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The AQUARIAN AGE



AN ADVANCED THOUGHT MAGAZINE

Devoted to

The Christ Teaching of Love and Service, Divine Healing
The Unfolding of the Latent Soul Powers
Esoteric Astrology, Etc.

+

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Editors

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TO SUBSCRIBERS

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AFFIRMATION for MONTH

(Memorise and repeat daily
in a positive, creative tone)

I am an emanation and manifestation of God and radiate his Light, Beauty and Perfection through body, mind and spirit.

I attract to me and give out all that is good, pure, divine and blessed.

I am a Healing Ray of Infinite Love and bring comfort, joy and uplift to every soul I meet.

CONTENTS

Why Not Be Your Own Psycho-Analyst?

Louise B. Brownell

Are You Creating Abundance? *Elizabeth M. Garrecht*

Build Thyself Anew - - - - *George B. Brownell*

Health and Happiness Through Right Thinking

Adeluide L. Gaffney

The Law of Cycles- - - - *Orcella Rexford, B.S.*

The Circle of Child Lovers - *Elma E. Williamson*

David's Hard Mission - - - - *W'm. A. Redding*

Medical Freedom

Fruits of the Spirit

THE AQUARIAN MINISTRY

The Gospel of the New Age—Love and Service

The purpose of this Ministry is to help each one manifest greater health, peace, wisdom and prosperity and to live the larger life of Love and Service, which is the direct path to spiritual attainment.

"Though I understand all mysteries and have all knowledge, and have not love, I am nothing."—1 Cor. 13:1.

Our life work is healing and teaching and we desire to reach as many souls as possible that they may partake of "The-Life-More-Abundant." The letters we are receiving daily show how the Father is blessing our work and we know that all who unite with us in sincerity of purpose, desiring to help as well as be helped, will be blessed and prospered through this service.

Healing treatments to bring permanent results must go beyond mere suggestion. The SOUL must be awakened through the CREATIVE WORD and be renewed by a baptism of the Waters of Life.

Photograph is a great help; send one if possible.

Free Booklet explaining terms and treatment sent on application.

GEORGE B. BROWNELL

LOUISE B. BROWNELL

Santa Barbara,

California

THE AQUARIAN AGE

ness to others, it cannot help but be beneficial, and this thought affirmed and persisted in will form the habit of constructive rather than negative thinking.

Self soul-analysis may be a good thing, but even this should not be carried too far. Try it for a week to see what kind of thoughts you are constantly entertaining, then set to work positively to create your own thoughts and visions of something higher and nobler. This is real soul-analysis which cannot help but be beneficial.



Are You Creating Abundance?

ESIZABETH M. GARRECHT

ABUNDANCE is the manifestation of health, success, financial gain and a rich Spiritual consciousness. Are you then manifesting abundance?

Many in the so-called New Thought world, who have been studying several years, feel as though God has not been good to them, after years of faithful service, in not rewarding them with abundance. God gives you only the good, and it is His will that you have abundance on every plane of Being. The trouble then is with yourself; you are so busy wondering why God does not bless you that you have not had time to realize the power of God in your affairs. You are holding a barrier over yourself by your recognition of your failure to receive abundance.

We are told that what we are constantly thinking of is brought into manifestation in our own affairs, so whatever condition you are now in, is the result of your past thinking. Many fail to realize that the desirable manifests just as readily as the undesirable, and they wonder why that which they do not want always comes to them. The solution is that they are constantly thinking and looking for what they do not want in their affairs. Do you not think that a great many are demonstrators of the undesirable?

THE AQUARIAN AGE

When you know the power of God will create good in your life, then why not use it for the advancement of your affairs. There are so many who know the creative power of God, but fail to lift themselves out of the habit of destructive thinking. They use this Truth as a pastime; something to be read and talked of, and to be demonstrated in the far away future, but they miss the great essential for the development of their own souls. This Truth is to be studied, and above all you must practice what you know, and more will be given to you. You may have a very clear conception of this Truth, and have read many phases of New Thought, but until you have put into daily application what you know, you have not realized the great satisfaction that comes to your soul. New Thought is not a religion to be used only one day of the week, but is to be used every day in practical application in your affairs. If you do not apply Truth you miss the gladness that comes to your heart when you ask, believingly, that a desire be demonstrated, and you experience a greater joy when your prayer, combined with faith, has been answered. Try to realize that you are not limited by time, place or things, and that through the most unexpected avenues, your desire will be manifested.

To realize the unlimited consciousness it is necessary for the conscious mind to be impressed of its oneness with the Father. We are constantly having objects impressed upon our minds. If we are impressed by the same object very many times, it soon becomes a part of us, or rather we are moved by it. Take for instance an advertisement in a magazine seen for the first time. Your attention is called to it, but it does not appeal to you very much, yet every time you see it, it impresses you deeper, and soon you will answer the advertisement. So it is with each individual in speaking words of strength and power; the first time you speak them they may only impress you slightly, or they may only seem words to you, but as you repeat them over they impress you deeper and deeper until you will say "these words are strength and power to me." You did not see their meaning before, because they were only

THE AQUARIAN AGE

words to you, and only when you realized their fullest meaning, and they became a part of you, did you become conscious of their presence in your own mind. If every individual would take a few words of strength and power and repeat them daily, until they realized their fullest meaning, they would soon begin to realize what a great deal these words meant to them in the way of soul development and happiness in their affairs. The constant repetition of the same words is what gives you the desired results, and because you do not succeed at once, do not give up for you will gradually gain.

While holding for a desire to be brought forth into manifestation, you must hold the attitude that this desire is going to aid you to attain a rich Spiritual consciousness, wisdom, understanding, and a greater realization of the Spirit within.

There are so many desires we want expressed that we fail to demonstrate any, because we scatter our forces, and do not properly concentrate on the one desired object; therefore, find one definite, all-inclusive ideal. For instance you may wish a home, a car, and a successful business, but when your business has manifested success, the home and the car will naturally come about. Learn to be definite and hold to your desire until you have fully realized it. If any seeming difficulty should arise, do not give up, for if you will patiently hold to Truth, you will succeed.

When you have made up your mind and have a definite idea before you, then tune your mind to the higher vibrations by voicing an uplifting prayer or affirmation, and ask in the name of the Christ that your desire be brought forth into realization now. Then spend at least fifteen minutes daily in silent meditation in realizing that your desire is now in manifestation; then give thanks for the abundance you are now receiving. Accompany this, the rest of the time, with rich, beneficial thinking.

