

THE BRIDGE

TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment,
Contact with The Great White Brotherhood and Co-
operative World Service

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CALENDAR OF HOLY DAYS FOR 1962

March 17	Sat.	Saint Patrick's Day
April 22	Sun.	Easter
May 1	Tues.	Saint Germain's Ascension Day
May 8	Tues.	Lord Gautama's Day of Enlightenment
May 19	Sat.	Wesak Festival
May 31	Thur.	Jesus' Ascension Day
June 10	Sun.	Pentecost (Whitsuntide)
July 17	Tues.	Asala Festival
Aug. 15	Wed.	Mother Mary's Ascension Day
Sept. 30	Sun.	Angelic Harvest at Shamballa
Oct. 31	Wed.	Elementals' Harvest at Shamballa
Nov. 1	Thur.	All Saints' Day
Nov. 2	Fri.	All Souls' Day
Nov. 22	Thur.	Thanksgiving Day
Nov. 30	Fri.	Mankind's Harvest at Shamballa
Dec. 25	Tues.	Christmas Day

THE MAHA CHOHAN'S NEW YEAR GREETING

A BLESSED AND HOLY YEAR BE YOURS! FILLED WITH ILLUMINATION, PROGRESS AND SPIRITUAL DEVELOPMENT OF THE QUALITIES AND NATURE OF YOUR OWN HOLY CHRIST SELF, WHICH IS ONE WITH THE SELF OF ALL PERFECTED BEINGS.

As the Old Year closes, the sins, mistakes and failures of that year are bathed in the Flame of Mercy and Forgiveness and cut away from each soul by the Lords of Karma, in order that the soul may enter the New Year free of the fetters created by its own error, and in such a manner have a greater opportunity for progress, unfoldment and spiritual illumination.

If the outer consciousness cooperates with this spiritual freedom and offers their lifestream to the Ascended Host, there can be a greater forward step in the transmutation of their nature; but if the outer consciousness insists upon holding to the memories of the past, such memories are drawn over the threshold of the Old Year into the New, and form a pattern for the New Year's experiences again. This is the choice of each individual.

The New Year represents another opportunity for each soul to ride upon the Cosmic Tide higher into the Heart of Heaven, placing all the years that have gone before into the cosmic incinerator of forgiveness and forgetfulness. Therefore, seize upon the purification that has been given to each one and try to live in the New Year as if there had never been an old one, so only the good from the past year will endure and become a mantle of fragrance around you.

THE IMPORTANCE OF THE GARMENT OF LIGHT
by the Ascended Master El Morya

The building and sustaining of a personal atmosphere in which your soul can unfold its latent possibilities, is not only within the scope of your lifestream's present capacity, but is also an important though unrecognized requisite to progress.

The power to visualize and create, through the mental faculty, a Wall or Garment of Pure White Light around the energy of the lifestream, must be developed either here or hereafter. In the realm of the disembodied, the environment and necessities of the soul are dependent on the power of the thought forms generated and sustained by the individual. In the Realm of the Ascended Master Activity, all cosmic service, manifestation and sustained activity are resultant from the concentrated controlled thought, energized by the substance of feeling, which creates a star, a sun, a temple, a planet, or a self-luminous diamond of iridescent hue!

Again and again the Ascended Masters have stressed the visualization of and conscious creation of the Protective Circle of Flame around the energy of the lifestream. It disconnects, or short-circuits, so to speak, the discordant energy waves which otherwise would be tied into and become a part of the mass pressure of every lifestream living in the present stratum of unascended beings. The energy flowing from your God Presence "I AM," through your lifestream

is constantly meeting, mingling with, and being affected by other energies drawn, projected or released, consciously or unconsciously, by other facets of life. The moment that your energy contacts another flow of energy through a person or a condition, one of two things happens:

- (1) Either your energy is requalified by the energy which is met and connects with yours, or
- (2) The power of your energy is the Master that controls, transmutes and redirects the energy toward which it is focused.

