

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment,
Contact with The Great White Brotherhood and Co-
operative World Service

IN THIS ISSUE

	Page
The Temple of Peace	2
A Letter of Gratitude, by Beloved El Morya	3
Consciousness is the Conductor from the Unseen to the Manifest, by Beloved Mother Mary	4
How to Disconnect your Inner Bodies from the Mass Consciousness, by the Elohim Vista	7
Honoring The Presence of God, by Beloved Kuthumi	11
1963 Calendar for the Ascended Master Retreats	12
1963 Breathing Statements for the Transmission of The Flame Classes	13
The Importance of Decreeing, by El Morya	14
Causative Centers and the Third Dimensional World, by Beloved Maha Chohan	16
The Importance of Harmony, by Beloved Harmony ..	17
Reverence for the Holy Christ Self, by Beloved Serapis Bey	20
An Appointment and Blessing, by Beloved Sanat Kumara	22
Movable Holy Days for the Next 20 Years	23
Advertisement	24

THE BRIDGE TO FREEDOM, INC.

P. O. Box 777, St. James, L. I., New York, U. S. A.

VOL. XI, No. 10

January 15, 1963

50 cts.

THE BRIDGE TO FREEDOM

A Monthly Journal

VOL. XI

JANUARY 15, 1963

No. 10

THE TEMPLE OF PEACE

Near Suva, Fiji Islands

The Ascended Master Retreat of the Month

Hierarch: Lord Surya; Color of Flame: Gold, Pink and Blue; Musical Keynote: "Aloha" (Hawaiian Song)

In a similar period of world tension like the present, the Maha Chohan said: "Because there are temporary clouds over Asia, Europe and Latin America, Lord Gautama Directed the opening to mankind of Lord Surya's Retreat, at Suva, Fiji Islands."

BREATHING STATEMENT for the Transmission of the Flame Class of January 19th, 1963

1	2	3	4	5	6	7	8
"I AM" inbreathing	The Flame	of Beloved	Surya's	Peace	Love	and	Opulence
"I AM" absorbing	The Flame	of Beloved	Surya's	Peace	Love	and	Opulence
"I AM" expanding	The Flame	of Beloved	Surya's	Peace	Love	and	Opulence
"I AM" projecting	The Flame	of Beloved	Surya's	Peace	Love	and	Opulence

For a description of The Temple of Peace and information about the Fiji Islands, please see "THE BRIDGE" for September 1959, pages 133 and 144.

THE BRIDGE TO FREEDOM, a monthly magazine. Published by THE BRIDGE TO FREEDOM, Inc. Rates per year \$5.00 U. S. A. and Canada; elsewhere \$6.00. Please make checks and Money Orders payable to The Bridge to Freedom, Inc. Mailing address - P. O. Box 777, St. James, L. I., New York, U. S. A. (a tax free Corporation).

A LETTER OF GRATITUDE

Loyal Bridge Students:

As the bright New Spirit of the New Year unfolds Her Pristine Robes and prepares to record on the sensitive substance of Her Light Body the events of 1963, I turn My loving thoughts toward those heart friends who have believed in Me and My Endeavor through the long years when the ground was being broken, the seeds planted, and watered with your very life blood and your tears.

Now above the ground have come the shoots of a strong and beautiful plant which shall bloom in the Garden of Our Lord, with every man, woman and child a blossom, and then a matured manifestation of the God Design.

To those of you who helped us with the planting, who turned the good earth that the tiny life might breathe, and who have stood to see the fruits of your faith manifest in the happy enjoyment of the newer students, We bring our deep and abiding love and gratitude.

Nineteen Hundred and Sixty-three is going to be a Year of Accomplishment, with the feeling worlds of mankind adding their blessing of Truth, Grace, Beauty, Healing and Scientific Perfection.

This is a time of great opportunity for you, each blessed student, when the Goddess of Truth, The Beloved Pallas Athena, blazes forth Her mighty Ray of Truth to illumine you and, in turn, for you to expand that Glorious Flame for the blessing of your fellowman.

Your

Morya

CONSCIOUSNESS IS THE CONDUCTOR FROM THE UNSEEN TO THE MANIFEST

By Beloved Mother Mary

Good morning, Children of Light: You are attaining great freedom and enjoying the one, eternal happiness that results from becoming Masters of Circumstances rather than victims of fate.