Remember that God is good to all, for He says, "Fear not little flock, for it is the Father's good pleasure to give you the Kingdom." We realize that this kingdom is within us, and is

THE AQUARIAN AGE

ready for us to partake of when we realize that God is ever present in our life and affairs, and when we can put into practical application this Truth we are partaking of the Father's Kingdom, which is his good pleasure to give.

Are you then creating abundance? It is for you to create in your life. If you do not succeed, let those who have attained this consciousness aid you until you have a higher consciousness yourself, for it is all done in the Spirit of love. The table is heavy laden with unlimited abundance, but it is for you to learn how to partake of the gifts, and may this message be a means to enlighten you and help you to create abundance in your life.



DAILY QUESTIONS

E. G. Neiss-Waner

What good have I done this day?
To advance me a step on the way.
Have my thoughts been clean?
Was I noble or mean?
What account shall I give when I pray?

Did I pass that needy one by?
Did I hear that widow's soft cry?
Did I squeeze tight my purse?
Or do what was worse—
Feign ignorance—thus acting a lie.

Was my speech cheerful and kind?
Were my sympathies easy to find?
Was a smile on my face?
With my heart in its place,
Did the will to do right add strength to my mind?

We never achieve by wearing a mask;
Such questions to self, 'tis fitting to ask;
The searcher for TRUTH
Finds plenty of proof,
That "living the life" is a nobleman's task.

“Build Thyself Anew”

GEORGE B. BROWNELL

“As a man thinketh in his heart so is he.”

 THOUGHTS are things” and take form upon the spiritual plane, and become the patterns that are woven into the warp and woof of life. It is a well established fact that our bodies are made over in less than a year. Every cell, even the hard bone cells are replaced. If you meet one whom you have not seen for years, who looks and acts the same, you can rest assured that he has not changed his thoughts much, and is still holding the same old views and opinions of life. On the other hand if you meet someone who has grown younger in appearance, brighter intellectually, with a greater spiritual force, you have found someone who has awakened to a new vision, who has learned something of the power of thought in moulding character and improving destiny. You will invariably find that they are studying and practicing some of the truths of life promulgated these days by the spiritually enlightened. The fact that people have gone ahead and made themselves over, eliminated old age, ousted poverty and disease, and built themselves into radiant beings, speaks eloquently of the power we possess as creators of our own destiny. What we express depends upon what we think. Everywhere you can read in the faces of the people you see, the record of their thoughts.

Paul, in the 4th chapter of Phillipians, 11th verse says, “For I have learned, in whatsoever state I am, therewith to be content.” But the true meaning, according to the original Greek, is not “content” but “sovereign,” which has the very opposite meaning. It is this and other similar faulty translations made by men of narrow vision that has lead largely to the prevailing belief that we must accept as inevitable and God-ordained whatever comes our way.

THE AQUARIAN AGE

The new teaching, which is in accord with the edict, "Work out your own salvation" is to master every limitation and adverse condition. If God decreed these limitations it would be useless "to kick against the pricks," but the fact that thousands everywhere all over the world are demonstrating that they have the power to choose and direct their thoughts toward overcoming, and are dissolving mountains from their paths, is proof that "God helps those who help themselves" and that our adversity is due largely to ignorance and the acceptance of established world-beliefs.

The vast majority get no more good from New Testament teachings than the mere reading. Imagine what would happen to pains and aches and weaknesses and limitations if all took these two Bible statements and meditated upon them and put them into daily practice in their lives: "As a man thinketh in his heart so is he," and "Whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things," it would change the whole world.

The Christ placed no limitations upon any living soul, in fact he opens a door for each, and shows the way into a Kingdom of unlimited power and beauty and dominion, with endless possibilities and opportunities for growth and unfoldment. He lived this life himself to show us its practicability, and to show that it was possible for us to live likewise he said, "Follow me," "The works that I do shall ye do also and greater works than these shall ye do," and the works he did showed mastery over every mortal and material limitation. He considered everything that fell short of the perfect as something to rise above and overcome, and exhorted all to become perfect, "As your Father in heaven is perfect."

The wonderful faith he had in the God power in himself and in others, is shown by his statement, "If ye have faith as

THE AQUARIAN AGE

a grain of mustard seed ye shall say unto this mountain, remove hence to yonder place and it shall remove and nothing shall be impossible unto you." No problem, no difficulty, no burden that can fall to the lot of man, but can be mastered by Faith in and assertion of the God-given power in the soul.

Recently while in the Yosemite, I heard a girl say, "I walked up to Glacier Point a year ago, and lost ten pounds, and have been weak and tired ever since." What really happened was that she tired herself out by the long strenuous climb, and instead of recognizing the power and intelligence in the body to recuperate lost energy, she worried about her tired condition, concentrated on it, visualized it and rehearsed it over and over again to sympathizing friends, who lent their mental force and vision to the negative picture, thus assisting her to make the condition more permanent.

Long standing ailments are often the out-growth of some simple suggestion, or accident, or temporary functional disorder due to abuse of some kind, and instead of ignoring the condition or dismissing it from the mind, it is feared and worried about until aggravated into a chronic state.

I once knew a man who suffered from dyspepsia. He kept eliminating this, that and the other from his bill-of-fare until he could eat only a few things, and these not wholly without distress. One day he was invited to a wedding and he made up his mind that he would go and eat everything that was placed before him even if it was his last meal. He so far forgot himself in the jollity of the occasion that the nerve force and digestive juices (so easily inhibited in their functions by fear) were able to function normally and the meal agreed with him perfectly and he had no trouble from dyspepsia thereafter.

When I was a lad about twelve years of age, I had an acute attack of indigestion that held on with considerable tenacity. One day my father took me to a doctor, one of the most genial and radiant of men. He asked me several questions and then said, "It is nothing worth mentioning. I will give you a little

THE AQUARIAN AGE

tonic that will fix you up all right." He inspired in me such a positive faith that I would get well, that I forgot all about my trouble and was cured before I had a chance to take the medicine.

