

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment,
Contact with The Great White Brotherhood and Co-
operative World Service

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THE BRIDGE TO FREEDOM

A Monthly Journal

Volume X

February 1962

No. 11

TEMPLE OF COMFORT

Ceylon

The Ascended Master Retreat of the Month
February 15th through March 14th, 1962

Hierarch: The Maha Chohan. Color of Flame: Pink and Gold;
Musical Keynote: "Homing" by Teresa del Riego.

Breathing Statement for Transmission of the Flame on February 17th, 1962

1	2	3	4	5	6	7	8
"I AM" inbreathing	The Maha Chohan's	Power of	Bringing	Comfort	to all	of	Life
"I AM" absorbing	The Maha Chohan's	Power of	Bringing	Comfort	to all	of	Life
"I AM" expanding	The Maha Chohan's	Power of	Bringing	Comfort	to all	of	Life
"I AM" projecting	The Maha Chohan's	Power of	Bringing	Comfort	to all	of	Life

Description of the Temple of Comfort: Bridge to Freedom,
Vol. I, No. 2; Vol. III, Nos. 5 and 11; Vol. V, Nos. 1 and 12;
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THE NECESSITY OF HARMONIOUS ENERGY

by The Maha Chohan

Many individuals think that for energy to be harmonious, it must all be spent in devotion, prayer, ceremonial service and solemn invocations directly concerned with spiritual aspiration. The Truth is, that ALL constructive and harmonious energy is a natural expression of the God life, whether it be the loving service of friend to friend, or the constructive creation of a bench, a chair, or a garment.

A woman may be scrubbing a floor on her hands and knees, immersed in suds and water, yet her energy may be very harmonious and peaceful in that activity, and there will rise to her Causal Body every electron released in such an act. A priest may stand on an altar with the Host elevated, in a state of rebellion, resentment or hate--and not an electron of that elevation will add an ounce of energy toward his Freedom!

Saint Francis of Assisi, and so many Holy Ones, dedicated their lives to humble service; walking the roads, serving the poor, feeding the hungry, and ministering to the ill.

If you can understand that making a bed can be a devotional act wherein the energy passing through you becomes part of the magnetic pull to raise you into your Ascension, you are receiving in the hourly occupations, opportunities for you to complete the spiritual pull which will raise the tortured soul

into Peace, which is its rightful estate as a member of God's Kingdom.

Let us take an example: If you find a child weeping, the energy of that child is unhappy and therefore the Holy Christ Self can receive NONE of that energy to build for the ascension of that baby--the Holy Christ Self has no use for that despondent energy.

If the conscious student, entering the aura of that child, can charge the feelings, not by suppression or fear which might make him stop crying but continue the radiation of rebellion, but by replacing the despondency with happiness, instantly the Holy Christ Self of the child receives the ascending energy and that becomes part of the glory which will ascend that life-stream one day. The marvelous thing is, that the Holy Christ Self then directs into YOUR Causal Body exactly the same amount of energy that the child has released in happiness, plus interest so to speak, for YOUR Freedom!

It is the most marvelous investment to awaken good feelings wherever you move, and it is the only investment that will ensure your own Ascension.

Every tear you cause another to shed, may be just the ounce of energy that COULD have freed the Spirit at a given moment. Can you then see how intricately are interwoven the threads of individuals' lives, and how potent a force you are in your environment and community, for you are either generating good karma for those around you, or you are adding to their chains!

Take an inventory and see what effect your lifestream has on the members of your family, as well as the people you contact daily; in the grocery store, or on the street, or wherever it may be. If you have left each individual HAPPIER and more peaceful when you leave, then you have fulfilled your Divine Plan for that moment, and you have rendered a spiritual service in lightening the burden of the world.

Wherever you go, if there is the slightest inharmony left behind you, through any thought, feeling, word, or act of your lifestream--you are responsible to the God Presence and the other people for the discordant energy; and also you take back into your own world more discordant energy which adds to the chains by which you are already bound! "Do unto others as you would have them do unto you," is an occult law!