The lifestreams who begin to perceive the powers of the Sacred Fire and avail themselves of the opportunity of drawing the Sacred Fire into focus both for the purification of causes known and unknown and for the creation of new fundamental rates of vibration, are passing through the door from the realm of three dimensions, which is a prison, into the Realm of Cosmic Cause, which is the Fourth Dimensional Activity, or the Ascended Masters Octave. It is the fulfillment of the promise of Serapis Bey when He said you would consciously pass over the Bridge into the Realm of Divine Ideation; and while yet wearing the garments of flesh you would no longer be at the mercy of your own misuse of the creative energy or that of others.

You are studying Consciousness and you have come to a realization that within the realm of consciousness is the cause of every effect, good and evil, that has appeared or will appear in the lifestream of the individual, but there is something ABOVE the consciousness. . . .

Consciousness is the effect of the use of the God Principle by a self-conscious intelligence who has woven out of the universal light substance an invisible aura in which there rests the causes to which we refer. You cannot say for fact that man is his consciousness. Man experiences the results created by him through the use of energy and vibration, and his consciousness is the effect of his use of free will. The consciousness is the instrument of creation. The Ascended Masters' Consciousness is Their instrument and They create in Their Realm of

consciousness just as the artist creates within his work-room or studio. The brush and easel are the implements used within the studio, as are the thought and feeling faculties the implements by which consciousness is formed.

You have, therefore, a four-fold differentiation:

The self-conscious intelligence, which is the individuality

The thought and feeling faculties which are the implements of the self-conscious intelligence

The Primal Life Energy, and

The finished product, which is consciousness.

This is all at inner levels.

Then consciousness itself, evolved through thought and feeling and the use of the Sacred Fire, becomes an instrument through which passes every idea into the Third Dimensional World to become form.

Consciousness is the conductor from the unseen to the manifest. The Ascended Master's Consciousness is used by the Master - within which He creates through the faculties of thought and feeling, but, in order to have his manifestation come forth into the physical appearance world, He must use the medium of some consciousness who still belongs in the vibratory action of the race on the planet which He is assisting. The cosmic consciousness flows through some highly evolved, pure human consciousness. Such lifestreams become Cosmic Conductors of Divinity and you have no greater example than that of Our Beloved Jesus. When the Cosmic Christ entered His very Pure Consciousness, the two became ONE.

Previously, I have spoken of the necessity of purifying the consciousness through which the Cosmic Powers may flow for the reason that the descent of cosmic ideation through that channel would energize and vivify any accumulation through which it passes, and in order to have self-

lation through which it passes, and in order to have selfless instruments who will allow their consciousness to be used by the Divine Beings, who are by Law only permitted to serve through lifestreams belonging to our planet, we must be assured that these human consciousnesses are like crystal vials through which Our Life and Light and Powers might flow.

Regarding the fundamental rates of vibration of picturization and habit, these are tremendous cores of concentrated energy that act independently of the personal self. The intense call for the purification of these rates of vibration, known and unknown, within the lifestream will continue your already rapid progress toward the development of a consciousness which cannot be impinged upon by any imperfect creation.

Offering your consciousness to the Ascended Masters will allow such glorious Divine Ideas to be created within the scope of your intellectual acceptance and recognition as will amaze you. These, fed by your thought and feeling will come forth to create with greater and greater clarity, fed with your great creative experiments.

Continue the purification of your consciousness through the use of the Sacred Fire. Call to the Beings of Purity, and, through self-conscious alertness entertain no picture which would be like a great cloud on the cosmic currents passing through you for the freedom of all.

* * * * *

* * * * *

HOW TO DISCONNECT YOUR INNER BODIES FROM THE MASS CONSCIOUSNESS

By The Elohim Vista

Again returning to the ever-expanding knowledge and understanding of the Realm of Consciousness, I present to you another point of application which will assist you in the process of training and maintaining an inner consciousness at a higher level of spiritual attunement than has been the natural course of your individual evolutionary expression to date.

When a man or woman desires to raise himself or herself to a conscious understanding of The Law into the Ascended Masters' Consciousness, he must first recognize the fact that it is the internal nature of his entire being that must go through a period of drastic change and attunement, which is diametrically opposed to the currents of energy that have been his natural expression to date.

In the Retreats and in the East, where individuals know that the Spiritual Path requires such an extreme re-orientation in the expression of the lifestream, they approach the Path with greater earnestness, knowing that it is not the superficial surface, but the innermost nature of the man which must be trained along lines which will evolve a set of vehicles completely harmonious and perfectly attuned to the currents of force that represent the outpourings of the Godhead and set the pattern of the Divine Plan to man and nature.

