now proceed to give you an exercise which will be of great assistance in accomplishing this. Some of you beloved ones employ this in part but We wish you to take fuller advantage of the Gifts and Powers

awaiting your use:

First, give recognition to and center yourself in The Christ within, removing your consciousness from the outer self. Now in prayerful humility, kneel in gratitude for the privilege of knowing you ARE the Indwelling Christ.

Becoming absorbed, or saturated, in the Christ Consciousness, feel the Crown of the Elohim become activated on your forehead. The Seven Rays blazing forth in balanced activity. Here pause to give recognition to the glorious Rays, and travel further on the avenue of your Silver Cord into the very Heart of your "I AM" Presence. Love, love, oh love that Great God Presence, and blending as One, thank the Supreme Source of all Creation for this privilege. As this Oneness intensifies, visualize the pulsating Bands of your Causal Body, your Cosmic Corona, enfold you.

Now abide in this consciousness for a short while, until you become accustomed to the higher rate of vibration, and then proceed to retrace the journey of your consciousness to the starting point of The Christ within your heart. Giving a prayer of gratitude for this Celestial Journey, quietly, unhurriedly continue your application, and then proceed to follow your daily activities.

I admonish you to do this exercise for short periods at first. Should you not be adept at this, ask one of the Cosmic Beings or Ascended Masters to give you assistance, until there is no strain felt in this change of vibratory action.

As you will realize, this is given to you for a very specific purpose, to enable you to further blend the outer self with the Inner, and the more infiltration of the Inner, the more will the outer recede.

As The Christ emerges and is allowed to take control, there must be a rarefied atmosphere for Its functioning through the lower vehicles. It should have a corona of Divine Love, Peace, Purity and Beauty to permit fuller expression in the world of form, otherwise the little or human self intrudes and is in command of your being and world.

This is presented to you not as an entertaining excursion into the Higher Octaves, but to train your vehicles so they will not further impede the Activity of The Christ within from taking control and functioning in your being and worlds, at all times!

I call the Blessings of the Supreme Source of All Life upon you in your forward progress on the Path of Spiritual Attainment.

I, Corona, from the Aura of Helios and Vesta shall be prayerfully watching the expansion of your "corona"!

SO BE IT!

BELOVED MOTHER MARYJuly 8, 1965

Good Morning, how well I know each of you, it having been My great privilege to have taken part in fashioning the Sacred Chalice of your hearts in which the Immortal Victorious Three-fold Flame was to dwell while you are in embodiment on this dear Earth!

I remember so well the dedication ceremony in the Sacred Heart Temple, after supervising the selection of the purest elements which could be provided your lifestream, and breathing upon those Vessels a prayer that you would be constant in your Pledge to the Karmic Board, that you would eagerly do everything to assist Our so loved Ascended Master Saint Germain to bring in the Permanent Golden Age upon this Planet. You are all pulsations in the One Great Chalice which is the Heart of the Cosmic Source of all Life!

Blessed and beloved ones, you have lived up to your Vow and My heart is so filled with gratitude for your presence here that I may express My Love in feeling as well as worded expression. Constancy to a dedicated God-purpose is the Way back Home!

I believe you will be interested to know that all of Us Who serve on the Fifth Ray specifically, are in constant communication with the Holy Christ Selves of those 'explorers' in the Medical and Scientific Professions. Although I have long been identified with the Sixth Ray of Healing, My particular Ray is that of the Fifth. Of course you real-

ize that all the Rays are Healing Avenues, for when the Virtues flow into the world of form on any Ray, they change imperfection into Perfection, if only to a small degree, depending upon the acceptance. The manner in which the Virtue is received and the fertility of the ground, the consciousness, through which it flows and to the specified recipient or recipients, determines how much of the Perfection can manifest.

It is quite likely that We shall request that the following Message does not appear in THE BRIDGE, at least for the time being, and is given only for the Illumination of those who have set aside all else to attend this Conference. I pray you to listen well to what I have to say.

You are surely aware of the mighty experiments which some of the Medical Specialists, dedicated to scientific exploration, are making in connection with the physical organ of the heart and the various repairs which have been made upon it. The thought has entered the consciousness of some of you as to what would happen to the Immortal Victorious Three-fold Flame should the time come when a 'man-made' heart is placed in the physical vehicle. A good and commendable question which I shall endeavor to clear up for you.