Energy, in order to qualify for "payment" of one's debts, need not be spiritually qualified as long as it is constructively or harmoniously qualified. This opens a wide field for thought and contemplation, and it enables many a lay-brother who is yet bound by obligations and duties and the wheel of moral and monetary obligations, to understand that this spiritual unfoldment is not delayed by reason of his present limitations, but that he can achieve his Victory in any state of circumstances and environment in which his karma has placed him. Each individual can rest in Peace, knowing that whatever work or activity by which his outer mind thinks he is earning a living,

can be a funnel through which his energies are returned to his Causal Body to form the Glory and the Magnet which will one day draw his body into the union with Spirit.

When fifty-one per cent of anyone's energy is constructively qualified, he or she is ready for the Ascension;--and your energy can be constructively qualified whether you are a bootblack or a banker!

Let the students not seek the long robed garments of outer ritual and mistake the opportunity of each day, where not a vestment but the HEART can determine the Glory of tomorrow!

If you will divide your life into a twelve-hour span and watch how the energy of your lifestream is qualified within that period, you can check yourself at the close of each day as to whether 51% of that energy is written off constructively or otherwise. You can then see how many wasted days and years there are in the average life. If a twelve-hour period passes and the energy has been discordantly qualified for over 51% of that day, you have not stepped closer to your freedom.

When you pin the personal self down to a small day's chart, you can realize that if your shoes are laced in a harmonious manner, that energy goes on the side of the constructive balance which your God Presence can use to ascend you.

The Law is -- that the energy MUST BE harmoniously

released--not spiritually released--to ensure your freedom.

If each night before retiring you would recall, in a backward order, all the happenings of the day, classifying them as constructive or otherwise; then rejoice for the good deeds knowing that you have made deposits in your Spiritual Bank in the Causal Body--and for the discordant situations invoke the Law of Forgiveness and resolve that next day the number of good deeds shall be greater--it would be most helpful to your spiritual progress.

The Bridge from the human octave to the Divine is Love--on Love mankind went forth and crossed the Great Divide, and when they lost Love, they lost the pathway Home!

Who among you will open the hearts of the people and let that Great Bridge of Love from within their own lifestreams, made up of their own life energy, surge forth like a golden tunnel of Light and provide for them the natural means of reunion with Divinity? How many hearts can you open? How grateful will be the lifestreams who can pass on the bridge of their own love into the Kingdom! You think you have experienced ecstasy, but I tell you each one that once you generate in another soul the quality of LOVE which forms that bridge into the Heart of God and see one pair of feet walk across into Freedom, you will know why God created us and endowed us with the ability to share this Spiritual Ecstasy that I know so well, and because I know it, I want you to share! * * * *

THE STRENGTH AND PURITY OF THE LIGHT

by the Ascended Master El Morya

As you each one call to me, El Morya, to enfold and charge you with My Strength and Purity of the Light, you will manifest Peace and Ease in your feeling worlds first, and then it will outpicture in your every day affairs.

To be happy and victorious in your service to Life, you need both the Purity of the Light and the Strength of the Light in far greater abundance than any of you yet have called forth! These two qualities are Mine to bestow upon your lifestreams without limit as your desire for these qualities is expressed in your calls for them.

All depression, all lack and limitation must go when one has enough Strength and Purity of the Light. This means that you shall be charged with a wholly balanced activity of these two qualities and which will act in perfect balance through each one of your seven bodies.

Some of you have had My Strength in physical effort but possibly lacked Purity. Some may have had both Strength and Purity but lacked these qualities in endurance. All lacked to a marked degree My balanced Strength and Purity in the emotional and mental worlds. Had you these Ascended Master qualities in these two bodies (the emotional and mental) there would be no lack of perfect Peace and Harmony in your feelings at any time.