We will return to the study of the four lower bodies and their contributing force which, as a conglomerate whole, makes up a man's personality and consciousness and determines his or her state of evolution and progress on the Path.

When a man aspires to spiritual unfoldment, he finds that the energy of his lifestream has evolved a series of independent motivated vehicles whose course of action is completely beyond his control and even beyond the scope of his reason.

Among these warring selves he dwells and is a victim rather than master of the vehicles originally intended to be his servants. Each one of these four bodies is fed externally by any vibration going on in the particular sphere to which it belongs at any given moment. Thus, if tremendous currents of force are passing through the etheric world, the mental or emotional worlds, the bodies of the unawakened vibrate to these currents as helplessly as a small craft bobs in the waves of a powerful steamboat.

As man's evolution is but a small part of the activity of the Universe to which he belongs, cosmic currents from various planets and stars and activities from the Fourth Dimension are playing through the Seven Spheres, and these currents have been incorrectly interpreted by astrologers as beneficent or malefic forces that affect, constructively or adversely, certain groups of individuals at various times. The truth of the matter is that these tremendous currents of force as they sweep through the seven spheres are intent on cosmic creation and the power of their release energizes the various bodies of the people according to the quality of the energy predominant in the lower bodies at the time of their passing.

There are likewise upheavals in the psychic and astral planes such as was caused by the world wars, which does not only affect the physical bodies of those in the conflict but is a tremendous mental, emotional and etheric conflagration that fills the inner bodies of

every incarnate and discarnate soul with confusion and chaos. Therefore, we see that one-seventh of your life-stream is manifest in the physical form and six-sevenths are under the influence of currents of energy of which the intellect is completely unaware.

You have been told that the mental, the feeling and the etheric nature of all mankind are one and what affects one affects all. The advancing consciousness makes an intellectual affirmation of its desires to rise out of the mass mind--he then wonders at the rise and fall of the state of his consciousness, not realizing that his inner bodies are at the mercy of and controlled by the mental and emotional waves going through the universe released by the peoples of Earth, the discarnates as well as from the Higher Octaves. Thus, the student must, in order to facilitate his progress and ensure a steady forward motion of his entire lifestream, learn how to disconnect his inner bodies from the mass consciousness and tune them into the vibratory action of the Higher Spheres. The quicker vibratory action of the latter will raise the lower bodies from connection with the mass mind and will greatly strengthen them by the currents of these Higher Spheres into which they are attuned, and while that higher vibratory action is vibrating through them, they will be immune to malefic forces, but once an individual allows any one of the lower bodies to descend again into the turmoil of the outer consciousness, he becomes a part of and is affected by the mass thought and feeling. It is the individual's conscious free will choice.

To make this more clear, let us take your emotional nature --- Consciously offer it into the Heart of Heaven. Let the qualities of the Ascended Masters fill it with the substance and feeling that Heaven expresses, and if your emotional nature is held in the Heart of Heaven, no inner

or outer experience will be important enough to change the ecstasy of that vibratory action.

Consciously take your mental body and tune it into the All-Knowing Mind of God. You know that you cannot entertain a thought less than Perfection and keep it there in that Mind, and when the individual's mind is so attuned, it cannot become a part of the mental confusion of the world.

Take your etheric body and consciously bathe it in the Waters of Purity and in the Flame of Purity let it record only Perfection.

As your bodies are thus trained to rise and join with the Ascended Master Mind and Heart, they will feed on the substance of Universal Good. They will not allow you to be dragged down into the unhappiness of the outer world and they will feed your consciousness with their reports from God's Kingdom rather than to dump the refuse of their experiences in the world of human thinking and feeling into it.

Through this phase of unfoldment, I trust you will invite the various Ascended and Cosmic Beings to fill your consciousness with Their Perfection and to teach you to train your lower vehicles to become perfect expressions of the good of your lifestreams.

* * * * *

* * * * *

HONORING THE PRESENCE OF GOD

By Beloved Kuthumi

When a chela honors the Power of God released either directly from the Source of All Life, or indirectly through one of the Messengers of The Kingdom, such a person, through his own consciousness, accepts the God Power as a REALITY that cannot be denied, as an Awesome Presence Whose Power is Omnipotent, and as an Omniscient Grace whose efficacy is limitless. When such a state of heart and mind is established and maintained by any individual part of the One Life, his consciousness becomes a mystical, magnetic focus that releases the ever-present God-Power into the three dimensional plane.