The ascended Master is always the controlling power of any energy which His Lifestream contacts during the progress of His Spirit through any experience of Life.

The student, who has drawn a greater power of energy through his calls and invocations, who does not visualize himself enfolded within this Garment of White Light, finds that when his energy meets a discordant condition, the greater energy which he has drawn, is requalified by the discord and causes him more difficulty than one who has less energy around him.

If the student had only the energy from his own God Presence coming to him, the natural flow of that Perfect Life through him would regulate, supply and purify his own accumulation within six months to a year; but as he is being constantly bombarded by invisible streams of force to which he has connected

himself through his attention, the Pure Energy released from his God Presence is visibly and tangibly affected, and tends to keep him bound within his chains.

Sit down undisturbed and turn your attention to your God Presence "I AM" - visualize a Wall of Flame around you - through your own mental capacity. Accept joyously that Radiant Garment of Light so that your feeling fills it with happiness and gratitude for its protection. Let the energy from your Presence flow through you undisturbed for five minutes, washing you clean, then begin definitely to CHARGE the energy within that Protective Ring of Blazing Light--with the Ascended Masters' God Control of ALL ENERGY with which you come in contact, whether it is in your business, social, or spiritual life; and charge this energy with Power, Mastery, Purity, Peace, Harmony, Beauty, etc.

Take no quality into your world which is charged with energy waves expressing less than perfection. Thus, your energy becomes qualified with God's Perfection, and your electronic circle or aura, is a constant guard around you, waking and sleeping.

Every Master is so enfolded, and the oval of light in which They appear is the consciously drawn, visualized and sustained activity of God Energy qualified to Master all energy of a lower vibration, wherever such energy is catapulted against or connected with the lifestream of such a Master.

No man can live unto himself! Your energy connects with the store clerk when the substance of the purchases is placed within your hand. It connects with the individual with whom you shake hands. It connects with all your contacts over the telephone, through mental force, or to whom you write or with whom you associate. It connects with your radio commentators and with authors, through the power of attention! It is, therefore, always either acting upon or registering the radiation of the person or condition contacted.

This is true of every part of life you contact, and I cannot stress too powerfully the cultivation of controlled attention and the visualizing of these activities presented for your FREEDOM!

* * * * *

DECREE FOR THE NEW YEAR

BELOVED PRESENCE OF GOD "I AM" IN ME AND BELOVED MAHA CHOCHAN, EL MORYA, AND SAINT GERMAIN:

Help me to go forward this New Year with my attention firmly fixed upon my own God Presence and the Perfection of everything I desire. I qualify everything in my being, world, and environment with the Victory of the Light!

* * * * *

GOD'S WILL AND DIVINE PLAN FOR YOU

by The Maha Chohan

For centuries man has sought to know God's Will, but God's Will is not a fast, tight unchanging series of orthodox statements! God's Will is a free unfolding, changing, expanding expression of beauty!

The Will of God is presented to the Emmissaries of His Kingdom and each twelve months as much of that Will as can be received, assimilated, and radiated is drawn down by the Ascended Masters into the outer consciousness of the people of Earth. These Divine Thoughts and Ideas enter into the inner bodies of the people and by radiation set up similar currents within their mental and feeling worlds and stimulate the individuals to endeavor to express them.

When a man builds a house, he does not spend all his time pouring concrete in the basement, but moves from place to place in the creation of his structure; and so the God Will does not stress one particular Virtue in building the spiritual nature. Each year stresses the unfoldment of a particular quality or feeling, but mankind are so stubborn and set in the idea that they know God's Will to be either austerity, self-denial, or any number of mistaken ideas, that they always seem to be pouring concrete in their basement!

The Divine Plan contains no unhappiness, no

sordidness, no limitation. The Divine Plan is not a stereotyped set of immovable bodies that will never change or expand their consciousness. It is a heart center of Perfection for every lifestream belonging to this universal scheme, and it can be expanded without limit according to the creative powers of the individual.