When I was about six I had an illustration of the power of suggestion that I never forgot. I was in perfect physical condition, full of sunshine and play. It was early autumn, and some one gave me a bunch of Concord grapes. I ate them skin, seed and all. A little later I passed a looking glass and stood before it making faces as children do, and among other things stuck out my tongue and, lo and behold, it was black as was also the whole inside of my mouth. Immediately I began to yell at the top of my voice. My mother came rushing in, scared half to death at the unearthly noise, and grabbed me to find out what was the matter. Finally, after several attempts, I communicated to her that I had "Black Diphtheria." "Why, child," she said, "You have been eating grapes." I was cured very suddenly to say the least, and went back to play. The disorganizing power of such a state of mind would have been serious had no one been present to counteract the suggestion. This suggestion was planted in my mind the previous winter when two children in the neighborhood died of so-called black diphtheria. Having an inquiring mind, one of the things I elicited was that these children's mouths turned black inside before they died. As a child I had a great fear of dying, which passed entirely away as I became more awakened to the soul-life.

A minister was called to a new parish and shortly afterward, in making arrangements for Children's Sunday, he expressed a desire to decorate the church with flowers, as is the general custom. The committee informed him that they had never been able to use flowers extensively in decoration, as one of the most influential and wealthy women supporters of the church was subject to hay fever, and could not stand the odor. He appeared disappointed, but said under the circumstances, of course, they would have to comply with her wishes. Much

THE AQUARIAN AGE

to their surprise, however, when Children's Day arrived, the church was profusely and very beautifully decorated. After the services, the woman greatly incensed, and snuffing and sneezing, came up to the altar and demanded to know the reason for the display, complaining that it had brought on a bad attack of hay fever. The minister took her by the arm and walked up to the floral display, and said in the most kindly way, "These could not possibly have caused your hay fever;" and much to her chagrin, she discovered that they were all paper. So great is the power of suggestion.

A woman once told me that nothing of an undesirable nature stayed with her long. She refused to give any power to negative conditions by ignoring them and keeping her mind occupied with constructive, healing, optimistic thoughts. This is the general experience among those who learn that "Thoughts are things," and that we have the power to choose our thought and consequently create the conditions we desire, and our own destiny.

Children as a rule are born healthy, and would not ordinarily manifest the limitations of the parents if it were not for the fact that unwholesome suggestions are pounded into their sensitive souls from the cradle up. They are not taught that they are individual souls coming from God, with powers and talents all their own with which to hue out a destiny for themselves, and that the seed of mastery lies dormant within them. They do not inherit only reflect.

There are time-established world-beliefs (race-hypnotism in other words), that the advanced souls in this age, those who have turned to the light and received a new vision and guidance are trying to dissolve, and one of these is that we inherit the limitations and diseases of our parents. Take for instance, the children of tubercular parents. They are bred in an atmosphere filled with the thoughts of this condition. The parents believe the children are destined to inherit this dread disorder. They hold this belief constantly in mind and charge the mental atmosphere with these pictures and vibrations, and as there is

THE AQUARIAN AGE

a strong telepathic sympathy between parent and child, the thought is transmitted. All the neighbors and friends believe the same thing, because they have seen it work out in other cases or heard about it. Can you wonder that children reflect the parents' conditions.

I know a man who is radiant, robust and in perfect health. He was born of tubercular parents, but fortunately came across New Thought, and learned of this great Truth, that "THOUGHTS ARE THINGS" and "AS A MAN BELIEVETH SO IS HE," and reasoning from this premise, he realized that man was master of his destiny and could mould his life as he willed. Applying this principle he demonstrated its practicability in his life. I know of many who according to the world's vision, were destined to manifest various limitations and yet rose supreme above them through asserting the sovereign power of the soul, relegating the false beliefs to oblivion. No matter what ails you, dear soul, do not give way to it. Realize your inherent God-powers, your Christhood. Move with the faith of the Divine Master, whose will the elements of nature obeyed, so that hereditary blindness, leprosy, and a thousand and one other limitations sank forever into nothingness in the light of his magnificent faith in the God-power in his soul.

Geniuses walk our streets, not knowing their potential divinity, with "I can't," "I am too old," "I am destined to be what I am" beliefs in their minds. Mighty barriers these, for "Thoughts are Things," but they can be removed as readily as they were created, and shunned as easily as accepted.

I was once offered a difficult position with a large combine. At first the magnitude and complexity of the work scared me. I did not believe myself competent to fill the position. I could not turn it down and still retain the respect and confidence of my superiors, so I accepted it. Looking above for help brought out in me powers more than equal to every demand, and I succeeded and this put me in line with positions of greater responsibility.

THE AQUARIAN AGE

Do not give any power to negative conditions. Rise superior to them by ignoring or denying them, and recognizing your glorious backing as a child of God. Realize that you were placed in your particular environment for soul unfoldment and to gain the victory over all negative conditions. Realize that you are a God in the making. These three statements, "Ye are Gods," "Work out your own salvation," and "The Kingdom of Heaven is within you," have disturbed many a placid orthodox mind holding the old idea that sickness and adversity are God-sent.

In the Old Testament we find the statement that "God gave us dominion over all things," even the beasts of the field (the animal instincts and propensities), and the fowls of the air (our thoughts and beliefs).

You may know these simple truths, but coming from another mind they present a new angle, and a new meaning, and have a different force. All writers convey the quality and power of their spirit through their words and writings. This is particularly true of awakened souls; that is why each time you hear a Truth, but from a different writer or teacher, you feel a new uplift, or sense a new power.



The human soul is God Himself enshrined, and as soon as any one knows this, the tale of earth life is told, and the spirit of man passes on to be something just as wonderful again in wider reaches of Cosmic Mind.

In the processes of evolution it takes many Teachers, Masters, and Messengers to form the fulcrums through which the upper spiritual forces can work out the scheme of Creation: through which atoms pass to man, and men to gods, but there are no errors in the Great Eternal Plan, and "Without wise counselors the races fail, but with many counsellors the nations are safe," so in this gigantic relay race the Trinity of Divine Purpose is complete.

Man is an individualized god on his own self-created pathway, and from beginning to beginning he takes his own place through his own perception and conviction.

JULIA SETON, M. D.

Health and Happiness Through Right Thinking

By ADELAIDE L. GAFFNEY

 THE quest of the soul is perfection. The jewels of the soul are love, sympathy, compassion, faith, hope and charity. The tools of the soul are wisdom, will and desire.

The jewels we gather as we pass along life's highway, but the tools are made from the refiner's fire.