Had you sufficient Strength and Purity in your mental world, no word or thought of anything but the Love of your Presence could be released through you to another of God's Children anywhere. Think well on this and know that I ever stand ready to assist you as I know your hearts crave that Strength and Purity of the Light to express in Love's Balanced Activity.

We are conscious of your slightest effort and sometimes in the struggle of your world, We feel your longing for Our help--but that may not be given except at your call!

Will you permit My Cosmic Strength and Purity of the Light of God that never Fails to assist you to greater Heights and Glory of thine own Divine Self?

* * * * *

D E C R E E

BELOVED GOD PRESENCE "I AM" IN ME AND BELOVED ASCENDED MASTER EL MORYA; enfold me and CHARGE(3) me now, every student of The Bridge and all mankind, with your Cosmic Strength and Purity of the Light in a wholly Balanced Activity through each of our seven bodies. I thank You and accept Perfect Peace and Harmony in my feelings now and I command it to be outpictured in my every day affairs!

THE SPONSORS FOR THE YEAR 1962

The Sponsors for the year 1962 are Four Great Beings of Light; the Goddess of Purity, Goddess of Liberty, Goddess of Light, and the Goddess of Freedom, Whose Quality will be predominant this coming year.

* * * * *

SONG

TO THE GODDESS OF FREEDOM

Goddess of Freedom, come to clear the way,
For Earth's dear children, to live God's Sweet Way.
Glorious Victory, through God's Great Seventh Ray,
Goddess of Freedom, we bless You always!

Goddess of Freedom, Lady of Light!
Come from the Silence, to blaze Your great Light!
Gone are Earth's shadows, gone are doubts and fears,
Goddess of Freedom, we welcome You here!

(Sung to the melody of
"I Love You Truly"
by Carrie Jacobs Bond)



THE ASCENDED M 100 QUE FOR THE SPIRITUAL EDIFICATIO

JESUS World Teacher

BELOVED CONSONANCE speaks on Constructive
Colors and their beneficent aspects

"I AM" CONSONANCE, the Conductor of the Planetary Symphony, Who with Beloved Harmony, have the joyous opportunity to acquaint mankind again with the conscious re-creation that comes through constructive music and color. Too long has the Earth's vibratory action been so dissonant that It has not contributed to the Song of the Cosmos! Now, the Song of Re-creation shall rise from grateful hearts participating in this service. All Kingdoms being so resuscitated shall contribute to this melodious expression.

LXXVI. AS WE CONTEMPLATE THE CAUSAL BODY
SHOWN IN THE HOLY TRINITY PICTURE,
WHAT DOES THE COLOR BLUE SIGNIFY?

Illumined Faith and God Protection.

LXXVII. THE GOLD?

Wisdom and Understanding.

LXXVIII. PINK?

Pure Divine Love, Tolerance and
Humanitarianism.

MASTERS ANSWER QUESTIONS

OF WORTHY CHELAS IN 1961



KUTHUMI
World Teacher

LXXIX. WHITE?

Purity and Selflessness.

LXXX. GREEN?

Concentration and the Power of
Consecration to God's Service.

LXXXI. RUBY?

Ministration and Healing.

LXXXII. VIOLET?

Mercy and Transmutation.

LXXXIII. DOES THE WEARING OF THE COLOR WHOSE RAY IS
PROMINENT EACH DAY ASSIST THE INDIVIDUAL
SO DOING?

Most Assuredly! As like attracts like
in any sphere, the color acts as a magnet for the
Divine Being Whose Radiation is pouring forth during
each twenty-four-hour period.

LXXXIV. KINDLY EXPLAIN, GRACIOUS LADY,
ABOUT THE MANY HUES OF EACH COLOR.

I am happy to do so. This is very impor-
tant. Color itself is alive and emits a vibratory ac-
tion which is conducive to the acceleration of the four
lower vehicles of man as well as the Angelic and Nature
Kingdoms when it is a position and constructive shade.