The Divine Plan of the Spring is abundance of flowers, blossoms and trees--an outpicturing of beauty and perfection, but the quantity of Spring flowers is determined by the individuals who have chosen to cultivate them!

In like manner, your Divine Plan is for a harmonious beautiful home, a happy healthy body, an illumined mind, and a definite part in the eternal scheme of creation. From the heart center of your Divine Plan you may weave as much beauty, perfection and harmonious expression as you choose. You are predestined to perfection, but the quantity of perfection is subject always to the discretion of your own lifestream.

Know always that every physical expression from any part of life that widens the realm of beauty, peace, and well-being, is a pulsation from the heart center of God's Divine Plan for all.

Therefore, dear students, open your hearts to the Perfection of God's Will for you and let your Divine Plan manifest now!

YOUR RESPONSIBILITY IN THE USE OF LIFE

by the Ascended Master Kuthumi

Watching the descent of the radiant energy of the lifestream into the individual's conscious use, We see the tremendous responsibility that every individual has in being the dispenser of life. The glorious pure energy of God, each electron of which contains the fulness of the Divine Plan, not only for the individual, but for the solar system of all these planets, continues to flow into the individual's use under the conscious direction of the personal self, and for every electron loaned to the individual shall he render an accounting!

When you call to the Holy Christ Self and ask to have released into your conscious use all the powers of your Being, the Holy Christ Self takes note of your use of God's energy in a twelve hour period. The energy you use daily is only about ten per cent of the allotment of your lifestream. How many of you can say that for even one hour of the twenty-four, these electrons, this radiant energy, the spiritual essence of Divinity, has flowed through you clean and uncontaminated, and qualified only with Divine Love? How then can you be considered fit to be the conscious custodian of more of that precious life essence?

Ask then, for the assistance of your Holy Christ Self in the dispensing of your life energy each hour of daily living, and not alone in decrees!

Remember, man is like a sieve with a thousand holes and the energy of God is constantly flowing from each one in emotions, in thoughts expressed and unexpressed, in the actions of the flesh body, and in the spoken words. Jesus' statement: "Be ye faithful over little things, and I will make you master over many," is this Truth expressed.

Those who aspire to Godliness and to give greater service, and who desire the full use of all the energy of their lifestream, must make concerted, conscious effort to guard the life flowing into them each hour. Check impatience and irritation and thoughtless words! Stop the conscious churning of thought processes that re-qualify God's pure life and energy, and keep pouring forth as My Great Lord Maitreya said, an emotion of "rest in action." Then the Holy Christ Self, looking upon your use of the talents in hand, may double those talents in your experience. Otherwise, it would not be the part of mercy or justice to increase your responsibility while you are yet unable to dispense constructively the small allotment of Life that God has given to you.

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When you study and contemplate, you draw celestial Power into your world. When you decree, you pour forth this Power to bless all mankind with your increased Light. According to your use of Knowledge, is more given.

The Maha Chohan



JESUS
World Teacher

THE ASCENDED MASTERS ANSWER 100 QUESTIONS

FOR THE SPIRITUAL EDIFICATION OF WORTHY CHELAS IN 1961



KUTHUMI
World Teacher

THE GODDESS OF LIGHT SPEAKS
on the Capacity of Light to Serve You

"I AM" the Guardian, Protector and Radiating Center of Light for this Planet Earth and Her attendant evolutions. I made My Eternal Vow to Helios and Vesta to sustain the Light for the Planet Earth and Her evolutions. Wherever the darkness is greatest, there "I AM" awaiting the call of the children of Earth to assist them to dissipate all shadows of human appearance.

LXV. BELoved ONE, WHAT IS LIGHT?

Light is the primordial substance emitted by The Father-Mother God, from whence all constructive manifestations are moulded and sustained.