In their very innermost nature, every Blessed and Holy One through uplifted thought and feeling, are constantly adoring the God-Principle, acknowledging Its Active Presence through them, and honoring the limitless power of That I AM PRESENCE which knows no defeat nor failure in anything. This is active Faith - the Faith that moves mountains. When this state of heart and mind is achieved (and it can be by sincere contemplation upon the Presence of God) the chela abides in an inner peace and tranquility, for he does not expect to wrest from his own personality, or another's, that which the personal self cannot give. In the silent salutation to the ever-present and abiding Power of the God of Love, his recognition, acceptance and devotion releases the Power of the Presence to accomplish all things in his daily living.

When the chela realizes that the God-Power will act for and through him - this is one of the greatest links between the chela and the Ascended Master - for while the chela thinks that the God-Power will act only for the Ascended Master - he has yet far to go. The line of demarcation is fine, but as we move forward on The Pathway we learn to honor the Presence NOW, in ourselves and in all life.

1963 CALENDAR FOR THE ASCENDED MASTER RETREATS

Open to mankind under the Direction of Lord Gautama

1963	Name of Temple	Hierarch
		Beloved
Jan. 15	Peace	Lord Surya
Feb. 15	Truth	Beloved Hilarion
Mar. 15	Resurrection	Beloved Jesus and Mary
Apr. 15	Ascension	Beloved Serapis Bey
May 15	Mercy	Beloved Kwan Yin
June 15	Precipitation	Beloved Confucious
July 15	God's Will	Beloved ElMorya
Aug. 15	Illumination	Beloved God Meru
Sept. 15	Faith and Protection	Beloved Lord Michael
Oct. 15	Comfort	Beloved Maha Chohan
Nov. 15	Shamballa	Beloved Lord Gautama

1963 BREATHING STATEMENTS FOR THE TRANSMISSION OF THE FLAME CLASSES

The following Breathing statements are to be repeated four times on the corresponding months, preceded by the following first part:

	1	2	3	4
First time:	"I AM"	inbreathing	The Flame	of Beloved
Second time:	"I AM"	absorbing	The Flame	of Beloved
Third time:	"I AM"	expanding	The Flame	of Beloved
Fourth time:	"I AM"	projecting	The Flame	of Beloved

1963 Name of Temple

		5	6	7	8
Jan. 19	Peace	Surya's.....	Peace....	Love....	and Opulence
Feb. 16	Truth	Hilarion's.....	Truth....	Science...	and Illu- mination
Mar. 16	Resurrection	Jesus' and Mary's..	Peace....	Love....	and Healing
Apr. 20	Ascension	Serapis Bey's.....	Constancy..	Discipline.	and the
May 18	Mercy	Kwan Yin's	Mercy	Forgive-..	and Peace
June 15	Precipitation	Confucius'	Power of..	Precipi-..	and Reverence
July 20	God's Will	El Morya's	Power....	Love....	and Action
Aug. 17	Illumination	Lord Meru's.....	Illumin-... ation	Peace....	and Love
Sept. 21	Faith and	Lord Michael's ...	Faith	Protec-..	and Action
Oct. 19	Comfort	Maha Chohan's....	Comfort...	Peace....	and Wisdom
Nov. 16	Shamballa	Lord Gautama's... Love.....	Patience..		and Wisdom
Dec. 21	Precipitation	Confucius'.....	Power of..	Precipi-.. tation	and Reverence

* * * * *

The above dates are those of the first Saturday
after the 15th of each month.

THE IMPORTANCE OF DECREERING
By The Ascended Master El Morya

HISTORY REPEATS ITSELF! We are now in a period of repetition, wherein the dark hoards are endeavoring to overrun the Planet as they did before, resulting in the sinking of various continents. Much of the planned destructive, cataclysmic action can be averted IF the Children of Light will band together and make concentrated, dynamic Decrees.

The first requisite is Power - that full gathered Cosmic Momentum which the beloved students can apply so well; and in the Name of God, the next is Protection. If you were to cross the road and in so doing saw a car approaching, you would most assuredly get out of its way to avoid being struck. In other words, you would not step into the path of an oncoming vehicle, knowing most certainly injuries would ensue. In the case of the forces in action at the present time, a steam-roller approaching is mild in comparison.