The perfections of one day are the building blocks for the next day. We are here to work with these tools, to burnish them brighter, to widen our field of endeavor with each trial. To leave naught undone that will help on the upward path.

We are here to build up, not to tear down. John 4-37. And herein is that saying true, "One soweth and another reapeth."

We are here to grow in sympathy, to be full of faith; to have the wisdom to know, the will to lead, and the desire to follow; to follow the Christ who awaits within and without, who continually calls to the soul to become at one with itself; to know that all life is the outflow of the one Mind, the thought children of the Father. When we begin to uncover the God within, we find many beautiful thoughts; thoughts that were planted there when we left our home; thoughts that were gathered on the way down to earth and now on the way back to heaven.

Heaven is a quality, not of the flesh, but of the Spirit. Spirit is God in action; it is the first movement; the all-inclusive, and in its fullness there is contained every rate of vibration, every degree of consciousness.

"God said, let there be light," the first commandment in creation. Light is spirit and where Spirit shines, there is Light.

John 1-5, "And the light shineth in the darkness; and the darkness comprehended it not."

The soul has gathered from Spirit many powers and quali-

THE AQUARIAN AGE

ties. Each soul is a container, and in order to fulfill the law, must also be a dispenser. Give that ye may receive. Receive that ye may give. Give back to life that which Life gave to you. This highway of life oftentimes seems so big and broad; then again it seems so small and narrow, just room enough for one, and one step at a time. When we say just room enough for one on this path of our own making, we mean that no one else just fits our place. It is just for us and where we are is just where the soul knows we should be. Another soul may be struggling beside us, before us, and some behind us, but all are where they are best fitted to be. Each soul is just where it wants to be or it would be somewhere else.

Desire plays a big part in life. Wholesome, steady desire draws to it, and with it the complete consummation in time.

To become at peace is the first requirements of constructive, perfect work. Life is a checkerboard; we are the movers; the players, and circumstances are the chessmen. We moved what seemed comparative mountains yesterday, and are better prepared to do our duty today.

The spiritual world is one of surprises, and tomorrow, or even today, may bring the fulfillment of some cherished plan, or some other plan which is better suited to the day, will be presented.

All is visioned in the spiritual before it becomes real to us here. But rest assured that whatever is for our ultimate good will come.

Follow your leadings from day to day. We build slowly. The well of understanding is deep. Look far down, within and without, for the springs of life that are continually saying, "Make haste slowly."

Jesus taught by symbology. The woman at the well, spoken of in the fourth chapter of John, typifies all life. He told her to look deep within, to draw from many spouts, to believe that good is always the same wherever found. The Book of Books is the same old story, told in different languages, but is the same old story, the sweetest story ever told. It is the same

THE AQUARIAN AGE

story told everywhere, in the rock, in the sea, in the animal, in man. It is just one sweet, fragrant spring of life. It is a guiding star, leading ever onward and up, back home to the Father's house.

Truth is another building block of the soul. It took ages to bring it down from Heaven, ages to set it in place, and may take ages more to build it into our temple.

John 4-23, "But the hour cometh, and now is when true worshippers shall worship the Father in spirit and in truth, for the Father seeketh such to worship Him."

Thought is the medium of the soul. All thought is good; it is the vehicle of expression. Some say, "This thought is not good, I will weed it out," but the weeding and sifting to pull these errant thoughts out forcibly is not always good. It is good if thereby we grow, but wasted time if we have to do it over and over again.

We can enrich the Kingdom of Heaven by the quality of our thought.



The center and circumference, the cornerstone, foundation, and superstructure of all being is love. Love is the ultimate of existence; the atmosphere of heaven; the principle of brotherhood; the essence of real character; the basis of all fellowship and fraternity. It is the divine principle of universal creation; the golden cord which binds all society together.

Carol Norton.

So far as practical things are concerned, we may hunt the wide universe through and we shall find that there is no injunction more practical than, Seek ye first the Kingdom of God and His righteousness and all these things shall be added unto you.

Trine.

Goodness is a perpetual quality, all-penetrating, all-searching, impartial, noble; a comfort in distress, a refuge to the weak, a tower and a defense to all men who wish to be right and to do right.

Joseph Parker.

The Law of Cycles

ORCELLA REXFORD, B.S.

(This Series Commenced Lec. 1920. Back Numbers can be supplied)

"All beings are subject to the Law of Rhythm. Evolution is a curve, eternity a cycle."

 RHYTHM means a time measure. When a succession of auditory or visual stimuli is perceived as a succession of groups we have the perception of rhythm. Under analysis the perception of rhythm proves to be a series of sensations which recur at regular intervals and show a regular variation of intensity.

Throughout the Natural World we are constantly meeting this law of rhythm or periodicity, in the different seasons, day and night, the growth and fall of foliage, the fluctuation of temperature and the ebb and flow of the tides. In fact every act of life is associated with it. If anything goes out of life something comes to take its place. "Presence does not exist without absence, what is upon its flight of farewell is already on its long path of return. What the mind suffered last week or year it does not suffer now, but it will suffer again next week or next year. Happiness is not a matter of events, it depends upon the tides of the mind. Disease is the metrical closing in at shorter and shorter periods towards death, sweeping abroad at longer and longer intervals toward recovery."

The more rhythmical our lives become the more harmonious are they. A straight line or the breaking of the rhythm of life causes disintegration and death. Thus change is the base upon which our very existence depends, for in order that the rhythm may be established we must have our "ups and downs." The cart could not progress were it not for the revolution of the wheel, down then up, up then down. So it is in our own lives, we progress through our mistakes and disappointments, and our willingness to rise out of them. We must

THE AQUARIAN AGE

realize that they are nothing but the motion of the cyclic law of vibration." "Nothing is constant but change. Nothing is—everything is becoming. Rest is only unseen energy." From the smallest to the greatest events in our lives we must travel with the revolution of the wheel of life and if we resist or seek to prevent its motion we are only ground under its rim until we learn the lesson not to be caught in the processes of our unfoldment.

Life then is not only rhythmical but also mathematical. Many people can measure the rhythm in periods of numerical years when certain conditions are manifest in the life that have occurred before. We might divide the span of a human life mathematically into nine revolutions of nine cycles each, within which are the smaller cyclic revolutions of the years, months and days, making cycles within cycles all fraught with events of tremendous importance to the growth of the individual. In former times this cycle was determined in degrees of seven minor cycles with ten major cycles thus creating the span of man's life of "three score years and ten" (seventy years) of Biblical lore. No doubt the majority of people due to their ignorance of these finer laws of life are still limiting themselves to this period and many never live that long. But the awakened individual of today may not only attain to nine times nine years, but continue to live long beyond it in a super cycle of consciousness, provided he realizes his God-given powers.