LXVI. WHAT DID THE FATHER-MOTHER GOD DO WITH ALL THE LIGHT WHICH THEY GENERATED AND SENT FORTH?

They created through the use of the Words "I AM," coupled with Their concentrated thoughts and feelings, the Divine Blueprint for all the Planets of the system.

LXVII. WHO FIRST RESPONDED TO THE CALL OF LIGHT SENT FORTH BY HELIOS AND VESTA?

The Universal Silent Watcher, Who in turn selected those Divine Ladies from Her Court to become the Planetary Silent Watchers for each Planet in Helios and Vesta's System.

LXVIII. WHAT WAS THEIR SERVICE?

To receive the Divine Blueprints from Beloved Helios and Vesta for each such Planet, and to hold inviolate the perfected Design given unto Them.

LXIX. WHO WERE THE DIVINE BEINGS WHO ASSISTED THEM IN BRINGING THESE DIVINE BLUEPRINTS INTO MANIFESTATION?

First came the Seven Mighty Elohim, the Cosmic Architects; the Directors of the Four Elements and Their subjects; the Seraphim, Cherubim, and Angelic Host; and the Builders of Form for each Kingdom; Each weaving Their threads of Light into the Universal Tapestry in a glorious symphony of sound and color. Harmony being the Edict of Solar Creation.

LXX. WHEN WAS MAN CREATED?

He was created in the Image and Likeness of God by Helios and Vesta and his Eternal Light Bodies joined the process of creation while sojourning in the Seven Spheres which formed the aureole of the Earth.

LXXI. WHEN DID MAN COME TO EARTH?

At the Cosmic Moment when the Beings mentioned had completed Their appointed service. Then the Master Ray from the Heart of beloved Helios and Vesta set the Planet into motion conforming to the Harmony which had been established in the Planetary Creation.

LXXII. WHY ARE THE PLANETARY SILENT WATCHERS FEMININE?

At the time when the Planetary Silent Watcher was assigned to the Earth, Her Divine Complement offered to be the Magnetizing Center for all life in the Earth, on the Earth, and in Its atmosphere. Thus, Immanual focused His energies in the very center of the Globe being formed, setting up the initial centripetal force required to magnetize the Spirit Sparks prepared by Helios and Vesta, who had been waiting in the Seven Spheres such magnetization. At the moment when Immanual and Immaculata had formed the Rod of Power--centripetal and centrifugal force--the First Root Manu with His First sub-race took embodiment in beautiful, shining forms. Thus did

the First Golden Age upon the Planet Earth begin.

LXXIII. HOW LONG DID THIS FIRST GOLDEN AGE LAST?

Fourteen thousand years, during which time there was no inharmony or imperfection of any kind, enabling The Manu and His Children to perform the God-service for which They came into embodiment.

LXXIV. DOES THIS HOLD TRUE FOR THE NEXT TWO GOLDEN AGES?

Yes, all the individuals concerned in the life experience on the Earth sustained perfect harmony and were always obedient to the Directives of their God-self and their Guardian Spirits!

There was not a shadow upon the Earth until the laggards from other Stars polluted the consciousness of the people of the Earth! "I AM" COME and I shall remain until every shadow is transmuted into LIGHT!

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Beloved CONSONANCE will speak to you in the February 1962 BRIDGE on constructive colors and their beneficial aspects.

* * * * *

LOVE LIFE FREE

by the Ascended Master Saint Germain

Beloved friends of Love and Light eternal, My wish for you, each and everyone, is a God-victorious New Year in the establishment on this Earth of that Pattern and Plan Divine which I have held long in My heart for a Utopia to manifest here and now. What is that Utopia? I wrote of it long, long before I was given opportunity to attain a position of using it!

This year let us be about the establishment of God-Freedom, which comes through understanding of The Law by which We attained Freedom, and which We give to you by which you, too, can attain Freedom when those Laws are put into action.

The minds of men are being cleared, as are their thoughts, feelings, and emotions, and even their physical bodies, as the great Cosmic Slate of Life requires under the direction of Cosmic Law to quickly bring into physical manifestation, all the Perfection which is within the Realm where the Seventh Root Race and the Great Saithrhu and His Children abide.