First and foremost, no individual can extend the life of another human being beyond the allotted time given the lifestream by the Cosmic Law. There are a certain number of heartbeats which are permitted and the Breath

of the Holy Spirit animates the physical for the time designated for that particular life-stream. Before you leave the Inner Realms your record is carefully studied, and the measure of your lifespan is determined by the highest potential of the good which you can do while in the physical garment.

Now...the elements which make up the physical heart are not the entire heart complex. You have four lower vehicles, and each of these has a heart made of corresponding substance. You could not journey forth in the etheric garment unless there was a heart beat. I will endeavor to put the following in as simplified language as possible so that all who hear My words will understand.

If the Surgeons concerned particularly with heart experiments succeed, and notice I say 'if', they will have to devise a means where there is an uninterrupted flow of blood through the physical vehicle, that is, the natural heart would have to continue beating during that fraction of time when the transplant is made. The physical vehicle could not be completely severed from the other three, else life would cease to be.

Prior to the time of the removal of the physical heart, unseen to the physical eyes of the Surgeon, while the contemplated operation was being studied, the Beings of the Elements would have to create a heart to slip within the man-made mechanical heart in which the Immortal Flame would abide.

This would require the complete co-opera-

tion of the other three vehicles, because they would have to be in a harmonious state for this transplant to be made. Let us take for instance the emotional vehicles which might think "I've had enough of this and would like to return to the Inner Spheres"; the same could be true with the mental and the etheric. If they were unco-operative, the operation could not be a success. There are many more phases of this delicate transplant, but I wish to definitely imprint your consciousness with the fact that no individual can remain on the Earth one more instant than that which is according to the Divine Plan.

Only individuals who for some unseen reason appear to be leaving the Earthplane before their allotted time could have this experiment made on them, and only those who have sufficient purity of purpose would be permitted this venture. I do not wish to complicate the explanation too much for you, but I would like to add the following:

This process, the so-called extension of time on the Earthplane for any individual, would be similar to what takes place when there is an individual who the Spiritual Hierarchy believe can continue to serve, without a rest in the Inner Realms, where they receive further instruction for the completion of their Mission on the Earth, although this is the exception rather than the rule. There are some individuals who have entered more than one body without a sojourn in the Inner Spheres between embodiments. The body elemental ani-

mated the physical vehicles of the first, shall we say embodiment, until the time of withdrawal of the Immortal Flame from another lifestream.

At that time there was a very delicate and intricate transmission of the Flame from the remaining individual, which takes place between the outgoing and remaining lifestream. Let Me see, perhaps this will make the process more easily understandable for you. Mr. Green and Mr. White are both in embodiment. Mr. Green has served to the maximum his consciousness and vehicles will allow at a specific time. Mr. White's vehicle, that is the physical, is about worn out medically speaking, but his potential of service to the Spiritual Hierarchy at this time is great. Arrangements are made between the Karmic Law and the two individuals, and at a time when the physical vehicles are both in the state designated as sleep, so that at the moment when the Individualized Flame for Mr. Green is withdrawn, together with the other three vehicles, the physical remaining inert, so to speak, there is a fractional blending of the Immortal Flames so that the vehicles of Mr. White can be transplanted or fused with the physical garment of Mr. Green.

Understand, there is no 'warring' which could take place between the Individualized Three-fold Flames, and that is why this special transition could take place. This happens on very rare occasions, and when it is permitted by the Karmic Board, it is only after very careful study of the two individuals as to the

compatibility of the elements which have composed their respective vehicles.

I shall not proceed any further on this subject at this time, for We do not wish any individual who hears this to go on any trips of fancy, imagining they would like to take part in such an experiment, and thus stir up all manner of ideas which might not always be constructive. However, since there has been much questioning in the consciousness of some of the chelas, "I AM" permitted to release this information to you here assembled.

You are, of course, cognizant of the fact that We do not usually turn the attention of the chelas to the physical garment, rather to the recognition of The Christ within each. We of the Spiritual Hierarchy hold the Immaculate Concept for all life and center Our attention on the Light of God which emanates therefrom. We, naturally, know of the existing imperfection in the lifestreams inhabiting this Plane, but take that into consideration only for the study of what We release to the chelas so they can assist in the transmutation of the imperfection.

"I AM" going to make a request of each of you, the acceptance of course is your free will prerogative. Will you every day take a little time, if only for a few minutes, to give recognition to the Fifth Ray and call for the dedicated men and women in the Medical and Scientific Professions. This will provide a channel for Beloved Hilarion, and Those others of Us Who serve on this so important Ray at

this time. I say important for at the moment the Nations of this Planet are vying one with the other, trying to gain supremacy so they, in some cases, can outwardly conquer the world and mould it according to their concepts of Rulership.