Children of God, complacency is perilous in this hour; and in My world, at any hour. You must use the Full Power of the Cosmic Momentum you have garnered through the years in your application, and invoke Our Momentum to come into action and prevent the destructive forces which are at work from reaping their ill-intent. You see the resultant conditions all about you.

Do I have to FIRE YOU AWAKE by so plainly setting before you the above facts --- that the gathering momentum of evil on the face of the Earth is rolling like a mighty avalanche, ready to bear down on the peoples

everywhere. IN THE NAME OF GOD, ARISE, AWAKE, SHAKE YOURSELF FREE from any lethargy and go into action with the invoked assistance of Mighty Astrea, Lord Michael and the Mighty Violet Transmuting Flame!

My beloved chelas you have always responded to My Call and I know I can count on those of you who have proven the Law, through application of Its tenets. Already I feel a response which has come to Me through those of you who are attuned to your Holy Christ Selves. The blessed Holy Christ Self is alive, alert and ready to go into action through you to intensify the Power of your Calls, and as you make them.

You have been given the Law - not to be entertained mentally - ABSOLUTELY NOT! It has been impersonally given so that you may assist in freeing this dear Planet from all that is not of God Perfection. You have sworn your allegiance to the Cause of Our Beloved Ascended Master Saint Germain at Inner Levels - some with your lips but most of all those of you who have vowed in your blessed hearts --- it is you We are counting on!

Forewarned is fore-armed!

God bless you and thank you.

CAUSATIVE CENTERS AND THE THIRD DIMENSIONAL WORLD

By The Beloved Maha Chohan

From out the centuries of darkness, the Planet Earth and her people are now standing upon the threshold of a Light that shall never again be extinguished, but become the Cosmic Eternal Day, in which the fullest manifestation of Perfection for the Planet, its humanity and its chain will be abundantly made evident.

In this significant year of 1963, We are setting into motion the actual Causative Centers through the consciousness and vehicles of the chelas by which We may tie the Cosmic Plan into the substance and energy of the Third Dimensional World. This is the actual "bridging" of the chasm between the outer consciousness and the Etheric Perfection already designed and lowered into the Seventh Sphere, which forms the pattern for the combined activities of the Spiritual Brotherhood in this twelve-month period that through the etheric body of each lifestream the outer consciousness may be awakened to the plan of its individual possibilities to serve in that plan for the good of the race.

The connection between the higher mind and the outer consciousness of the individual not being for the most part sufficiently developed, the Lords of Karma have signified that They will cooperate with the plan and through Their endeavors hasten the execution of the details and ramifications that will tremendously accelerate the entire service without waiting on the individual development of each integral part which, however, will be nurtured and encouraged at the same time.

There are a goodly number of fine people whose whole motivation is to serve life and the Master Presence of the Universe, but their service and endeavors must be co-ordinated through the direction of the outer intelligence in order for it to have the efficacy of unified endeavor.

THE IMPORTANCE OF HARMONY

By The Ascended Master Harmony

The presence of Harmony is as mechanically explained as the presence of light and sound.

Every electron in the universe is in constant motion and there is no such thing as a static or immovable object manifest or unmanifest. The number of pulsations that occur each second determines the vibratory rate of the form which they compose. The very slow vibratory action of the electrons in the stone and earth and trees make them seem to the physical sight wholly immovable, but the scientific instruments of today by greatly enlarging any one of these objects find them in constant motion, fluctuation, and emitting rays of light waves called radiation.

The vibratory action of an individual is determined by the thought and feeling processes which set up pulsations of energy and conduct them through the matter of the lower bodies forming, so to speak, the pattern which the electrons in the lower bodies seek to follow in their individual expression.

As has been brought out very forcibly, the imperfect consciousness which has been imposed on these thought and feeling centers have set a pattern of light waves that vibrate at a very slow rate and the obedient electrons have tried to abide in the pattern of those light waves and thus have slowed down the vibratory action of the entire personal self until it is little above that of the animal form.

The conscious student and chela must come to a point of realization in heart and mind and spirit that he must consciously direct the pattern of energy passing through his body, setting it at a certain speed with as much precision and accuracy as he would set the dial of the radio, the speedometer or the control on the thermostat of their heating system.