What is a Root Race? It is just like the root of a tree; it is the root from whence extends seven beautiful branches. The Root Race is first established through Its Manu and then the seven beautiful branches come forth. When it is completed you have a magnificent manifestation, and in this case of the Violet Root Race and the seven sub-races.

The Sixth Root Race and Its sub-races are preparing for the entrance of the Seventh Root Race into the world of form. If this seems difficult to understand, I ask you to think on it and love it until you make way, through the power of your own love and light, for the coming into being of this Seventh Root Race and Its Mighty Manu, Whose Servant "I AM" and shall remain!

Beloved ones, feel alive within you enthusiasm and encouragement in the Cause of Freedom! In the spreading and expanding of the powers of the Sacred Fire of Transmutation of the seeming distresses until you are the fullness manifest in the physical appearance world of the Glory of God! That God Who made you and made Me and every Ascended and unascended being! The only difference is that you, through thought, feeling, word, and action have created temporary shadows, while We have passed over the "bridge" from the human realm into Divinity's Realm in Our thoughts, feelings, words, and deeds. We are in a position to give to you Our energy, Our love, Our light to carry you to the same Victory when your Call comes for your blessed spirits to have their eternal freedom!

I have promised that Freedom to all those whose souls and spirits seem to dwell for a time in distress and it is My joy to continue to fire you with the enthusiasm for true freedom until all life will experience that Freedom of consciousness and move in that Pathway of Freedom, using Life only to expand Perfection!

The Freedom of Consciousness of which I speak is that which is anchored constantly in the realization of the power of the Holy Christ Flame in the heart. Thus the human free will and all its attendant foolishness will let go! The Freedom of the Consciousness of mankind from the limitations and distresses of its past, will be an eternal verity manifest here on Earth!

In America you have known great Freedom--politically, scientifically, religiously, and spiritually. These are all Gifts of Freedom. Now We offer you the Permanent Freedom of God; the Consciousness to hold sustained within you that realization of the Power and Powers of God to act to, through and around you and give God-assistance wheresoever it is required. Thus, stepping through the veil of human creation, We are Heart Friends serving always to free imprisoned life through LOVE; remembering that LOVE ALONE gives that Freedom, and LOVE ALONE raises the vibratory action of distress into that which is harmonious enough to accept the calls and invocations which have been given.

You can change the vibratory action of yourselves into that of Pure Divine Love by calling to Beloved Charity or any One of Us to love through you the Divine Plan and Pattern for the Earth and all that seems distressing upon It, until Love becomes as automatic as breathing! Love, in that great impersonal devotion to the Divine Plan fulfilled, must become and manifest in, through and around you until you can CONSCIOUSLY LOVE LIFE FREE!

You can't escape it! I tried! I went all the way to Bermuda to escape those conditions which I knew were imperfect in England, and yet I took everyone of those memories with me and I knew I had to return and love that life free! That, with the assistance of the beloved Divine Director, Mighty Saithrhu--I was privileged to do!

So take opportunity in this embodiment to LOVE LIFE FREE and become a Flame Bearer, your Cup filled with the essence of Divinity's Great and Holy Light!

When you feel that you want a deep breath, as you draw it into your lungs, at the same time think: "Now, I will call for this Presence of Pure Divine Love which is a positive quality in, through, and around me at the same time!" Take it as a Gift, a gift to be received and accepted.

A brand new Book of Life is yours in this New Year! Through the power of the Violet Transmuting Flame We shall endeavor to help you make of it a God-victorious Year for you each one. Accept Myself as One with you in the God-feeling of Love of Life! I love this Earth! I love all upon It; all who have ever been upon It and all who are to come here! I am truly interested in their well being and the perfection of the Planet and all Its people and Life, from the tiny elementals to the great Angelic Host Who guard It; and that love and interest combined becomes ENTHUSIASM which carries you forward into God-love and Light.

