

# Ability<sup>®</sup>

No. 170

MINOR ISSUE

APRIL 1965

**TO:                   SCIENTOLOGISTS**

**FROM:               RON**

**SUBJECT:           CURRENT PLANS**

In 1950 and often afterwards when asked to work hard on the administration of Scientology orgs, I have said, "It will go as far as it works," and have concentrated on research and application, and on instructional procedures rather than organizing or administering orgs.

Now for the first time in 15 years, I am free to work hard on the administrative side of Scientology and plan its expansion.

For Scientology now works all the way from Levels O to VII. It works so well that I am having to hold myself down by my bootstraps to complete writing up the levels and future plans and organizations.

This is truly a delightful position to be in after all these years. To have no strain or worry about how well it works or how it will work in the hands of trained auditors, or how to train those auditors fast, and to polish up the orgs for expansion.

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How well they've done, our staff members over the world, holding it together with sticky plaster and hope. We had a lot more than Man had ever had before and could do things already Man had never dreamed of doing. But a lot of our techniques were complex and hard to train people in and sometimes results were not optimum. And yet they kept going somehow.

Oh, I helped a lot in orgs - I've worked day and night in some to save the bacon and sweated through many an org and field emergency. But they did most of it, our staff members, while I kept the research line of technology, the research of instructional procedure going and advancing, usually on a shoe string budget and by myself in the remaining 16 hours of the (joke) 36 hour day! And the field, the people who are now Founding Scientologists. How well they did and how fine they were in keeping up public hopes and their own.

Well, sooner or later I always deliver everything promised. And now is the day. It's like wrapping up Christmas presents, the work I'm doing now.

To deliver anything promised to this planet we have to have an organization that is near perfect in design, will be able to work hard, and will expand.

We have its nucleus now in our orgs across the world. And they are almost in correct form at this moment. But as the impact of technology hits, the demands on their structures will seek out every weak point and prevent expansion. So now I must design very well and work very hard to make sure they'll find their work easy to do, even when they are working hard.

And I have to write up all the data for each level so auditors will find them easy to do. And I have to write up the instructional procedures so instructors will find the technology easy to teach. Also I am putting together the Administrative and "hat" texts for orgs from what we know and long experience in them and new data that sprang up when I collided with Level VII, including the basic laws of orgs, civilizations and economics.

So this is a busy time for my pen and for my admin lines.

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FOUNDER: L. RON HUBBARD

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I'm just beginning really to get the data out. It won't take forever, but it will be a busy time - books on processes, levels, instruction and seven "hat" books for staff members so admin. won't slow us down. You already have two of the books needed and the rest are right behind.

This is a busy time. I feel quite up to it. Mary Sue and I crept off for a few weeks for our first vacation in years so I could back off and look things over a bit and catch my breath for the big push. But I must confess my auditing did more for me than the sunshine. And we were so busy looking over what the world was doing we didn't have much fun.

Ever since I've been home, I've been wearing out pens at a great rate getting the tech., instruction and admin. materials issued and the orgs flying.

Poor HCO Secretaries - what a busy time for them, too, all over the world, their lines are sizzling.

We have, I estimate, about three years at the least and five years at the most before the geiger counters hit high C all over the world in one big blaze of hate and radiation.

So the contest is to get organized, get audited, get trained, get the data out and expand at a breakneck pace.

For only we have any faintest chance of doing anything about it. Every other agency on Earth has either failed already and has no hope of success or has no plan or effective means of halting the big BANG.

Puny us, just now. A Scientology David and a Hydrogen Goliath. But we aren't using just a slingshot, lucky as it was in David's hand. We're using the technology for which Man even in his cruelty and his blindness searched for eons. And we must get it out and use it.

Small hope, big ambitions but a very steady aim.

As I sit here writing, fellow Scientologists, a very steady aim.

And if we do go up in the BANG, let's not go up unable to say we did all we could to stop it.

And if we don't go up in a BANG it will be just because you and I did do all we could to stop it. You and I. We maybe don't feel awful brave or big and the job looks so appalling, it's not much. But maybe we can do it.

Let's try, eh? There's nothing to lose. Indeed, there's no-

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thing else to do.

Luck, thumbs up for us. Here we go.

Best,

A handwritten signature in black ink, appearing to be 'L. Ron Hubbard', written in a cursive style.

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# SCIENTOLOGY IS APPLIED PHILOSOPHY

PHILOSOPHY MEANS: LOVE OF WISDOM, OR KNOWLEDGE, ESPECIALLY THAT WHICH DEALS WITH THE MOST GENERAL CAUSES AND PRINCIPLES OF THINGS.

APPLIED MEANS: MADE USE OF.

THEREFORE SCIENTOLOGY IS THE WAY OF MAKING USE OF NEWLY DISCOVERED WISDOM AND KNOWLEDGE ABOUT LIFE.

WHAT DOES SCIENTOLOGY STAND FOR? Freedom from mystery. Freedom from fear.

WHAT IS SCIENTOLOGY AGAINST? Against brutality and euthanasia in medical brain damaging, and against abuse, slavery and punishment in any form.

HOW IS SCIENTOLOGY DIFFERENT? In Scientology the pre-clear is always right. Scientology holds that people know best about themselves.

WHAT IS A PRECLEAR? One who is discovering things about himself and who is becoming clearer.

WHAT IS AN AUDITOR? An auditor is one who listens. Auditor means listener.