When the energy waves from the lifestream are consciously directed into the universe the first thing in the morning, the individual more or less sets the pattern which the energy in the obedient electrons will seek to follow through the course of the day, unless through lack of self-control he chooses to alter by emotional outbursts the vibratory action and as a result all the electrons within the four lower bodies are thrown into chaos and will again attempt to follow out the pattern of the individual's new emotional release and back it up by their combined obedience and power.

Man accepts the value of the thermostat to so arrange the heating comforts in the home, knowing that if he sets the thermostat upon the required vibratory action of the heat needed, he will get the desired feeling of comfort, but if he sets it lower, a condition of discomfort and cold will follow. Yet, the same man has the same authority to set the energy of his lifestream into motion consciously, preferably at the beginning of his day that he may live within Perfection's Flame throughout the course of the day; yet somehow people prefer to live without any control of the energy passing through them, allowing it to be moved by any passing appearance, not realizing that all the electrons in the four lower bodies, whose very beings are by nature obedient, immediately correspond to the predominant feeling and thought of the individual whose bodies they compose, and there is a very definite and determined change in the vibratory action of all the bodies with each passing emotion.

Seeing the various emotions that pass through the lifestream in the course of an hour and realizing that every electron has had to change both its speed and quality of radiation thousands of times during the day, you will see how any permanent progress is almost impossible until the personal self consciously sets the pattern for the electrons of his own being and then maintains it through the day's experience.

Just exactly what do I mean by setting the pattern?

The primal essence of life as it is released from the Presence into the human heart is the Directing Intelligence of the lifestream. Every electron in the lower bodies making up the organism as well as the tissues and bones is by its very nature bound to obey the directing intelligence released through the Immortal Victorious Three Fold Flame within the heart. Unless there is a definite constructive thought and feeling creating the consciousness of Perfection and directing currents of energy through the lower bodies qualified with harmonious sound, color and tone, the electrons of the lower bodies have no conscious director and must obey the pulsations of energy released in anger, rebellion, hate and the various misqualifications.

Individuals who would advance on the spiritual path of self-control must realize that a thought pattern and a feeling pattern of constructive energy is a beam of light which is really a light wave in constant motion vibrating at a certain rate according to the quality of the thought and feeling that created it. These undulations of light energy passing through the lower bodies act like the conductor of an orchestra and the electrons of the lower bodies begin to swing in their orbits according to the pattern set up by the individual.

Beauty, Harmony, Balance, Kindness and Peace are among the limitless legions of vibratory actions that can be sent forth as the pattern of the day, just as easily as you set your thermostat for comfortable heat.

If you must repolarize your thought and feeling policy to these harmonious vibrations do so, but when you once take control of the regulation and government of these patterns, you will experience no exhaustion of the body, no depletion of the nervous system and a great deal more poise and balance in mind, heart and spirit.

REVERENCE FOR THE HOLY CHRIST SELF

By Beloved Serapis Bey

I, Serapis Bey, Hierarch of the Retreat of Luxor, am the embodiment of Pure Divine Love. The gifts of My Ray are Purity, Beauty and all the ramifications of Beauty in the Heavenly Realms and in the world of form. Why do I speak of MY Gifts -- because I bring these Gifts to you this evening.

What is Purity? Think a moment what is meant by the Flame of Purity! There is purity of the senses and there is purity expressed in every manifestation on the Earthplane which is unsullied by the human -- Purity in Art; Purity of Form; Purity of Music; Purity everywhere that the God Gifts flow through man and into manifestation in this physical world. We hear one say purity of motive; the line of certain architecture is pure. This covers a tremendous scope, because Life in its true form is pure. So tonight I bring you that Gift of Purity; yours to guard, treasure, love and expand in all the avenues. Mankind will recognize it in you if you hold to that glorious gift.

The Fourth Ray carries a tremendous drive that is the buoyant enthusiasm of the Ascension Flame. That Ascension Flame, as you know, carries the happiness and the ecstasy of all who have made the final pilgrimage on Earth and have Ascended into the God Free Estate, each one leaving some of that ecstasy in the Holy Ascension Flame.

I AM the Cosmic Guardian of the Fourth Sphere. You have been told that anchored in your heart is a portion of the Fourth Sphere wherein the Holy Christ Self resides. I particularly caution you, each and everyone,

DO NOT DISREGARD THE HOLY CHRIST SELF. In the Name of God, I, Serapis Bey, plead with you to respect, to honor, to love and obey The Christ within. I SO DECREE IT! The Beloved Holy Christ Self has watched and waited, and patiently, for the recognition by the outer self through which to assist the outer self into Freedom. It shall not be cast aside. I, Serapis Bey, will not stand for it. With bowed head, I say in all humility of My Being, honor, love and respect The Holy Christ Self in all mankind.