Each cycle of our lives is made up of certain lessons which can be mathematically determined, and these must be learned before we can progress, and if we are stubborn and refuse to learn we are still promoted along with the class but have back work to make up, so that in time we become so burdened with unlearned lessons that we fall by the wayside, one of Life's failures. It then behooves each and everyone to determine whether he has learned the lessons of the different periods of his life and if he is carrying conditions that no longer represent him, to be done with them and pass on to the next lesson.

THE AQUARIAN AGE

"There is a hard school kept by Life,
With pupils, sad and white,
And some shed tears like falling rain,
Throughout the dreary night.

And some cross languid wrist on wrist,
And say it is their fate,
And others sit with knitted brow,
And fill the heart with hate.

But those who study very hard,
And learn that pain can bless,
May go out in a leafy yard,
And play with Happiness."

The physical body renews itself every seven years, so the physical cycle of the individual may be said to consist of seven years. The animal individual who lives solely to eat, sleep and be merry, lives in this cycle and misses the higher side of life. It is probably true that he commences to die mentally and soulfully about fourteen years of age and reaches mature life, a walking corpse. It was to these people that Jesus referred when he said, "Let the dead bury the dead." If we were to have a funeral of all the people who are really dead, though very much alive physically, the world would be greatly depopulated. Our streets in any city are simply a moving graveyard.

The mental cycle of those who are solely interested in the intellectual and commercial side of life runs in octaves, thus the eighth period is in reality the first of another period of seven and but little in advance of the physical cycle. But the soulful individual who is awakened to the spiritual verities comes under the cyclic law of nine. Because this is the law under which every individual should place himself, we will consider this cycle rather than the others.

Broadly speaking then, life should be divided into three

THE AQUARIAN AGE

grand cycles of twenty-seven years duration, although it generally averages about twenty-one to twenty-five years according to consciousness of the individual. During each period certain lessons should be specialized in and these in turn are composed of minor lessons, so that the chart of an entire life would represent wheel within wheel or like the motion caused on the surface of a lake from dropping a stone into the center, ripples merging into ripples and extending into the distance.

The first twenty-seven years should be a *Personal cycle* in which the individual is finding himself and he should be concerned chiefly with the development of his character and special talents. If we observe the characteristics of an infant we notice that its first stage of development is personal. It is not conscious of others about it except in an impersonal manner. It is more interested in itself. It is very conscious of its feet but does not relate them to its body and tries to grab them. It also wants to draw everything to itself and will pull the tablecloth or anything it can reach. It has no sense of responsibility.

This then is similar to the first period in which youth is spent and in which the individual is more or less full of Self. This is necessary in order to establish a character and an individuality. This corresponds to the physical cycle for the most rapid changes of the body take place during this period.

Here the child must become individualized, to think for itself, to be original, to create, to be self-reliant, able to follow its own initiative. But due to "the crushing out process" in the form of education that has been in vogue, children as a rule reach nine years of age with the destructive side of these characteristics developed. They are imitators, parrots, dependent, unable to think alone or to create. In many cases they go through life and never have learned even the first step in the unfoldment of a character, to think. It has been said that the average individual would rather lie down and die than to do a little thinking, it is so difficult. So, if an individual wishes

THE AQUARIAN AGE

in middle life to build himself into a more perfected soul he must begin again as "a little child" and this is the first lesson he must teach himself. If you wish to test yourself, where you are on the path, ask yourself if you have the above characteristics developed within you.

It is probably true that more people will fail in this first test than in any other because we start out in life to have our thinking done for us, first by our parents, then by our teachers, and later by public approval. How many people will dare not to wear an unbecoming garment that is in vogue? Fashion decrees a certain style, young and old, fat and thin, ugly and beautiful, they all rush in to adopt it. What is the result? There are so few well dressed people in any season who are really a joy to look at, that you can almost count them on your fingers. Fashion has decreed that women shall wear black this fall and regardless of the fact that it is the most destructive color known, all the undeveloped people will rush to adopt it and plunge our nation into a wave of depression and gloom from which it will take years to recover. The most immoral countries in the world are those in which black is used universally, then why should we adopt a color that will prove disastrous especially to young children? I do not advocate being freakish in dress and utterly ignoring prevailing styles, but I do believe that each individual should study the style that is most becoming and adhere to it, modifying it in harmony with the prevailing mode and yet be individualized.

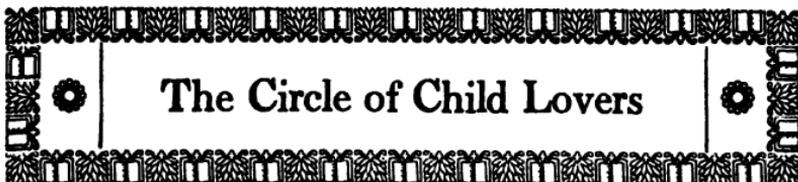
"In a world in which so many people wear the same clothes, live in the same houses, eat the same dinners, and say the same things, blessed are the individuals who are not lost in the mob, who have their own thoughts and live their own lives."

(Continued in next issue)



We are continually attracting to us from both the seen and the unseen side of life, forces and conditions most akin to those of our own thoughts.

Trine.



The Circle of Child Lovers

*"Not in entire forgetfulness, and not in utter nakedness,
But trailing clouds of glory do we come
From God, who is our Home."—Wordsworth.*

This Department is given over to the Culture of Children of the New Age.

Conducted by ELMA E. WILLIAMSON

This Circle is three-fold in its purpose: First, to help fathers and mothers with their problems; second, to help the children themselves with their difficulties, especially aiding those in school to develop the faculties that will enable them to progress rapidly in their studies; third, a healing service devoted to the treatment of children, and to give special advice in particular cases.

Write us briefly your needs, enclosing a self-addressed, stamped envelope with your love-offering as an evidence of your co-operation in the work being done for you or the child:

Address:

THE CIRCLE OF CHILD-LOVERS

Care The Aquarian Age,

Santa Barbara, Calif.

Have you put into practice something that has helped you with your child? Would you like through this department to send it out to help other parents?