LXXXV. WHAT ACCOUNTS FOR DRAB AND NEGATIVE COLORS?

It is the co-mingling of the destructive thoughts, feelings, words and actions of all the evolutions which have used the Earth as a schoolroom and an individual whose own aura is akin to that vibration, creates and sustains it.

The soul of man, having had so many experiences through aeons of living, not only on the Earth but between embodiments, has generated and clothed himself round with shadow substance. By reason of a similarity of vibration, he usually surrounds himself and his environment with these many negative shades of color.

LXXXVI. IF AN INDIVIDUAL IS DISTRESSED OR UNHAPPY OR SUFFERS LIMITATION, IS THIS THE RESULT OF THE WRONG CHOICE OF COLOR?

Partially. The first step toward changing the aura into a more positive, balanced, joyous and harmonious one, is to cognize the colors with which he surrounds himself. A true and impersonal inventory will reveal to the earnest chela the invisible aura which he himself has created. He will then desire to cooperate with the Divine Plan by using more positive colors, with their attendant radiation. Clear, distinct and positive colors being intelligent and activated by the Divine Beings Who direct them Earthward can serve as conductors of the God Qualities required by the individual to purify the aura, illumine the mind and raise the individual out of inertia and depression into LIGHT!

LXXXVII. WHEN SCIENCE AND RELIGION COOPERATE, WILL WE SEE THE MANIFEST EXPRESSION OF THE USE OF CONSTRUCTIVE COLOR AND MUSICAL THERAPY?

Most certainly! It is the Divine Edict that in all the seven constructive channels of expression Science and Religion are to become one. Powerful examples are apparent in the Ultraviolet Ray, the Green of the Medical Profession, and the Fashion Designers in their selection of color, who have in some instances tuned into the color of the Ray of the Year. In the world of commerce as well as the medical field, color and musical therapy have already proved their efficacy, although the exploration of this field is only in its infancy.

LXXXVIII. WHY DOES THE PIGMENT OF THE SUBSTANCE OF THE EARTH VARY IN DIFFERENT LOCATIONS?

Because the very body of the Earth, Virgo's Vestments, has been despoiled temporarily, thank God, by the various destructive activities in which mankind has been engaged through the ages.

Those portions of the landed surface of the Earth which are barren, are the result of selfishness and greed. In the glorious process of restoration these landed surfaces shall again become prolific thru the loving cooperation of the Nature Kingdom and Its mighty Directors. The very men who in ages past were the cause of these destructive conditions, are now in embodiment thru the mercy of the Karmic Board so that they may make restitution for their misdeeds and

assist the Nature Kingdom and Its Directors in the restoring of a beautiful, Verdant, harmonious, and God designed Focus in the place of wasteland; soil conservation is one example.

LXXXIX. ARE THE SEVEN SPHERES IN WHICH THE MANUS AND THEIR ROOT RACES ABIDE BEFORE BEING SIGNALLED BY IMMACULATA AND IMMANUEL OF THE SAME COLORS AS THOSE OF THE CAUSAL BODY?

Yes! Naturally, they are tremendous in proportion to the individual Causal Body. Within these Spheres are the Temples not made with human hands and countless Divine Beings dwell therein. The full scope of this vista is beyond the comprehension of the human mind.

XC. IS IT TRUE, BELOVED LADY, THAT MUSIC HAS COLOR?

Assuredly! Every musical composition sends forth a definite color of beneficent radiation when the composer has received into himself a portion of the Song of the Cosmos and has translated it without adulterating it by any personal defections. However, every individual who later gives a rendition of the composition enhances or deflects from its original beauty. The sensitivity of the true artist receives into himself the inspiration of the original composer, the purpose for which such a composition has come forth and amplifies through the purity of

his nature, this blessing to life everywhere and adds to the harmony of the Cosmos.