While We in the Spiritual Hierarchy never impede progress - that is an advance in scientific experiment when the purpose is for World Good. Need I say more!

There will come a time when there is a true World University where the most advanced in each Profession will convene, there to study and put into practice, through the commingling of their accumulated knowledge, ways and means of further explorations in the scientific field, all for World Advancement.

At the present time it is no small task to harness the energy of some of the destructive forces rampant on this Earth, waiting for the transmutation of this imperfection through the co-operation of the chelas who have been privileged to have been advised of the Activity of the Sacred Fire.

Remember, energy is energy and the motivator of the force determines the manner in which it is used, be it on the constructive side or otherwise. Those who are behind various experiments are unleashing energy of the most volatile nature, and it is only The Light of God which can stem their progress when directed along a destructive line.

I invite you to further join with all the

Members of the Spiritual Hierarchy in the purifying process of the Planet Earth. Intensify, intensify your efforts. I would like to adjure you that nothing else is of similar magnitude in your world as the serving consciously with the Spiritual Hierarchy at this time so critical in the Earth's evolution!

Before closing this Address, I would like to add a word about Shamballa here on Long Island. It was established on this Isle for a very specific and important reason and will be the Center in the not too distant future of tremendous activities, and only those individuals who are truly dedicated in their service will be allowed entrance on Its Sacred Ground.

I wish to thank all those who answered My appeal for funds to pay off the mortgage on this property, even though some thought it strange that I, Mary, would engage in this financial plea. Well, as you can see from the foregoing Release, I believe My development is quite well rounded in all fields. Some women are the greatest financiers there are, even though their accomplishment in this line has not generally been brought into the foreground.

The feminine Ray, as you have been told, is coming into prominence and I have chosen to be One Who will assist in the ushering in this tremendous activity.

Oh, would that I were permitted to stay a little longer and chat with you, just for a heart-to-heart talk, My so dear friends, but We are obedient to the Cosmic Law, and because

of the very important Message which I have brought, and the amount of energy "I AM" permitted to release has been used up, I will close saying that I hold for you the Love of a Mother for Her children, and enfold you in My Blessing of Healing and My momentum of Holding the Immaculate Concept for all mankind, "I AM"

Your loving and ever-watchful, Mary

* * * * *

THE SACRED NAME OF MARY

Dear Mary's Name we love to hear;
Her Healing Pow'r is ever near;
We praise, with voices ever clear,
The Sacred Name of Mary.

CHORUS:

Mary! Oh, how sweet Thy Name!
Thou Who, through Divine acclaim,
Mother of all men became;
Thy Name we bless forever.

The Name of Mary forms a part
Of Love's great Pow'r in every heart;
And will God's Peace to all impart -
The Holy Name of Mary.

The Name of Mary is so sweet;
The Concept of the Christ complete
We see as each time we repeat
The blessed Name of Mary.

Melody: The Name of Jesus



BELIEVED MICAH -- ANGEL OF UNITY

Micah, Angel of Unity,
Our hearts' true Love we e'er send to Thee;
As Thy glorious Crown so bright
Enfolds the Earth in its Heav'nly Light.

Thou art Michael's blest Angel Son;
Ever through Thee shall God's Will be done
On the Earth as in Realms Above -
Each one e'er pouring forth perfect Love.

Micah, Thou art the Friend of all
Who now sincerely to God do call;
Ageless, powerful, Thy Love, too,
Cuts all life free with Love's Sword of Blue.

Thy blest Presence to few is known;
And service rendered for Love alone;
Now, in gratitude, may all bless
Thee and Thy world with God's Happiness.

Micah, beautiful Angel Friend,
Our worlds with Unity now do blend.
From the Heart of the Central Sun
We call Thy Pow'r 'til Earth's Vict'ry's won.

Melody: Holy Spirit - Truth Divine

THE ANGEL OF UNITY

On the preceding page is a beautiful picturization of BELOVED MICAH, Angel of Unity and the following are the words in the inscription, which we present to you for your edification:

"He carried me away to a Great and High Mountain and shewed me that Great City and He shewed me a Pure River of Water of Life clear as crystal proceeding out of the Throne --- The LEAVES of the TREE were for the HEALING of the NATIONS."

This painting is in The Senate Chamber of the Capitol of the State of Pennsylvania who have graciously given us permission to reproduce it in THE BRIDGE.