WHAT IS AN AUDITING SESSION? A precise period of time during which the auditor listens to the pre-clear's ideas about himself.

# SCIENTOLOGY ASSISTS

HERE ARE EXAMPLES OF HOW SCIENTOLOGY IS APPLIED IN A WAY WHICH YOU CAN USE, AS EXAMPLES OF WHAT IS LEARNED IN THE LOWEST GRADES OF TRAINING AT THE ACADEMY.

Assists are a way of helping someone who is hurt or who can not listen or who is not very aware of you for one reason or another.

If somebody is hurt or upset, you can assist in many ways. A burn or bruise or even sprains or breaks heal much more swiftly with Scientology assists. Upsets also yield to an assist.

In the case of a serious injury, medical aid must be given as soon as possible.

The most elementary of this First Aid treatment is easily done. For ages Man has known that 'laying on of hands' or Mother's kiss was effective therapy. Even gripping, in pain, an injured member seems to help. But Man neglected the most important part of 'laying on of hands'. This follows.

Do this exactly and do it with a minimum of talk.

Place your index finger or fingers or palm on the hurt or upset body part very lightly, and say to the person, 'Put your attention on my hand'. Now change the position of your finger or palm and have the patient do it again.

It is best to touch the person on spots which are further from his head than the injury. If helping an upset person, touch spots on his head.

Do not talk excessively. But coax him as you touch, briefly, spot after spot, to put his attention on your finger or fingers or palm.

**CHANGE THE SPOT EVERY MOMENT OR TWO. BE CALM. BE REASSURING.**

If the person experiences pain or trembling as a result, keep on, for the therapy is working.

Continue in this fashion for many minutes or half an hour if necessary, until pain or upset is gone.

6.

During this treatment the person has his eyes closed.

It is not power from your finger which is healing him. It is power he generates by 'looking' at your finger down through his body. You are putting him into communication with the injury. His communication with it heals it.

Ordinarily injuries, sprains, burns, scalds, broken bones, head - aches and colds heal slowly because the patient is avoiding their area with his own energy. This exercise can be done for hours.

## scientology exercises

### EXERCISE ONE: BETTER YOUR MEMORY

Go over this list many times, each time answering its question:

Recall a time which really seems real to you.  
Recall a time when you were in good communication with someone.  
Recall a time when you agreed to something.  
Recall a time when somebody disagreed with you.  
Recall a time when you liked somebody.  
Recall a time when someone agreed with you.  
Recall a time when someone was communicating easily to you.  
Recall a time when somebody liked you.

Use this list many times. If 'holding corners'(next exercise) disturbs you, use this list above. If you are tired or confused, use it.

### EXERCISE TWO: LOOK AND ACT YOUNGER

Sitting somewhere near the center of a room, close your eyes and 'contact' the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners. You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think. You can do this daily. It will make you look and act younger.

### EXERCISE THREE: FEEL FREER

Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

# COMING

# CONGRESSES

WASHINGTON, D.C. July 3, 4 & 5, 1965 Sheraton-Park Hotel and Motor Inn (see announcement enclosed with this issue).

NEW YORK CITY June 5 & 6, Henry Hudson Hotel.

MIAMI May 1 & 2, 47 SW 11th. Street, Miami, Florida.

Other Congresses coming in LOS ANGELES , MINNEAPOLIS and DETROIT.

Watch for Congress announcements in these pages! For advance information on coming Congresses, write direct to the organization whose Congress you are interested in attending ( see full list of Western Hemisphere orgs on back cover).

## COMMUNICATIONS TO RON

HCO exists to expedite the Communications and oversee the policies of L. Ron Hubbard. Excerpts:

### HCO Standing Order No. 1

"All mail addressed to me shall be received by me. "

### HCO Standing Order No. 2

"A message box shall be placed in all Scientology organizations so that any messages for me shall be received by me. "

### HCO Standing Order No. 3

"All HCO Personnel and Scientology Personnel should not discourage communication to me.

"I am always willing to help.

"By my own creed, a being is only as valuable as he can serve others." L. RON HUBBARD

So if you are not in an area where there is a message box, you can still communicate to Ron by letter, via this Continental office(HCO, 1812 19th. St. NW, Washington, D. C. 20009) or direct to Saint Hill (HCOWW, Saint Hill Manor, East Grinstead, Sussex, England ).

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Washington, D. C. 20009

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Scientology Organizations in the U. S. and Canada:

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Phone: Area Code 202ADams 2-6296(3lines)

The Church of Scientology of California  
2005 West 9th. St. , Los Angeles, CALIF.  
Phone: DUnkirk 8-3481

The Church of Scientology of New York  
200 West 24th. St. , New York City, NEW YORK  
Phone: Area Code 212 WAtkins 4-1142

The Church of Scientology of Michigan  
18212 James Couzens Highway, Detroit, MICH.  
Phone: 342-2767

Scientology - Twin Cities  
2312 32nd. Ave. So. , Minneapolis, MINN.  
Phone: PArkway 1-2586

The Church of Scientology of Florida  
47 SW 11th. St. , Miami, FLORIDA  
Phone: FRanklin 3-5961

The Church of Scientology of Hawaii  
143 Nenua St. , Aina Haina, Honolulu, HAWAII  
HASI Toronto

81 Bloor St. East, Toronto 5, Ontario, CANADA  
Phone: LEnnox 3-1253

return requested to  
Washington address

**scientology is applied philosophy**