I AM the embodiment of pure Divine Love and although I AM a Master of tremendous drive to get things done, I AM a loving One and stand ready to give you assistance at your conscious call.

* * * * *

Through the Love of the Presence of
God which "I AM", I bow in all humility to the Holy Christ Self within my heart and solemnly pledge myself to listen and be obedient to the promptings which I shall receive - until I shall become that Holy Christ Self in action at all times. So help me God!

* * * * *

AN APPOINTMENT AND BLESSING

By Beloved Sanat Kumara

The Great White Brotherhood is the Governing Body representing The Father in the evolution of the humanity on the Earth.

It is My duty, responsibility and great Joy as Regent, serving with the Beloved Gautama, Lord of the World, to flood mankind with Love and Light, bringing about the unity of each lifestream with its Cosmic Source.

To this end We employ Representatives who carry the Will and the Plan of the Hierarchy to the intellectual consciousness of the people. Under these Representatives advanced souls are drawn who choose to become conscious co-workers with the Hierarchy in furthering the Divine Plan.

These Representatives with their bands of spiritual helpers are outposts of the Divine Spirit and are carefully chosen at Inner Levels and prepared as Radiating Centers for God's Light at various points on the Earth's surface.

Each of you, beloved faithful chelas, will have a Cosmic Office in the Spiritual Hierarchy of the future, and the present period of training is to evolve and awaken your consciousness which can be used in a cosmic measure in this New Day. The appointment of your lifestreams as members of The Hierarchy, devoted to the furthering of Godliness, took place many, many centuries ago. Your earthly bodies, however, have never had such an appointment until now.

When your physical bodies are consciously appointed Outposts of the Ascended Ones by My Personal Presence, you assume an Office as a Representative of the greatest Hierarchy in this Universe.

Carry well, dear ones, your responsibility and know that your appointment has been carefully studied and manifests only after great care and study of your individual lifestream.

THE BRIDGE TO FREEDOM ACTIVITY
MOVABLE HOLY DAYS FOR THE NEXT 20 YEARS

Year	Easter	Ascension	Pentecost	Wesak	Asala
1963	April 14	May 23	June 2	May 8	July 6
1964	March 29	" 7	May 17	" 26	" 24
1965	April 18	" 27	June 6	" 15	" 13
1966	April 10	" 19	May 29	" 4	" 2
1967	March 26	" 4	May 14	" 23	" 21
1968	April 14	" 23	June 2	" 12	" 9
1969	April 6	" 15	May 25	" 1	" 28
1970	March 29	" 7	May 17	" 20	" 18
1971	April 11	" 20	May 30	" 10	" 8
1972	April 2	" 11	May 21	" 26	" 26
1973	April 22	" 31	June 10	" 17	" 15
1974	April 14	" 23	June 2	" 6	" 4
1975	March 30	" 3	May 18	" 25	" 23
1976	April 18	" 27	June 6	" 13	" 11
1977	April 10	" 19	May 29	" 3	" 30
1978	March 26	" 4	May 14	" 22	" 19
1979	April 15	" 24	June 3	" 11	" 9
1980	April 6	" 15	May 25	" 29	" 27
1981	April 19	" 28	June 7	" 18	" 16
1982	April 11	" 20	May 30	" 7	" 6

Basis of above Table

Easter falls on the first Sunday after the first Full Moon of the Spring. It falls between March 22nd and April 25th.

Ascension Day falls on the first Thursday 40 days after Easter

Pentecost Day falls 10 days after the Ascension. It falls always in May.

Wesak Festival falls on the Full Moon of May.

Asala Festival falls on the Full Moon of July.

One of the best ways to introduce your

friends to the Teachings of

THE ASCENDED MASTERS

is through a gift of

THE CHART

The Holy Trinity Picture!

All orders for the large Chart - 12x20"

Received up to and including

March 31, 1963

Will be filled at the SPECIAL PRICE of 50¢ each

* * * * *

Avail yourselves of this tremendous

opportunity - and saving -

To Bless your friends, and, in so doing, yourselves!

Order from

THE BRIDGE TO FREEDOM INC.

P.O. Box 777, St. James, Long Island, New York

The above offer applies to the United States and Canada
Overseas orders - please add 25¢ postage