Letters should be short and to the point, plainly written on one side of the paper only, and separate from any other correspondence.

From time to time we shall publish the most helpful of these letters, and to the writer whose letter is published, in part or in full, we will give a year's subscription to THE AQUARIAN AGE.

Because you love children—your own little ones with whom you are now so happy; your own that have gone from your hearthstone into life's work; your own that flourish in God's Garden beyond the veil; your own, even though you may not be a physical father or mother, yet your own in the home universal—because you love children—will you not become one of our Circle of Child Lovers and send us a joyous love-offering given with grateful praise and your gladsome blessing to forward this work for God's Little Ones?

The Father's abundant blessing be upon this work and upon every helper.

THE AQUARIAN AGE

Little Lessons in Child Culture

Lesson No 2.

GIVING WHAT YOU HAVE

MANY parents and others who are engaged in the beautiful occupation of rearing children, bemoan the fact that they are unable to give them an abundance of money and the things that money will purchase. If you are such an one, have you ever thought about giving what you have and doing so with joy and spontaneity?

What have you? Well, there are love, and superb incentive, and power to give pleasure, and encouragement, and companionship, and sympathy, and example, besides many and many another often overlooked treasure of the Spirit.

Consider the power to give pleasure, whenever, wherever, and of whatever kind. You know how little, how very little, it takes to delight the heart of the child! Why then not be on the lookout for every opportunity of increasing his happiness and count it all joy thus to serve?

Enter whole heartedly into the child's plans. It knows far better than you what it came into the world to accomplish. Unless there is some moral question involved, beware of frustrating his desires or tarnishing the brightness of his vision. Let him give free play to his imagination for it is a mighty creative power, too frequently minimized, and often condemned. Remember the power of "Building castles in the air," or "Castles in Spain" as it is otherwise put, is one of the "Trailing clouds of glory" that we bring with us. All objects and conditions are first built in the invisible—in the thought realm—before they can be seen by the physical eye. Therefore help the child to develop what is one of his greatest assets. Talk with him about what he would like to do, suggest ways of carrying out his ideas, seek to help him find his life work. In everyone there is a dream, just as there is a soul, and to express the dream in matter is the perfect individual performance.

It is when we get into the real joy and true exhilaration of

THE AQUARIAN AGE

expression that we find "Life flows on like a song." Aid your children to this happy realization.

Companionship! O, how much it means to the child when father and mother are its companions! Would you have your children confide in you? Be convinced you must first take them into your confidence; be a play-fellow with them; enter into their joys and sorrows; feel with and for them. Unless you do, your children will grow farther and farther away from you. Make the home a gathering place for your children's friends. Provide little surprises for them at their play—glasses of lemonade, a plate of wholesome cookies or some other simple refreshment. Plan an occasional outing for the children and their friends, and go with them yourself. There are plenty of ways and means at your disposal if you will seek for them. Thus shall you avoid the heartache of unloving, ungrateful and home forsaking children. And thus also shall Father and Mother become in their eyes the loveliest persons in all the world. (In this connection, I would suggest the reading of "Mother Carey's Chickens," by Kate Douglas Wiggin.)

Sympathy too, is a powerful binder. One day a father was busy at a most exacting bit of writing. His little daughter, with hurt hand, came running in, tearfully displaying the injury. Unheeding this claim upon his love and sympathy, the father went on with his sermon. The crying child stood it as long as she could, turned on her heel, and with a deep sense of utter neglect tugging at her heart strings, stamped her foot, exclaiming in bitter accent, "You might at least have said Oh!" She asked for bread, and he gave her a stone. Besides, he put up a barrier between himself and the soul of his daughter that long years may not destroy, for such hurts and slights sink deeply into the subconscious reservoir. Without doubt, this father had a fund of tenderness in his heart for he was a loved pastor, but lacking appreciation of relative values (the sermon at the moment being to him of greater import than neglect of one of God's little ones, he was caught off his guard.

THE AQUARIAN AGE

The payment of it all, the glory of it all, is that "My reward is with me." Yea, verily, the reward is in the doing.



Letter No. 22

DAVID'S HARD MISSION

By WILLIAM ALEXANDER REDDING
Cripple Creek, Colorado

OD'S big bird supper, discussed in my last article, is not the *only* drastic tragedy set to come, in the near future, in establishing the New Age. Many severe occurrences will come; and one *especially* hard ordeal is set to occur. It will be a *miracle* tragedy acted out by King David. The prophecy about it shows that the nations will be at war and that God will have David deal with them, as *he* is to be God's agent to deal with *all* the nations; and, of course, David's teachings will be rejected by the nations, just as the teachings of Jesus were rejected, as God's ideas never meet with approval by the human mind. The human always rises up and fights the things of God; and they are going to resist David and his teachings, this time, just as they resisted Jesus and his teachings, but the sworn covenant of God, put on David, will be there and it will do as it says. It says, "I, the Lord, will beat down David's foes, right before his face, and the enemies shall not exact off of David." And the warring nations are going to run up against this oath of God; and, of course, it will mow them down like grass, just as it always does. I have watched it work, the past twenty-five years. And it is going to work in a most drastic manner, in the big bird supper, described by St. John, in Rev. 19:17 to 21 and which I discussed in my last article; and the powerful sworn covenant of God, put on David, is going to work in a tragic way, again, some years from now, when things come up to a sharp focus; and they are heading, rapidly, toward that focus; but people never

THE AQUARIAN AGE

get a hint of what is causing all of the upheavals. Wars, strikes, mob violence, bomb-throwing, bandit workings, floods, hail, "flue," pestilence etc. Things are running towards the great and *terrible* focus which will bring on the tragic occurrence. In reading it you must know that the man who rises out of the sea is to be David, the King. And the sea means a sea of people, as the Bible prophecies say David is to be a man, among men, like other men; and that when his time comes for him to commence God's New Age work he is to step out from among the people. This is the sea from which he is to step out. And notice that the man out of the sea began to speak, and it attracted everybody, and they were afraid of him, but they would venture to mob him. And notice it says that the man out of the sea is he whom the Most High has kept a great period of time, and that he is to be the Deliverer. This is David, the King, whom God has kept thousands of years. And notice the man out of the sea had built him a great mountain and he flew up on it. The *mountain* is a high spiritual condition. Now read of the tragedy:

ESDRAS PROPHECY.