XCI. DOES EVERY THOUGHT, FEELING, WORD, AND ACTION HAVE COLOR AND SOUND?

Definitely so! In this process of recreation, it is Our purpose to teach men to discontinue the misuse of thought, feeling, word, and action, thus dissolving the thought forms of an imperfect nature at inner levels as well as in the physical appearance world. Each man will then be enabled to consciously use these creative faculties in building the cathedrals of worship for their own souls and help to imbue the masses with the same desire to become harmonious expressions of God's Love!

* * * * *

In the concluding issue of this Series in March 1962, the Glorious Goddess Isis will discourse on the magnificent cooperation of the Seraphim, Cherubim and Angelic Host in the Creation of the Planet Earth and in her Redemption!

* * * * *

LET THE ELOHIM HELP YOU BUILD PERFECTION

by the Elohim Vista

The full cosmic power and pressure of creation is vested in the Seven Mighty Elohim, and through Them has become vested in the Individualized God Flame manifested as man, woman, and child. A portion or Spark of that Creative Fire with all the creative ability of the Godhead, is thus the natural heritage of each individual - BUT - the cosmic pressure of creation may be invoked through the personal or individualized power by means of the self-conscious decree of any part of life, and this cosmic invocation results in cosmic action.

Therefore, when one builds with his or her hands in the Hands of the Elohim, the resultant Perfection and speed of accomplishment are, to the outer mind and senses, uncanny, for to take into active partnership the Cosmic Builders of ALL form is to unite yourself under Cosmic Law with the forward progress of Divinity. When man and Divinity blend, through the invitation of the lower manifestation, it becomes an activity that is no longer bound by the natural laws of the lower realm, but the manifestations and precipitation become part of the Fourth Dimensional World.

It is such a Cosmic Union that We are endeavoring to encourage! The Gods are willing but man has not yet been bold enough in his approach to these

tremendous pulsating God Powers.

The Devas and Builders of Form that work under the Direction of the Elohim, are Beings of such magnitude that They can cover an entire locality with Their Personal Presence, and when They are directed by the Elohim toward a certain accomplishment, They render service inconceivable and They could explain away the mysteries of the Pyramids and the colossal physical edifices of the past that make modern science wonder. Even the building of a mountain is but the work of a moment to the Nature Devas and the transferring of a lake but a ten-second sport of one of the Devas of Neptune's Kingdom!

These Great Devas are real and tangible. They have life and form and substance. They have intelligence far superior to the most advanced men, and Their Service is a service of Love to the Gods around Whose Thrones They abide.

When the Seven Elohim unite around Their Cosmic Table and with one accord decide to manifest Perfection, They call uncountable legions of these Great Devas to Their assistance. Some of the Devas of Hercules are larger than your greatest mountain.

Yours merely to CALL--opening of the Door-- through your conscious agreement and at-one-ment with the desire of these Elemental Builders, and if you can keep one-pointed in your inner invocation, you will see that what I say is the Truth! * * *

HOW TO PROLONG THE USEFULNESS OF YOUR BODY
by The Maha Chohan

When the battery of your car runs down, it is attached to an equipment provided to recharge it. The battery of your physical, Etheric, Mental and Emotional Bodies is likewise depleted by constant usage, and as that battery runs down, the vibratory action of your bodies becomes slower--just as in your car--and finally ceases motion.

When your bodies come to this state, you immediately become a prey to the unseen vibrations that move at a similarly slow rate through the physical plane. These vibrations cause various distresses in the mental and physical bodies, disintegration and finally what is known as death.

People say "the resistance is gone" which is true because the amount of Light allotted to the four bodies for that embodiment has been spent through excesses in these four lower vehicles.

Unless such an individual knows how to recharge the lower bodies by constantly drawing Light from the Heart of God (just as the battery of the car was recharged), such an individual finally slips into the natural experience of disintegration and passes through the change.

In the early Biblical days, men and women lived from seven hundred to a thousand years in one body. It is therefore essential that you DRAW LIGHT from your God Presence "I AM," which is "food" for the inner bodies and the only means by which their vibratory action can be accelerated.