I offer you now My hands, My heart and My Book of Life! Will you write and autograph it with your names, in My Name!

* * * * *

HOW YOU MAY BECOME MORE BEAUTIFUL
by The Maha Chohan

Before man can come to the place where he may join the Ascended Masters, he must master the vibrations of his bodies to a point where they do not create dissonance in their own world or in the world of another.

If you will THINK before you speak and act, and also before you feel, it will enable the elements of your bodies to return to their original beauty, harmony and peace. As soon as the pressure of discord is consciously controlled, the lifestream's natural state of being begins to establish itself as the Holy Christ Self returns the electrons to their natural orbits. That is why individuals who have come to the place of mastery and peace, attain great beauty, and why all the Gods and Goddesses (the Ascended Masters) are expressions of Majesty, Dignity, Beauty, Glory and Harmony.

Old age and disintegration not natural:

The appearance of your physical body is determined by the amount of Light that is used within the four lower vehicles; the emotional, mental, etheric, and physical bodies.

The natural emanation of Light through these lower bodies forms the protecting Wall referred to in your instruction as the Tube or Garment of Light. When the electrons move more slowly in their particular organs and cells, they draw less Light from the Holy Christ

Self and the natural resistance of the lifestream grows weaker.

When the race becomes harmonious and the energy released through their bodies is never qualified discordantly, there will be no such thing as old age, disease, and the vehicles when abandoned at the close of that phase of life's experience, will be in as perfect a condition as when they were designed by the Builders of Form and the Higher Self.

Grow more beautiful as you grow older:

When mankind will take a real interest in the vibratory actions that they allow to pass through their bodies, a state of very great harmony and beauty will be expressed within their lifestreams.

The bodies of the Ascended Masters, the Angelic Host, as well as the Cherubic and Seraphic Guards, are ever growing finer and more beautiful as the energy through the electrons is ever charged with more Light, Love and Balance. Thus, the Master Jesus, Who ascended many centuries ago, is a far more majestic figure today than at that time!

As above, and so should it be here below! The lifestream who has attained maturity should be more beautiful and exquisite in face and form as the years go on, and so shall it be in the days that are to come!

It would be a glorious experience and manifestation if a few individuals who have a knowledge of this Law would choose to experiment with the Law of Harmony and allow Us freedom to help create bodies such as have never before been seen on this Earth!

The Holy Christ Self of each individual is as beautiful as the most perfect Angelic Being that you could conceive of, and the individual Holy Christ Self will duplicate that beauty through any flesh form who so desires it with a little cooperation and conscious study by the personal self. I am willing to assist in this experiment with any or all who choose to make the necessary effort at self control.

You would then be a marvelous example which Saint Germain could set before the whole world, which would "SELL" the Kingdom of Heaven far more rapidly than the precipitation of gold would do.

You have full authority to build this same perfection into the children and young people you see around you. The Elohim of Peace, the Powers of Harmony and Purity and the Builders of Form will join you in this, and it will be a very great privilege for your lifestreams to render such a service.

(This instruction on the body will be continued in the February issue.)

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TO THE DEAR STUDENTS

You will be supplied with the sequence of the Retreats to be active for the year 1962, with the breathing statements, the Sponsor and Thought-form by special letter. This will be forwarded to you just as quickly as we receive it here at Headquarters.

God's Love is so great and the Ascended Host of Light so kind and considerate of Their Chelas, ever anticipating the assistance they shall need, and so a Channel has been provided by which you may receive the Ascended Masters Plan for the New Year of 1962.

Seal yourselves in a Pillar of Violet Fire and hold your attention unwaveringly on your God Presence and the feeling of God's Love, and you shall ever know the Truth that will set not only you but your fellowman free.

May God's Great Cosmic Flames of Love, Illumination, and the Power of the Great Silence fill your worlds now and be forever sustained until your service is completed and you are called Home in the Victory of your Ascension.

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