I dreamed that a wind arose and moved the sea and the waves thereof and a man came up out of the sea (the sea of people) and he waxed strong with the thousands of heaven (meaning the angels). And when he turned to look all things trembled. And when his voice went out of his mouth everybody who heard him, burned as with fire. And I saw a great multitude of men, beyond number, gathered together, from all directions to subdue the man who came out of the sea. And I saw that he had built him a great mountain (spiritual mountain) and he flew up on it. And they who had gathered together to subdue him were sore afraid of him and, yet, they dared venture to fight him. And when he saw the violence of the multitude of men that came against him he never lifted his hand nor any sword of war, but he sent out of his mouth a blast of fire and sparks and tempest and it fell, *with violence*, upon the multitude of men who were coming against him to kill him, and it burned them up, every one of them, so that all of a sudden nothing was left of the multitude but dust and the smell of smoke. Then I, Esdras, was afraid. And, then, I saw the man come down from his mountain and he began to call unto him a peaceable multitude, and

THE AQUARIAN AGE

many people came to him. Some were glad and some were sad and some were in bondage. Then I, Esdras, was sick with fear. Then I said shew me the interpretation of this. And he answered me and said, The interpretation of the vision I will open unto thee. Whereas, you saw a man coming up out of the sea. He is the man whom the Most High hath kept a long period and he shall be the Deliverer and shall order or command all who are left on earth. And thou sawest that he issued out of his mouth a blast of fire and storm, and that the rushing in of him destroyed the whole multitude that were trying to take him. Now know that the days will come when the Most High will begin to deliver them that are upon the earth; and he shall come, to the astonishment of all that dwell on the earth. And one shall fight against another; and one city will fight against another city; and one place will fight against another place; and one people will fight against another people. The time will come when all these things will come to pass. And, whereas, thou sawest that the man out of the sea commenced to gather unto himself a peaceable multitude. These are the Ten Tribes of Israel who were captured by the King of Assyria (721 B. C.) and carried away from Palestine. Copied from the 13th chapter of II Esdras in the Apocrypha.

Here we have it laid out before us. And other parts of the chapter say that it is to come to pass in the "*latter days.*" We are now in the *latter days*; therefore, the great tragedy is not away far in the future. No, it is coming, *rapidly*, to the crashing focus. The upheavals are commencing, and the fighting of one person against another is commenced; and one city is against another; and one race is against another, just as this prophecy declares it will be. So, we are entering into the *beginning* of it; and it will grow worse and more violent, as time goes on. And the man is raised up out of the sea but he is keeping still and is waiting for the right time for him to step into action and take a hand. He is the man whom the Most High hath kept a long period, the prophecy says. He is King David. Jeremiah says so.

Thus saith the Lord, They shall serve the Lord, their God, and David their King, whom I will raise up unto them.—Jer. 30:9.

This prophecy was written 408 years after David died; but David knew that he was to be raised up from the grave and be made a greater King than he had ever been and, before he

THE AQUARIAN AGE

died, he wrote it out that God would raise him up from the grave. Here is what he says about it:

O Lord, Thou who hast shewn me great and sore troubles, shalt quicken me again and shalt bring me up again, from the depths of the earth and thou wilt increase my greatness; and my tongue will talk of thy righteousness all the time.—Psalms 71:20 to 24.

This clearly shows that David knew he was to be kept a long period of time and then raised up from the grave under a new quickening of God, just as the Esdras prophecy says that the man who came up out of the sea is he whom the Most High had kept a long period of time. He is the same man St. John saw on the horse in the big bird supper occurrence, described in Rev. 19:17 to 21. And I do not know whether the bird supper is the same occurrence as the Esdras prophecy describes or not. They may be two different occurrences, at different times; but one or the other of them was put before me by a revelation, in 1903 A. D. It showed an angry mob gathered around David, the King, and they were about ready to grab him and kill him, when, suddenly, he got the victory over the mob. At the time the revelation was put up before me (in 1903) I did not know that the big bird supper is described in the Bible, nor that Esdras prophecy was in existence. I did not know that any such scrapes were set in the Bible; and I was puzzled about the revelation that was being put before me. I did not understand what was being shown to me. It puzzled me a long time—a few years—until I ran across the bird supper in the Bible, and, later on, I ran onto the Esdras prophecy; *then* I saw that the revelation was putting before me the same thing set in the Bible; but I have never been able to discern whether it was the bird supper or the Esdras prophecy occurrence that was being put before me, or whether they are one and the same occurrence described by St. John and Esdras, or whether each man was telling of a different occurrence that is to come on, in these "*latter days.*" Esdras says the man out of the sea spit fire on the mob and burned them

THE AQUARIAN AGE

all up so that nothing was left of them but dust and the smell of their smoke. This would leave nothing for the birds to eat. No dead bodies lying around for the birds. So, this seems not to be the bird supper occurrence. It seems to be *another* occurrence; and the revelation put before me (in 1903) did not distinguish which one of the occurrences was being shown to me. But it showed an ugly scrape. But the David man got the victory, just as the bird supper scrape shows that the man on the horse got the victory over the mob; and as the Esdras prophecy shows that the man out of the sea gets the victory over the mob by spitting fire on them and burning them up. I am satisfied that the man out of the sea is the *same* man St. John saw on the horse. They are one and the same man; but he *might* have to perform the bird supper occurrence and, then, perform the spitting fire occurrence at *another* mob, as there will be all sorts of devilish and *terrible* occurrences while he is establishing the House of David on earth, as the same old ugly human mind in the people will be at work to resist David and his message as was at work against Jesus and his message. Same thing to be played over again; but *this* time the sworn covenant of God, put on David, will swing, *furiously*, against the enemies and not let them get the upper hand over David nor exact off of him. The sworn oath of God says it this way. It says:

I have found David, my servant, and I have annointed him with my holy oil, and by him mine hand shall be established; and I will beat down his foes, right before his face, and the enemies shall not exact off of him, for I have sworn by my holiness, saith the Lord, that I will not lie unto David nor alter the things that have gone out from my lips; for my covenant with David shall stand fast to him, *forever*, and I have made him my first-born, higher than the kings of earth.—Psalms 89.

This shows why he gets the victory over the mob and throws them out for the birds to eat; and why he can spit fire on the mob and burn them up so that nothing will be left of them but the *smell* of their smoke. Not even any smoke will

be left. Just the *smell* of the smoke will be all that will be left of the mob. Just the *smell* only. It will be total annihilation of the mob.