How do you draw Light? You draw it by the magnetic Law of Attraction. Your attention is a funnel and goes where you direct it. Immediately there begins to flow the substance upon which you direct your attention, into your world. Through this funnel comes the Ascended Master Consciousness and the Light of God that never fails; or there comes the human accumulation of that upon which you fixed the beam of your attention.

In order to intensify or to increase the vibratory action of your four lower bodies, it is necessary to put YOUR ATTENTION upon your God Presence "I AM," or Any of the Ascended Host of Light. While your attention is there, you will naturally be charged with that substance of Light as mechanically as the battery charges your car!

To lie flat on your bed and visualize the LIGHT pouring into your four lower bodies, for five minutes three times a day, will greatly accelerate the vibratory action of these vehicles.

The more attention you put on the LIGHT, the more LIGHT you will draw into your bodies and they will vibrate more rapidly. This will make it easier for you to hold Harmony because when you vibrate beyond a certain rate, no inharmony can register in your world. It is no longer an effort to have self-control for the human vibratory action ceases to be when you are vibrating so rapidly in thought and feeling.

A LETTER TO A STUDENT FROM THE
ASCENDED MASTER EL MORYA

Beloved Friend:

The Great Law of Life is that an Ascended Master cannot intrude upon the natural progress and unfoldment of your Lifestream until INVITED to assist you by your own God Presence "I AM"!

Your Great Presence of Life, the Individualized Focus of God, is a Mighty Being of Fire, that dwells with Us in Realms of such exquisite perfection as would stagger the human intellect. This Presence has worked with Us CONSCIOUSLY for centuries of time, knows Our particular powers and abilities to assist, and when in Its Great Wisdom, It sees that you (or that part of your SELF which you consider you) have made sufficient endeavor to serve the Light, have been steadfast in your desire for the Light, and have to the best of your small ability desired to master your thoughts and feelings--then and THEN ONLY does your Presence come to those of Us Who It sees can best assist the personal self, and YOUR PRESENCE REQUESTS OUR ASSISTANCE TO YOUR UPWARD PROGRESS.

The PRESENCE OF LIFE "I AM," IS THE SUPREME AUTHORITY! WHEN THAT PRESENCE "REQUESTS," ALL LIFE FROM ELEMENTAL TO GODHEAD OBEYS--except man!

"I AM" here at the REQUEST of Your God Presence, which sought My cooperation and the particular

quality of life which I represent to assist you at this time.

Each Flame of God, through centuries of momentum, carries a particular Quality of Life. Each Individualization such as Saint Germain, Jesus or Myself, is a CUP filled to the brim with the ESSENCE OF THE "I AM," QUALIFIED with FREEDOM, HEALING, STRENGTH, PURITY as the case may be. Your Presence offers YOU a brimming Chalice of a particular quality from time to time.

ACCEPT the Cup of El Morya from the Hand of Your own Presence. Drink deeply of Strength and Purity--both of which Qualities are intertwined--it takes great strength to be pure! When you are pure, it is a defense against all that is not of the Light; it gives you tremendous strength.

Open your hearts and minds to My Radiance which YOUR GOD PRESENCE HAS COMMANDED into YOUR experience now, and be Free!

Lovingly, devotedly, and enthusiastically,

"I AM,"

EL MORYA

* * * * *

1 9 6 2 S P E C I A L S

A Song " TO THE ANGELS "

Words and Music by Charity Masters

A Song " HAIL THOU GREAT HERCULES, HAIL! AMAZON! "

Words and Music by Cyros Carmil

A Song to " BELOVED SANAT KUMARA "

Words and Music by Charity Masters

These beautiful Songs should be in the home of every Student. If you have no piano, the reading of the Words will draw the Tremendous Love and Radiation of these Great Beings. You may thus draw about you the "Healing" of the Angels, The Power and Protection of the Mighty "Hercules," and the "LOVE" of the Beloved Sanat Kumara.

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