How grateful we are to know that Beloved Micah ensouls the Entity of THE BRIDGE TO FREEDOM, INC. and that through His Mighty Being flows the Essence of UNITY OF THE WORLD, which through the Power of Pure Divine Love, Transmutation and God Illumination shall bring the so much desired, and required, PEACE for the Planet Earth and all who abide hereon.

Beloved Cosmic "I AM" Presence, Beloved Micah and all the Guardians of PEACE for this Earth, our gratitude ever flows to Thee and we solemnly pledge our energies to the manifestation of PEACE ON EARTH, through the Gift of UNITY, the Oneness of all Life. So be it, Beloved "I AM".

BELoved SANAT KUMARAFebruary 6, 1967BELoved SERAPIS AND
HIS SERVICE TO LIFE

Dearly beloved children, Sacred Chalices of the Most High Living God, abiding yet upon the Planet Earth, I come to you today, as the opportunity is provided Me to say just a few words to you about the activities of Beloved Serapis, present Hierarch of the Retreat at Luxor.

Much has been written about the sacrifice of Beloved Lady Venus and My humble Self, but little of My Son Serapis' tremendous Service to the Planet Earth.

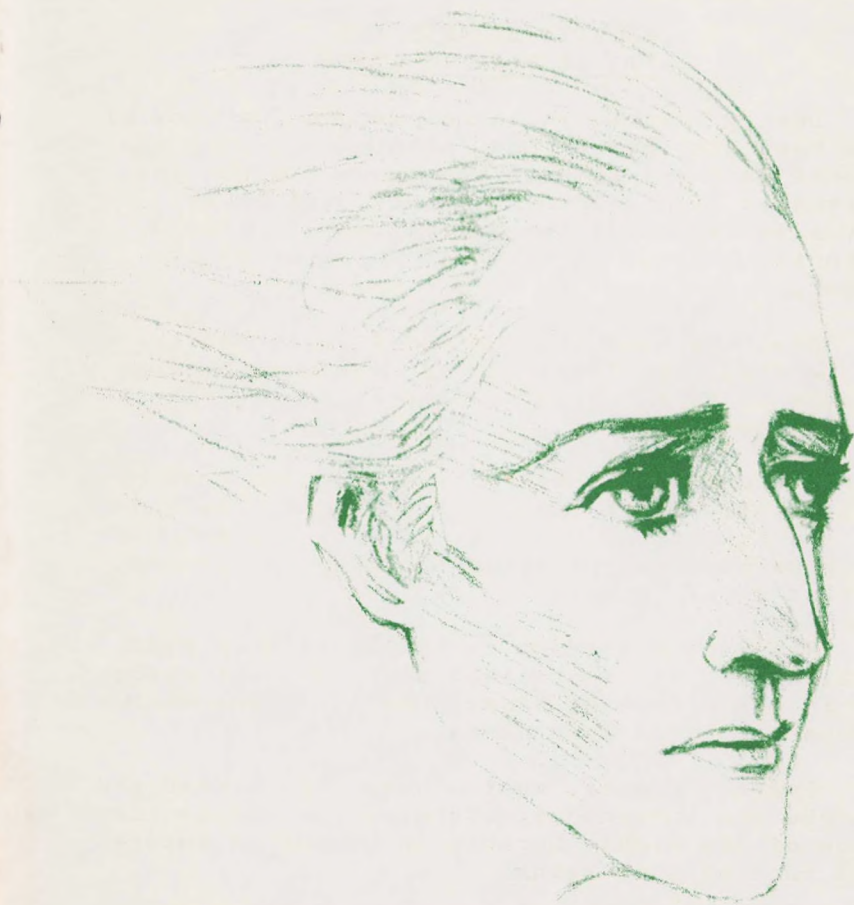
His dedication to carrying out the Plan of The Father-Mother God, in the externalization of the Kingdom of Perfection hereon is matched only by His determination to carrying out the Divine Edict in this regard.

Think of His great sacrifice in this dedication, for it is ordained that He shall succeed Me in the Office of SANAT KUMARA, as the evolutionary changes take place.

Ponder, deeply, what I have just stated, and invoke the tremendous determination and dedication of the Mighty Serapis to become an integral part of your being.

In holy and devoted Divine Love, I enfold you in the Blessing of the Beautiful Lady Venus, all the Kumaras, and My humble Self,

SANAT KUMARA



Beloved Serapis
at Devic Levels