We sleep, but the loom of life never stops; and the pattern which was weaving when the sun went down, is weaving when it comes up tomorrow.

Henry Ward Beecher.



MEDICAL FREEDOM

CHICAGO, August—Drugless healers of more than ten different systems, as well as allopaths and neutral laymen, who are determined to end the oppression and coercion practiced by the “allopathic medical monopoly,” are preparing to mobilize their forces at a convention in this city during the last week of October, when they are to draft a fighting plan of campaign for the coming twelve months.

Asserting that more than 28,000,000 people in the United States depend on systems of healing other than the allopathic, that there are in fact some 35,000 physicians and practitioners who cure all manner of human ailments without drugs or surgery, the American Medical Liberty League, organized to fight for the rights of these millions, has declared war.

At this convention, when 500 delegates are expected from all parts of the United States, the League is to plan attacks upon state supported medical schools, state medical examining boards, and medical boards of health, which are described as the strongholds of the “monopoly.”

These Leaguers are determined to replace doctors on health boards with sanitary engineers, lift from the shoulders of the people an enormous burden of taxation for medical graft, put all systems of healing on an equal footing before the law and let each system stand or fall by its healing record, and establish medical liberty on the same basis as religious liberty, with the same constitutional guaranties.

CLARENCE A. BUSH,
437 Oakland Blvd.,
Chicago, Ill.

Fruits of the Spirit

**"Not by might nor by power, but my Spirit saith the Lord of Host."
—Zech. 4:6**

(A few of the many words of appreciation received during the past month.)

Bicknell, Calif.—Please find enclosed one dollar for continuance of co-operation with your good work. Sometime in the future I hope to be able to send my fees for a year at a time. I send you my best wishes and want you to know that I have been blessed and put on a higher plane of life. Thanks to the Ministry and the Lord.
W. H. R.

Phoenix, Ariz.—There is a great relief in my condition. Inside of a week after I wrote you for treatment the lump began to grow smaller. It has not entirely disappeared but the irritation is gone, and I feel it only occasionally. I repeat often the statement you gave me to repeat. Thanking you so much for the help you have given me.

MRS. A. E. H.

Ashland, Wis.—I enclose \$2.00 for two months. My cough is entirely cured for which I thank you.

MISS V.E.R.

Lynn, Mass.—Your dear good letter came this morning full of love and cheer. Yes my dear child that Law of Love will carry you through. Peace be with thee. As for myself since taking your service I feel much better in health and business is a little better. I can see an improvement in the friend I wrote you about also. God bless you all in your good work is the wish of a loving friend and co-worker.

DR. A. J. H.

Easton, Pa.—Enclosed please find \$2.00 for another month for myself and my father. We have both had so much from the service and my sister too. My father can see to read again, and we are very thankful. We do have so many things to be thankful for and I only wish I had come sooner and my sister thinks the same. I have talked to some people about the service and feel two or more may try too. I know it will help them.

MISS M. V. K.

THE AQUARIAN AGE

Hardin, Mont.—The little appeal which you sent out with your magazine this month brought to mind what I owe to it, and you, so I enclose a check. Please renew my subscription and send me the continuation of the Lesson course with treatments. It was through this little magazine, in a way you do not think, perhaps, that I came to obtain the greatest good of my life, or so it seems now to me. I feel very grateful to the publishers of the Aquarian Age. May God continue to bless you in your work. You know not how or where the seed may fall, nor in what way its effect be felt.

MISS N. M. B.

Kansas—Your letter in connection with the "Age" is received and I beg to say that it has been negligence on my part not to have thanked you and expressed to you the honor which is justly due, and that is the benefit which was given me through the Ministry. Wonderful changes have been going on in my body, physical conditions that troubled me for years due to not altogether my own fault and being busy correcting the troubles of others, were greatly neglected. There yet remain a few "kinks" to straighten out. It would seem that part of my life has gone out if the "Age" failed to come each month. Certainly means much to me. Again thanking you and wishing you abundant success. I shall turn some work to you wherever it is possible to do so but people are so queer, and convincing them to part with some money where no bottle of dope, or serum or knife is in sight, is another thing, but I will gladly do all that is possible. Sincerely,

DR. A. B.

Hartford, Conn.—I am writing to thank you and tell you how much good the Special treatments did me. I am very grateful and would so love to keep on with them. I can see the white light, and the yellow and a beautiful blue.

MRS. A. W.

Philadelphia, Pa.—Am in receipt of your kind and welcome letter and wish to say that many good things have happened in my favor during this first month's service and I am sending for another month. I can heartily recommend your Lessons as wonderful revelations of God's word. Keep up the good work to enlighten mankind, to show them there is no death and no hell, but we must reap what we sow. Yours in Christ.

MR. J. J. W.

Pittsburg, Kansas—During the past month, I've been helped greatly by your healing service. My trouble has left me entirely. I can hardly wait for my lesson each week.

MRS. A. K.

THE AQUARIAN AGE

San Dimas, Calif.—I am enclosing an offering to help you in your work for mankind. We are giving a tenth of our income for the Father's work, so I divide it among those we know are working for the uplift and redemption of humanity. May every blessing you send out return to you many times increased.

MRS. S. S.

New Brighton, Pa.—Well I surely appreciate your help because I know and can feel that you and others are helping me to work out our plans for a greater and larger work in another field of service. I seem to feel the help you have been giving me in the past seven or eight months concentrating around me in a great volume of force and power so that I have had a greater soul development, have been doing better work and things are starting to come my way. I have sold my home (at last) and it seems to have been just the right time to sell it, also almost all my furniture. I enclose offering. Kindly continue to treat for development of soul powers, healing, teaching, etc. Some day I shall be in California and then I can see you face to face. May power and success be yours.

DR. L. H. McM.

Order Your Christmas Books from Us

We are constantly getting inquiries from our readers and patients asking what books they shall read. In answer to these requests, we have compiled the following list of books that we have personally found instructive and helpful. These authors have clear vision and write understandingly. This list covers a wide range of subjects, entering the fields of Healing, Prophecy, Astrology, Occultism, Mysticism, etc. God's nature is so infinite in expression that all the philosophies of life can only feebly express it. The more we know the greater our power here and hereafter to help our fellowmen, and the greater our capacity to fill positions in the Divine Organization. **STUDY and THINK.**

PHYLOS

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